

just

ISSUE 78

BEVERLEY

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Pizza
Rodizio

FREE



PIZZA RODIZIO
PIZZA WITH A BRAZILIAN TWIST!

NEWS, WHAT'S ON, LIFESTYLE, FEATURES, PUZZLES, PHOTOS & MORE

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6/7 PIZZA RODIZIO



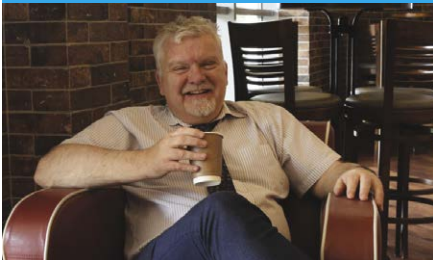
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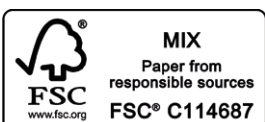


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REMEMBER! If you see examples of anti-social behaviour or other types of low-level crime, do report it to the appropriate authorities. **POLICE - Emergency 999, Non-urgent 101. ANTI-SOCIAL BEHAVIOUR (East Riding of Yorkshire Council) - 01482 393939.**

Magazine available from outlets in Beverley and surrounding areas.



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just BEVERLEY

JULY LETTER FROM THE EDITORS



This month people are no doubt looking forward to family time away, and this year will probably mean an increase in UK travel as people enjoy our beautiful country. Let's not forget what a beautiful place we live in, and perhaps explore what is

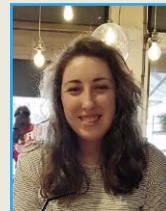
close to home.

The easing of lockdown looks like it could be at the back end of July, so enjoying the outside should be high on the summer list along with catching up with distant friends, helping each other as best we can and enjoying time together.

Delayed by 4 weeks, we now look forward to 19th July when more hospitality venues are to open and restrictions hopefully will be lifted. Patience is key. Stay positive and hopefully we will be allowed back into sporting events and festivals, along with audiences at theatres and other entertainment venues.

Let's hope we have a good summer in front of us, time with friends old and new, and maybe just maybe, we can enjoy our new found freedoms. Support your local shops and hospitality venues, and stay safe. Happy July.

Julian.



Happy July readers! I'm hoping there's lots more sunshine to enjoy this month now summer is here.

One thing I'm excited for this month is the amount of ice creams I'll be consuming! I have zero shame in admitting

that I'll even eat ice cream in the winter - I know what you are thinking - but at least now everyone else will be enjoying 99s with me. It's National Ice Cream Day on the 18th July so I'm already planning on demolishing a pack of Mars ice cream bars in the sunshine.

We've got lots of great stories in this issue showcasing how Beverley businesses are keeping public morale high and confidence levels up upon returning to life out and about.

I hope you have some wonderful things planned this July, remember to stay safe and apply sun cream. Enjoy the issue.

Olivia.

GET IN TOUCH WITH US:

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If you would like copies for your business to distribute to staff and customers, call Just Beverley on 01482 679947.

EASTRIDING HYGIENE BANK LAUNCH AT BOYES

East Riding Hygiene Bank has teamed up with Boyes to put a donation box in the Beverley and Bridlington Store that allow members of the public to donate hygiene products.

The charity works with organisations such as food banks, schools, and community groups across the East Riding to combat hygiene poverty and provide hygiene products to people who can't afford them.

This partnership has been introduced in time for National Hygiene Week between 5th and 11th July.

Hygiene poverty can be shaming, humiliating and excluding and can result in social isolation.



It takes the form of not being able to afford many of the everyday hygiene and personal grooming products most of us take for granted.

The reality of low income is that it restricts people's options, leaving them caught between being able to heat their home, pay the rent, eat or be clean.

East Riding Hygiene Bank works to help those living in hygiene poverty. This could be those struggling to wash their hair because they can't afford shampoo; those unable to change their baby's nappy as often as is needed and scraping out the contents before reapplying it; those who are housebound because they can't afford period protection or have to improvise with rolled up loo roll and socks; those being 'judged' for living in a dirty home when they can't afford the cost of household cleaning products; those unable to launder clothes, school uniform and muddy sports kit when needed, and much more.

Mrs White, Store Manager of Boyes, is "delighted to support the install of the Hygiene Bank and hope it proves to be a great success".

Jackie Heffer, Director of the Hygiene Bank, said: "We hope that the idea takes off and we can



support the local community, it is great that Boyes are able to support the project".

John Carter, Manager of the Hygiene Bank, said: "With Boyes being a well know local business, it is a great start for them to be involved. We are delighted that the first box has been located in the Beverley store, and other boxes will be rolled out through July".

If you would like to register your group or charity to receive hygiene products, please follow the link and complete the online form: <https://eu.jotform.com/assign/211384657622357/211385586967068>

THE BEVERLEY FRINGE FESTIVAL WAS A HUGE SUCCESS!

Fathers Day weekend Beverley witnessed the return of the Fringe, putting a little cheer and excitement back in to the heart of Beverley, not just for fathers to enjoy either.

Across Beverley venues were busy (but within Covid restrictions) and over 40 artists performed across the weekend.

Great music all day Sat, Sat night, and all day Sunday at Waffle 21 - Harriet Rose, pictured, was headlining Saturday night.

Thanks to the good people of Beverley, Martin Carthy's missing guitar (fell out of his car after the gig on the way home!) was returned to the Beverley Fringe team and we were pleased to present it back to him on Sunday morning.

Also, the annual charity buskathon we do every year for local charity (this year, the East Yorkshire Food Bank) raised £777.77 for a total of 2.5 hours on Saturday and Sunday morning!



Charity buskathon
Photo - Beverley Fringe



Martin Carthy and the missing guitar
Photo - Beverley Fringe



Harriet Rose
Photo - Andrew Kneeshaw

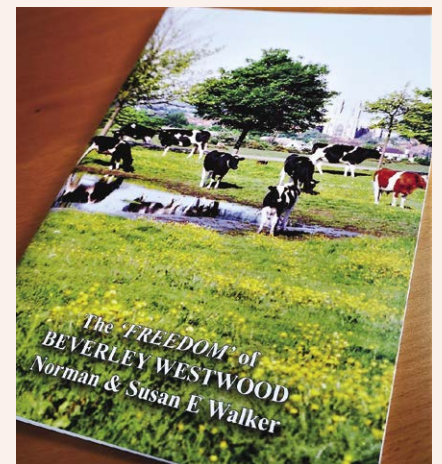
THE FREEDOM OF BEVERLEY WESTWOOD

Norman and Susan Walker have written a book entitled "The Freedom of Beverley Westwood".

The book covers the history, management and interesting facts about Beverley Westwood and answers many of the questions that are asked every day.

The book is on sale for £4.00 per copy with the profits going to the Daisy Appeal, which is a local medical research charity and is based at Castle Hill Hospital. Currently focussed on cancer scanning, the Charity aims to develop equivalent services for heart disease and dementia.

Copies of the Book are available from the Dog and Duck Inn at 33 Ladygate, Beverley. Pick up your copy and help a very worthwhile cause.



'BRICK WONDERS', EXHIBITION AT THE BEVERLEY ART GALLERY

A whole new world for you to see, the wonders of the world in LEGO!

East Riding Museums are delighted that the 'Brick Wonders' exhibition, curated by artist Warren Elmore, will be at the Beverley Art Gallery from Saturday, 3 July to Saturday, 2 October, 2021.

Brick Wonders features recreations in LEGO® bricks of amazing sights from around the world. Beginning with the seven wonders of the ancient



world, the exhibition also takes in modern, natural, and historic wonders from all seven continents. The exhibition takes you on a journey from an Egyptian pyramid to the natural pyramid of the Matterhorn, the bustle of Old London Bridge to the awesome night skies of the Aurora Australis, and those everyday marvels we forget to wonder at, such as electricity and the Internet.

The Great Barrier Reef provides the centrepiece which is a 2x3 metre installation complete with underwater lighting and sound effects, and LEGO recreations of everything from corals and sponges to turtles and reef-dwelling fish such as blue tangs, angel fish and a ray. The exhibition includes over 40 other LEGO models, in models to inspire building at home, to large mosaics and dioramas, and the exhibition is built from over 500,000 LEGO bricks.

In order to keep customers and the Art Gallery team as safe as possible, entry to the exhibition will be by ticket only, to manage the flow of customers and ensure visitors have the time and space to enjoy viewing. Tickets are free, and are recommended to be booked in advance at www.eastridingmuseums.co.uk/brick-wonders. There is no need to book in advance to visit the café or the Red Gallery (which includes the permanent collections in the Art Gallery), or for the rest of the Treasure House.

As well as enjoying Brick Wonders, visitors can take a trip down memory lane with displays of historic toys in the café area and explore the Museum and Beverley Library too. Councillor Mike



Medini, portfolio holder for cultural and leisure assets, said: "It is very exciting that we are able to stage a major touring exhibition at Beverley Art Gallery this year again for the first time for a while, and I have no doubt that this will prove very popular! This should be a great trip out this summer for families and children of all ages!"

