



ISSUE 132

just

BEVERLEY

IT'S YOUR MAGAZINE

FREE

**BEVERLEY HOUSING CHARITY -
THE GIFT THAT KEEPS GIVING**

NEWS, WHAT'S ON, LIFESTYLE, FEATURES, PUZZLES, PHOTOS & MORE

Wishing you a
Healthy and Prosperous 2026



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Contributors:

Julian Minshall, Olivia Peace, Rich Manville, Andy Barber OBE, Louise Barrett, Emily Blake, Andrew Cooper, Julie Dowding, Sam Drinkall, Fran Dunning, ert, Josh Harrison, Emma Hetherington, Amanda McConnell, Navigation Wealth Management, Jayne Morgan, Jo Pinkney, Colin Raynor, Ian Richardson, Richard Stott, Nathan Wilson.

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REMEMBER! If you see examples of anti-social behaviour or other types of low-level crime, do report it to the appropriate authorities. **POLICE** - Emergency 999, Non-urgent 101.

ANTI-SOCIAL BEHAVIOUR (East Riding of Yorkshire Council) - 01482 393939.

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www.justbeverley.co.uk

just BEVERLEY

JANUARY
LETTER FROM THE EDITORS

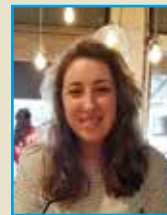


It's 2026, wishing you a Happy and Healthy New Year, may you achieve your goals and have continued health and happiness.

Just Beverley is now 11 years young. Our publication is all about continued health and

happiness, community spirit and trying to put a smile on peoples faces. We have dedicated our puzzle page to a gentleman called George, who loves reading the puzzle page and enjoying the crazy jokes. Who knows, they may even get better this year. Kick of 2026 ensuring you have a good support network around you, encouraging you all the way to achieve your goals and aspirations.

I would like to think the England Football Team will lift the World Cup on the 19th July, fingers crossed all the preparations will go well. Have a great January and all the best for a fantastic 2026.
Julian.



Happy January 2026 readers!

I am looking forward to a great year ahead, full of optimism and excitement. Just Beverley reached another milestone of 11 years which is a great achievement for what we maintain as a positive publication, putting smiles

on peoples faces, educating and celebrating achievement. Whilst January is spent making preparations for the year ahead, it is also a time when we look to create good new habits. People say resolutions, I say habits, with a simple plan of monitoring and success, "Rewards for my efforts". Otherwise what is the point?

What are your goals? I'm so excited for 2026, another exciting calendar of sporting activity ahead, festivals and holidays to plan, there's so much happening. As always, stay safe and enjoy our 132nd issue.

Olivia.



O2
Media Awards
'Community Publication Award'
Shortlisted Nominee
2017 & 2018

REYTA
'Remarkable East Yorkshire'
Award Nominee 2016
'Best Newcomer'

GET IN TOUCH WITH US:

Website: justbeverley.co.uk

Email: info@justbeverley.co.uk

Telephone: 01482 679947

Facebook: facebook.com/justbeverley

If you would like copies for your business to distribute to staff and customers, call Just Beverley on **01482 679947**.



A Special New Year Message

*"Just wanted to thank the people of Beverley for what was undoubtedly
The Vernon Kay Show's highlight of 2025 - our broadcast from the Memorial Hall for VE Day.*

★ *We were so privileged to have the people of Beverley and beyond come to share their stories and
memories, and we really hope to come back one day - we couldn't have had a better welcome.*

*Wishing everyone the very best for 2026.
Vernon, Phil, Janine and all the team at Radio 2."*

NEW
YEAR



Photo credit: Kevin Greene

2025: A YEAR OF CONVERSATIONS, CONNECTIONS, AND IMPACT

2025 was an exciting year for Investors in Community (IIC)! With a two-part campaign, we launched our initiative to bring together businesses and charities in East Yorkshire and Humberside.

Through open and honest conversations, the organisations in the room were able to take down the barriers they face in collaboration. Charities found out what businesses need to make giving their support easier, and businesses heard from charities on what makes their partnerships meaningful.

Taking these collaborations into the New Year, we are pushing strategic change at Investors in Community.

This means a bigger impact for each bit of support you give, putting businesses and good causes at the centre of a real, positive difference in Beverley.

As we look ahead to 2026, we are excited to keep up these conversations. With more events, more connections and more impact to come, the year ahead holds great potential for Investors in Community and the East Riding and Humberside.

If you are a business wanting to make a difference, or a charity who needs help doing so, start off your 2026 by getting involved with Investors in Community, and make it your most impactful year yet.

Contact: emily.blake@investorsincommunity.org
Website: www.investorsincommunity.org



CARDIAC RISK IN THE YOUNG - ARE YOU AWARE?

A local family sadly lost their son (aged 27) in December 2022 from an undiagnosed heart condition. Through working with the charity Cardiac Risk in the Young (CRY), they have discovered that there are 12 young adults (aged 14-35) dying every week in the UK, of which 80% have no symptoms or warning.

Two years ago David and Karen established the Jono Stead Memorial Fund, with the aim of raising enough money to bring heart screening weekends to our area for 14-35 year olds.

David commented, "Our aim is to raise awareness and give young adults the chance to be screened".

Karen added, "During 2024 and 2025 we held various fundraising events enabling us to hold our first two screening weekends with a total of 402 young people tested. Of those, around 35 were referred for further testing, including two serious cases".

In January 2026 Karen and David have their third screening organised, and they will continue fundraising through the annual events



including a golf day, live music and auction and cake sales.

Funds permitting there will be another screening in June with details available from mid March.

For further information on events and screening, details can be found on their Facebook page, Jono Stead Memorial Fund.

Planned CRY activity so far is as follows:
24th & 25th January - Heart Screening Weekend

March - Cake Sale (exact date TBC)

March - Booking opens for June heart screening (exact date TBC)

1 May - Annual Charity Golf Day

13 June - Hutton Cranswick Summerfest, Tombola stall

20th & 21st June - Heart Screening Weekend

28 June - Annual CRY London Bridges Walk

The January screening is full but we have a reserve list as we know from past experience that there will be vacancies arising. We contact people from the list to fill free slots and also hold names over to the next one if needs be.



THE BEST OF BEVERLEY AWARDS RETURN - NOMINATIONS NOW OPEN

Beverley Town Council is delighted to announce the return of the Best of Beverley Awards, celebrating the people, organisations and businesses that make Beverley such a vibrant, caring and distinctive town.

The awards recognise those who go above and beyond to support the community, whether through volunteering, running a local business, supporting neighbours or helping Beverley thrive as a welcoming market town.

Residents are being encouraged to get involved by nominating individuals, groups and businesses who truly represent the **Best of Beverley**.

Speaking about the return of the awards, the **Mayor of Beverley Councillor Alison Healy** said: "Beverley is full of remarkable people, organisations and businesses who make a real difference every day. The Best of Beverley Awards are a wonderful opportunity to celebrate their efforts and say a heartfelt thank you on behalf of the whole town."

Nominations are invited across four categories and links to download associated application forms:

Community Category - recognising community groups, voluntary organisations and local charities for the vital work they do to support Beverley and its residents.

Individuals Category - celebrating people who go out of their way to make Beverley a better place, from long-standing volunteers and fundraisers to those who quietly help others and strengthen their neighbourhoods. These individuals are the heart and soul of the Beverley community.

Local Business Category - for independent local businesses that help make Beverley such a vibrant market town, including shops, cafés, restaurants, hairdressers, barbers, free-house pubs, garages and other independent enterprises.

Chain Business Category - recognising Beverley-based branches of national chains, including shops, cafes, pubs, restaurants, etc., that go above and beyond to support the local community.

Nominations must be received by Monday 16 February 2026.

Nomination forms can be found at **beverley**.



gov.uk/bobs-2026 and must be returned to Beverley Town Council in person or by email:

In person (open weekdays, 10am to 3pm) or by post: Beverley Town Council, 12 Well Lane, Beverley, East Yorkshire, HU17 9BL

By email: clerk@beverley.gov.uk

Shortlisted nominees will be invited to attend a celebratory Awards Night at East Riding Theatre on Friday 20 March 2026, where winners will be announced.

This is a chance for the whole community to come together and recognise the people, organisations and businesses that help Beverley thrive.

Residents are warmly encouraged to get involved and help celebrate who and what make Beverley such a special place to live and visit.

SSAFA - LOOKING AFTER VETERANS WHO LOOKED AFTER YOU! CAN YOU HELP?

SSAFA, the Armed Forces charity, provides practical, emotional, and financial support to veterans, serving personnel, and their families. The New Year is always a time when people look to support those who need help. SSAFA needs your help.

Working through a nationwide network of trained volunteers, SSAFA offers one-to-one assistance tailored to each individual's needs. This can include help with housing issues, accessing benefits, managing debt, or securing essential household items. The charity also offers a variety of specialised services, including guidance for those transitioning to civilian life, and dedicated mentoring for reservists.

SSAFA operates confidential helplines that connect veterans to welfare advisors, mental-health support, and crisis assistance.

Make 2026 a year where you honour our veterans with the support they need. SSAFA need URGENTLY, a Branch Secretary, administration support and caseworkers. Full training in all positions will be given.

SSAFA has a mission to ensure that no veteran or military family faces challenges alone, providing lifelong support whenever it is needed. "CAN YOU HELP"?

Tel: 01964 552 837.
Email: eyorks.branch@ssafa.org.uk
Website: ssafa.org.uk



ssafa | the
Armed Forces
 charity

Your Veterans Need You!

SSAFA urgently need a Branch Secretary, admin support and caseworkers.

The Branch Secretary serves as key figures in supporting those who have served their country, ensuring they receive the assistance and resources when in need after protecting our country.

It's a role that requires dedication, compassion, and a commitment to serving others, offering immense personal satisfaction and the opportunity to positively impact the community.



If you think you can help, please get in touch:

Tel: 01964 552 837

Email: eyorks.branch@ssafa.org.uk

Website: ssafa.org.uk

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THE **PADDOCKS**
 — BEVERLEY —

**LOVELL
 HOMES**

AWARD WINNING FERGUSON FAWSITT THE COMMUNITY HUB

When Allen took over the Ferguson Fawsitt back in March 2022 he wanted to establish the pub as a community hub.

Nearly four years on, The Ferguson Fawsitt is much more than a local public house, it has become a place to enjoy food and drink, a variety of entertainment and established itself as a true community hub that brings people together.

Allen commented, "We continue to offer a welcoming space where neighbours can meet, friendships can form, and visitors can feel part

of something familiar. From hosting quiz nights, charity events, and live music to providing a warm spot for casual conversation, the Fergie naturally encourages social connection".

As the Ferguson Fawsitt looks to add to the collection of awards in 2026, having won a REYTA and CAMBRA awards in 2025, it continues to support local groups, and charities.

In 2026, make the award winning Ferguson Fawsitt part of your life and enjoy that community feeling.



