

NEWS, WHAT'S ON, LIFESTYLE, FEATURES, PUZZLES, PHOTOS & MORE



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Julian Minshall, Olivia Peace, Rich Manville, Cliff Baillie, Andrew Cooper, Charlotte Denston, Fran Dunning, ert, Ben Gardiner, Jackie Hardman, Pauline Kirk, Amanda McConnell, Navigation Wealth Management, Colin Raynor, Ian Richardson, Sam Walton, Clint Wastling and Nathan Wilson. Beverley Gin Festival photo credit: Beverley Gin Festival/George Kitchen

REMEMBER! If you see examples of anti-social behaviour or other types of low-level crime, do report it to the appropriate authorities. POLICE - Emergency 999, Non-urgent 101. ANTI-SOCIAL BEHAVIOUR (East Riding of Yorkshire Council) - 01482 393939.

Magazine available from outlets in Beverley and surrounding areas.

Disclaimer - All the information provided was correct at the time of going to print.





Please pass your Just Beverley on or recycle it responsibly.

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FEBRUARY LETTER FROM THE EDITORS



February whilst it is the shortest month of the year sets us up for the Spring and Summer ahead. (Shrove Tuesday is 47 days before Easter Sunday).

We will be tucking into our pancakes, adding our

favourite fillings or just eating them as they are - we just love them! Check Thierry's alternative pancake, his "crepe" recipe. Do not forget the Beverley Pancake Races are taking place on Sunday 19th February in Toll Gavel, Beverley. You may still have a chance to enter your team.

We are delighted to announce the Stage4 Beverley's Winter Festival 2023. Have a read and find out what's on.

Whatever you are up to, get in touch, send in your pictures, and have a great February.



Happy February readers!

2023 has got off to a great start and I am pleased to say I am on track with my resolutions having set realistic targets to stick to this year. I trust you are keeping on track with yours.

I think February is a great month. For one, it has my birthday, but two we move from winter to the start of spring and heading towards lighter nights so there's lots to look forward to.

Whether you are single or in a relationship, February really does have love in the air so be it family, friends or your partner, make time to tell someone how much you love them.

Just before Lent its time for pancakes, how do you like yours?

There's lots going on this month but as always, stay safe and enjoy the issue.

Olivia.

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'Community
Publication Award'
Shortlisted Nominee
2017 & 2018





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NEWS FI IDDIN

FLIPPIN 'ECK! IT'S BACK! THE BIG BEVERLEY PANCAKE RACE, SUNDAY 19TH FEBRUARY 2023

The 'Big Beverley Pancake Race' is back! Some may remember it from many years ago, when it was a regular calendar date, and it was revived for two years in 2019.

Get involved - restaurants, cafes, shops, businesses and groups - get a team of four willing pancake tossers together, get sponsors or just run for fun and enter the relay race over an 80-metre course designed to encourage a sensible mix of skill and speed.



Fancy dress is encouraged, however non-slip training shoes are required. Frying pans and pancakes will be supplied.

The event is organised by The Rotary Club of Beverley and is aimed at raising money for local charities and bringing townsfolk and businesses together to celebrate an old custom of the town, bringing the community together for some winter cheer

John Greenwood, current President of the Rotary Club of Beverley said "I am delighted that we are able to run this event again as it was a great success and a lot of fun for both spectators and competitors. There will be prizes for the Winning Team and Best Dressed Team with medals for everyone. We hope local residents will come to Wednesday Market to share in the fun and support the teams in their races".

Further information and Entry Forms for the Team event can be obtained by emailing



rcbsecretary1@gmail.com or pick up a form from The Dog & Duck, Ladygate.

The final date for Entries is 12th February and they will be accepted on a strictly first come, first served basis.

Please contact Club Secretary Adrienne Hodgson-Hoy for more details on the above email or call **07879 471939**.

BEVERLEY TOWN COUNCIL WELCOMES DELEGATION FROM JAPAN

On Tuesday 17th January Beverley Town Council welcomed a special delegation from Japan

Hailing from Futaba-machi, the guests included the Mayor Mr Shiro Izawa, the Chairman of Town Congress Mr Tetsuo Itoh, Vice Chairman of Fukushima Prefectural Association Ms Kaoru Furukawa and other official, civic and journalistic representatives from the town. They were greeted by the Mayor of Beverley Councillor Linda Johnson, Macebearer Mr Peter Nendick and officers from Beverley Town Council.

The links between Futaba-machi came about due to two UK nationals working there via the Japan Exchange and Teaching (JET) Programme - Anthony Ballard from Hull and Philip Jellyman from Beverley.



Both teachers have become popular members of the Futaba-machi community and stayed to work in the area following The Great East Japan Earthquake in 2011, such was their commitment to their teaching vocation.

The Mayor of Beverley explained: "The whole world remembers the dreadful events of March 2011, when Japan was hit by a massive earthquake, which led to a tsunami and the nuclear disaster at Fukushima. Due to its proximity to the power station, Futaba-machi was completely evacuated and as Mr Izawa explained, only around 60 residents have so far been able to move back out of what was a population of circa 11.000.



"Anthony and Philip were evacuated with the rest of the town, but were determined to stay to help rebuild the community that has been so welcoming to them. This visit to England gave representatives from Futaba-machi to meet the families of both men, see their home towns and visit the wider UK to help build links.

It was an honour to meet Anthony and Philip, who have done so much for the people of Futaba-machi and are wonderful ambassadors for Beverley and Hull. It was also a delight to meet Mr Izawa and the rest of his party, who thoroughly enjoyed their time with us."

As part of their visit to Beverley, the delegation enjoyed a traditional pint in one the town's most historic pubs - The Monks Walk.



A video presentation was played which showed greetings from Futaba-machi, civic speeches were made and gifts were exchanged. So impressed was Mr Izawa by the hospitality shown, that he joked he was ending his speech early so he could enjoy another pint of good English beer.

It is hoped that more official links will be established between Beverley and Futaba-machi in the future, to create stronger bonds between the people of the UK and Japan.



GRACIE WILSON STARTED 2023 IN STYLE, WITH THE BACKING OF PORSCHE CENTRE HULL

Since Gracie started Judo in 2017 to build up her confidence, she has gone from strength to strength. Gracie started with Judo classes at the Beverley Leisure Centre, and since 2017, Gracie has gone on to become one of the top athletes for her age.

Gracie has a difficult year ahead as she studies at Beverley High School for her GCSE exams in June, whilst maintaining a hectic and busy training schedule throughout the week and covering hundreds of miles to keep at the highest level in Judo.



Gracie is coached by the well respected Seth Birch at Huddersfield Judo. Seth mentioned that "Gracie is a very determined young lady, a quick learner and determined to succeed, always giving 100% to her sport. Already at the age of 16 she has achieved so much and has the 2028 Olympics in her sights, being too young for the 2024

Olympics in Paris, but is very much part of the GB establishment for the future under the elite athlete status as she is on the GB Pathway."

Following her successes in 2022 where she took the English Open U17's Bronze and Silver in the U21s, followed by a double Gold in the C2 international with competitors from all over Europe, she became a Black Belt 1st Dan at the age of 15 (the youngest age that this can be obtained, defeating athletes all older than Gracie in the 16 - 23 category).



To top off 2022 her greatest achievement was to become (Under 21) Junior British Champion in December at the Sheffield Institute of Sport at just 16 years and is now an active part of the team GBR juniors and seniors training alongside full time Olympic team fighters.

Gracie caught the attention of the Porsche Centre Hull, and showroom manager Sarah Miles explained, "The Porsche Centre Hull are keen



to get behind woman's sport locally and support excellence which matches with the Porsche Brand. Gracie has shown the desire, determination, skill and craft in her chosen sport which matches that of Porsche".

Sarah was delighted to be able to sponsor Gracie and presented her with a special Gi for her to wear. Gracie's father Lee mentioned, "As a proud father, to be able to support Gracie and help her achieve her dreams is amazing, it could not be done without the team behind her, special thanks to Seth and Gordon who are pushing Gracie's future aspirations".

Lee also mentioned, he is interested in talking to businesses if they would like to support Gracie and get behind her to help her achieve her goals to be British Number 1 and bring the medals back home for Olympic GB in 2028. As we move on in 2023 we hope Gracie makes it happen with GCSE'S and bringing the medals home on a consistent basis.

If you are interested in learning more on how you can help Gracie, email: graciejudo08@gmail.com

WALK THIS WAY

Hannah Willetts, who took up the position of curator last September at The Beverley Art Gallery, is delighted to launch her new programme of works in 2023 starting with a new exhibition "Walk This Way" to celebrate 40 Years of the Yorkshire Wolds Way National Trail.

