

FREE

just

ISSUE 80

BEVERLEY

IT'S YOUR MAGAZINE



**FLEMINGATE FUN
ENOUGH FOR EVERYONE**

NEWS, WHAT'S ON, LIFESTYLE, FEATURES, PUZZLES, PHOTOS & MORE

Are you up to date with the Furlough Scheme which ends in September...



Are you:

- Paying the current Furlough payments?
- Have you claimed back any SSP relating to COVID?
- Making the correct Pension Contributions?
- Up to date with minimum Wage Rates?

**Improve business performance
by outsourcing payroll**

To arrange a **FREE** meeting
call us on 0845 308 2288
or visit www.stipendia.org.uk

6/7 FLEMINGATE DELIVERS FOR BEVERLEY



5 BEVERLEY COMMUNITY LIFT



8/9 PARKWAY CINEMA



14 STIPENDIA



16 EVERYTHING BUT THE DOG



20 WALKING FESTIVAL



35 EAST YORKSHIRE BUSES

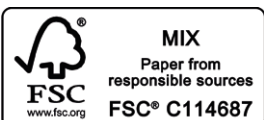


Contributors:

Julian Minshall, Olivia Peace, Rich Manville, Lynne Auton, Cliff Baillie, Jo Bridgeman, Malcolm Brooks, Carfan, Jane Dale, Jack Dickerty, John Gilham, Ed Hawkes, Rich Hayes, Suzanne Mathers, Amanda McConnell, Navigation Wealth Management, Colin Raynor, Ian Richardson, Sam Walton, Clint Wastling and Nathan Wilson.

REMEMBER! If you see examples of anti-social behaviour or other types of low-level crime, do report it to the appropriate authorities. **POLICE - Emergency 999, Non-urgent 101. ANTI-SOCIAL BEHAVIOUR (East Riding of Yorkshire Council) - 01482 393939.**

Magazine available from outlets in Beverley and surrounding areas.



Please pass your Just Beverley on or recycle it responsibly.
Printed by: Jadan Press.

SEPTEMBER LETTER FROM THE EDITORS



September is the month of change and quickly we move from summer into autumn.

As we move through the month it is lovely to see how the countryside changes, whether that be the trees and flowers changing colour

or our farmers keeping on top of their fields and harvesting. At Just Beverley we have made a few changes to lighten things up and add some humour to the publication. Can you spot them?

September will see children move to a new class year, to a new collage or university, and you might be wondering how will things change at your house.

After the last 18 months, this is a reminder of how precious time is with our family and friends and for all of us to make the most of our time together. Stay Safe, Stay Alert and enjoy a smile in September.

Julian.



Happy September readers! I don't know about you but I'm finding it outrageous just how quickly the summer happened.

When it comes to this time of year, I definitely start mourning the summer sun. I

do like getting cosy and wrapping up warm for the autumnal aesthetics, but I'm not as enthusiastic about the cold as I am the heat. In an attempt to change that I'm going to do more things out of my comfort zone, such as spending time with friends outdoors who enjoy being out in the cold and rain. Wish me luck while I brace myself!

September is a time where we will all most likely be adjusting to certain changes, celebrating new beginnings, and some may be starting a new chapter in life. While change can be scary, it's important to reflect on the big picture, enjoy the time we have now and stay in the present. Lots of great things are happening around us, so take a minute to appreciate what we do have. Stay safe and enjoy the issue.

Olivia.

We apologise that the incorrect photos were used with Sam Walton's column from issue 79. Thank you for those who brought it to our attention.

GET IN TOUCH WITH US:

Website: justbeverley.co.uk

Email: info@justbeverley.co.uk

Telephone: 01482 679947

Twitter: @JustBeverley

Facebook: [facebook.com/justbeverley](https://www.facebook.com/justbeverley)

If you would like copies for your business to distribute to staff and customers, call Just Beverley on 01482 679947.

FURLOUGH SCHEME CONTINUES UP UNTIL SEPTEMBER

The Government's Furlough Scheme is currently set to continue up to the end of September 2021, with HMRC not yet having advised if this is to continue any further beyond this date (at the time of going to print).

Under the Furlough Scheme, employers have to pay employees 80% of the agreed rate of pay, of which 60% is to be reclaimed back from HMRC. Employers are still able to claim back any SSP relating to Covid illnesses or isolation up to a maximum of 2 weeks per employee in total.

The scheme was initially extended earlier in the year during Chancellor Rishi Sunak's Budget

announcement on March 3. It was stated that the scheme, which pays employees' wages for the hours they can't work during the pandemic, would help people through these past challenging months.

From July 1, the level of grant was reduced each month and employers were asked to contribute towards the cost of their furloughed employees' wages.

It is yet to be decided when furlough ends later this month whether the government will decide to revisit the Job Support Scheme should any further lockdowns be imposed.



For more information on the furlough scheme please do not hesitate to contact the Stipendia team on **0845 308 2288** or email payroll@payrollsolutions.org.uk

DREAM DOORS CELEBRATE 8 YEARS IN BUSINESS

Dream Doors, specialists in replacing doors, drawers and worktops to transform kitchens, are celebrating 8 years in business in Beverley.

The local kitchen designer offers a complete service, fully installed by local professionals from the UK's number 1 kitchen makeover company. Dream Doors Beverley, which is based just outside of Hull, can help you every step of the way during your kitchen redesign project. From planning and design right through to installation, they will be happy to help.



No matter the size or shape of the kitchen, Dream Doors designs are bespoke so your kitchen can be transformed and revitalised whatever your budget.

The made-to-measure service is a great alternative to a full kitchen re-fit and can breathe a new lease of life into any home at a much lower price. Just choose your favourite design and then leave their team of experienced kitchen fitters to install your new kitchen to the highest standard.

There is a wide selection of styles and finishes to match every taste, whether you like modern monochrome or classic country. With 96 showrooms nationwide with local business owners, Dream Doors' celebrations in Beverley can only grow and grow.

Ready to feel inspired for your own kitchen makeover? Visit the Beverley store to view a stunning collection of kitchen designs today, or call **01482 861653** to find out more.

COUNTY CHOIR RECRUITING NEW MEMBERS

After an enforced absence of more than a year due to the pandemic, East Riding County Choir is resuming rehearsals again in September under its new Music Director, Paul Dewhurst.

Originally from East Anglia, Paul is organist and director of music at Bridlington Priory, a position he has held since the beginning of 2020.

Before that, he held a similar position at Leeds Minster. Since 2016 he has also been the conductor of the Hull Choral Union. The choir normally rehearses in the Hexagon centre in Beverley, but will initially be using St Mary's Church, North Bar Within. Its first performances will be Handel's Messiah in Beverley Minster and Carols in Bridlington Priory, both in December. The choir is keen to welcome new members, especially tenors and sopranos. If you think your



voice is a bit rusty, don't worry - everyone else's will be. Their first rehearsal is on Monday 6th September.

Details of membership can be found on the choir's website: eastridingcountychoir.org

A TREAT FIT FOR ANY PLOUGHMAN

Following the successful launch of our traditional Afternoon Tea in August, Bentley's Coffee Shop have a little something for those of you that don't have a sweet tooth!

For all you savoury fans out there, we'd like to introduce our savoury Ploughman's Afternoon Tea. At just £7.50 a head, this savoury afternoon tea would satisfy any hard working Ploughman and we hope it hits the spot with you.

Our Ploughman's Afternoon tea includes: a freshly baked roll, slice of quiche, sausage roll, mini pork pie, sliced cooked gammon ham, Double Gloucester cheese, tangy sweet pickle, pickled onions, coleslaw and ready salted crisps.

Sweet or savoury tooth, we've got something to suit. To arrange either of our afternoon teas, please call to book yours on **07761 698996**. We look forward to welcoming you soon.



MEMORIAL SERVICE IN MEMORY OF DAVID ROBERT WILSON, 1957 - 2021

Thoughts and prayers go to the family and friends in loving memory of David Wilson who sadly passed away on Sunday 1st August 2021.

Lewis Northen Funeral Directors have a book of condolence for people to go to their office on **Lincoln Way, Beverley, HU17 8RH** and write a message to David and his family.

The book will be available to write in until Saturday 9th October, when it will be taken to Beverley Minster and handed to David's son Mr Adam Wilson. David was born on 12th January 1957 at the Beverley Westwood hospital.

There was a private family funeral service held and people have been asked to donate to the Pancreatic Research UK, <https://bit.ly/2VydU2I>.



Everyone will be welcome to attend a memorial service at the Beverley Minster on Saturday 9th October 2021 at 3pm.

LOCAL ELECTRICAL BUSINESS EXPANDS

CMO Electrical Solutions only began trading in March this year and Calum O'Connor has already found his feet in Beverley with his new growing business.



Having started his career in 2007 working on a full apprenticeship, Calum opened CMO Electrical Solutions as an electrical contractor that covers all aspects of electrical work, including domestic, commercial, data and networking. Just 7 months into his new start-up business, Calum is already enjoying new business, advance bookings and glowing reviews for the company's excellent service, professionalism and quality of electrical work.

Services include LED lighting solutions, conversions, external socket installations, garden lighting, inspection and testing, lighting upgrades, commercial installations, full rewires, new installations, data and networking, emergency call outs and more. No matter how bespoke your installation may be, CMO Electrical Solutions can cater for your needs. The electrical solutions business has already become a NAPIT approved contractor and member, meaning they are fully approved and certified to carry out any work that requires building notification. This gives customers the peace of mind that all work is carried out to a high standard and confirms all current regulations.

Following its successful start to business, Calum is now looking to further his network to establish the company and due to the fast growth of clients, he has recently employed an apprentice to cater for demand. Call **07932 731950** to book electrical work with CMO Electrical Solutions. Email: office@cmoelectrical.co.uk

RIDINGS TABLER'S LODGE

Ridings Tablers' Lodge is a lively lodge of Freemasons which meets at Beverley. We welcome good men who want to meet new people, contribute to the local community and learn about the traditions of Freemasonry.

Charity is a core principle of Freemasonry and in recent years the lodge has supported youth football, the Sea Cadets, and local services for people with learning disabilities. We pride ourselves on being a friendly Lodge with around forty members ranging in age from 20's to 80's. We come from all walks of life and are drawn from Beverley and the wider region.



We meet eight times a year on the 4th Friday of the month when learn about Freemasonry and its philosophy through unique ceremonies which Freemasons have practised for centuries.

The bar is open before and after meetings with each meeting followed by a dinner where we relax and sometimes entertain guests. We take an earnest approach to our Freemasonry but we have a reputation for being a fun-loving lodge and not taking ourselves too seriously; a sense of humour is recommended!

Friendship and family are important to us and we hold social events each year for Freemasons and their partners, families and friends. We welcome applications from all eligible men irrespective of their occupation, social status, faith, ethnicity or sexual orientation. Anyone interested in knowing more is encouraged to contact our secretary Andy at secretary9586@outlook.com. We can also signpost women who might be interested in becoming Freemasons to appropriate organisations for either women-only, or mixed Freemasonry.

BEVERLEY COMMUNITY LIFT POST-COVID

Beverley Community Lift are looking forward to resuming normal services post-Covid and spreading awareness of its fantastic volunteer benefits.

More than just a set of wheels, Beverley Community Lift is all about people. Run by the community for the community, the business not only serves the elderly and people with disabilities, but their minibuses, along with a volunteer driver, can be hired for use by other community groups and not-for-profit organisations.



The Beverley Community Lift charity changes lives for the better, for both its volunteers and users of its services. Volunteers benefit from having a social outlet and sense of purpose by helping the local community, getting together with like-minded people and building friendships that will last the rest of their lives. Its volunteer car service offers customers more than just a taxi service, instead they bring a helping hand, a friendly face, and give full support to you throughout your trip, ensuring you return home safely.

If you want to be a part of the Beverley Community Lift community, design your own outings, and join in on scheduled trips, get in touch and they will try to accommodate all requests. Find out more: www.bclift.org.uk

JOB OPPORTUNITY - ERT

East Riding Theatre, located in the Beverley's cultural quarter, is a community led theatre committed to producing professional work of the highest quality that excites, challenges, and entertains.

The theatre has a very small number of permanent paid staff and has a large pool of talented and enthusiastic volunteers.

East Riding Theatre is looking for an enthusiastic, creative and well-motivated person to join our small team of staff as Theatre Manager. The successful candidate would be a key holder of the building and must therefore be locally based. They would ideally have experience in working in the arts and should possess a keen interest in theatre. The candidate should demonstrate excellent organisational, administrative and communication skills. Attention to detail, and the ability to work under pressure in a public facing environment is essential.

Job Title: Theatre Manager	Start Date: 15th November 2021
Status: 40 hours per week: Permanent	Report to: A named Trustee of ERT's Board

Overall Role Objective:
To manage and deliver all Front of House and back-office operations of the theatre: including administrative staff, PR and Marketing Staff, Box Office operations, cleaning and bar staff, volunteer FOH. This will involve some evening and weekend and Bank holiday working.

All potential applicants should email their CV to graham@eastridingtheatre.co.uk and the application deadline is: 20/09/2021.

