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ISSUE 140
SEPTEMBER

BEVERLEY

IT'S YOUR MAGAZINE

FREE

IAN HARRISON
BEVERLEY'S HANDYMAN
FOR JOBS AROUND THE HOME

NEWS, WHAT'S ON, LIFESTYLE, FEATURES, PUZZLES, PHOTOS & MORE

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www.stipendia.org.uk

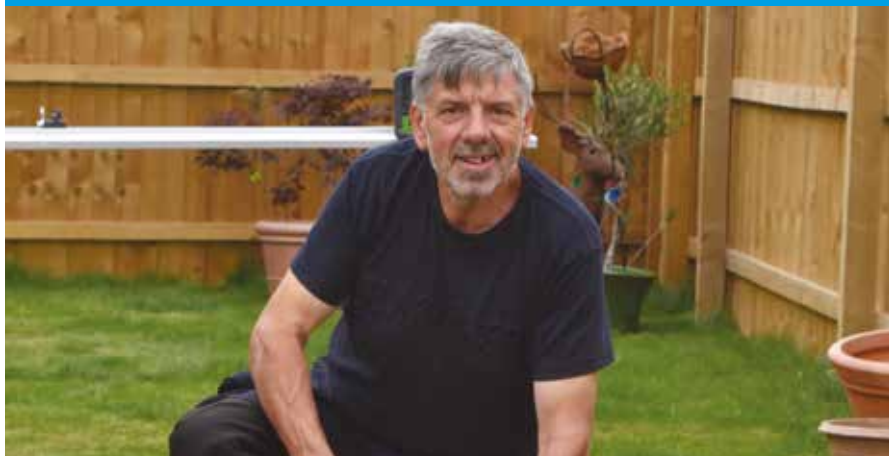


Stipendia Payroll Solutions



@StipendiaPay

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REMEMBER! If you see examples of anti-social behaviour or other types of low-level crime, do report it to the appropriate authorities. **POLICE - Emergency 999, Non-urgent 101.**

ANTI-SOCIAL BEHAVIOUR (East Riding of Yorkshire Council) - 01482 393939.

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SEPTEMBER LETTER FROM THE EDITOR



Can you spot the change on the front cover? September is the month of change, moving from Summer to Autumn.

Throughout our issue 140 we have used change as a theme, adapting to change and welcoming all that is new and different.

What will you change in a positive way this September?

At this time of year, the Autumn colours change quickly, check out Josh's column with the beautiful colours, and cycling during Autumn to keep up with your summer fitness.

Both adults and children will be embracing changes, with families adjusting to new schools, colleges or universities.

Parents prepare to get used to empty bedrooms as children move away, coping with changes in the home.

At home, in the garden or out and about, it is a month to inspire and welcome positive changes.

As always enjoy the issue.

Julian.



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ROTARY CLUB OF BEVERLEY - HELPING MAKE A DIFFERENCE

Fifty Years in Rotary

Rotary member David Learoyd, a past President of the club, celebrated 50 years as a Rotarian on 22nd July.

David, a retired local authority planning officer, was a member of Howden Rotary Club before moving to Beverley in the early 2000s. Despite his advancing years, turning 96 on 16th July, David continues to be active in serving the club and the local community and his knowledge and wisdom are highly valued.



David's milestone was celebrated at the club's annual President's Dinner at Ferguson Fawsitt in June, when he was presented with a congratulatory letter from Rotary International President Francesco Arezzo and a certificate commemorating his half century of service.

He also received the accolade of a Paul Harris Sapphire Award, an upgrade to his Paul Harris Fellowship, gained in recognition of his outstanding ongoing service to the community.

The award commemorates Rotary's founder, Chicago lawyer Paul Harris, who started the movement's first club in 1905. Since then, it has expanded to become one of the world's largest and most successful global membership and humanitarian service organisations, with 1.2 million members in over 200 countries. The first UK club was founded in London in 1912; Hull was established in 1920 and Beverley followed in 1927.

Rotary Youth Under Sail

Two fifteen-year-old pupils from Beverley Grammar School completed a five-day sea adventure aboard the 70ft sailing vessel James Cook, fully sponsored by Beverley Rotary Club.

Lucius Russell-Christmas and Thomas Evins were selected from a number of applicants from the school for this year's voyage run by Ocean Youth Trust North, who offer various maritime activities for young people.



The programme uses seafaring as a means of developing personal and social skills in the 14 to 17 age group and whilst participants do acquire some nautical skills, the aim is not to teach them how to sail. However, they are fully involved in setting and achieving their own voyage objectives and taking responsibility for all aspects of running the vessel under the supervision of skilled staff and volunteers. They also gain valuable experience of working in a team.

Our seafarers' voyage began on Saturday 8th August when they joined the James Cook in Scarborough, initially sailing to Whitby early in the afternoon and becoming accustomed to life at sea and the tasks involved.



Over the next three days they sailed south down the East Yorkshire coast, before mooring in Hull Marina on Tuesday night's hightide, involving, we are told, the daunting task of manoeuvring through the lock with the Humber running high and rough.

The boys, full of enthusiasm, were met at the Marina by and their families and Rotarians on Wednesday after completing their final tasks aboard.



They will be joining us with their parents at our club meeting at Ferguson Fawsitt on 23rd September to share their experiences.

Future meetings

We meet twice monthly at Ferguson Fawsitt, Walkington at 17.45 for a meal at 18.15.

Our next meeting is on 9th September when our two food experts, Julie and Yvonne, otherwise known as the Tickton Tarts, will give a talk about Betty's Tearooms, which is sure to be both informative and amusing.

If you are interested in joining Rotary or would like more information, please go to our website at <https://tinyurl.com/RCBeverley> for a contact form, or scan this QR code.



STIPENDIA CELEBRATE 13 YEARS IN BUSINESS

Celebrating 13 years in business is a significant achievement for Stipendia Payroll Solutions, marking more than a decade of supporting businesses with reliable, professional payroll services.

Lynne Auton commented, "We set out to build Stipendia's name on reputation, accuracy, confidentiality and deliver a personal approach. We continue with the same goals as we celebrate our 13th Birthday".

Lynne continued, "Payroll is an essential part of every organisation, and having a trusted partner to manage the complexities can give business owners and managers valuable peace of mind whilst improving business performance".

Over 13 years, businesses have faced changing legislation, evolving technology and increasing administrative demands. Stipendia Payroll Solutions has continued to adapt, helping clients navigate these changes while keeping their payroll running smoothly and efficiently.

This anniversary is not only an opportunity to celebrate the business, but also to recognise the clients, colleagues and professional connections who have contributed to Stipendia's success.



MORE THAN 100 FREE EVENTS - HERITAGE OPEN DAYS - 11 TO 20 SEPTEMBER 2026

There's plenty to do across the East Riding in September and the Beverley Civic Society has again produced a bumper programme including venues and events across the county.



Some familiar locations in Beverley, normally closed to the public, will be open, such as Norwood House, the home of Bostonair; Beverley Friary which was very popular last year, and the former Beverley Savings Bank on Lairgate.

For those interested in WWII there will again be guided tours of the anti-aircraft battery on Butt Farm.



Once again Laurel Vines is offering tours of the vineyard and after this hot summer there may be a vintage harvest; why not visit and ask them?

Barges on the Beck will once again be offering trips and visits to the recently restored Syntan barge. Visit the Bell Tower and the Priest's room at St Mary's.

Join the walks around Molescroft, the Queensgate Cemetery looking at WW1 and WW2 graves or a walk in Cottingham or Hedon, or Goole or more locally a walk around Beverley highlighting buildings in the town whose uses have changed over the years.

And don't forget the guided tour of the Minster highlighting some key features of the eighteenth century restoration work; how did they push the falling wall back into place three hundred years ago?



Find out about the occupants of Cherry Corner over the last four hundred years from the brochure and then visit the house in Etton to see what the new occupants have found.

The 48 page free brochure is available from local libraries, churches, cafes and hotels or you can search the web using this link - www.heritageopendays.org.uk and then search "what's on" for Beverley.



All venues and events are FREE and the brochure has been supported by VEY (Visit East Yorkshire), Beverley Town Council, the Yorkshire Wolds Heritage Trust, the Georgian Society of East Yorkshire, the Friends of Beverley Minster and the Beverley Civic Society.

A BIG BEVERLEY WELCOME TO THE LLOYDS TOUR OF BRITAIN

Beverley is getting ready to give the Tour of Britain a spectacular welcome, with the historic North Bar set to become a colourful focal point when the race finishes Stage Three by Beverley Westwood on Friday 4th September.

Beverley Town Council is organising and funding a special "Welcome to Beverley" route dressing around North Bar, transforming the town's historic gateway into a vibrant welcome for the riders and spectators.

Three large welcome banners will be installed around North Bar, creating a clear and colourful "Welcome to Beverley" message for the riders as they enter the town. The area will also be decorated with colourful Tour of Britain-themed bunting, helping to create a celebratory atmosphere at this focal point of the route.

Spectators will be able to get involved too. 250 hand-waving flags will be provided by Beverley Town Council for people to wave as the riders pass, giving everyone the chance to play their part in creating a big Beverley welcome. Visitors are encouraged to come along, take a flag and cheer the riders as they race through the town. The flags can then be kept as a keepsake to remember the event.

The race will enter Beverley via Molescroft Road before continuing along New Walk and turning onto York Road immediately beside North Bar.