The
Ferguson
Fawsitt



OPENING HOURS

MON: 12:00-LATE

TUE: 16:30-LATE

WED-SAT: 09:30-LATE

SUN: 12:00-22:00

What's on at the Fergie

1st Thursday of the Month - Bingo from 2pm

4th Thursday of the Month - Live Music

1st Friday of the Month - Quiz Night from 8.45pm

Happy New Year



WEDNESDAY TO SATURDAY:
AFTERNOON TEA 12PM to 5PM
www.fergusonfawsitt.co.uk
tel: 01482 526317

OPEN
7 DAYS

FOOD HOURS

MON:
12:00-19:30

WED-SAT:
09:30-20:00

SUN:
12:00-18:30



EVERY THURSDAY

(Doors open 9.30am)

Join us for a free brew and enjoy some great films on Beverley Parkway's Big Screen. Only £5 (or £6 for newer releases) with drink and biscuits included. Aimed at 55s & over. Films subject to change.

Thursday 8th January -

Marty Supreme (£6)

Starring: Timothée Chalamet, Gwyneth Paltrow, Odessa A'zion, Kevin O'Leary.

Fackham Hall (£6)

Starring: Thomasin McKenzie, Ben Radcliffe, Katherine Waterston, Emma Laird.

Song Sung Blue (£6)

Starring: Hugh Jackman, Kate Hudson, Michael Imperioli, Ella Anderson.

Thursday 15th January -

Marty Supreme (£6)

Starring: Timothée Chalamet, Gwyneth Paltrow, Odessa A'zion, Kevin O'Leary.

Song Sung Blue (£6)

Starring: Hugh Jackman, Kate Hudson, Michael Imperioli, Ella Anderson.

Still Pushing Pineapples (£5)

Starring: Dene Michael, Anne Betteridge, Hayley Louise Spridgens.

Thursday 22nd January -

Giant (£6)

Starring: Amir El-Masry, Pierce Brosnan, Katherine Dow Blyton, Austin Haynes.

Hamnet (£6)

Starring: Jessie Buckley, Paul Mescal, Emily Watson, Joe Alwyn.

Still Pushing Pineapples (£5)

Starring: Dene Michael, Anne Betteridge, Hayley Louise Spridgens.

Thursday 29th January -

Giant (£6)

Starring: Amir El-Masry, Pierce Brosnan, Katherine Dow Blyton, Austin Haynes.

Hamnet (£6)

Starring: Jessie Buckley, Paul Mescal, Emily Watson, Joe Alwyn.

Rental Family (£6)

Starring: Brendan Fraser, Takehiro Hira, Mari Yamamoto, Shannon Mahina Gorman.

These are the films scheduled to open in January - all are subject to change. Check out up-to-date cinema listings at www.justbeverley.co.uk/cinema-times



Song Sung Blue

From 2nd January

Starring: Hugh Jackman, Kate Hudson, Michael Imperioli, Ella Anderson.



Giant

From 9th January

Starring: Pierce Brosnan, Doren John Farmer, Amir El-Masry.



Hamnet

From 9th January

Starring: Jessie Buckley, Paul Mescal, Emily Watson, Joe Alwyn.



28 Years Later: The Bone Temple

From 16th January

Starring: Ralph Fiennes, Jack O'Connell, Alfie Williams.



Rental Family

From 16th January

Starring: Brendan Fraser, Takehiro Hira, Mari Yamamoto, Shannon Mahina Gorman.



Saipan

From 16th January

Starring: Steve Coogan, Peter McDonald, Éanna Hardwicke, Jamie Beamish Alice Lowe.



Shelter

From 30th January

Starring: Jason Statham, Bodhi Rae Breathnach, Bill Nighy, Naomi Ackie.



Primate

From 30th January

Starring: Johnny Sequoyah, Jessica Alexander, Troy Kotsur.



Is This Thing On?

From 30th January

Starring: Will Arnett, Laura Dern, Andra Day, Bradley Cooper.

YOUR LOCAL INDEPENDENT CINEMA



JOIN US FOR SOME GREAT FILMS AND BIG SHOWS THIS WINTER

SONG SONG BLUE

Based on a true story, two down-on-their-luck musicians (Hugh Jackman and Kate Hudson) form a joyous Neil Diamond tribute band, proving it's never too late to find love and follow your dreams. Also starring: Fisher Stevens, Jim Belushi.
From 2nd January.



HAMNET

From Academy Award® winning writer/director Chloé Zhao, Hamnet tells the powerful love story that inspired the creation of Shakespeare's timeless masterpiece, Hamlet. Starring: Jessie Buckley, Paul Mescal, Emily Watson, Joe Alwyn.
From 9th January.



28 YEARS LATER: THE BONE TEMPLE

Expanding upon the world created by Danny Boyle and Alex Garland in 28 Years Later - but turning that world on its head - Nia DaCosta directs 28 Years Later: The Bone Temple. In a continuation of the epic story, Dr. Kelson (Ralph Fiennes) finds himself in a shocking new relationship - with consequences that could change the world as they know it - and Spike's (Alfie Williams) encounter with Jimmy Crystal (Jack O'Connell) becomes a nightmare he can't escape.
From 16th January.



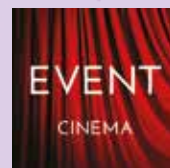
SAIPAN

Saipan explores the explosive clash between soccer star Roy Keane and manager Mick McCarthy before the 2002 FIFA World Cup. Their feud, rooted in clashing standards and personalities, erupted on the island of Saipan, shaking the Irish team and nation. As Keane walked out, McCarthy faced chaos. This gripping true story goes beyond sport, it's a dramatic, often comic tale of leadership, loyalty, and a rivalry that captured global attention.
From 16th January.



IS THIS THING ON?

As their marriage quietly unravels, Alex seeks new purpose in the New York comedy scene while Tess confronts the sacrifices she made for their family - forcing them to navigate co-parenting, identity, and whether love can take a new form.
From 30th January.



Event cinema offers something a little different to mainstream films. Live and pre-recorded shows beamed in via satellite from all over the world. Here are the latest live streams that you can enjoy on the big screen at Parkway Beverley.

**Saturday 10th January 2026, 6pm -
The MET: I Puritani**

For gorgeous melody, spellbinding coloratura, and virtuoso vocal fireworks, I Puritani has few equals.

**Wednesday 14th January 2026, 6.45pm -
RBO: La Traviata**

At one of her lavish parties, celebrated Parisian courtesan Violetta is introduced to Alfredo Germont.

**Thursday 22nd January 2026, 7pm -
NT Live: Hamlet (12A)**

Olivier Award-winner Hiran Abeysekera (Life of Pi) is Hamlet in this fearless, contemporary take on Shakespeare's famous tragedy.

**Monday 9th February 2026, 7.15pm -
RBO: Woolf Works**

Virginia Woolf defied literary conventions to depict rich inner worlds - her heightened, startling and poignant reality.

**Tuesday 3rd March 2026, 7.15pm -
RBO: Giselle**

The peasant girl Giselle has fallen in love with Albrecht. When she discovers that he is actually a nobleman promised to another, she kills herself in despair.

**Saturday 21st March 2026, 6pm -
The MET: Tristan und Isolde**

After years of anticipation, a truly unmissable event arrives in cinemas worldwide on March 21 as the electrifying Lise Davidsen tackles one of the ultimate roles.

**Tuesday 31st March 2026, 5.15pm -
RBO: Siegfried**

Raised by a scheming dwarf and unaware of his true family origins, a young man embarks on an epic journey.

**Tuesday 21st April 2026, 6.45pm -
RBO: The Magic Flute**

Princess Pamina has been captured. Her mother, the Queen of the Night, tasks the young Prince Tamino with her daughter's rescue.

AIMEE BANT, LIFE THROUGH THE LENS, WYKE COLLEGE TO PROFESSIONAL CAMERA WOMAN

Inspirational Aimee Bant, a local lady, took to photography as a teenager, inspired by her grandad who let her loose with his DSLR camera. This was the start of her journey, looking at and capturing life through a lens.



Just Beverley asked the questions:

What first inspired you to pursue photography and video production as a career?

Photography was my first hobby as a teenager after testing out my Grandad's new DSLR camera. I barely let go of it after that and went on to study A Level photography, along with media studies at Wyke College. I always preferred doing practical work, rather than being stuck in a classroom and I was lucky to have parents who supported me in following a creative route.

I was an avid diary keeper so the idea of taking photographs and videos to freeze moments in time was really fascinating to me. I was also a bit of a geek and just enjoyed learning how to use editing software. I created my first music video at college and the fun of this inspired me to study filmmaking at university.

How did you take your first steps into the professional side of the industry? What types of projects or subjects do you feel most drawn to capturing?

My first work in the industry was with the amazing Fly Girl Films - a local female led company who create films for the arts and do important work with young people and organisations. I first worked alongside director Katie as a camera assistant and editor as I gradually built up the confidence and skills to shoot.



Photo credit: Spencer Fox.

Katie has been an incredible mentor to me over the years and we have since worked together on hundreds of events, music videos and short films as a Director and Cinematographer duo!

Our short film titled 'Hugbo' was shot in Whitby in 2022, starring Siobhan Finneran and is a bittersweet story that explores baby loss and grief.

Our latest short film has just wrapped earlier this year which raises awareness of violence against women during football season. Working to help

people tell their stories and raise awareness of social issues is really important to me in my work as a camera woman.

What challenges did you face early on, and how did you overcome them?

I think a challenge I face, even now, is Imposter Syndrome! A lot of creative women I speak to agree on the struggle to have confidence in our work. There are so many people doing amazing work in the industry and it's very hard not to compare ourselves to others.

It's only in recent years that I have plucked up the courage to promote myself as a camera operator and be confident that I do have the filmmaking and editing knowledge to make lovely films, and ensure happy, returning clients.



Photo credit: Adrian Musto.

How do you stay inspired and continue developing your craft in such a competitive field?

I am blessed to have worked alongside some brilliantly creative individuals, some of which are now my friends. We regularly discuss films and TV shows, support each other's projects and give each other feedback. Being self-employed and a woman in the industry comes with its challenges and it's always lovely to find and work with like minded female creatives.

How has your work evolved since you started?

I recently branched out into the TV industry and I have been working as a camera operator and publicity stills photographer on a paranormal show Help! My House is Haunted. The show's incredible team have really helped me to hone my camera and lighting skills whilst working in a fast paced environment.

The show has also given me the opportunity to travel lots and explore new places which I absolutely love to do. We've filmed across the U.K, Ireland and even Italy, met some lovely families in need of help, and even a few celebrities!

What are some personal or professional goals you're currently working toward?

Although I worked on multiple series of Help! My House is Haunted over 3 years, it was technically my first ever job in TV so I am now excited to be



reaching out to more production companies to work as a camera operator on new shows.

My next job is on a Channel 4 documentary based on folklore in Ireland so I'm really thrilled about that. My goal is to keep learning all I can about filmmaking and lighting until I feel confident in calling myself a Director of Photography.

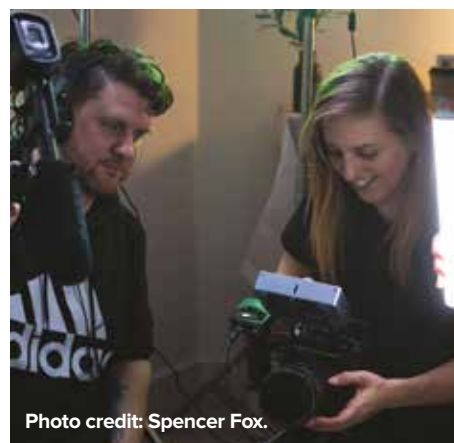


Photo credit: Spencer Fox.