ERT is committed to creating a diverse environment and is proud to be an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, sexual orientation, national origin, genetics, disability or age.



küchenhaus
The Largest Manufacturer of Quality German Kitchens
At Kutchenhause we have affordable solutions made to meet your highest standards
2 Toll Gavel, Beverley, HU17 9AJ. T: 01482 862172.
Open: Mon-Sat: 10am-5pm. Sun: 11am-3pm. Bank Holidays: 10am-4pm.



FLEMINGATE DELIVERED



Since the development opened over 5 years ago, Flemingate has always looked to add to the Beverley offering and attract new footfall into the area, bringing a new dimension and value to the historic market town.

Combining retail and leisure in the heart of Beverley has ensured that people are entertained and have no need to go elsewhere to have fun.

Visitors to the area can even book a room

at the popular Premier Inn, increasing the number of visitors who stay in the town.

Five years ago, Flemingate brought Parkway, a long-anticipated Cinema to Beverley and East Riding College found their new home, which has grown from strength to strength.

Family is always at the heart of Flemingate, with events and attractions to keep children entertained.

Last year saw the expansion of the children's

play park, and with weekly events and Bartipi taking up residence this summer, it has all contributed to the buzzing, vibrant atmosphere.

Flemingate has mixed high street names like H&M and Wilko, with local independents like Guitar Galleries and Vintage & Co.

The newest addition, Sports Direct, means that shoppers now have local access to a host of leading sports, lifestyle and fashion brands.



ERS FOR BEVERLEY

Art & Soul has added a new dimension with over 100 local artists being able to sell their work on the high street.



For those who enjoy delicious food and drink, then it is in abundance with something

for everyone with Tomahawk, Estabulo, Firepit, Sumo, Artisa and Pizza Baby, along with the coffee shops and take outs.

Beverley is truly an exciting destination in its own right, providing a bustling hub to stay, shop, wine and dine, and explore the local area with regular transport links to local cities York and Hull and a short drive to the East Coast to enjoy the seaside.

Flemingate is always making plans to keep delivering for Beverley with more change expected this year, providing the perfect additions to the historic market town and help the old transform with the new.

Sarah at Linkage College:

“Linkage College have thoroughly enjoyed our first year being a part of the Flemingate community. We are looking forward to moving into our permanent premises and now that restrictions are being lifted, working with the vast array of businesses around us to improve the independence and employability skills of our learners”.



FLEMINGATE
BEVERLEY
FASHION | FOOD | FILM | FUN

SAY
HELLO TO
FLEMINGATE

FOR ALL YOUR
BACK TO SCHOOL
SUPPLIES

FUN, FOOD AND SHOPPING FOR ALL THE FAMILY
FLEMINGATE.CO.UK

@FlemingateBev FlemingateBev FlemingateBeverley





EVERY THURSDAY

(Doors open 10am)

Join us for a free brew and enjoy some great films on Beverley Parkway's Big Screen. Only £4.50 with drink and biscuits included. Aimed at 55s & over. Films subject to change.

Thursday 2nd September -

Fatima - 10.45am

Starring: Goran Visnjic, Harvey Keitel

Supernova (15) - 10.30am

Starring: Colin Firth, Stanley Tucci

Thursday 9th September -

Supernova (15) - 10.45am

Starring: Colin Firth, Stanley Tucci

In The Heights (12a) - 10.30am

Starring: Anthony Ramos, Corey Hawkins

Thursday 16th September -

In The Heights (12a) - 10.45am

Starring: Anthony Ramos, Corey Hawkins

Dream Horse (PG) - 10.30am

Starring: Toni Collette, Damian Lewis

Thursday 23rd September -

Dream Horse (PG) - 10.45am

Starring: Toni Collette, Damian Lewis

The Father (12a) - 10.30am

Starring: Anthony Hopkins, Olivia Colman, Mark Gatiss

Thursday 30th September -

The Father (12a) - 10.45am

Starring: Anthony Hopkins, Olivia Colman, Mark Gatiss

Off The Rails (15) - 10.30am

Starring: Kelly Preston, Judi Dench, Ben Miller

Thursday 7th October -

Off The Rails (15) - 10.45am

Starring: Kelly Preston, Judi Dench, Ben Miller

These are the films scheduled to open in September - all are subject to change. Check out up-to-date cinema listings at www.justbeverley.co.uk/cinema-times



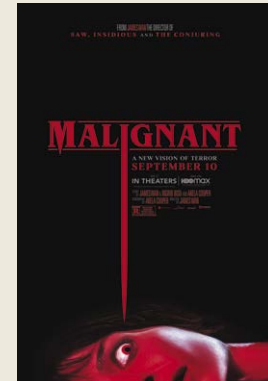
3rd September



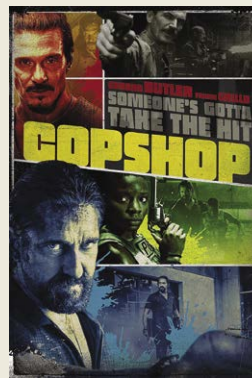
3rd September



10th September



10th September



10th September



24th September



24th September



30th September

YOUR LOCAL INDEPENDENT CINEMA



Music - Dance - Theatre - Q&As

from around the world

TICKETS NOW ON SALE



ANDRE RIEU
Together Again

Saturday 28th Aug
Sunday 29th Aug



National Theatre
FOLLIES

Thursday 2nd Sept



MICK FLEETWOOD
& Friends

Tuesday 7th Sept
Sunday 12th Sept



RUSH
Cinema Strangiato

Thursday 9th Sept



Northern Ballet
DANGEROUS
LIAISONS

Tuesday 14th Sept

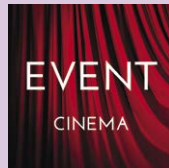
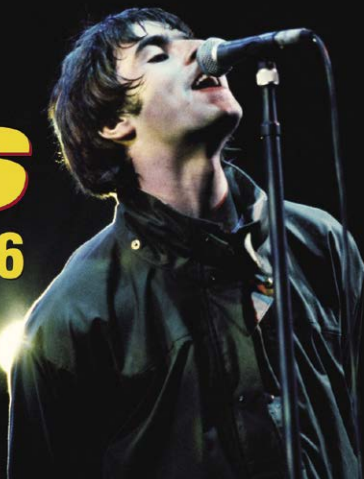


LA TRAVIATA
from Sydney
Harbour

Tuesday 21st Sept

oasis
KNEBWORTH 1996

IN CINEMAS WORLDWIDE
FROM THURSDAY 23 SEPTEMBER



Event cinema offers something a little different to mainstream films. Live and pre-recorded shows beamed in via satellite from all over the world. Here are the latest live streams that you can enjoy on the big screen at Parkway Beverley.

Thursday 2nd September, 7.15pm -
National Theatre: Follies (12a)

Tuesday 7th September, 7.30pm &
Sunday 12th September, 4.30pm-
Mick Fleetwood & Friends (12a)

Thursday 9th September, 7.15pm -
Rush: Cinema Strangiato -
Director's Cut (15)

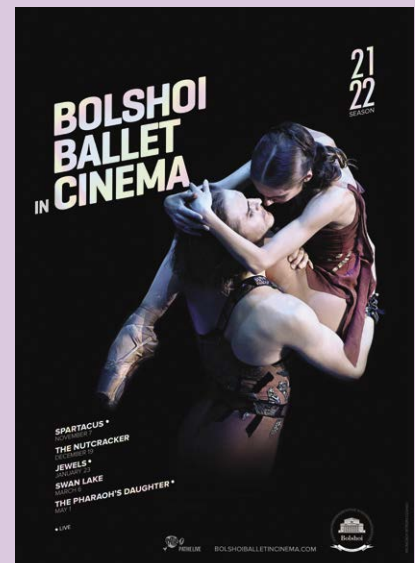
Tuesday 14th September, 7.15pm -
Northern Ballet: Dangerous Liaisons

Tuesday 21st September, 7.15pm -
La Traviata: Live from Sydney Harbour

Thursday 23rd September and
Friday 24th September, 8pm -
Oasis Knebworth 1996 (15)

Tuesday 28th September, 7.30pm -
National Theatre: Romeo and Juliet (12a)

Wednesday 27th October, 7.45pm &
Sunday 31st October, 2.30pm -
Cliff Richard - The Great 80 Tour



BROOK TAVERNER - THE LAST DAYS OF SUMMER

We at 35 Toll Gavel have been thoroughly enjoying the last days of summer. Whether that's days out at the races, staycations or just enjoying the simple freedoms that have come with the loosening of restrictions!

Though it hasn't been a scorching August, we have a newfound appreciation for getting out and enjoying the world around us, never forgetting to do it stylishly of course... Leisure and relaxation aside, it has been a busy month for us too! Our clearance sale went into full swing, with locals and tourists alike flocking to enjoy reduced products of the spring/summer season. You can still enjoy superb reductions across various product categories in store and online before we transition into our Autumn/Winter Collection, like having any 3 of our clearance shirts for just £55 or enjoying up to 55% off on hundreds of products!



The entire team is eagerly awaiting the launch of our brand-new Autumn/Winter Collection! As temperatures begin to drop, we will all need to be stylishly equipped to conquer the elements and layer up with handsome garments to keep the chills at bay. The Faldo Cord Jacket in mustard will do just that, providing the best of both worlds with its lightweight composition and insulating properties, not to mention its fantastic colour which is a fundamental tone of this season's collection. Corduroy can give an outfit such texture and depth, and endless fun can be had pairing the various warm, autumnal hues of our new collection together. It's the smartness of this jacket that reminds us of the joy of dressing up for sorely missed winter events, like bonfire night or going to watch the rugby on a frosty morning - we're looking forward to having a winter with much more to do!



As we do enter the colder months, the priority for any man's wardrobe will be finding the perfect transitional garments to make the change from summer to autumn as comfortable as possible! A perfect example is the Kerswell Moleskin Trousers. With 2% added elastane for stretch, the Kerswell moves with you for optimum flexibility and comfort throughout the day. Moleskin itself is an ideal winter staple, as it bridges the gap between casual and formal, allowing for an ultra-cosy staple that can be worn to the office and events alike, or simply around the house at the weekend. Featuring stone, berry, ginger, olive and navy,



the colour palette's versatility knows no bounds, giving you dozens of options to colour match with the rest of our fantastic garments! Our moleskin trousers happen to pair perfectly with our brand-new brushed cotton tartan and check shirts! These are the staples missing from your winter wardrobe, with patterns and colours instantly bringing your mind to the festive season, making them an ideal gift or simply a winter warmer for yourself. The sheer insulating properties of brushed cotton are indulgence personified, providing that extra bit of warmth when temperatures threaten to get sub-zero! In elegant greens, reds and whites, you couldn't ask for a more quintessentially wintry wardrobe wonder!

We in Beverley hope you have had an amazing summer of seeing friends and loved ones, enjoying a bit of sun here and there and hopefully returning to some sense of normality after what has been a very difficult 18 months! We can't wait for you to see what we have in store for our latest collection, and we'll see you very soon!

Many thanks, The Brook Taverner Team.

OPEN
Following
Government Guidelines

www.brooktaverner.co.uk



BROOK TAVERNER

35, TOLL GAVEL, BEVERLEY. 01482 882356

INDICOLL: GROW YOUR BUSINESS WITH MOBILE-FRIENDLY WEBSITES

Want a mobile-friendly website that works, looks great and will grow your business on every device?

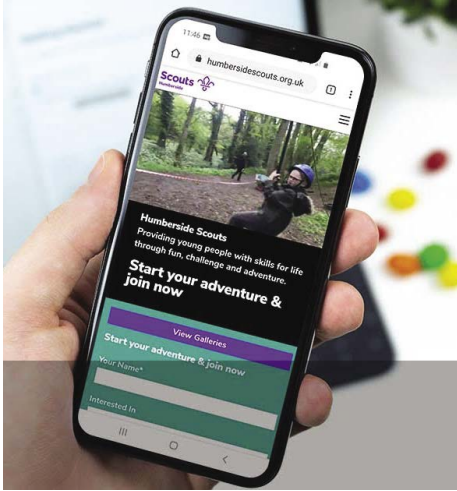
With years of expertise in web design and development, Indicoll have the ability to create beautiful websites for businesses that deliver tangible results and return on investment.

A mobile-friendly website designed and built by Indicoll not only looks beautiful and elegant, but is sure to help your customers choose you over your competitors.

Our impactful websites start from just £49 per month, and a deposit may be required.

We use a bespoke content management system that's powerful, easy to use, and it will empower you to update your new mobile-friendly website as often as you like, quickly and easily.

Find out how we can help grow your business today:
www.indicoll.co.uk




SHOCKINGLY GOOD VALUE

£49 PER MONTH WEBSITES

PAY JUST £499 DEPOSIT
THEN JUST £49 PER MONTH
FOR A MINIMUM TERM OF 12 MONTHS
AND THEN PAY MONTH-BY-MONTH THEREAFTER

FOR A WEBSITE THAT GETS REAL RESULTS...

