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9 STIPENDIA PAYROLL - 7 YEARS AND COUNTING

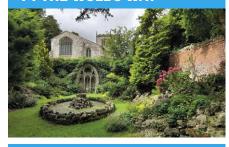


4 HERITAGE OPEN DAYS



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22 WILSONS WHEELS







Contributors:

Julian Minshall, Olivia Peace, Rich Manville, Nick Allen, Lynne Auton, Carfan, Jane Dale, Jack Dickerty, Rich Hayes, Ed Hawkes, Jonathan Humble, Lauren Middleton, Colin Raynor, lan Richardson, Sam Walton, Clint Wastling and Nathan Wilson.

REMEMBER! If you see examples of anti-social behaviour or other types of low-level crime, do report it to the appropriate authorities. POLICE - Emergency 999, Non-urgent 101. ANTI-SOCIAL BEHAVIOUR (East Riding of Yorkshire Council) - 01482 393939.

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LETTER FROM THE EDITORS



September seems to have come round rather quickly, all of a sudden Autumn is upon us.

Autumn is a time for change, each week you see the countryside colours change and over the coming months

the leaves falling off the tress, beautiful Autumn colours paint our natural canvas. Like nature we look to change what we do and prepare for the months ahead.

September will see children move on to pastures new at University or college, spreading their wings and making new friends, while mums and dads reflect where has the time gone, I think this year we should all think about time. How precious time is with our family and friends and make more time for each other

Whatever you get up to as we move into Autumn, remember, Stay Safe, Stay Alert and be mindful of other people.

Julian.



Happy September everyone! I say happy, but I'm not quite ready to let go of the summer yet! Soon we'll notice the days growing shorter, life settles into routine, and there'll be Christmas cards in the shops before long...

But, in the spirit of positivity and acceptance, here are some things I do get excited about the start of autumn; the rustle of fallen crunchy leaves on the ground as you walk through them; being wrapped up in cosy blankets and bed socks; and rediscovering the extent of my excessive jumper collection. What do you love about the changing of the seasons?

As we go into September, let's look forward to embracing change and whatever life throws our way. Hope you enjoy the issue. Olivia







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If you would like copies for your business to distribute to staff and customers. call Just Beverley on 01482 679947.

THE 3 STEPS TO SAFETY

If we all follow the 3 Steps To Safety, if we keep doing those simple things like regular and thorough handwashing, respecting social distances and being aware of COVID-19 symptoms in ourselves and others around us, if we quickly get tested for COVID-19 when we need to and if we self-isolate and stay home when advised to, we reduce risk.

If we don't do these simple things, we increase risk and increased risk will inevitably lead to more infections, more illness and more tragedies for East Riding families and it could lead to a local lockdown and tighter restrictions on all of us.



The council and our partners will be doing everything we possibly can to avoid all that and to protect our communities but we need YOUR help. By doing the right thing and following the 3 Steps To Safety, you are helping to keep yourself, your loved ones and others protected from COVID-19 and you are helping to save lives. By doing the right thing, you are helping to create an East Riding which is a safe place to live, work, shop, play, learn, invest and visit. Visit **eastriding.gov.uk/3stepstosafety** for more information.

CHANGES TO FLEXIBLE FURLOUGHING IN SEPTEMBER

Since July 1, employers have had the flexibility of bringing previously furloughed employees back to work part-time.

To help people get back to work over the first two months of the scheme, the government paid 80% of employees wages for any of the normal hours they did not work up until the end of August. However, going into September there are some changes being made to the Coronavirus Employer Contributions and Job Retention Bonus, which are as follows:

- The government will pay 70% of the wages up to a cap of £2,187.50 for the hours the employees doesn't work.
- Employers pay the employer's national insurance and pension contributions.
- Employers pay 10% of wages, making up to

80% of the total up to £2,500.

- Employers will be able to claim a one-off payment of £1,000 for every employee they have previously received a grant for under the Coronavirus Job Retention Scheme and those who remains continuously employed through to the end of January 2021 (subject to certain criteria).
- The employee must have received earnings in November, December and January, paid on average at least £520 per month, a total of at least £1,560 across the three months.
- The employer will be able to claim the bonus after filing their January 2021 PAYE information.

Two months into the furlough schemes, many employers are finding payroll tasks continuing and becoming more specialised. Also, almost



all benefits in kind can be payrolled, meaning no more forms P11D. You can register for payrolling benefits in 2021-22 up to 5 April 2021.

If you require any further information on the above then please do not hesitate to contact Lynne Auton on **0845 3082288** or email la@payrollsolutions.org.uk

HERITAGE OPEN DAYS ARE HERE AGAIN!

England's national heritage festival is going ahead between Friday 11th - Sunday 13th September, and Beverley and Hull will, as over past years, be offering an exciting programme of events.

In Beverley there are 22 events this year all clustered in one busy weekend. The national theme is 'Hidden Nature' so we are opening a number of private, some even secret, walled gardens near the town centre, most of which you will never have seen or even have guessed were there.

Some public buildings including churches, the Friary, the Guildhall, Freemasons' Hall and the famous and ancient inn The Monks' Walk



will open, all with carefully designed Covid-19 precautions following government guidelines.

For the mainly outdoor events, this includes limited numbers, one way systems and social distancing as we have tried to make our visits as safe as they could possibly be.



We really hope you can join us - it's free admission everywhere.

The Heritage Open Days are run by Beverley Civic Society members who are immensely grateful to all those who help, especially the owners who have generously agreed to open their properties, and City of Culture volunteers who act as stewards



Look for the open sites marked by the pink H, balloons and bunting.

There is a cluster of ten gardens in North Bar Without, New Walk, York Road and other open gardens in Newbegin, Keldgate and Highgate.

All gardens will be open between 11am and 4pm on Saturday 12th and Sunday 13th September.

For further details of all the events, including 3 online 'visits', please visit the websites www.heritageopendays.org.uk or www.beverleycivicsociety.co.uk

Barbara English and Rosie Ryan.



FLEMINGATE NEW PLAY AREA OPENED BY

BEVERLEY MAYOR

Flemingate have doubled the size of their existing popular play area, with the addition of an activity tower featuring a climbing wall and slide, interactive play panels and some new play equipment for younger children.

The area is now also fully enclosed with fencing around the area, giving even further confidence to parents that their children can use the area safely.



The fantastic new play area was officially opened by The Mayor of Beverley, Councillor Tom Astell.

Councillor Astell, said: "It's a pleasure to open these new facilities, which I hope can be enjoyed by many more children and young families for years to come."



Flemingate have put in place a number of safety measures including the introduction of a one-way entrance and exit, hand sanitisers, regular cleaning throughout the day and signage reminding of social distancing.

Children must be supervised by an adult at all times to ensure these measures are adhered to. Jo Bridgeman, Marketing and Events manager, said: "We want people to enjoy the outdoor play area but it is important that they also remember to stick to current guidelines."



EAST RIDING THEATRE PLANS TO REOPEN IN SPRING 2021

ERT's decision to re-open next Spring is for the safety of audiences, artists, and the volunteers without which the theatre would not be able to operate.

When ERT do open their doors, they will be able to say with the utmost confidence that all ERT visitors will be safe, comfortable, and able to fully enjoy the entertainment on offer.



In the meantime, keep an eye out for the wonderful ERT creative community as they continue to provide a colourful and entertaining on-line programme with plenty of new delights planned for the Autumn!

Your continued support is much appreciated. To find out more about the latest East Riding Theatre news and to access online shows visit: www.eastridingtheatre.co.uk

BENTLEY'S TEA ROOM SHARES CONNECTION WITH BEVERLEY

An exciting, new coffee shop has just opened within Debenhams Flemingate Shopping Centre, Beverley.

Bentley's Coffee Shop, which was established in 2019, is an independent, family-owned business which currently has five coffee shops across the North East, Yorkshire and North Lincolnshire. Bentley's is ready to breathe life back into the cafe space on the 1st floor of Debenhams, and will be serving a delicious range of Yorkshire-roasted coffees, speciality teas, breakfasts, light lunches and an abundance of sweet treats.