Where do you hope to see your photography and video production career in the next few years?

As well as working in TV production I really enjoy working as a videographer and editor for local businesses, capturing events and producing content for websites and social media.



Recent work includes video edits and team photographs for Rise Physiotherapy, and filming events like Flemingate's Christmas Light switch on and Beverley Pride.

Over the next few years I would absolutely love to work with more local businesses whilst continuing to jet off for different TV shows!

Email: aimeebant@gmail.com
Instagram: @bant.cam

DISCOVERING BEVERLEY'S DELIGHTFUL DOORWAYS

Beverley has a stunning range of beautiful doorways. We have medieval ones at our religious buildings, an amazing collection of Georgian ones and exquisite carvings, glass and tiles on many Victorian and Edwardian doorways and porches.

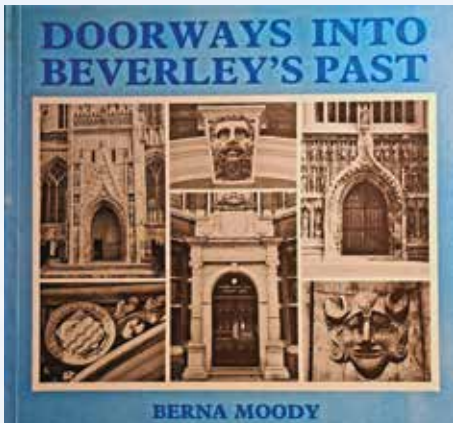
A particularly lovely aspect to explore are the glass fanlights above the doors. The range of geometric patterns never fails to impress. Pictured here are a dozen of our delightful doorways, there are dozens more just waiting to be discovered.



I'm not going to say exactly where each of the photos are taken, although all are in the town centre, or just a short stroll away.

I will say that 3 of our very best streets for doorways run into each other. A walk down North Bar Within, over to North Bar Without and up New Walk, will be rewarded by dozens of handsome doors, porches and fanlights. There is even a book on the subject. Readers of a certain age and persuasion might enjoy discovering these doors whilst listening to Jim Morrison!

Ian Richardson.



THE POWER OF HAVING A TAX PLAN IN PLACE

With Tax year end fast approaching, we look at how a thoughtful plan can unlock significant financial benefits. We explain how making a tax plan can boost your income, preserve your wealth and prepare for the future.

Keep more of your hard-earned money

The most obvious benefit of having a tax plan is that you can keep more of your money.

We all need to pay tax, and tax planning isn't about dodging your obligations. Instead, it's about looking for the most tax-efficient ways to earn an income, hold your assets and transfer your wealth.

For example, some high earners can get caught by the 60% tax trap. Smart tax planning can lower this back down to 40% and potentially unlock other allowances like tax-free childcare.

If you're self-employed, claiming allowable expenses can reduce your tax bill. If you've moved abroad, a tax plan is useful for highlighting the most efficient arrangements in terms of where you pay tax and if you're still entitled to UK allowances.

A well-structured tax plan takes a holistic view of your circumstances. This should include any partner or spouse. For example, you may be able to lower your tax liability by claiming the marriage allowance.

It can also help you be more resilient and cope with whatever changes the government announces, such as the mansion tax, which will

take effect from April 2028, and the upcoming two percentage point increase to the tax rates on dividends, property and savings income.

Give your savings and investments a boost

There are several powerful tax perks available for savers and investors. First, the ISA allowance means every adult can currently shelter up to £20,000 of savings and investments from tax each tax year.

Note that the cash ISA limit will fall to £12,000 from April 2027, for those aged under 65. The overall £20,000 ISA allowance will remain the same, and you'll still be able to save up to £20,000 in a stocks and shares ISA. Those aged 65 and over are unaffected by the cut to cash ISAs, as announced in the 2025 Autumn Budget.

If you're aged under 40, you can also open a Lifetime ISA to save for your first home or for retirement, which comes with a juicy 25% government bonus. You can save up to £4,000 each tax year, and this forms part of your overall ISA subscription limit. Beware that the government has signalled that it plans to replace the Lifetime ISA with a product aimed at first-time buyers in future.

If you have children, you can additionally save for their future tax-efficiently, with a junior ISA. Up to £9,000 can be contributed each tax year, and the child can access the pot when they reach their 18th birthday.

Taking advantage of these allowances, where appropriate, should form part of your tax plan.

Savings and investments outside of ISAs will require some extra planning to ensure they are as tax efficient as possible.

It may be possible to use the personal savings allowance, dividend allowance and/or annual capital gains tax (CGT) exempt amount, while married couples and civil partners can usually transfer assets between themselves without any tax implications so as to make use of both personal allowances, basic-rate bands and/or CGT exempt amounts.

Although the CGT limit has been cut in recent years, and now sits at £3,000, using both partners' allowances means couples have the potential to enjoy tax-free gains of up to £6,000.

Similarly, investors who carefully time the sale of assets can spread gains across multiple tax years, reducing their CGT liability.

Prepare for retirement

Pensions tax is a notoriously tricky topic. So, a comprehensive tax plan is a crucial tool for retirement preparation.

Contributing to a pension is one of the most tax-savvy ways to build up a retirement nest egg. But, you'll need to be aware of myriad rules - from the maximum amount you can pay into a pension each tax year to how pensions are taxed once you retire.

If you pay into a workplace pension using salary sacrifice, note that the amount that is exempt from National Insurance contributions will be capped at £2,000 a year from April 2029. A tax plan can help you prepare for this and

Tax Year 2025/26



The less you leave to chance, the more you leave behind

A little time on tax planning today, so more of your legacy reaches the people you love tomorrow.

The levels and bases of taxation and reliefs from taxation can change at any time and are dependent on individual circumstances.

**Discover the power of financial advice.
Let's talk before 5 April.**



Navigation Wealth Management

01482 379504
navigationwm@sipp.co.uk
www.navigationwm.co.uk

Managing Partner Practice

St James's Place

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SJP Approved 05/12/2025

SJP000000_05 01 (10/25)

potentially highlight other ways to save tax-efficiently and whether you need to squirrel away more money to beat the tax changes and keep your retirement plans on track.

You may be thinking of using pensions, ISAs, other investments and even property to fund your dream retirement, and this can all be included in your tax plan. In turn, the plan can help ensure your later life income is both sufficient and tax efficient.

A tax efficient way to pass on wealth

A tax plan isn't just about your lifetime wealth, it's also about ensuring your legacy passes on smoothly.

Inheritance tax is becoming an issue for a growing number of families, due to the frozen £325,000 tax-free allowance (known as the nil-rate band) and rising house prices. Accumulated pension funds will also become subject to the IHT on death from April 2027.

By planning ahead - making lifetime gifts, creating trusts or using life insurance policies to fund the liability - more of your wealth can go towards supporting your loved ones, and less to the taxman.

How to get tax smart and achieve peace of mind

Tax is unavoidable but overpaying it is not. With the right plan in place, you can take control of your money, your future and your peace of mind. Get in touch with Navigation Wealth Management today, visit our website at www.navigationwm.co.uk or call our Beverley office on **01482 379504** for more information.

The value of an investment with St. James's Place will be directly linked to the performance of the funds selected and the value may fall as well as rise. You may get back less than the amount invested.

The levels and bases of taxation, and reliefs from taxation, can change at any time and are generally dependent on individual circumstances.

Trusts are not regulated by the Financial Conduct Authority. Please note that Cash and Lifetime ISAs are not available through St. James's Place.

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LECONFIELD KENNELS AND CATTERY REFRESHED AND READY FOR 2026

Leconfield Kennels and Cattery closed during November and reopened on 1st December, ready for the run up to Christmas. During December the team have continued with the finer aspects of running and maintaining their reputation of friendliness and cleanliness.

Nigel was keen to mention, "Choosing a recommended boarding kennel or cattery is essential for ensuring the safety, comfort, and wellbeing of your pet while you are away.

"Here pets are part of the family, customers leave their pets in a trusted, professionally run environment providing peace of mind for

owners and a positive, stress-free experience for pets".

Reputable facilities like Leconfield Kennels and Cattery follow strict hygiene, welfare, and security standards, ensuring pets are protected from illness, injury, and escape risks.

They are staffed by trained professionals who understand animal behaviour and can recognise signs of stress or health issues early, providing prompt care when needed.

Jo added, "We enjoy hearing the words "You were recommended", our kennels and cattery offer proper routines, including regular feeding, exercise, play, and social interaction tailored to each pet's needs. Recommendations means we do a great job for our customers".

Nigel and the staff at Leconfield Kennels and Cattery do all they can in reducing the risk of disease transmission.

Some pets require medication during their stay, they ensure that they maintain detailed records of your pet's dietary needs, medications, and personal preferences.



For your peace of mind, Leconfield Kennels and Cattery ensures your pet is cared for by people who prioritise their health, happiness, and safety.

Leconfield Kennels and Cattery, Arram Road, Leconfield, HU17 7NP.
Office: 07360 276707.
Out of hours: 07946 193269.
www.leconfieldkennelsandcattery.co.uk

Please Note: Our drop off and collection times now operate throughout the year.

Drop off: after 2PM. Collection: Before 12 Midday.

Unfortunately we will not be able to accept pets outside these times.

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We utilise modern accounting technology to provide you with a cost effective, professional service.

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IAN HARRISON PLANNING FOR THE NEW YEAR AHEAD

Planning ahead for a handyman is essential to ensure that home repairs or improvement projects are completed efficiently, cost-effectively, and to a high standard.

By preparing in advance, you not only save time but also help the handyman understand exactly what is required, reducing delays and potential misunderstandings.

Ian mentioned, "Start by creating a clear list of all the tasks you need completed. Group similar jobs together so they can be tackled in one visit, which is often more economical and convenient. Next, gather any relevant information, such as measurements, photographs, or examples of the finish you want".

Ian also added, "Booking ahead is also important, confirming dates allowing me to build in time frames for a more efficient service".

As with all trades people, before Ian the handyman arrives, if you are able, prepare the work area by moving furniture, clearing access, and ensuring pets or children are safely out of the way. This allows Ian to get straight to work and reduces the time spent on non-essential tasks.

Planning ahead not only improves the quality of the job but also creates a smoother, more professional experience for both you and Ian the handyman.

Setting the time frame out for a great year ahead.

Ian Harrison - Beverley's Handyman.

Mobile: 07970 332373

Email: ianharrison68@icloud.com

Website: www.ian-harrison.com



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NEW YEAR, NEW HOME IMPROVEMENTS WITH CHERRY GROUP

As we welcome 2026, many homeowners are determined to finally undertake those long-awaited property improvements. Instead of dealing with the disruption and cost of relocating, more locals are opting to invest in their current homes, transforming them into the spaces they've always envisioned.

Cherry Group has earned a reputation for helping East Yorkshire homeowners reimagine their properties through quality installations and innovative solutions.

From energy-efficient windows and secure composite doors to transformative modular extensions, they provide comprehensive home improvement services that genuinely enhance value and comfort.