The exhibition opened on Saturday 21st January and runs until Saturday 18th March. Hannah welcomes everyone to view the exhibition through the work of resident artists lan & Stef Mitchell.

The Yorkshire Wolds Way National Trail is a 79 mile route from Hessle to Filey, and for the last 40 years has opened up the countryside for visitors far and wide to experience its diverse





landscape, incredible views and capture a variety of seasons with stunning wildlife, flora and the changing skies and colours. Ian works digitally to give an overview of the varying landscape in a picturesque tradition, reducing the views to a minimalistic form.

lan said, "As I take inspiration from the Wolds, starting at the Humber Bridge and along the 79 miles of stunning landscape, dry valleys, to the beautiful seaside town of Whitby, capturing the forms and shapes has been a great experience."

Stef uses her experience and craft to look more into the detail of the Wolds. Steph mentioned, "The detail, the flowers, the grass, the flora, varies throughout the seasons. It has been a great experience to be able to capture the Wolds in such a way, to put it out to the visitors to look closer, see the detail the Wolds Way has to offer."

Steph's work combines nature prints made directly



from the flowers and plants which she gathered along the Wolds Way. Beverley Art Gallery curator Hannah Willetts said: "It has been a fantastic experience to work with Ian and Stef Mitchell, they have a strong following and I am delighted to be able to share their work with our visitors. What a unique way to celebrate the 40 years of the Wolds Way, through the eyes of the artists. The exhibition will lift everyone as we look forward to Spring and to seeing the landscape come to life."

Beverley Art Gallery is open six days a week in the Treasure House on Champney Road, and admission is free.

Visit: www.eastridingmuseums.co.uk



THERE'S LOTS GOING ON THIS FE

East Riding Theatre's (ERT) Café is a two minute walk away from Beverley Town centre. It offers a selection of coffee and homemade cakes, sourced locally from the Blending Room and Cocoa Street respectively.

The Café is an accessible space including a wheelchair ramp at the entrance, wide doors and no stairs. You can even bring your dog!



Whilst you're there, why not play one of the board games, or take part in the brand new book swap?

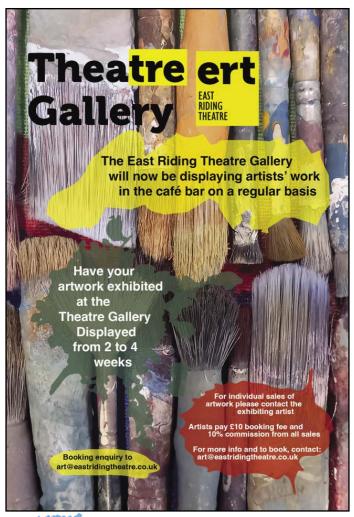
Open Tuesday to Saturday, 10am - 2pm, the volunteers are very friendly and only too happy to help you with your experience.

Recently ERT started a Theatre Gallery run by Artist in Residence, Emma Garness.

From Thursday 9th - Thursday 23rd February Peter Lee is displaying a collection of paintings celebrating Beverley Town.

art@eastridingtheatre.co.uk







BRUARY AT ERT

STAGE4 BEVERLEY

Also taking place in the Café Bar and in the Theatre, Stage4Beverley's winter festival is returning to East Riding Theatre this month!

There is something for everyone, from music to poetry and even a late night festival club. Events at ERT include:

- Festival Curtain Raiser (Tuesday 14th February, 7.30pm)
- Lauren Housley Trio with support Sarah Sheils (Thursday 16th February, 7.30pm)
- John Hegley (Friday 17th February, 7.30pm)
- Saturday Afternoon with Georgie Buchanan and Mishra (Saturday 18th February, 2pm)
- The Poetry Café (Saturday 18th February, 2pm)
- Rusty Shackle with support Wychbury (Saturday 18th February, 7.30pm)
- Leeds Conservatoire Students in Concert (Sunday 19th February, 2pm)
- Gary Stewart's Graceland (Sunday 19th February, 7.30pm)
- Late Night Festival Club (Friday, Saturday & Sunday, 10pm)

To find out more information, go to www.stage4beverley.com









SUNDAY 12th		
Monks Walk Inn (**) Sun 12th - 1.00 pm	Creating Poetry from Beverley - Inclusive, open session of poetry for poets of all abilities led by Clint Wastling. Sponsored by Just Beverley'.	15
TUESDAY 14th		
ERT Café Bar Tue 14th - 7.30 pm	Festival Curtain Raiser - A little bit of everything to whet Pay wh your appetite for the week ahead including music, spoken word and poetry you was	
WEDNESDAY 15th		
ERT Auditorium Wed 15th - 7.30 pm	Festival Opener - Bob Harris & Martyn Joseph - An intimate evening of story and song from Bob Harris with music from Martyn Joseph.	24
THURSDAY 16TH		
ERT Auditorium Thur 16th - 7.30 pm	The Lauren Housley Trio in Concert plus support 'An Americana tinged singer-songwriter with a Bonnie Raitt style twang' first 20 for £	16 615
FRIDAY 17th		
ERT Auditorium Fri 17th - 7.30 pm	John Hegley - Star of radio, TV. and school assemblies. Music, comedy and poetry from "one of the funniest men alive" (New Statesman) first 20 for £	16
ERT Café Bar Fri 17th - 10.00 pm	Late Night Festival Club - with festival guests. Chill out in a Donation relaxing atmosphere with some great music, great beer and good company	ns
SATURDAY 18TH		
Toll Gavel Church \$\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	Men of Staithes Choir plus Georgie Buchanan Trio Fishermen's hymns and sacred songs plus subtle and ethereal folk music you was	
ERT Café Bar or Sat 18th - 2.00 pm	The Poetry Café with Richard Harries and Clint Wastling plus an open mic with other guest poets. Sponsored by Just Beverley'.	ns
ERT Auditorium G Sat 18th - 2.00 pm	Georgie Buchanan Trio & Mishra - combining acapella £14. 5 harmonies and shimmering instrumentals with a global folk collective first 20 £13.	
Monks Walk Inn 🛞 Sat 18th - 5.30 pm	Wolds Way in Pictures & Poetry - with Rose & Robin Horspool who share the creativity the Yorkshire Wolds inspires in their work you was	
ERT Auditorium G Sat 18th - 7.30 pm	Rusty Shackle - plus support. Indie-roots brandishing their distinct £1 folk-roots sound. "A force to be reckoned with, like a punk Bellowhead!"	16
Monks Walk Inn 🛞 Sat 18th - 7.30 pm	Informal Evening of Songs and Music - featuring Michael £5.0 Nagasaka & Lewis Kilvington and moregreat music in a unique and intimate venu	
ERT Café Bar Sat 18th - 10.00 pm	Late Night Festival Club - with festival guests. Chill out in a Donation relaxing atmosphere with some great music, great beer and good company	ns
SUNDAY 19th		
ERT Auditorium Sun 19th - 2.00 pm	Inspirational music from the Leeds Conservatoire students, from Traditional to Blues, Contemporary to Jazz - it's all there! You wa	
ERT Auditorium or Sun 19th - 7.30 pm	Finale Concert - Gary Stewart's Graceland plus support. £1 Hear those magical songs with their captivating stories, harmonies and rhythms.	19
ERT Café Bar	Late Night Festival Club - with festival guests. Chill out in a Donation	ns

please note that these details were correct at the time of going to print and may be subject to change

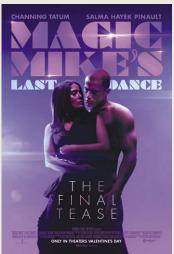


These are the films scheduled to open in February - all are subject to change. Check out up-to-date cinema listings at www.justbeverley.co.uk/cinema-times A NEW STORY FROM THE FAIRY TALES OF SHE



February 3rd





February 10th



February 17th





February 24th

Films subject to change.

Thursday 9th February -**Three Day Millionaire**

EVERY THURSDAY (Doors open 10am)

Starring: Colm Meaney, Jonas Armstrong, Robbie Gee. Director: Jack Spring

Living

Starring: Bill Nighy, Aimee Lou Wood, Alex Sharp.

Director: Oliver Hermanus.

Thursday 16th February -

Living

Starring: Bill Nighy, Aimee Lou Wood, Alex Sharp.

Director: Oliver Hermanus.

She Said

Starring: Carey Mulligan, Zoe Kazan,

Patricia Clarkson.

Director: Maria Schrader.

Thursday 23rd February -

She Said

Starring: Carey Mulligan, Zoe Kazan,

Patricia Clarkson.

Director: Maria Schrader.

