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ISSUE 5

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**FEATURE**

**A DAY AT THE RACES**

We catch up with Beverley Race Course CEO, Sally Iggulden

**FEATURE**

**BEVERLEY FOLK FESTIVAL**

Discover the line up

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### CONTRIBUTORS

Julian Minshall, Catherine Goble, Nicolas Chambras, Claire Hastie, Jack Baldwin, Linda Johnson, Alison Davies, Ray Teal, Chris Todd, Peter Goldthorpe, John Duncan, Ian Patridge.



### Letter from the editor

Summer is almost upon us now, and to celebrate the warmer weather we have a great issue packed full of the great outdoors.

This month we saw the Tour de Yorkshire arrive in Beverley, and what a great event it was! Thousands of people turned out to see the cyclists as they passed through our historic town, and it was brilliant how so many local businesses did their bit by displaying the official colours all over Beverley. I've no doubt that the success of the race will see other large events come to this part of Yorkshire, and I can't wait to see the local community and schools come together again to welcome events in the future.

We won't have to wait long before Beverley can play host once more. July will see the Inner City Bike Race come through the town and there are numerous race days of the equestrian kind up at the racecourse on the Westwood, which features on this month's cover.

The summer is bringing plenty of music concerts and events with it too, so check [justbeverley.co.uk](http://justbeverley.co.uk) to keep up with all the local goings on.

### Acknowledgements

Beverley gave the Tour de Yorkshire a warm welcome when the race passed through the town at the start of May. Just Beverley would like to thank the following organisations for their kind involvement in helping to celebrate the event:

East Riding of Yorkshire Council, Beverley Town Council, Beverley Chamber of Trade, Beverley Minster, Indicoll, St Mary's Church, Beverley Golf Club, Wkyeland, Nicolas Chambras, MKM Building Supplies, Release Your Potential, Blue Canoe, Colette and Tyson, Joy Jack, Coles, Hunters, the Pasture Masters, and the local police.

### Apologies

In issue 3 we published an advert by Stipendia Payroll Solutions. Due to an error the wrong advert was printed, wishing readers a Merry Christmas. We apologise for the mix up and would like to inform readers that Stipendia is well aware that Christmas does not fall in spring. Season-appropriate adverts only will feature in the future.

### Get in touch

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# Local Election Results

Elections were held earlier in May for the local town council elections. On the same day as the country's voters took to the polling stations to cast their votes for their local MPs, elections were also held for the town's councillors.

## The results were as follows:

### St Mary's West Ward – 71.3% Turnout

Elaine Aird – Conservative Party

Nick Machen – The Beverley Party

Bryan Pearson – Conservative Party

### St Mary's East Ward – 59.8% Turnout

Tom Astell – Labour Party

Robert Begnett – The Beverley Party

David Elvidge – Conservative Party

Duncan Jack – Independent

### Minster South Ward – 60.7% Turnout

Geoff Cooper – Conservative Party

Paul McGrath – Labour Party

Dominic Peacock – Conservative Party

Ann Willis – Labour Party

### Minster North Ward – 49% Turnout

Peter Astell – Labour Party

Ben Cooper – Labour Party

Philip Dodsworth – Independent



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# A Day At The Races



We caught up with Sally Iggulden, chief executive at Beverley Racecourse to hear all about what's in store for the new season.

Just the approach to the racecourse is enough to tell you what makes it iconic. The way it sits almost at the top of the Westwood, looking out over the vast stretches of green surrounding the course makes it a pleasure to visit even before stepping inside. The peaks of the Minster can be seen over the tops of the small patches of woodland that dot the area, assuring visitors they are very much in the heart of East Yorkshire.

Last month, the racecourse held its first events of the season, seeing thousands of visitors flock through its doors. Among the crowds were stag parties, birthday celebrations and the flat caps of those who have been visiting decade after decade, who will have noticed over time the gradual increase of prestige attached to race days. Once a casual sporting day out for keen spectators, recent developments in the sport have seen an increase in prize money this season, including £1million gathered by a number of sources, including the Race Company and Beverley Racecourse's own funds.



Where prizes are inflated, so is the quality of the events. Beverley's racing history goes back to the 1690s, and everything from the welfare of the horses to the catering and service has been on a steady increase over time, seeing each season top the last for visitor experience. Sally assures us though, the one thing set never to change at Beverley is the focus on the local experience. The racecourse is a not for profit organisation, and

each year sees money driven straight back into the local economy.

"It's the driving force of management here," said Sally. "The local economy is what benefits from the racecourse, so it's in all of our interests to exceed visitor expectations with every visit. Increasing levels of customer service, while delivering a value for money experience is vital for us."





Those who have never attended a race day before might be surprised to learn that there's much more to it than horseracing. Live music, picnic areas and cream teas and Pimms make a day at the races a relaxed day out, where visitors can enjoy the atmosphere and (hopefully) some beautiful summer weather.

Reports suggest we could be in for a particularly hot season this year, and with this in mind Sally spoke about the focus on the care of the horses. "Irrespective of hot weather, the welfare of the horses is paramount. We keep plenty of water on hand at all times to cool the horses after a race."



With racing in the public eye, technological advancements have increased in the area of horse care. Like various other facilities, the racecourse has invested in the best equipment in the industry to keep the horses well cared for. Technological advances mean things like spray fans and eco-sprinklers which reduce water waste are proving popular in the racing industry. Sally has also been looking at solar energy, and keeps a constant look out for developments when it comes to green energy at events.

The racecourse is hosting 19 race days this season, though the venue itself is proving increasingly popular for other events. Everything from weddings and business conferences have taken place recently, with people taking advantage of the first class facilities in the premiere enclosure. The enclosure has recently seen a £650,000 refurbishment, including two new bars. A second phase is also being planned to expand the restaurant.

With past visitors including The Queen and local actress Eleanor Tomlinson, who recently starred in the BBC series, Poldark, visitors can be assured of a royal service at Beverley Racecourse. Other visitors in the past have been a little less welcome, with some of the resident Westwood cows occasionally making an accidental bid for the finish line!

Whether it's a celebratory day out, in aid of a birthday, hen or stag party, or just a good excuse for a friendly get together, attending a race day is a guaranteed special occasion.