Co-owner, Emily Bentley said "We've been thrilled to have been given the opportunity to reopen the coffee shop within the Debenhams store in Flemingate.

"Wherever we are located, we try to use local suppliers wherever possible. In the short time we've been trading in Beverley, we've engaged with Beverley Chamber and local company, Burton Electrical, to carry out PAT Testing in the Coffee Shop. We have been made to feel very welcome already, and we're very much looking forward to becoming part of the Beverley community."

While Bentley's association with Beverley has only just begun, Emily has discovered a personal connection to the town. "Through family members when I mentioned about opening a Tea Rooms in Beverley, it was brought to my attention that I'm related to the Cussons. Thomas

STOP PRESS!

Beverley Travel Ltd have completed their move. Moving to their new permanent home in Flemingate, just a few doors away from their original offices.

Beverley Travel aim to build a long term relationship so their travellers come back time and again.



Beverley Travel Ltd, Unit 10, Flemingate Centre, Beverley, HU17 ONQ. Tel 01482 33 44 50 / vip@beverleytravel.co.uk



Cussons was my distant cousin, they owned the Cussons' tannery at Keldgate, and he was the Mayor of Beverley from 1864-65. His son, George Cussons, was the mayor in 1891 and has a memorial by the window in Beverley Minster! I now realise I have something to follow and live up to."

The family-owned chain is becoming increasingly popular across the county, with another coffee shop being opened in Scunthorpe on the same day. Why not head down and see the new coffee shop in Debenhams Flemingate for yourself, and like the Facebook page 'Bentley's Coffee Shop, Debenhams - Beverley'.

ART & SOUL OPENS IN FLEMINGATE

A new creative hub for artists has opened its doors at Beverley's Flemingate centre.



Launched by Jane Berriman, it will be home to carefully chosen art, gift ranges, framed art, prints, jewellery, ceramics, woodwork, illustration, glassware, stationery and more, and will give creatives their own individual space to display and sell their work.

It hopes to welcome people from across Yorkshire and beyond to sell their unique, handmade, contemporary artworks or gifts, and provide a great opportunity to bring everyone together in the arts community.

Over 40 artists have signed up already to rent space to sell their work.

Jane previously sold her handmade postage stamp art at craft fairs, online and at The Creative Lab, but is looking forward to taking Art & Soul to the next level with artistamp, a portmanteau of the words "artist" and "stamp", and bringing stamps back into fashion.



Using various collections of stamps left stored away in attics or garages, she creates works of art that bring the stories behind the stamps to life. These will be available for purchase in store.

Jane has taken further steps to future-proof the business by opening an online store from October 1, meaning Art & Soul is open all year round online and offline. Instead of customers having to wait for craft markets, Art & Soul can bring the quirkiness straight to the customers with its unique art.

Are you interested in taking a creative space at Art & Soul? Send an email to artandsoulbeverley@outlook.com with your name, company name, contact details, a description of your products and price ranges, links to social media and websites which feature the products, and up to six high resolution images of your work.













Flexible Furlough

Employer Contributions change in September



Employer Contributions - September 2020

- The government will pay 70% of the wages
- Employers pay the employer's national insurance and pension contributions
 - Employers pay 10% of wages, making up to 80% of the total up to £2,500

Job Retention Bonus*

• Employers will be able to claim a one-off payment of £1,000 for every employee they have previously received a grant for under the Coronavirus Job Retention Scheme and those who remains continuously employed through to the end of January 2021 *(subject to certain criteria)

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STIPENDIA PAYROLL - 7 YEARS AND COUNTING

Beverley based payroll solutions company Stipendia has recently celebrated its 7th successful year in business.

'Stipendia' is of Latin origin and means 'pay' or 'salary', but there is so much more to the Swaby's Yard company than simply delivering a pay slip at the end of the month.

The business has recently expanded to outside the East Yorkshire area, leading to an increase in client portfolio particularly over the last 3 years. Providing a bespoke service for each client, Stipendia offers a flexible, outsourced payroll solution unlike any other.

Each year so far has been a milestone for the Stipendia team as they have continued to give their clients the highest standards of service, delivering a complete, specialist solution. However, the last 7 years has not been without its challenges.

"This year has seen many changes from the introduction of the furlough scheme (Coronavirus Job Retention Scheme, CJRS) which is not straightforward for all employees, plus there's the increase in the employment allowance to £4,000 per annum from £3,000," says Lynne Auton, Managing Director of Stipendia.

From September, the amount to be reclaimed from HMRC on the CJRS will reduce so it will cost the employer an additional 10% in salary costs.

One thing nobody in the business could have planned for was the Covid-19 pandemic, which Lynne says has indeed been a challenge in itself. "The CJRS has been a great idea from the government and helped so many businesses," she says.

"However making sure that our clients receive their cash in a timely manner, and calculating the amounts has been really time consuming. We have been exceptionally busy, but cannot complain."

Stipendia serves over 300 customers across the UK, including London, Manchester and the North East. Part of the Finnies Group, Stipendia had just 2 employees on its first day in business, including Lynne who was appointed as Operations Director in 2013.

From there, more employees were quickly recruited to service the rapid levels of growth of the expanding business, and in the present day there are 17 staff employed between Stipendia and its parent company.

While the last 7 years are something to be celebrated having being filled with achievement and success, Lynne stresses the biggest lessons have been learned during this time.

"Make sure you get a team you can trust as



that makes the life much easier and that's what we have at Stipendia," she says.

"When setting up a business, make sure it is something you are passionate about as it takes up a lot of time, especially in the beginning."

As one of the original Stipendia team, Lynne explains how it was founded with a focus on payroll when the changes were brought in for Auto Enrolment.

That's when it was decided on becoming a specialist payroll bureau to provide potential



clients with the benefits of outsourcing payroll, one of the benefits being more time.

"The management and directors are able to concentrate on the running of their business and even though it may only take a couple of hours to produce the payroll information, that is time that could be spent with customers or if it is done in their spare time, with family and friends," she says.

In addition to providing payroll solutions, Stipendia is an active part of the Beverley community which is known for its desire to help and support each other. Over the past 7 years, Stipendia has raised money for Beverley Barge Preservation Society, Alzheimer's and Go Kids Go as well as other charitable causes.

Lynne has lived in Beverley for over 20 years and is involved with East Riding College as Co-Opted Governor, and as Treasurer of the Beverley Chamber of Trade, so she is no stranger to community involvement.



"We have been involved with sponsoring a junior team at Beverley Town Football Club, a few of us from the office have run the Beverley 10k to raise funds for Go Kids Go for the past couple of years, and further afield we have been sponsoring Barton Town Football Club for the past few years."

With such a busy work life, when does Lynne have time to relax? "Olympic Weightlifting is my unwind. I train 3 times per week at Strong for Life gym in Sutton Fields and compete nationally."

As it turns out, she was supposed to be competing in the European Championships in Netherlands before Covid hit.

"I also attend Delanoy Dancers once a week for tap and fusion classes, go to a rugby and hockey field with my husband to watch our son compete for school on Saturdays, and support him as a goalkeeper for Grimsby Town Academy on Sundays."

It has been an eventful 7 years with Stipendia that Lynne says has flown by, and goals for the coming year remain heavily focused on growth.

"We want to continue to develop and ensure our clients are receiving the cash they are entitled to, and help them with HMRC."



HELP BEVERLEY SHOPWATCH TACKLE SHOPLIFTING

Wouldn't it be great if you could find out if there are any shoplifters in Beverley? Or where they are? And wouldn't it be great to have regular meetings in the community about retail crime?

If you agree, your shop needs to join Beverley Shopwatch - it is completely free! It is a community driven group that ultimately aims for success measured in how it improves the town's safety as a whole and reduces shoplifting.

The Beverley Shopwatch scheme is now backed by almost 100 Beverley retailers, all of who are working together to identify and deter shoplifters via walkie talkies and the mobile messaging platform WhatsApp.