The Old Way

Starring: Nicolas Cage, Ryan Kiera

Armstrong, Noah Le Gros. Director: Brett Donowho.

YOUR LOCAL INDEPENDENT CINEMA



JOIN US FOR SOME GREAT FILMS AND EVENTS IN 2023

We take a look at some of the films showing at Parkway Beverley this February.

MAGIC MIKE'S LAST DANCE

"Magic" Mike Lane takes to the stage again after a lengthy hiatus, following a business deal that went bust, leaving him broke and taking bartender gigs in Florida.

Starring: Salma Hayek, Channing Tatum. From Friday 10th February.



WHAT'S LOVE GOT TO DO WITH IT

How do you find lasting love in today's world? For documentary-maker and dating app addict Zoe, swiping right has only delivered an endless stream of Mr. Wrongs, to her eccentric mother Cath's dismay.

Starring: Emma Thompson, Lily James. From Friday 24th February.



ROYAL OPERA:

When Rosina falls in love with a mysterious young suitor who calls himself Lindoro, she must use all her cunning, and a little help from her local barber, to outwit her calculating guardian Dr Bartolo.

Wednesday 15th February, 7pm.



NT LIVE: OTHELLO

An extraordinary new production of Shakespeare's most enduring tragedy, directed by Clint Dyer with a cast that includes Giles Terera (Hamilton), Rosy McEwan (The Alienist), and Paul Hilton (The Inheritance).

Thursday 23rd February, 7pm.

waycinemas.co.uk





Event cinema offers something a little different to mainstream films. Live and pre-recorded shows beamed in via satellite from all over the world. Here are the latest live streams that you can enjoy on the big screen at Parkway Beverley.

Wednesday 15th February, 7pm -Royal Opera: The Barber of Seville

Expect heart-melting serenades, ridiculous disguises and a fairy-tale ending waiting just out of reach.

Thursday 23rd February, 7pm -**NT Live: Othello**

An extraordinary new production of Shakespeare's most enduring tragedy.

Saturday 18th March, 4pm -

Met Opera: Lohengrin

Wagner's Lohengrin returns to the Met stage after an absence of 17 years with this atmospheric new staging by Francois Girard.

Wednesday 22nd March, 7.15pm -**Royal Opera: Turandot**

Puccini's score is rich in musical marvels (featuring 'Nessun dorma'), while Andrei Serban's production draws on Chinese theatrical tradition to evoke a colourful fantasy tableau of ancient Peking.

Saturday 1st April, 5.30pm -

Met Opera: Falstaff

Baritone Michael Volle stars as the caddish knight Falstaff, gleefully tormented by a trio of clever women who deliver his comeuppance, in Verdi's glorious Shakespearean.

Wednesday 12th April, 7.15pm -

Royal Ballet: Cinderella

A creative team steeped in the magic of theatre, film, dance and opera brings new atmosphere to Cinderella's ethereal world of fairy godmothers and pumpkin carriages, handsome princes and finding true love.

www.facebook.com/ParkwayBeverley

Twitter: @ParkwayBeverley



I'VE BEEN THINKING... SAYS COLIN RAYNOR

So in this first week of February I am saying goodbye to an old friend who I know I will not see for another twelve months. Or will I?

I keep thinking each year it will be the last time I am able, for the princely sum of just over five pounds, to find so much information in a magazine of some three hundred pages.

The next edition will be the hundredth so I think there is a fair chance that this wonderful publication will celebrate its' centenary in December 2023.

Have you guessed what I am writing about ? I will give you another clue. It is still called by the same title as it was when it was first published in September 1923, although in truth the name is somewhat of a misrepresentation given all the detail to be found between the covers.

I am referring, of course, to the Christmas and New Year edition of the Radio Times which this year, as always, provided the reader with just about everything they needed to find on the radio and television from Sunday December 24th all through the twelve days of Christmas until Friday January 6th.

I have only just finished reading it as each time I open it I find another piece of information I had not noticed before, not least about some of the favourite films that are shown each year. I will come back to that point later on.

The BBC began in 1922 with only a few stations but soon multiplied and there became an ever increasing need for details of the numerous radio programmes available for the public to listen to each day.

As we all know it was to be another thirty years before television came into our homes and in few years changed the habits of a nation in respect of how and when we wanted to know the news of the whole world.

The Radio Times is still produced every Tuesday but in a much shorter version that the seasonal one in December.

It also seems to me that today there are a multiplicity of magazines produced each week intent on telling us what is going to happen in our favourite programmes long before we can listen or watch them. I confess that just occasionally I might just take a peep. (I must develop a bit more patience)

I referred earlier to old films and In this edition I saw that "Singing In The Rain" with Gene Kelly and Debbie Reynolds starred in 1952 and was shown on New Year's Day in one of the first films when sound came to Hollywood.

The words of the song reminded me of something I read recently in a biography of the Rev Peter Marshall who was Chaplain to the United State Senate until his untimely death in 1948



He expressed his continued joy that, even though people were only just getting over the experience of a World War that had brought devastation and death word wide, they could still go on praying that God would continue to care for them and love them always.

He felt that to many folks it would seem like singing in the rain. Do you really feel like singing when you are getting wet through?

Maybe at this time in our land, when so many things we have come to rely on appear to be floundering, we should try singing in the rain at times if only to show we will not be beaten even though there may be more mountains to climb.



Born and raised in **Beverley**, we are proud of the funeral services we offer to our local community.

As a family business we want you to have confidence in us to support you from the first point of contact, throughout and thereafter. The moment your loved one comes into our care they will be treated with care and respect. We offer a comprehensive range of funeral services ensuring you receive the perfect funeral service for your loved ones.

We are available 24 hours a day, 365 days a year, we will guide and support your family throughout.

My family taking care of yours

Giving the personal touch to funeral services in Beverley and surrounding areas.

Funeral plans, memorial jewellery, available 24/7 365 days a year.



BEVERLEY COUPLE TO CHAMPION LOCAL PRODUCERS WITH THE OPENING OF NORTHMEN SPIRIT AND BAR SEVEN93

A burning passion to champion the bounty of riches from the artisans of Yorkshire, modern Northumbria and all points north has become a reality for a Beverley couple with the opening of NORTHMEN SPIRIT and BAR SEVEN93 in the town.

Situated in Cross Street, the bottle shop and bar celebrates producers of specially-selected craft beer, spirits and wines, made by independent local distilleries, breweries and vineyards, where the focus is on small batches of individual, high quality products.



Tony, who was born in Beverley and is the manager of this small family business, said: "Heather and I share a mutual passion for hunting out ans showcasing very special- but often little known- small batch wines, beers and spirits and making them readily available to the people of Beverley".

"Craft Beer Breweries make a huge effort to produce and then deliver their beers in top condition, so at Northmen Spirit we have invested in a bank of display fridges to ensure that all of our hop forward beers are refrigerated so that customers can enjoy them in the best condition possible".

Northmen Spirit, which draws inspiration from the Norsemen who raided the region in the eighth and ninth centuries, before settling and trading, will stock local produce such as small batch gins from Hothams in Hull and Northern Fox Gins in Beverley, award-winning wines from Laurel Vines Vineyard near Driffield as well as Nidhoggr Mead from York and Twisted Roots Rum from Bridlington.





"By hosting regular events including Tasting Evenings throughout the year we hope to make our customers more aware of the fantastic local producers and the

wonderful stories behind their

"Our small micro bar on the first floor will have 8 keg lines where we will have a rotating selection of tasty offerings from our brewers as well as a range of the wine and spirits we stock in the Bottle Shop."

"Being an independent business and with a passion for the north and its' artisanal producers. we have the flexibility to bring Beverley the best-tasting craft beers, wines and spirits we can find which we hope will make us a complementary addition to the exciting food and drink scene that already exists in Beverley."



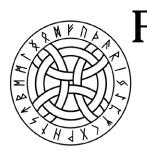
NORTHMEN

SPIRIT

Upcoming Events:

Ghostly Beverley with Mike Covell - Thursday 26th January Laurel Vines wine tasting - TBC Filey Bay (Spirit of Yorkshire Distillery) whisky tasting - Thursday 2nd March Twisted Roots Rum Tasting - Thursday 6th April

www.instagram.com/northmenspirit/ www.facebook.com/NorthmenSpirit



Filey Bay Whisky Tasting

NORTHMEN - SPIRIT -

at NORTHMENSPIRIT



Join The Spirit of Yorkshire Distillery for an evening of whisky tasting



Thursday 2nd March 2023 At 7:00 pm

£20 per person

Book your place in person, online at

www.northmenspirit.co.uk Or use the QR code here





JOHN DYSON TO RELAX AFTER 57

as John decided to relax and retired from Beverley Market after 57 years serving the customers of Beverley.