Beverley Art Gallery curator Helena Cox added: "It has been fantastic for the team here to work on this exciting exhibition, and I know that it will be both educational and fun for our visitors! This will be a great escapism from the realities of life this year!"

Beverley Art Gallery is located in the Treasure House in Champney Road. Admission is free and opening hours for the gallery are:

Monday, 9.30am - 4.45pm
 Tuesday, 9.30am - 7.45pm
 Wednesday, 9.30am - 4.45pm
 Thursday, 9.30am - 7.45pm
 Friday, 9.30am - 4.45pm
 Saturday, 9am - 3.45pm

Full details can be found at: www.eastridingmuseums.co.uk/find-a-museum/?entry=treasure_museum_gallery

BEVERLEY PRIDE 2021

Beverley will show its support for the LGBTIQ+ community once again during the month of August with a colourful display of flags through the town centre.

Sadly, once again the proposed Pride in Beverley Parade planned for the beginning of August has had to be cancelled, but the flags can still fly!

The plan is for the flagpoles to be inserted into the secure brackets over the shop fronts and once again, these flags will be free of charge to shop owners. The Town Council will mount the flags at the beginning of August and collect them back in again at the end of the month.

If shops would like to support this initial, please let clerk@beverley.gov.uk know as soon as possible!!



Beverley Pride is aiming to lift everyone's spirits and make a statement to show that the town is a welcoming, inclusive and friendly place to live and feel safe to be your true authentic self.



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PIZZA RODIZIO - PIZZA WITH A BRAZILIAN TWIST!

Wednesday Market in days gone by used to be just that, a Wednesday Market for people to shop and get their fresh fruit and market goods, but now thanks to the vision and inspiration of one person, all that has changed.

Ali Tekce has never been a person to stand still, always looking to deliver something new and fulfil his ambitions, and with the help of his family and friends along with the support of the local council, he is moving ever closer to his dream.

Ali wanted to create a Wednesday Marketplace that was vibrant throughout the day and night, provided hospitality to the local business community and shoppers during the day, and offered a night time experience for family and couples.

Wednesday Market became his vision to deliver these experiences.

Having set up Cosmos Bar and Grill in 2015, he wanted to bring more new experiences to the local marketplace, and two years later

introduced Chamas to Beverley, which offers the Brazilian Rodizian experience to the diners of Beverley.

In less than 12 months, Ali made the difficult decision to close the popular Cosmos Restaurant to focus on building the Rodizio experience, which by then was taking over the whole of the building.

6 months later when another opportunity arose, the Brazilian restaurant expanded as Ali assumed ownership of the premises next door, allowing him to meet his customers expectations on an even bigger scale.

As other businesses in Wednesday Market started to close, Ali only saw opportunity, and just 2 years later opened Mirage, which provided live music, delicious food, and more entertainment in Wednesday Market.

Working closely with the council, Mirage brought an "Al Fresco" experience, bringing the area alive throughout the week yet again.

Fast forward to this past year and there is no denying that Covid has made things difficult for everyone. 2020 was a tough year for Ali too, but he did not rest on his laurels, and when the popular ASK restaurant closed he continued to keep everything alive in the area and fulfil his ambition.

With a big launch prepared for the end of Covid restrictions, Ali set out to bring Pizza Rodizio to Wednesday Market under the premise that the concept already works with various meats, so why not pizza?

Ali knew that in order for the business to succeed, it needed someone who had the same desire and commitment as he did, so during lockdown he contacted his childhood friend Ramazan, who was working in London at the time delivering a top class service.

Ramazan had previously worked for Ali, was trained by Ali and was in the same space as Ali for delivering a great hospitality service, great food and a fantastic experience for the customers.

To Ali and Ramazan, the hospitality industry has never been just about going somewhere nice to eat and having a nice meal. It has always been about delivering the whole experience to the highest standards, with both men subscribing to the belief that great food requires great service in a great place to a high standard to make it a completely unforgettable experience.

It was quickly set in stone that Ramazan would move up from London to partner Ali in the new





Photo: Will Harris



venture Pizza Rodizio. So what does this mean for customers?

You can enjoy an all you can eat menu served to your table with pizza and a salad bar to make your mouth water.

For a set price, the lunch time menu is £12.95 served between 12pm and 4pm, and the evening menu is £19.95 served between 4pm to 10pm with discounts for children.

There is no food ordering or waiting at Pizza Rodizio, instead, it uses a traditional red and green card system. You are in control of the service by using the double sided card on the table. Use green for the service to start, or use red to show a resting point or bring an end to the service.

Ramazan said: "Ali's concept and ideas, along with his high standards and opportunity to work back in Beverley made the decision to come back easy. I'm excited for the good times ahead".

Ali said: "Having trained Ramazan, I knew instantly who I wanted to have as my partner to take the business forward and to the next level. Now we are in Wednesday Market, we are proud to provide an atmosphere and experience that attracts

business people, shoppers, and visitors to the town throughout the day and into the night. There really is something for everyone".

Now in Wednesday Market, you can enjoy great food throughout the week and live entertainment during the day on Saturday and Sunday, along with night time entertainment from Thursday to Saturday.

As Ali continues to bring more experiences and inject an exciting vibe into Beverley, Wednesday Market is now the place to be.





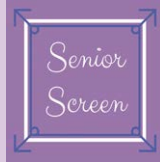



10% off*

Food and drink at Pizza Rodizio

Simply cut out this voucher and bring it with you to the restaurant to redeem.

* T&C's: Cannot be used in conjunction with any other offer. Management reserves the right to amend or withdraw this offer at any time without notice.



EVERY THURSDAY
(Doors open 10am)

Join us for a free brew and enjoy some great films on Beverley Parkway's Big Screen.

Only £4.50 with drink and biscuits included.

Aimed at 55s & over. Films subject to change.

Thursday 1st July -

The Mauritanian (15) - 10.45am

Starring: Jodie Foster, Tahar Rahim, Benedict Cumberbatch

The Secret Garden (PG) - 10.30am

Starring: Colin Firth, Julie Walters, Dixie Egerickx

Thursday 8th July -

The Secret Garden (PG) - 10.45am

Starring: Colin Firth, Julie Walters, Dixie Egerickx

Judas and the Black Messiah (15) - 10.30am

Starring: Daniel Kaluuya, Lakeith Stanfield

Thursday 15th July -

Judas and the Black Messiah (15) - 10.45am

Starring: Daniel Kaluuya, Lakeith Stanfield
23 Walks (12a) - 10.30am
Starring: Alison Steadman, Dave Johns

Thursday 22nd July -

23 Walks (12a) - 10.45am

Starring: Alison Steadman, Dave Johns

Those Who Wish Me Dead (15) - 10.30am

Starring: Angelina Jolie, Nicholas Hoult, Finn Little

Thursday 29th July -

Those Who Wish Me Dead (15) - 10.45am

Starring: Angelina Jolie, Nicholas Hoult, Finn Little

Minari (12a) - 10.30am

Starring: Noel Kate Cho, Youn Yuh-jung

Thursday 5th August -

Minari (12a) - 10.45am

Starring: Noel Kate Cho, Youn Yuh-jung

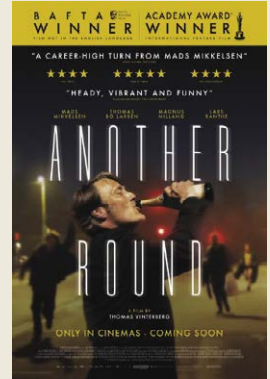
These are the films scheduled to open in July - all are subject to change.
Check out up-to-date cinema listings at www.justbeverley.co.uk/cinema-times



2nd July



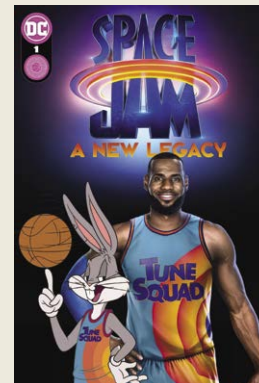
7th July



9th July



16th July



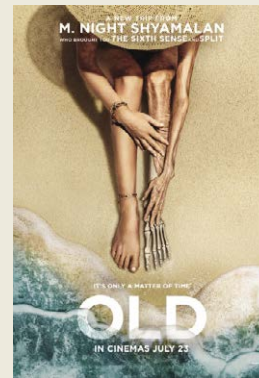
16th July



16th July



16th July



23rd July



23rd July



30th July



30th July



30th July

YOUR LOCAL INDEPENDENT CINEMA



PARKWAY CINEMA - BIG SCREENS, SAFE AND SECURE

As the government looks to continue easing lockdown and lift restrictions on Monday 19th July, Parkway Cinema is aiming to ensure their customers come back with confidence to enjoy the big screen experience and live events.