You can find more information and buy tickets by visiting the website [beverley-racecourse.co.uk](http://beverley-racecourse.co.uk)

## Town appoints first freewomen in ceremony

The first ever freewomen of Beverley were appointed in a ceremony at the Guildhall at the end of April.

Professor Barbara English MBE and Mrs Berna Moody were awarded the honorary positions in recognition of their long service to Beverley and its people.

The past 900 years have seen only freemen of Beverley, making Professor English and Mrs Moody the proud breakers of tradition by accepting their new titles.

Professor English has lived in Beverley for 50 years, describing it as a “beautiful place to make her home”.

Mrs Moody commented on the previously unrecognised women’s contributions to Beverley: “This is a timely reminder that women work so hard to go the extra mile in making Beverley one of the loveliest and friendliest places in Britain to live.”

Tom Martin OBE was also appointed as an honorary freeman in the ceremony.



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# Law firm celebrates 10 years in Beverley

A law firm based in Beverley is celebrating ten years of practice in Beverley this month.

Wilkin Chapman LLP solicitors is celebrating its first decade of business in Beverley, after merging with Cooper and Wright in 2005.

The Lairgate-based practice has had a run of good news, being named as one of the top 200 UK Law firms last year.

The firm saw the ten year anniversary as a good time to rename the practice, becoming Wilkin Chapman LLP in April. It is one of the largest law firms in East Yorkshire and Lincolnshire, with nine offices in the area and over 360 employees.



# St Mary's bike ride

Leanne Marshall has cycled to the rescue of St Mary's Church, raising over £6000 for essential repairs.



Leanne, who works as the director of Hunters in Beverley, completed the charity bike ride on 18 April, in which she led a group of friendly cyclists up the Beverley to York national cycle route, touring through Stamford Bridge, Pocklington and Market Weighton before being greeted with a warm welcome back at the church.

Managing to raise a total of £6091.50 on the day, Leanne hopes that figure keeps rising with her bike ride raising awareness of the repairs needed by St Mary's.

The 900 year old church is a popular attraction in Beverley's Georgian Quarter. The church hosted a welcome party for Leanne, seeing families enjoy the sunshine with a garden party, where she presented a cheque to Reverend Becky Lumley.

**A unique text number was set up for the event, and further donations of £10 can be made by texting HUNT33£10 to 70070.**



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# Beverley FM - Local Radio for Beverley Now On-Air

For the first time in its history the town of Beverley now has its own local radio station broadcasting 24-hours a day, Beverley FM.



Transmitting on 107.8FM from its base at Longcroft Performing Arts College, Beverley FM provides an exciting mix of music, entertainment, news, and sport, all with a distinctly local feel.

Recently Beverley FM provided coverage of the Tour de Yorkshire cycle race, the new outdoor food market in Wednesday Market, and many other events in the town and surrounding villages.

Beverley FM was set up by a group of local businessmen and radio professionals led by Dave Fewster the well-known Beverley based radio presenter and founder the very successful Beverley business Chem-dry in the 1980's.

"We are very excited about Beverley FM. For a long time the town has needed a radio station that is locally based and puts the interests of Beverley before those of Hull and now it's here and on-the-air," said Dave Fewster. "I have felt for many years that a radio station broadcasting from Beverley would not only be very popular in the local area, but would become a vehicle for young people to gain broadcasting experience and employment in the industry," he added.

Beverley FM is one of the new not-for-profit community radio stations of which there are over 220 in the UK licensed by Ofcom. All of the staff at the station are unpaid volunteers.

Station programme controller Chris Bell has assembled a team of 33 broadcasters that are the envy of many of Beverley FM's commercial neighbours. "The response from listeners has been amazing" said Chris "I have never seen a radio station accepted in a community so quickly" he added.



Beverley FM is always looking for volunteers to become involved in the station if you're interested simply e-mail [dave@beverleyfm.com](mailto:dave@beverleyfm.com)

# Education at heart of Molescroft Farm

When we hold open days at the farm our visitors are often surprised by how much is going on so close to where they live and are interested to find out more. So here's an update of what we're doing at the moment.

This month we are busy planning our annual Open Farm School Days which will take place on 3, 4 and 5 June this year. These events are when we open the farm up to local school children to share with them the importance of farming. We are joined by other local farmers who will be demonstrating to children how particular products are cared for and produced, including sheep, chickens and dairy. We will also be joined by Yorkshire Wildlife Trust who explain to the children how we work to

share the farm with nature.

The day is very structured with the children split into small groups, spending 20 minutes in each hands-on activity. We really believe that we must educate the next generation as to where their food comes from to encourage healthy and responsible food choices.

Our latest project has been to submit a planning application for a children's day care nursery on the farm, offering



55 places. This will hopefully build on the success of our educational visits to the farm, with the emphasis placed on allowing the children the childhood we were so lucky to experience. Our ethos will be 'where nature and nurture come together'. We are really pleased that the Parish Council are keen to see this project progress and are now waiting for feedback on its progress through the planning stage.



Last December we planted a Community Orchard, to build on the success of the Molescroft Grange Community Allotments, which we started in early 2012. We are delighted that all the trees survived the winter and are starting to grow. Trees will be available to rent and the fruit, including apple, can be picked, which could then be used to make homemade cider.

This time of year is busy for an arable farm, with the crops growing as fast as they can in a rush to produce their seeds for harvest in the summer. You can often see our self-propelled sprayer driving around Beverley and up and down the fields nearby. However, at this time of

year, rather than spraying the weeds, it is more often applying fertiliser – the crops still need to grow. We may also be spraying medicines on the crops if they have disease problems, though we only spray if these problems are seen so you may also see a car parked in the gateway while one of the team is walking around the field looking for any signs of pests or disease.

Finally, we are focused on reducing our reliance on carbon fuels, using locally sourced wood and a biomass boiler on the farm to heat the farm buildings and offices in winter. We were really pleased when renewable energy company, Discover Energy, whose main business is installing solar panels, rented the new office conversion at the farm last year. We have since installed 190kW of ground mounted solar PV panels in one of the grass paddocks. They're raised higher than usual to allow the sheep to continue grazing underneath.

