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ISSUE 98

BEVERLEY

IT'S YOUR MAGAZINE



The
Fergusson
Fawsitt

THE FERGUSON FAWSITT SPRING INTO YEAR TWO

NEWS, WHAT'S ON, LIFESTYLE, FEATURES, PUZZLES, PHOTOS & MORE

New Minimum Wage Rates to take effect from 1st April 2023 **Are you prepared?**



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6/7 FERGUSON FAWSITT - 1ST ANNIVERSARY



4 GRACE EVA CAKES



5 ARMED FORCES DAY



16 LOOK NATURAL AESTHETICS



19 EARTHQUAKE APPEAL



26 IN MEMORY OF CLINT



28 SHANE ANSWERS 23 QUESTIONS



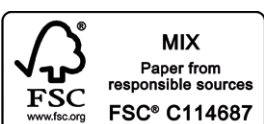
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REMEMBER! If you see examples of anti-social behaviour or other types of low-level crime, do report it to the appropriate authorities. **POLICE - Emergency 999, Non-urgent 101. ANTI-SOCIAL BEHAVIOUR (East Riding of Yorkshire Council) - 01482 393939.**

Magazine available from outlets in Beverley and surrounding areas.

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MARCH LETTER FROM THE EDITORS



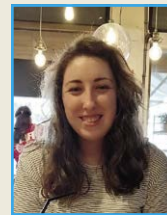
During the month of March we will welcome and celebrate Mother's Day on Sunday 19th March, the start of Spring, along with the clocks going forward.

The first day of Spring in the UK astronomically occurs on the vernal equinox on Monday 20th March 2023, our landscape will begin to change, the colours will start to look brighter and fresher, people will start to enjoy the warmer days and fresh air, longer lighter nights.

The clocks will "Spring forward" on Sunday 26th March 2023 at 1am which means you have 1 hour less in bed. So Spring forward, get up and out and enjoy the months ahead.

Remember - have a great month ahead, send in your stories, photos, good news and have a good time.

Julian.



Happy March readers.

March is a favourite month of mine, celebrating International Women's Day on Wednesday 8th March, where we celebrate women's achievements.

IWD belongs to everyone, everywhere. This year's theme has a Digital for gender equality.

Sunday 19th March is Mother's Day, honouring the mothers of our family and the bonds and influence they have. A date that is important to all of us.

On Sunday 26th March the clocks go forward leading to more daylight and the Spring/Summer ahead, and the smiles that it brings along the way.

As always, stay safe and enjoy the issue.

Olivia.

DON'T FORGET: THE CLOCKS SPRING FORWARD ON SUNDAY MARCH 26TH AT 1AM

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WEDDING CAKE DESIGNER OF THE YEAR 2023

Beverley is blessed with some very creative and talented people, who take their art and passion and turn it into a business: a successful business that wins national awards, putting their business on the map and raising the profile of our Market Town.

Grace Eva Cakes is just one of those businesses, having won the National Final for the Wedding Cake Designer of the Year.

Every year, cake designers from around the country enter The Wedding Industry Awards, and this year Grace Eva Cakes from Beverley entered the Wedding Cake Designer of the Year 2023 Category. And the winner was "Grace Eva Cakes".

Grace entered the regional event in November, was delighted to be chosen as the winner and went onto the National Finals which were held in London on the 25th January 2023. Grace has always had a creative side to her and honed in on the cake design. It was a surprise when she won the Regional, so to go onto the National Awards was a great occasion for Grace, who never even thought of winning, but to just go down to enjoy the experience.



When the announcement was made, Grace could not believe it. She said it was "a dream come true, fantastic, Grace Eva Cakes in the National Final and announced as 'Wedding Cake Designer of the Year'".

Grace mentioned, "After winning the Yorkshire and North East Regional, I was then automatically a National Finalist. The awards were held at The Underglobe (next door to the Globe Theatre) in central London on Wednesday 25th January. What an event. I am absolutely shocked to have won The Wedding Cake Designer of the Year 2023, it is such an honour to have been selected and voted the best. There were over 1300 different entries for all the categories and 900 finalists and 191 winners/national finalists".



A quote from one of Grace's lovely couples: *Grace Eva Cakes are not just delicious, they are a work of art, like an actual hand crafted, meticulously sought after work of art that should be framed! The service is next level and you leave feeling like a friend rather than a client!*

The cake has been sought after by our guests who still ask if we have any left in our freezer (which we do and have been snacking on every month haha) - thank you Grace for all your help bringing our ideas to life! It was perfect!

Another quote: *Our wedding cake made by Grace was everything we dreamed of and more!*



I knew for years that I wanted Grace to make our wedding cake. The look, the flavours, just everything was perfect. We had so many guests compliment us on how beautiful it was.