Just Beverley took the opportunity to sit down with Cliff Baillie, General Manager at Parkway Cinema, Beverley, to discuss what's on at Parkway and what has changed to ensure visitors can feel safe to enjoy films.

Having followed all the guidelines throughout lockdown, it is noted that no cinema has been responsible for a single case of COVID being passed on. With extensive cleaning regimes in place, a fantastic ventilation system that is regularly serviced and maintained, social distancing practices, and a full ongoing training programme, Parkway look forward to welcoming everyone back young and old.

The team at Parkway have been itching to get back and welcome customers to the big screen while keeping the excitement, eagerness and busyness of people coming to enjoy great cinema again. They want to ease people back into the big screen with confidence through contactless payments and having safety procedures in place to ensure confidence runs high for a safe return.

Cliff said: "With a full programme of blockbusters coming over to entertain people of all ages to the end of 2021 and beyond, along with Senior Screen, Event Cinema, live shows, and supporting the local community in the months ahead cinema is getting back to where it left off". Cliff looks forward to audiences embracing cinema life once again.



Coming up at Parkway is Fast and Furious (which is showing at the cinema now), Black Widow, 007, Dune, The Kingsman and Westside Story to name but a few. Along with traditional live entertainment in the pipeline, Parkway has it all and more. If getting out, staying safe and being entertained is high on your agenda, Parkway delivers on all fronts. Book your tickets now and let them entertain you.

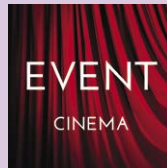
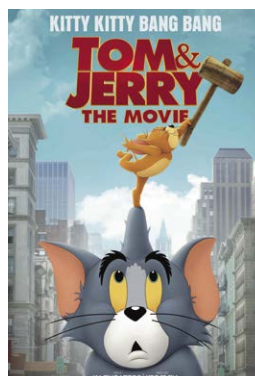
PARKWAY CINEMA TO HOST 'CANS FILM FESTIVAL'

To coincide with the Cannes Film Festival in July, Parkway are offering free tickets in exchange for cans of food.

Families can enjoy a special showing "Tom & Jerry The Movie" by paying with cans of food, to be donated to the East Yorkshire Foodbank. On Sunday 11th July at 11am, Parkway Cinema Beverley will be hosting a very special screening of "Tom & Jerry The Movie" where admission will be two cans of food per person, which will be donated to the East Yorkshire Foodbank. You may dream of strolling down the Cannes Croisette during the Film Festival, or mingling with the stars at the premieres. Sadly we can't promise that but you could enjoy the great family movie TOM & JERRY while helping a great cause at "PARKWAY CANS FILM FESTIVAL".

"We wanted to help the community in a fun and unique way", said Cliff Baillie, General Manager at the Parkway Beverley. "We are delighted that the East Yorkshire Foodbank thought a "CANS FILM FESTIVAL" was not just a terrible pun, but also a good idea. We hope our customers will donate as much as possible and enjoy the film too."

Tickets can only be collected in person at the cinema with your donation. Donations will be accepted during box office hours from 6th July onwards to secure tickets in advance. The cans that would be most appreciated by the Foodbank are tinned fruit, custard, rice pudding and vegetables. Anyone facing hunger can call East Yorkshire Foodbank on **01482 772060** or visit www.eastyorkshire.foodbank.org.uk



Event cinema offers something a little different to mainstream films. Live and pre-recorded shows beamed in via satellite from all over the world. Here are the latest live streams that you can enjoy on the big screen at Parkway Beverley.

Thursday 1st and Sunday 4th July - MICHAEL BALL AND ALFIE BOE TOGETHER AGAIN

The ultimate musical duo, Michael Ball and Alfie Boe are "Back Together" and set to delight cinema audiences up and down the country with the final show of their UK tour at the O2 Arena. Ball and Boe's irresistible charm will undoubtedly light up the big screen.



Tuesday 6th July - UNCLE VANYA

Sonya (Aimee Lou Wood) and her Uncle Vanya (Toby Jones) while away their time on an isolated estate, visited occasionally only by the local doctor Astrov (Richard Armitage).



Wednesday 7th July - KENNETH BRANAGH'S PRODUCTION OF ROMEO AND JULIET

The Kenneth Branagh Theatre Company's modern and passionate staging of Shakespeare's classic tragedy, Romeo and Juliet, returns to the big screen this summer. Starring Richard Madden as Romeo and Lily James as Juliet, with Sir Derek Jacobi as Mercutio and Meera Syal as The Nurse.



BROOK TAVERNER - THE SUMMER COLLECTION

We at 35 Toll Gavel have been relishing the past few weeks of sun and warmth.

To soften the blow of Freedom Day being postponed, we can at least enjoy a staycation or two in the next few weeks or experience long-awaited reunions with friends and loved ones. Alternatively, you can always come and see us in store too! We're open seven days a week to welcome you in and get you what you need to restock your seasonal wardrobe.

There's nothing better than being well prepared for when the sun comes out - that means comfortable, lightweight clothing that lets you stay cool and collected when you need it the most.

Our Milford polo shirt collection for example wicks away moisture with its breathable cotton weave, allowing you to stay refreshingly relaxed when the barbecue comes out. The collection features a broad palette of light, summer-inspired colours that you don't see every day to set you apart from the rest.



Pair your Milfords with some of our cotton stretch shorts and you have yourself a winning combination. In a dazzling array of handsome colours, our flexible summer staples tick all the style boxes and with just a hint of elastane provide a roomy stretch so they move with you throughout the day.



If it's not cotton you want, our linen shorts collection will do just fine when the sun is out. Smarten up your ensemble with our Buckland linen shorts. Tailored shorts bring a touch of class and elegance to your casual ensemble, and can take you with ease from an al fresco lunch to drinks by the sea. Coming in the versatile base colours of stone and navy, you can mix and match them to your heart's content with our casual shirts.

A standout favourite for postponed wedding goes is the Constable tailored fit suit. Beautifully cut, the Constable looks just as good at the end of the day as it does when you first put it on, thanks to its linen-wool blend with a hint of polyester. This makes it ideal for all-day events like with sitting, standing and dancing for hours on end!



It pairs beautifully with our formal shirts, and is available in two versatile base colours of navy and stone. Lee and the team would once again like to thank the people of Beverley for supporting a small, local business during what has been a damaging and unprecedented time for everyone.

The team has said there's been no greater pleasure than opening the store's doors every morning - it represents a gradual return to normality that everyone has been craving.

We wish everyone a safe and happy time this summer, and hope to see you in store soon!

Warmest regards, The Brook Taverner Team.



NOW OPEN
Following
Government Guidelines
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BROOK TAVERNER

35, TOLL GAVEL, BEVERLEY. 01482 882356

NEW AUTHOR COMPLETES FIRST NOVEL DURING LOCKDOWN

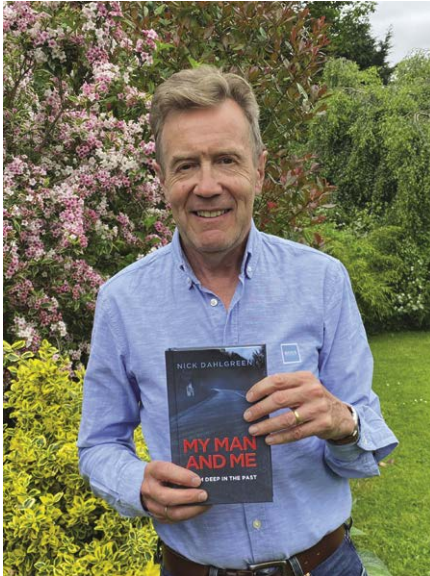
Taking inspiration out of lockdown, a man who grew up in Hull, and lived in Beverley for over ten years, has just published his first novel, after moving on from a career in finance in February last year.

Nick Dahlgreen completed the comedy thriller 'My Man and Me', large parts of which are set in Hull, during lockdown in a village near Wetherby.

"It was just something I've always wanted to do" said Nick, "but I only made serious progress when I left work and could devote a proper amount of time to the project."

'My Man and Me' features the perfectly flawed hero George Stephenson, whose disappointing middle-aged life suddenly starts to turn around - either by chance or by mysterious design.

It's published by New Generation Publishing, and is available from all good booksellers; and on Amazon in paperback and kindle formats.



UNUSUAL NATIONAL DAYS IN JULY

While there aren't any traditional holidays in July, there are plenty of unusual and silly ones you can celebrate instead. They won't get you a day off to celebrate but you might learn something new and have fun. Here are some unusual holidays in July you might see celebrated on social media.

6 July - International Kissing Day - Pucker up and give someone you love a kiss. It's an unofficial holiday recognised worldwide, so if you have ever wondered how other cultures perceive kissing, now's the day to find out. It might surprise you, but kissing isn't universally welcomed or accepted and in some cultures there is an important etiquette for kissing.