If you're interested in visiting the farm and learning more about their ongoing projects, you can read more and get in touch at [molesfarm.co.uk](http://molesfarm.co.uk)



# Historic street shrines restored in council project

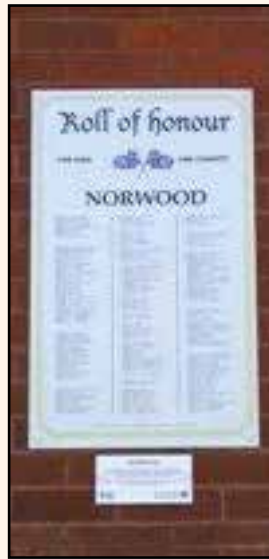
Six historic street shrines, commemorating the volunteers of WW1, have been restored and displayed around Beverley.

Street shrines were used in WW1 to display the names of the serving men of a street or neighbourhood, and were usually created by working class communities. The shrines served as a spot for women to visit, and leave messages and flowers for their husbands, sons, brothers and fathers who were away fighting. The shrines often were confused with memorial boards, listing the names of those who had perished in the war, but these shrines listed the names of everyone who joined the war.

The shrines were a common site in Beverley, Hull and London's East End, but few still existed before the council's project. As part of the centenary in 2014, the council applied for Heritage Lottery funding to take the project forward, enabling them to restore the six shrines that were known about for display around the town.

Some residents recall more than six shrines originally being in place, but the council stuck by official records and evidence to restore the shrines as accurately as possible. They now feature around the town, located on Norwood, Holme Church, St Andrew Street and Flemingate corner, the Grovehill Road and Priory Road corner, and Crane Hill Wharf.

The first shrine originally unveiled in Beverley was for the men of Beckside and Flemingate in 1916. This



shrine was followed by another for St Andrew Street, Flemingate north of the railway and Lurk Lane, and one for Holme Church Lane in 1916, and two more the following year for Grovehill Road and District and Norwood.

The restoration project improved the appearance of the existing shrines and replaced listings which were missing for those for which there was evidence.

Three of the six original shrines were still on the town's walls in 2014, and one of these needed no

restoration, as it had originally been created as a bronze tablet, maintaining its appearance over the last century. The other two were displays of fragile cards displayed behind glass, which had dulled over time, making the names listed difficult to read. These were taken to the Treasure House, and replaced with weatherproof replicas.

2014 saw the whole country commemorate the lives of those who had fallen during the war, but few memorial shrines actually exist for all men who served during that time. Thanks to the restoration project, Beverley now has a unique collection.



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# Beverley dad opens skate park for local children and teens

A new skate park for children and teenagers has opened on the edge of Beverley.



Tony Thurston, owner of Tasr indoor skate park, wanted to provide a safe space for young people to go in their free time, and asked his sons what they thought of the idea. His two boys, Jack and Alex, supported their dad and encouraged him to develop his plans into reality.

The creation of the skate park was funded by Mr Thurston, who sold his family home in Molescroft and put £60,000 of the money from the sale towards the project. Woodmansey Council has also supported the project, providing some money in exchange for use of the centre once a week as a youth centre.

Mr Thurston said that his motivation to start the project was to prevent young people hanging around on the street with nowhere fun to go. The skate park is open until 8pm daily and has membership options for its users.

Tasr skate park has no lower age limit for children wishing to use the facility, but under-tens should be accompanied by an adult.

The venue is still in its early stages of operation, and it is too soon to tell if the skate park works well as a business venture, but early responses from its users are positive.

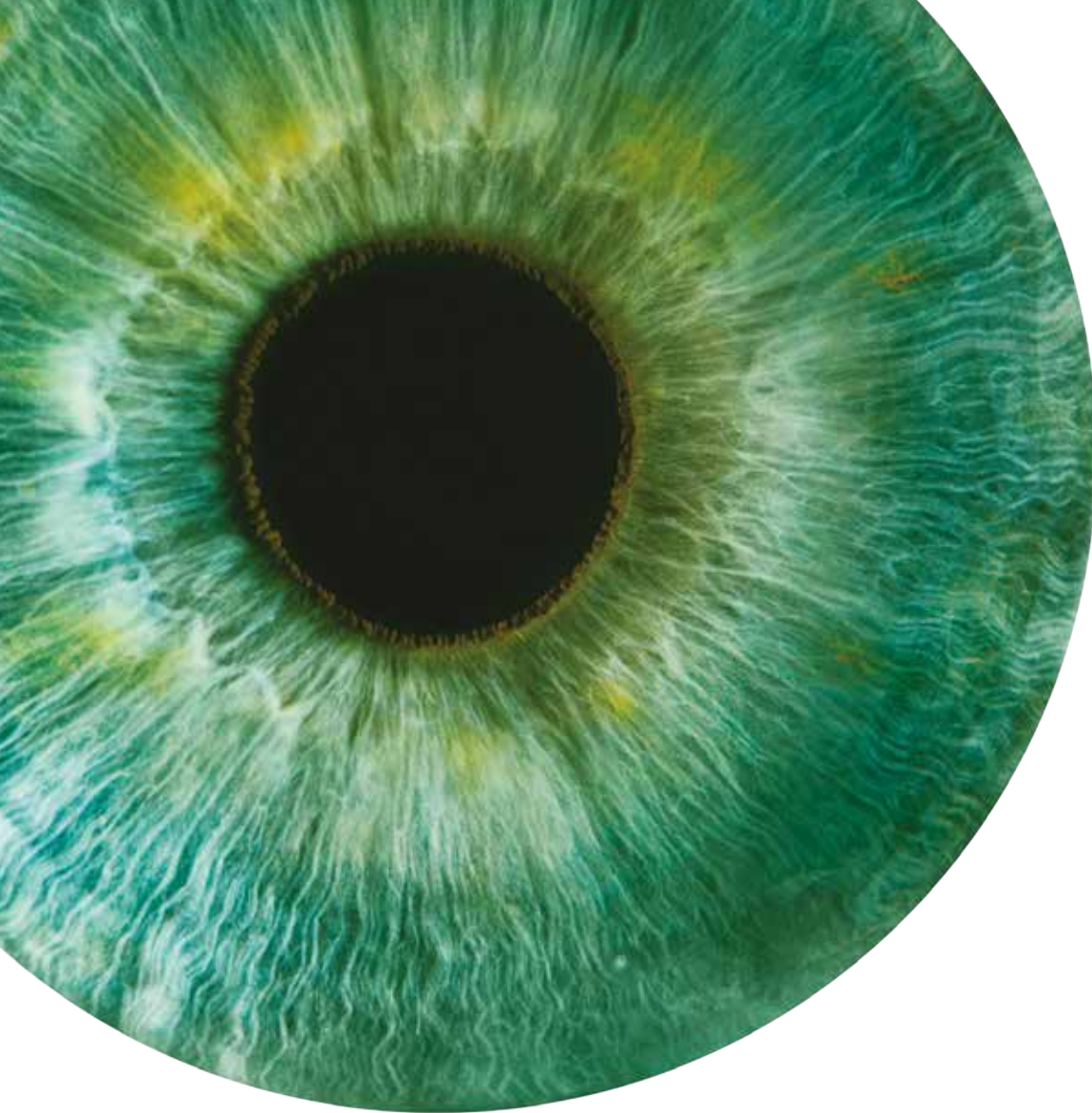
A review on the business's Facebook page said, "Just what the kids need around this area. Free wifi so laptop and work can continue as the kids enjoy themselves. Friendly staff and plenty of parking. Hot food and drink available as well as pool, table football and air hockey. Skatepark itself is a decent size with all the required runs and ramps for all experiences. Glad we found it as it looks like a very regular visit for me and the kids."