CALL NOW ON:
01482 428650
marketing@indicoll.com
indicoll.com

INDICOLL



LEWIS NORTHEN
FUNERAL DIRECTORS



IN

MY FAMILY TAKING CARE OF YOURS

Get In Touch
1 Lincoln Way, Beverley, HU17 8RH
info@lewisnorthenfuneraldirectors.co.uk
www.lewisnorthenfuneraldirectors.co.uk
01482 888 658



Born and raised in **Beverley**, we are proud of the funeral services we offer to our local community.

As a family business we want you to have confidence in us to support you from the first point of contact, throughout and thereafter. The moment your loved one comes into our care they will be treated with care and respect. We offer a comprehensive range of funeral services ensuring you receive the perfect funeral service for your loved ones.

We are available 24 hours a day, 365 days a year, we will guide and support your family throughout.

My family taking care of yours

Giving the personal touch to funeral services in Beverley and surrounding areas.



HUBY™

Covering Hull, Beverley, Pockington, Driffeld and all the local villages



BOOK ONLINE

and **SAVE**
at
hubys.co.uk

Book in advance and save money.
The further you book in advance
the more you could save...



For service and repair call: **01482 866660**

CHANGES IN NATURE THIS SEPTEMBER

September is well known as the month of change; it sees us transition from summer into autumn, animals start feasting on food in preparation for the lean winter ahead, and while the weather can still be relatively warm, the temperature of the cold, dark nights starts dropping.

Not only this, but the change in season affects our environment, bodies and mood. For autumn and winter enthusiasts, the changes in nature during September are exciting as the temperature cools down, more crunchy leaves fall and the need for cosy jumpers and wrapping up returns.

Sun worshipers will be mourning the change in season, anticipating the winter so they can begin the countdown to summer again.



Something you can do to try adjust your looming negative feelings about the upcoming seasons is to reshape your mindset. Why not spend more time with someone who loves the cold season, or find an autumn or winter-only activity you enjoy and plan some weekends to do that activity with friends or family. You could go ice skating or learn how to make warm, comforting meals that will make your home smell and feel amazing in the cold months.

Other changes that occur this month include the Autumn Equinox later in September, which is when night and day will roughly be in equal length. From here, summer will be just a memory as the nights close in and the curtains get pulled earlier and earlier. When looking for signs of the equinox in nature, one thing to notice is the arc of the sun across the sky each day. In September, it starts shifting toward the south, and along with the path of the sun, birds and butterflies start migrating southward too. The sun will rise due east and set due west.

The changes in nature this month can prove a challenge for gardeners and wildlife enthusiasts. If you enjoy being out in your garden and are looking for ways you can help the wildlife around you at this time of year, start off with general garden maintenance. It's also worth reading about the animals that inhabit your garden so you can understand what they require around this time.

Some ways you can help animals' natural habitats prepare for the autumn and winter months include creating shelter that won't be disturbed such as gathering a pile of leaves or placing damp stones for beetles.

Four Generations, Giving Over 125 Years Service

Herbert 1870-1962	Eardley 1908-1986	Geoffrey 1939-2015	David 1964
----------------------	----------------------	-----------------------	---------------



Golden Charter
Funeral Plans



- Funerals Respectfully Conducted
- 24 Hour Out of Hours Service
- Free Advice & Support
- Private Restrooms
- Prepaid Funeral Plans Available
- Finance Options Available



Tel: 01482 844695
www.hkempandsonltd.com

259 Hallgate, Cottingham, East Yorkshire, HU16 4BG
Fax: 01482 843898
Email: hkempandsonltd@gmail.com

JACOB'S WELL APPEAL

CHARITY SALE

SATURDAY
18th SEPTEMBER 2021
9AM-3.30PM

TOLL GAVEL CHURCH BEVERLEY

Books, Bric a Brac, Clothes, Produce,
DVDs, Tombola & much more

SOCIAL DISTANCING & OTHER MEASURES WILL BE IN PLACE

RAISING FUNDS FOR JACOB'S WELL APPEAL
TO HELP THE POOREST PEOPLE IN THE WORLD
Call: 01482 881162
Email: office@jacobswellappeal.org

RAYMAC

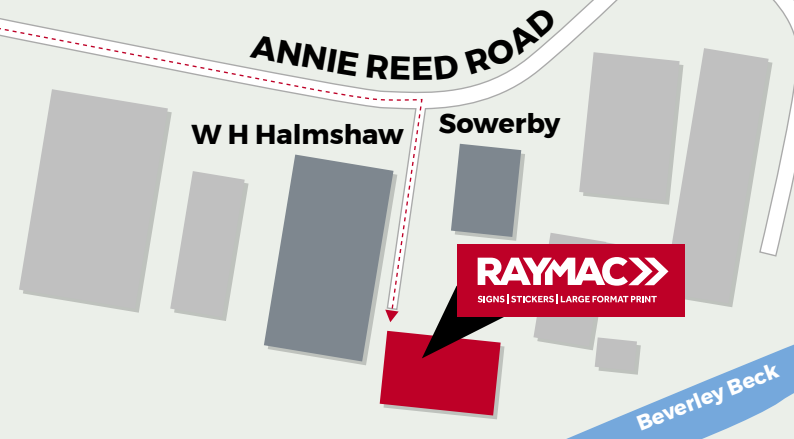
SIGNS | STICKERS | LARGE FORMAT PRINT

30 YEARS IN BUSINESS

NOW IN BEVERLEY

FREE

Design Service



SIGNS | STICKERS | LARGE FORMAT PRINT

PRODUCING QUALITY SAFETY SIGNAGE FOR OVER 30 YEARS



OPENING TIMES

MON – FRI 9AM UNTIL 5PM

Unit 2, Becksid Court, Annie Reed Road, Beverley

CUSTOM SIGNS MADE TO ORDER



STICKERS/WALL ART



ROADSIDE SIGNS



SWING SIGNS

OPEN TO TRADE AND PUBLIC

Call: 01653 600015 | Email: sales@raymac.co.uk | raymac.co.uk

Unit 2, Becksid Court, Annie Reed Road, Beverley, East Yorkshire HU17 0LF

STIPENDIA CELEBRATES ITS 8TH BIRTHDAY

Beverley based payroll solutions company Stipendia is celebrating its 8th successful year in business.

'Stipendia' is of Latin origin, meaning 'pay' or 'salary', but there is a lot more to the Swaby's



Yard company than simply delivering a pay slip at the end of the month. Providing a bespoke service for each client, Stipendia offers a flexible, outsourced payroll solution unlike any other.

COVID-19 has had an impact on all businesses in one way or another. Having navigated new working practices throughout the last 18 months of the

pandemic, like most businesses, Stipendia have changed the way that they work to ensure as always the health and safety of both their staff and clients.

For Stipendia, that involved ensuring they could keep their staff safe by working at home, reconfiguring the office, and implementing a COVID-safe environment, along with keeping staff up to date with all the new guidelines the Government had put out along with the Furlough scheme which came in.

As a reminder the Furlough scheme continues up to September when it will either end or new provisions will be put in place. Every year has been a milestone for the team at Stipendia as they continue to give their clients the highest standards of service, delivering a complete, specialist solution.

Stipendia have a good cross section of clients across the UK ranging from businesses with 2 employees and upwards to 350 employees, and cover a wide spectrum of clients.

From trade businesses such as plumbers, electricians, and builders throughout the construction industry which have been busy throughout the lockdowns, to large companies and groups of companies from IT to care homes, Stipendia have provided an excellent service for all.

Since starting out 8 years ago, Lynne could only dream of how well the business has taken off, putting this down to the ethos of the business; hard work and customer satisfaction, as a lot of business comes from referrals, along with her support of the local community, local charities and sponsorship of local clubs. Lynne is as active in her leisure time as she is in her business time

and puts total commitment into everything she does. Having taken up weight lifting, she is now proud to say she is the current Masters English Champion and will hopefully add other medals and accolades to her name as competitions open up again as restrictions continue to ease.

Training with Sam at Strong for Life, she continues to develop her skill and prowess in the sport, and is particularly looking forward to meeting Emily Campbell, the first British female Olympic weightlifting medallist who won a historic silver medal in Tokyo, Sarah Davies, who was close to a medal, finishing 5th at the Olympics, and one of the GB coaches, Cyril Martin, who inspires and motivates the team.



Over the last 8 years, Stipendia has expanded outside of the East Yorkshire area and continues to increase their client portfolio, keeping an eye out for businesses looking to be inspired and deliver Olympics-level services. The team will be delighted to welcome you on board.

WANTED! AMAZING STYLISTS

Unique is expanding and we'd love to hear from talented hair stylists who would like to join our award-winning salons.

If you share the same passion for delivering great hairdressing and a truly Unique experience as we do, please email allan@auniquesalon.co.uk in strictest confidence to find out more about the amazing FT/PT opportunities available.

UNIQUE



auniquesalon.co.uk

ALLEN CELEBRATES 5 YEARS AT THE TIGER INN

The Tiger Inn is celebrating 5 years in business with Allen Slinger as its tenant.

Having taken over the running of one of the area's oldest pubs in 2016, Allen has taken the Tiger Inn to new heights, bringing in new menus, a full interior and exterior revamp, alfresco dining, charity and gin nights, and more.

Introducing new events to put the community pub on the visitor map and grow the business, Allen has raised thousands for charity, put on comedy festivals, real ale festivals, and been involved in Beverley Fringe Festival, bringing customers from all over into Beverley.



Having faced difficulties throughout the pandemic, Allen is looking to the future and good times ahead, and if the past 5 years are anything to go by, the future of the Tiger Inn under Allen's day-to-day running can only bring more success.

View the menu online: www.tigerinnbeverley.co.uk

BEVERLEY AC COUCH TO 5K (C25K) RUNNERS GRADUATE!

There was a sea of blue and yellow at Beverley Westwood parkrun on 7th August when Beverley AC used their local parkrun as a graduation event for their 2021 Couch to 5k runners.

Six of this year's cohort ran the course on the Westwood to complete the 13-week programme: Andrea Pickles, Emma Everett, Monica Sharma, Sarah Collins, Sarah Wilson and Kirtikaben Prajapati.

Alex Hamlin, Gary Major and Gary Thomas were also members of this cohort who started their C25K programme in January. They did their graduation runs on 24 July.



The 2021 cohort was the fastest Beverley AC C25K group since the programme started in 2018.

Their average finish time was 37:30, a fantastic achievement!

The next Beverley AC C25K programme will start towards the end of January 2022 and further details about registering for this popular programme will be available in due course.

Afternoon Tea

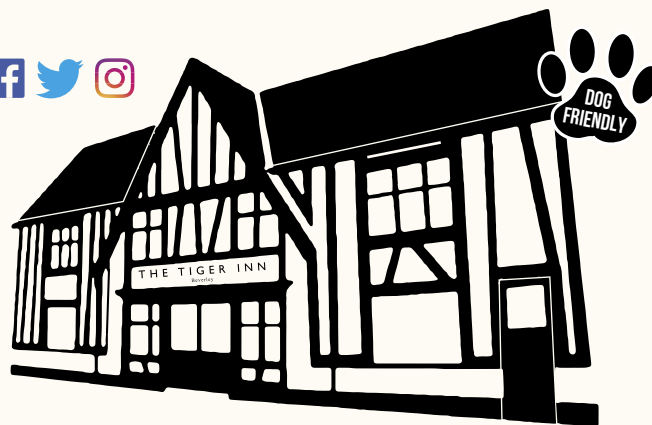
A selection of sandwiches, savouries and desserts, a choice of teas available...

£12.99 each, 2 for £22, 3 for £30, 4 for £35

Make your afternoon tea fizz for an extra £4 per person.

Available 12-5pm Monday to Saturday
Must be pre-booked

Vegan and Gluten Free options available



THE TIGER INN

OPENING TIMES:

MON - WEDS 12PM TO 10PM

THUR - SAT 12PM TO 11PM

SUN 12PM TO 10PM

FOOD SERVED:

MON - WEDS 12PM TO 7PM

THUR - SAT 12PM TO 8PM

SUN 12PM TO 7PM

OPEN
7 DAYS
A WEEK
SERVING FOOD
7 DAYS
A WEEK



Tel: 01482 869040 | www.tigerinnbeverley.co.uk
Lairgate, Beverley HU17 8JG

EVERYTHING BUT THE DOG - A LUXURY DOG GROOMING SPA IN BEVERLEY

Located on Butcher Row in Beverley, Yorkshire, *Everything But The Dog* is an independent dog boutique and grooming spa that's a touch special. Our dog grooming team make sure your dog not only looks fantastic, but they feel great too.

Qualified, Loving Care

Our dog groomers are highly experienced professionals (or should that be paw-fessionals) and undertake continued training to ensure they deliver the absolute best service to all of our clients.

The equipment in the salon is top-of-the-range and has been recommended by specialists. Unlike an ordinary bath, our hydrobaths have a unique spray-head action that massages and stimulates the skin. It is the most effective way to wash your dog and also provides a therapeutic water massage. Regular massage helps improve blood circulation, provides relief to tired muscles and has noted benefits for older dogs and those with



arthritis. Skin-friendly grooming products are used in all our spa treatments. Made from 100% natural ingredients (70% of which are organic), they have a pleasing scent and are gentle on your dog's skin while still delivering superior results. Our products are also kind to the environment; each bottle fully bio-degrades at landfill within 180 days!