John Dyson began trading at Beverley's Saturday Market in 1966 at the age of 16 (the year England won the World Cup). John decided that he had held on long enough and to celebrate retirement rather than wait for another World Cup win.

Stallholders took John by surprise and got together and presented John with a cake in recognition of the service he has provided for many a year. Friends, customers old and new, and former traders all popped in during the day to wish him well in his retirement.

Richard Lascelles, the Council's Markets Officer, said: "John is part of the furniture here, he has done so much for the Market over the years,



helping new traders find their way, he will be missed by so many".



John, who is president of the National Market Traders' Federation, said, "The markets have changed so much over the years, I have enjoyed being involved for such a long time, it is good to see how much the market as grown and the new younger traders coming along offer such a variety of products for customers, I will miss it".

John has not retired completely, that is not in his DNA, and he will continue to trade at Pocklington and Cottingham Markets with his stall, selling hosiery and socks and continue with his work with the National Federation to encourage new blood into the markets industry.







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MAKE 2023 LESS TAXING: THE FINANCIAL HABITS TO GET INTO NOW

Many of us will have a money-related goal among our New Year's Resolutions. It's a perfect time of year to break old money habits and make some new ones.

Getting into good tax and financial habits help make your life so much easier. The key is to form new habits that make your good intentions stick, so they become second nature, and you don't even realise you're doing them.

Good money management habits make us feel more confident and in control of our finances, as well as keeping us on track to achieve our long-term goals They're at the heart of personal financial wellbeing.

These are our top five tax-smart habits to get into before the end of the tax year:

Make the most of your allowances

Making the best use of your tax allowances helps to make your money go further. Many of us have ISAs, but there are other possibilities that are sometimes overlooked and left unused.

Make sure you're not missing out on the allowances that you can benefit from. Are you using what you're entitled to, such as 'carry forward' on your annual pensions allowances, or your gifting allowance?

Did you know for example that, in addition to the £40,000 tax relief allowance on pension payments, HMRC will let you carry forward any unused allowances from the three previous tax years - starting with the earliest tax year first! Or that you can make up to £3,000 worth of gifts in a single tax year that won't be counted as part of your estate when it's time to pay Inheritance Tax?

Do talk to us to find out what's available and what you could benefit from. You don't want to miss out on a real tax-saving opportunity.

Breaking the 'last-minute' tax habit

The 2022/23 tax year may not end until 5 April, but there's no need to put yourself under unnecessary deadline stress by leaving everything until one minute to midnight on the 4th

There are sound, practical reasons for sorting your taxes and year-end finances in good time too. It can take much longer for providers to process transactions if there's a bottleneck at tax-year end.

Check whether you need to top up your ISA or review your mix of Cash and Stocks and Shares. Or put cash into extra pension contributions. We're always happy to talk through your options and adjust your financial plan if you want to.

It's worth carving out time now. You'll feel more organised, and you don't know what else might be on your to-do list by April!

Get your papers in order

Many more of us are self-employed, which means many more of us are filing self-



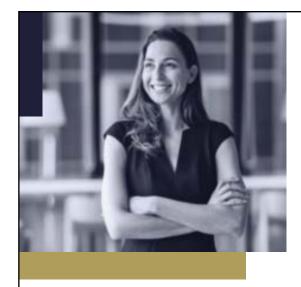
assessment tax returns. The end of January deadline for online self-assessment returns can spark a last minute panic search for records, receipts, missing statements, and other information that you need to make sure your return is accurate and complete.

It's easy to miss the deadline and incur penalties that you might otherwise have avoided. If you're self-employed, your personal finances will be closely linked to your business, so you've got more work to do.

It's especially important for sole traders to be organised and get advice. If you get into the habit of keeping your paperwork up to date, you'll make life much easier come self-assessment time. Plus, you'll give your accountant less chasing to do, which means less time to charge you for.

Use the HMRC app to organise your paperwork

Simply knowing where all your documentation



Navigation Wealth Management

navigationwm@sjpp.co.uk www.navigationwm.co.uk

01482 379504





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We're here to help you feel in control of your money. Not the other way around.

Let's start a conversation.

Managing Partner Practice





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is, the correct tax codes and other official information, saves you time and last-minute searching for information at tax-year end.

Downloading the HMRC app is a good place to start. There's plenty of information on there that people might not be aware of, so it's a very useful resource. You can use it to keep track of your records and stay on top of things such as your tax code.

Controlling the paperwork means you can control your money, rather than letting it control you.

Speak to a financial adviser on a regular basis

If you're not already taking financial advice, this is perhaps the best habit to get into. Financial advice helps you stay on track for your long-term goals, and gives reassurance as well as practical, clear advice in more challenging economic times like the present.

Financial advice is the step that will drive other good financial habits.

A regular check-in with your adviser will give you the impetus and momentum to keep on top of everything. They help guide and support your decisions, remind you of your options, and ask the questions you need to think about.

Make 2023 the year you set some good money habits that will become second nature, increase your financial wellbeing, and stand you in good stead in the future. The value of an investment with St. James's Place will be directly linked to the performance of the funds selected and may fall as well as rise. You may get back less than the amount invested.

An investment in a Stocks and Shares ISA will not provide the same security of capital associated with a Cash ISA. The levels and bases of taxation, and reliefs from taxation, can change at any time and are generally dependent on individual circumstances.

To receive a complimentary guide covering wealth management, retirement planning or Inheritance Tax planning, contact Navigation Wealth Management on 01482 379504 or email navigationwm@sjpp.co.uk

FOX MOBILITY - MOBILIT

Fox Mobility, have been in business for over 8 years which makes them the most established mobility shop in the area.

Paul and Anne have been looking after customers over the 8 years in such a variety of ways, keeping customers in touch with what is best suited for their needs. With their shop conveniently located in Beverley on Walkergate, close to the local car parks and easy access to Toll Gavel for the shops and cafes, Fox Mobility understand how to help people meet their needs and help them "Make it Happen".

People of all ages may require assistance to get out and about, this is important for their health and wellbeing, so Paul and Anne focus on what is right for the customer, so they can enjoy those days out or assistance in the

If you are looking at ways to help you get around the home, including upstairs and down, or to get out and about for a healthier mindset, then get in touch with Paul and Anne at Fox Mobility. They are there to help, everyone is different and their needs are different.

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- Servicing and Repairs for your Mobility Equipment

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LL ABOARD - FOR CHEAP BUS RIDES!

our region by bus.

Under a nationwide government scheme, all local bus fares are capped at just £2 for each adult single journey. That means, for example, you can have a day out to York using the excellent EYMS X47 service, for just £4.



Beverley is fortunate to lie at the centre of a hub for bus routes, mainly run by EYMS. You can easily travel from Sow Hill to all four points of the compass on regular services. Here we look at some of the best journeys, and interesting destinations.

The hourly 121 service links us to the seaside at Bridlington. This is a lovely 60 minute, largely rural, journey, with especially good views from the top deck. A shopping trip to Driffield, on this route, is a nice prospect, a town still full of independent traders.

A few miles further on is Burton Agnes, where the beautiful grounds are open throughout February, to enjoy the stunning displays of snowdrops.

The beaches, promenades, cafés and shops at Brid are enticing at any season, I especially like the Spa café and the high level restaurant in Boyes, with its spectacular views, and famous steak pie!

Even closer is Hornsea, reached by service 25, it usually runs hourly, taking around 35 minutes. A winter stroll at the Mere, or along the disused railway, should help blow away the cobwebs.



Leven is en route, a smashing village for a short walk, with good food shops and pubs.

Service 25 now continues south of Beverley, running direct to Cottingham and Hessle. The former is again good for independent shopping, pubs and cafes. Market day, Thursday, is a treat with a range of artisan food stalls, a recent meat and potato pie will live long in the

There are 3 services to Hull and thus buses are very regular. Buses are the perfect, inexpensive way, to access the pubs, restaurants, galleries, museums of our big city neighbour.

My first £2 journey was to York, avoiding the high parking costs in the city brought a smile to my face.

Of course, the city has so much to offer



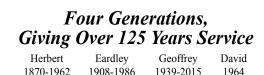
the visitor, I can heartily recommend the National Railway Museum, which is free, and the many heritage pubs, such as the Swan - pride of Bishopston Road, and the Phoenix by the Barbican.

I especially enjoyed the city views from the recently restored Clifford's Tower.

Half way along the route lies the splendid market town of Pocklington and the Tuesday market day is popular. It is also a fine base for a walk on the adjacent Wolds - I recommend the 4 mile circular route to Kilnwick Percy.