This makes the historic landmark one of the most prominent locations on the route and a fantastic place to watch the action.



The Town Council has secured a £500 Lloyds Tour of Britain Community Grant from the Hull and East Yorkshire Combined Authority towards the celebrations, following a successful application supported by Hull and East Yorkshire Mayor Luke Campbell MBE. Beverley Town Council is also making a significant financial contribution towards the overall cost of the route dressing.

Beverley Town Mayor, Councillor Cheryl Giles, said: "This is a fantastic opportunity for Beverley to come together and give the Lloyds Tour of Britain

a really warm Yorkshire welcome. We want riders to see those banners as they enter Beverley, with North Bar dressed in bunting and hundreds of people waving flags and cheering them on.

"I would encourage everyone to come along, bring the family and join us at North Bar. Whether you are a cycling fan or simply want to experience the excitement of a major sporting event coming through our town, it will be a wonderful spectacle."

The Town Council is also encouraging businesses around North Bar to join the celebrations by decorating their own frontages, helping to extend the colourful welcome along the route. The decorations will be installed ahead of race day, creating a striking backdrop for spectators, photographs and coverage of the race as it enters the town.

The event is free to attend and open to everyone. Residents and visitors are encouraged to come into Beverley, enjoy the atmosphere, support local businesses and get ready to wave, cheer and welcome the Tour of Britain to Beverley! Come to North Bar on Friday 4th September and join us in giving the riders a fantastic Beverley welcome! The race is currently expected to reach the town between 3pm and 4pm, although we recommend arriving a little earlier to make sure you don't miss the action. Bring the family, grab a flag and get ready to wave, cheer and welcome the Tour of Britain to Beverley!

IAN HARRISON - BEVERLEY

Beverley handyman Ian set up his business in 2020, and since then has continued to provide a good service to existing and new clients in and around Beverley.



Ian commented, "There are always jobs that need doing, and autumn is a busy time of year. The changing seasons and weather brings both challenges and opportunities for varied work. I keep a lookout on the weather, and plan accordingly, keeping opportunities open to complete jobs inside and out, whilst ensuring my clients are happy."

Ian added, "Reliability is one of the most important qualities. Knowing that someone will arrive when promised, complete the work properly and leave everything tidy provides my customers with reassurance and peace of mind".

Ian Harrison, has built up a good reputation as a community "Beverley" handyman, taking pride in his work, understanding that his reputation is built through every job, however large or small.

Being local also brings Ian another valuable benefit: word-of-mouth recommendations. Ian, whilst providing a good service, understands that in business it is great when their customers are happy, they then recommend them to family, friends, neighbours and colleagues. Working in and around Beverley, personal recommendations support the promotional activities, one satisfied customer can introduce several new potential household clients.

Ian continued, "Word of mouth also creates trust. People are naturally more comfortable inviting someone into their home when they have been recommended by somebody they know".

Over time Ian has been able to build strong relationships in the local community.

And over the past 6 years, Ian has been able to grow his reputation as the Beverley handyman and is now not simply someone who fixes things, but a man who provides a dependable local service, helps people maintain their homes and continues building on his reputation through quality workmanship, reliability and the recommendations of satisfied customers.

Ian commented, "As we move towards the autumn, the work tends to move more towards putting up shelves, assembling furniture, hanging pictures, repairing fixtures or tackling those small maintenance tasks that can easily be put off".

When you see Ian's van going from job to job, you can be assured he is busy keeping on top of the weather, embracing the seasonal change and ensuring his clients homes are looking tip top.



Ian Harrison - Beverley's Handyman.
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Email: ianharrison68@icloud.com
Website: www.ian-harrison.com



'S COMMUNITY HANDYMAN



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- Picture Hanging
- .. and so much more



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www.ian-harrison.com



EVERY THURSDAY (Doors open 9.30am)

Join us for a free brew and enjoy some great films on Beverley Parkway's Big Screen.
Only £5 (or £6 for newer releases) with drink and biscuits included. Aimed at 55s & over. Films subject to change.

Thursday 3rd September -

The End of Oak Street (£6)

Starring: Anne Hathaway, Ewan McGregor, Maisy Stella.

The Dog Stars (£6)

Starring: Jacob Elordi, Josh Brolin, Margaret Qualley, Guy Pearce.

Thursday 10th September -

The Dog Stars (£6)

Starring: Jacob Elordi, Josh Brolin, Margaret Qualley, Guy Pearce.

Spa Weekend (£6)

Starring: Isla Fisher, Leslie Mann, Anna Faris, Michelle Buteau.

Mutiny (£6)

Starring: Jason Statham, Annabelle Wallis, Roland Møller, Adrian Lester.

Thursday 17th September -

Spa Weekend (£6)

Starring: Isla Fisher, Leslie Mann, Anna Faris, Michelle Buteau.

Mutiny (£6)

Starring: Jason Statham, Annabelle Wallis, Roland Møller, Adrian Lester.

De Gaulle: Résistance (£6)

Starring: Simon Abkarian, Niels Schneider, Thierry Lhermitte, Karim Leklou.

Thursday 24th September -

De Gaulle: Résistance (£6)

Starring: Simon Abkarian, Niels Schneider, Thierry Lhermitte, Karim Leklou.

Pressure (£6)

Starring: Andrew Scott, Brendan Fraser, Kerry Condon, Chris Messina, Damian Lewis.

Practical Magic 2 (£6)

Starring: Sandra Bullock, Nicole Kidman, Joey King, Lee Pace, Maisie Williams.

These are the films scheduled to open in September - all are subject to change.
Check out up-to-date cinema listings at www.justbeverley.co.uk/cinema-times



The Incomer

From 4th September
Starring: Domhnall Gleeson, Gayle Rankin, Grant O'Rourke, John Hannah.



Pressure

From 9th September
Starring: Andrew Scott, Brendan Fraser, Kerry Condon, Damian Lewis.



Oasis: Don't Look Back in Anger

From 9th September
Starring: Liam Gallagher, Noel Gallagher.



Shaun The Sheep: The Beast Of Mossy Bottom

From 11th September
Starring: Justin Fletcher, John Sparkes, Kate Harbour, Richard Webber, Emma Tate.



Runner

From 11th September
Starring: Alan Ritchson, Owen Wilson, Rodrigo Santoro, Leila George.



Practical Magic 2

From 11th September
Starring: Sandra Bullock, Nicole Kidman, Joey King, Xolo Maridueña.



Fall 2: Deadpoint

From 11th September
Starring: Harriet Slater, Arsema Thomas, Grace Caroline Currey.



De Gaulle Part 2: Liberté

From 18th September
Starring: Simon Abkarian, Niels Schneider, Thierry Lhermitte, Karim Leklou.



Resident Evil

From 18th September
Starring: Austin Abrams, Zach Cherry, Kali Reis, Paul Walter Hauser.

YOUR LOCAL INDEPENDENT CINEMA



JOIN US FOR SOME GREAT FILMS AND LIVE SHOWS THIS SUMMER

THE INCOMER

On an Orkney isle, siblings Isla and Sandy hunt birds and talk to mythical beings while fighting off outsiders. Their lives change when Daniel, an awkward official, arrives to relocate them. Starring Domhnall Gleeson, Gayle Rankin, Grant O'Rourke, John Hannah.

From 4th September.



PRESSURE

In the tense 72 hours before D-Day, and the fate of the free world hanging in the balance, Pressure follows General Dwight D. Eisenhower and Captain James Stagg as they face an impossible choice - launch the largest and most dangerous invasion in history or risk losing the war altogether.

From 9th September.



SHAUN THE SHEEP

Everyone is looking forward to Halloween on Mossy Bottom Farm - until the clumsy Farmer trashes the Flock's beloved pumpkin patch! But when Shaun turns mad scientist to fix the problem, things rapidly spiral out of control. With the Farmer missing and a wild beast roaming the woods of Mossingham, all the ingredients are in place for a monstrously fun family adventure...

From 11th September.



PRACTICAL MAGIC 2

Back in 1998, Nicole Kidman and Sandra Bullock lit up this empowered fantasy-romance as sibling witches battling the vengeful spirit of an abusive ex-boyfriend. At last, in 2021, novelist Alice Hoffman penned a sequel, and now both megastars are onboard for the adaptation.

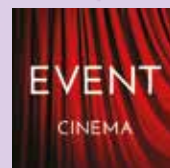
From 11th September.



FALL 2: DEADPOINT

Overwhelmed by her sister Hunter's death, Jax (Slater) connects with Luce (Thomas), Hunter's fearless friend. To heal, they attempt the infamous plank walk of Mount Kwan in Thailand. After a sudden rockslide leaves them stranded on a fragile plank 3000 feet in the air, Jax must confront her deepest fears and fight for survival to find closure.

From 11th September.



Event cinema offers something a little different to mainstream films. Live and pre-recorded shows beamed in via satellite from all over the world. Here are the latest live streams that you can enjoy on the big screen at Parkway Beverley.

Saturday 19th September, 6pm -

Twenty Years of the Met in Cinemas

A celebration of the Met's two decades of onstage glory.

Saturday 19th September, 6pm -

The Wrong Trousers with Live Brass Band (U)

Experience the Oscar-winning Wallace & Gromit adventure The Wrong Trousers with its brilliant soundtrack performed live by the City of Hull Brass Band. Follow Wallace, Gromit and the villainous Feathers McGraw in this hilarious tale, then enjoy a short concert packed with family favourites.