Grace herself is lovely - she listens to what you require and produces something amazing, more than I ever imagined! She really is a talented lady! Our sugar flowers looked like real flowers - so much so I've kept them in a vase since the wedding day!

As we move on into Spring and Summer and as couples look to build lives together, it is truly inspirational to know that with the backing and support of local small businesses to have a big impact, to make things happen.

Wedding couples and their guests, look at the centre piece as "The Cake is Cut", from design to taste, everything produced by Grace Eva Cakes, as that stamp of approval "Wedding Cake Designer of the Year", marking an inspirational start to peoples lives together.

Grace Eva Cakes - tiers of joy, creativity and flavours to experience.

Email: grace@graceevacakes.co.uk
Website: www.graceevacakes.co.uk
26a North Bar Without, Beverley, HU17 7AB.

HOUSE OF BEVERLEY - HOBBS CREATING ATMOSPHERE AND COCKTAILS

HOBs was created by 2 friends (Josh and Joe), who felt Beverley was missing something when it comes to mixing an atmosphere and beverages.

Josh said, "We wanted to bring to our town local, fresh produce and encourage this over packet/ pre batched drinks. This helps support our town and the independent businesses in it and reduces waste. We love our town and the people in it and feel we're very lucky to have amazing restaurants/ coffee shops that it has to offer, but felt like there isn't really anywhere to go with a 'high end, easy going designated cocktail bar' that catered to classics/bespoke drinkers".

Following a few brainstorming sessions Josh and Joe created HOBs, Beverley's only designated

cocktail bar with award winning bartenders that have worked all over the world!

Joe went on to say, "Creating a menu is always a mixture of hard work and fun. At HOBs the menu is designed around the season's and the classics that our customers love. We wanted to educate customers about drinks quality and how mixing the right ingredients together can really change the dynamics of a drink".

HOBs also wanted to build strong relationships with local/independent food vendors, comedians and live acts to bring entertainment to the local area. To top everything off you can also



experience the award winning coffees too!

House of Beverley,
36 Becksides, Beverley, HU17 0PD.
www.facebook.com/hobsbeverley

BEVERLEY ARMED FORCES DAY (SSAFA) - SATURDAY 1ST JULY 2023

Join SSAFA to help celebrate the Armed Forces day and show support for the people who are responsible for defending our country and overseas territories whilst keeping peace and carrying out humanitarian work.

SSAFA would like to invite the whole community to get involved in the day and help make it happen, so if your group, charity or organisation would like a stand or be involved somehow get in touch with SSAFA.

Celebrate with our Military Service at Leconfield Defence School of Transport with music, activities, competitions, stalls and displays on the ground and in the air.

SSAFA would like to remind everyone in the local community, Leconfield will be showcasing an enormous military show, and they would like other organisations to help promote Beverley and the community. This is an Ideal opportunity to reach out to a new audience. It would be great for St John's Ambulance, The Scouts, East Riding Theatre, and Beverley Community Lift to have a presence or actively take part if they wish.



If you know of any local organisations or groups that might want to be part of the day ask them to get in touch.

With a great day in store, show your support for the Armed Forces and SSAFA, the Armed Forces Charity. Put the date in your diary - Saturday 1st July 2023 to visit the barracks at Leconfield to celebrate and enjoy the military bands, vehicles and equipment and of course the displays.

You can be assured that the day will be action packed and will have something for everyone.

Tel: **01964 552837**

Email: eyorks.branch@ssafa.org.uk

Website: www.ssafa.org.uk



BEVERLEY PHOTOGRAPHIC SOCIETY - MARCH'S PROGRAM

Tuesday 7th March at 7pm - Meet at the Rose and Crown, North Bar Without, Beverley. Presentation by Mike Norton, "Scottish Collection."



Monday 13th March at 7.15pm - Millennium competition held at the Bell Hotel, Market Place, Driffield.

Tuesday 14th March at 6.30pm for 7pm - Annual awards dinner at the Ferguson Fawcett, Walkington. Booked members and guests only.

Tuesday 21st March at 7pm - Meet at the Rose and Crown for a presentation by Mike Barnard entitled "Mikes World Through a Lens".

Tuesday 28th March at 7pm - Meet at the Rose and Crown for the AGM.

We welcome all levels of photographers, from beginners to experts, with any type of camera from phone to DSLR and beyond! We enjoy sharing ideas and activities and learning. Browse our site to learn more, and if you like what we're doing please get in touch.

Find us on <https://beverleyphotographic.wixsite.com/club>

<https://www.facebook.com/groups/beverleyphotographyclub>

Or search on Google maps.