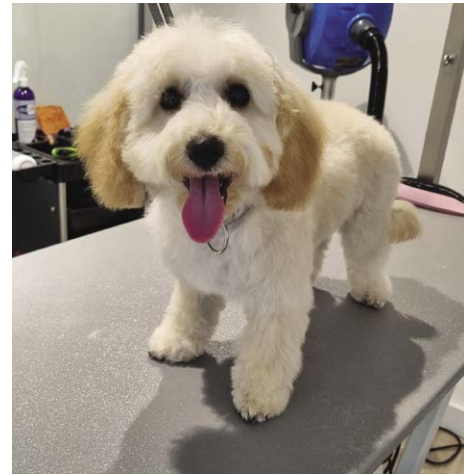


Specialist Puppy Package

At Everything But The Dog, we believe that your dog's grooming experience should start on the right paw! That's why we have a Puppy Package. The five-step approach has been specially developed to give your pup the right introduction to grooming treatments.

"I know how important it is to give your puppy the right introduction to regular grooming treatments, and at the right time, because I got it wrong!!

"Instead of gradually introducing Coopa to the sensations and experience of a grooming environment, and teaching him the necessary



puppy behaviours, I gave the groomer the challenge of a 6-month-old puppy that had an attitude and no desire (at all) to behave in a way that gives the best possible result from a pamper session.

"I learnt from this and wanted our Spa to provide a fantastic solution for all those new puppies out there, and I believe this is exactly what our Puppy Package does." - Andrea Milner, owner and founder of Everything But The Dog.

Next time you're in town, please feel free to pop in and look around the dog grooming spa. You can enjoy a browse in the boutique and introduce your dog to the environment before booking in their first groom and pamper session.

We are located at **Number 4, Butcher Row, Beverley HU17 0AB**. Call **01482 874897** to book a spa treatment or email: andrea@everythingbutthedog.co.uk



EVERYTHING
BUT THE DOG

DOG SPA AND BOUTIQUE

ANYTHING BUT ORDINARY

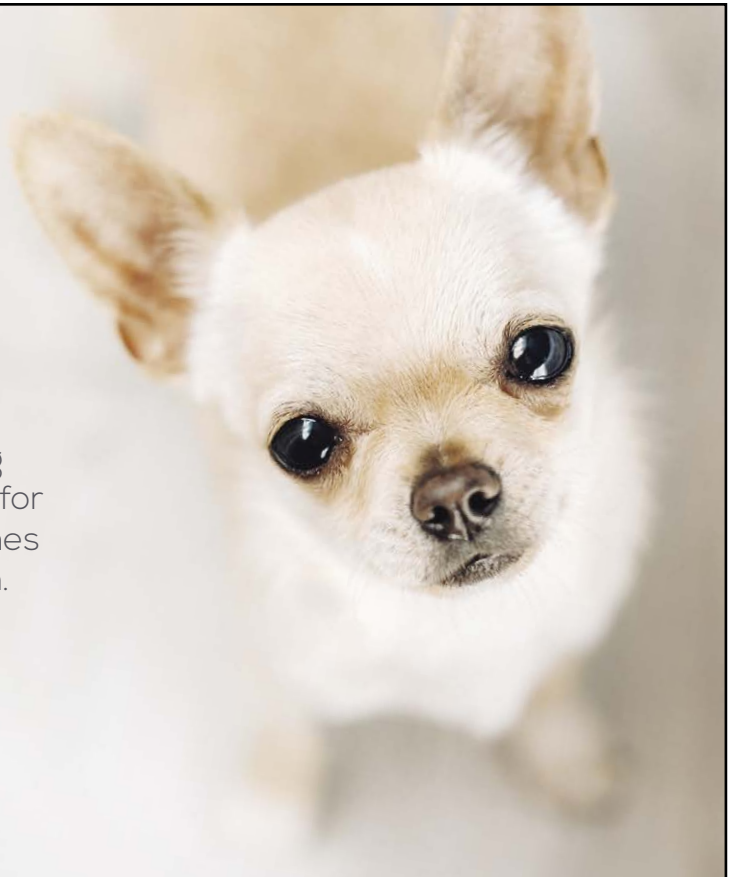
Luxury pet shop and dog grooming salon in Beverley hosting unique gifts for dog lovers, dog accessories and clothes for the well-heeled dog about town.



01482 874897

Butcher Row • Beverley • HU17 0AB

everythingbutthedog.co.uk



Toll Gavel Church Beverley Heritage Weekend Open Days:

come in and look round our church and special displays:

Friday 10th September 2021 10am to 4pm

Saturday 11th September 10am to 4pm

Sunday 12th September 12noon to 4pm

Why not join us at our Sunday Service 1030- 1130am

Wesley in wool:

143 knitted figures in 15 scenes from the story of the life of John Wesley the founder of the Methodist Church

Stories from the past:

Stories from Methodist/URC churches in Beverley over the last 250 years

What we're doing today in Beverley:

- How people use our Church today;
- Our young people will be taking part in activities on the church drive.

Refreshments - tea coffee cake - will be available

ART & SOUL CELEBRATES FIRST YEAR IN BUSINESS

Art & Soul are celebrating its 1st year in business with an event for all artists to get together and meet each other. The party will be held on the evening of Friday September 17.

The Flemingate shop has been busy throughout the summer holidays with lots of new customers visiting not just from Beverley but from further afield, leading to high online and in-store sales. While all spaces for artists in the shop are currently full, get in touch with Jane if you still want to rent extra space as you can be added to the waiting list for when the odd space becomes available.

Customers have now started buying Christmas presents to stay organised and put away for the months ahead. With the current success Art & Soul has seen, artists should keep their space well stocked to make the most of the run up to Christmas... it appears to have started early this year!



CONVERSATION FRANÇAISE ONLINE CLASSES

DON'T LEARN FRENCH, Speak it!

PASCALE ROWAN

M: 07931898250
PASCALE.ROWAN@GMAIL.COM

EAST RIDING COLLEGE Community Education at Flemingate, Beverley

Course	Duration	Date	Day and Time	Fee	Code
Introduction to Psychology Step 1* <small>*First 2 weeks in class then online or in class</small>	5 weeks	23/09	Thu, 6.30 - 8.30pm	£50	PF235/1
Introduction to Psychology Step 2	5 weeks	04/11	Thu, 6.30 - 8.30pm	£50	PF236/1
Spanish Improvers 1	10 weeks	20/09	Mon, 6pm - 8pm	£100	PF237/1
Spanish Higher Intermediate 2	10 weeks	22/09	Wed, 6 - 8pm	£100	PF238/1
Navigation Skills for Outdoor Pursuits	5 weeks	22/09	Wed, 6.30 - 8.30pm	£100	PF239/1
Spanish Beginners Step 1	10 weeks	21/09	Tue, 6 - 8pm	£100	PF240/1
Introduction to Creative Writing	5 weeks	23/09	Thu, 6.30 - 8.30pm	£50	PF241/1
Preparing your garden for Winter	5 wks	20/09	Mon, 6.30 - 8.30pm	£50	PF242/1
Prepare your garden for Spring	5 wks	01/11	Mon, 6.30 - 8.30pm	£50	PF243/1

PART-TIME ENROLMENT DAYS at Beverley

**Sat 4 September,
9.30am-12.30pm**

Tue 7 September, 5-7pm

Wed 8 September, 5-7pm

**Sat 11 September,
9.30am-12.30pm**

**ENROL NOW
FOR THIS
SEPTEMBER!**

GCSEs at Flemingate, Beverley

MATHEMATICS

Tuesday 6-9pm

Wednesday 9am-12pm

ENGLISH

Monday 6-9pm

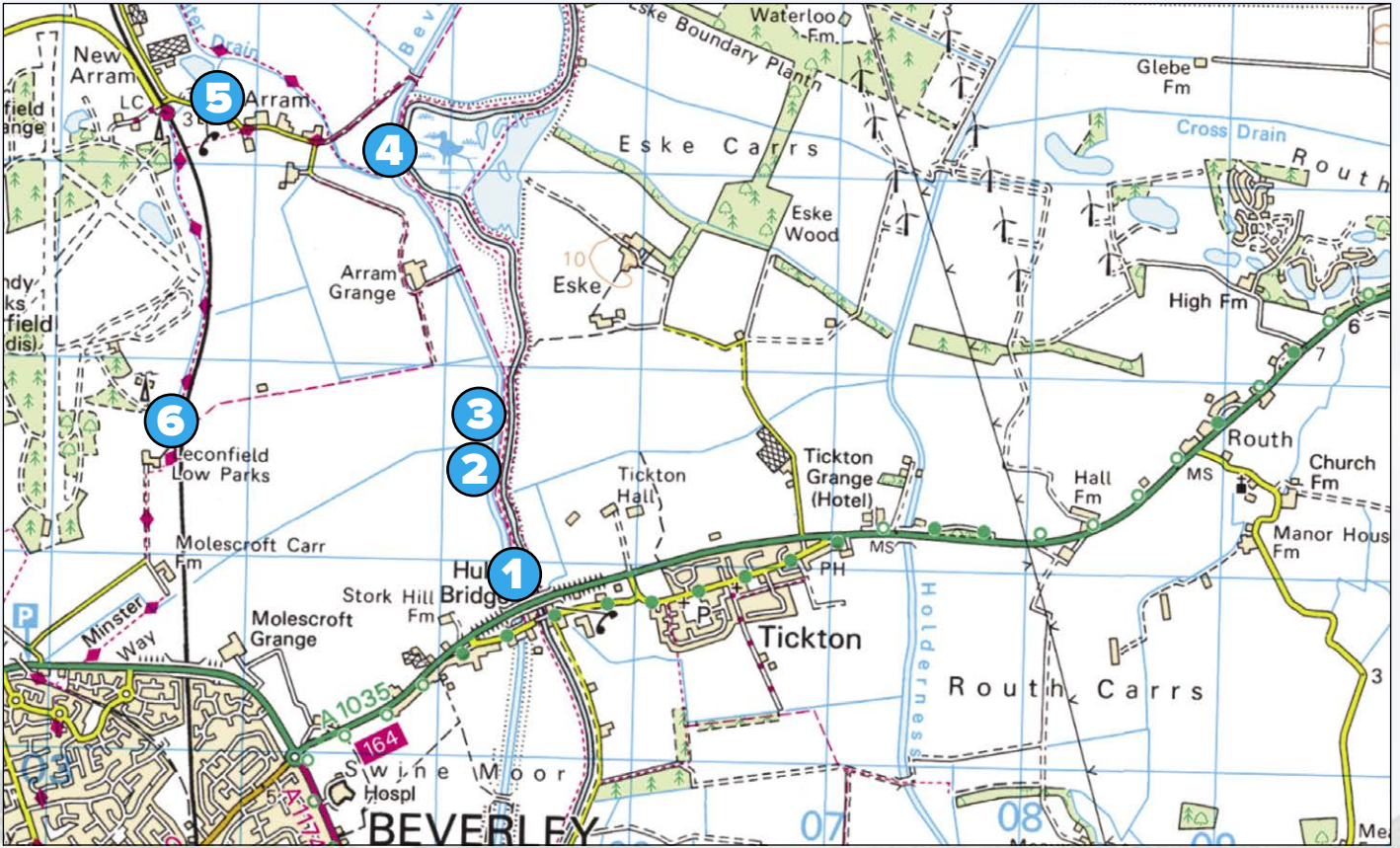
Wednesday 1-4pm

BIOLOGY

Tuesday 6-9pm

East Riding College

AMBLING AROUND ARRAM



Although lying barely 3 miles from Beverley, I would venture to suggest that very few of us know the tiny village of Arram and its surrounding countryside.

Somewhat incredulously, its 200 or so inhabitants do have a rail station, although the service is conspicuously limited. There is, however, an excellent series of footpaths and some fabulous wildlife to enjoy in its environs.

This gentle, surprisingly varied, 4 mile amble to and from Hull Bridge is perfect for late summer.

1 Start your walk on the west side of Hull Bridge, across the river from the popular pub. To access, there is parking, a short bus ride from Beverley, or very pleasant walking across Swine Moor. Both sides of the bridge have interesting plaques; the eastern one is in memory of those killed in a WW2 air crash here.

It is wonderful to see the Crown and Anchor trading again, perhaps ideal for your post-walk refreshment. Cross the stile, pass



Arram Station

HERE TO GET *you* THERE

HUNTERS®

EXCLUSIVE

BEVERLEY / 01482 861411



Crown & Anchor pub

under the road bridge and walk atop the river embankment - this affords good views back to town.

In 600 yards you will see a metal footbridge crossing the drain, which allows you to explore the lovely Storkhill Woods.

2 Cross the bridge and take a most pleasant anti-clockwise stroll on the clear path, you pass some lovely wetland.

The wood is about 20 years old and much more mature than when I first knew it. It is a tonic in an area with very little woodland, an in spring is full of birdsong.