Saturday 3rd October, 6pm -

The MET: Così fan tutte

Phelim McDermott's colorful and inventive staging, inspired by Coney Island in the 1950s.

Saturday 17th October, 6pm -

The MET: Macbeth

Two of opera's most extraordinary artists return to The Met.

Tuesday 20th October, 6pm -

Macbeth (MET Opera)

Tuesday 27th October, 7:15pm -

Manon (Ballet)

Tuesday 10th November, 7pm -

Carmen (Opera)

Tuesday 1st December, 7:15pm -

The Nutcracker (Ballet)

Saturday 5th December, 5pm &

Saturday 23rd January 2027, 6pm -

The MET: Samson et Dalila

Tuesday 26th January 2027, 6pm -

La Fanciulla del West (MET Opera)

Wednesday 3rd February 2027, 4.45pm -

Götterdämmerung (Opera)

Tuesday 23rd February 2027, 6.45pm -

Così fan Tutte (Opera)

Saturday 20th March 2027, 5pm -

The MET: Silent Night

SAVINGS MAKE IT HAPPEN: BEVERLEY BUILDING SOCIETY BACKS UK SAVINGS WEEK 2026 WITH BRANCH ACTIVITIES AND EXPERT GUIDANCE

Beverley Building Society is encouraging local people to make their money work harder as it throws its support behind the Building Societies Association's UK Savings Week campaign, running from 21 - 27 September 2026.

New figures show that building society savers received an additional £2.1 billion in interest last year, yet around £300 billion held in savings accounts still earns no interest at all, highlighting the opportunity for many households to review where they keep their money and maximise the returns on their savings¹.

During the week of the Campaign, Beverley Building Society will be supporting this year's UK Savings Week with a range of engaging activities and information sessions at its Saturday Market branch in Beverley.

The initiative aims to help people across East Yorkshire build financial resilience, develop positive savings habits and gain confidence in managing their finances.

Whether saving for a first home, a wedding, a new car, a dream holiday or simply creating a financial safety net, Beverley Building Society believes that even small, regular contributions can make a meaningful difference over time.

The Society is encouraging local people to take the opportunity to review existing savings accounts, set realistic savings goals and explore whether their money could be earning more through higher interest rates or products better suited to their needs.



Whatever you're saving for, regular contributions can make it happen.

Based on amounts that earn just 3% interest, the UK Savings Week website advises that saving £10 a week would give you over £121 in a year, while £50 a week would bring in over £609.

The Campaign advises that it's never too early to start a great savings habit as many communities offer school outreach programmes, helping younger generations understand the value of building a savings habit for the future.

While the Society continues to invest in modern technology, its heart remains firmly in its founding values that are rooted in exceptional service, which prioritises human connections, in an increasingly automated age.

The Society has a wide range of Savings products for people to choose from and has also recently launched a Regular Saver Cash ISA, offering customers the opportunity to save regularly online, while benefiting from annual tax-free interest, subject to HMRC ISA rules and limits.

Kat Kitson, Head of Member Experience at Beverley Building Society, said:

"UK Savings Week is a fantastic opportunity to start conversations about money, savings and financial wellbeing. At Beverley Building Society, we're passionate about supporting our local community with practical guidance and encourage people to develop savings habits that work for them, and I'm delighted that our Regular Saver Cash ISA now gives people even more choice."

"We're looking forward to welcoming customers into our branch throughout September, sharing tips and ideas, and helping people explore ways to make their money work harder. Savings don't have to feel like a chore. With the right approach, they can be empowering, rewarding and life changing."

UK Savings Week is a nationwide campaign led by the Building Societies Association, designed to raise awareness of the importance of saving and encourage people across the UK to take positive steps towards greater financial resilience.

For more information about Beverley Building Society's savings products visit www.beverleybs.co.uk or call into the Society's branch in Saturday Market, Beverley to talk to their friendly team.

You can also visit: www.uksavingsweek.co.uk for tips on great savings habits.

Source¹ - www.theoriginalmoneymovement.co.uk

Tel: 01482 881510

Email: Mortgages@beverleybs.co.uk

Est
1866

BEVERLEY
BUILDING SOCIETY
Building Better Futures

Authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Registered Number 206064.



For some of the best spoken word poetry in Yorkshire...



The 8th High Wolds Poetry Festival

Saturday 26th September

10-5pm

Bishop Burton Village Hall, HU17 8QJ

ALL welcome * Free entry * 50+ Poets * Festival Book * Festival artwork

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Doors open 10am, spoken word sessions start at 10:45 am, regular breaks, lunch at 1pm.

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MUSEUMS**

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Email: highwoldspetry@gmail.com / follow us at @highwoldspetry



The Ferguson Fawsitt



OPENING HOURS

MON & TUES:
12:00-LATE

WED-SAT:
09:30-LATE

SUN:
12:00-LATE

What's on at the Fergie

Monday Evenings (weekly, excluding the 3rd Monday of the Month and Bank Holidays) -

Viewfinder Photographic Society - a friendly Walkington based club for photography enthusiasts of all abilities.

1st Wednesday of the Month - Porsche Club

1st Thursday of the Month - Bingo from 2pm

Last Thursday of the Month - Fergie Live Lounge -

1st Friday of the Month - Quiz Night from 8.45pm



WEDNESDAY TO SATURDAY:
AFTERNOON TEA 12PM to 5PM
www.fergusonfawsitt.co.uk
tel: 01482 526317

OPEN
7 DAYS

FOOD HOURS

MON & TUES:
12:00-19:30

WED-SAT:
09:30-20:00

SUN:
12:00-18:30

ARE MILLENNIALS FAILING TO PROTECT THEIR FUTURE?

For many people in their 30s and early 40s, life can feel like a constant balancing act - managing a mortgage, building a career, raising a family and trying to keep up with day to day costs.

With so much focus on the here and now, thinking about long-term protection can easily fall down the priority list. This could leave many financially exposed to unexpected events.

Millennials, those aged around 30 to 45, are at a defining and often stressful stage of life.

In the UK, on average people move in with a partner at 28, have their first child at 29, marry at 31 and buy a home at 36. At the same time, they work towards peak earnings, which tend to come around age 47.¹

With such constant change, many barely have the time or inclination to stop and think about future risks - especially the unwelcome ones. But being proactive can pay off.

The protection gap

No one likes to think about worst-case scenarios, but that's exactly what insurance is for. The financial consequences of serious illness, injury or death can be significant. Mortgage payments, household bills and childcare costs don't stop simply because circumstances change. For many families, the question is whether they would be financially prepared if life took an unexpected turn.

Different forms of protection can help with different challenges. One policy might help support your family financially if you die, while another could provide an income if illness or injury prevents you from working.

Some policies can also provide a lump sum if you're diagnosed with a serious medical condition. The right approach will depend on your circumstances and priorities.

Having cover in place can bring relief and peace of mind. And yet, many people don't have a policy in place - or indeed, the right one.

This is not limited to millennials. Despite the risks, relatively few people have protection in place. In the UK, only around one in ten hold life insurance and even fewer have income protection.²

This highlights a clear protection gap - the difference between what people may need and what they have. A key reason for this is a lack of awareness. Research by the Financial Conduct Authority shows that those without protection may have never considered their needs.³

In general, key life events should trigger a review of protection needs. Buying a home, changing jobs or being promoted, getting married or having children should all prompt a rethink. Millennials face many of these changes at once, which increases their exposure.

The cost of waiting

Many people may overestimate the cost of cover.

Policy prices vary widely but may well cost less than people expected, particularly when taken out early in life - although the price will always depend on individual circumstances.

In some cases, it may be possible to lock in a price for many years. Someone in good health may be able to secure lower rates early and keep them for the long term. This is because life offices calculate prices based on risk, which increases with age.

It is also important to understand how cover is used. Insurance can pay off a mortgage or any debt in full, fully fund the education of children or cover other major costs.

If you have active protection through your employer, it is worth checking the details. Employer benefits can be valuable, but they may not provide as much cover as you need.

It's worth checking exactly what is included and when payments would begin if you were unable to work.

Protecting tomorrow

The reality is that many people only think about protection after something has gone wrong. Yet waiting to buy insurance until after illness strikes can severely limit cover options.



We replace uncertainty with **clarity, confidence, and control** so you can focus on the freedom of living your life.



How We Can Help You

- Mortgages
- Protecting You & Your Estate
- Retirement Planning
- Investment Planning
- Long Term Care Planning
- Corporate Financial Planning

The Partner Practice is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the group's wealth management products and services, more details of which are set out on the group's website www.sjp.co.uk/products. The 'St. James's Place Partnership' and the titles 'Partner' and 'Partner Practice' are marketing terms used to describe St. James's Place representatives.

St. James's Place

SJP Approved 20/01/2026



01482 379504



NavigationWM@sjpp.co.uk



www.navigationwm.co.uk



Policies will almost certainly be more expensive or could even be unavailable depending on the state of your health.

Taking time to consider it earlier can give you more choice, more flexibility and, importantly, greater reassurance about the future.

Protection isn't about expecting the worst to happen. It's about making sure that if life takes an unexpected turn, you and your loved ones have a stronger financial safety net to fall back on.

For more information on protecting your future, visit www.navigationwm.co.uk or contact us at our Beverley office on **01482 379504** for more information.