7 July - World Chocolate Day - If you're a chocolate lover, today is supposedly the day to indulge on your favourite treat 'guilt-free'. But while you're at it, use today to remind yourself that food has no moral value and associating chocolate with moral values is harmful. No food is 'good' or 'bad', and you should not let chocolate have the power to feel shame on any other day either. You can eat chocolate whenever you want, just do it in moderation!

11 July - World Population Day - Celebrated globally, World Population Day is a special day that recognises and raises awareness of population issues around the world, and has been celebrated for around 3 decades. It was established by the then-Governing Council of the United Nations Development Programme in 1989. It aims to increase people's awareness on various population issues such as the importance of family planning, gender equality, poverty, maternal health and human rights.

24 July - Tequila Day - Despite tequila only being produced in 5 areas of Mexico, Tequila Day can be celebrated by everyone in all corners of the world. For a drink to qualify as tequila, 51% of the product must be derived from the blue agave plant prevalent in Mexico. Whether you enjoy it straight or in a cocktail, celebrate by enjoying some tequila.

LEWIS NORTHEN
FUNERAL DIRECTORS

IN

MY FAMILY TAKING
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E: info@lewisnorthenfuneraldirectors.co.uk
W: www.lewisnorthenfuneraldirectors.co.uk

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JACOB'S WELL APPEAL
CHARITY SALE
SATURDAY
10th JULY 2021
9AM-3.30PM
TOLL GAVEL CHURCH BEVERLEY

Books, Bric a Brac, Clothes, Produce, DVDs, Tombola & much more

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ARTIST RETURNS TO HER ROOTS

Yorkshire artist, Linda Stocker, has returned home to her roots to set up Lyndiloos Art Studio with Calf House Studios in Bishop Burton, where she will be running Art & Craft Workshops and encouraging people to join in.

Just Beverley spoke to Linda about where her love for art came from.

Linda has always loved art. When she was at Malet Lambert School she used to sketch wildlife, and one gorilla and lion sketch was put up in Hull Art Gallery - her first taste of pursuing art professionally. Linda said: "My art teacher Mr Scarfe told my mother she should encourage me to go to Art school as I had a natural talent but my mother told him I was the oldest of 6 children so I had to get a proper job".



Her family moved to Beverley when she was 10 years old and she still remembers falling in love with the vibrant town centre, people and arty culture, particularly the Beck's Creeler statue caught her eye, despite thinking it was a man carrying a sack of coal. She said: "I have always loved Beverley Westwood, where the cows roam around free and you often have to stop as a cow slowly walks across the road or into the road".

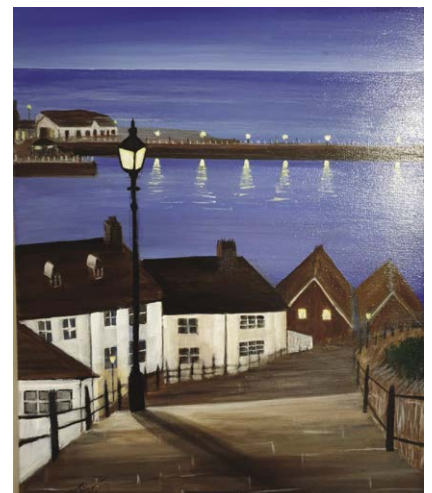


Things changed after she finished school, and she moved down south to London to join the army as there was little work in Hull. She had not picked up a pencil for years until 11 years ago when visiting her sister back in Hull.

Admiring a painting she had, her sister told her to have a go painting again. "She said to watch Bob Ross, who I had never heard of back then, and so her son sent me some DVDs. I took 3 days off work, and then when I got home in Kent I painted my first paintings."

"From then on there was no stopping me. I joined 2 art groups, and art became my therapy as I had such a busy stressful job as a Case Officer for Kent County Council".

Now back in Yorkshire, Linda's goal is to inspire people to pick up a paint brush and have a go at painting just as she was inspired by her artistic influences, one of which is Gustav Klimt. She received 3 commissions for her own take on his Freya's Tears of Gold.



Linda said: "Cold Harbour Farm has beautiful tranquil surroundings, and I want to run workshops here for people who want to try something new while finding a great antidote for the stresses and strains of a hectic working life".

Book your place by visiting Linda's website: www.lyndiloos.co.uk

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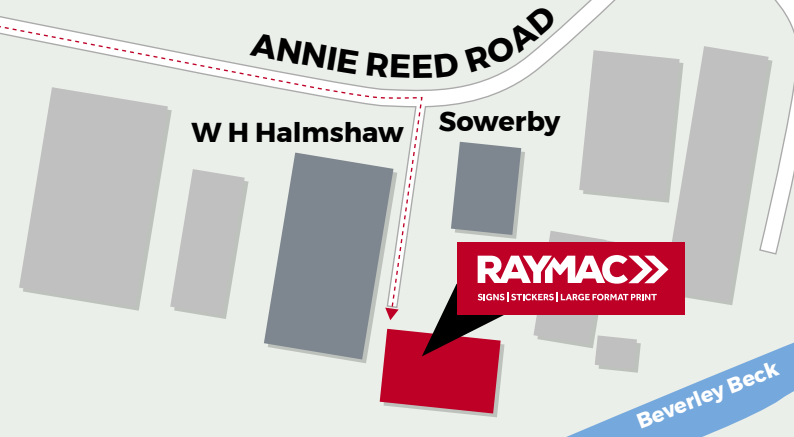
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BEVERLEY MEN IN SHEDS BRING PEOPLE TOGETHER

Looking for a place to meet, chat, have a cuppa and indulge in your hobbies and make new friends?

Classified as a support group with a variety of activities on offer, Beverley's Men in Sheds is inclusive of all genders and has something for everyone. Whether you want to bring a book, try a model-making kit or just give some ideas, everyone is open to suggestions as the shed is guided by its members and naturally evolves as it develops.

Located at the back of Oldroyds Corner at Woodmansey Garden Centre, Beverley's Men in Sheds is open all-year round on weekdays between 9.30am and 12.30pm. Members join a WhatsApp group and communicate each morning whether they will be going to the shed that day, which ensures no one turns up to find the place deserted.

For safety reasons due to the use of tools and machinery at the premises, there must be at least 3 members present. If you want to learn to use the tools and machinery, you can be trained at the premises.

Not all members go to the shed to do projects, instead some go to simply have a chat and enjoy a cuppa to make the most of socialising following the last year of isolation.



Others go along just to help sort out buckets of nuts and bolts, as members often arrive to find donations on the doorstep. At present, Men in Sheds has received lots of woodwork interest, but are open to suggestions and willing to host more alternative sessions such as photography, crafts or art projects in the future.

One of the groups major projects, a money making enterprise in conjunction with Beverley Minster old fund, is upcycling some of the timbers from the nave. Some of the 300+ year-old oak has been made available along with a good deal of pine boards, and they are making various things to sell through the minster shop. If you check out their Facebook page you will see some of these being advertised.



Alongside the Beverley Minster project, the group is hosting a refugee who left his home country without his tools and is making the best of the facilities and tools the group has to offer to kick-start his wood carving once more.

Anyone wanting to join the merry band would be asked to pay £10.00 per month by direct debit.

If you want to use any of the machines, training and experience under supervision can be arranged, and there is a range of timber available for use to practice wood turning. Find out more at www.meninshedshull.org



An ongoing project with Beverley Minster upcycling wood from the nave is currently coming to fruition with the first items created being handed over to the shop manager. Seen in the picture are Brian Coates (trustee) and shop manager Jane Myers.

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INSIDE OR OUT THE TIGER INN LOOKS TO WELCOME YOU BACK

Rather than sitting back and relaxing during lockdown, Allen Slinger has been busy planning how to welcome people back.

With customer safety at the forefront of his decisions, Allen now looks to the final easing of restrictions and is laying plans out for the Tigers Inn's future.

Customer safety and confidence is now at a high, and the Tiger hopes to build on this in the coming weeks. The plan is to open the doors later this month and allow customers back inside to enjoy the ambience the historic pub is renowned for.

Customers have repeatedly reported back with how they are enjoying the new outside area where they can sit and enjoy a mixture of food and drinks. These are being served and delivered from the new menus with table service.



If all goes to plan, 19th July is the date everyone is looking forward to and will be when the team hopes a near-normal service will be allowed to return.

Whether you wish to enjoy your food and/or drinks inside or out, then get in touch with the Tiger via the website or Facebook page.

They will be delighted to hear from you and enjoy your company.