BEVERLEY BUILDING SOCIETY RAISES OVER £9,000 FOR CHARITY

Beverley Building Society has raised over £9,000 for its Charity of the Year 2022, the Cherry Tree Community Centre, and helps to support the lives of vulnerable local people!

Giving back to its local community is a priority for The Beverley and the team at the only independent building society in East Yorkshire, raised a total of £9,250 for the Centre last year, through a variety of staff initiatives, plus events and promotions that were widely supported by its members, private individuals and local businesses.



Since 1993 Cherry Tree, which receives 1,000 calls a month from people in urgent need of help, has been a vital lifeline for vulnerable people of all ages across the region.

A wide range of popular services are available, from advice on issues including Money, Housing and Employment, a Community Pantry and Holiday Club, to an Outer School Club and even a Little Gruffalos Pre School Nursery.

Society Director, Karen Wint, who will take over from the current Chair, Stuart Purdy, when he steps down later this month, delivered the presentation cheque to Centre Manager Jo Ramsay, along with some of the team from Beverley Building Society and said: "The Beverley Cherry Tree Community Centre is there for people who are desperately in need of help, for whatever reason and have nowhere else to go.

"All communities need these vital services, and I believe we all have a responsibility to ensure that they are protected for future generations."

Jo concluded: "On behalf of myself and everyone at the Cherry Tree Centre, I'd like to say a huge thank you to both the Society and everyone who has contributed to this Campaign, in whatever way they could throughout 2022. You have helped to change peoples' lives for the better."



ALLEN REFLECTS ON YEAR ON

On the 17th March 2022 Allen Slinger opened the doors to the Ferguson Fawsitt, which answered the question - "Who is taking over The Ferguson Fawsitt?"

It only seems like yesterday when everyone got to experience the changes Allen had made in such a short period of time and the optimism for the year ahead as he looked forward to his first year at the Ferguson Fawsitt.

Allen wanted to build on his reputation of having managed a number of public houses including the Royal Standard and The Tiger Inn. Allen set his heart on transforming the Ferguson Fawsitt in Walkington and to bring it back to become a Community Hub and a place that the locals could be proud.

Allen commented, "I was so excited about taking over the Ferguson Fawsitt, the opportunities it presented to me were endless, it was just a matter of how and when. What I did not expect was all the obstacles that were thrown into the mix, which has been challenging to say the least. But we will continue to get over them and continue to make the Fergie a vibrant Community Hub, offering something for everyone".

Allen took a little time out to reflect on the past 12 months, the changes and to set his stall out for 2023. "Literally".

Allen said, "I knew that the Ferguson Fawsitt was a long term project, what I did not anticipate was the continually rising cost of everything, so the year became a lot more challenging than I had expected.

"Having said that, meeting these challenges head on and with the support of the staff and the local community we are delighted to have got through



the first year and continue with our plans for 2023, the continued expansion and recruiting of experienced staff".

Allen continued, "Supporting local groups has always been a passion of mine, helping where I can and supporting local causes. It has been a pleasure to get behind local teams, groups and good causes such as providing a defibrillator for Beverley Rugby Club, sponsorship of Beverley Ladies and C-Force United who play at Little Weighton, and Mill Lane Juniors (who always come back for a drink and some food).

"There was also the opening the Gallery Cafe and the Event Space following the refurbishment, which also allowed the community hub to take shape entertaining the locals and bringing people into the village from far and wide."

Now on a regular basis and fixed into peoples diaries are the Monday night - Darts Night, 1st

Thursday - Bingo, 1st Friday - Quiz Night, 2nd Friday - Food and Craft Fair with afternoon teas Thursday to Saturday.



The event space is available for private hire, birthday parties, celebrations and music nights. The Food and Craft Fair is now proving to be such a draw to the area, and the fair will continue through 2023. Allen aims to make it a bigger event attracting more stall holders throughout the year. Working with Lisa at The Little Cheese Pantry the Friday Fair is becoming more and more popular.

With his attention to detail Allen regularly invites Mandy the chalk lady to update the interior with her works of art and skill in delivering Allens brief to keep customers up to date with what's on at the Ferguson Fawsitt.

As Allen moves towards his 2nd year at the Fergie, entertainment will continue to grow. Make a note of these dates for the diary:

Friday 17th March, 8pm
Phil Simpson: Acoustic Music with an Irish/Celtic flavour for St Patrick's Night!

Phil Simpson is a popular singer/songwriter now based in East Yorkshire, performing an entertaining mix of original and interpreted material ("the best songs you've not heard for a long time!"), influenced by British and Irish Folk and Roots Americana. Most frequently he is seen playing fiddle and melodeon in folk sessions around the area, or (not seen) behind the scenes in his music industry day job.

Thursday 13th April, 7pm
Track Dogs

Comprised of 2 Irishmen, 1 Englishman and 1 American the band came together in 2011 and are based in Madrid.