Details of all EYMS services can be found at eastyorkshirebuses.co.uk. Beverley TIC also has timetables for each route. The £2 tickets are bought from the driver - happy travels!

Ian Richardson - 09/01/23.







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OUT AND ABOUT IN BEVERLEY THIS MONTH



Each month we will put 23 questions to people around Beverley to find out what they are like, in work, out of work, aims and ambitions. For our this issue we put 23 questions to Beverley Parkway's new General Manager, Andrew Cooper.

1. Do you consider yourself an introvert or an

I love this question, human behaviour fascinates me and having carried out a few tests during my studies I learned I am actually an ambivert! I sit right in the middle of the two.

2. What's the craziest thing you've ever done?

I signed up to do a charity Cycle from Leeds to Cleethorpes. It turned out to be 105 miles in the same day. I prepped with some training before the event however it was a crazy distance for someone that didn't cycle regularly. A great achievement, but it took a while for my muscles to forgive me!

3. When was your biggest adrenaline rush?

I was fortunate enough to sit next to a pilot in a helicopter flight. The panoramic views were amazing, seeing the ground shrink beneath my feet resting on the glass bottom was incredible.

4. Is what you are doing now, what you always wanted to do?

In my pre 20s I wanted to be a professional sportsman, I loved many sports growing up but my downfall was that I never picked just one to try and excel at and so it just wasn't meant to be.

5. Who were you closest to when you were growing up?

My family unit was always very supportive and influential. Me, my parents and my two sisters all have similar interests and remain very close.

6. Who is the one person you can talk to about anvthina?

My wife, we met in our teens and have been together over 18 years.

7. What are you most thankful for?

My family, and being able to experience/see the world through my sons eyes.

8. What's on your bucket list for 2023?

I love the great outdoors and so plan to meet with some friends and attempt at least one of the three peaks if not all of them at the same time.

wish for?

I would wish for health, prosperity and then keep the third one for emergencies.

10. What's your idea of a perfect vacation?

I spent a large portion of my childhood living on a Scottish island - it's tranquil, picturesque and nostalgic for me. My wife loved it so much on her first visit we named our son Harris after the Isle of Harris. We hope to go back this summer.

11. What do you think about when you are by yourself?

I am not one to sit still and so my brain is always working and planning ideas. If I have time to myself I find watching a film immersive or I enjoy reading articles or sometimes playing chess

12. Do you judge a book by its cover?

No. I am inquisitive and so I tend to delve into something and seek as much information as possible.

13. What's your favourite all-time movie and why?

There are many I could choose as my favourite, but the one that sticks out for me is Back To The Future. Who wouldn't love to time travel? I loved it growing up and I never get tired of watching it.

14. What would you do differently if you had vour time again?

My ethos is, we win or we learn - and so I cant think of anything I would do differently.

15. What would you change in Beverley and whv?

With only coming to Beverley regularly for the last couple of months or so I don't feel qualified to offer opinions on any change, however I can offer an insight into my first impressions. The town is beautiful to look at, The Minster and architecture speaks for itself. I have enjoyed meeting the local people, they are very friendly and proud of the town - and rightly so!

16. What was your most memorable birthday?

My 30th birthday, we rented a log cabin in the woods with all of my family. There was a perfect view from every window and It snowed really heavy hitting the landscape around us.

17. What's your favourite drink, alcoholic or non-

alcoholic?

I like a nice glass of ice water, but sometimes I also like a nice glass of scotch - must be my Scottish

18. What's your biggest achievement - sporting, hobby or past-time?

The 105 mile charity cycle was a big achievement, but also gaining my degree and becoming a human resources professional was a proud moment.

19. How would you describe yourself in one sentence?

I am very calm under pressure, and take a laid back approach to life.

20. Favourite meal? Brown or red sauce?

I love Indian cuisine, I often make my own from scratch. Always brown sauce.

21. Check the door is locked once or go back and check again?

Check once.

22. Favourite band and best concert you have been to?

I love music, I couldn't pick a favourite band or concert because I enjoy multiple genres.

23. Your favourite, chair, slippers, shoes past or present and why

My favourite chair is any placed in front of a window with a beautiful landscape, a roaring fire, favourite scotch in hand and my comfy Harris tweed (for obvious reasons) slippers in case I need to walk a cold floor to pour another.

BEVERLEY GIN FESTIN

Beverley Gin Festival is back this May, with more of everything, music, food, fun and gin.

The festival is now established in Yorkshire's cultural calendar, and this year will run over two days, Friday May 12th and Saturday May 13th, at Beverley Minster.

The festival director Rob Snaith, said: "We will have great gins from around the world, as well as cocktails, prosecco - even craft beer - live local entertainment all weekend and mouthwatering street food."

Tickets are on sale now, £20 for each of the four sessions which includes two drinks, a personal festival gin glass, a metal straw, pen and a custom designed festival programme guide.

This year the festival will include non-alcoholic gins and beers.

Rob mentioned that, "Non-alcoholic beverages have improved over the years. The taste of the non-alcoholic drinks are fantastic, so whether you try alcoholic or non-alcoholic drinks, both tastes are absolutely delicious."

To keep up-to-date on the Beverley Gin Festival news, stay in touch via the website and social media feeds:

Facebook: www.facebook.com/ beverleyginfest

Instagram: www.instagram.com/bevginfest Website: www.beverleyginfestival.co.uk





FEBRUARY - LOVE IS IN THE AIR - "ENGAGE IN TRAVEL"

Welcome to February and the month where we may choose to celebrate Valentine's Day - a day where I have read in a survey as many as 6 million people get engaged on 14th February!

That is a lot of couples and a lot of weddings and a lot of honeymoons. At Travel Counsellors I will build a bespoke honeymoon to fit your interests and your budget and will be there to do all the research and take all the stress away so you can sit back and relax - or possibly give you more time to focus on all the other wedding items, such as venue, photographer, catering, entertainment, outfits and I am sure an awful lot more beside.

I am also able to coordinate weddings abroad including arranging for your guests to come out too and be part of your special day. A very exciting time, however also quite a project in itself pulling everything together for your big day, and I aim to take the stress away and ensure you have a perfect time.



If you wish to discuss weddings abroad, honeymoons, or our gift registry service for your guests to contribute to your perfect honeymoon then please do get in touch.

I decided to look into the history of Valentine's Day for this article and look at the different ways that the day is recognised across the globe. One of the best parts of my job is that no one day is the same as every client has different requirements - they want to visit a different part of the world or do different excursions in each place to the next person and I love making the holiday as individual as you are. Valentine's Day is different across the globe and for religious reasons there are countries that do not officially recognise this day - such as Saudi Arabia, Iran, Pakistan, Malaysia and Indonesia.

In Latin American countries Valentine's Day is known as "el dia de los enamorados" - meaning day of loves, or "dia del amor y la amistad" meaning day of love and friendship which I think is rather lovely to show gratitude for friendships aswell as for "yours truly".

Since the 1970s it has become customary in Japan to celebrate Valentine's Day as well as White Day. The tradition is that the lady will bestow gifts - especially chocolate - to her man, and particular regard is noted as to the quality of the chocolate being symbolic of your feelings for him.

Interestingly White Day is celebrated a month later on 14th March and on this day the man will repay the compliment and provide gifts for his lady - with an expectation that he will provide 2-3 more than



was given to him. This custom has since been recognised in South Korea, China, Taiwan and Vietnam.

A tradition on Valentine's Day in the western world is to give flowers - particularly red roses and this is a massive day for the floral industry, however in Denmark their favoured flower is the white snowdrop. Either way flowers are always a beautiful gift to give to someone you care about, and I do feel it is a special token of love and appreciation that is wonderful to receive throughout the year too rather than waiting for February. Much like holidays really - as many as you can do can not be too many!

Amanda McConnell, Travel Counsellors. T: 01482 770540

E: amanda.mcconnell@travelcounsellors.com W: www.travelcounsellors.com/amanda. mcconnell

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- A detailed timeline.
- On the day coordination.

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Starting from just £250 - You might already have everything planned but just need a helping hand with those final last minute details. We can help with that too. From set up to close down we will be there to make sure everything runs perfectly.

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- On the day timeline.
- A helping hand for the whole day.

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THINKING OF BECOMING A VOLUNTEER - THINK SSAFA

SSAFA - formerly known as the Charity for Soldiers, Sailors, Airmen and Families Association - provides lifelong support to serving men and women, veterans and their families.

SSAFA are in urgent need of volunteers, so if you have retired and you are looking to help, then "make it happen" and get in touch, they would like to hear from you.

SSAFA will give the training required, so you can make a BIG difference in people's lives, whilst you benefit in knowing you have helped.