Mr Thurston's oldest son, Alex, posts regular video clips to the skate park's Twitter account, and expresses his enthusiasm in seeing so many young people accessing Tasr's facilities.

**You can find out more about Tasr's opening times and entry prices online [tasr.co.uk](http://tasr.co.uk)**







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# Tour de Yorkshire - what a success!

It's not only the racecourse capable of attracting a crowd in cold weather. The Tour de Yorkshire was a huge success when it passed through Beverley over the May bank holiday weekend.

Despite the chilly day, the streets of Beverley were lined with eager spectators, all keen to catch a glimpse of Bradley Wiggins and the many other cyclists that took part in the extraordinary challenge.

People came from afar afield as Leeds to watch the cyclists take to the historic streets, which included the prime viewing area of North Bar Within. For those that did travel from outside of Beverley, the town gave off an unbelievable community spirit, showing off our famous friendly Yorkshire welcome - one that is sure to see visitors return to Beverley again and again.

The spectators on the day weren't the only ones that had fun thanks to the Tour. School children from all over the town were invited to get their art supplies out in the classroom and decorate a collection of plywood bicycles. You might have spotted the brightly coloured bikes featured in the town's trees!



Beverley certainly made the town a definitive stage of the race, missing no opportunity to show off the town's enthusiasm and excitement to be involved. Businesses of all sizes, from independent retailers to the golf club, based out on the Westwood, took the chance to decorate their premises in the official blue and yellow colours, sporting banners, giant wheels, posters and more. A special mention must also go to the collection of painted bikes that increasingly grew in number as the day of the race got closer, with yellow wheels and blue frames strapped to numerous walls and features all over the town and further afield.

A big thanks go to all of the people and businesses that made such a great effort to show off our town, you made Beverley a place that will surely be returned to for other large events in the future.

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*Judges' decision is final. No cash alternative is offered. Details may be used for marketing purposes by Sport for Everyone, and for data collection and website analytics by Just Beverley. The winner will be notified within one week of the closing date and must be prepared to participate in publicity within the magazine and website.*

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# Tour de Yorkshire



around Beverley, to [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk).



# Tour de Yorkshire winners



**Moreno Hofland wasn't the only winner on the day of the second stage of the Tour de Yorkshire in Beverley.**

North Bar Within hosted its own static bike race, in which spectators competed for the furthest distance covered in a minute. Congratulations to the following winners:

**John Croasdby** came first place in the men's race, covering 0.88 miles in a minute. John won a £30 Tesco voucher.

**Julie Dimaline** and **Fiona Reed** tied first place in the women's race, reaching 0.77 miles. The pair shared a £30 Morrisons voucher.

**Harry Brogden** came top of the boys' 7-11 category with 0.32 miles, and **Kloe Walters** reached 0.29 for the girls' 7-11 race.

For the older boys, **Zac Walker** managed 0.8 miles in the 12-16 category, followed by **Alice Burton** cycling 0.66 miles for the girls' 12-16 race.

Well done to **Harry, Kloe, Zac** and **Alice**, who all won Tour de Yorkshire accessories and merchandise.



The award for best window display went to **BChicy**, voted the best by residents to win a signed shirt by Bernard Hainault, five times champion of Tour de France.

**Hayley Richardson**, won the family prize of a one-off jigsaw, produced by Nick Robinson from tinkers-cove.com, a t-shirt, and Chanel and Prada

gift packs, supplied by Browns.

And finally, a big well done to **Beverly Minster Primary School**, which took the award for best bike for the children's efforts in decorating a plywood bicycle. The school secured itself £120 worth of cycling safety accessories from Halfords.



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# 'A chameleon atmosphere under one roof'

After a £450,000 renovation, the Kings Head Hotel has reopened to bring customers a new experience in eating out.



Neatly tucked away in the corner of Saturday Market, the hotel, bar and restaurant houses a chameleon business, according to manager, Matt Clapison. Customers who visit will find a merging atmosphere, from a relaxed atmosphere offering a quiet space for coffee, drifting casually into lunchtime, offering light bites and meals. Later, in the evening, the new menu comes out in full swing, showing off the latest additions including the newly popular bacon and brie pizza.

Dining at the Kings Head is a feast for the eyes as well as the stomach. Customers can enjoy the contemporary experience of watching

their food prepared freshly before them, as chefs take to the open kitchen with new pizza oven to prepare meals in full sight of diners.

Once the diners have left, full and content, the Kings Head merges into a bar culture, joining the buzz of Saturday Market and seeing the locals enjoying a great space to meet friends and celebrate the weekend.