As part of the scheme, we provide regular updates of known recent shoplifters to raise awareness and can rapidly disclose information about the shoplifters through communications over WhatsApp.



We have recently seen much success with catching known shoplifters, some of which are now in prison purely down to Shopwatch's monitoring and activity.

Join Beverley Shopwatch and be part of a growing group that fights retail crime together as we continue to work towards an even safer environment in which to live, work and spend leisure time.

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I'VE BEEN THINKING... SAYS COLIN RAYNOR

One of the prevailing factors of this year has been the bombardment of figures we have all had to consume if we are to have any grasp of the pandemic that has taken over our lives.

Now we are in September, who can forget the daily bulletins on television with a central spokesperson of the Government flanked by two experts on health or education or statistics etc? In due course, charts and graphs would appear supposedly to enlighten us, the general public, of the current state of the nation's health in great detail.

I know that these daily appearances of our elected leaders have been criticised by some as 'mere charades' for what was reality, and I'm sure there is some truth in that. For my part I tend to be more positive and thank my lucky stars that I live in a democracy where I can express such criticism, if I choose to, without being thrown into jail, or worse.

In a strange way, the daily figure of people who had died from the virus was the one that really mattered. Alongside this figure, in a very different and quite astounding context, was the amounts of money being raised by members of the public to enable the work of the NHS to continue.

Combined, these figures made us weep and dig deep into our personal view of a life that could be so cruel and yet at the same time be so gloriously uplifting.

I was reminded of a book I often return to, written some years ago by Michael Mayne, who at the time was the Dean of Westminster Abbey. He writes about the meaning of praying, loving and remembering. It is a very honest book not least because he writes about his father (who Michael says he was too young to remember), also a cleric in the church of England, committing suicide from the belfry tower of his church.

This was at the time when 'compassion was in short supply' and his father was allowed no marked grave or memorial. His ashes were scattered to the four winds and no one spoke of him again. Until some sixty years later, when life came full circle and there was a kind of healing in remembrance. Michael stood in the pulpit at a service to dedicate a memorial to his father who had served the parish and was remembered for his life. not for his manner of death.

Due to the churches being closed these last months, it has not been possible to offer the usual



services to those who mourned the passing of their loved ones. There will be many who wait for the day when they can pray, love and above all, remember the person who meant the world to them and their family. They were not just a number in a daily total that appeared on a screen with other statistics.

In the words of the poet William Blake
'Man was made for Joy and Woe
and when that we rightly know,
through the world we safely go.
Joy and Woe are woven fine,
a clothing for the soul divine'

PREPARING FOR UNIVERSITY IN THE AGE OF COVID-19

The new academic year is upon us, and whether you are just starting out at university as a fresher or returning for yet another year, you are not the only one who might be concerned about what the months ahead will look like if or when you return to campus. Following the government's latest u-turn on the A-level moderation system, many students will be wondering what happens now.

All students who received lower grades than they were originally predicted will now have had their grades raised to what their teachers believed they were capable of, meaning if a student was predicted AAA and was given BBD due to the moderation, their grades will have increased to the higher, original prediction.

What should be one of the most exciting times of a student's life might be shaping up a bit differently than they had imagined. However, it is not only students who are busy navigating their way around the new chaos, as universities across the country are still trying to figure out how best to handle the influx of students and the limited number of places, as well as find ways to ensure all students and staff are kept safe while the Covid-19 pandemic continues.

Universities are now putting together detailed plans for measures that will minimise the risks to staff and students such as introducing "bubbles" among flatmates, protective measures across buildings and facilities, or implementing a face covering policy.

Whatever the protective measures are, it is still important for your family and friends around you to help you prepare for university and support your health and wellbeing during this unprecedented time

But how can you prepare for something when they do not know what to expect? If you are someone who struggles with big changes and fear the unknown, now is a great time to engage with your inner tool kit for adapting. The reality of the situation cannot be changed, but we can use this time to learn how to accept it for what it is.

Spending too much time planning about the unknown or thinking negatively about things we cannot control can be draining mentally and physically, but there are many online resources to help you hone in on stepping back from these fears. Practicing mindfulness is a great tool that can be done any time and anywhere. Methods such as meditating, breathing exercises, and other practices can help reduce the stress you are taking into the next academic year and feel more in the moment to embrace the change.

Your first term might even be taught online, meaning you'll either be staying in Beverley for the time being or you'll be learning the course from your university accommodation, which means you will be actively practicing a working from home ethic. If this is something you are conscious about, there are a multitude of online resources that can help you with adapting to studying and working from home, and keep you committed and engaged with the course, including online teaching materials, library resources, and academic software.

Don't forget, if you are a student living in university accommodation and have to self-isolate because you are symptomatic of Covid-19, your health is the first priority. Send an email to your lecturers and the university's support services so they know your circumstances, but do not worry about missing lectures, seminars or workshops.

Your university will provide you with information on how you can still access the teaching materials.



BROOK TAVERNER - AN AUTUMN WINTER 2020 PREVIEW

The Brook Taverner Summer Special Sale Is Approaching Its End...

As we welcome September and the eagerly anticipated release of our Autumn Winter collection here at 35 Toll Gavel, Beverley, there are now mere days remaining of the 25% off summer sale. Whether you're one of the lucky few set to squeeze in a last-minute trip away to a warmer climate, you're set to venture on a British staycation or you're simply the kind to prepare next year's wardrobe in anticipation for what is hopefully a far more stress-free summer, the value on offer truly is tough to turn down.

With sale shirts available at three for £55, jackets from £70, polo shirts from £24.50, and trousers from £31.50, we certainly recommend popping to the high street sooner rather than later while stocks last.

The good news doesn't end there. Wednesday 9th September sees the launch of our muchawaited Autumn Winter 2020 collection.



After two years of designing, creating, styling and photographing the collection, the range can be found in store with the latest Autumnal themes that will continue to set the trends for the forthcoming season.

With the success of the transportation shirt collection from Spring Summer (think cars, motorbikes and aeroplanes), the latest range sees a Winter expansion of the printed shirt theme... expect more colourways and the perfect gift for the man impossible to buy for. Look forward to an expansion of Gingham, Bengal and Tattersall shirts across the collection, as well as more expansive colours used in checks to bring out base layer colouring. Whilst continuing to adhere the everyday shirt that we have become well-known for, ensure you keep an eye out for our 'Going Out' shirts, designed specifically with the weekend in mind!

Our Harris Tweed designs are exclusive to Brook Taverner and are unable to be found anywhere else. Our team have taken direct inspiration from the stunning countryside throughout the Isle of Harris - from the colours of the grass to the shades of the flowers that litter the countryside throughout late September. The traditional olive Harris Tweed shade can of course be expected as a feature of our range however this year it is complimented exceptionally by a one-of-a-kind collection including waistcoat, jacket and overcoat. All of which exhumes the class and style one comes to expect from Harris Tweed.

Other jackets in the range build on base layer colours being brought out by expansive yet subtle



checks. Our feature linings provide an internal style that not only feels great when worn but always draws compliments when spotted. With the likes of renowned manufacturer Abraham Moon & Sons of Guiseley and Marton Mills of Wharfedale heavily contributing to the range across both our jacket and suit collections, we like to think that together, we have managed to catch the Autumnal colours of the great Yorkshire countryside and portrayed them in a way that looks stylish in a whole host of occasions.

Of course, some old classics will be back throughout the season. Think of our exclusive Haincliffe Tweed suit with matching accessories, our everlasting checked Magnum jacket as well as the return of the previously sold out Gatley Roll Neck Jumper that serves as a go-to Winter staple piece. Unfortunately, until the 9th the collection is sworn to a certain kind of secrecy - so in order to find out more we heartily recommend heading into your local Beverley store and speaking to Lee and the team. Remember to make use of our fantastic Summer Special Sale that runs until Tuesday 8th September - always remembering that if your required size isn't on the shop floor that you should always check with a member of staff that we haven't got any hidden in the store room or at our head office nearby!