Windows and doors may seem like simple replacements, but modern options offer notable

advantages beyond appearance. Today's installations provide better insulation, improved security, and significantly lower energy bills - increasingly vital as costs rise.

Cherry Group's selection includes everything from stylish sliding sash windows that suit period properties to modern aluminium bi-folds that seamlessly connect indoor and outdoor spaces.

For those seeking extra space, modular extensions offer an appealing alternative to conventional building projects. These innovative designs minimise disruption while delivering impressive results, ideal for creating home offices, playrooms, or simply enlarging your living areas.

Garden rooms provide an additional dimension, offering tranquil retreats just a few steps from your back door.

Conservatories deserve special mention. Many homeowners have neglected these spaces due to temperature



extremes, but warm roof replacements breathe new life into tired structures. Modern roofing solutions transform unusable conservatories into comfortable, year-round living spaces, adding genuine square footage without building from scratch.

Our Showroom on Beck View Road, Beverley, welcomes visitors seeking inspiration and expert advice.

With flexible finance options available, those New Year resolutions for home transformation are more achievable than ever. Why move when you can improve?

Tel: 01482 770621
Unit 2, Beck View Rd, Beverley HU17 0JT
Email: info@cherrygroup.uk



NEW YEAR, NEW HOME IMPROVEMENTS

The New Year is the perfect time to start planning your home improvements. Talk to Cherry Group about creating the home of your dreams in 2026.



- uPVC Windows and Doors
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- Tiled Conservatory Warm Roofs
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VISIT OUR SHOWROOM: Unit 2, Beck View Road, Beverley, HU17 0JT



GET IN TOUCH
 01482 770621
www.cherrygroup.uk



LAIRGATE PROPERTY BEGINS A NEW LIFE IN 2026

For over a year RD Stott has been working on transforming the old 1843 East Riding Savings Bank into a luxury residential building.

2026 will see the project come to completion, begin its next journey.

Richard from RD Stott commented, "Preparing a renovated building for occupation is a vital final stage that ensures the space is safe, functional, and comfortable for its new occupants".



Richard continued, "Having completed all the construction work, we carried out thorough inspections, which includes checking structural elements, electrical systems, plumbing, heating, and ventilation to confirm everything meets regulatory standards and operates correctly. Any outstanding snags or minor defects are identified and resolved before anyone moves in".

January will see all the details of the plans come into place, both externally and internally, "The Finishes".

As work progresses, deep cleaning continues as renovation work often leaves behind dust, debris, and residue, so cleaning floors,



windows, fixtures, and ventilation systems helps create a healthy environment.

Along with all the detail finishes, at the same time, ensuring that all safety measures are in place, this includes testing fire alarms, checking systems eg, confirming that security systems such as locks or CCTV are functional.

These are key to a successful handover and smooth transition as the building begins a new chapter of its life, proving happiness and comfort for the new owners.

Final preparations include all the practical elements, functionality considering the practical setup of the space. Arrange furniture, equipment, and utilities so that the building is ready for immediate use and works as a family home.

Key elements and putting everything together to ensure that Wi-Fi, phone lines, and IT infrastructure are properly installed and tested so the new owners have all they need at

their fingertips for modern day living in a Heritage Home.

Richard summed up with, "Finally, I walk through the building from the perspective of the future occupants, ensuring comfort, accessibility, and ease of movement.

"Proper preparation ensures a smooth transition and welcomes the new owners to the Luxury Family Heritage Home adding personal value to the renovation".

As we look forward to a New Year, new wishes, new ideas, and new challenges, remember buildings get a new lease of life too. Happy New Year.

Separately - 1843 - the building should leave the ghosts of the past behind for a new exciting future ahead!!



LEON TAKES A STEP BACK TO TAKE A STEP FORWARD!!!

After sixty years as a practising solicitor, preparing for retirement marks both an ending and a new beginning.

Leon commented, "A lifetime in law brings with it discipline, structure, and intellectual engagement, these qualities I have channelled into fulfilling my next chapter. Retirement offers the chance to slow the pace, but staying active both physically and mentally is essential for continued wellbeing."

Since 2023, Leon has been involved as an amateur archaeologist, excavating each year at Vindolanda Roman Fort on Hadrian's Wall. It is well known that regular exercise, whether walking, swimming, or cycling, helps maintain strength, mobility, and energy. Just as important is keeping the mind sharp.



Leon practiced locally as a solicitor over the past 60 years, most recently with James Legal where he was a consultant solicitor until he finally retired at the end of December 2025.

In his "free time" he volunteered on several community projects, archaeological digs at sites in and around Lincoln, as a member of the Lincoln archaeology group, attached to Lincoln Bishop University Archaeology Department.



Leon, who celebrated his 85th birthday in June last year has decided to take a step back from the law, take things a little easier, staying socially connected through local network groups and community projects.



Leon added, "I see the future as a balance: embracing rest while remaining engaged. Retirement for me is to continue with curiosity and vitality, help and educate where I can, pass on some of the knowledge I have gained, experience is a wonderful asset."

We wish Leon well and look forward to his exploits as he uses his time to apply decades of experience to new passions and enjoy the freedom to live fully and meaningfully, even at Leon's time of life, every day is a school day, giving back is still as important as ever.

ROTARY MEMORY TREE RAISE OVER £1000

The Rotary Club works tirelessly to support local and global communities.

The local Rotary Club members lead projects that improve education, health, and wellbeing while building goodwill and peace.

One cherished initiative they have taken on from the Beverley Lions is the Beverley Christmas Memory Tree, which offers a meaningful way remember our loved ones during the festive season.

By dedicating a message in memory of a loved one, supporters honour special lives while contributing to vital charitable causes.

Garry Asbery commented, "Funds raised through the Memory Tree help Rotary continue its valuable work, spreading hope, compassion, and practical support within the community. It looks like we'll break £1,000 in donations after the final count."

Garry on behalf of the Rotary Club, wishes everyone a Happy and Healthy New Year.



NEW YEAR, NEW ASPIRATIONS: INSPIRING TRAVELS FOR 2026

As the clock strikes midnight and we welcome 2026, there's a renewed sense of possibility. A new year is more than a date change - it's a beautiful invitation to dream bigger, live more boldly and set intentions that can shape our entire year.

For many, these aspirations revolve around travel: exploring new horizons, seeking meaningful connections and indulging in transformative experiences that become cherished memories.

At the heart of it all is the idea that travel is much more than a holiday. It's self-discovery, connection and growth, all wrapped up in unforgettable moments. It's the joy of turning dreams into reality - whether that means finally setting foot in a long-desired destination, embracing adventure with your family, or simply taking the time to unwind and recharge somewhere truly special.

Refresh Your Travel Wishlist

As you set new resolutions for 2026, let travel be a central part of your aspirations. Is this the year you'll finally wander through the fairy-tale villages of the Alsace, or float in the crystal-clear waters of the Maldives? Perhaps you'll toast to life under the Northern Lights in Lapland, or taste your way through the vineyards of South Africa. Reflect on what your soul needs - adventure, serenity, luxury or cultural immersion - and allow your travel aspirations to mirror that.



Prioritise Wellbeing and Enrichment

This year, wellbeing is front and centre. Many travellers are prioritising mindful experiences - think yoga retreats on Balinese beaches, forest bathing in Japan, or unplugging in luxury eco-lodges. Similarly, 2026 is the perfect time to pursue enrichment: private guided tours of iconic landmarks, authentic culinary encounters, or learning a new skill like Italian cookery or wildlife photography.



Make Memories With Loved Ones

2026 is a year for meaningful reunions and shared experiences. Multi-generational escapes in luxury villas, family adventures on safari, or reconnecting with friends on boutique river cruises are all deeply rewarding. More than ever, clients are seeking the assurance of tailor-made, seamless travel, knowing every detail is handled and each moment is personal.

Travel Responsibly & Authentically

As the world continues to evolve, so do our responsibilities as travellers. Aspirations for 2026 include making positive contributions, whether by supporting local artisans, choosing eco-conscious hotels, or travelling outside of peak seasons to protect natural environments. Authentic immersions - from dining with local families to exploring hidden gems - create lasting bonds and deeper appreciation.

The Power of Personalised, Expert Planning

Perhaps most important for the year ahead is the desire for fulfilment, flexibility and peace of mind. In 2026, more travellers are turning to trusted Travel Counsellors to co-create these dream journeys. From insider access and exclusive perks to 24/7 support and financial protection, Travel Counsellors offer a world of inspiration, tailored with genuine care.

So as you map out your aspirations for 2026, let travel open doors to the extraordinary. Whether you crave once-in-a-lifetime escapes or quiet moments in spectacular settings, your next adventure awaits - designed just for you.

Ready to make your travel dreams a reality in 2026? Contact Amanda McConnell by phone on **01482 770540** or by email on amanda.mcconnell@travelcounsellors.com and let's make your dreams come true.

FLIP, RUN AND HAVE FUN AT THE BIG BEVERLEY PANCAKE RACE 2026

Beverley is set for a flippin' great day of fun as the Big Beverley Pancake Race returns to the town centre on Sunday 15 February 2026.

Taking place on Toll Gavel, the much-loved event is being organised in partnership by Beverley Rotary Club and Beverley Town Council, and promises plenty of laughter, friendly competition and community spirit.

Teams of four people are being invited to take part in the pancake races, which see competitors dash along the course while flipping pancakes along the way.



Whether you're representing a local business, community group, family, friends or just fancy getting involved, everyone is encouraged to sign up and join the fun.

Entries must be submitted by Tuesday 10th February 2026. Entry forms will be available in January at Beverley Tourist Information Centre at the Treasure House, Beverley, as well as online at www.beverley.gov.uk/pancakes

The Mayor of Beverley, Councillor Alison Healy, said, "The Big Beverley Pancake Race is one of those events that really brings our town together. It's light-hearted, inclusive and full of good humour - exactly what Beverley does best. I'd love to see teams of all ages and backgrounds getting involved, having fun and helping to create a fantastic atmosphere in the town centre."

A spokesperson for Beverley Rotary Club added, "This event is all about enjoyment, community spirit and a bit of healthy competition. You don't need to be an athlete - just enthusiastic and ready to have a laugh."

"We're really looking forward to welcoming teams back to Toll Gavel for another memorable Pancake Day celebration."



Spectators are also encouraged to come along, cheer on the teams and enjoy the buzz in the town centre.

Further details, including race times and entry information, will be announced soon.

For updates and to download an entry form, visit www.beverley.gov.uk/pancakes



Beverley Housing Charity

Live. Connect. Give back.



Beverley Housing Charity Gifts That Keep Giving

At the heart of Beverley lies a quiet legacy of homes built not for profit, but out of care, compassion, and a deep sense of duty.

These homes are almshouses for independent living, created to offer comfort and dignity to those who needed it most. Some of these properties can be traced back as far as 1689.

Many local residents will have travelled past these properties hundreds of times without knowing their history or original purpose. The charity that provides these, along with more than 160 homes across the town, is now reaching out to share its story and highlight its impact on the Beverley community.

Almshouses have existed for centuries in Beverley and across the UK, offering affordable homes to people on low incomes or those in need of age-appropriate accommodation.