The major refurbishment was completed in March, when the Kings Head reopened its doors to a mixed demographic of the town. Already, customers have commented on the improvements of the pub, particularly

the new layout offering an easy division between those looking for an intimate catch up with a friend, and those with larger parties seeking a celebratory atmosphere.



## Competition

To win a meal for two at the Kings Head, answer the following question:

**Who is fourth in line to the throne?**

Answers should be emailed to [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk) by Sunday 7 June.

*Judges' decision is final. No cash alternative is offered. Details may be used for marketing purposes by Sport for Everyone, and for data collection and website analytics by Just Beverley. The winner will be notified within one week of the closing date and must be prepared to participate in publicity within the magazine and website.*





# Churches comes together to celebrate Festival of Life



## This June will see the Festival of Life come to Beverley.

The festival, which kicks off with a launch night at Beverley Minster on 16 June, is a week-long celebration to bring Beverley's churches together on a joint mission to reach those who wish to know more about Christianity.

Each day in the celebration will see a different event taking place, culminating in a celebration on Sunday 21 June in Saturday Market. The festival aims to raise the

profile of the churches in the area, and is being assisted by Rev. Roger Simpson, who is advising the festival's organisation.

There will also be a youth event at the new Tasr skate park, and meals at the Beverley Arms and Beverley Golf Club are planned.

The Festival of Life runs from 16 – 21 June. You can find out more about the festival at [beverleycommunitychurch.org](http://beverleycommunitychurch.org)

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# Global folk on a local scale

19  
20  
21  
JUNE  
**BEVERLEY  
FOLK 2015  
FESTIVAL**

Where can you go to find a washboard player, poetry workshops, bearded men sporting tie-dye, and numerous ukuleles? There's surely only one answer, and that's the Beverley Folk Festival, coming to Beverley Racecourse on 19 June.

The festival, which has been running since 1983, sees an annual gathering of the best, and sometimes wackiest folk music around. This year is no different, and the organisers have bands including Hayseed Dixie, coming all the way from the US, amongst their generous line up. The festival is an all-encompassing celebration of art, featuring music, poetry, film, workshops and children's activities.

The festival is more than a celebration of art and music, however. It also sees the collaboration of local groups including the Beverley Film Society, who will be hosting three film screenings throughout the festival, and will be showing the Oscar-nominated short film, *The Bigger Picture*. The society has also booked Chris Hees, producer of *The Bigger Picture*, to introduce the film and host a live Q&A for festival-goers.

In true festival style, there will be no need to wait for the weekend in the run up to the folk fest, with fringe events taking place in pubs around the town, including The Tiger Inn on Lairgate, The Sun Inn and Hodgsons, both located on Flemingate.

For those into the local folk scene, the name Hillbilly Troupe will surely sound familiar by now. In true Yorkshire style, they refused to be defined, by musical style or by the number of band members! The band is usually somewhere around a 7 piece collection, though that number can vary, depending on who joins in. Members' ages range from 24 to 68, and they don't play by the rules. Anything goes for this musical collaboration, but the one thing they do guarantee is a wholly entertaining set.

The mismatch of the Hillbilly Troupe is reflected across the whole festival line-up. Artists range from sci-fi folk



evangelists, Maia, to BBC Folk Horizon Award winner, Lucy Ward. You can find the full line-up on the festival's website.

Keen to expand beyond the racecourse, organisers of the festival don't just want people to turn up and watch live music. There'll be plenty of chance to participate in one of the varied workshops on offer too. Whether it's



creative writing, spoken word, dance, learning to play an instrument or getting stuck into singing and music production, the workshop programme hopes to appeal to everyone.

**For tickets, more details and information on camping and accommodation, visit [beverleyfestival.com](http://beverleyfestival.com)**

# Get green fingered with the perfect seeds to sow this month

Christmas may be the last thing on your mind as we approach the summer months, but did you know this month is the best time to start growing Brussel sprouts?

As the weather gradually warms up and we spend more time in the garden, Just Beverley is asking readers to take an active part in the outdoors and get the most out of their garden. Whether it's vegetables, fresh home grown salad, or the perfect flowers to nurture this season, why not give your green space a makeover?

Gardening doesn't have to be just another chore on the list. An afternoon outside, getting rid of the weeds and preparing the ground for new seeds can be enormously beneficial to our health, not to mention a lot more enjoyable than doing the hovering! Everything from topping up our vitamin D in the sun, stretching our muscles to improving our mood with a bit of fresh air can be achieved by spending a bit of time in the garden. And with a potential free harvest to show for it, what is there to lose?

So what should you grow? May and June are the best months for root vegetables: beetroot, carrots, courgette and parsnip take well in the early summer, as well some that contribute to a delicious summer salad, including tomatoes, artichokes, cucumber, sweetcorn and spinach. Add some wild rocket and lettuce and you're set for the whole summer.

**Top tip: keep tomato plant leaves well-trimmed, pulling away those near the base of the plant to encourage fruit growth.**

**Top tip: by carefully trimming salad leaves and allowing the base of the leaf to remain, it will re-grow and you can benefit from the same leaves over and over again.**

If you prefer your garden to be a place of flowering colours, how about swapping garden peas for

the sweet variety? Beautiful in small clusters or allowed to climb along a fence, the blues, pinks and purples of sweet peas make a lovely contribution to a garden.



Cosmos bipinnatus come in a range of colours, from vibrant red, to white and orange and purple. The Calendular officinalis offers a vibrant sunset shade, while you can achieve a more delicate, country meadow appearance by using small flowers such as Chinese forget-me-nots and Ammi majus.

Send us your gardening photos, and look out for recipes later in the year when it's time to harvest your crops.

# Top county competition comes to Beverley Golf Club



## Beverley and East Riding golf club hosted its most significant competition in its 126 year history this spring.

The Yorkshire Team Championship 7th Division was held on 22 April, attracting more than 50 of Yorkshire's top amateur golfers to Beverley golf course.

For most competitors it was the first time they had faced the unique challenges the course presents. One official remarked that it was also the first time the phrase 'cows halted play' had been heard in the long history of the event!