The meandering River Hull near Arram

3 Return to the river embankment, heading north upriver. The traffic noise will now have gone, across the River Hull is the splendid Pulfin Bog Nature Reserve and large lake, but there is no access from this side.

Here, I saw a heron and many wild geese. Pass through 2 stiles and in less than a mile

you cross a footbridge where Arram Beck joins the river.

4 Now follow the grassy track left to the farm, again forking left at the next gate and passing through the farmyard, proceeding into the village on the road. There are some lovely buildings in what is really only a hamlet, notably handsome Whitewater Farm.

It is striking to see a lovely old red phone box so close to the KCOM area; it is now put to splendid use as a book exchange. You soon reach the tiny village green with a handy seat. Cross over the railway past the fine former-stationmaster's house.

5 Take the clear path to your left on the western side of the track. This is a pleasant route through trees, passing ponds to the rear of the Leconfield base. This track, part of the Minster Way, will take you all the way back to Beverley, but to return to Hull Bridge, take the path over the railway at point 6.

6 Follow the dog-leg route, past Arram Grange, over and down the drain, back to the river bank and head south to Hull Bridge. On recent walks in the area I have seen foxes, buzzards,



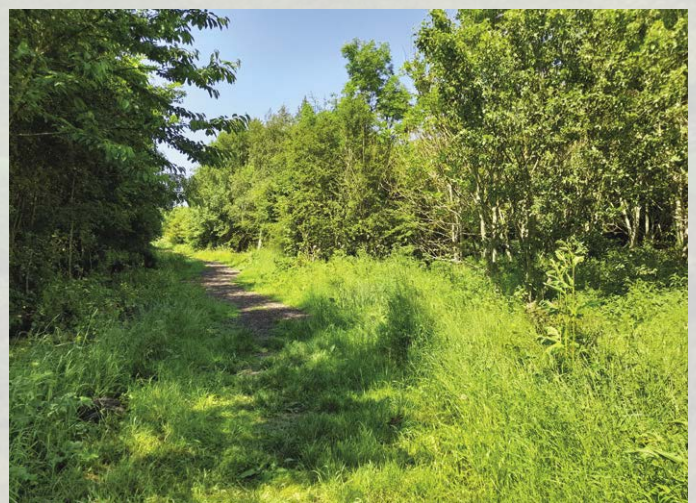
Arram's library!

owls; sadly no otters as yet, but they are there. In early August I was drawn back by reported sightings of the rare black stork, but I did not see one.

Arram is mentioned by Flanders and Swann in their beautiful song Slow Train, a eulogy to lines and stations due to be closed in the 1960s by the infamous Dr. Beeching (available on YouTube.)

Somehow Arram survived, I really must carefully check the timetable and buy a return ticket very soon, for there are more paths to explore to the north towards Aike where a vineyard will be open to the public as part of the fabulous Heritage Open Day programme in mid-September.

Ian Richardson, August 2021.



WALKING EAST YORKSHIRE FESTIVAL

11th - 19th SEPTEMBER 2021

This September, the Yorkshire Wolds once again plays host to the 11th Walking East Yorkshire Festival brought together by tourism partners and volunteers across East Yorkshire.

Showcasing over 100 outdoor activities including specialist guided walks, boating, horse riding and cycling.

The focal point of the Festival this year is a trek along the **Centenary Way** footpath. Starting in Filey, the 83 mile route sweeps through the chalk hills of the Yorkshire Wolds, passing the **WANDER project** Enclosure Rites artwork at Wintringham and **Wharram Percy medieval village**, before finishing in the City of York. The walk will take place over seven days of the Festival, covering approximately twelve miles per day.

For those who enjoy a slightly less ambitious trek, the ramblers invite us to some taster sessions, including a coastal walk from **Danes Dyke** to the **Flamborough Head Peninsula** taking in spectacular views of the Heritage Coast Line.

Guided walks around our historic stately homes are always popular, so these have been extended to include the palladian mansion of **Everingham Hall** near Pocklington. Part of the Historic Houses network, we are invited to take a tour of the principal reception rooms and nearby Chapel of Saint Mary and Everilda. **Sledmere House** will once again be opening their doors with an informative tour of the house focusing on the history of the Sykes family. Tickets allow you access to the grounds for the entire day, which will allow you to explore the walled garden, parkland and indulge in a spot of shopping at The Woodyard, home, gift and garden store. Join one of **Burton Constable's** guides on a 'behind the scenes' tour of the Hall in rooms not usually open to the public. You can also spend the rest of the day exploring the many trails around the estate at your leisure. **Wassand Hall** are once again joining us to providing a tour of their regency House, finishing off with a walk exploring the woodlands and arboretum, with views across Hornsea Mere. **Secrets of Sewerby Hall and Gardens** offers a rich history tour of the hall and grounds.

Driffeld Navigation Trust invite us aboard the 'Lady Jayne' on the Driffeld Canal. The cruise takes you from Frodingham Landing southwards towards Bethells Bridge at Hempholme. **Pocklington Canal Amenity Society** will once again be hosting two trips aboard the 'New Horizons' narrowboat where you can spot wildlife along the way.

Walking the Town Beverley will be hosting their usual comprehensive list of guided history walks including **Larkin about Beverley** which tells the story of Philip Larkin, who was a frequent visitor to Beverley for over 30 years.

A Walk of Small Things brings to life small details that you may walk past every day and not have seen or **Over 500 years of history in less than 500 steps** takes you on a short history walk with masses of information about the town's past. Those interested in the painters **Fred and Mary Elwell** can enjoy a walk and talk looking at the places linked to the Elwell family in Beverley and finishing off at the garden of Bar House - Fred's home for 44 years!

Pocklington will once again be walking in the footsteps of the **Pilgrimage of Grace** uprising on one of its main routes, from the Wolds Heritage Centre in Warter and taking in some breath taking scenery on a route back to Pocklington.

New events to the Festival this year include an **Outdoor YOGA and a soundbath experience** which will be held at the **Grand Lodge of Oaklands**, a magical wedding venue set amongst 20 acres of beautiful woodland along the River Hull.

If it's an evening stroll you are interested in, join the team at **RSPB Bempton** for a dusk walk along the white cliffs where you will be able to spot local seabirds, catch a glimpse of porpoises and spot the UK's smallest bats with the reserve's new bat detector!

Other Festival highlights include the popular **Boots and Beer Walk** along a section of the Yorkshire Wolds Way and finishing off with a buffet at Wold Top Brewery.





For those with an interest in fine wine, join the National Trails Ranger for a circular walk around South Cave finishing off at **Little Wold Vineyard** where you will have the opportunity to learn about the vines and indulge in a spot of wine tasting.

For ladies looking to get back in the saddle and make new friends join the **Breeze Cycling Ladies** on a number of taster events, taking in some pretty country roads across the East Riding and finishing off with a well-deserved refreshment break.

Other walking delights include a Wander of Wolds Wonders, The Chalk Land around Warter and the Geo park around Thixendale where you will receive an insight into the archaeology and geology of the Yorkshire Wolds.

Visit Driffield and take in a circular trod along a section of the new hugely successful **Wold Ranger Way** – a new 43 mile circular challenge around Driffield and the surrounding countryside, which pays homage to a nomadic tribe of farm hands living off the land on the Yorkshire Wolds.

For families, a trip to **Bridlington Kite Festival** is a must with vibrant kites soaring high over Sewerby Fields. You may also enjoy a guided walk through the **Humber Bridge Country Park** with a visit the newly opened **Hessle Whiting Mill** on the foreshore of the River Humber, or a children's quiz along **Beckside in Beverley** created by the Beverley Ramblers.

Enjoy a do-it-yourself walk with the **'What was here?' App**. Accessed on your smartphones, the app can be used at various locations across the East Riding to uncover past surroundings from where you are standing. This includes photography and historic maps.

From long walks to short walks and experiences not usually open to the public, immerse yourself in the **Walking East Yorkshire Festival** programme. Download your guide at www.walkingeastyorkshirefestival.co.uk



ASK THE EXPERT WITH WHITE RABBIT CHOCOLATIERS - WHAT IS THE PLAN AFTER SUMMER?

It is the time of year that Chocolatiers start getting excited! The end of the long Summer holidays might be disappointing for the kids, but it marks the dawn of a New Chocolate Year for us with lots to look forward to.

After a tough few months of leaning on hospitality at a time when cafes and similar establishments are under substantial volumes of pressure (combined with the hot summer weather depressing sales of chocolate) there is finally a reason to buy chocolate on the horizon.

September will be the calm before the storm; as football drops and the kids go back to school us chocolatiers will be hard at work developing chocolate for the seasons to come.

Of course, as the days begin to cool and the nights draw in it becomes perfect hot chocolate



weather, and we become a top after-school treat spot again. We will be launching autumn limited edition desserts, and seasonal bakery, but in the background we feel the pressure to develop our Halloween chocolate range, make prototypes, take photography, and get it out into the public sphere before the season really starts.



And it's not just us; an early Halloween product drop in Home Depot in the USA just sold out, and it's still August! So this year, we aim to get Halloween products on the shelves earlier than ever, because we all need a little something to look forward to! Beyond that we will also begin to shout about our Advent Calendars. After a successful launch last year, our delicious Truffle



Box Advent Calendars give you a truffle a day and are a standout choice for the joyous festive season we are all craving. Products like this are up against a crowded market, so it is important to release them early so that people can start dreaming of what they would like under the tree this year.

There can be a sense that it is us retailers that bring products out too soon, and at White Rabbit we are always cautious not to bombard customers too early or for too long, but this year I made an interesting observation. Each week my fancy new website we launched earlier this year gives me a run-down of the top searches on my site; the top search for last week? Christmas! So I know it's not just us excited!

Ed Hawkes, White Rabbit Chocolatiers.

HOP ON DOWN TO

WHITE RABBIT

— for handmade, quality treats —

A taste of wonderland...

16 Dyer Lane, Beverley, East Yorkshire, HU17 8AE
Tel: 01482 679325
Order online: www.whiterabbitchocolatiers.co.uk

STAYING SAFE AND BEING MINDFUL OF OTHERS THROUGHOUT THE PANDEMIC

Many people are looking forward to returning to the life and activities we've missed over the last 18 months, but some people are still feeling anxious and stressed about the thought of life returning to normal while living with the risk of catching the virus.

However you are feeling about the pandemic, it is important to stay mindful of others and respect how they are feeling towards the future.

Face masks have played a vital part in reducing and containing the spread of the virus, so while they are now voluntary to wear, it is worth considering occasions where it may be wise to wear one, such as around a vulnerable person or friend. Choosing when to wear them and when not to may also depend on the situation, for example, if you are in a crowded place or using public transport you may feel more comfortable wearing a face mask.

If you are friends with someone who was previously in the shielding or clinically vulnerable group, they may be apprehensive about returning to normality but there are things you can do to help make them feel more at ease.

You can meet them outdoors rather than an indoor setting, grab a coffee to go and take a leisurely walk around their area, or now the weather may take a cooler turn, meet somewhere well ventilated and remain socially distanced if it would make them feel more comfortable.

For those who are ready to go back to pubs, restaurants, cinemas and shopping, a simple way to ease back into the normality of it all is to go at a time of day when it will be quiet and less busy, take hand sanitiser with you, and keep socially distanced when sitting down.

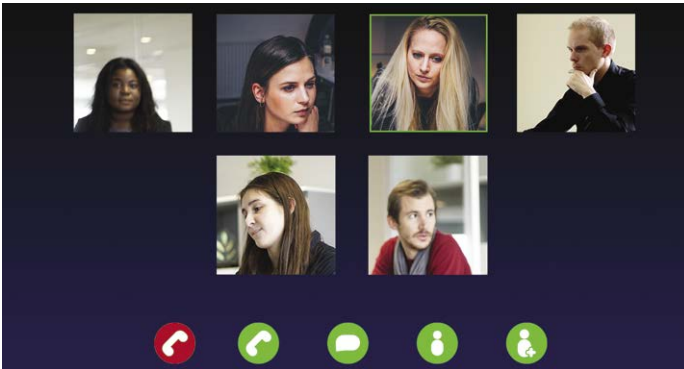
It's completely normal to feel anxious about the future and living with Covid-19, but there are plenty of ways you can manage those feelings with the help of your supportive family and friends. Be mindful of others and if you're having concerns, speak to someone. While it may be difficult, it helps to open up and get the right support.

RESPONSIBLE INVESTMENT BEYOND THE CORONAVIRUS

How the investment community can help advance the environmental gains that have come out of COVID-19.

The consequences of the coronavirus pandemic will clearly be profound, wide-ranging and long-lasting. So, it's no surprise that any sources of optimism to be found as the crisis unfolds are quickly seized upon. Perhaps the most significant so far has come in the form of the immediate effects on the environment.

Greenhouse gas emissions have fallen, while data from NASA suggests that air quality has improved dramatically as countries around the world have taken steps to restrict activity and travel. Indeed, this could be an opportunity for organisations to rethink how they do business - and question whether they need to return to a form of normality in which, for example, employees are flown to meetings that could otherwise be held using video conferencing facilities.



A more realistic rate of change

Unfortunately, however, the environmental positives are likely to be temporary. Indeed, there is now a risk of efforts to address climate change becoming a lesser priority as governments focus on dealing with the economic implications of the crisis.