While Beverley's Almshouses are part of a national almshouse movement, they are overseen locally by a volunteer Board of Directors and a small team based at Morton House on Morton Lane, the charity's new offices.

Originally gifted as acts of kindness and community spirit, almshouses were built by generous individuals, churches, and local business leaders to improve living conditions for people from the town. Properties such as Charles Warton (Minster Moorgate) and Ann Routh (Keldgate) were established before the invention of the NHS and modern social care. Ann Routh (1761–1833) was one such benefactor.

Born into a wealthy family, she chose to use her resources to improve the lives of others. One of her particular concerns was the poor quality of housing for local people. Through provisions in her will, she recognised the importance of a stable, decent home and ensured that a new property was built. That almshouse still stands today and has provided homes for hundreds of local residents over the years.

This property, along with many of the charity's original almshouses, was amalgamated under one organisation in 1912, becoming Beverley Consolidated Charity. Today, the organisation operates under the working name Beverley Housing Charity. While the name may be new, the spirit of the original gifts remains.

Alongside its original almshouses, the charity has used gifts of land, cash, and property to build additional homes and support the wider community. Land once owned by the charity was sold to enable the town's hospital to be



ing Charity ck.



ing Charity - ep on Giving

built. The charity also owns the town's largest allotment site and uses its new offices at Morton House to support a wide range of local charitable organisations, including Mind, the WI, u3a, and Age UK.

The charity has secured significant investment from local and national funders to remodel many of its oldest properties, protecting these historic gifts for generations to come.

Funding secured in late 2024 also enabled the return of Age UK to Beverley. Its information and advice service is already helping many retirees to access financial support such as Attendance Allowance and Pension Credit.

Over the next 12 months we will be highlighting the work of the Charity in Just Beverley.

Who Can Benefit from an Almshouse?

The charity operates its own allocations policy in line with its charitable purposes. People aged 60 or over who have lived in Beverley or the surrounding villages for at least ten years may be eligible. Decisions are focused on providing homes to those assessed as being in the greatest need.

In addition, the charity owns a small portfolio of homes let at full market rent. Income from these investment properties supports the charity's wider objective of maintaining affordable living across its Almshouse estate.

Find out more: www.beverleyhousingcharity.org or call **01482 881052**.

Accessing support from Age UK How Can AGE UK Help?

Free confidential advice and hands-on assistance across a wide variety of issues, including:

- Benefit checks and application support, such as:
 - Attendance Allowance
 - Pension Credit
 - Carers Allowance
 - Housing Benefit
 - Council Tax Reduction
 - Cost of Living Grants
- Help with forms and paperwork
- Information on local services and resources
- Guidance on health, care and social issues
- Crime prevention and safety
- Housing and utilities advice

Whether you're unsure about what support you're entitled to, need help understanding complex forms, or simply want to talk through your options, this service is here to help.

www.justbeverley.co.uk



THE FIRST RULE OF WHISKY CLUB?

Talk about Whisky Club! For the past two years Northmen Spirit have been running a monthly Whisky Club featuring whisky you won't find on the supermarket shelves.

Our meetings feature two complementary whiskies where tasting notes are discussed and compared before choosing a third dram from our Cellar of upto 18 bottles.

Notable favourites from the past year include:

- **The Balvenie 14yo Caribbean Rum Cask**
- **Lochlea x Overtone Stout Cask Finish (paired with the Imperial Stout)**
- **The Lakes Distillery No. 7**
- **Infrequent Flyers (Bunnahabhain) 9yo Pedro Ximinez Punccheon**
- **Old Particular (Macduff) 15yo**
- **Bunnahabhain Aonadh Limited Release**

As we are now being hosted by Junk Bar we often pair our whiskies with a supper, we paired some delicious sherry finish whisky with dessert for the opening weekend of Hull Fair and enjoyed an amazing 20yo First Fill Oloroso Sherry Cask whisky with a two course supper for our December Festive meeting.

Most importantly you can spend time with similarly minded friends both old and new talking about your mutual love of whisky, favourite bottles, tall tales of whisky adventures.



Our 2026 calendar will include more food pairings and opportunities to sample new distilleries.

Our regulars love meeting new folks and often bring friends along for the evening when the whiskies are of special interest so we would hope to see you join us soon and discover your new favourite whisky.

Check out our events on www.northmenspirit.co.uk, follow us on Facebook and Instagram for regular updates or alternatively pop along to Beverley Saturday Market and chat to us in person!



2026 DATES FOR YOUR DIARY

- Friday 23rd January - A Burns Night Special
- Friday 20th February - A Celebration of Chocolate
- Friday 13th March - A Celebration of Welsh Whisky
- Friday 10th April - A Celebration of English Whisky
- Friday 8th May - A Celebration of European Whisky
- Friday 12th June - theme TBC
- Friday 10th July - theme TBC
- Friday 14th August - A Celebration of Summer
- Friday 11th September - theme TBC
- Friday 9th October - All the Fun of the Fair
- Friday 13th November - A Celebration of Smoke and Peat
- Friday 11th December - A Yuletide Special!



RECORD-BREAKING SUCCESS FOR BEVERLEY MINSTER CHRISTMAS TREE FESTIVAL

Sunday night 14th December, The Beverley Minster Christmas Tree Festival closed its doors having seen record-breaking attendances over 10 days, with more than 12,500 visitors and a 30% increase on the previous 10-day festival in 2023.

The 2025 festival saw many visitors experiencing the event for the very first time, alongside a wonderful influx of new, local groups and organisations decorating trees, highlighting the growing reach and appeal of what is now firmly established as the UK's biggest Christmas Tree Festival.



Both winners at the festival were also first time entrants to the event. Islay Bloom achieved Best Tree in the Festival, with the Women's Institute as Runner Up, only two votes separated them while Northcott School won Best School Tree, by one vote with Beverley Grammar School as Runner Up.



Marnie Taylor, owner of Islay Bloom commented, "We're incredibly proud to have won the Beverley Minster Christmas Tree Festival 2025. As a small independent shop, to be chosen from over 150 beautifully decorated trees across our local community is truly humbling".

Marnie added, "Kerry Hearson, Visual Curator, and myself feel honoured to be part of this much-



loved Beverley tradition. Our tree took four and a half hours to bring to life. Decorated with dried flowers, it was inspired by our theme of spreading kindness across Beverley, a value that sits at the very heart of Islay Bloom Gifts, Fashion and Interiors".

Robert Farley commented, "Festive refreshments proved hugely popular with more than 1,750 mince pies consumed during the festival, alongside gallons of mulled wine and hot chocolate, adding to the warm and welcoming atmosphere inside the medieval Minster".

Organisers have hailed the festival as a huge success, not only in bringing the community together but also in raising vital funds for the care and preservation of Beverley's medieval Minster.

The continued growth of the Christmas Tree Festival underlines its importance as both a much-loved festive tradition and a key fundraiser for one of East Yorkshire's most treasured historic buildings.

TOGETHER IN GRIEF: GROUP WALKS FOR THOSE WHO ARE BEREAVED

Grief is heavy, but you don't have to carry it alone

Together in Grief (TiG) is a free weekly walking group for anyone who has experienced the loss of a loved one. Whether your bereavement is recent or from years past, you'll find gentle support in a welcoming, understanding group.

Each week, we head out for an easy-paced walk, followed by the chance to stay for a drink and a chat. There's no pressure to talk, just being with others who understand can help lighten the load.

One regular says: "Going to the sessions is so helpful to me. I've met lovely people and made amazing friends. I'm much more able to cope with life now."

When and where

Every Monday at 6.30pm (starting 12th January 2026)
Morton House, Morton Lane, Beverley HU17 9DD
(Parking available on site or nearby)

Who can join

All welcome (ages 16+).
Free to attend - no membership needed.

Delivered by *Fitmums & Friends*, a Yorkshire-based charity. Despite the name, we're not just for mums, and definitely not just for people who are already 'fit'! We welcome everyone, of all backgrounds and abilities, with or without children.

To find out more or to let us know you're coming, email Heather at: heather@fitmums.org.uk

You're not alone. Let's walk through this, together.

Group walks for those who are bereaved

Together in Grief (TiG) walks are easy-paced, group walking sessions to help people cope with the loss of loved ones. They offer some gentle exercise and the chance to talk with others who share your experience.

Where: Morton House, Morton Lane, Beverley

When: Every Monday 6.30pm (Starting 12th January)

Cost: Free

The walks are safe, supportive and suitable for all (aged 16+) - men and women, and all abilities.

No need to book - just turn up. Come along whenever you feel a walk and talk might help - every week or just occasionally.

For more information, scan the QR code or email heather@fitmums.org.uk.

© 2024 Fitmums & Friends is a registered charity in England and Wales No. 1173919

IN THE PICTURE WITH JOSH

Going into the New Year there are plenty of things to get out and photograph. Starting with New Years celebrations and firework displays which provide a great opportunity for some night time and long exposure photography.

Be sure to let your camera acclimatize in good time, if you get your kit out of a warm bag or car it can quickly fog up.

There is also a good chance of seeing or photographing the Northern Lights this time of year if the display is strong enough and more importantly if we have clear skies!

For wildlife photographers there are an abundance of Winter visitors such as Short Eared Owls, Waxwings and many others.

With Filey, Bempton Cliffs, Flamborough and Spurn Point we are fortunate to get a variety of species travelling along the coast. Our native

species are also still active and although most of the Seal pups will be in November and December, you can still see the colonies at places like Flamborough and if you want to get closer, places like Donna Nook give you a great opportunity to get up close without disturbing them.

You can find more information about my work and full portfolios on my website and my social media pages and if you have any questions don't hesitate to get in touch.

Instagram: [@joshharrisonphotography](https://www.instagram.com/joshharrisonphotography)
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HABIT BUILDING FOR NEW YEAR

January has a habit of convincing us that everything must change immediately. New year, new you, new routines, new rules. The problem with this mindset is not a lack of motivation, but an excess of expectation. When too much is demanded too quickly, the body and mind tend to push back. What starts with enthusiasm often ends with frustration.

A more effective approach to wellness is to think smaller and think longer term. Real, lasting change is rarely dramatic. It is built through simple actions repeated consistently, even when motivation is low. Wellness is not an event or a challenge you complete; it is a lifestyle you practice.

Instead of trying to fix everything at once, begin with one behaviour that supports your health and repeat it daily. This might be a short walk, a regular bedtime, better hydration or a more balanced meal. On its own it may seem insignificant but repeated over weeks and months it creates

momentum. Once something becomes automatic, it requires very little effort to maintain, and that is where progress becomes sustainable.

Movement is a good example of where simplicity works best. You do not need to exercise harder in January than you did in December. You need to move more consistently. Regular, manageable activity improves circulation, joint health, mood and energy levels. The goal is not exhaustion, it is repeatability. If you can recover easily and show up again tomorrow, you are doing enough.

The same principle applies to nutrition. Extreme restriction tends to increase stress and reduce adherence. Rather than focusing on what to remove, focus on what to include. Nutrient-dense foods, adequate protein and regular meals help stabilise energy and appetite, particularly through the colder months. Hydration also plays a role here, even when thirst signals are muted by the weather.