Despite the course being in excellent condition and bathed in spring sunshine, many struggled to come to terms with the tricky layout and the speed of the greens. The difficulty of the course caught out one player from the leading team who hit three balls out of bounds on the 5th hole, eventually carding an 11.

Nick May, Beverley club captain, said: "We can be proud

to have hosted such a prestigious event and thanks must go to head greenkeeper, Neil Burnley and his team for getting the course into such great shape.

"The Yorkshire golf officials were full of praise for Beverley and are looking into bringing another county event here."

The overall winner was James Walker from The Oaks golf club, with a score of 141 for the two rounds. The best morning round was 67 by Lewis Thompson (Sitwell Park), while the afternoon's honours went to C Lander (Bradley Hall, Halifax).

The leading six clubs progressing to the 6th Division Championship at Kirbymoorside are: The Oaks, Horsforth, Sitwell Park, York, Ganton and Sand Moor.



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# Shafted! Theatre review (News)

**Shafted! is the first collaboration between John Godber and Jane Thornton in 23 years. The performance is showing at East Riding Theatre 25 April – 10 May.**

Just Beverley reader, Ali Davies, told us what she thought.

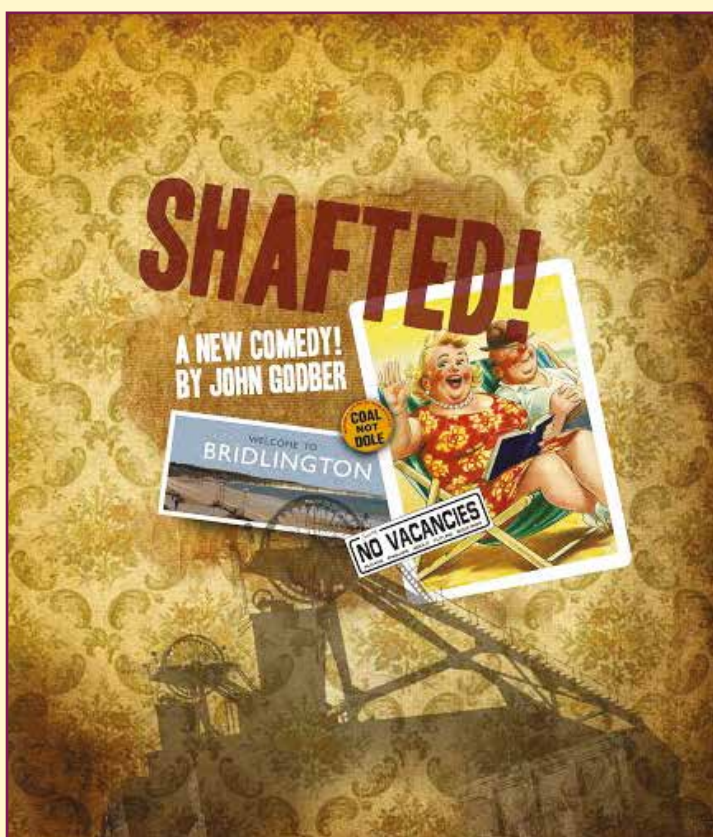
The play is set mainly in Upton, West Yorkshire over a 30 year period starting in 1984 at the height of the miners' strike and focuses on a couple and their trials and tribulations of working and family life. The couple are played by husband and wife John Godber; who wrote the play and Jane Thornton.

The couple struggle, like many during that time, to keep their heads above water and take on a number of projects to improve their income, including window cleaning and running a B&B in Bridlington. The scenes are snapshots of married life, and you are drawn into these two likeable characters' lives as they face loss of a way of life. They are battlers who use their sense of humour as armour to protect themselves from all that is going on around them.

The script is witty and poignant. John Godber identified that while there was much written about the

miners' strike of 1984/85 there was almost nothing written about the lives of mining families. This play is a little gem as we are made aware that these individuals' livelihoods are at the mercy of the powerful

The dialogue and interplay between the two characters is superb and the subtle expressions between them are strengthened by having a married couple play the parts.



There are times in the play when you can't help reflecting on your own relationship and saying to yourself 'yep, we have had one of those conversations'.

The music played between scenes provides a trip down memory lane with eighties classics such as T'Pau's China in your Hand and Frankie goes to Hollywood's Two Tribes. The music is a clever trick and is used like a film soundtrack to reflect the mood changes between scenes.

forces of government policy and subsequent economic and social change. Sound familiar? This is the beauty of this play. You don't need to have been around in the 1980s to understand the impact of recession on a normal working family.

I would urge you to go and see Shafted! and support East Riding Theatre in bringing quality productions like this to the stage.



# Rid yourself of self-doubt - and be free!

One of the first clients I worked with when I became a full-time Clinical Hypnotherapist and Life Coach was a lady who was incredibly shy. She would go out of her way to avoid social occasions, which was practically impossible as her husband was a Vicar! She said she felt almost sick when having to approach new people. When strangers spoke to her, especially when she was in unfamiliar territory, she would become tongue-tied, break out in a cold sweat and feel clumsy. So she wanted me to help her to become more self-confident and self-assured.

Whatever the situation, the only reason for feeling insecure and intimidated is the way we think about ourselves. Eleanor Roosevelt said 'No-one can make you feel inferior without your consent'. So it's not the event that's the problem, it's the way we view it and the way we see ourselves within that environment that creates the negative feelings which cause us to withdraw. If you think that everyone you meet is judging you, then you will feel like a victim. If you believe you are unable to deal with the situation you are in, then you won't deal with it. Henry Ford said 'Whether you think you can or you think you can't, you're right.'

The first step to becoming more self-confident and assertive is to believe you are worth it! Forget worrying about what other people think of you and get on with living your life. Only you can prevent you from being the interesting, engaging person you really are. Yes, it takes effort to break old habits and change negative thought-patterns (and hypnotherapy can help with making those positive changes easier and permanent) but by becoming more self-assured you can enjoy being in whatever situation you are in. Yes, it might be a little scary the first time you embrace the new you, but it can be totally liberating.

So what of the Vicar's wife? She can now take full advantage of her husband's ministry and the social events they attend; she can start conversations, voice opinions and feel appreciated and admired. If she ever starts to doubt herself, she hears a little voice in the back of her head telling her 'Of course you can do this' and guess what? She does!