When I've been grooming lately, I've noticed a lot of grass seeds hiding in the dogs' coats. It is very important that owners are aware of these small seeds to avoid causing your dog a lot of pain and a potential trip to the

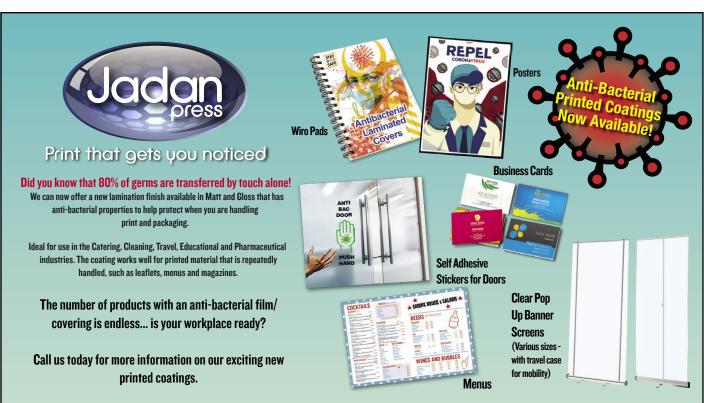
The seed is quite small and brushes into the dogs' coats from grass stems. Once attached, they can work their way onto and under the skin, and in some cases they have entered the dogs' lungs.

Places to check after walks are around the eyes, ears, nose, mouth and more commonly feet. Thorough inspection between the toes should be carried out, especially if your dog has hairy

Keep regular grooming appointments to discourage the seeds from burrowing into your dog, which makes feet and ear trimming very important at this time of year.







info@jadan-press.co.uk 01482 610902 www.jadan-press.co.uk Rainbow House, Kimberley Street, Hull, HU3 1HH











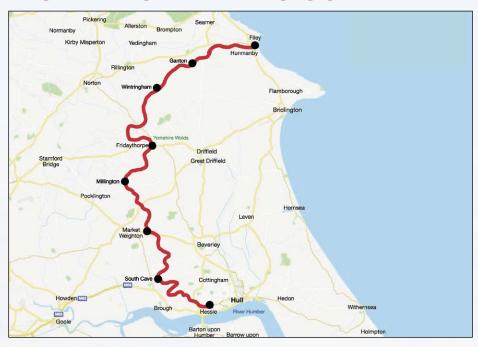






BROCHURES LEAFLETS BUSINESS CARDS POSTERS CALENDARS POP UP BANNERS INVITES PADS

A STRANGE WAY TO COMPLETE THE WOLDS WAY



More assiduous readers might recall that we left our journey along the 79 miles of the glorious Wold Way, at Goodmanham, back in the early spring just as the pandemic struck.

I was then some 24 miles into my trek, aiming to reach the sea at Filey in 4 more days, all to be done and dusted by the end of March. The weather looked set fair, I was reasonably fit, what could stop me?

Some 6 months on after safely restarting in high summer, I finally finished it. It was still to take me the 4 days envisaged, yet it turned into rather more of an adventure than I had bargained for with searing heat, a mosquito infested camp and herds of frisky cows who seemed determined to flatten your narrator.

It is almost impossible to get lost on the Wolds Way as signs are frequent and clear, but even I went twice astray. Once, above Sherburn having to hack through nettles.

Each day's walk should be done in linear fashion. It is possible to use public transport from Beverley, as I did when our family car went to the great scrapyard in the sky just as my walk resumed. The more adventurous can try to complete it over consecutive days, but this may require sleep-outs en route

Day 1. Goodmanham to Millington - 13 miles.

This is a marvellous walk full of natural beauty, tranquility, fine architecture and historic interest. By using EYMS buses from Beverley to Market Weighton and returning from Pocklington, you extend the walk by some 3 miles, while avoiding the need to take 2 cars. Moreover, you get the opportunity to explore 2 fine towns often ignored

by travellers along the busy A1079.

If using cars, begin in the village centre by the church, and if by bus, enjoy a lovely walk along the former Beverley to York railway, passing evocative St. Helen's Well. This will bring you to Goodmanham, a beautiful place of great significance for the birth of Christianity in the north some 14 centuries ago.

Begin just to the rear of All Saints and the Wolds Way descends beneath the former Driffield to Selby railway. It is strange, how, despite being bracketed by 2 lines, Goodmanham had no station. Note the springs bubbling from the trees on your left up the slope - Goodmanam has a long history of spirituality.

The walk over to the main road is pleasant with expansive views. There is a picnic site and snack bar at Towthorpe but nicer spots beckon. Cross the A614 with care, following a clear route to Londesborough, before you arrive in the fine grounds of the former stately home.

These are a privilege to explore, and access to the best parts are welcomed by the owners through a gate in the wall by the church. You enter into a veritable wonderland, and I venture to suggest that the eighteenth century niche here is one of the least known, most beguilling spots in all Yorkshire. I picnicked on the grand steps before discovering in the delightful estate villages that the phone box sold plants. I managed to transport a hellebore home.

Now from Londesborough, take the quiet road towards Burnby, heading over to Nunburnholme on paths after a pleasant mile of tarmac. At the dip in the road, you may enter and roam open access land at dramatic Cleaving Coomb where red kites glide effortlessly on the thermals.

More kites soar above the glorious ancient village of Nunburnholme, which was once the site of a nunnery and still home to the lovely medieval church of St. James, where noted naturalist, Francis Orpen Morris, was rector.

Start to head north over well-wooded ground to cross the B1246. Those who need to return by bus should now go left down to Pocklington just beyond Warrendale farm. You might catch the World Peace Cafe, open 2 pm to 5pm, in the marvellous Buddhist centre at Kilnwick Percy that I had the pleasure of visiting it with a group of smashing Y3 pupils from Beverley St. Mary's School last September. Those with cars, can proceed to Millington by the Way and link path down to the popular cafe and pub.



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Day 2. Millington to Wharram le Street - 14 miles.

This offers even more beautiful countryside to explore. The ridge views over Millington Dale are exceptional and the dry valleys around Huggate and Thixendale remain glorious in all seasons. If you use the bus to Pocklington you will have 2 extra miles to reach the Way at Warrendale. This is a fine walk in itself, with great views back to town and over the Vale of York.

Walkers are welcome in scenic grounds such as the lake, church and mansion at Kilnwick Percy. It is generally easy walking from Warrendale to Huggate with just 2 deep valleys to negotiate. Above the aptly named Sylvan Dale, I was again thrilled by the soaring kites.

On the northern side, I met my first herd of cows who thankfully were not too concerned by me, but nonetheless I always give them a wide berth and have my trek stick poised for defence! Sadly, there have been a number of cases of people being injured or worse by herds, so like Falstaff, 'discretion is the better part of valour'.

Just off route as you approach Huggate, you will find the extensive prehistoric earthworks of Huggate Dikes. Try yourself to discern why they were constructed as nobody knows. The Way avoids the centre of the village, but it is an easy stroll up to the fine pub, handsome church and farm cafe.

The Way now heads north to Fridaythorpe, passing through splendid Horse Dale and up Holm Dale. At the rim of the former sits one of the poetry benches that dot the Way. Previously, you could leave your own verse in a book but sadly this seems no more. It is a pity as I was going leave these lines...

Leaving the tides of Humber Where Marvell once complained That early March Few could have foreseen My walk of 6 days Over rippling Wolds Just as Andrew Was left, eager but frustrated By his Coy Mistress For 6 long months So too, was I By Covid-19.

Fortuitous, maybe, that the book has gone!

Fridaythorpe is blessed with a shop at the garage, which was ideally located as buying water on a scorching day in early August was vital for me. I had a picnic on the fine village green and enjoyed the exterior of beautiful, rustic St. Mary's. Now follow a rollercoaster 3 miles to Thixendale through typical high Wolds country. I was feeling smug that hot day, having walked so far, when a former teaching colle ague, Peter Cork, shot past me - he was running much of the Way!

Thixendale is rightly seen by many as the most delectable village in the region, being surrounded by numerous (perhaps sixteen) dry valleys, a

great pub, and a shop that seems frozen in time. The path over to Wharram rises steeply from the village. In the cooling breezes of early evening I watched more kites, and more perturbingly, more frisky cows.