Sleep underpins all these behaviours. Without adequate, good-quality sleep, progress in any other area becomes harder to sustain. You do not need a perfect routine, but you do need consistency. Similar bedtimes and wake times, reduced stimulation in the evening and sensible caffeine intake all support better recovery.



Even small improvements in sleep can significantly improve how you feel and function during the day.

January is often challenging. Low light levels, cold temperatures and post-Christmas fatigue are genuine physiological stressors. Expecting uninterrupted motivation during this period is unrealistic. Missing a day or slipping out of routine is not failure, it is feedback. The key is returning to your habits without overreacting.

If there is one aim for the start of the year, it is this: make changes that you could still be doing in six months' time. Small steps, taken consistently, create outcomes that last. Wellness is not about intensity, it is about accumulation.

As always, If you have any questions, feel free to reach out to me: edjthompsonpt@gmail.com



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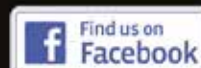
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I'VE BEEN THINKING... SAYS COLIN RAYNOR

As someone who writes on a monthly basis for Just Beverley, I am an avid reader of those who write weekly in newspapers and others who write a monthly column in the numerous magazines.

Among the latter group is the wonderful Susie Dent who, apart from appearing on the television programme Countdown (I do know that she is a favourite of a lot of folks of all ages) is a brilliant lexicographer.

The definition of that word is 'one who compiles dictionaries', but Susie loves the English language and in her monthly column not only explains the meaning of some, at times rather obscure words, but informs the reader of the words origins and how it might have changed over the years.

This exceptional wordsmith often refers to other languages that have a word that surpasses the English word that she is writing about.

It is at this point that I recall a statement which I either read about or heard on the radio. A political Minister, who is involved with the immigration process, was trying to explain that in future people migrating to the United Kingdom might be required to learn the English language to A level standard.

My first reaction, which was one of sadness, has remained with me. Perhaps because I did not get an A level in English or perhaps because the requirement to achieve that level may mean many good people may lose their chance to become a British citizen. I can still think of a couple of reasons why such a statement had flaws in it and nothing to do with politics.

It seems to be an accepted fact that the English person abroad will have an expectation that they have no reason to know the language of the country they are visiting. Why is that? Because your hosts in most European countries will know enough of our English language to spare their customer any embarrassment.

On reflection I think perhaps (if my family are anything to go by) the next generation will be more capable of speaking the language of the countries they visit and not just trying to recall what is the French for fish and chips.

My second reason for questioning the politicians statement is that a student of English language not only has to take account of the many dialects in the United Kingdom (which can confuse us all at times) but there are some wonderful phrases which are beyond comprehension.

Such phrases can vary from town to town and even from family to family. One matter that seems to occupy the media, and then naturally ourselves, is the weather.

A phrase that is often heard in our family goes something like this: "It's looking black over Bob's mothers".

The first time I heard those words I felt bemused and just asked, "What did you say?" Although it is in good clear English, and is supposed to make a reference to the weather, there is really no rhyme or reason to it.

Another often heard phrase in our family is, "Well, I'll go to the top of the Town Hall steps". I am told this is to express amazement. But the best one I recall was one of my Grandad's when he said, "Why does a bee when it hums". No sense at all to that but in our family it always signalled it was time to put the kettle on for a cuppa tea.

I'm sure you all have similar phrases in your family. Perhaps during this month of January you can think of a few of your family's nonsensical phrases then maybe we can invite Susie Dent along to hear more of our family sayings. It does no harm to let your mind just wander at times. I think so anyway.



STRUCTURE IN THE WINTER GARDEN

Evergreens in a Winter garden create a natural pattern of both structure and balance. The classic description would be the 'bones' of the garden, in effect the outline.

A plant that works in many soils and aspects is *Helleborus foetidus*, the finger shaped leaves not only add texture to the border but an evergreen foil that remains throughout the year.

It bears the name of the 'Stinking Hellebore', the Latin word *foetidus* meaning foul smelling, apparently there is an odour that is released when the leaf is broken or crushed but, I have to say I personally have not experienced the smell.

The plant is also prone to self-seeding which is very useful when you need more plants at no extra cost, and the seedlings can be moved

elsewhere in the borders. The hellebore here has been planted in the small kitchen garden, and it is just on the point of flowering (November).

It is planted with *Rumex sanguineus* (Sorel red veined) a herb with a distinct taste of lemon that can be used in salads, and a selection of celery and strawberries.

Adding height to the borders will create both form and structure and will lift the eye. Something as simple as adding a tree or shrub will have impact as does topiary in the case of the pyramid *Taxus baccata* (Yew).

It is not only a stunning feature but also is a haven for small birds, they are able to find both safety from predators and also use it during the nesting season.

It is a good time in the year to make plans. Note down what and where you grew things last year and the varieties that were successful.

Order a good supply of seeds or plug plants and don't forget the potatoes. Another thing to consider would be to purchase water butts for the garden.

These would need to be connected to your greenhouse or shed and if possible, depending on the downpipes, your house.

It would be a good source of natural water especially if we have another hose pipe ban this year.

<https://ordinarygardener.com> - Julie Dowding



BRING IN THE JOY IN 2026 - WHAT ARE YOUR ASPIRATIONS FOR THE NEW YEAR?

January invites us to pause, reset and reconnect with what brings us genuine joy and happiness.



We have a choice of being at the mercy of external factors such as the economy or global issues and we can impact how we feel and take action to increase the dopamine and oxytocin through social connection or exercise; choosing natural highs that are far better than the fleeting "retail highs" the media lure us towards.

How are you going to bring joy to 2026? Happiness and peace of mind are not reserved for perfect circumstances. We can cultivate practical, intentional steps to shape our future - a future that feels calmer, healthier and more fulfilling, and in doing so, each one of us is planting seeds for a global revolution of positivity.

One powerful way to create change is by letting go of what no longer serves us. Entering the year with old fears, limiting beliefs, habits and behaviours can hold you back, and hypnotherapy effectively help access the subconscious mind release deeply ingrained patterns. Whether it's reducing anxiety, overcoming unhelpful habits like smoking/vaping, overeating or building confidence, letting go of anxiety, clearing internal blocks can provide an immediate shift, creating new space for thinking and feeling well... just happy.

Another effective way of shifting your mental landscape is through adopting daily practices that reinforce positivity and mindfulness:

- **Gratitude Lists:** Starting or ending your day by listing three things you are grateful for physically rewires your brain to focus on the good, reduces the stress hormone, cortisol and fosters optimism.
- **Journalling:** Putting your thoughts and feelings on paper can be incredibly cathartic allowing you to process emotions, reduce mental clutter, and gain perspective on challenging situations; by giving yourself a dedicated space for self-reflection the outcome is emotional regulation.

- **Regular Exercise:** Moving your body is perhaps the most well-documented mood booster. A brisk 20-minute walk releases a flood of beneficial chemicals that elevate mood, reduce stress, and improve sleep quality.



Taking back the reigns feels especially important in a world that seems to be speeding up at an ever-increasing pace. We are constantly connected, informed and often overwhelmed. The media use fear, urgency and a sense of lack to subtly encouraging us to believe that happiness can be bought. Spending money is marketed as a quick fix - a way to feel better, calmer or more successful - because it delivers a short-lived dopamine boost.

Ask yourself, "What are my aspirations for 2026?". The focus doesn't need to be on having more, but on feeling better. Release what holds you back, adopt supportive daily habits and choosing healthier sources of pleasure and reward. We can then navigate a fast-moving world with greater calm, balance and joy. Wellbeing is not a luxury - it is a foundation, and it starts with the choices we make every day so turn off the TV, connect with nature and with people, go and hug a tree or stroke a cat or dog and bring in the joy in 2026.

Every Monday, you can take time out for yourself with the free mindfulness session from 7.15pm to 7.45pm. For more information visit www.francesdunning.com or contact me, Fran Dunning on 07973 819867 for details of mindfulness zoom link.

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GREY ROOTS, NEW ROUTES

January has a funny way of making us reflective. The mince pies are finally gone (or at least hidden), the nights are still long, and the mirror is brutally honest.

This January, my mirror shows grey roots staging a full rebellion and a woman in her fifties wondering how on earth she managed to secure a place in the Beverley 10k running race*.



Let me be clear: I am a lapsed runner these days! I'm a brisk walker at best. Yet here I am, lacing up trainers that cost more than my first car!

The thing is, somewhere between turning fifty and discovering my roots were no longer "highlights" but "life choices," something shifted. I realised that the stories I'd been telling myself, I'm too old, I'm not the sporty type anymore, lasses like me don't do things like that, we're just that: stories. Poorly written ones at that!

In 2026 I shall rewrite those stories! Slowly. With plenty of coffee breaks! Training hasn't been glamorous. There's been wheezing. There's been chafing in places I didn't know I could chafe. I've been overtaken by dogs, prams, and once even a man power-walking while eating a sausage roll!

But I've also discovered something quietly thrilling, my body, grey roots and all,



is capable of far more than I give it credit for. January is the month of big promises and gym memberships we'll pretend not to notice by February. But this isn't about becoming a "new you." It's about remembering that you're allowed to become anything you want to be, at any age, so long as you put your mind to it. Oh, and maybe stretch first!



We all know I won't be winning the Beverley 10k. But I will be winning something better, proof! Proof that reinvention isn't reserved for the young, or even just other folks! Proof that confidence can grow alongside my laughter lines. Proof that grey roots don't mean slowing down, sometimes they just mean you've finally stopped caring what anyone else thinks!!

So, this January, if you're staring at your own reflection and wondering if it's too late, take it from a woman who still can't quite believe she's running a race, again, it isn't. Put your mind to it. The rest will follow, possibly out of breath, but smiling.

**I won my place in their raffle last year, and it has promoted me to 'do better'.*

Louise Barrett.



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HOW SMART HOMES ARE CHANGING THE WAY WE LIVE - FOR BETTER OR WORSE

Once upon a time, smart homes felt like something from Tomorrow's World - apps to control your heating, lights that know when you're home, cameras that speak. But now? You'll find smart tech in the average 2-bed semi. So what's the big deal?

Smart homes aren't just about being flash. Done well, they can save energy, add safety, and make life easier - particularly for older homeowners, shift workers, or families with busy routines. Lighting is a good example. You can now set your hallway or garden lights to come on at dusk and off at midnight - no timers, no remembering. Lights that only come on when someone walks past can save a surprising amount over a year.

Smart heating lets you turn the boiler off from your phone if you forget, or warm the house before you leave work. And if someone in the family's vulnerable, smart cameras and sensors can offer peace of mind without being intrusive.

Of course, there's a flip side. Relying on tech means things can go wrong - and not everything labelled "smart" is actually useful. Plenty of people install things they never use, or buy into ecosystems that don't play nicely together.

The key is to be selective. Choose small, meaningful upgrades that suit your lifestyle. One or two well-chosen bits of smart kit are better than a house full of stuff that never gets used.

Not sure what's worth it? Talk to someone who installs this stuff day-in, day-out - they'll tell you what people love and what ends up in the drawer.