Sources:

¹ Office for National Statistics - Milestones: journeying through modern life - April 2024.

² Financial Conduct Authority - Pure Protection Market Study - January 2026. The quantitative research comprised 14,226 online interviews with a nationally representative sample of adults aged 18-plus with online access.

³ Financial Conduct Authority - MS24/1: Pure protection market study - March 2026.

Four Generations, Giving Over 130 Years Service

Herbert
1870-1962

Eardley
1908-1986

Geoffrey
1939-2015

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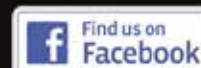
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A WARM WELCOME AWAITS AT CHERRY GROUP'S REFURBISHED BEVERLEY SHOWROOM

There is something satisfying about seeing a local business invest in its hometown, and Cherry Group has done exactly that.

The Beverley home improvement specialist has spent recent months transforming its Beck View Road showroom, and on **Friday 18th September** the doors will swing open for everyone to take a look.

The re-opening event runs from midday until 4 pm and is a relaxed, drop-in event with no appointment necessary. Simply call in when it suits, have a proper look around, and ask as many questions as you like.

The refreshed showroom brings the full range together under one roof, from windows and

composite front doors to bi-folds, sliding doors, and the hardware and finishing touches that make all the difference.

You can also view their Leka Modular Extension if you are weighing up extra space without the upheaval of a full extension.

What a showroom really offers, of course, is the chance to see things properly. Brochures and websites are useful starting points, but nothing beats running your

hand along a frame, testing a door's weight as it closes, or holding two colours side by side in natural light.

Cherry Group works with respected names such as Origin alongside its core ranges, so there is genuine choice across styles and budgets.

The team will be there throughout the afternoon, including the team



members who handle quotations, fitting and aftercare, so you can put a face to the name well before any decisions are made.

Whether you are ready to start a project this autumn or simply gathering ideas for next year, you will be very welcome.

Cherry Group, Unit 2, Beck View Road, Beverley HU17 0JT.

The showroom re-opening event takes place on Friday 18th September, 12pm to 4pm.

For more information call 01482 770621 or visit cherrygroup.uk



SHOWROOM RE-OPENING EVENT

 **Friday 18th September**

 **12:00 - 16:00**

Join us for refreshments and chat to the team in our newly refurbished showroom.

No appointment necessary, all welcome!



Unit 2, Beck View Road, Beverley, HU17 0JT

GET IN TOUCH
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www.cherrygroup.uk



SELLING YOUR HOME THIS AUTUMN WITH JAYNE AT LINK AGENCY

Autumn can be an excellent time to consider selling your home, but it is also a period of change. As the leaves turn brown and the days become shorter, preparing your property carefully can help create the right first impression for potential buyers.



Tips from Jayne:

Start by making the outside of your home welcoming. Clear fallen leaves, tidy paths, clean windows and ensure gardens remain neat.

Inside, decluttering is particularly important. Removing unnecessary furniture and personal belongings can make rooms feel larger and help buyers imagine themselves living there.

Address those small maintenance jobs. Some jobs may have been overlooked during the summer. Check gutters, heating systems, lighting and doors, ensuring everything feels and looks well cared for.

Selling a home often means preparing for significant changes, whether moving locally, downsizing or starting a new chapter elsewhere. Jayne commented, "As a local independent, personal estate agent, I can provide valuable advice on presentation, pricing and marketing, helping make the transition as smooth and positive as possible".

Small jobs each day help keep the property looking its best, as maybe it will be on someone's radar tomorrow.

Jayne Morgan MNAEA, Jayne at Link Agency - Personal Estate Agent.
Tel: 01482 699007
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IN THE GARDEN - PLANNING AHEAD

We can never fully predict the weather, it has been a hard summer on all levels. The temperatures have been exceptionally high, and we have had little or no rain for many months.

Plants have flowered early from high stress levels due to the heat and lack of water, and some have not even survived. Planning ahead for the following year is important, and if we do experience rain in the autumn and winter months then it will be a time to add organic matter to the soil in the form of compost or manure which will open up the structure allowing root growth and if there are heavy bouts of rain then the soil can take in the water and the risk of flooding will be reduced.

One of the key things I have found this year is to plant closely, naturally giving the ground cover, which can also act as a weed suppressant. The borders in my garden that I planted with evergreens over twenty years ago, have managed to cope with not being watered this year. They do however have a yearly addition of mulch, a mixture of composted leaves from the trees in the garden, but if you do not have this option available then a good layer of bark will hold in the moisture, which also cools the soil and adds fertility. Do however wait until there has been sufficient rain.

The thought of creating semi shaded areas in the garden can prove to be a positive on many levels. It is nice to have the option to sit in full sun, but a semi shaded area can be very calming, a place to breathe.

As I have mentioned in previous articles, think about the addition of a water butt, that can be connected to the house or a shed, and always, if possible, water in the early morning. One thing I read about recently, in a history book,

was the creation of furrows between the rows of vegetables in effect creating a dip so when it does rain the plants will be able to take the water directly to their roots.



At the beginning of August, I spent the day clearing the vegetable beds in the large kitchen garden in preparation for winter crops as you can see in the photograph it is completely empty apart from the large bed of leeks. A lot of the crops had been damaged from the heat and were not going to survive through the winter months.

Likewise, because of the varying temperatures I have held back planting out winter crops into the garden, but as you can see in the greenhouse, they are ready to plant out.



My mood is always lifted when I am out in the garden especially when the young robin is only a matter of inches away from my hand.



The red breast is still speckled which indicates the young age of the bird but the confidence they have in close proximity to myself whilst digging the soil is wonderful. They know they are safe.

Whilst typing this article I have just seen two dragonflies sat on the rose bush. What a beautiful, inspirational image.

I recently gave a talk to local gardening club, and the subject came up about the heatwave of 1976 and the use of standpipes. One lady I was speaking to remembers this vividly.

The temperatures had risen to 35 degrees, and the dry period had lasted from the beginning of May until the end of August when the rain began to fall. It was apparently the wettest September and October since records had been recorded from 1727!

Although it is getting late in the season there is still enough time to sow salad crops, such as spinach, salad onions winter purslane and also rocket. All of which are invaluable.

They can all be grown in small vegetable beds in semi shade. As I have said previously if you have the space then perhaps look to purchase a cold frame, just in case we have a cold spell.

<https://ordinarygardener.com>
Julie Dowding

I'VE BEEN THINKING... SAYS COLIN RAYNOR

Regular readers of this column may recall my personal reluctance to enter into water of any depth. So no swimming in the sea or deep water of any kind, for me just maybe occasionally a paddle with grandchildren, many years ago.

Now you can add another total dislike to the character of mine and that is fire. I do not mean of course the household fire that warms us all during the coldest months of the year. No, I mean the disastrous fires that we have been reading about, and indeed seeing, that has destroyed the homes and lands of so many people.

These fires have occurred thousands of miles away from our country and we have been able to shut off the horrific television images that are brought into our own front rooms.

We can only hope and trust that each country has men and women, such as we have, to help them in their struggle to end the many conflagrations. Do we take for granted our fire services or do we truly give thanks that when the need arises help is but a telephone call away?

We are fortunate to live in a small quiet cul de sac of some fourteen houses convenient for shops, bus stops and play areas for the delightful small children who have come to live amongst us recently. We have lived here for over twenty years and I think I can state truthfully there has been

very little what one might call dramatic incidents taking place... until recently. The consistent warm weather meant that our house, like many other houses, had the windows open and so we became aware that dark smoke was sweeping down the road from the top of the cul de sac.

It was the middle of the afternoon and by the time we had stepped outside our house to see what was causing the smoke, quite a few of our neighbours were gathered at the top of the street.



There was obviously a fire of some kind on our side of the cul de sac, although some four houses away from us. A call had been made to 999 and suddenly our quiet little road had two fire engines and an ambulance "in attendance" giving us all the assurance we required.

Not venturing too close we were told it was the garage that had caught fire. Thankfully it was the only house with a separate garage that suffered severe damage but there were no injuries or harm

to any human beings. All that took place a little while ago and all is now back to normal.

The fire service took the opportunity to give leaflets to all the residents informing them that a fire safety officer could call and check each household for safety.

With the knowledge that the experts know what is potentially dangerous when the ordinary householder does not, we will certainly be taking up that offer.

Such a situation as I have described is of course nothing like the citizens of Greece, Spain, France, Italy and the Netherlands have experienced. It will no doubt take them years to rebuild their communities including the loss of many loved ones.

We have much to thank our fire services for in this country who have had to cope with the fires raging over the parched land due to the unusually warm weather.

Surely it is our personal responsibility to ensure we do not cause, inadvertently or otherwise, such fires that often take great care and courage from the men and women who fight to ensure the damage to people and property is limited.



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Thursday 29th October, 4pm - 7pm

Our panel of experienced professionals will provide practical insights into important topics, including funding care, mental capacity, Wills, and Lasting Powers of Attorney.

Chapter House care home, Beverley

Planning future care

Wednesday 30th September, 2pm - 4pm

Josh Richardson, Financial Advisor will explain the options for funding long-term care, including the benefits you may be entitled to and how you can help your savings go further.

**To attend please call 03301 623 783 or visit
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Mary, care home resident

At Care UK's Beverley Parklands and Chapter House in Beverley, every resident is supported to live their life the way they choose. Our experienced teams take pride in offering quality residential, dementia and respite care.