This is why the investment industry has an important role to play in maintaining the momentum that has gathered in recent weeks and months. The biggest crisis now is clearly COVID-19, but the biggest crisis of the 2020s is still climate change, and we need to ensure that once we're on the other side of the coronavirus pandemic that governments keep focusing on that. But the environmental gains from the pandemic have clearly been made alongside painful social, economic and health consequences. In other words, the current rate of improvement is unsustainable. If we're taking climate change seriously, we would rather see a smooth transition at a rate less dramatic than we're seeing at the moment. We don't want to be in a position of having to bring a halt to everything, as we are now, in order to have that environmental impact.

We can invest for change

Responsible investing isn't just about the environment, of course. The crisis has also shone the spotlight on corporate behaviours - both good and bad - and helped illustrate why businesses cannot simply be about making profits. If they are going to be successful, they need to think about their wider stakeholders. Companies that have put measures in place for employees, for example, will come out of this with higher employee satisfaction and community spirit - and that contributes to their long-term success. The importance of environmental, social and corporate governance (ESG) factors in investment decisions has only become clearer as the crisis has unfolded.

Investors increasingly seek information about sustainability and responsible investing, with growing awareness of the broader long-term aspects of successful and effective investing. Anyone who wants to explore their responsible investing options should speak with a financial adviser.

To receive a complimentary guide covering wealth management, retirement planning or Inheritance Tax planning, contact Navigation Wealth Management on **01482 379504** or email: navigationwm@sjpp.co.uk.



SPECIAL DAYS TO CELEBRATE IN SEPTEMBER

September is a month full of change, and if you're looking for new and fun things to do with your family while you adjust to the new things that might be happening, why not do something different? Here are some unusual days you can celebrate this September with your friends and family.

3 September - National Doodle Day

National Doodle Day returns on 3 September 2021 where a whole host of famous faces will pick up their pens, pencils and paints to raise money and support people affected by epilepsy, and you can take home a completely unique piece of art by a famous celebrity.

All doodles will be available to buy at an online auction. Previous auctioned doodles include that of Aisling Bea, Hugh Bonneville, Michelle Dockery, Jools Holland OBE, Celia Imrie and many more.

13 September - Roald Dahl Day

Join in the global celebration of one of the world's greatest storytellers Roald Dahl and his stories this September to commemorate him and his achievements.

Help your children enter into the world of Dahl's imagination for the day and meet a BFG like Sophie, or attempt to move things with your mind like Matilda!

19 September - International Talk Like A Pirate Day

Well shiver me timbers, it might be a parodic holiday created in America but International Talk Like A Pirate Day took the world by storm.



Even though real pirates spoke in numerous dialects, today is a great excuse to greet everyone with "Ahoy, mates!" or "Ahoy, me hearties!" If you're a teacher it's also a great way to incorporate some fun into your lessons!

24 September - World's Biggest Coffee Morning

The World's Biggest Coffee Morning is Macmillan's biggest fundraising event for people facing cancer.

When the first nationwide Coffee Morning took place in 1991 it had 2,600 supporters, which has grown ever since. The annual event is now the largest and longest-standing fundraising event of its kind in the UK. Make up for all those missed catch ups from the past year and grab a tea or coffee with a friend.



25 September - The Great British Beach Clean

Every year, thousands of people across the UK take part in beach cleans.

If you're shocked by the amount of litter on our British beaches that puts marine wildlife at great risk, why not volunteer with your family to join in with a beach clean near you?

SHORT STORY BY MALCOLM BROOKS - A DEATH IS ANNOUNCED



The mist kept appearing and disappearing as Ivor approached the very top of his last Munro, Ladhar Bheinn, all 3346 feet of it. He was about to complete a life-long ambition of climbing every peak over 3000 feet that Scotland possessed.

It was just after midday on 23rd September 2017 when Ivor dragged his weary legs to the summit. As he approached the stone indicating his final destination, he noticed a plaque.

As he read it, he shivered. Not because of the cold on the mountain but because of what the plaque said. He stopped and stared and reread the message.

'Paul Gurner 22.07.44 - 24.09.17'
'The soul that sees beauty may sometimes walk alone'

It wasn't the unusual name that held Ivor's gaze but the date of the gentleman's death. "24th September?" Ivor muttered to himself, "But it's only the 23rd today!"

Once down off the Munro, Ivor decided to look into the mysterious circumstances of Paul Gurner's impending death. It was an unusual name so tracing his whereabouts shouldn't be too much of a problem.

A quick scan through the hotel's telephone directory revealed that there was only one Gurner, living in the area. The following day Ivor set out as he often did on a solo walk, but this time not up a Munro or even his usual ten mile countryside meander, but for the address he had found. The first thing he noticed when he arrived there was that all the curtains were closed.

He knocked loudly on the door but there was no response. After a second loud knock, the door of the neighbouring cottage opened. "You looking for Paul?" enquired a thick set Scotsman, the kind you might find tossing the caber at a Highland Games. "Yes. Do you think he's at home?"

"He should be. His wife died recently and he doesn't come out much now."
"Does he have family?"
"No. They couldn't have children and they were such a lovely couple. Would have made great parents. Why don't you try again?"

Ivor knocked as loud as he dare, but still no answer.
"Maybe he's ill," said the neighbour. "I'll ring his mobile."
Ivor sensed something was wrong. Looking through the letterbox, he detected the smell of gas.
"I'm going break the door down."
After sharing the turns in bashing the door, it finally gave way and the smell of gas was immediate.

"Don't switch on the light, the place might go up in flames."
Paul was slumped in the armchair and simply looked asleep. Ivor pulled out his handkerchief and placed it firmly over his nose and mouth. Together, the neighbour and Ivor dragged Paul outside and laid him on the pavement. The neighbour ran back in the house and switched off the offending gas fire, opening as many windows as he could before returning to the street, gasping for air. Paul too was gasping as he awoke from his catatonic state. Whether it was an accident or a suicide attempt Ivor never found out. He left the neighbour to deal with the broken door and a recovering Paul. A puzzled frown crossed his face as he walked away.

In the mist at the top of the Munro, the grey-haired lady smiled to herself. Her plan, she was sure, had worked. Ivor had been her instrument in extending her husband's life.

The plaque now simply read:

'You are now at the peak of
Ladhar Bheinn Munro:
1020 metres (3346 feet)
Life is what you make it'

Malcolm Brooks lives in Beverley and is the author of the Eva Trilogy and the novels 'Waiting in Line' and 'Living with Certainty'.

POEM BY JOHN GILHAM - MORE THAN WE THOUGHT



*Back in the day, at the Renaissance,
Jupiter had four moons. That old heretic,
shaker up of cosmic theories, of God,
of hierarchy, of man the pinnacle of creation,
Galileo, spied them with his glass.*

*And I've seen them, through a small reflector,
watching them dance from one night to the next,
changing places, strung in a line,
as the great gas planet crept bright across the sky.*

*Now, it seems, those four are just the tip
of an iceberg of frozen worlds, more every year,
till we're counting sixty-five, sixty-six,
more than there are names for.
Callisto, Io, Ganymede, Europa, lost in the crowd.*

*The Earth has one. What a different
store of verse we'd have if four or 10
or 66 moons sailed through our night.
How must we think of ourselves, third planet out
from a single star, with a single moon,
now that we know every time we look,
there'll be another moon of Jupiter and,
out in the galaxy, another water-bearing planet
shines in the spectroscope, adding to
our wild surmise, our search for things like us.*

John Gilham lives in York. As well as poetry his enthusiasms include railways, pubs, London, European travel, the Wolds, jazz, and his grandchildren.

Monks Walk Inn

19 Highgate, Beverley HU17 0DN

Tel: 01482 880871

www.monkswalkinn.com

**WELCOME BACK TO
ALL OUR CUSTOMERS**

- TABLE SERVICE •
- GOOD BEER •
- GOOD COMPANY •

**OPEN MON-FRI 4pm-10pm,
SAT 12noon-10pm, SUN 1pm-9pm**
Large Beer Garden & Outdoor Courtyard Area
NEW! QUIZ Tuesday
LIVE music Wednesday, Thursday and Sunday
WE LOOK FORWARD TO SERVING YOU!



It's good to be open again

Telephone: 01482 869111
sales@rosesofbeverley.karoo.co.uk



The Kitchen Factory, The Courtyard,
Tokenspire Business Park, Beverley
HU17 0TB

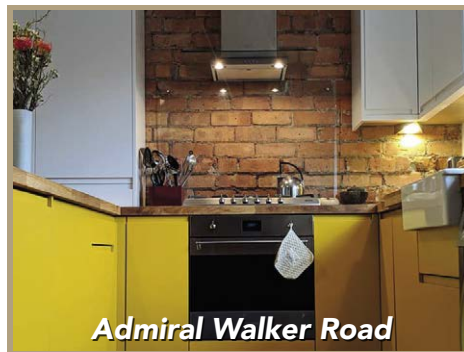
INSTALLING KITCHENS IN AND AROUND BEVERLEY FOR 20 YEARS

Our new showroom is now open

Monday to Friday 9am - 5pm
Saturday 9am - 1pm

Please call 01482 869111 to book a viewing

FACTORY TOURS | VISIT OUR PRE-INSTALLATION FACTORY | COOKERY DEMONSTRATIONS
BROWSE AROUND OUR UNIQUE DOOR LIBRARY | SEE OUR CLASSIC COMPILATIONS



Together we will design a beautiful kitchen

ROSES WILL THEN PROJECT MANAGE YOUR KITCHEN INSTALLATION FROM START TO FINISH



MANY MORE OF OUR CUSTOMERS KITCHENS ON OUR WEBSITE
5 STAR RATED OVER 39 GOOGLE REVIEWS ★★★★★

Visit www.roseskitchens.com
to see our customers kitchens and read what they have to say about us

Telephone: 01482 869111



GOOD NEIGHBOUR AWARDS

The Mayor of Beverley is asking residents of the town to nominate their good neighbours for a civic award. "Good Neighbour Awards".

The Mayor explained: "Every year, a couple of local people or organisations that have played an important part in the community life of Beverley are personally chosen by the Mayor, to receive Good Neighbour Awards.

This year we want to change that process and open it up to the community. Therefore, we are asking for the Beverley public to submit nominations. The Council will look at each individual entry and select ten recipients, who will each receive a Good Neighbour Award, with one extra special Mayor of Beverley's Civic Award for someone who has really pushed the boat out. We want to celebrate the best of Beverley."



Nominations can be for relatives, friends, neighbours, organisations, volunteers, shops, carers, doctors, pharmacies and other hospital staff. Also, teachers, delivery drivers, churches, takeaways, pubs - anyone who has helped you or the wider Beverley community during the pandemic.

To make a nomination write to the Town Council, including your details, the details of the person or organisations you nominate, and an explanation as to why you feel they went the extra mile during the lockdowns and should be presented with a Good Neighbour Award. Send to Beverley Town Council via clerk@beverley.gov.uk or by post to **Good Neighbour Awards, Beverley Town Council, 12 Well Lane, Beverley, HU17 9BL**. The deadline for Nominations is Friday 1st October 2021.

Winners will be presented with their awards at an event held at East Riding Theatre on 11th November, which will include special guest presenters and entertainment.

COMMUNITY WORKING TOGETHER

Freemasonry is a voluntary vocation and I am the Charity Steward at our lodge, but by day I work full-time as the acting manager of Frank Stephenson & Son, the long established Beverley funerals directors.

As I lived in Beverley for a while, it gives me great satisfaction and pride to know I give back to the community and help in my own little way to help those in need both as a freemason and a local funeral director.

Freemasonry is not just for the retired needing something to occupy their time, it's for all honest and upright men, in employment or not, to share in common aims to help each other and the community in which they live.

We hope to promote ourselves as an important part of the community, and one such way of achieving this is by charity, which is one of the freemasons corner stones.



The cheque we are to present is for £1175, which was raised by personal donations from 40 or so full and honorary lodge members and includes an additional contribution from the Yorkshire and North East Regional freemasons. Our Worshipful Master, Terry Fisher, will be there as well as myself.

Brothers from the Ridings Tablers' Lodge no. 9586 nominated different charities for different reasons. A free vote was held and the good work of Beverley Lift was regarded to be of great importance to the community, especially the older members of the community who find it difficult to make essential journeys without their help.



Litho and Digital Print that gets you noticed

BROCHURES LEAFLETS
POSTERS CALENDARS PADS
LARGE FORMAT PRINTING
STATIONERY MAGAZINES
SAFETY SIGNAGE BANNERS
VARIABLE DATA/MAILING
and much much more



Jadan Press are a leading family run commercial and trade printer based in Hull. With over 20 years experience, we are renowned for producing exceptionally high quality print and finishing. We are committed to providing an excellent service by offering value for money and ensuring complete customer satisfaction.