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MAKING THE MOVE IN THE NEW YEAR WITH JAYNE AT LINK AGENCY

Jayne Morgan at Link Agency, an independent local Personal estate agent, is always ahead of time when it comes to new ideas, offering significant value when selling a property, thanks to her in-depth knowledge of the area and personalised approach.

Jayne fully understands the nuances of neighbourhoods, schools, transport links, and market trends. She is able to provide accurate valuations and targeted marketing that appeals directly to the right buyers.

Her reputation is built on community trust, and Jayne is motivated to deliver excellent service, maintain clear communication, and achieve the right results.

Jayne commented, "As an Independent agency we are typically able to offer a more flexible and tailored service, adapting strategies to suit your property rather than following a one-size-fits-all model. We are more accessible, giving you direct contact managing your sale, speeding up decision-making and reducing stress".

If you are looking to move in the New Year, Jayne with her hands-on approach, can help secure the best possible price and ensure a smoother, more efficient selling process, utilising new technology yet maintaining traditional values. Talk to Jayne, she is always there to help.



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Anne commented, "Our experience has allowed us to develop a deep understanding of the diverse needs of individuals, caregivers, and healthcare professionals".

Fox Mobility have expanded their services, refined their products, and embraced new technologies to ensure that every solution they provide is safe, reliable, and tailored to the user.

Paul added, "We provide mobility scooters and wheelchairs to customised accessibility equipment, our focus has always been on comfort, durability, and ease of use. We take pride in offering compassionate support, expert guidance, and ongoing service that our customers can trust".

For over 11 years, Fox Mobility has had a long-standing commitment to mobility that reflects not only their technical expertise but also their passion for helping people move with confidence, freedom, and dignity every day.

Paul and Anne continued, "We wish everyone a Happy Healthy 2026 and look forward to providing the continued service customers have enjoyed over the years".

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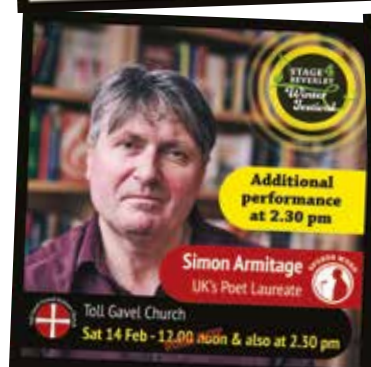
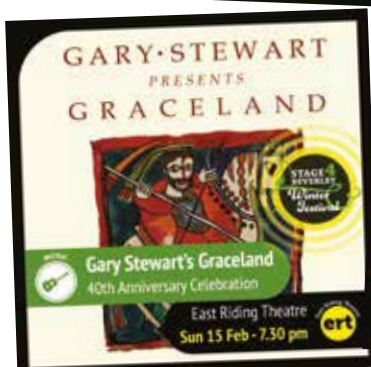
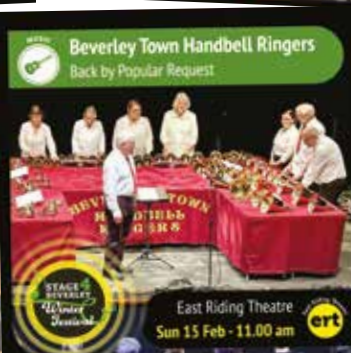
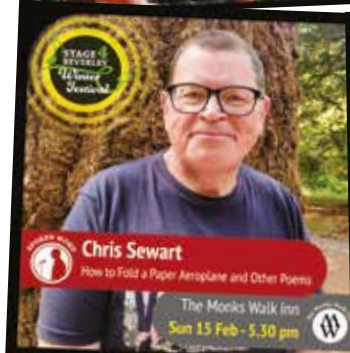
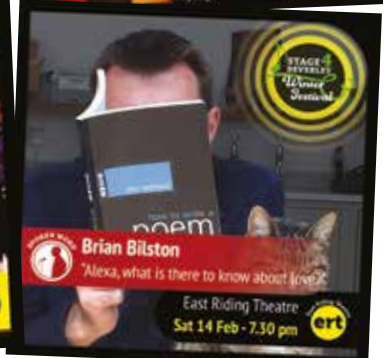
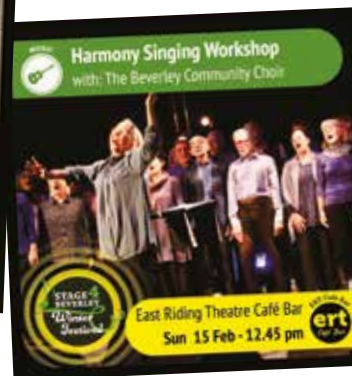
STAGE4BEVERLEY WINTER MUSIC FESTIVAL, 8 - 15TH FEBRUARY 2026



February sees the return of the ever popular Stage4Beverley Winter Music Festival which has become a major event in the town's calendar offering music, comedy, and spoken word events as well as a dance for those with plenty of energy to expel.

For more informal events at prices where at some "Pay What you Can" is an option there are Workshops, the Horizon Stage for young emerging musicians, and finishing off the Friday and Saturday evenings with a Late Night Festival Club.

Venues for the festival include the East Riding Theatre, Parkway Cinema, Toll Gavel United Church, The Memorial Hall, Monk's Walk Inn and Beverley Library.



STAGE4BEVERLEY Winter Festival FEBRUARY 2026

www.stage4beverley.com / 01482 874050

Monks Walk Inn Sun 8th 1.30 pm	Poetry Writing Workshop "Earworms: Poems inspired by Music" led by Chris Sewart .	SOLD OUT
Parkway Cinema Tue 10th 7.30 pm	An Evening with John Cambridge , "Bowie, Cambo & all the Hype" £15 <i>In conversation with John Cambridge & Garry Burnett about his work with David Bowie</i>	
Parkway Cinema Wed 11th 7.30 pm	An Evening with Jacqui Dankworth in Concert , A special concert with this moving and award-winning vocalist with keyboard accompaniment	£27.50
ERT Auditorium Wed 11th 7.30 pm	Alan Johnson "The Beatles, Harold Wilson and Me" One of the most popular and respected politicians of our time tells the story of his greatest influences	£25
Parkway Cinema Thur 12th 7.30 pm	Spiers and Boden have been at the forefront of the English traditional folk scene for 25 years both as a duo and as founder members of Bellowhead	£25.50
ERT Auditorium Fri 13th 7.30 pm	The Sam Kelly Trio with support from Maddie Morris <i>Three of the finest musicians on the English Folk scene</i>	£21.50
ERT Café Bar Fri 13th 10.00 pm	Late Night Festival Club with festival guests including Maddie Morris , The Nick Rooke Band and Chris Sewart . Great music and good company	£6
Beverley Library Sat 13th 10.30 am	Shanty Singing Workshop with The Saltburn Smugglers <i>Bringing singing and songwriting together with the history of Yorkshire's smuggling coast</i>	£11
ERT Café Bar Sat 14th 11.00 am	The Horizon Stage presents some of the best young musical talent around today, with Rillen , The Rookery and Dexter Humphries	pay what you can
Toll Gavel Church Sat 14th 12.00 & 2.30 pm	The UK's Poet Laureate, Simon Armitage , reads live on stage from a range of his poetry and answers questions from the audience	£20
ERT Auditorium Sat 14th - 2.30 pm	The Saltburn Smugglers transforming tales of smuggling into vibrant, contemporary sea shanties. Support from Beverley Community Choir	£18
Memorial Hall Sat 14th - 7.30 pm	Dance to The New York Brass Band North Yorkshire's only contemporary New Orleans inspired Brass Band. Dance - Limited seating	£18
ERT Auditorium Sat 14th - 7.30 pm	Brian Bilston - "Alexa, what is there to know about love?" <i>He has been described as the Banksy of poetry and Twitter's (now X) Poet Laureate</i>	£25
Monks Walk Inn Sat 14th 7.30 pm	Informal Evening of Songs & Music enjoy some acoustic music in this unique and historic setting from Michael Nagasaka , Rillen and more	£8.50
ERT Café Bar Sat 14th 10.00 pm	Late Night Festival Club with Michael Nagasaka and The Rookery , Chris Sewart and more. Relax with great music, beer and good company	£6
ERT Auditorium Sun 15th 11.00 am	The Beverley Town Handbell Ringers A chance to have a go as well as listen to a range of well known tunes and different ringing styles	pay what you can
ERT Café Bar Sun 15th 12.45 pm	Harmony Singing Workshop with The Beverley Community Choir led by Sue Murray. Warm harmonies sung with infectious enthusiasm.	pay what you can
ERT Auditorium Sun 15th 2.30 pm	The Charlotte Carrivick Band new acoustic music, Bluegrass, Old time and Swing with support from Pete Bolton and Brian Swinton	£17.50
Monks Walk Inn Sun 15th 5.30 pm	Chris Sewart "How to Fold a Paper Aeroplane and other poems" <i>Once again Chris smashes the square peg of his life through the round hole of poetry</i>	£9
ERT Auditorium Sun 15th 7.30 pm	Finale Concert with Gary Stewart's "Graceland" celebrating the 40th Anniversary of Paul Simon's "Graceland" with South African rhythms and harmonies.	£24

That's it for 2026 Folks - see you back again in 2027 - Sunday 7th to Sunday 14th February!

WORDSEARCH

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H Q Q J I O Q T B Q W S O A S
Q C U R X W Y K X E H J R K A
Q N X O F T O T R N L R K B N
O P P O R T U N I T I E S Y L
U N I Z V E V A M N E C C M X
G K D P N A L V P A B S U Q I

ASPIRATIONS
CELEBRATIONS
CHAMPAGNE
CHEERS
FIREWORKS

NEWYEAR
OPPORTUNITIES
PARTY
RESOLUTION
TOAST



Where are the Ducks?
Answer on Page 37.

QUOTE OF THE MONTH

You can take a step forward into the New Year or stay where you are. You decide!

WHERE IN BEVERLEY?

Where in Beverley can you find this landmark? Answer on Page 37.



WHAT IS IT?

Can you work out what this obscure image is? Answer on Page 37.



KICK OFF 2026 WITH A SMILE!!



Knock, knock. Who's there? Hannah.
Hannah who? Hannah Happy New Year!

Knock, knock. Who's there? Lettuce.
Lettuce who? Lettuce in, it's freezing out here.

Knock, knock. Who's there? Radio.
Radio who? Radio not, it's a New Year.

Knock, knock. Who's there? Abby.
Abby who? Abby New Year!

I found a date for New Year's Eve.
It's December 31st.

What did the cat say on New Year's Day?
Meow.

Why do birds fly south for New Year?
Because it's too far to walk.

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BEVERLEY AC - SET YOUR NEW YEAR CHALLENGES

Beverley AC enjoyed the annual festive Santa Run around the streets of Beverley, which saw over 100 members suitably dressed in festive red and white take on a 4.5-mile route around Molescroft and the town centre.

Welcome refreshments at the Beaver pub on North Bar Within, before heading off to the Beverley Minster for carol singing before finishing at Sleepers for final refreshments.

The Santas would like to say a big thank you to the many people who cheered and waved as they passed. The run was also an opportunity to raise funds for the Club's nominated charity, the Cherry Tree Youth Hub, £465 was raised.