OPENING TIMES:

MON - WEDS 12PM TO 10PM

THUR - SAT 12PM TO 11PM

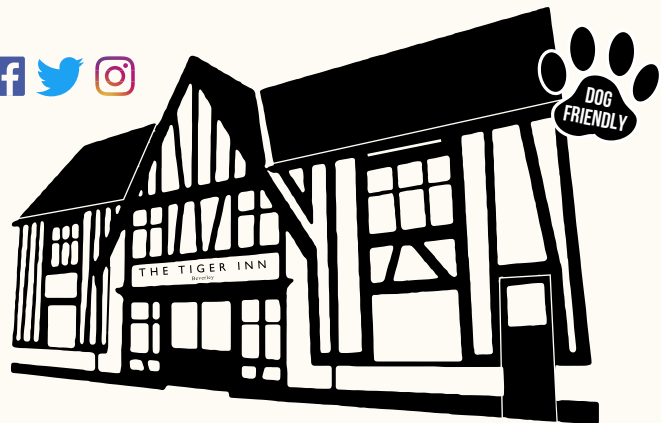
SUN 12PM TO 10PM

FOOD SERVED:

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WALKING THE MINSTER WAY - STAGE 3



Stage 3 - Millington to Kexby 13 miles.

The first 4 miles of this stage of our trek between the glories of Beverley and York Minster are outstanding.

Sadly, the next 5 to Stamford Bridge are less thrilling, with an unavoidable 3 miles alongside roads. Things pick up again when we explore the environs of this large and historically significant village, and crossing a splendid disused rail viaduct with great views is an extra treat.

The final 3.5 miles are also most pleasant as we follow the lovely River Derwent south to the main road at Kexby.

1 For those who arrive by car, starting from Millington is no problem with plenty of free parking on the village streets. The only viable public transport option is to take the bus to Pocklington and walk the 3 miles by the quiet lanes, or better still, by nice footpaths as I did.

This does make it a long stage, but the terrain is not difficult. The village caters well

for walkers with its cafe, pub and even bunk barn style accommodation. The rustic church is usually open and has an exhibition on the local area.

From the village green, head north up The Balk and continue along the lane where it crosses the bigger road. This soon leads to a lovely straight path through the beautiful and secluded Givendale with attractive woods and large ponds. Beware of frisky cows here. The diminutive church comes as a surprise in such a remote setting. It has always been open when I pass by and is a joy to explore. The seats outside offer one of the best views in the county.



Towards Bishop Wilton

2 From the church, walk up to and cross the road to follow the lane ahead through the hamlet. After 100 yards, the Way heads right on a lovely scenic route down to the fabulous village of Bishop Wilton.

The views are exceptional across the Vale of York - here we say farewell to the higher ground of the Wolds.

Turn right along the lane to soon enter what I would contend is the loveliest village in the Riding. I suggest you ignore the Minster Way sign just before the pub so you can enjoy the village.

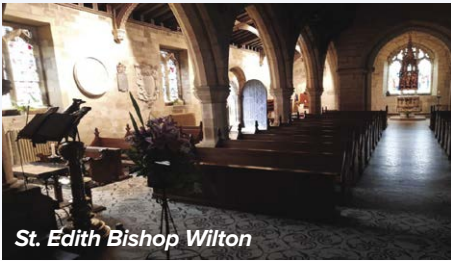
Pass the fine Fleece pub (or enjoy, if it's open) and enter the huge swathes of village green to the north and south of the road. A new community shop is well worthy of your patronage, selling take away hot drinks and a nice selection of food.

I have visited twice recently and can heartily recommend the Ryedale Tykes! The spire of St. Edith's Church beckons from across the beck. It is another delightful place to explore with an outstanding Italian mosaic floor.

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St. Edith Bishop Wilton

3 To rejoin the Minster Way, head south to the end of the fine array of village houses that front the green, turn right onto Thorny Lane, and in 500 yards go left at the road junction. After 400 yards on this quiet road, look for the waymarked path that heads most pleasantly over fields to Full Sutton at point.

4 This is a pleasant zig-zag section but the route is clearly marked, with just one tricky junction where you take the second left. It soon takes you thorough the beguiling Awnham's Meadow. I had a lovely picnic there surrounded by wildflowers.



Awnham's Meadow

5 Emerging from a wood, turn right along the road into the small village of Full Sutton, which has some nice buildings, most notably the church and former chapel.

Regrettably, 3 miles of road walking to Stamford Bridge now awaits. At first, the road past the prison is fairly quiet and straight, but after a pretty dull mile you turn right at the junction onto the busier road.

6 Take great care with traffic here, walk on the right and use the verges where possible. You enter the village by the church, then turn left into the busy square with its many shops, pubs and cafes - the specialist whisky shop is a temptation I could not resist.

Stamford Bridge was the site of a major battle in 1066 won by Saxon King Harold against Viking invaders, unfortunately less than a month later he in turn was defeated and killed at Hastings by William the Conqueror.



Viaduct at Stamford Bridge

No doubt Harold's army was fatigued by the long march south. The Way resumes on the right bank of the River Derwent passing beneath the majestic former rail viaduct.

7 I suggest you take the paths that lead up to and over this wonderful structure built to carry the line from Beverley to York in 1847. The old station at the eastern end is beautifully preserved, from there you can return to the Way.

most tranquil hour of walking the eastern bank of the Derwent. The area teems with birds and flowers in summer.

After passing through many stiles, plank, bridges and gates you emerge at Kexby on the busy A1079, where a regular bus service, or friend with a car, can whisk you back towards Beverley. Now, just the last 12 miles to the Minster at York remains for another day.

8 After all that traffic, you now have a

Ian Richardson - June 2021.



Kexby old bridge

ASK THE EXPERT WITH WHITE RABBIT CHOCOLATIERS - WHAT DOES FREEDOM LOOK LIKE?

In 2019, White Rabbit's biggest problem was that we were too busy. Especially on Saturdays, we were opening to a queue of people and scrambling over ourselves all day to plate up our decadent Hot Chocolates, popular toasties, and array of sweet treats to an ever growing swell of people.

We felt like a mess, getting up every day to fight a battle, but the positive reviews kept rolling in and the lines of people kept extending... until the wait times became a bit much and people started getting frustrated.

"We are only a tiny cafe", I explained to people, but in February of that year we made the move to squeeze in even more seating and



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introduced a front of house to keep orders and queues orderly. People were packed shoulder to shoulder, the waiter or waitress stooping into the tables to hear orders over the throng of noise, naked faces right next to each other.

"It is the only solution", I said, and people didn't seem to mind - in fact they enjoyed the busyness of our small establishment.

A waiter practically holding a tray over their head as they edge through the tables, tightly packed with groups of friends, or three generations of the same family, all talking noisily, enjoying the intimacy of our 32 seater cafe.

It's a scene I can now barely imagine as I preside over our 13 cover cafe, asking people to check in as they enter my venue. As we eye the end of restrictions I stand here with trepidation, unable to visualise how the next step of freedom will unfurl. Will my tables return? And if they do, will the people follow? Who wants to be packed into a tiny cafe now? When freedom finally returns, what will it actually look like?

Everyone has had their unique lockdown experience, how lockdown has impacted them on the personal level. Back in 2019 I worked 60-70 hours a week holding our furious business together. I had little time for going out or seeing friends, cooking for family, or going for a sunny walk on the Westwood.

Despite the turmoil of my business and the dedication that has been required to come out the other side, lockdown for me represents the return of my weekend. No one minded that I wasn't open on a Sunday or Monday because no one was about to care. I could use my evening again, I got back into cooking, spent plenty of time wandering the streets and soaking up the sights of Beverley, and during times of eased restrictions I even reconnected with my friends.

With the return of indoor dining I am already back to 6 days a week, so, as we eye the end of restrictions, I stand here with trepidation, unable to visualise how the next step of freedom will unfold.

Will I keep my weekends? And if I don't, will I be able to hold it together like I used to? Do people still want to work hard to make a life for themselves, or am I the crazy one? When freedom finally returns, what will it look like?

Stay at home, save lives. Clap for the NHS. Shop local. Face masks. Social distancing. Hands, face, space. Build back better. The New Normal. Sanitise your hands when you enter...

As we eye the end of restrictions, what does freedom look like? Remote learning? The right to work from home? Vaccine passports? Customers packed shoulder to shoulder, a waitress stooping into the table to hear an order over the throng of noise. Not checking into a venue. Naked faces. Businesses open 7 days a week. People squeezed in enjoying themselves.

We all know what freedom looks like, and I for one am looking forward to it.

**Ed Hawkes,
White Rabbit
Chocolatiers.**



COUNTRYSIDE MATTERS WITH SAM WALTON

Part 2 of Agriculture In Africa...

Rhodesia was very exciting with its wonderful agriculture and a vast diversity of farming operations. I saw some of the best beef production of the day with a host of different breeds, but have to say that the local breeds were more able to withstand the sometimes arid conditions.



The Famous Santa Gertrudis Beef Bull

Despite Aberdeen Angus and Shorthorn bulls being imported, after a couple of years or so they would suffer from tropical degeneration and had to be replaced. Ticks were a bit of a curse on cattle, so every farm or ranch had a dipping arrangement for them where they plunged

into the long narrow channel of water that had a suitable anti-insecticide in, and this was done once a week in summer and every two weeks in winter. So, they were well cared for. I never saw any grazing the likes of which we have here, but time was not of the essence as it might be here, and there were large numbers with some always ready for market. At least they made good use of the natural bush-like conditions and lived outside the whole time.