Mary, a Care UK care home resident, shares how the home's quality care has made her feel cared for and secure after a life-changing fall shook her confidence.

'They're trained to a very high level'

Mary moved into a Care UK care home after experiencing a life-changing fall. She recalls being met with tender care and concern. "I feel safe with the care team and other colleagues. I trust them implicitly," she says. "They set very high standards of honesty, and I also feel that they're trained to a very high level."

Care UK's approach to quality care is marked by some of the highest quality ratings of the UK's larger care providers, and its status as the most awarded care home group. In Mary's experience, high-quality care has been the standard from day one. "It's wonderful having a team around me to know that if I'm in trouble they will come." But beyond this, a warm, family feeling is what makes it feel like home. "The team become friends, which is wonderful because you leave your

www.justbeverley.co.uk



home, and life is totally different," Mary says. "They're all so friendly and caring."

'A wonderful, safe feeling'

At 88, Mary lives with COPD and has difficulty walking, but she manages well because of the dedicated team's round-the-clock support. "It's a wonderful, safe feeling. At home, there wouldn't be anyone around because I was alone. Here, I get a wonderful feeling of security."

Mary's family feel she is in good hands too. Her two children who live abroad don't have to worry about her living

alone anymore, and her daughter who lives nearby is also kept up-to-date and enjoys popping into the home frequently. "Everybody is incredibly happy that I'm here."

Trust us to care

Our approach to quality care is based on best practice and the latest evidence, so you can trust your loved one is safe and comfortable.

Care UK is a leading independent care home provider with some of the highest quality ratings of the UK's larger care providers, and over 40 years' experience of delivering high-quality care to older people.

For more information about Beverley Parklands and Chapter House in Beverley, call 03301 623 783 or visit careuk.com/hull

IN THE PICTURE WITH JOSH

As we move into Autumn there are plenty of opportunities for photography. Apart from stunning Autumnal sunrises and sunsets, there are lots of great night and Astro photography locations where you can capture the moon, meteor showers and even the Northern Lights if you are really lucky!

There's also cityscapes and light trails to try, in the event that the skies are too cloudy to photograph any astrological events.



For any long exposure photography, you'll need a sturdy tripod that won't move around if it's windy.

A trigger release is also handy if you have one, or you can just use the timer setting if you don't, as this will prevent you from accidentally moving the camera and blurring the photo.

Composition is very important for night photography, a nice starry sky looks incredible, but having an interesting foreground or point

of interest always makes the photo in my opinion.

If you're photographing cityscapes or light trails and there are no stars in the sky then you can do 30 second exposures, or longer using filters, to capture as much movement as possible.

If you're photographing stars, then they will start to blur after about 25-30 seconds because of the movement of the earth.

This means you might not get as much light on foreground subjects as you'd like so it's handy to take a spare torch with you to do some light painting during the exposure.

You can find more information about my work and full portfolios on my website and my social media pages and if you have any questions don't hesitate to get in touch.

Instagram: [@joshharrison.photography](https://www.instagram.com/joshharrison.photography)
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SSAFA - HELPING EX-SERVICE PEOPLE ADAPT TO CHANGE

Leaving the Armed Forces can bring significant changes to everyday life. After years of following military routines, working as part of a team and serving their country, adapting to civilian life can sometimes be challenging. This is where SSAFA, the Armed Forces charity, can make a real difference.

SSAFA supports serving personnel, veterans and their families with practical, emotional and financial assistance. Whether someone needs help with housing, employment, finances, mobility or simply someone to talk to, its network of volunteers and staff can provide valuable guidance.

For many ex-service people, asking for support can be an important first step towards adapting to a new chapter.

SSAFA helps people recognise their skills and experience, rebuild confidence and find practical solutions to everyday challenges.

Change is part of life, but no one should have to face it alone. SSAFA's support can help veterans and their families move forward with confidence, dignity and independence.

Can You Help? Get in touch with SSAFA East Yorkshire:

Tel: 01964 552 837.

Email: eyorks.branch@ssafa.org.uk

Website: ssafa.org.uk

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2026 - Your Veterans Need You!

SSAFA urgently need a Branch Secretary, admin support and caseworkers.

The Branch Secretary serves as key figures in supporting those who have served their country, ensuring they receive the assistance and resources when in need after protecting our country.

It's a role that requires dedication, compassion, and a commitment to serving others, offering immense personal satisfaction and the opportunity to positively impact the community.



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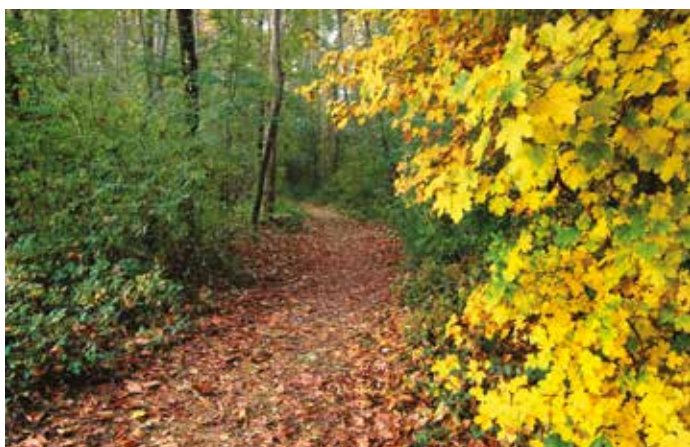
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CHANGE IS A COMING AND HOW HYPNOTHERAPY CAN HELP YOU MANAGE YOUR MIND

The world is in a constant state of flux, as are our own lives, and this has always been the case since the beginning of time. So why worry? Worry doesn't change anything and only stops us enjoying the present moment, which is, in reality, the only moment we have. Enjoy NOW rather than dwelling on the past or dreading the future.



Easier said than done you may say, but the ability to manage change is a state of mind that we can develop and grow. Change can be a challenge or an opportunity, and September is a month of transition. The seasons begin to turn, children return to school, students leave for university, holidays end, routines restart, and many of us naturally reflect on where life is taking us. Yet often it isn't change itself that causes the greatest difficulty; it is the way our mind responds to it.



Our thoughts can become habitual. We can automatically anticipate what might go wrong, replay previous experiences or convince ourselves that we won't cope. The good news is that these patterns aren't necessarily fixed. Hypnotherapy can overturn patterns of thinking and develop a different response, enabling us to feel more comfortable with uncertainty, quieten negative internal dialogue and build confidence in our ability to cope and even welcome the opportunities change brings.

I love seeing the changes my clients experience in just one or two sessions. A client who wanted to build confidence in public speaking described how hypnotherapy helped her stay relaxed and focused and feel at ease when speaking in public and stopped the dreaded "erm". Another lovely example came from a parent whose daughter had been struggling with change at school, anxiety and low confidence. After one session, her mum said she looked as though "a huge weight had been lifted off her shoulders."

These experiences demonstrate something important: sometimes we don't need to change the world around us. We need to change the way we experience it.

So, as September brings its inevitable changes, perhaps ask yourself not "What if I can't cope with this?" but "What might this change make possible?" And there are plenty of opportunities locally to embrace something positive. East Riding Theatre comes back to life after its summer break, so why not visit the café, consider volunteering, or treat yourself to an evening out? September brings Jeeves and Wooster in Perfect Nonsense, while October offers the Big Beverley Comedy Night.

Sometimes managing change starts with one small positive choice. Get out, meet someone, try something new, laugh, learn or simply give yourself something to look forward to. Mindfulness can help too so if you'd like to make some small changes in your life and develop the ability to manage the bigger ones, join me on our Monday evening mindfulness session (details below). It's free so there's nothing to lose except your resistance to change!

Every Monday, you can take time out for yourself with the free mindfulness session from 7.15pm to 7.45pm. For more information visit www.francesdunning.com or contact me, Fran Dunning on **07973 819867** for details of mindfulness zoom link.

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Launching a new book is a special milestone, but for a first-time author C.R. de Gernon it is even more meaningful.

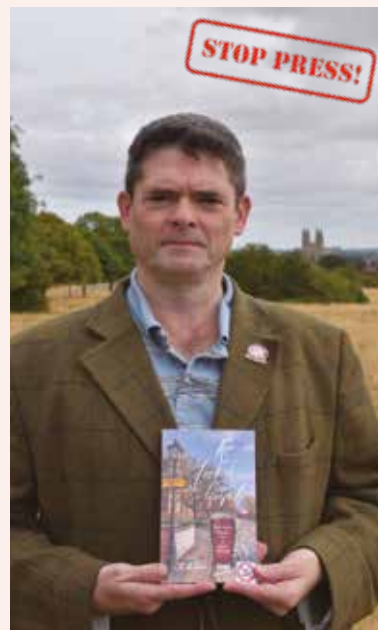
Months of ideas, writing and dedication have finally become a finished publication "A Yorkshire Gospel", a surreal, irreverent read, a northern adventure about faith, friendship and the dangers of over-thinking!!

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Book Signing: 26th September, 2pm onwards at Monks Walk, Beverley.



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DOES YOUR HOME KNOW HOW OLD ITS ELECTRICS ARE?

We tend to know roughly when our boiler was installed, when the windows were replaced and how old the roof is. But when was the last time you thought about the age of the electrical system hidden behind your walls?