The Club has been doing further Christmas fundraising for the Youth Hub, and a team of Beverley AC elves had earlier been busy wrapping up Christmas boxes for the young people at the Hub. Members donated gifts and a total of 44 boxes were produced and distributed by the elves.



Beverley AC was represented again at the Beverley Minster Christmas Tree Festival where Laura Egan with her team of helpers created a stunning tree adorned with decorations and interesting facts about the Beverley 10km. A big Thank You to Laura and the team for organizing!



New Year and new challenges, a reminder of some important dates for your 2026 diaries. The iconic Pittaway Beverley 10K which celebrates its 32nd year in 2026. This a popular local race will take place on Sunday 10th May 2026, entries will be open from 11am on Saturday 3rd January 2026. It is advised you make a note of the opening time and date in your diary as the event is hugely popular and places get sold out quickly!



Celebrating its 30th anniversary in 2026 and opening for entries on Saturday 7th February 2026 at 11am is our fantastic Friday evening Viking Pest Control Walkington 10K and Westwood Mortgage Advisors Fun Run, which will take place on Friday 10th July 2026. Again, to avoid disappointment, please make a note of this date and time in your diary.

New members, whatever your age and fitness level, are always welcome and further details about the membership and what the Club has to offer to its members can be found on the Club's website: www.beverleyathleticclub.co.uk

BRITISH EVENTING LAUNCH EXCITING NEW-LOOK FESTIVAL OF YOUTH AT BISHOP BURTON COLLEGE

British Eventing is proud to unveil the Festival of Youth, a major new championship event launching in 2026.

Set to become the flagship destination for every rider under 21. The Festival marks a bold evolution of British Eventing's youth pathway - bringing competition, education, community and celebration together in one inspiring summer showcase.

Hosted annually at Bishop Burton College from 2026 to 2031, the Festival of Youth will bring the nation's most talented young eventers together for a week of top-level sport and unforgettable experiences on and off the field.

While the competition will always be the anchor, we are equally committed to creating a genuine sense of community, friendship, education - both equine and human - and a team spirit that runs right through the championships.

The Pony Club will play a key role within the Festival's sporting programme, strengthening the pathway between Pony Club eventing and British Eventing and the Festival will now host the Pony Club Open and a friendly BE v PC 100 friendly team competition, ensuring riders at every level feel supported as they progress.

BE Head of Youth, Darrell Scaife said: "The Festival will be a place where riders can compete at their best while also enjoying everything that makes eventing special: the friendships, the atmosphere, the learning and the sense of belonging."

"We're proud to work with Bishop

Burton College to create an environment that supports not just performance, but the whole young rider and their family."

**2026 Festival of Youth Classes
British Eventing & Pony Club classes for 2026 include:**

- National Junior Championship CCIJ2*-S
- National Pony Championship CCIP2*-S
- Regional Team Championships CCIJ2*-S
- Regional Team Championships 100L
- U18 90L
- U21 CCI2*-S
- U21 100L
- British Eventing/Pony Club 100 National Friendly Team Competition
- Pony Club Open Championship

Further details, including entry information and the full event schedule, will be released in due course.

For more information, visit: Bishop Burton College and Events Page | British Eventing

Register via email for our Youth Webinar 21st January 2026, 6pm.

A chance to hear everything about youth training and competition activity for the coming season, register by emailing: youth@britisheventing.com



WILSONS WHEELS - ON AND OFF THE ROAD

Cycling in the Winter months requires extra preparation, awareness, and care both on and off the road.

Nathan's tips are:

- 1) Start by dressing in moisture-wicking layers, including thermal gloves and shoe covers, to stay warm and dry.
- 2) Equip your bike with bright lights and reflective gear, as visibility is often reduced.
- 3) Consider for the months ahead wider, grippier tyres for better control on wet or icy surfaces.
- 4) Ride smoothly, avoid sudden braking, and reduce speed when cornering.
- 5) Off-road, be mindful of mud, loose terrain, and hidden obstacles.
- 6) Clean your bike regularly to prevent salt and grime buildup.



With the right gear and mindset, Winter cycling can be safe and enjoyable, always wear a helmet, gloves, bright reflective outer garments / hi viz vest, and keep lights in top condition.

Stay Bright in Dim Light and have a great 2026 cycling.

'TRY JANUARY' OFFERING THE CHANCE TO TRY NEW WORKSHOPS WITH £5 TASTER COURSES

East Riding residents are being offered the chance to try new learning workshops in January, as part of a new 'Learning for Leisure' project by East Riding of Yorkshire Council's Adult Learning service.

Learning for Leisure sessions will be available at East Riding Adult Learning and Employability's centres in in Beverley, Bridlington, Cottingham and Goole. Residents can book onto £5 try taster sessions on a wide variety of courses, including pottery, sewing and Spanish.

Adult Learning are also encouraging residents to take up a qualification, get help with budgeting, gain access to a digital device through the digital gifting scheme, or access wellbeing courses. There are courses to improve functional English

and Maths skills at entry-level or GCSE equivalent, which can develop skills for real-life issues in the workplace and help gain qualifications.

Councillor Anne Handley, East Riding of Yorkshire Council leader, said: "We're proud to support lifelong learning across our region, and Try January is a great opportunity to improve skills and try something new. We highly encourage interested residents to find out more and sign up to the courses available."

Residents can sign up for free Try Taster session or get in touch with the Adult Learning team to discuss available courses by calling **01482 887670**, emailing: learn@eastriding.gov.uk or visiting their website at: <https://eryc.link/try-jan>





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to see the new
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NOW OPEN: Monday - Saturday 9am - 5pm

Sunday: CLOSED - Out riding our bikes


WHAT IS IT ANSWER

Celebration Bottle Cork / Top.



WHERE IN BEVERLEY ANSWER

Ann Routh building, Keldgate.



FIND THE DUCKS ANSWER

You should have found those ducks on the Halmshaw advert on Page 31.

WHAT'S ON IN BEVERLEY

Tell us about your event!

E-mail info@justbeverley.co.uk

Telephone **01482 679947**

For more events visit
justbeverley.co.uk/pages/news

Monday 26th January

Beverley Ghost Walk

Winter 2025/26 - Outside Mountain Warehouse,
Toll Gavel. 7.15pm. Tickets on Eventbrite.

Friday 6th February

Nigel Clark (Dodgy) Live at St Nicholas'

Join us for a great night out with the legendary
Nigel Clark with Dodgy! We anticipate this
selling out quickly so get your tickets today!

With Dodgy, Nigel enjoyed chart- topping
success and critical acclaim, releasing hit
singles such as "Staying out for the Summer &
"Good Enough". The band's unique blend of
Indie & Rock quickly garnered a loyal fanbase,
and they became a staple of the UK music
scene.

Come and hear Nigel performing live in the
brilliant surroundings of St Nicholas' Church,
Holme Church Lane, Beverley, HU17 0QP.
7.30pm.

Monday 9th February

Community Cinema Event

Norwood Church, Beverley. 7pm. A group of
friends reunite as their friend, Peter's English
country estate after ten years. Each one gets an

opportunity to reassess their life choices and
help each other through an unexpected crisis.

We warmly invite you to join us again or,
for the first time, to our monthly film night. FREE
ADMISSION! A new programme running
February '26 - July '26. Due to Copyright we are
only allowed to display film titles on the Church
premises. Refreshments & Raffle from 6.30pm.
Films shown in the hall to the rear of the Church.

Monday 23rd February

Beverley Ghost Walk

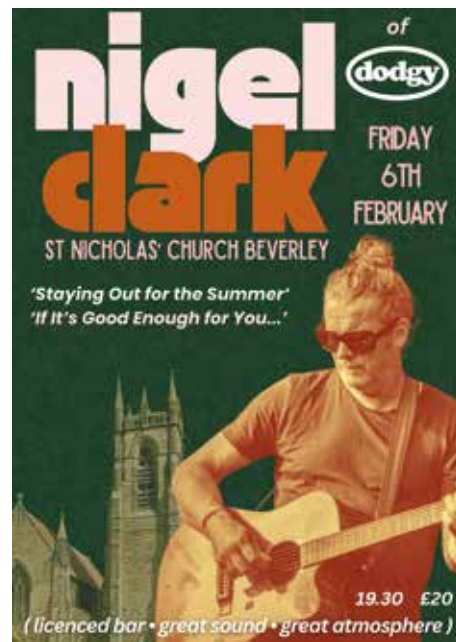
Winter 2025/26 - Outside Mountain Warehouse,
Toll Gavel. 7.15pm. Tickets on Eventbrite.

Monday 9th March

Community Cinema Event

Norwood Church, Beverley. 7pm. The powerful
story of love, passion and religious conflict.

We warmly invite you to join us again or,
for the first time, to our monthly film night. FREE
ADMISSION! A new programme running
February '26 - July '26. Due to Copyright we are
only allowed to display film titles on the Church
premises. Refreshments & Raffle from 6.30pm.
Films shown in the hall to the rear of the Church.



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Available All Day Sunday to Thursday & Friday
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AMBIENTE-TAPAS.CO.UK



Swimming Lessons at Sportsability Swim School

Availability for
intermediate (Goldfish)
swimmers from January
2026

- Small, private, heated pool
- Parents on poolside
- Max 6 swimmers per class

Scan to enquire



Pilates for Menopause at Sportsability Yoga & Pilates Studio

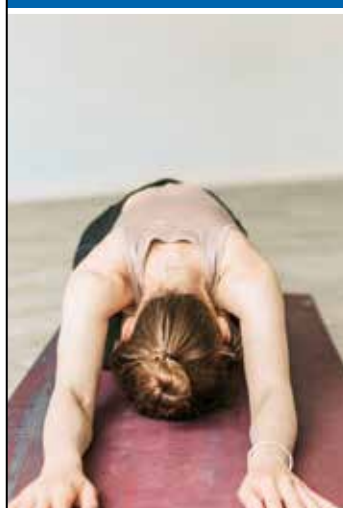
Starting Monday 5th January
2026

Monday's at 7:30pm

Friday's at 10:30am

- Helps build stability
- Protects bone health
- Supports hormonal imbalance

Scan to book



ert

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TAKE A LOOK AT WHATS
COMING UP THIS YEAR



What's On?

ert

EAST
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THEATRE



BLINDFOLD

23rd January



EMILY SLADE

24th January



KRAPPS LAST TAPE

30th - 31st January





STAGE 4 BEVERLEY

Winter Festival

Sun 8th to Sun 15th FEBRUARY 2026
Our Winter Festival is packed with all the usual events including:

Gary Stewart & Boden : **Simon Armitage**
Brian Bilston : **Alan Johnson**

The Charlotte Carrivick Band : **The Sam Kelly Trio**
The New York Brass Band : **Jacqui Dankworth**

Beverley Community Choir : **John Cambridge**
Maddie Morris : **Beverley Town Handbell Ringers**
The Saltburn Smugglers : **Horizon Stage and more...**

Plus: Workshops / Informal Concerts / Late Night Clubs



OUR VENUES FOR 2026



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box office: eastridingtheatre.co.uk / 01482 874050
beverley.parkwaycinemas.co.uk



scan for info

8th to 15th FEB 2026



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BEVERLEY
TOWN COUNCIL
WORKING AS A COMMUNITY



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Folk
DANCE & SONG SOCIETY