01482 610902 info@jadan-press.co.uk www.jadan-press.co.uk

Rainbow House, Kimberley Street, Hull, HU3 1HH

JadanPress
 JadanPress
 jadan_press

Your Local Funeral Professionals

*Serving families in and around Beverley
for many years*

FRANK STEPHENSON & SON FUNERAL DIRECTORS

29 Minster Moorgate | HU17 8HP | 01482 881 367



WE'RE HERE FOR YOU ANYTIME

Whatever your funeral wishes and budget, we can provide a funeral to suit you. Prepaid funeral plans also available.

*We are very proud to be a Dignity Funeral Director,
providing a 5 star service to families across the U.K.*

www.dignityfunerals.co.uk/local



CARFAN - THE VOLVO AMAZON

Anyone who has been fortunate enough to have been saved from injury by a seatbelt shouldn't really be thanking the seatbelt manufacturer, but Volvo, as it was them who came up with the idea and somewhat altruistically chose not to patent it so that other car companies could install seat belts at no extra cost.

The safety ethos has continued and today Volvo is synonymous with safety and durability and one such car, the Volvo Amazon, is the subject of this month's column.

Manufactured from 1956 to 1970 with an amazing 667,000 being produced in Sweden as well as Belgium, Canada and South Africa, a significant amount are still on the road, which is testimony to



their famed ruggedness. The featured car is also known as a 122S and was manufactured in 1966. It has had an awful lot of love and money spent on it, so it comes as no surprise that it won the first world Concours Championship in 1990 after being restored in the mid 1980s at 120,000 miles. Presenting with 1782 c.c. and twin carburettors on a straight 4 engine, this Amazon was sold to Brooklands museum and to a museum in the USA before returning to the UK in 2004. The current owner bought it in 2017 and has continued to look after it by rebuilding the carburettors, treating the footwells and floorpan, re-chroming the mirrors and rocker cover and under-sealing where necessary.

Should you fancy one of these on your drive, be prepared to spend upwards of £8000 and a lot more if has been successfully raced or rallied, usually the latter, and the Volvo enthusiasts club will help to keep it on the road.

And don't forget, should you see an Amazon, especially one as pristine as this example, don't forget that cheery Carfan wave!

BEVERLEY MOTOR WORKS: WINTER DRIVING TIPS



Whether you're an experienced driver on the roads this coming winter or a new driver experiencing these difficult conditions for the first time, here are some top tips to prepare you for safe driving in the snow and icy conditions.

Distance and time

It is vital to remember how greatly your stopping distance in snow and ice increases from its normal amount, which means if you drive too close to the vehicle in front and need to brake quickly, you won't be able to stop in time. Visibility can become an issue too, so ensure to keep plenty of distance and give yourself extra time on journeys to avoid unnecessary stressing and rushing.

Maintenance checks

Before setting off on a journey, check all your lights are working correctly as the long dark nights will increase their use. You should also be checking your tyres and ensure they are in good condition as their grip is reduced in the winter.

Breakdown kit

Anyone who's ever broken down in winter will agree that the wait for a tow truck feels like forever, so ensure you have some essentials in your vehicle in case you do break down. You'll thank yourself later for packing the likes of a blanket, a big bottle of water, emergency snacks, a first aid kit and even a book.

Beverley Motor Works can help you feel safer driving in the winter, which is why every year we offer free winter vehicle checks for both new and existing customers.

Book online now: www.beverleymotorworks.co.uk



Botterill & Co

Chartered Certified Accountants

We are a modern and professional accountancy practice ideally located to serve businesses in Beverley and the surrounding area.

We utilise modern accounting technology to provide you with a cost effective, professional service.

Our services:

- Annual Accounts
- Tax Planning
- Management Accounts
- Tax Returns
- Company Formations
- Payroll
- Cloud Accounting
- Bookkeeping & VAT

For a free initial consultation please contact us:

Office: 01482 862240

Mobile: 07966 051458

Email: gareth@botterillco.co.uk

Website: www.botterillco.co.uk

1st Floor Offices, 40 Norwood, Beverley, HU17 9EY

BEVERLEY **MOTOR WORKS**

INDEPENDENT
BMW & MINI
SPECIALISTS

Our dealership expertise means high quality car servicing at a fair price...

Unit D1 Grovehill Industrial Estate,
Annie Reed Road, Beverley HU17 0LF

Call today: 01482 881 128

Visit: beverleymotorworks.co.uk



BOOK YOUR
MOT TODAY



PUZZLE PAGE

WORDSEARCH

F H I E N H F X D F E H A N E
 O T N W G A B T Z S A U G O N
 Q T V O M N O Z I Y T K H I T
 L X N I F Y A C I U W L S T E
 R A L K O R R H M F A N C A R
 Z Y G Z K E E N C R C F P N T
 Q Q D Z X P M S P J I G O R A
 W X V E H J N G H R G A L E I
 G N I N N I G E B P J L G B N
 L T H O U L L A X S Z R B I M
 N N I A F U B H D C M G Z H E
 W H U Q K I A Y Z H I K E P N
 S E P T E M B E R O S M U K T
 V R H O C F L A T O B I S W Y
 U W S J R J G H H L X S Z K V

AUTUMN
 BEGINNING
 CHANGE
 ENTERTAINMENT
 EXERCISE

FAMILY
 FRESH
 HIBERNATION
 SCHOOL
 SEPTEMBER

COMEDY CORNER

Things that make you laugh!



A Scarecrow was delighted to
 win an award.
 Outstanding in its field.

What do you call a
 Belt made of Watches?
 A waist of time.

WHAT IS IT?

What is the ? and what object does
 it represent? Answer on Page 32.

1 3 5
 2 4 ?

CAN YOU SOLVE IT?

Can you solve this tricky number
 puzzle? Answer on Page 32.

7 x 7 = 13
 9 x 9 = 9
 5 x 5 = ?

Do you have any amusing stories,
 quotes or pictures? Send them to
info@justbeverley.co.uk

QUOTE OF THE MONTH

A change is as good as a rest

THOUGHT FOR THE MONTH

If things are not going right, try going left.
 Stay positive.

DREAM DOORS®
 NEW LIFE FOR OLD KITCHENS



AUTUMN SALE
NOW ON!
20% OFF
 T&Cs Apply

VISIT OUR
 SHOWROOM NOW:

4a Belprin Park,
 Swinemoor Lane,
 Beverley, HU17 0LN

Call us now for a free estimate:

01482 861 653



Checkatrade.com
 Where reputation matters

AVERAGE SCORE **9.7/10**



QUALITY BEDROOM MAKEOVERS BY LOCAL PROFESSIONALS

- Bespoke sliding wardrobes
- Styles to suit every home
- Wide range of colours and finishes to choose from
- 96 showrooms nationwide

www.dreamdoorsbedrooms.co.uk

Give your kitchen an Autumn makeover

FOLLOWING
 GOVERNMENT
 GUIDELINES

THE UK'S #1 KITCHEN MAKEOVER EXPERTS

- From simple door replacements to complete fitted kitchens
- Fully installed by local professionals in just a few days
- Choose from a large selection of doors, worktops and appliances
- 96 showrooms nationwide

www.dreamdoors.co.uk



CYCLING WITH WILSON WHEELS

Autumn is here, the summer is behind us, and we still want to get that fresh air and enjoy riding in the beautiful countryside. So how can you enjoy cycling when things get a little bit cooler? The answer is simple: Layer up and be prepared.

At Wilson Wheels, cycling comes first and the weather is the variable so be prepared. Before you go out, plan your route, have an idea of how long you will be out for and check the weather. It goes without saying that if you were going out in the rain, you would wear a raincoat to be sensible. Cycling is a little bit different.



Cycling can still be enjoyable in the cooler weather, just make sure to wear a base layer and perhaps start thinking about purchasing long cycling trousers, a breathable cycling jacket and gloves. As you work on the bike you will naturally get warmer, sometimes even too warm, so adapt to your own situation.

Cyclists should always wear a helmet, have fingerless and full gloves, and maybe a pair of overshoes to keep your feet warm. It's a simple little trick, but cycling shoes have air vents, so cut some kitchen foil and place it under the insole, which works a treat keeping the cold from getting to your toes.

Always check your brakes, make sure your lights work properly, and wear a reflective bright gilet or jacket as it can get dark even during the day, or misty in the fog. The most important message for cyclists out and about in cold weather is simply layer up, stay safe, stay warm and stay bright. Enjoy September cycling and prepare for winter and a sturdy lock to keep your bike safe.

CAN PERSONAL TRAINERS GIVE NUTRITIONAL ADVICE?

There's an awful lot of information out there on dieting and nutrition these days and from lifestyle coaches to the Kardashians, not all of it is useful. We advise caution when reading internet searches and instead seek face to face professional advice. In this article we look at what personal trainers should or shouldn't be telling their clients.



Nutrition is an essential part of any fitness regime. Many argue that what you eat is significantly more important than the exercise itself as exercising with a poor or unfocused diet is unlikely to lead to significant change. If your aim is to greatly improve your strength and fitness, grow muscle or even just improve long term health, then you need a strategy for exercise and eating.

While a lot of PTs are able to give advice around diet, more specific dietary advice and instruction is not the role of a personal trainer. Instead, they can put together a general meal plan that helps their clients reach certain targets or fitness goals such as losing weight or building muscle. Prescribing dietary advice is very conditional and has the potential to seriously change how someone lives their life. That's why in the UK to be qualified as a 'dietician' you need a degree.

There are courses that cover nutrition and healthy eating basics that can provide the information that most PT's would need. The approach you take will depend on your current level of qualification. At Sportsability we offer several courses for people wanting to become personal trainers or people wanting to expand their offering. One is the Level 3 award in nutrition for exercise and health, which should give you a good grounding for delivering nutrition and healthy eating advice to clients.

To sign up or find out more, visit: www.sportsabilitytraining.co.uk

Pop in store to see the new 2021 bike range

WILSONS WHEELS

T: 01482 882881

W: www.wilsonswheels.co.uk E: info@wilsonswheels.co.uk

WE NOW STOCK CUBE CYCLES

CUBE 2021 RANGE NOW AVAILABLE KTM

Electric Bikes in Stock - Demo one today!

- Adult Bikes
- Children's Bikes
- Electric Bikes
- Clothing for all cycling weather
- Parts and accessories

89a Grovehill Road, Beverley, East Yorkshire HU17 0EJ

NOW OPEN: Monday - Saturday 8.30am - 5.30pm

Sunday: CLOSED - Out riding our bikes

Train to be a:

Group Training Instructor | Gym Instructor | Personal Trainer

Continue your training by specialising in:

Pre and Post Natal Clients | Children | Nutrition

We offer you training to make your dream become a reality

Contact our friendly team for further information on

01482 229676 or info@sportsability.org.uk

www.sportsabilitytraining.co.uk

@SportsabilityFitnessTraining @sportsabilityft

Autumn EVENT

SAVE
OVER
20%



Headboard
Included

Cashmere

1000 Pocket Spring Divan Set, 2 Large Drawers & Luxury 24" Headboard, Choice of Colours & Styles

Single 3' Was ~~£598~~ **Now £449**

Double 4' / 4' 6" Was ~~£748~~ **Now £499**

Kingsize 5' Was ~~£848~~ **Now £549**

Superking 6' Was ~~£1198~~ **Now £799**

Also available as Ottoman Cashmere 1000 Pocket Ottoman Divan Set. With Luxury 24" Headboard, Choice of Colours & Styles

Single 3'

Was ~~£899~~ **Now £599**

Double 4' / 4' 6"

Was ~~£1099~~ **Now £749**

Kingsize 5'

Was ~~£1199~~ **Now £799**



Mattresses
SAVE
UP TO
30%



Orchid Traditional Spring Quilted Finish

Single 3' Was ~~£199~~ **Now £119**

Double 4' / 4' 6" Was ~~£299~~ **Now £169**

Opulence 1500 Pocket & Memory Foam

Single 3' Was ~~£399~~ **Now £299**

Double 4' / 4' 6" Was ~~£499~~ **Now £349**

Kingsize 5' Was ~~£599~~ **Now £399**

Superking 6' Was ~~£799~~ **Now £549**

Cashmere 1000 Pocket Spring

Single 3'

Was ~~£299~~ **Now £199**

Double 4' / 4' 6"

Was ~~£399~~ **Now £249**

Kingsize 5'

Was ~~£499~~ **Now £299**

Superking 6'

Was ~~£699~~ **Now £449**

FREE
SUPER 8
UNDERLAY
WITH ALL
MAJOR BRAND
CARPETS



Leightons exclusive
stock ranges
100s to choose from

15% OFF



FREE
Super 8
Underlay
usually £6.99
per sq.m

Free Delivery

to room of choice

We offer free delivery on all beds, mattresses, sofas & chairs*



*Free delivery applies to local area only and orders over £249

Bed Disposal Service

We'll take away your old bed/mattress ask in store for details.



Belprin Park,
Swinemoor Lane,
Beverley HU17 0LN
Tel: 01482 326590
info@leightonscarpets.co.uk
www.leightonscarpets.co.uk

COUNTRYSIDE MATTERS WITH SAM WALTON

I have had the pleasure of visiting Denmark on at least 10 or more occasions.



We all know about Danish Bacon as they have advertised and advertised for many years.