How can you help?

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What's on at the Fergie

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1st Friday of the Month - Quiz Night from 8.45pm

2nd Friday of the Month - Food and Craft Fair 10am to 4pm

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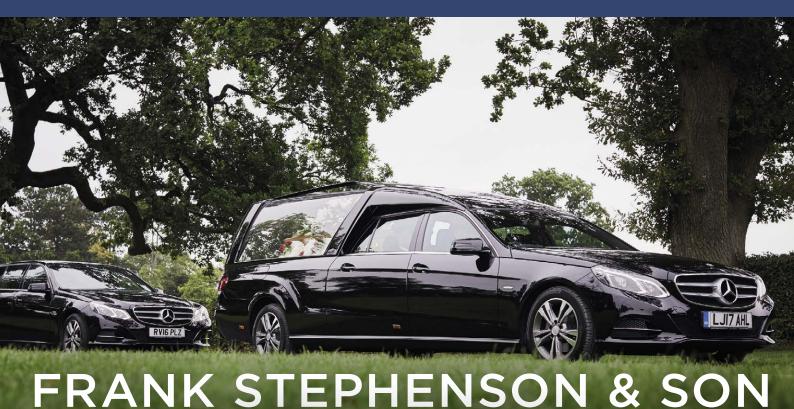
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SHORT STORY BY CLINT WASTLING -RALPHIE IN LOVE

You'll have read about me a couple of times already and if you have been to Beverley Minster you may even have stroked my mane

or marvelled at my scales! I'm Ralphie, I live in The Minster camouflaged as one of the corbels. I know everyone walks down the north aisle marvelling at the range of medieval instruments and players, whilst I'm overlooked on

the other side. I guess I'm a chimera, however, I don't particularly like that name because it conjures up monsters!

I'm definitely not a monster, although I have occasionally frightened folk. I once escaped from the Minster disguised as part of an old lady's hat. That was fun! Why do I want to leave such a beautiful place? You may well ask. Why to find a mate of course. It's even more urgent this month with Saint Valentine's Day coming up. There are lots of nice folk here, a griffin in the choir stalls and several small dragons. Some have their own agenda such as Reynard the Fox



and the farting cleric but the majority, like the people who visit, the minster's inhabitants are decent folk.

I've toured all the local churches in search of love but to no avail. These wings have flown a few miles over the years. I drew a blank at York Minster as they wouldn't let me in without paying. I've heard the parable of the money lenders often enough over the centuries? I met a really nice group of new folk recently at St Mary's on the north clerestory. They said they were from a series of books about Narnia. Aslan the lion was very noble whereas a half-human half-goat called Mr Tumnus was very jolly. He was forever misplacing his umbrella and getting taffled up by his scarf.

I snook back in to the Minster in a student's fusty backpack. There was a choral rehearsal going on. Although the chairs were set out at odd angles I was able to use them to circuit the church and get back to my corbel unobserved.

I have to report it was a lovely concert. There are undoubtedly some talented young folk in the area. When it was finished, I noticed something very strange, a wingless version of my own form moving between the chairs. I watched until the verger turned the lights off and resolved to find the creature at first light.

The following morning was so dull it was very difficult to track the creature, however, I persevered and flew around the Minster as low down as was safe for me to do so. At last, curled up by a column to the right of the Great West Door, I found the creature I'd seen the night before. "Hello, are you ok?"

"Oh! Mercy me, is that the time, I should be back up there, (she pointed towards an empty niche just by the door), I ran out of energy last night. Too many mice after supper."

"Can I help? I have a good pair of wings."

"But we've not been introduced?"

"Sorry, I'm Ralphie."

"And I'm Adela."

"I'll be careful." I said and lifted Adela over the ridge where her own claws gained purchase and she moved swiftly into position ready for the ten o'clock opening. I returned to my own plinth and fell asleep dreaming of possibilities for the Valentine's Day Party.



Clint has a new poetry collection coming out in early February called Quiet Flows the Hull. There will be a live event at ERT Poetry Cafe on Saturday 18th February 2pm with an open mic and all are welcome. Tickets via ERT.

POEM BY PAULINE KIRK -SUPERMOON

Our garden is strobe lit at three a.m. Tables and chairs cast moon shadows across the patio. The sycamore is a cardboard cut-out on an indigo page.

In the myrtle bush a blackbird begins a dawn trill, then as if embarrassed to be deceived, returns to silence. All is night still; no traffic blurs the quiet.

Beyond my window, the moon hangs, multiplied by double glazing. I am warmed by beauty. Though half asleep I grasp the memory, light for the day to come.

Pauline Kirk is a published poet, editor and novelist.

Her DI Ambrose detective novels, set in the 1960's are very popular.



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What's New in 2023

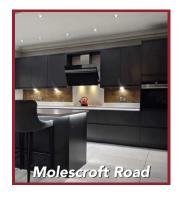
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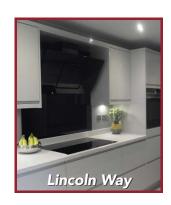




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BEVERLEY AC - A GREAT START

them.

January has been a very busy if not muddy month as runners have found some great events to kick start the year!

January saw the 4th race of the East Yorkshire Cross Country League at Sledmere, with Rob Sparkes leading the men's team home and Jenny Rowe leading the ladies.

Beverley co-hosts the next race on 12th February 2023 on Beverley Westwood. A recce of the route took place in January, with 50 runners meeting to test the route, enjoying a lovely sunny albeit muddy social run.

Meanwhile, the Juniors had a busy start to the year at the Humberside XC champs at Weelsby Woods, Grimsby where they collected 19

Lewis Holloway, the Club's Juniors Head Coach commented, "The Juniors have worked really hard over

individual and team medals between

the autumn and winter at their XC, including building up through the very tough West Yorkshire XC league.

"Their hard work paid off today and the coaching team is very proud of them all."

The Club started its' popular Couch to 5k programme at the end of January. This popular running programme takes people from being non-runners

to completing their first 5kms event in a few months of training and will culminate in a graduation run at Beverley Westwood parkrun on Saturday 6th or 13th May 2023.

And finally, some more important dates for your diaries.

Beverley's iconic 10kms race takes place Sunday 14th May 2023 and details of the event and registration will be circulated in the New Year, whilst Walkington 10kms will take place on Friday 14th July

New members, whatever your age and fitness level, are always welcome and further details about the membership and what the Club has to offer to its members can be found on the Club's website: www.beverleyathleticclub.co.uk





TC PATISSERIE -A CREPE PLAIN AND SIMPLE

Thierry at TC Patisserie is always keen to keep his customers happy, delivering mouth watering food for you to enjoy. With a selection of freshly made croissants, breads and patisseries for you to savour. Now you can have a go at making your own Crepes courtesy of Thierry.

Crepe recipe - makes up to 12 crepes.

- 140gm Plain flour
- 200ml milk
- · 2 eggs
- · Oil or butter to fry

Sift flour into a bowl.

Slowly whisk together eggs and milk to make a smooth batter.

Leave to rest for 30 minutes. (very important - don't be impatient).

Heat a little oil or butter in your frying pan.

To the hot pan add a ladle full or 2/3 tbsp. of batter, turning so the batter thinly covers the bottom of the pan.

Leave to cook for 30/45 seconds, then flip the crepe with a palette knife and cook for another 30 seconds.

Put on a plate to one side and continue with these steps until all of the mixture has been used.

You should have a stack of upto 12 crepes.

The tough decision is how to eat them, choose your filling and enjoy them or simply sprinkle with sugar or cover with syrup or maybe Nutella!

My favourite is to fill with ice cream "Vanilla", then cover with warm chocolate Mars Bar sauce. That's my New Year Resolution blown again!!!

Have a good time making your Crepes and why not get involved with the Great Beverley Pancake Race, Sunday 19th February, Wednesday Market.

Tc Patisserie

We are now no longer a café, but still make our own patisseries and Tc Patisserie is now a French food shop to compliment our own products.

 $\mathcal{O}_{\mathcal{O}_e}$ have a daily selection of freshly made croissants, breads and patisseries.

 $\mathcal{O}_{\mathcal{O}_{\mathcal{E}}}$ make reheat at home meals which can be bought over the counter or pre ordered, via our mailing list or messenger.

We can cater for any occasion, buffets, dessert tables or full 3 course meals can be arranged.

ഗം are open Tuesday-Saturday 9am - 4pm.



WELCOME TO THE NEW COLUMN, FANTASTIC FILMS AND WHERE TO FIND THEM

I love films and even though a cinema viewing will always be my first passion, there is a wealth of great movies that can be watched at home with the advent of streaming services.