For many homeowners, the answer is probably: I have no idea. And that's understandable. Unlike a boiler or a roof, electrical wiring isn't something we see every day. Much of it sits quietly behind walls and under floors, doing its job without attracting any attention. The problem is that the demands we place on our homes have changed dramatically.

A home that once had to cope with a television, a few lamps, a fridge, a washing machine and perhaps a cooker might now have multiple televisions, computers, games consoles, large appliances, tumble dryers, induction hobs, home offices, electric showers, outdoor lighting and an ever-growing collection of chargers.

That doesn't necessarily mean an older electrical installation is unsafe. A well-maintained system can continue to do its job for many years. But age, alterations and increasing demand can all be reasons to have a system checked.

So what should you look out for?

There are a few things around the home that are worth paying attention to. **Flickering or dimming lights** can sometimes indicate a problem that needs investigating, particularly if it happens when other appliances are switched on. **Sockets or switches that feel unusually warm**, show signs of discolouration or make a buzzing or crackling noise shouldn't simply be ignored. **A circuit that keeps tripping** is another useful warning sign.

The protective devices in your consumer unit are there to disconnect the electricity when they detect a problem. Continually resetting one without finding out why it has tripped can mean you're missing the actual cause.

And then there are the less obvious signs. If you're relying heavily on extension leads and multi-way adaptors because there aren't enough sockets, it might be worth considering whether the electrical layout of the house still suits the way you live.

Older doesn't automatically mean dangerous

It's important not to assume that an old house automatically has an unsafe electrical system. Beverley has plenty of characterful older properties, and their electrical installations can have been upgraded many times over the years.



The age of the building alone doesn't tell you the condition of the electrics. What matters is the condition of the installation, whether it has been altered appropriately over time and whether it has the necessary protection for modern use. One of the best things a homeowner can do is simply understand what they have.

If you've recently moved into a property and don't know when the electrics were last inspected, finding out can give you a much clearer picture. An electrical inspection can identify potential problems before they become an emergency and can also highlight areas where an installation could be improved.

The simplest advice?

Don't wait for an electrical problem to become a dramatic one. If something looks, sounds or feels unusual, it's worth getting it checked rather than assuming it's just "one of those things". Your electrics are probably the most frequently used part of your home that you never actually see.

A little attention to them now can go a long way towards keeping your home safe, comfortable and ready for the way we live today.

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PREPARING FOR AUTUMN WITH FOX MOBILITY

As summer begins to fade and autumn approaches, it is a good time to make sure your mobility aid is ready for the changing conditions. Cooler temperatures, wet pavements, fallen leaves and darker evenings can all make getting around more challenging.

Paul mentioned as a reminder, "Check your mobility scooter, walking frame or other aid is in good working order. Tyres should have plenty of tread and the brakes, lights and battery should be checked regularly. If you use a scooter, consider arranging a service before the weather deteriorates, giving you peace of mind when travelling locally".

Anne added, "At this time of year 'season changes, wardrobe changes' - it is also worth checking your clothing and accessories. Warm, waterproof layers, gloves and reflective clothing can make journeys more comfortable and safer".

With any journey we make, it is always worthwhile to plan routes carefully, particularly after heavy rain when paths may become slippery.

Most importantly, don't wait until a problem develops. A little preparation now can help you remain independent, confident and active throughout autumn, enjoying everything the season has to offer.

Fox Mobility, 110-112 Walkergate, Beverley, East Yorkshire, HU17 9BT.
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29 October 2026 Crossing (2024) Georgia Drama (15) 106 mins	12 November 2026 The President's Cake (2025) Iraq Drama (12A) 105 mins
10 December 2026 Another Round (2020) Denmark Drama (12A) 117 mins	14 January 2027 Prime Minister (2025) N.Zealand Documentary (12A) 101 min
11 February 2027 The Secret Agent (2025) Brazil Drama (15) 161 mins	11 March 2027 Zone of Interest (2023) Germany Drama (12) 105 mins
8 April 2027 No Other Choice (2025) Korea Drama (15) 139 mins	29 April 2027 Black Dog (2024) China Drama (12A) 110 mins
13 May 2027 Islands (2025) UK Drama (15) 121 mins	10 June 2027 Nouvelle Vague (2025) France Comedy (12A) 105 mins
8 July 2027 The Golden Spurtle (2025) Australia Documentary (PG) 75 mins	BFS 20th Anniversary Season 

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AMANDA'S TRAVEL ADVENTURES - CREATING LIFETIME MEMORIES

Having written in Just Beverley for some time about my various travel adventures I thought it might be helpful to introduce myself and my travel journey through life and how I arrived to be running my own travel business based in Beverley.

Travel has been a big part of my life and my first flight was at 3 months old when I set off to go back "home" to Kenya - life for me started in Nairobi which was such an amazing opportunity for which I will always be grateful. I am not sure that being fluent in Swahili has helped me in the long term and whilst I can still do a fair few sentences I am somewhat out of practice these days.

Kenya really was such an amazing place to live and I enjoyed many wonderful beach holidays on the Indian Ocean, explored the highlands of Kenya including Treetops (where the late Queen Elizabeth II became Queen on the sad death of her father King George VI) and my favourite ever trip to the Massai Mara to experience the wildlife first hand.

I recall feeding milk to an orphaned baby elephant in Nairobi too, and I think these authentic travel experiences and the animal experiences have really influenced me and I love nothing more than exploring new places and having immersive experiences to truly understand the people and the destination.

There is something really special about Southern & East Africa that is hard to put into words however I have had incredible experiences in many other countries too.

When my parents' contract work overseas ended and at the age of 18 I took my flight from Kenya to the UK. With time, new friendships were made and a new way of living was formed. I got to see and touch snow and discover more of Europe too.



After leaving university I embarked on my travel career with Thomas Cook - who at the time was the greatest name in travel. The pioneer that created the concept of the package holiday on 5th July 1841.

"Back in the day" our clients would form an orderly queue outside the shop to sit with their agent - who rang the supplier to book the holiday which was always the exact price that was in the brochure! Prices were never fluid, and somehow you could always get through to the tour operator.

I worked my way through the various roles and became branch manager of the Thomas Cook Beverley store. An incredible company with the best training and at the time an incredible product range too. Quite possibly many readers have enjoyed a Thomas Cook Signature holiday or a family JMC package? Happy memories.

Many incredible experiences from Lapland to Florida to ski holidays to cruising to city breaks to multi centres across the globe. A lot of places covered, however so many more are left to explore!

One constant in life is change, and I found that some of the changes at Cooks meant that it was time to take a leap of faith and make a big change. This was a huge move for me as it meant that I would be building my own franchise business from scratch.

Whilst I knew that I had the knowledge and the experience to sell holidays I did initially feel anxious losing a high street presence, and having no social media platforms or networking groups either it was potentially going to be a challenge. However from day one my business has grown from strength to strength, growing year on year!

I absolutely love that I am completely independent and have so much more choice in terms of independent niche suppliers that I can offer to my clients. I love that we have a system where I can build bespoke tailor made itineraries around the globe adding in authentic experiences. I love that I have so many long term repeat clients and that I am free to take the time to get to know my clients

and build relationships with them. I am now in my 13th year as an independent Travel Counsellor, a brand that does not have retail shops or TV advertising, primarily building business through referrals, a brand that offers full financial protection and honest professional advice on your holiday plans and a 24/7 duty office support system to be there for you when occasionally issues arise.



I love that it gave me the opportunity to be more present for my family too, and it has also given me the opportunity to travel more which as you can tell is my passion!

I have been able to grow this business through my clients' loyalty and their recommendations to others for which I am very grateful.



Meeting new clients is always a joy and a privilege. The Beverley Business Referral Network group has also for many years supported me in developing my business and referring me to others, and I have even found new clients through my Facebook page and this publication too.

I am beyond grateful for all my clients and as we embark on the next 12 months I am excited to see my clients enjoy their adventures and hopefully meet some new clients too!

I am also very excited for our next travel adventures too... I am a few weeks away from a city break to Prague so I am sure I will be enlightening you all on those adventures in our next edition!

If you would like to discuss any future travel plans with me I would be honoured to support and assist you in making your travel dreams a reality.

Amanda McConnell, Travel Counsellors.

Tel: **01482 770540**

Email: **amanda.mcconnell@travelcounsellors.com**

Web: **www.travelcounsellors.com/**

amanda.mcconnell

Photo Credits: Paul Fairlamb.

BEVERLEY & EAST RIDING GOLF CLUB

It has been an exceptionally busy and vibrant month at Beverley & East Riding Golf Club, with the fairways buzzing with competition and community spirit.

From landmark social events to the final stages of our summer tournament calendar, members have had plenty to celebrate. Undoubtedly the highlight of the month was the annual Captain's Weekend, hosted by Martin Baltazar. The event was a resounding success, bringing

members together for two days of brilliant golf. Saturday's Captain's Medal saw competitive fields across all divisions, while Sunday's shotgun Texas Scramble offered a fantastic, social atmosphere.

Beyond the action on the course, the club rallied impressively for the Captain's Charity. Through the 'Beat the Pro' challenge - where 19 players successfully outplayed our professional - and the 'Nearest the Bottle'

putting competition, the club raised a fantastic £619. A special mention to Steve Gillyon, who took home the overall Captain's Medal with a standout net score of 60, and to Paul Barnett, Mike Hunsley, Pete Stephenson, and Chris Elvidge, who claimed victory in the Texas Scramble.