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# Hall Construction Beverley 10k

A record turnout of over 1300 runners completed the 22nd Hall Construction Beverley 10k road race in May.

Runners experienced a fantastic sprint to the finish line along Toll Gavel as hundreds lined the finishing straight from Saturday Market to Wednesday Market. The scenic route took participants over the Westwood to Walkington, and then back into town and to the finish line.



Completing a hat-trick at Beverley, the race was won by Phillip Tedd of Thames Hares and Hounds. Tedd completed the course in 33:03, a little slower than the time he recorded at the previous year's race. Second place was taken by well-known local runner Phill Taylor, of Bridlington Road Runners in 33:49. Taylor was followed ten seconds later by Jonathan Carter, who completed in 33:59.

In the women's competition, the winning athlete was Carla Stansfield

(City of Hull AC), who was last year's runner up. Taking an impressive 16th place overall in the race, Stansfield crossed the line in 36:40. In second place was Sara Rookyard (East Hull Harriers), who finished in 38:36, and in third place was Ellen Harrison finishing in 39:10, 47th overall in the race.



Organised by Beverley AC, the race has acquired a deserved reputation for being a friendly and well-organised event and for providing a great atmosphere at the finish. As well as representatives of many local running clubs and club runners drawn in from further afield, many local runners use the race as a target to spur them on to completing their first 10k, or achieving a personal best time over the distance. For the first time Beverley AC supplied pacers to help runners hit their target 10k time, something many found useful to spur them on.

See the full story online for more results at [justbeverley.co.uk](http://justbeverley.co.uk)

# Drama teacher runs London Marathon for charity

A local drama teacher has raised almost £2000 for charity by running the London Marathon.

Annie Kirkman, ran the marathon last weekend to raise money for Starlight Children's Foundation, the UK's leading wish-granting foundation for children with serious and terminal diseases.

The 24 year old drama teacher ran the marathon in four hours and 51 minutes, raising £1,936.81 for Starlight.

You can donate to Starlight by calling **020 72622881**.

# New Racing Season

And they're off! The start of a new racing season at Beverley Racecourse is set to be the most competitive yet.

The warm weather might not have arrived, but that didn't stop thousands of people attending Beverley's first horse race of the year last month. Thanks to an increase in prize money from the independently operated, Race Company, up to £1 million is on offer this season.



Visitors to the racecourse this year will also see £650,000 of refurbishments, including two new Premier Enclosure bars, which capture the spirit of racing history by featuring authentic seaside carousel horses as part of the décor.

Upcoming races include A Very British Raceday, on Saturday 23 May, featuring some of the country's best two year old horses. Ticket holders can enjoy a traditional summertime event, making the most of cream teas and Pimms during the afternoon of races and song.

Additional season races take place on 10, 16 and 23 June, 3, 4, 14, 20 and 28 July, with the infamous Ladies Day taking place on 12 August.

Tickets to race days are available by visiting [beverley-racecourse.co.uk](http://beverley-racecourse.co.uk)



# Hidden treasures of Beverley

Visitors to Beverley will find a bustling high street lined with popular shops, restaurants and coffee shops, but it takes a keen eye to discover the hidden treasures of Beverley's retail scene.

A town populated with as many small alleys as Beverley was always going to make a perfect home for less commercial shops, neatly tucked away on the smaller streets of the town. But how many people are missing out on visiting these unique retail attractions? We spoke to Lisa, owner of Bchicy, to find out why the town's shoppers should take a stroll down the streets less visited.

"Our whole business is built upon making our products affordable to customers. Some of the things we sell are a third of the price that they are in large department stores. We're the perfect alternative for people trying to find a nice gift or something for their home who don't believe in spending a fortune on something, but ultimately, we want our customers to really appreciate us for what we are – an independent retailer, well worth a venture to."

Beverley is home to far more small boutiques than shoppers may think. A small blue bike on Butchers Row points the way to an almost hidden vintage clothes shop, recently reopened as Fascino, incorporating a popular selling service and women's high end designer items.

A chat with Fascino's owner, Shelley, told us about the treasure of designer names customers can expect to find in store:

"We were originally Fascino, before deciding to go down the vintage route, but the focus on the designer items often got missed so we decided to do a full refurbishment and start showing off the great things customers can expect to find here again. We've stocked some huge fashion names – Chanel, Dolce & Gabbana, Alexander McQueen, Mulberry – you name it, we've found it!

"The best piece I've come across was a 1960s Balenciaga dress from Paris. Pieces by that designer are quite rare now so it was really exciting to have that in the shop."

Fascino also offers alteration and selling services, where customers can take in their

own high end items for the shop to sell on their behalf.

From clothes, gifts and home accessories to toys and joke paraphernalia, it's incredible what Beverley's town centre has to offer, so visit an independent retailer today.

You can find Bchicy on Landress Lane and Fascino on School Lane.



## FASCINO



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upcycled furniture.**

# Offers

Check out this month's special offers

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- Keep you mindful of what you are eating
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Check out [www.releaseyourpotential.co.uk](http://www.releaseyourpotential.co.uk) for testimonials and case studies. Usual price for 8-week course, plus 6-month follow-up £395. Just Beverley readers get a 25% discount until 31 May 2015 by quoting JBRYPO2.

### Rachel's Beauty World

Get six anti-aging oxygen facials for just £299 (normally £493), including one day cream, one night cream and one serum. Quote Just Beverley. To maintain that glowing look, come back every month for just £55.

Plus, call today to book a consultation and get a free skin analysis worth £45 when you quote Just Beverley.

### Inches Body Studio

Skin Deep Personalised Facial (includes eyebrow shape) - £25 (was £30). Aromatherapy Back & Shoulder Massage (45 minutes) - £15 (was £20) Call 01482 865229 and quote 'Just Beverley'.

### Spring sale at Minster Cycles

50% off selected clothing  
Customised bike fitting from £50.  
Enquire now on 01482 867950 and quote 'Just Beverley'.