However, all those choices can be confusing and some "hidden gems" can be lost. Each month, we are taking a theme and I shall attempt to guide you in the direction of some movies you might not normally consider, although I will add the caveat that film enjoyment can be extremely subjective. Of course, I will include the odd well-known classic, and where they are located, plus if you are not subscribed to a pay service, I will include something from the "free" streaming channels.

With the time of year, there is no doubt that our first theme would be romantic comedy and it can be the most divisive of genres and, being honest, not always my "go-to" genre but we start with a film that when pushed is my favourite film ever.



"Off you go... you small boys" Gregory's Girl (1982 - included with Amazon Prime Video) revels in the joys and confusion of first love. The second film of writer/director Bill Forsyth, whose early low-budget films utilised the talents of the Glasgow Youth Theatre, is set in a Scottish secondary school. Gordon John Sinclair* is a gauche teenager who plays in the school's disastrously unsuccessful football team. He becomes infatuated with the team's new signing..... a girl! (Dee Hepburn pre-dating the Lionesses by 40 years).

Gregory is eclipsed by the talent of his teammate, Dorothy, but awkwardly attempts to woo her. However, does love have another plan? Released just after I left school, the film perfectly captures the eccentricities of school in the 70s and 80s with rare whimsy and charm not to mention that heady feeling of young love. Men of a certain age would not forgive me if I did not make reference to Clare Grogan (who still acts and performs with her band Altered Images) who has a pivotal role that imprinted itself in many a young mind. If you have never seen Gregory's Girl seek it out now and if you have, time to relive the joy.

*A wee footnote, the actor known as John Gordon Sinclair (and still acting today) is one and the same. After being in this hit comedy, he decided to expand his career and joined equity but with an actor with the same name, he decided to switch his forenames

"OK, team, let's take these mothers out!"

After school, a lucky few move to University and while we retain romantic confusion of youth in the eighties, our next film moves from Scotland to Bristol. Starter for Ten (2006 - BBC iPlayer) is not only a bit of a hidden gem but chock full of British actors at the start of their careers



who have gone on to be major stars. James McAvoy stars as Brian, a working-class lad on a scholarship to University. Feeling a little out of his depth but with a head full of knowledge that he has acquired since childhood, Brian decides to audition for the "University Challenge" team led by a postgraduate played with nervous relish by Benedict Cumberbatch.

It is there Brian becomes smitten with Alice (Alice Eve) a more worldly wise student from a privileged family but it blinds him to the sweet attentions of political activist Rebecca (Rebecca Hall). A bumpy love triangle ensues amidst the backdrop of the underdogs taking on the TV show champions (cue the marvellous Mark Gatiss as Bamber Gascoigne) but not without some unexpected turns on all fronts.

The charismatic supporting cast includes Catherine Tate, James Corden, Dominic Cooper, Charles Dance and Lindsay Duncan all add to this smart, deft comedy of the heart and a cracking soundtrack, especially for fans of The Cure.



"He's losing his mind....and I'm reaping all the benefits.

I am in danger of my first column becoming more about the eighties than RomComs as my third suggestion juggles romance with a pastiche of the era. The Wedding Singer (1998 - Amazon Prime Video) saw Adam Sandler reign in a significant portion of the wackiness for which he was known previously, to play the considerate, loveable Robbie Hart - a talented but unambitious musician who fronts a function band at a time when live music was still king.

While performing at a wedding, he begins a friendship with waitress Julia (Drew Barrymore). Both are engaged to be married but when Robbie is jilted at the altar, Julia tries to lift his spirits by asking him to help plan her wedding. Of course, shenanigans and misunderstandings follow but the result is always beguiling and hilarious.

This was Sandler and Barrymore's first pairing and their chemistry is so off the chart that they headlined another two romantic comedies. The backdrop of both time and place gives us a host of eccentric and sweet characters (if you ever



wanted a rapping octogenarian, this is your film) and as it reaches its delightful climax, there is a spot-on cameo which I won't spoil. The movie was so successful that it spawned a theatre musical.

"The elves went too far!"

There is more music too in my final RomCom recommendation and, at last, we have been released from the 80s, albeit with an institution that goes back well before that decade. **Eurovision Song Contest: The Story of Fire Saga** (2020 - Netflix) is the brainchild of Will Ferrell.

Although the contest is virtually unknown in the US, he was introduced to the competition via his Swedish wife. Fire Saga is an unsuccessful Icelandic duo of Lars (Ferrell) who dreams of winning Eurovision, and his childhood friend, Sigrit (Rachel McAdams) who has an unrequited love for Lars. Considered a joke in their fishing village home of Husvik (and especially by Lars' "incredibly handsome" father played by incredibly-handsome Pierce Brosnan), a tragic event (which might be the result of meddling by elves) sees Fire Saga going to the Eurovision finals to be held.... wait for it...in Edinburgh.

The song performances are over-the-top, funny but affectionate mickey-takes while the romantic chemistry between Ferrell and McAdams is sweet. If you are a fan of Eurovision, there are plenty of contestant cameos plus a delightful scene-stealing performance from the underrated Dan Stevens as the Russian entrant who has eyes on Sigrit but not in the way you might think. Indeed, it is all very silly and Will Ferrell's comedy can be very broad but I always have a smile on my face while watching this film.



Whatever you want to do on Valentine's Day or any other day, I hope that one of my recommendations scratches that romantic itch and, above all, makes you laugh. Until next



COUNTRYSIDE MATTERS WITH SAM WALTON

This year is my 70th being fully involved in farming, firstly working on farms then moving into management and I have just completed 50 years of farming on my own.



Times have changed, there is no doubt and times will change again and that is what makes farming so interesting. I do wonder how things will change in the future, but I have been wondering that all my life!



I have said before and will say again that farming has to be the most important industry we have, as without food, there would be no life. At the same time, we must recognise all other industries which supply farmers with what we need, to be able to produce your bacon and egg breakfasts.

In my time I have witnessed many changes in how we do things and how the industry has become more mechanised over the years. In my youth there were always lots of men working on farms, probably one per 100



acres, but as machinery became available, that number has reduced considerably and there are now many farms with just one employee, with casuals at harvest time on the arable side and we have superb livestock employees who have access to modern methods of improved technology in production.

Livestock has always played a large part, with specialist buildings, better feed rations and environment, it is hardly recognisable from the times when we had a few sows running in a cattle yard with a boar, whilst to-day with Artificial Insemination, fully controlled environments, the difference is almost unbelievable. Machinery is almost out of this World and what one man achieves I would never have believed in those far off days.

What I am always wondering these days is how will it change again with all the expected climate change plus of course all the RED TAPE which surrounds us all the time? We look forward to the future and what it holds, who knows.



HAPPY VALENTINE'S DAY TO YOU

The Feast of Saint Valentine was established by Pope Gelasius I over 1500 years ago in AD496 and is celebrated on February 14 in honour of Saint Valentine of Rome, who died on that date under the rule of Emperor Claudius II also knows as Claudius the Cruel of Rome.



Why was Saint Valentine linked to love and romance? Emperor Claudius believed that Roman men were unwilling to join his armies because of their attachment to their wives and children so Claudius banned marriages or engagements.

Realising the injustice of this ruling, Valentine continued to perform marriages for young lovers in secret and consequently was arrested, beaten to death before the Roman court and beheaded on February 14th AD270.

Legend also has it that whilst in jail, Valentine left a farewell note for the jailer's daughter, who had become his friend, and signed it "From Your Valentine" so perhaps there was a spark

of romance for Valentine himself in his final days? For his great service to lovers, Valentine was named a saint after his death.

There are, of course, many legends surrounding the origins of St. Valentine's day but whether single or in a relationship, we can all spend a little time out of our day or week to nurture our relationships whether they be partners, friends, family or even our beloved pet and say thank you to Saint Valentine for honouring romance and being an advocate of the lover not the fighter.

As a hypnotherapist, I'm aware that many people can find it difficult to gather the courage to ask someone out on a date and I absolutely love working with confidence-building, especially in this area. A few years ago, I helped a young man who had fallen for someone in the office where he worked but struggled to make conversation with people in general and became tongue-tied at the best of times. I suggested that we work on improving his interpersonal skills first before challenging himself with asking out his dream date so set this as a task for him. He was up for the challenge but said he wasn't in the office the following week as he was renovating a house to rent so I asked if he would be visiting the local DIY store and would he be happy engage in conversation with the staff at the checkout.