The evocative deserted village site of Wharram Percy was not directly on the Way, but now it is a designated, highly recommended, alternative loop. The ruined church and outlines of former homes, are very striking. Here, I had my most frightening encounter with cows, this time only a nifty sprint along a hedge saved me from a group of seemingly aggressive ones.

The Way takes you through Wharram le Street, and for those church lovers, you should not miss the fantastic Saxon tower of another St. Mary. At the day's end, either a car awaits you or you can walk to nearby North Grimston for the evening bus to Malton with trains back to Beverley. Or you might prefer a secluded camping spot, as I did. A glorious place to spend a warm summer's night, and the only drawback - ravenous mosquitos. One week on and I am still covered in painful bites.



Day 3. Wharram le Street to Sherburn - 14 miles.

This is perhaps the least frequented stage of the whole Way, with fabulous views throughout. Leave Wharram by the chalk lane that heads toward Duggleby, then following paths through the wooded Settrington estate. You will see fantastic panoramas over the Derwent Valley.

The route continues to Winteringham, where a sparkling chalk stream provides a great place for cooling off and having a little wash. The Way wends past the superb church run by the commendable National Churches Trust. The route rises through a steep incline to reach the scarp ridge, running 6 miles to Sherburn, with extensive views over the Vale of Pickering.

I had hoped to make Filey in a day from here, but 82°F put pay to that. So I was doubly relieved at Sherburn, buying much water and taking the bus to Seamer to connect with the train back to Beverley. Sherburn has shops, pub and cafe - and that precious regular bus service.

Day 4. Sherburn to Filey Brigg - 18 Miles.

A lengthy final stage, yet my feet were propelled by the tang of the sea and journey's end. Using the train to Seamer and bus back to Sherburn, a week later I was back on track. Rising steeply from the village, the Way tracks along the scarp through woods and fields.



Ganton came as a surprise, a fine village set back from the A64. I was delighted as the vicar let me have a quick look around impressive St. Nicholas, my first rural church visit this year.

Passing eerie RAF Staxton, the walk becomes very scenic with long, sweeping dry valleys. I lunched above delectable Cotton Dale. Stocking Dale is especially attractive; this late summer it was bramble-choked and poppy-splashed just like a Monet painting. The whole route is bursting with juicy blackberries. I have relished them since boyhood and devoured pounds along the Way.

Arriving at attractive Muston, you must walk alongside the busy A1039 before taking the path over to Filey. When you pass the train station and head down to the Cobble Landing, you will finally reach the sea.

The Wolds Way officially ends where the Cleveland Way begins, on the cliffs to the north and looking down on the drama of Filey Brigg. I wanted to mark my journey by scrambling to its end, but sadly a high tide prevented this - I will thus be back!

And so, this oddest of journeys, in this most troubled of years, was over. I have sweet recollections of the beauties and tranquility along the route that will last a long time... as will the more troubling ones of bovine encounters! Do go soon and have your own adventures.



Stay Safe, Be Healthy, Keep Walking. Ian Richardson

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INTERVIEW WITH MICHAEL MENZIES-BAIRD FROM GUNNERCOOKE

Have you always wanted to practice Law?

I left school with very few qualifications but have never been out of work. When I was 16 I worked for Willingham's car dismantlers near Hedon, working there until I was 18. I got itchy feet and wanted more, so I joined HM Armed Forces and remained in the Army for 15 years, one of my specialisms being a Bomb Disposal Engineer. When my children were nearing school age, we didn't want them jumping schools every few years so I left in 1993. I decided I would become a solicitor but knew that would take me 7 years of study and eventually qualified in 2000 in London.

How long have you practiced Law in Beverley?

I have lived in Beverley since I left the Armed Forces. I commuted to London for 2 years every weekend, and then for 15 years to York until 2015 when I provided consultancy services to Coles solicitors. I joined gunnercooke LLP in March 2020. gunnercooke LLP was set up as a remote working model that allows lawyers to have greater control over their working life. Though many partners in the firm do work remotely, we are by no means a 'virtual' law firm and take every opportunity to network with fellow partners internally. We have offices in London, Manchester and Leeds where we can meet clients and work in an office environment if we wish - I work between home in Beverley and the Manchester office.

Why did you choose to work in Beverley?

Having lived here since 1993 you'd have to drag me out of the town kicking an screaming! It's such a amazing town to live and work, and it has everything we need as a family like shops, restaurants, pubs and entertainment venues.

What is your area of specialism?

I am a general commercial litigation partner who undertakes Employment Law, Land Disputes including landlord and tenant, Probate Disputes, Commercial Debt, Contract Law and most litigation issues.

Why the move to gunnercooke?

gunnercooke LLP is a national, full-service law firm with connections worldwide, has offices in Manchester, Leeds and London, and has a vast array of partners who cover most areas of law. The vast amount of





specialisms within the firm is extremely helpful to both me and my clients - if I can't help them on a matter, there's always someone that can.

What is gunnercooke's USP?

gunnercooke is a senior-partner only law firm. Every partner in the firm has at least 10,000 hours of practicing experience and are an expert in their area of law. Excellent client service is at the forefront of everything we do, and as a firm we are proud to maintain a Net Promoter Score of +87 against a legal industry average of +19.

How do you engage with the local community?

I am very keen to promote Beverley and the East Riding and do so wherever and whenever it's possible through clients, social media: @minguslaw on Twitter. Moreover I am the Chair of Ssafa, the Armed Forces Charity for the East Yorkshire and I am very keen that we continue to look after our serving forces personnel, reserves, and all and each veteran in need from the cradle to the grave if necessary. We have an enormous military contingent whether full-time, reserves or veterans in East Yorkshire which our caseworkers cover the whole area, so if anyone is in need please do contact **01964 552837**.

How do you see the future for you and gunnercooke in Beverley?

The future of gunnercooke is very bright. It's an amazing firm who look after its clients and partners exceptionally well and the array of work the firm undertakes is likewise significant, meaning that my clients can be looked after within the same firm.

What are your plans for the next 5 years?

I plan to expand my work with gunnercooke and the five other partners local to Beverley, and of course to continue promoting our wonderful Beverley town.



WELL I NEVER... WITH NATHAN WILSON OF WILSONS WHEELS

1. Do you consider yourself an introvert or an extrovert?

Extrovert.

2. What's the craziest thing you have ever

Ride down a mtb world cup course on a hardtail.

3. When was your biggest adrenaline rush? The birth of my daughter.

4. Is what you are doing now, what you always wanted to do when you were growing up?

No.

5. Who were you closest to when you were growing up?

My grandad.

6. Who is the one person you can talk to about anything?

My best mate.

7. What are you most thankful for? Healthy family.

8. What's on your bucket list for this year? 24 hour race in Scotland (early January 2021).

9. If a genie granted 3 wishes, what would

you wish for?

A time machine, an adequate amount of money, rid the world of pollution.

10. What's your idea of a perfect vacation? Cycling in any European country.

11. What do you think about when you are by vourself?

My next meal.

12. Do you judge a book by its cover?

13. What's your favourite all-time movie and why?

Green Mile, power of forgiveness.

14. What would you do differently if you had the opportunity again?

Travel more when I had less responsibilities.

15. What would you change in Beverley and

Less housing estates being built as they are swamping the town.

16. What was your most memorable birthday?

30th

17. What's your favourite drink, alcoholic or



non-alcoholic? Cider.

18. What's your biggest achievement sporting, hobby or past-time?

Being East Yorkshire road race champion.

19. How would you describe yourself in one sentence?

A big hairy goofball who is ok at cycling.

20. What would you like to see change to help / benefit cyclists?

Definitely the same road rules as Belgium and Netherlands where the cyclist is protected by

I suppose one of the things which makes farming so interesting, and yet so frustrating, is the different seasons and what each season

As a lad, I remember each year was pretty much the same. We had the wet times, the sunny times when they were due, lots of frost and snow, but very seldom the mish-mash of seasons we are now experiencing today.