One particular farmer who stands out in my mind was Boss Lilford, who had a sizeable farm, owned hotels, race horses and I believe a gold mine, and he imported the Santa Gertrudis breed of cattle from Brazil whilst we were there. It became an immediate hit, and won virtually all the prizes at the local Salisbury Agricultural Show that was on whilst we were there. I know that subsequently they proved a huge financial success.



Cattle being gathered for Dipping

I did see some sheep but not on the cattle scale and they would benefit from better quality grass. Most of the workers would have a few chickens in their communal campsites, but I saw nothing on a large scale. There were not many pigs, but I do remember one evening on a farm where a Large White pedigree breeder was thrilled as we went to bed to find that one of his sows had just given birth to ten piglets. When we went out next morning they had disappeared, and he was cursing the sow thinking she had eaten them. However, on a wall top I noticed a large snake fast asleep with ten lumps in her body! That is one problem UK farmers do not have.



Local Breeds in the bush

I think at that time, Rhodesian agriculture was just starting to be modernised as new technologies began to appear. Both Neville and I were offered jobs out there and it was rather tempting, so we asked Boss Lilford

what he would recommend as we suspected there was just beginning to be some unrest in parts of that really beautiful country. He said we would be okay for a while but he knew things would change, so both Neville and myself declined the offer.

Boss had a most superb home and garden, an excellent farm and 20 years later we had returned, nothing was quite the same.



I'VE BEEN THINKING... SAYS COLIN RAYNOR

I recently had the pleasure of watching 'Friends: The Reunion' with my 16 year old granddaughter.



Friends, one of the most famous television sitcoms of all time, began in 1994 and ended in 2004. It ended before my granddaughter was born (the claim is made that the last episode was watched by over 52 million people) and began three years before this writer retired. Somewhere in the world there is an episode of Friends still showing every day. What is so special about this TV programme?

That is not a question I will attempt to answer in detail, but if you are someone who has never seen an episode I will hazard a guess that you will know someone who has, so ask them. It is an American sitcom about three men and three women, all in their mid twenties, who live in apartment blocks in Manhattan, New York in the USA. My answer is in the title. Friends. This programme looks at every aspect of what real friendship means.

So there we have it. Have you personally experienced true friendship with a group of people or with just one person? How do you define who or what is a true friend? It is difficult not to develop stereotypes when trying to reach a definition. The directors and producers of Friends were asked why they brought this most successful of programmes to a conclusion after 236 episodes, to which they said: "Because life was inevitably moving on for all these six people. Soon each character, in life's rich pattern, would meet and make new friends, change jobs, some would marry and maybe have children, others might move away from New York. In other words, the time was right for this group of friends to change their lifestyle".

That is not to say that this group, or any group of individuals, cannot remain friends without such close daily contact. One of the constant worries expressed about the effects of this pandemic has been the lack of socialisation, and this has been highlighted by the closure of schools for such a long period of time. The concern that young children in particular were not having the opportunity to learn the basic skills, not just of reading and writing, but forming friendships with other children of a similar age. Every parent hopes that when their child starts school they will make friends. It is still frequently a stock question when adults meet each other: "who was your best friend at school?"

Friendships are important. Sometimes they can become more important to a person than the relationships they have with their own kith and kin. In this context, there is one group of people who have perhaps, in some cases, suffered most of all during this last year and more. I refer to the older person who now lives alone and is experiencing loneliness they never expected to have to cope with. Because of the restriction of movement and concern for their health, many I fear will continue to not venture out even when they are allowed to do so. If you know anyone who you sense is in this position be a good friend and go say hello. You might just make their day!

BEVERLEY PHOTOGRAPHIC CLUB

We are a friendly club and welcome all.

June 29. Meet 11am at The Bayle Gate Bridlington for a photo walk. Theme Bridlington Town Heritage. YO16 7JT.

July 6. 7.30pm Zoom session showing Bridlington Town Heritage images.

13 July Meet 6.30pm at the war memorial in Sledmere village for a photo walk finishing with a drink and a chat. YO25 3XG. Theme Village life.

20 July. 7.30pm. Zoom session showing Village Life Photos. (Does not have to be Sledmere if you are unable to attend.)

31 July. Meet 10am Yorkshire Game and Country Fair. Scampston Hall, Scampston Malton. YO17 8NG. Theme Country Pursuits.

3 August. 7.30pm. Zoom session showing Country pursuit images. (Does not have to be YCF if you are unable to attend.)

More information and Zoom joining instructions from billbevphoto@gmail.com. All are subject to change because of Covid regulations.

SHORT STORY BY CLINT WASTLING - THE ART CLASS



Sandra had the kids summer holiday all planned; a few days at the grandparents, a weekend with her good for nothing ex and an all-day art class.

It was a typical July day, cold and raining. Getting two kids in the car proved to be as tiring as a full day at work.

"Do we have to?" Anna moaned.

"I don't want to go! It sounds so boring and my favourite TV programme's about to start!" Bobby added.

"We aren't going!" They stomped in unison.

"You are!" Sandra retorted, equally determined. "I've paid for this in advance!" Anna and Bobby sulked.

"Waterproofs?"

"Check." The kids responded grumpily.

"Wellingtons?"

"Check!" Sandra saw her daughter's eyes roll. Sandra berated herself for doing these things. Why couldn't she just leave them in front of the TV?

Given half a chance they'd eat, wash and sleep in front of that box. No, hold that, Bobby wouldn't bother washing.

"What exactly are we going to do?" Anna asked.

"Art in the woods." Sandra replied. "Making things from natural materials."

"Sounds like school." Anna folded her arms and huffed. Bobby copied.

As they climbed The Wolds, the windscreen wipers sang a squeaky little tune as the rain eased. The car park was almost full with an assortment of 4x4's with just enough space for Sandra's old estate.

"Right, let's go!" Sandra attempted to sound enthusiastic. The children dragged their feet. Rain dripped from the leaves and the path was pitted with puddles.

Sandra asked a group of parents. "Are you waiting for the Woodland art course?" There were a few nods. She breathed a sigh of relief, at least it was the right place and it was still on!

"Well, good morning." The bearded gentleman's face shone with enthusiasm.

"I'm Colin, the Artist in Residence. I applied for The Maldives and got Millington." There were a couple of muted laughs. "Today we're going to be in touch with nature, to feel the textures of bark and the vibrations of life surging through the trunk of each tree."

Anna sighed as only a teenager can.

Sandra gave her daggers. Don't you dare embarrass me. She thought. The artist explained the first project. "I want you to collect any objects to make your name. You could write it using charcoal or sculpt it using sticks and stones but make it say something about you. Go to it! Parents you are welcome to join in." Youngsters reluctantly trudged into the rain soaked wood.

Sandra decided to weave her name using willow stems. "What a fantastic idea. Sa, let me guess, Sarah." Colin stood over her as she worked the next letter.

POEM BY PAULINE KIRK - KIRKBY MALHAM, NORTH YORKSHIRE



*Here there is peace -
but not silence.
A clock ticks in the tower above,
trees in the churchyard sigh.
My feet echo on slabbed stone.*

*Beyond me, swifts
swirl in noisy delight, tying roof
to gable, to empty street.
Jackdaws twang in conversation.
A telegraph wire sings.*

*And in the distance
sheep bleat, while cattle
breathe along valley sides.
Across my skyline a plane
murmurs a trail.*

*Leaning on an ancient gate
I hear the wood
stretch in afternoon heat.
All is sound and movement -
and utter peace.*

Pauline is a published poet and Editor of Fighting Cock Press. She writes as Pauline Kirk and with her daughter as PJ Quinn for the DI Ambrose novels.

"Sandra." She corrected smiling at the artist. She thought he had a wild and unkempt look but nonetheless rather handsome.

"You'll have to watch Colin." One of the other mums warned after he'd moved off. "He's single!"

"Oh Dear!" replied Sandra feigning shock.

Later, Colin gathered everyone round. "Now, I want you to make a green man in clay. Let your imagination fire! I want texture and form!" Sandra wanted to impress. She looked for a suitable tree and found a gnarled old sycamore with a fabulous knot which looked like an eye winking. Sandra worked away at the face creating the features from clay and the hair and beard from layers of leaves.

The eyebrows and moustache proved tricky. However, eventually she managed to get the moss to stick. "Ah! Sandra my star student!" Colin took out his camera and asked her to pose by her creation. "How do you feel?"

"Funny you should ask that." Sandra looked around the woodland class.

"Liberated."

"We all need time to find ourselves." He concluded.

"Do you do evening classes?" Sandra asked.

"Every Thursday." Colin's eyes lit up. "Would you be interested?"

"Yes." Sandra said enthusiastically and felt her cheeks burn as she pondered the possibilities. Anna and Bobby both rolled their eyes!

Clint Wastling is the author of Tyrants Rex, a fantasy story (Stairwell Books). His poetry collection Layers is available from Maytree Press.