I was told by a National Farmers Union past chairman many years ago that after the last war, we gave Denmark 25% of our UK bacon market as compensation for them being overrun by the Germans. There is no doubt they have capitalised on that as their marketing skills are second to none.

I have many friends there and visited a goodly number of pig units, all were immaculate as are most other things there. That is one country where I have only seen graffiti on a special white wall in Copenhagen, where budding artists practice their skills and is whitewashed out every day. Expensive, yes - very, but the farmsteads are all attractive with gardens and flowers around most homesteads. It is a fairly flat country, so you get a good idea of what the farms are like. They grow similar crops to what we do here but there is just something different about them, I think it is the tidiness of the whole place. They do not have many hedges on farms so I suppose that makes them look a bit tidier.



I am sorry to have to say that this scenario is not repeated everywhere in the UK unfortunately, and my belief has always been that a tidy farm is easier to run than a messy one.

Just imagine having to walk around scrappy old abandoned machinery, plus piles of straw, string and bits of broken wood lying everywhere.

What I was very impressed with was that on every farm I visited, they had superb facilities for the staff, including washing facilities for overalls, tea and coffee machines, flowers surrounding the staff facilities and of course shower in and out.

So far as pigs go, they have always had world-leading genetics and produce a lot of pigs per sow but at the end of the day their bacon is no better than ours and they were one of the countries that did not do away with sow stalls when we did in 1999 - but that was not European law at that time, just something the UK took up. They are now something to be admired with excellent facilities, but more about that next month.

I do wonder if there is a limit to how many pigs per sow we should be looking at. When I was a lad, having 10 born alive was some achievement. Now we hear about up to 18 or even more being born which requires excellent management and particular feeding skills.

The smaller the weight of the piglet born, the longer it takes to maturity, so that means more food intake. I think it means that for every kilo less weight born takes two weeks longer to slaughter weight and that is at a cost of something like £10 per pig here.

So that means more understanding of sow nutrition to ensure heavier birth weights.

WHAT IS IT?
The answer is a gear stick

CAN YOU SOLVE IT?
The answer is times the number, then add the 2 digits together.
So the answer is 7.

IN THE GARDEN... SEPTEMBER

September is one of my favourite months in the garden - I look forward to those calm, still mornings with heavy dew and the start of autumnal colours appearing in the borders.

There are still plenty of bright colours to be found in the old favourites of Asters; Dahlias; Chrysanthemums Sedums and Rudbeckia. Fruit is bountiful in September; I always enjoy a few hours in the kitchen pickling pears, some with ginger and some with cinnamon and port. A delicious pudding in the middle of winter, served with pouring cream, vanilla ice cream (or both?!).

Tasks for September...

Tasks in September are all about starting to gear up for a change in season and getting prepared for the months to come.

- **Borders** - continue to dead head flowers that have faded - you are unlikely to encourage any new flowers at this stage of the season, but not having them around will allow those in full flower to be shown off at their best. Start clearing up leaves and debris to prevent disease and pests 'settling in' for the winter.
- **Hedges** - trim them for the last time this season, but don't feed them as this will encourage 'soft' growth. If you're considering planting a new hedge over the coming months prepare the site before the really bad weather sets in and the ground is too wet to work.
- **Lawns** - September is a good month to seed a new lawn, but do so earlier rather than later and reseed any bare patches. Established lawns should be aerated and an autumn weed/feed applied.
- **Containers** - continue watering, feeding and dead heading seasonal plants in containers, if you do so they should last until the first frosts. However, if they are past their best clear them out and replant with spring bedding plants and under plant with bulbs.
- **Bulbs** - buy and plant your spring flowering bulbs. If you are planning on forcing hyacinths for Christmas then this month is your last chance to do so.
- **Ponds** - continue to feed fish and thin out any pond and marginal plants that have become congested (or started to take over the pond). Lift the plants and leave them on the side of the pond for a few days before removing them completely - this will enable any pond life to safely make their way back into the pond. Cover the pond with netting BEFORE the leaves start to seriously fall.
- **Plant prepared bulbs for Christmas flowering** - Prepared bulbs are simply bulbs that have been put in a cold store and 'duped' into thinking that have had a winter, and when they are planted in the relative warmth in our houses they think it's spring and need to get growing.
- **Dead-head roses** - and if rambler and climbing roses have got a bit out of hand, spend a bit of time pruning and tying them in before the winter.
- **Sow/plant vegetables outdoors** - there is still time to sow winter lettuce and a last chance to sow spring cabbage. Plant garlic and autumn onion sets too.

I hope the weather is kind to us in September; maybe we will have an Indian Summer this year...

Until October...

Jane Dale of 'Designed Gardens'. Tel: **07983 392 411**.



DISCOVER YOUR DREAM KITCHEN & BATHROOM AT MKM

Book a **FREE** design consultation with Paul and Dan,
our dedicated Kitchen and Bathroom Specialists. We'll be with
you every step of the way to turn your dreams into a reality.

*Get the
latest trends!*



SWINEMOOR LANE

HU17 0JX | 01482 880088 | beverley.mkmbss.co.uk

OPEN MON-FRI 7:30-17:30 SAT 7:30-NOON



I'VE BEEN THINKING... SAYS COLIN RAYNOR



Last month it was the weather, this month another personal topic. The first we talk a lot about, the other we rarely mention, not even to each other in some cases. I'm going to suggest we need to change such habits or we will have problems.

On a recent train journey we purchased drinks from the refreshment trolley. I was a little surprised for such a small amount when told, "we only accept payment by card". The next customer made his order but when asked to pay stated, "I only have cash", so the request was made by the trolley person for someone to pay for this person's drink with their card and take the man's money. An obliging passenger did help and the trolley rolled on. The fortunate customer then proceeded, in a loud voice, to tell us all that he only dealt in cash and had no bank account.

He worked for a firm who paid him in cash and he had no use for all these plastic cards etc, giving more details of his finances than anybody really wanted to know. He was obviously very pleased with his anonymity. I recalled this man when, in the next few days, I was reading an article that informed me more than a million people in the UK do not have a bank account and so cannot use plastic. Cash is the only way for them.

The rest of us are part of a society that pays by card more and more, and the pandemic has hastened that process with contactless payments replacing cash as been more hygienic. I suspect that this is a situation that will continue and a limit that was once £10 in 2011 will soon rise to £100. Last year a quarter of all payments were made by debit card. Keep that card secure whatever you do and don't forget the pin number!

I became a pensioner around the time that pension books were being faded out and replaced by, yes you guessed it, plastic cards requiring a pin number. This enabled you to take cash from your pension and other benefits held in your Post Office Card account. Be aware that that system is going to end in November this year. One alternative is that you will be able to collect your money from a shop that displays the PayPoint symbol using your bank debit card only. Not everyone will be able or happy to do that though.

When I recently asked at the Post Office why these changes were being made I was told it is because the Government cannot afford to produce the plastic cards. I take this with a pinch of salt.

Soon after I got my first pension card they were all recalled and reissued with an indentation at the top of the card enabling visually impaired people to put the card in the right way up.

In years to come I'm sure actual cash will be a thing of the past, but for now we should do our best to make access to our money as easy as possible. Open a bank account for your pension to be paid into. The Post Office will provide you with the form to make this transaction. The scarcity of local banks and the decreasing number of cash machines is a problem for many but we must use them or lose them.

BEVERLEY PHOTOGRAPHIC CLUB

Tuesday 7th September meet at 1pm. Meet at Hull Bridge on the old road for a photo walk north along the river bank to Pulfin Bog.

Tuesday 14th September meet at 7.30pm. A guest judge will review the member's images for a forthcoming interclub competition.

Tuesday 21st September meet at 11am. Meet at Grimston Bar park and ride. Hull Rd, York YO19 5LA for a photo walk along the Snickelways of York.

Tuesday 28th September meet at 7.30pm. Zoom meeting. Guest speaker Darren McDonald "Railways through my Lens".

Tuesday 5th October meet at 7.30pm. A guest judge will review member's images for the second interclub competition.

New members and guests of any ability are welcome. Why not try us out? For more information and Zoom joining instructions from billbevphoto@gmail.com.

CHANGE IN SEASONS NOT IN SERVICE!

As we move into Autumn it is beautiful to see the subtle changes in nature - the turning of the colour in the leaves and the heightening of a brisk breeze and a cooler temperature.

Changes that are beautiful in their own way and comforting in another, as a 'normal' vibe for us to enjoy in our green and pleasant land. Change can be wonderful, however there is something reassuring and calming about consistency, and it is consistency on service, caring, and doing what is right that I wish to write about this month.

The pandemic has brought about immense changes to our travel plans which has been stressful, upsetting, and difficult for many. So many holidays cancelled, resulting in so many refunds to be applied for and processed. Even more holidays put on hold for an incredibly long time, some on a fourth rebook of their dream holiday.

We now also face the challenge itself of starting to travel again, although now with a myriad of requirements varying for different destinations that can always be subject to a last minute change just to add a bit more uncertainty into the mix.

So amongst all this change, what has been a great comfort to Travel Counsellor clients is the consistency in the way we have handled the situation. Our whole purpose has always been

to show our client how much we care, and to make the whole booking process - including the support you have whilst you are away and on your return - a very personal experience with a high level of service and trust. Never has there been a more opportune time to prove our worth than now. Nothing matters more than looking after our customers.

It really is one of those proud moments when this hard work and dedication is recognised independently and also when measured against many other travel providers. Travel Counsellors were voted twice as the best travel firm when looking after customers during the pandemic by moneysavingexpert.com.

Our top spot is thanks to the care and support we have shown our customers. More recently, Which has conducted a survey that looks into the best travel companies to book with to provide you with the flexibility that is so important for future travel bookings, and the strong track record on refunds.

Again I am so proud to see Travel Counsellors on green on their traffic light system of where you would be best to look at booking.

So indeed the seasons may change, travel entry requirements can keep changing, and our government traffic light system may also change, but when you have your own personal Travel Counsellor who will be taking personal responsibility to look after your booking then you



have the confidence and the comfort to know that you are in safe hands.

As a Travel Counsellor based in Beverley with over 30 years experience in the travel industry, you can be assured that I will be with you every step of the way as the future is certainly starting to look brighter.

Amanda McConnell, Travel Counsellors.
T: 01482 770540
E: amanda.mcconnell@travelcounsellors.com
W: www.travelcounsellors.com/amanda.mcconnell

SEPTEMBER TO BRING BIG IMPROVEMENTS FOR BEVERLEY AND HORNSEA BUSES

Bus company East Yorkshire has announced that from 5 September it will be revamping its Beverley and Hornsea buses to create more opportunities for travel in the towns.

The improvements, which are the biggest shake-up of buses in the area for several years, will include two new services around Beverley, plus a new link to allow Hornsea residents to get directly to Castle Hill Hospital without having to change buses.

The new Beverley Locals buses will link Molescroft, Butterfly Meadows, East Riding Community Hospital, Swinemoor, Becksides, Lidl, Flemingate and Lincoln Way with Beverley Town Centre, making it much easier to get between all areas of the town.

Great for commuters, day tickets will cost a maximum of £3 on these services, and concessionary passholders travel for free.

At the same time, the Beverley Day Ticket zone will be extended out to Tickton, Leconfield and Woodmansey, bringing with it better value travel options for customers in these villages who need to pop into town.

The new Beverley Locals buses will also have late night journeys on Fridays and Saturdays, allowing people to get home safely after a night on the town.

Hornsea will see two new services, with existing Services 240 and 246 replaced by new Services 24 & 25.



Service 24 will provide a service direct from Hornsea to Hull, while new Service 25 will go to Beverley, and then on to Castle Hill Hospital, Willerby, Anlaby and Hessle. Sunday buses between Beverley and Hornsea will also return.

Other services in and around Beverley will also see changes, with new routes and times, including new Service 23 between Beverley and Hull.

- **New Beverley Locals bus** launched, linking all the different parts of Beverley

- **Brand new late night services** will get people home from Beverley pubs and restaurants

- **New link to start** between Hornsea and Castle Hill Hospital



East Yorkshire's Area Director, Ben Gilligan, said the new services should give people more opportunities to travel.

"People in Hornsea have been telling us they'd like a link to Castle Hill Hospital, so it's great that we've been able to provide this," he said.

"Beverley is now one of the best connected places in the region for buses, with regular services to Hull, York, Driffield, Bridlington, Hessle, Cottingham and Hornsea. Beverley has a vibrant night scene, so the new late night Beverley Locals services will help support our region's amazing restaurants and bars by giving people a safe and easy way to get home."

Details of all the new times and services can be viewed at eastyorkshirebuses.co.uk



Help us to keep you and your loved ones safe.

- ▶ Get both of your vaccines if you can
- ▶ Do a rapid lateral flow test twice a week
- ▶ Keep washing your hands
- ▶ Respect personal choice as restrictions change

Stay alert to COVID-19 symptoms and follow self-isolation guidance. If you do have symptoms or feel unwell, **stay at home** and order a PCR test.

Let's keep life moving.

gov.uk/coronavirus

 FRESH AIR  TESTING  FACE COVERINGS  APP  HANDWASHING

To find out how to get a test or book your vaccinations, visit eastriding.gov.uk/3stepstosafety