The more advanced we seem to be with modern machinery, seed varieties, fertiliser, sprays and indeed the variety of crops we now grow, we seem to have more problems than ever before.

Until this season, I have never failed to have the winter wheat drilled in the autumn, but because of the incessant rain and no frosts it wasn't done until early February this year. We were told February would still be okay, but even then I only got half of it in



It was okay to a degree, but we had more rain than ever before at the wrong time followed by what was an almost drought, so the results are going to be mediocre yield wise (I know, moaning farmer)!

On reflection I should have kept all the seed in the shed to use this autumn and left the land fallow until the spring.

I have had the remaining seed tested for germination and it has come out at 90 percent, so I will need to increase the seed rate this autumn if we have the right conditions.



This year I have 40 acres of spring barley which I have not grown for 30 years or so, plus 25 acres of Linseed which currently is flowering and looks a lovely blue colour, so I hope it yields at least a ton per acre.

The barley will not be record-breaking crop yieldwise as it varies a bit, but there will be some good and some not so good. I have had a problem with



Wild Oats in one particular field, which despite having been sprayed off, a second crop appeared and we cannot spray twice. That means pulling them by hand and each year the whole farm is walked to ensure a clean farm, but Wild Oats are a menace. They grow above the crop, shed their grain before the host crop they are in and seem to be able to live in the ground for years.

The oil seed rape which I grow usually yields just over 1.5 tons per acre. This year it is 18cwts, which will not cover costs by a long way.

Pigeons, flea beetle and slugs seemed to flourish this year and despite all treatments, it has become a disaster as a lot of the crop was devastated, which means weeds can creep in and cover the devastated area.

Consequently, I have decided that enough is enough, so no more rapeseed!



BEST SEEN IN THEIR NATURAL HABITAT - A PROSE POEM BY NICK ALLEN

poet and painter eating fish and chips on Filey front wearing gloves in the car with the heater on gulls and returning gannets arc and call filling the January air at Bempton or roost on the old chalk cliffs watchful of the seas hollows waiting for chances earlier at Harewood great kites skimmed raking eyes along the vulnerable edge between trees and field a wake of them rise ash black against the early morning blue sky and five times no less along our route the soft-throated beauty of the hovering kestrel beating against the sunset making etchings of hedges we hurry westwards leaving Brid behind

the gliding muscled arc that is the racing hare contrasts with the heavy turmoil left by the plough a flat field appearing empty at first hosts a small herd of white-rumped female deer they mill and tense before springing towards the east elastic shadows trailing loose in Beverley we meet another painter lurking in a different gallery we three exit and turn the corner into Nellies where the daylight has gone unwashed for two hundred years in a nicotine corner on an unsteady bench before an unsteady table on paving flags rutted by ages of feet collecting their round from the bar the conversation turns to all the things we would change

Nick Allen has published a collection of poetry about West Yorkshire, "the riding", and a collaboration with artist Myles Linley looking at the land along the banks of the Humber, called "between two rivers."

He talks to poets in the back rooms of pubs and sometimes feels enlightened.

The short story, Ralphie by Clint Wastling, which featured last month (Issue 67, Page 18) is now available to listen to online at www.bbc.co.uk/sounds/play/p08nzb95.

This is the narrated version for BBC Radio Leeds.



POEM BY JONATHAN **HUMBLE - LITTLE ROWAN**

Should I worry, little rowan, of the dark the solstice brings?

Is my gratitude a weight and do you fret, you faerie tree?

Born of lightning, a cracked erratic shocked to life, you stand with flights of leaves emerging from the eagle's gift of feathers, shooting wings of green from a cold stone cleft.

Are you sad when spring blossoms, dancing on your runes of wood, become stained with blood ordained by ancient gods?

Do your black stars offer protection under this Samhain moonlight, as the veil thins and we wait for our visitors to arrive?

Are you ready, little rowan?

Originally from the Port of Goole, Jonathan Humble's poems have appeared in a number of anthologies and

other publications online and in print. A collection of his light poetry (My Camel's Name Is Brian) was published in 2015 by TMB Books. A new collection of his work (Fledge) was published by Maytree Press in the summer of 2020



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Y BUCKET LIST - OLIVIA

The list really could go on. You know the saying "think before you act"? Well when I get excited about something I sometimes have a tendency to do the opposite. So for me the daftest thing that springs to mind is when I went cliff jumping 30 foot off a waterfall in Pennsylvania, USA.

Most of my friends had done it and managed to climb back up on the rocks, so it looked easy. Only when I did it, I jumped too far. I got taken away by the current from the waterfall and was stuck in the water for a couple of hours.



Fortunately I wasn't alone for too long, a couple of friends jumped in to save me, and then we ended up using the wet rocks on the side to claw our way back to a point at the bottom of the waterfall where we could climb back up. Very daft, very scary, but thrilling all the same... Plus I got an awesome photo

Have you got an idea of what is on your bucket list... send your story to info@justbeverley.co.uk with the subject title of Bucket List and let us know



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CLASSIC CARS WITH CARFAN THE ROVER 80

The subject of this month's issue is the Rover 80 - a very solid car indeed, with the featured example being manufactured in 1960.

It has been in the current owner's possession for over 30 years but has only been on the road for the last two.

This car is a credit to its owner, if only for the lengths that he has gone to make it the splendid specimen that it is today. For example: the hub caps are kept in oily rags to preserve them and a Rover 105 was purchased as

that was the only way he could get the rear bumper. Only an aficionado would be able to spot the difference, if at all. Most of us would have drawn the line well before this but the result speaks for itself.



Launched in 1959 and replacing the P4 60 model,

it uses a land rover derived 4 cylinder petrol engine, with only 5900 cars being made between 1959 and 1963, it is highly unlikely that you will see another one of this type on the road today.

The car was undersealed from new and this, together with a very low mileage of 47,000 showing on the odometer, has surely contributed to its longevity. The leather interior trim is original, the rush green exterior has been understandably resprayed, a new brake servo has been added, as have new hoses and it has been treated to re-chromed bumpers.

You will struggle to find many of these for sale, but Carfan did manage to find a very good example for £6500, so good luck with that, should you wish to get into the select band of Rover 80 ownership. This beautiful example only does about 300 miles a year and if you should happen to see it pootling along, do not forget that cheery Carfan wave!



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PRACTICAL MOTORING WITH RICH HAYES - WHY YOUR CAR NEEDS REGULAR SERVICING STARTING THIS AUTUMN

We've blinked and now it's September! Now the nights will be starting to pull in as we enter into the autumn months, it is just as important to ensure your car is fit for the roads with regular servicing.



Regular car servicing has many benefits, and while it is not mandatory like an MOT test or road tax renewal, it remains highly recommended by car manufacturers across the world. Here's why:

Reduces the chance of a break down

Ensuring your oil, fluid and coolant levels are all sufficiently topped up means your engine is less prone to failing, which will reduce your cars chances of having a breakdown at the most inconvenient time. But, if you don't regularly have your car serviced, it's always worth keeping a breakdown kit in your boot just in case!

Extends the life of your car

Regular servicing will keep your car's oil and fluid levels topped up, meaning your engine components will keep working correctly for a longer period. This minimises your car's damage and deterioration over time, and can prolong its life.

Better fuel economy

By looking at it as a greater long term investment, regular car servicing comes as no extra cost. In fact, it is actually more likely to save you money in the long run and prevent a 10% fall in fuel economy. Issues such as under-inflated tyres and poor wheel alignment will be addressed before they become an expensive problem that needs fixing urgently.

Maintains your car's value

Having a regular service with a reputable garage (that's us!), shows that your car has consistently been taken care of, and when the time comes to sell it it could help you get a higher price.

To arrange your car servicing in Beverley for any make and model of car, give Beverley Motor Works a call on **01482 429350** or book it online at **www.beverleymotorworks.co.uk**



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Answers on Page 25.

WHERE IN BEVERLEY?

Where in Beverley would you find this landmark?

Answer on Page 25.