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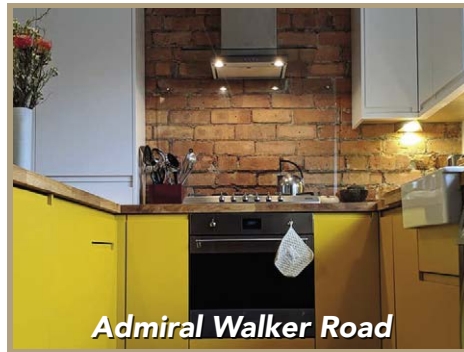
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THE HISTORY OF FRANK STEPHENSON & SON, FUNERAL DIRECTORS

In 1872, a Builder, Joiner, Plumber business was established at 29 Minster Moorgate, Beverley - Frank Stephenson & Son.

In the 107 years, it was owned and run by four members of the Stephenson family. It has been a well-established pillar of the community here in the town, serving as builders, plumbers and joiners - and as in those cases when needed, the local Undertaker.

In 1979, the family ownership retired - The Late Mr Bernard and Shirley Stephenson, and the business was passed on to Mr Tony Warburton, late of Beverley Veneers in 1979.

He continued to keep the family name and uphold the established reputation, mainly as a firm of family funeral directors.

The late Mr and Mrs. Pete Smith managed the business on his behalf for many years. In 2012, the business was undertaken by



Dignity Funerals, a British company centred on a high standard of excellence, but built on a firm foundation of family values and local people who know the community, know the people in the town and work closely with clergy, doctors, solicitors and have a support of local community projects.



Mr David Wilson, Mr Kevin Eade and Mr Paul Holland as funeral directors are at the centre of the business assisted by a team of caring staff; caring for all the families who have need of us and are well known to people in the town.



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CARFAN - THE VOLKSWAGEN PORSCHE 914

The subject of this month's issue is one that readers may not have seen before - a Volkswagen Porsche 914, built between 1969 and 1976.

This is certainly a car to buy if you like the wind in your hair as they all have a removable targa roof panel. Considering this could be seen as a niche model, over 118,000 were eventually sold worldwide of the different variants of 1.7 litre, 1.8 litre and 2.0 litre either with 4 or 6 cylinders. Internal differences of opinions between Volkswagen and Porsche almost put paid to the collaboration, which would have been a shame as the end result has a lot of purity in its design and has arguably aged very well.

Not many changes were made during production, just small ones to the bumper being the most obvious, which perhaps indicates that the original concept and design was the best one after all.



Mainly being sold in America, which is where most of those for sale now are located, it should come as no surprise that it featured in lots of films and TV series including The Gumball Rally and Hawaii Five - O.

The 914 Register, being part of the Porsche Owners Club, is full of help and advice to keep these ageing vehicles on the road and membership is recommended. The version featured is an early one, produced in 1970 and imported to the UK from America, having only done just over 61,000 miles and presenting in very good condition indeed. If having the steering wheel on the wrong side doesn't put you off, be prepared to pay £20,000 for this particular car and don't forget that if you do see it as it is for sale locally, make sure you give it the cheery Carfan wave!

BEVERLEY MOTOR WORKS: CARAVAN TOWING TIPS



With summer here and travel restrictions in most areas lifted within the country, many families are looking to enjoy a caravan holiday in UK holiday parks near stunning coastal locations. It is therefore essential to ensure you have performed vital safety checks before towing your caravan.

Basic checks

Unless you pack lightly, taking the whole family on holiday means lots of luggage, but it is important you don't overload the car or caravan. The overall weight of the loaded caravan must remain within the limit of your car's towing ability, and you must ensure the combined weight of both the loaded car and loaded caravan is below the maximum 'train' weight for your car.

Know how to manoeuvre

Driving with the additional weight and length of a caravan means the way you drive will be different to normal. Allow yourself ample room to turn and reverse so the caravan follows you through cleanly. You will have to drive further past a corner than usual, and slightly delay the turning. Check your mirrors frequently.

Be aware of the driving conditions

Even after taking all the necessary preparations for towing your caravan, it can be made even more difficult when faced with horrible driving conditions as we know British weather can change quickly. Strong rain, strong winds, standing rainwater, and passing HGVs and vans at high speeds can all contribute to your caravan swaying and swerving dangerously on the roads. Make sure to pay extra attention to your tyre pressure and driving lights on both your car and caravan.

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STAYCATION
 SUMMER
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WHERE IN BEVERLEY?

Where in Beverley
 can you find
 this landmark?
 Answer on Page 30.



KNOW YOUR NUMBERS

Each row adds up to the total
 on the right.

Each column adds up to the total
 at the bottom.

The diagonals add up to the totals
 top and bottom.

X	X	X	X	?
2	7	8	?	20
6	?	2	9	?
?	4	?	7	?
1	?	5	?	13
?	15	?	23	?

Answers on Page 30.

Do you have any amusing stories,
 quotes or pictures? Send them to
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QUOTE OF THE MONTH

Summer is what it is.

THOUGHT FOR THE MONTH

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WILSON WHEELS - CAN YOU SEE ME??

Wilson Wheels have been looking after cyclists for many years and hope to do so for many more to come with both Nathan and Dave keen to practice what they preach both on and off the bike.

When choosing a design for the race team, they wanted it to be seen, promotional, and safe during both racing and being on the road. It's worth thinking about whether you can be seen when you are out riding.



Ask yourself, "how vulnerable am I?" "How can I help motorists see me so I can return home safely to my family?" Be seen, be safe; you decide, which cyclist in one of the following pictures would you rather be as a motorist approaches?



Why not for a few pounds make yourself visible and increase your chances of returning home safely? Feel extra safe with new lights, a new jacket, and a new helmet.

If it's good for Wilson Wheels, then it must be good for you. Have a safe July and enjoy the Tour de France.

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TIME IS OF THE ESSENCE

On Saturday 12th June 2021, Denmark were half way through their opening Euro 2020 match against Finland when Danish footballer Christian Eriksen collapsed on the pitch.

He'd had a cardiac arrest and if it weren't for the use of first aid and defibrillators by teammate Simon Kjaer and the medical staff who rushed onto the pitch, he may not have recovered.

Fortunately, as a result of their quick response, he did. First aid is vital because accidents and medical incidents can happen at any time and any place.

The question you're probably asking 'Should I be booking myself on to a course tomorrow?' Not necessarily, It's an invaluable skill to have and it may be that you just want to be better informed in case you ever find yourself in a situation where help is needed.

What Does First Aid Entail?

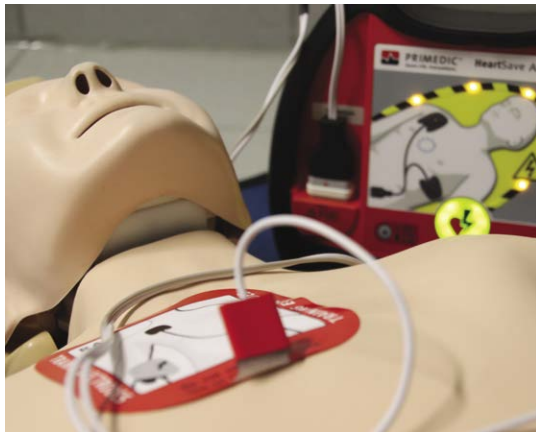
The standard FAW (First Aid At Work) course will instruct you on first responses which should include the following:

1. Checking you and the casualty aren't in any danger and if so, making the situation as safe as possible.
2. Calling 999 or 112 or instructing someone else to do so, if you need an ambulance or medical help.
3. Depending on the state of the casualty - are they breathing/not breathing? - put them into the recovery position or perform CPR.

CPR (Cardiopulmonary Resuscitation) is a way of attempting to restart someone's heart and breathing and is an essential part of first aid so you'll definitely learn how to do this.

Depending on the level of training you're receiving, you may also look at first aid treatments for specific injuries and illnesses.

Injuries that you may need to treat with first aid include severe allergic reactions, shock, burns, bleeding, choking, drowning, lacerations, cardiac arrest (heart attack), a stroke and more.



Many of these things can get more and more life threatening the longer they are left untreated so it's essential the casualty receives first aid. If you are wanting to undertake first aid training you can do either the EFAW or FAW course.

The shorter EFAW course takes a total of 6 hours over a minimum of one day. This gives you what you need to perform emergency first aid to someone who is ill or injured at work.

The more in-depth FAW course takes 18 hours over a minimum of 3 days. This does everything the EFAW course does but also includes info on how to apply first aid to specific injuries and illnesses.

Find A Provider And Be A Lifesaver

There are many providers that offer first aid training courses. As long as you've checked the course is suitable for your workplace or hobby and they have at least a blended learning model, you should be ok.

Fortunately, we're able to point you in the direction of training as well. If you're interested, get in touch and we'll get something sorted.

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BURTON ELECTRICAL SOLUTIONS - KEEPING SAFE WITH A SUMMER SOCKET

Summer is here, and whether you have decided on a staycation, vacation or have different celebrations planned, everyone likes the garden to look great.