The competitive calendar remained packed throughout August. The Invitation Day on August 8th was a highlight, with Kev Goddard and Peter Hollerbach securing top honours with 44 points. We also saw some stellar results earlier in the month, with G. Cowley, B. Cowley, M. Robson, and W. Douglas triumphing in the Beverley 400, and Colin Clark and Mel Todd winning the Westwood Trophy.

It is also important to recognise the continued success of our junior section, notably William Bentley, whose debut for the ERUGC Junior Team was a fantastic achievement.

Beyond the trophies, we are pleased to welcome Mark Kelk as our new Welfare Officer. Mark brings extensive experience in safeguarding to the role and has already introduced a new Safeguarding Strategy adopted by the Board to ensure our club remains a safe, inclusive environment for all.

As we look toward September, the focus shifts to the Summer KO finals and the upcoming Mizuno Pairs event on September 30th. Whether you are aiming for silverware or simply enjoying a round, the momentum at the club is palpable. Here's to a strong finish to our summer season!



There's never been a better time for women to join Beverley & ER Golf Club



Join Our Women in Golf Membership Initiative

We're launching a brand-new initiative to grow and support our Ladies Section, making it easier than ever to get started.

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You'll benefit from a supportive pathway into full membership, with coaching, academy programmes, and a friendly buddy system to help you feel confident both socially and on the course.

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WESTWOOD'S HISTORY ON THE HOLE - NUMBERS 9 TO 12

Beverley Westwood is one of the town's most treasured historic landscapes and a remarkable example of common pasture. Covering around 550 acres, it has remained largely open grassland, preserving a landscape shaped by centuries of grazing and traditional land management.

Its importance dates back to the Middle Ages, when the Archbishop of York granted pasture and other common rights to the people of Beverley. In 1379, the Westwood was formally granted to the town's burgesses, helping establish the longstanding grazing rights that continue to define its character.

Today, Westwood remains an important pasture, managed by the Beverley Pasture Masters. Weather permitting, some cattle still graze its grasslands between late April until October. Its survival is a remarkable link between Beverley's medieval past and its modern community

Just Beverley are continuing to walk the fairways of the Beverley and East Riding Golf Club, explore some of the history and ask the question why the holes have been given unique names. We continue with holes 9 to 12.

We start again from the 9th Hole. The 9th Tee **"Cobblers Well"**:

For the golfers, a straight uphill par 4. The mystic begins for interested walkers, looking approximately 100 yards to the left side halfway up to the green and now encircled by vegetation. This was the old medieval cobblers work area and water-well crater. It is a hollow approximately 2-3 meters deep.

The well collects groundwater at its base, and there is now a concrete water trough marked as Pond 5 on the archaeology survey; this is one of several artificial or modified ponds on the common. The feature may correspond to the "Shoemakers Pit" mentioned in 1577, indicating it could be 'well' over four centuries old.

Here, legend has it in medieval times the local cobbler decided to send his troublesome wife down the well never to be seen again. The well has since been filled in, but the top of the old well remains in place. Can you find it? At night can you hear his wife?



Hole 9, "Valley"



Hole 9, "Cobblers Well"

On to the back 9 as they say: Hole 10, **"Valley"**:

As you stand adjacent to the tee, the hole draws you in, you can clearly see a slight dog-leg right par 4. and everything gets better, as you walk westwards a magnificent view awaits those reaching this halfway point. The 10th hole cuts through a lower section of the course which is close to the ancient Burton Bushes woodland. Many hundreds of years ago much of the Westwood landscape was covered by trees. Stop, and take a moment to reflect.

The original golf course designer Sandy Herd, Open Champion of 1902 clearly understood the value of using the landscape and potential drainage issues by aligning this hole on a slight sidehill curve to enhance year round playability whilst creating an impressive challenge for golfers of all standards.

Hole 11, **"Lairgarth"**:

An unusual hole on many accounts, whilst it is a slight dog-leg right par 4. As you look South East you have views of the Beverley Minster in the distance. For golfers, this is the furthest point from the clubhouse - a time to reflect back on their round, and a glance up as a reminder of the



Hole 11, "Lairgarth"

history of the town in the distance. Those golfers wishing to align themselves correctly should note the two Minster towers.

The combined words lair and garth come from the ancient Norse words meaning a place to rest in an enclosed space. Many Bronze and Iron age barrows (burial resting sites) are scattered across the ancient Westwood. The oldest of which may date back to 3000BC.



We conclude this month's history on Westwood, crossing York Road to Hole 12, **"Hillside"**:

A slight dog-leg left par 4. This hole rises to the corner before descending to a deceptively tricky green. The marker post can be seen to assist golfers, but the furrows and mounds in front of the green "Be Aware"! Golfers and walkers can appreciate these early Iron Age enclosure or boundary points, left naturally undisturbed for centuries. As you walk across Westwood, take time to reflect back through history. Note the knowledge Kenton has brought forward. This September, Heritage Week (11th - 20th September), pop into the Clubhouse for a drink, a bite to eat and appreciate the visitor friendly hospitality on offer.



Brief guided tours of the Anti Mill can be booked on the following dates : (Fri 11th, Sun 13th - Wed 16th), showing further historical artifacts and an amazing view from the Mill Top. Email: secretary@beverleygolf.co.uk or click on the Heritage Link on the www.beverleygolfclub.co.uk website.



Hole 12, "Hillside"



WELLNESS WITH ED THOMPSON

By the time you read this, the Beverley Half Marathon will have come and gone. On Sunday 23rd August, hundreds of runners will have made their way around the streets of Beverley and beyond, with months of training, early mornings, long runs and probably a fair amount of doubt along the way.

There's something quite motivating about watching an event like that. Even if you have absolutely no intention of running 13.1 miles, seeing people of all different ages and abilities taking part can make you think: "Maybe I could start running?" And you probably can.

I myself have done countless Parkruns, 10ks, Half-Marathons and a couple of Full Marathons. The mistake I often see, however, is people making the jump from doing very little running to trying to run too far, too quickly.

They see someone completing a half marathon like on Sunday and think that running means going out for 5, 10 or even 13 miles. It doesn't. Running is simply putting one foot in front of the other a little quicker than walking. That's where you should start.

If you've never run before, or it has been a long time since you last did, your first goal shouldn't be distance. It should be consistency. Start with a mixture of walking and jogging. You might walk for two or three minutes, jog for 30 seconds, and then repeat that process. It might feel incredibly easy at first, and that is exactly the point.



Your body needs time to adapt and you should end your running session feeling like you could do more. Running places a different demand on your muscles, joints, tendons and cardiovascular system compared with walking. Giving yourself time to build up means you are much more likely to keep going rather than doing too much, getting sore and deciding that running isn't for you.

It's also worth forgetting about pace. There is a strange obsession with how fast we are when we exercise. But if you are starting out, the only person you are competing with is yourself. Your first run might be slow. You might need to walk. You might feel out of breath after a few minutes.

None of that means you are failing. In fact, it is completely normal. I would much rather see someone run for 20 minutes twice a week for three months than run five miles on their first attempt and then not exercise for the next three weeks. This is where the concept of progression becomes important. Once your body starts to adapt, you can gradually increase the amount of time you spend running. Perhaps 30 seconds becomes a minute, then two minutes, then five.

Eventually, you might find yourself running continuously for 20 or 30 minutes without really thinking about it. And that is a brilliant achievement, regardless of what the clock says.

There are a few other things that can make the process easier. Good, comfortable footwear is sensible, but you don't need the most expensive

running shoes available. Find something that feels comfortable and suits you. You also don't need a complicated training programme, expensive equipment or a collection of specialist clothing. The biggest investment is consistency.

Recovery is important too. If you haven't exercised regularly before, do not feel that you need to run every day. Your body is adapting, and rest is part of that process. Sleep, hydration and eating well all become particularly important as your activity increases. As I've mentioned previously, the basics often have the biggest impact on how we feel day to day.

Most importantly, make it enjoyable. Run somewhere you like. Find a friend to join you, if possible. Listen to music or a podcast. Or simply use the time to switch off and enjoy being outside. There doesn't have to be a performance target attached to every run. And if watching the Beverley Half Marathon has given you a little bit of motivation, use it. You don't need to enter next year's half marathon.

You don't even need to run 5K. Just get outside and start with what you can manage. The people you saw running around Beverley on 23rd August didn't all wake up one morning able to run 13.1 miles.

Every single one of them had a first run. Maybe yours can be this month.

As always, small, consistent changes tend to have the biggest impact. I would appreciate any feedback on my articles! Feel free to reach out to me: edjthompsonpt@gmail.com

BEVERLEY RACECOURSE TICKETS WINNER



Congratulations to Lesley Hobbs of Walkington, Beverley, who won a pair of Premier Tickets for the Summer Saturday featuring Craig Charles DJ Set at Beverley Racecourse.

The answer to the question was: Liverpool.