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WILSONS WHEELS CELEBRATE 10 YEARS IN ITS

HISTORIC PROPERTY

Beverley based bike shop Wilsons Wheels is celebrating a successful 10 years in business on the Grovehill Road, Beverley.

Current owners Nathan Wilson and Dave Shackleton took over ownership of Wilsons Wheels, previously named Jubilee Wheels, in 2010 and have continued to provide Beverley with a strong ethos offering economical repairs and new bikes.

The business was built around sharing a personal experience with people, and committing the brand to exceptional service and working together in a community. It has a fully equipped workshop that offers a same day repair service and on the spot repairs for small jobs such as punctures. Due to having no set prices for each individual job, the customer only pays for the time it takes to complete the repair.



The shop is an Aladdin's cave, with over 100 bikes in stock ranging from hybrid, town, mountain and road bikes as well as a full selection of all sized children's bikes. It also has new Raleigh bikes in stock and offers a number of second hand bikes for sale.

Nathan and Dave have over 25 years' experience in the cycle trade and can advise customers about all aspects of cycling, with

specialist knowledge in road bikes. Both have a personal passion for cycling, and became good friends while racing for Cottingham Coureurs Racing Team competing in road events at a local and national level.

Prior to Wilsons Wheels opening in 2010, Nathan and Dave had talked about opening up a bike shop ever since racing brought them together.

They knew with their personal insider knowledge that helping people by repairing and selling bikes was their calling, and when the property on Grovehill Road became available they took their opportunity.

Nathan and Dave's big break came a number of years ago when they became the first sellers in the area of Cube, an internationally renowned German bicycle manufacturer.

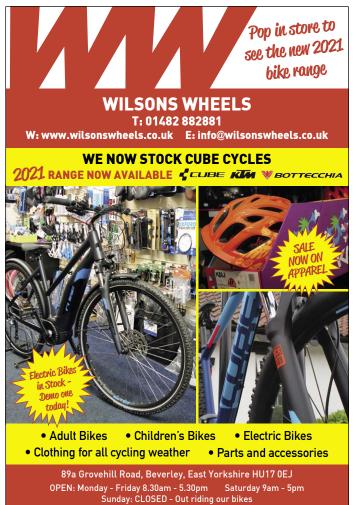




The Cube brand and product range consists of various types of mountain bike, road bikes, cyclo-cross bikes, triathlon bikes, e-bikes as well as trekking bikes and children's bikes, and were a fixture of the 2017 Tour de France with team Wanty-Groupe Gobert. The introduction of the Cube product range has helped Wilsons Wheels move towards the next level

Wilsons Wheels are not only celebrating 10 years in business, but celebrating the property itself which is steeped in rich history as perhaps one of the oldest cycle shops around. The property of Wilsons Wheels has been a cycle shop for circa 100 years, dating back to around 1920s when it was first established as Boswell's Best Bikes.

Thoughts are now focused on the next 10 years, and Wilsons Wheels is looking to expand and develop into other markets to become an even bigger brand.



WHITE RABBIT CHOCOLATIERS -DOES IT HELP OUT TO EAT OUT?

Attention all bargain hunters! The craziest scheme I have ever known has been running thoughout this month; half price (up to £10 per person) on all food and drink (except alcohol) all day Monday -Wednesday (only if you're sitting in), at participating venues.

At first this sounds too good to be true; surely no one near me will be participating, or there will be some other caveat that makes me exempt. But as the list of names of participating venues grew on the Government official website, it became obvious a silly season was upon us!

Whatever your politics there is a reason this hair-brained scheme was drawn up for the Summer holidays. It wasn't a reward for all that social distancing earlier in the year, and it certainly wasn't additional measures to prevent the spread of covid!

What it was, however, was a real and much needed lifeline for the highstreet, and especially restaurants and cafes that have had to reduce seating and whose bosses are sat there literally wondering how on earth their business can survive.

Honestly, before August none of us knew what Eat Out to Help Out would really do. There were many predictions. Some people thought that the fear of covid would be too great, that literally giving people money would not be enough to re-invigorate the hospitality sector of the UK. I had an inkling though.

As a business, we have ran deals on Groupon before, and for those unfamiliar with the service Groupon is a bit like Eat Out to Help Out, but on one specific deal for one specific establishment at a time. This gave me a clue as to how many people out there love a bargain. So much so we changed our opening times for this August so we were open every Monday, Tuesday and Wednesday to make the most of the discount

The morning of the 3rd August started like most other Mondays. We hadn't been open on a Monday since lockdown in March, so footfall was quiet and those that did come in was just passing on the off-chance. At lunchtime I took a walk around town, surely my intuition couldn't have been so wrong? As I hit Toll Gavel I could feel something different. I had gotten guite used to the guiet streets, empty lanes and silent socially distanced queues outside shops. Today it was not that.

Outside seating areas were full to their new capacities and although the throngs of 2019 or earlier had not quite returned it was a step-change from the day before. By the afternoon my establishment was full and we were turning people away, which is a problem for a businessman, but a nice problem to have (for the first time in months!).

Even at the end of the first week I don't think the penny had quite dropped yet. We could tell once everywhere was full because the phone started ringing. I now run a small 13 seat café, as you can imagine we don't get bookings too often.

But Week 2 was fully booked already, and the phone never stopped. It was about that point people started to get frustrated.

Why do we have no spaces left, why can we not squeeze in a family of 10, and how could we have ran out of ice cream?! But as I said, these are good problems to have, and is proof to me that Eat Out to Help Out has done what it set out to do.

Of course, people have been looking out for the unforeseen consequences. Running such a mad deal at the beginning of the week, what will that do to the rest of the week? With people spending on eating out, will there be any money left over for retail, or any of the other industries that have been crippled by restrictions?

For us, and I know many others, the other impacts have been minimal, with Thursday-Sunday running pretty much the same in August as it did in July. It will be interesting to find out how everyone else has fared, but it seems to me that, without any major surges of cases, confidence is up, and the high-street is still recovering.

Now we are coming to the close of the scheme and it does feel like a bit of fatigue is starting to set in. Eat Out To Help Out seems to have become the deal of 50% more rather than 50% off.



and I think some people might have over-done it a little!

What is important is that the optimism and buzz this deal has generated continues, and that people keep helping out even as we move into September, as the nights start to draw in and the kid's go back to school.

We are walking the road of recovery, but it is a long road. Eat Out to Help Out may have given us a much needed boost, but we need to keep pushing, and to keep walking that road.

Silly season might be over, but the hard times certainly are not. But I will end with saying a big Thank You to everyone that has eaten out this August, it really has helped!

Ed Hawkes, White Rabbit Chocolatiers.



SPORTSABILITY SWIM SCHOOL - INCLUSIVE SWIM LESSONS FOR CHILDREN AND ADU

The year of 2020 has been an unusual year to say the very least for everybody, our lives have changed beyond all recognition. The activities we have always taken for granted were taken away from us.

It's the year of change. New procedures and new regulations are part of our daily life as we try to bring back the activities that we not only love but provide us with important life skills.

Sportsability Swim School have risen to the challenge and have now returned to swim lessons but not without undertaking stringent measures to ensure the safety of all their swimmers, parents/ guardians and staff.

Following all guidance provided by the Government and Governing Bodies, a new system has been tried and tested and is now in place.

Suzanne, Swim School Owner and Teacher explains "Swimming lessons provide us with essential life skills but they have to encompass the fun element too. It was really important to me to ensure they continued to provide the fun filled learning environment whilst ensuring safety for all was at the forefront of the agenda when returning to lessons."

The walkthrough video of how their lessons now look was posted out to all our parents/guardians and adult swimmers and is available to watch on the Facebook page @SportsabilitySwim.

Suzanne and her team have gone to great lengths to reduce any anxieties that may be felt and allow everyone to fully understand what is expected when arriving at poolside.

Suzanne tells us "Our main objective was to ensure that everyone felt comfortable and safe whilst observing our "new normal". The more we know, the better prepared we all are for change!"