Two weeks later he came back for a second appointment and after we had instilled confidence in him whilst in trance in the first session, he reported that he found talking to the in-store staff really easy and natural and back home he spoke with his elderly neighbour who he was now chatting to over the fence on a daily basis - given that he had never spoken to her before, this was quite a leap in progress! He was feeling much more positive about asking the girl of his dreams out and he went on to do so after just a little more work on confidence. Thank you to St Valentine for your services to romance. What will you do to celebrate this Saint's day on February 14th?

I run an online mindfulness session free of charge every Monday evening which offers a wonderful opportunity to take time out for yourself.

If you'd like to join, drop me a message/ email or give me a call and I'll send the zoom link to you.

For more information and details on further techniques including hypnotherapy, visit www.francesdunning. com or contact me, Fran Dunning on 07973 819867 or email info@francesdunning. com. I can support you to change your thinking and be that friend to talk to.



PUZZLE PAGE

WORDSEARCH

Q Ε K L U X T U O E Z v Н O K U B \mathbf{C} р В E T S \mathbf{O} IJ Ε S Q N C I w Р R Ι U \mathbf{C} Q N J S В T U O Y G X T D W T R 0 T E C S T Y P Е Y 7. Ε В Y D X H P \mathbf{C} R G K Α I E Q Ε R T T Z G W K O N F J

> CELEBRATION LAUGHTER CHOCOLATES LOVE COUNTRYSIDE ROSES **FEBRUARY SURPRISE GIFTS** WINE

Where in Beverley can you find this landmark? Answer on Page 29.



WHAT IS IT?

Can you identify what this may be? Answer on Page 29.



ROMANTIC COMEDY CORNER Things that make you laugh!

On Valentine's Day I am taking my Girlfriend out in a boat.

Yes - I am Row-mantic!

Two Sheep in a field. One said "I love ewe"

> Last year I made a mistake trying to be romantic, a friend said "Buy her flowers"

I did - They were cauliflowers! She wasn't happy!

My daughter said her boyfriend is a perfect Valentine catch.

He is a wicket keeper.



Do you have any amusing stories, quotes or pictures? Send them to info@justbeverley.co.uk

QUOTE OF THE ROMANTIC MONTH

Our love is like a lit scented candle -It found its perfect match!!

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WILSON WHEELS -"MAKE IT HAPPEN"

Wilson Wheels are keen to make it happen and in the cycling world they achieve their goals on a regular basis.

Early in January, Ady Hill flew the flag for Wilson Wheels in the National Cyclocross championships finishing 3rd in his age group division.

Whether you are out to compete at the highest level or just out to get some fresh air and fitness, Wilson Wheels are there to help you "Make It Happen".





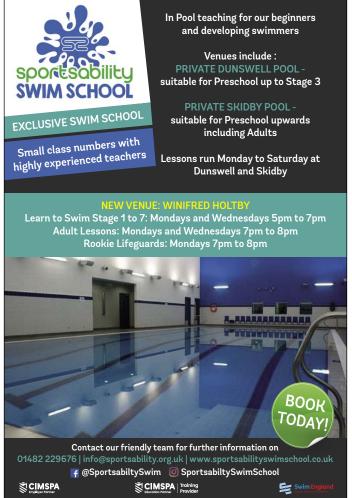
Choosing the right bike or having the correct equipment to keep you in the saddle, Wilson Wheels can help to ensure you get in the saddle and stay in the saddle, enjoy the commuter ride to work or the rides in the countryside at the weekend.

Pop into Wilson Wheels to get the latest equipment or to get your bike set up for the season ahead.

Wilson Wheels will help you "Make it Happen".







BEVERLEY GOLF CLUB GOING FROM STRENGTH TO STRENGTH

Beverley and East Riding Golf Club is anticipating another great year of golf ahead, and it has many reasons for this optimism.

The club has been going from strength to strength recently, with over 100 new members joining in 2022 and visitor golf has been at record levels. And it's not difficult to see why. Beverley & ER Golf Club prides itself on being a very friendly club. There is plenty of golf to be played, either in competitions or casual rounds.

This includes the Beverley and East Riding Challenge Cup on 13th May when players will compete for the oldest golf trophy in Yorkshire! Last month a new honours board was unveiled. This recognises significant achievements by Beverley & ER Golf Club members over the





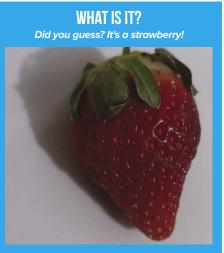
years. From the earliest - Bertha Thomson who won the British Ladies Open in 1905 - right through to current player Rich Norton's England appearances.

On top of that, the clubhouse has had a major upgrade in facilities - new gents lockers and shower/toilet block have just been opened, to the delight of members

Like everything else, golf was put under lockdown during COVID. But if that episode taught us anything, exercise from a 4 hour walk, vitamin D from sunshine, and good mental health from meeting and chatting to good friends is all beneficial. Golf provides all of this. Regular physical activity is associated with physical/mental health, immune system and longevity benefits.

So it is easy to see why the Westwood-based club is looking forward to a great 2023.





New Year - New You

Make 2023 the year you take up golf

- New challenge
- Sunshine
- Exercise
- Friendships
- Better health

Join today 01482 868757



Beverley and East Riding Golf Club

WHAT'S ON IN BEVERLEY

Tell us about your event!

E-mail info@justbeverley.co.uk
Telephone 01482 679947

For more events visit justbeverley.co.uk/events

Saturday 21st January to Saturday 18th March

Walk This Way

Beverley Art Gallery. A celebration of 40 years of the Yorkshire Wolds Way National Trail through the work of resident artists Ian & Stef Mitchell.

Saturday 4th February

• 90s Party Boyband Reunion

Memorial Hall, Beverley. Tickets available from www.krsevents.co.uk

Friday 10th February

• Food and Craft Fair

Ferguson Fawsitt, Walkington. Browse the stalls in the function room and then relax with a meal and a drink. 10am - 4pm.

Friday 10th February

Jazz Makers Collective

Live at Lairgate Hotel, Beverley. Mike Hall. From 815nm

Sunday 12th February to Sunday 19th February

Stage4 Beverley's Winter Festival 2023

Featuring music. poetry and the spoke word. More information at: www.eastridingtheatre. co.uk/whats-on

Friday 19th February

• The Big Beverley Pancake Race

Wednesday Market / Toll Gavel. 12pm to 1pm.

Sunday 26th February 2023 Leven Sports Hall Open Day

Sports facilities for all ages and generations 10am until 1pm

Refreshments: free of charge
Tea | Coffee | Hot Chocolate | Cold Drinks
Cakes | Biscuits

We are hoping to get as many of our users to put on displays, these include: Footworks children's dance class | Karate Indoor bowls | Fitness classes | Line dancing Badminton | Music classes | Outdoor bowls

Email: levensportshall@gmail.com

Friday 24th February

Jazz Makers Collective

Live at Lairgate Hotel, Beverley. Emma Johnson. From 8.15pm.

• Big Beverley Comedy Night

East Riding Theatre. 7.30pm. £12. More information at: www.eastridingtheatre.co.uk/big-beverley-comedy-night-laugh-til-it-erts

Thursday 2nd March

• Filey Bay Whisky Tasting

Northmen Spirit. 7pm. More information at: www.northmenspirit.co.uk



Saturday 4th March

• East Riding Concert Orchestra Spring Concert St Mary's Church, Beverley. 7.30pm. More information at: www.eastridingconcertorchestra.

BEVERLEY RACECOURSE CONFIRMED IN TOP 10 RACECOURSES FOR RACEDAY EXPERIENCE 2022

Beverley Racecourse is delighted to announce it has been selected in the Top 10 Racecourses for raceday experience in 2022.

The industry scheme known as the Quality Assured Racecourse scheme was established in 2013 with the aim to objectively assess raceday experience from the perspective of customers. Each racecourse in the UK is visited by a trained assessor from LiveTourisim.

The assessment analyses all touchpoints of the customer experience including pre-raceday information, the on-course experience and post-raceday communications.

Out of a total of 59 racecourses in the UK, from as south as Newton Abbot in Devon to as far north as Perth in Scotland.

Beverley Racecourse, a small independent racecourse with a team of 8 permanent staff was independently selected as a top 10 winner along with the likes of (alphabetised) Aintree, Ascot, Cheltenham, Chester, Doncaster, Haydock Park, Newbury, Newmarket (July) and York.

Chief Executive at Beverley Racecourse - Sally Iggulden, said "To be the only small racecourse

within the top ten of this highly regarded, independent assessment, is fantastic news and testament to the culture that we have at Beverley our customer is key!

As one of the smallest racecourse teams in the country, we are rightfully proud at being recognised for going the extra mile and for our continual investment in facilities.



STAGE BEVERLEY'S Winter Festival 2023





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