Time needs to be spent to keep on top of the garden and all those other jobs that magically appear during the summer time.



Whether it's garden choirs or garden parties, staying safe in the garden needs to be a high priority on the list of to do's.

Anything that requires you to plug in needs to be safe, so whether that's starting the lawnmower, starting the power washer or having an electric BBQ, outdoor power sockets are a must.

Having protection from an RCD unit makes working with outdoor electrical equipment simple and safe to use. With no hanging out of the window or patio door, the outdoor socket makes things a whole lot easier. This summer for peace of mind treat yourself and install an outside socket.

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IN THE GARDEN... JULY

Welcome to July, midsummer in the gardening calendar, a lovely month when most of us can spend time in the garden enjoying the fruits of our labour.

I suspect that most of us when sitting in the garden will be looking at the 'lawn' and wishing that it was lush, weed free and had stripes on it. To achieve this is 'high maintenance' - you will need to mow it certainly once a week if not twice, feed it regularly and apply weed killer, moss control, top dress and scarify it at the appropriate times. For this type of lawn you will need to use the finer grass seeds and unfortunately they will not stand up to the rigours of family life with children playing football/cricket on it or letting the dog out for its morning constitutional! So, we need to be realistic and not set our expectations too high and maybe accept that the odd weed, dandelion and daisy is not so bad after all (no daisies, no daisy chains).

Tasks for June...

There should be minimal work to do in the garden this month as all the hard work has been done earlier in the year, in essence we are maintaining the status quo. If you are planning on getting some tasks done, try to work in the early morning or evenings, when it is cooler.

Plan for your holidays - this is normally top of the list!! If you are planning a trip away make sure everything is 'ship shape' before you go and book a friendly neighbour or relative to come in and water and harvest the produce.

Mow the lawn - in dry spells don't cut it so often, raise the blades on the mower and leave the clippings on the lawn, all this will help retain moisture.

Water wisely - Containers and hanging baskets will require watering on a daily basis and apply a liquid feed once a week.

Most established trees and shrubs will survive quite long spells of dry, hot weather (here's hoping). But water any newly planted shrubs and trees - give them a good soaking, it's better to give a few a good soak in rotation than all of them a little water each day. Vegetables will need regular watering, otherwise they will certainly bolt and start producing seeds, making them inedible.

Pest Watch - with warm weather and (inevitable) showers pests and diseases can breed and develop rapidly, so keep a very watchful eye and deal with them as soon as you spot them.

Dead head - do this religiously, it encourages more flowers to form and prevents flowers from setting seed too early.

I am certainly looking forward to some 'me' time relaxing in the garden during July and hope you can too.

So until August, enjoy your gardens, J.

Jane Dale of 'Designed Gardens'. Tel: 07983 392 411.



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SUMMER TOYS THAT CHANGED THE WORLD

After having spent a lot of the past 18 months 'locked down', parents and children will no doubt be looking for ways to get outside this summer, get vitamin D and be active.

Here are some toys that changed the world, and could change your summer by getting you and the family outside.

Skateboards

Over the last 60 years, skateboards inspired a revolution. The first origins of skateboards in the 'mainstream' can be traced back to 1959 USA when manufacturers attempted to capitalise on the quickly rising popularity of surfing at the time.

Skateboarders developed new tricks and skills as the introduction of skateparks happened. However, the initial popularity of skateboarding died off after a couple of years due to safety



warnings from professionals calling the activity dangerous.

Over the years, household names such as Tony Hawk helped bring skateboarding as a sport into new audiences.

Roller-skating

Particularly since the Coronavirus pandemic hit, skate culture has had a huge revival and just like skateboarding, roller skating has become more than simply a lockdown trend. Social media has had a lot to do with its resurgence, with roller skating videos going viral on platforms such as Tik Tok and Instagram, inspiring many to try it for themselves.

Roller skating has long been associated with waitresses in American style diners, but the first records of its invention was in 1735 by Belgian John Joseph Merlin. Roller-skates hit their peak in the 1970s and 80s with the roller-disco era, after which inline skates became more mainstream.

Frisbee

The flying disk game, frisbee, has been claimed to have been invented by many people, but the most likely cause of its name comes from the Frisbie Pie Company in Connecticut, who made pies that were sold to many colleges. The students allegedly discovered that the

empty pie tins could be tossed and caught and provided hours of fun.

In 1948, a plastic version of the Frisbie was created by Walter Frederick Morrison and Warren Franscioni which could fly further and with better accuracy than the initial tin pie plates. Soon after, sales soared for the toy due to strategic marketing of Frisbee playing as a new sport. Frisbee has made a comeback over the past year as it is the ideal safe, outdoor activity that in its nature adopts social distancing as a game to play in the park or on a beach.

Kick Scooters

Getting the kids outside all while home-schooling, working, making lunches and the hundred and one other things parents have had to do this past year has been a challenge, but scooters have returned more popular than ever as a fun and safe way of getting outside while social distancing. Kick scooters are easily foldable and compact, giving parents a safe alternative to bikes as their child remains nearby on the pavement where you can fully supervise them.

Within the first 6 months of their invention over 5 million scooters were sold. It was the toy of the year in 2001, and while scooters were influenced by roller skate wheels, they have come into their own right and will be around entertaining kids and adults for years to come.

SUN, SAND AND SURF ON THE CORNISH RIVIERA

Sadly our first choice of destination for a summer holiday in 2021 was not possible due to the ongoing pandemic, but that said, Cornwall did not disappoint, instead reminding us that our holidays are about the quality time we spend with our loved ones no matter where we are in the world.

I was concerned that it would be incredibly busy and was not sure that we would be lucky with the weather, but as it turned out it really was just what the doctor ordered.



We enjoyed the tranquillity of a treehouse with private hot tub in woodland near the northern coastal town of Perranporth, which gave us some much needed time together as a family to relax and explore.

We also took the opportunity to experience different activities. On one day we took to the South West coastal path for a trek with magnificent views from Perranporth to St Agnes Head.

On another we took a drive to explore Tintagel Castle and learned about the links it has with King Arthur. We took a day meandering around the little streets of St Ives, which has such a beautiful sheltered harbour with soft golden

sand and boats bobbing about. It was very idyllic and I would say was the busiest of the places we visited.

We enjoyed an amazing meal out at the Michelin star restaurant - The Square - on the harbour front at Porthleven, which was very relaxing and unpretentious. We were served amazing food with locally sourced fresh produce.

Our good friends had recommended a natural sea pool at Treyarnon Bay where we clambered up to on the rocks when the tide was out. The tranquillity of a wild natural sea pool resting above the magnificent bay was so refreshing.

Another day gave us a chance to venture to Lands End where we decided to have our photo taken because there was a system where you could add your destination to the signpost with the mileage.

We were most surprised that Hull was not on their list of suggested destinations, so you can imagine our delight when our home town of Beverley was listed, amongst many other iconic towns and cities.

Although hard to choose, we decided our favourite beach was Porthcurno Beach, which was very sheltered and very beautiful.

One of our highlights was a private surfing lesson for our daughters, an activity that they had never done before and thoroughly enjoyed.

I have a feeling they will be asking for wet suits and surf boards for Christmas now! While it was a mammoth drive there and back, the holiday was perfect in every way, giving us much needed



time to recharge our batteries, time to build memories, and the chance to explore new places.

I am desperately looking forward to travelling abroad, however, I am immensely grateful that we have had a wonderful time together.

I am sure we will go back, although I suspect with wet suits rather than bikinis which don't quite hold their own against the Atlantic surf!

Amanda McConnell, Travel Counsellors.

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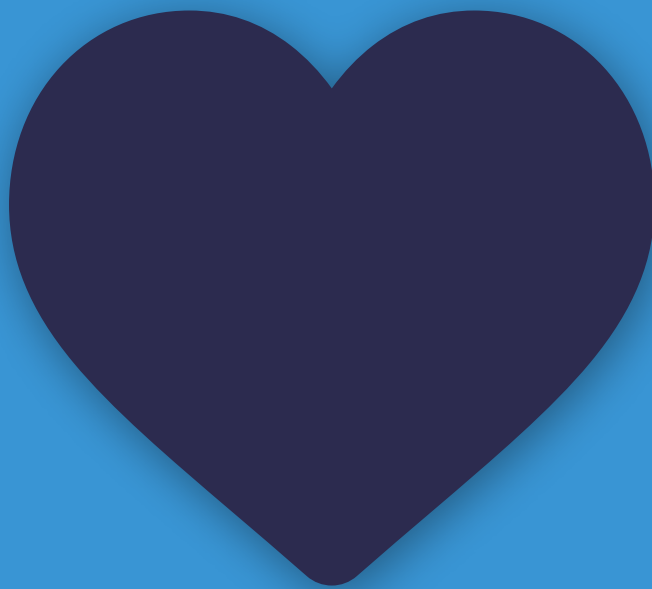
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