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WORDSEARCH

X I F A I U G T F A X B I X H
P M R C P F U P S Y L H N A C
R X V J N V H U S Y Y Z V N R
E D D T L I B G O H C Y G A U
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K D I G U D Z E C E B Z R L C
U O C F F B B Z T V T O S P S
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ERTTHEATRE
FLEMINGATE
GUILDHALL
MARKETCROSS
MINSTER

NORTHBAR
SATURDAYMARKET
SEPTEMBER
STMARYSCHURCH
WESTWOOD



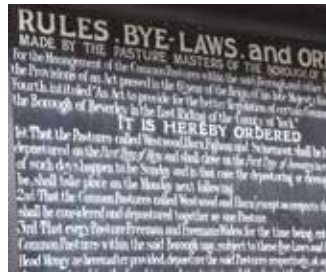
Where are the Ducks?
Answer on Page 32.

QUOTE FOR THE MONTH

September -
Time for Change -
You are stronger than you think.

WHERE IN BEVERLEY?

Where in Beverley can you find this landmark? Answer on Page 32.



COMEDY CORNER

What do you call a chicken staring
at a lettuce?

Chicken sees a salad.



Why did the flower slip and fall?
It's a whoopsie -- daisy!



I dropped a jar of mayonnaise...
It was Hellman!

WHAT IS IT?

Can you work out what this
obscure image is? Answer on Page 32.



EXPRESSIONS

What do they mean and
where did they come from?

Ey up / Aye up: A friendly hello.

Nowt: Means "nothing"
(e.g., "nowt to worry about").

Owt: Means "anything"
(e.g., "do you want owt from the shop?").

Summat: Short for "something".

Brew: A cup of tea.

WELCOME September

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BEVERLEY PARKRUN IN THE AUTUMN

September always feels like a month of fresh starts. The school holidays come to an end, the mornings become a little cooler and, before we know it, the first hints of autumn begin to appear across Beverley Westwood. For parkrunners, though, Saturday morning remains reassuringly familiar.

After the excitement of summer holidays, many regulars return to the Westwood, bringing stories of parkruns completed around the country, or even further afield!

One of the joys of parkrun is that wherever you travel, there is often a welcoming event nearby. Yet there is something special about coming home to Beverley, where familiar faces, friendly volunteers and the sight of grazing cattle remind us why our own event is so highly regarded.

September is also a good time to think about new beginnings. If you've spent the summer wondering whether to give parkrun a try, now is the perfect opportunity. There is no pressure to run. Many people walk the course, others jog at their own pace, and everyone receives the same warm welcome at the finish. The only competition is with yourself, if you even choose to compete at all!



Of course, none of it would happen without the volunteers. From the marshals offering encouragement around the course to the timekeepers, barcode scanners and tail walkers, every event relies on people willing to give up an hour or two of their Saturday morning.

Volunteering is a great way to meet people and experience parkrun from a different perspective. As autumn approaches, the Westwood will soon take on its familiar golden colours, reminding us that every season brings something different.

Whether you're chasing a personal best, enjoying a gentle walk, volunteering, or simply catching up with friends over coffee afterwards, Beverley Westwood parkrun continues to show that community is at the heart of every Saturday morning.

Here's to another season of running, walking, volunteering and smiling together on the Westwood.

Louise Barrett.



'WHAT IS IT' ANSWER

Did you guess - it was a hat!



'WHERE IN BEVERLEY' ANSWER

York Road



'FIND THE DUCKS' ANSWER

You should have found those ducks on the Halmshaw advert on Page 21.

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CYCLING IN THE AUTUMN WITH WILSONS WHEELS

Autumn is a wonderful season for cycling, with cooler temperatures, colourful countryside, and quieter roads making rides especially enjoyable.

The changing leaves create stunning scenery, while the crisp air provides comfortable conditions for longer journeys. However, cyclists should prepare for shorter daylight hours and more unpredictable weather.

Wearing bright, reflective clothing and using front and rear lights improves visibility, particularly on misty mornings or late afternoons. Fallen leaves can hide potholes and become slippery when wet, so extra care is needed on bends and shaded lanes.

Nathan commented, "Regularly checking tyre pressure, brakes, and the drivetrain helps keep your bicycle in good condition as conditions become wetter".

"Dressing in lightweight layers allows you to stay warm at the start of a ride while remaining comfortable as you warm up".

With sensible preparation, autumn cycling offers fresh air, exercise, and some of the year's most spectacular landscapes.



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WHAT'S ON IN BEVERLEY

Tell us about your event!

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Telephone **01482 679947**

For more events visit
justbeverley.co.uk/pages/news

Get into Golf Sessions - East & Riding Golf Club

Ladies coaching every Thursday evening 6.30pm - 7.30pm. Open to complete beginners or experienced golfers.
Junior coaching aimed at complete beginners and experienced golfers.
Saturday 1pm-2pm and Sunday 3pm-4pm.
Email: theo@beverley.golf

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View dates and times www.beverleyminster.org.uk
Price £8.

Beverley Minster Roof Tour Experience

View dates and times www.beverleyminster.org.uk
Price £12.

St Nicholas Church

Messy Church. 2nd Saturday of the month. Stories, singing & craft activities. 10.30am - 12pm.

Sunday Services - 10am.

Contact: mikepeatman@gmail.com

Call: 01482 881458

Community Connect - Tuesday afternoons - 2pm-3.30pm (not the first Tuesday of the month).
Further information Contact Sarah 07539 260078
Kath 07929 950469.

Every Monday

Together in Grief Group Walks

6.30pm. Morton House, Morton Lane, Beverley.
Cost: Free. Group walks for those who are bereaved. TiG walks are easy-paced, group walking sessions to help people cope with the loss of loved ones.

Every Wednesday Morning

Tai Chi Class

10.30am-11.30am, CLCGB Building, George Street, Beverley. Come and feel the benefits of learning Tai Chi. Ideal for beginners. Cost £6 per person.
First class is FREE. To book a place & for more information please contact Shaun 07854 306762 or by email shaun-sun@hotmail.co.uk

4th Wednesday of the Month

Beverley Ladies Who Latte

New venue - King's Head, Beverley. 10am-12pm.

Until Saturday 31st October

Discover Beverley Guildhall

Opening Times: 10am - 4pm. Tel: 01482 392783.
www.eastridingmuseums.co.uk

Friday 28th August

JazzMakers Collective

Clubhouse on the Westwood. Plus guest musicians. Start at 7.30pm. Call to book a table for food on 01482 868757 and if not eating there's plenty of seats.

Tuesday 1st September

Boat Trips on the Beck

Beverley Barge Preservation Society. 9.30am.

<https://www.syntanbarge.org.uk/charters-bookings>

Wednesday 2nd September

JazzMakers Collective

The Sun Inn on Flemingate, opposite the Minster. Plus guest musicians. Start around 8.15pm, just turn up and grab a seat, no food.

Thursday 3rd - Sunday 6th September

Freedom Festival

Centered around the theme of "Peace". The major arts event features open-air street theatre, jaw-dropping acrobatics, and immersive experiences across Hull city centre.

Friday 4th September

Lloyds Tour of Britain - Beverley

Stage 3 Finish, York Road, Surrounding Area. 3pm - 4pm - (Times may vary), road closures in place. More details on Page 5.

Saturday 5th & Sunday 6th September

Glowflare Horror Film Festival

Parkway Cinema, Beverley. Day Passes £20.
www.glowflarehorrorfestival.com

Friday 11th September

JazzMakers Collective

Clubhouse on the Westwood. Plus guest musicians. Start at 7.30pm. Call to book a table for food on 01482 868757 and if not eating there's plenty of seats.
Beverley-Nogent Twinning Association: Cheese Tasting Evening
St Mary's Church Hall, 7pm. Students from the Joint 6th will also report on their summer work experience in our twin towns. £8. Tickets the from Tourist Information Centre.

Sunday 13th September

Beaverling Through Books

Monks Walk, 7pm. The club is called Beaverling Through Books, is free to attend and the book we will be discussing is The Moon Glow Bookshop by Dongwon Seo.

Thursday 24th - Saturday 26th September

New Paths Music

Autumn Festival

Celebrating 10 years.
www.newpathsmusic.com

Friday 25th September

JazzMakers Collective

Wild Organic, 21 North Bar Within. Plus guest musicians. Start at 8pm,

call to book a table for food on 01482 818310 and if not eating seating is limited but usually some space at the back downstairs.

Saturday 3rd, Sunday 4th, Saturday 10th & Sunday 11th October

Beverley Open Studios

10am - 4pm. Free entry.
www.beverleyopenstudios.co.uk

BEVERLEY & EAST RIDING GOLF CLUB - GET INTO GOLF SESSIONS

Ladies coaching every Thursday evening, 6.30pm - 7.30pm and is open to complete beginners or experienced golfers.



Junior coaching aimed at complete beginners and experienced golfers. Saturday 1pm-2pm and Sunday 3pm-4pm.

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Jeeves & Wooster

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10th - 26th
September

A Play From The Works Of P.G. Wodehouse
By Robert Goodale and David Goodale
Directed by Richard Avery

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10th September 2026 at East Riding Theatre

Fancy Dress Competition Best Dressed Pair

Win a bottle of prosecco and 2 tickets to
'The Railway Children'

Sign up from 6.45pm - 7.15pm on the 10th
September in the ERT Café bar before the show.
The winners will be announced after the show at
the late bar.

The competition is only running for the opening
night of Jeeves and Wooster in PERFECT
NONSENSE on the 10th September



EAST RIDING THEATRE PRESENTS

THE RAILWAY CHILDREN

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WRITTEN BY ANNA WHEATLEY
BASED ON THE BOOK BY EDITH NESBIT
DIRECTED BY RICHARD AVERY





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