"We have an amazing team of swim staff, who are all Covid 19 trained. We've worked together to develop fun and engaging lessons in this new world. We all practised the "new normal", tweeking it where we needed to and are now all fully trained in the best practice following all the



regulations set out for us. We are really proud of the safe environment we are able to offer. We can honestly say that we feel that our pool really is a great and safe place to be and does incorporate all the guidance that has been given to us".

The hard work has been recognised from parents and guardians with some fabulous feedback.

One Dad sent a message: "Just wanted to say how well organised and safe that session was. It's not easy opening back up but Darcey loved it. Thank vou."

Suzanne and her team are working hard to ensure the safety of all whist bringing back a fun activity that so many have missed and tells how grateful she is that the hard work has paid off with everyone feeling safe, secure and happy.

Suzanne welcome new enquiries as the programme expands not only at the Dunswell venue but at the Mercure Hotel too, which can accommodate more advanced swimmers due to the pool size.





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SEN Specialists

EPTEMBER: THE MONTH OF C

Summer has flown by and all of a sudden we have reached September! From the start of a new school term to the beginning of autumn, September symbolises new beginnings, but it is also filled with interesting history and traditions.

The word "September" comes from the Latin "septem", meaning "seven", which may strike you as odd seeing as September is the ninth month of the year. This is because in the oldest known Roman calendar dating back to 750 BC. the original Calendar of Romulus, there were only 10 months. The year started with March (Latin Martius), until a calendar reform added January, February and an extra day.

During the reign of Charlemagne, the Emperor of the Romans, came Charlemagne's calendar where September was called the "harvest month".



in the farming calendar; harvest season when crops are harvested for food and animal feed.

The word 'harvest' comes from the Old English word 'hærfest' meaning 'autumn', named appropriately after the season for gathering the food of the land. With it, comes the harvest moon, traditionally celebrated on the Sunday closest to the autumn equinox. This year that will occur on Wednesday, September 2, at 1:22 AM ET, and is also referred to as the Full Corn Moon.



There are just a little over 12 complete Moon cycles every year, on average, but what sets the Harvest Moon apart from other full Moon names is that it's not associated with a specific month as the others are. Instead, the Harvest Moon relates to the timing of the autumnal equinox and depends



on how the lunar cycle lines up with the Gregorian calendar.

Usually falling towards the end of September, or occasionally in early October, the harvest festival is perhaps the closest thing we have to the UK version of thanksgiving.

Back in the day, harvest became such a crucial time on the calendar because a prosperous harvest ensured an entire community would be fed throughout the bitter and potentially barren winter months. Then after a successful harvest came the celebration.

Ancient traditions over the celebration of harvest varied across the country, but usually consisted of some form of a harvest supper shared by farmers and followed by dancing and merry-making. The end of harvest was signified by St Michael's Mass on the 29th September.

Whether it's World Elephant Day, National Tell A Joke Day or National Hugging Day, it always seems the internet is celebrating a hashtag holiday every day. The chances are, you won't know about most of the hashtags holidays because they can be so obscure. See #DenimDay.

However, there are hundreds of hashtag holidays being created online globally and nationally every month, and we thought we'd check out what September has to celebrate.

4 September - National Wildlife Day

A day that encourages increased and improved awareness of the species around us and in the broader world. This nationally celebrated day focuses on endangered species, preservation, and conservation efforts around the world.

5 September - World Beard Day

Whether scruffy or carefully groomed, bearded communities are encouraged to acknowledge this sacred day across the world. Wondering how to celebrate? Well drop your razor, proudly show off your beard and use #WorldBeardDay to share on social media. Oh and don't shave, on such a day it is highly disrespectful!

12 September - National Day of Encouragement

Mainly celebrated in America, this day is dedicated to uplifting the people around us we care about and making a positive impact. Why not bring

it to your close circle? Do you have any family members or friends you could send a message of encouragement to? Offering encouragement to someone is free, and even a reassuring word to a stranger may make a difference in their lives.

19 September - International Talk Like A Pirate

Created in 1995, Talk Like A Pirate Day was something of a parody holiday, but an observer of this holiday will greet friends with "Ahoy, maties!" or "Ahoy, me hearties!" as opposed to "Hello everyone!" The history of how the day began makes for an interesting read, so have a read at www.talklikeapirate.com if you have the chance.

22 September - Hobbit Day

Hobbit Day is the perfect day to introduce or reacquaint yourself with all of Tolkien's classic books and films. Whether you are new to the world of Bilbo and Frodo Baggins or want to relive it once again, prepare yourself for the most epic 19-hour movie marathon of all time (with the extended versions, of course).

30 September - International Podcast Day

A day for connecting with fellow podcast listeners, podcasters and audio enthusiasts, so spread the word by telling your friends, sharing the celebration on your podcasts and social media feeds, and using #InternationalPodcastDay. Not a podcast listener? Why not browse for a new show and learn about something new.



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BURTON ELECTRICAL SOLUTIONS - AUTUMN CHECKS!

As we enter into the autumn months, it is important to perform safety checks on our appliances to avoid dangerous situations.

Unfortunately, home fires are an all-too-common occurrence and in many cases the main cause is an electrical failure or improper usage of an appliance. Take appropriate steps to prevent these dangers, such as checking all appliances, plugs and sockets for poor electrical conditions and loose wires.

Another way to stay safe and avoid improper usage of appliances is by installing an outdoor socket. Plugging an appliance into an indoor socket with the flex poking through



an open or closed window is far from ideal creating a waste of energy and a nasty draft. What's more, it can be dangerous! For example, if the flex isn't weatherproof it can lead to further, more dangerous problems involving electricity and water.

Installing an outdoor socket that sits in a weatherproof box and is RCD protected is the safest and precautionary way to prepare for the nights pulling in. You'll still feel a warm glow and be safe going into the winter.

September is the month when the garden definitely takes on an autumnal feel, brightness of colour is found from a few old favourites: Asters; Dahlias; Chrysanthemums, and my favourites Sedums, Rudbeckia and Ornamental grasses.

If like me over the last six months you have spent more time than normal in the garden, you may have decided to make some changes or take on a project. Amongst my projects are: get a few more water butts and harvest rainwater, and move some plants to different positions in the borders (I'll do this towards the end of September/early October).

Tasks for September...

Tasks in September are all about starting to gear up for a change in season and getting prepared for the months to come.

- Borders continue to dead head flowers that have faded you are unlikely to encourage any new flowers at this stage of the season, but not having them around will allow those in full flower to be shown off at their best. Start clearing up leaves and debris to prevent disease and pests 'settling in' for the winter.
- Plant prepared bulbs for Christmas flowering Prepared bulbs are simply bulbs that have been put in a cold store and 'duped' into thinking that have had a winter, and when they are planted in the relative warmth in our houses they think it's spring and need to get growing.
- Dead-head roses and if rambler and climbing roses have got a bit out of hand, spend a bit of time pruning and tying them in before the winter.
- Hedges trim them for the last time this season, but don't feed them as this will encourage 'soft' growth. If you're considering planting a new hedge over the coming months prepare the site before the really bad weather sets in and the ground is too wet to work.
- Lawns September is a good month to seed a new lawn, but do so earlier rather than later and reseed any bare patches. Established lawns should be aerated and an autumn weed/feed applied.
- Containers continue watering, feeding and dead heading seasonal plants in containers, if you do so they should last until the first frosts. However, if they are past their best clear them out and replant with spring bedding plants and under plant with bulbs.
- Bulbs buy and plant your spring flowering bulbs. If you are planning on forcing hyacinths for Christmas then this month is your last chance to do so.
- Ponds continue to feed fish and thin out any pond and marginal plants that have become congested (or started to take over the pond). Lift the plants and leave them on the side of the pond for a few days before removing them completely - this will enable any pond life to safely make their way back into the pond. Cover the pond with netting BEFORE the leaves start to seriously fall.

Well, that's all folks - I for one hope we have an 'Indian Summer' this September.

So until October, happy gardening, J. Jane Dale of 'Designed Gardens'. Tel: 07983 392 411.





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