### Lempicka Café and Bistro

Mention Just Beverley in Lempicka Café and Bistro to get a hot chocolate sachet to take home. For enquiries, call 01482 866960

### AdWords training for £99

Get a personalised AdWords training course at indicoll for just £99 + VAT (normally £295).  
Run by a Google Certified Professional, helping you get more bang for your buck. Call Gary on 01482 871178 for more information and to book your place.

### BChicy

special offer 20% off selected new and upcycled furniture

### Fascino

15% off designer selling service (to be confirmed)



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# PUZZLE PAGE

## Sudoku

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.

		6	2	4				
2	7							
8	4			7	5		3	
	8				1			
	1		4		9		5	
			3					1
	3		1	9			4	8
							6	1
				5	8	7		

## Wordsearch

V Q L G A I B Q R L V W  
 M Z H E R E M M U S W I  
 V X Z S D V T Q A D U N  
 Z P B N O S B M S M G N  
 E S R U O C E C A R Y E  
 G E R H W H O R S E S R  
 N D Y C T P S Y L P R E  
 I O H A S U I R N G V C  
 C M H M E V E C U R W X  
 A E M B W V L F N O L A  
 R I R W E N S B S I G B  
 P T T B D S V M D I C L

BEVERLEY  
 CREAMTEA  
 HORSES  
 PICNIC  
 PIMMS

RACECOURSE  
 RACING  
 SUMMER  
 WESTWOOD  
 WINNER

## LAST MONTH'S ANSWERS

### Sudoku

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.

2	1	6	5	4	7	9	8	3
9	8	7	3	1	2	6	4	5
3	4	5	6	9	8	1	2	7
8	9	2	4	7	5	3	1	6
6	3	1	8	2	9	7	5	4
5	7	4	1	6	3	8	9	2
4	2	3	7	8	1	5	6	9
7	6	8	9	5	4	2	3	1
1	5	9	2	3	6	4	7	8

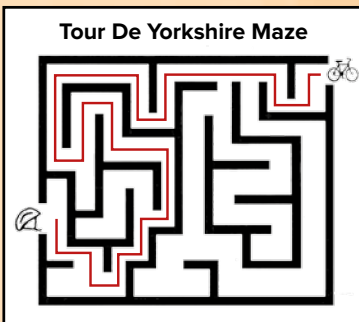
### Tour De Yorkshire Wordsearch

F V L E R I H S K R O Y  
 Y F M F C W I G G I N S  
 M A X Y Y M B P M R A X  
 M L F X E M Y E S R E J  
 H A N D L E B A R S P S  
 G H N X L B A Z R U A B Y  
 K B S E L O W C D D X Y  
 M W S L X W C L P S D A B L  
 N E A K R R Y B L S O M L L  
 S W D D Q O C E K O M X  
 Q F E D O S L E E H W C U  
 H Y P W U E V O D E N E

Bicycle  
 Blue  
 Handlebars  
 Jersey  
 Pedals

Saddle  
 Wheels  
 Wiggins  
 Yellow  
 Yorkshire

### Tour De Yorkshire Maze





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# WHAT'S ON IN BEVERLEY

## MAY & JUNE

### Saturday 23 May

'Me and My Dad' breakfast – Beverley Minster Parish Hall, 9am – 10.30am

A Very British Raceday – Beverley Racecourse, 2pm

Choral Evensong, Early Music Festival – Beverley Minster, 5.30pm

Concert by Candlelight, Early Music Festival – Beverley Minster, 7.30pm

@Work, Rest & Play: Capturing the East Riding – Beverley Art Gallery, 10am – 4pm

### Tuesday 26 May

MixEd: Stress and Time Management – East Riding College, 5.30 - 7pm

### Thursday 28 May

Hannah Rickard and the Relatives – Beverley Arms Hotel, 7.30pm

Marie Curie Summer Dinner with Nancy Birtwhistle – Tickton Grange Hotel, 7pm



Marie Curie Summer Dinner

with Guest Speaker, Nancy Birtwhistle  
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7.00pm for 7.30pm



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Tickets available from  
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### Saturday 30 May

Collecting – Treasure House, 10am – 3pm

Song recital - Beverley Minster, 7.30pm

### Sunday 31 May

Picnic at the Pavillion – Molescroft Pavillion, 12pm

### Saturday 6 June – Saturday 1 August



Everything you want it to be:  
The WI Inspiring Women for 100 Years – Treasure House, 10am – 4pm

### Sunday 7 June

Tai Chi Qigong workshop - East Riding Theatre, 10am – 3pm and 2pm – 5pm

### Friday 12 June

Union Gill and David Swann, Beverley Folk Club – Hodgsons, Flemingate, 8pm

Ilo Ilo, Beverley Film Society - The Masonic Hall, 7.30pm

### Saturday 13 June

An Evening of Brass Music – Beverley Minster, 7.30pm

Proms Spectacular – Longcroft School Theatre, 7.30pm

For more information visit [justbeverley.co.uk/events](http://justbeverley.co.uk/events)  
 To submit an event email [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk) or call 01482 679947.

**Friday 19 June**

Beverley Folk Festival, Beverley Racecourse

19  
20  
21  
JUNE

**BEVERLEY  
FOLK 2015  
FESTIVAL**



**Friday 26 - Saturday 27 June**

Austen – the musical - ER Theatre, 7.30pm





# Competition Winner

Last month our competition gave readers the chance to win a pair of tickets to see Beverley Musical Theatre's production of **Singin' in the Rain** at **Hull New Theatre**.

We asked you: **'Who plays Don Lockwood in the famous film version of Singin' in the Rain?'**

The answer was film director and actor, **Gene Kelly**. Thank you to everyone who entered.

Congratulations to Kath Ward, who won the prize. Enjoy the show, Kath!

Also last month we gave you the chance to win cycling accessories from Minster Cycles. We asked you: 'Which Officer of the British Empire is taking part in the Tour de Yorkshire?'

Our lucky winner was **Ian Williamson**, who knew the answer was of course, Bradley Wiggins. Ian is pictured receiving his prize. We hope you put your new accessories to good use, Ian!



**This month you can win a meal for two at the Kings Head Hotel, to celebrate the recent £450,000 renovation which took place. Go to page 24 to find out how you can enter.**

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