You can book online or enquire at the Fergie for more information.

www.fergusonfawsitt.co.uk
Tel: 01482 526317



E AT THE FERGUSON FAWSITT



The
Fergusson
Fawsitt



OPENING HOURS

MON: 19:00 - 23:00

THU - SAT:
12:00 - 23:00

SUN: 12:00 - 22:30

What's on at the Fergie

Monday Night Darts Night - 9pm

1st Thursday of the Month - Bingo from 2pm

1st Friday of the Month - Quiz Night from 8.45pm

2nd Friday of the Month - Food and Craft Fair 10am to 4pm



THURSDAY TO SATURDAY:
AFTERNOON TEA - 12PM to 5PM

www.fergusonfawsitt.co.uk

tel: 01482 526317

*Celebrating our
1st Anniversary on
Friday 17th March*

FOOD HOURS

THU - SAT:
12:00 - 19:30

SUN:
12:00 - 18:00



EVERY THURSDAY

(Doors open 10am)

Join us for a free brew and enjoy some great films on Beverley Parkway's Big Screen. Only £4.50 with drink and biscuits included. Aimed at 55s & over. Films subject to change.

Thursday 2nd March -

Armageddon Time

Starring: Anne Hathaway, Jeremy Strong.

The Old Way

Starring: Nicolas Cage, Clint Howard.

Everything Everywhere All At Once

Starring: Bill Nighy, Aimee Lou Wood.

Thursday 9th March -

Armageddon Time

Starring: Anne Hathaway, Jeremy Strong.

The Menu

Starring: Ralph Fiennes, Anya Taylor-Joy.

Everything Everywhere All At Once

Starring: Michelle Yeoh, Jamie Lee Curtis

Thursday 16th March -

The Menu

Starring: Ralph Fiennes, Anya Taylor-Joy.

Matilda

Starring: Lashana Lynch, Stephen Graham.

Fablemans

Starring: Michelle Williams, Paul Dano.

Thursday 23rd March -

Matilda

Starring: Lashana Lynch, Stephen Graham.

Till

Starring: Danielle Deadwyler, Jalyn Hall.

Fablemans

Starring: Michelle Williams, Paul Dano.

Thursday 30th March -

Till

Starring: Danielle Deadwyler, Jalyn Hall.

I Wanna Dance With Somebody

Starring: Naomi Ackie, Stanley Tucci

Empire of Light

Starring: Olivia Colman, Micheal Ward.

These are the films scheduled to open in March - all are subject to change. Check out up-to-date cinema listings at www.justbeverley.co.uk/cinema-times



Creed 3 3rd March

Starring: Michael B. Jordan,
Tessa Thompson,
Jonathan Majors.



Scream VI 9th March

Starring: Dermot Mulroney,
Courteney Cox,
Hayden Panettiere.



65 10th March

Starring: Adam Driver,
Ariana Greenblatt,
Chloe Coleman.



Champions 10th March

Starring: Woody Harrelson,
Ernie Hudson,
Cheech Marin.



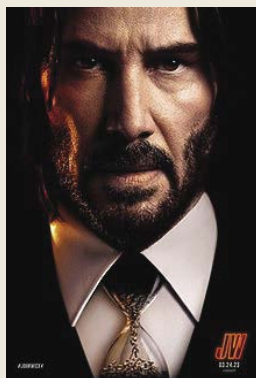
Shazam! Fury of the Gods 17th March

Starring: Asher Angel,
Jack Dylan Grazer,
Zachary Levi.



Allelujah 17th March

Starring: Jennifer Saunders,
Derek Jacobi,
Judi Dench.



John Wick 4 24th March

Starring: Keanu Reeves,
Bill Skarsgård,
Laurence Fishburne.



Dungeons and Dragons Honour Amongst Thieves 31st March

Starring: Chris Pine,
Michelle Rodriguez.



Mummies 31st March

Starring: Joe Thomas,
Eleanor Tomlinson,
Celia Imrie.

YOUR LOCAL INDEPENDENT CINEMA



PARKWAY SENIOR SCREEN GOES FROM TWO TO THREE

Senior screen at Parkway Beverley has always been popular, and the popularity has continued to grow.

General Manager Andrew Cooper pointed out to the staff that the Senior Screen is the most successful senior screen across all of the Parkway sites. In recognition of this, from March, Parkway Cinema Beverley have added a 3rd choice film each week rather than just two. Senior Screen viewers will now have a bigger decision to make - which film this week?



Feedback from the Senior Screen viewers has been fantastic, with comments like, "Not only do you get a free brew with biscuits included, you get to see a great choice of films for £4.50."



Why is the Senior Screen so popular? The Ladies: Judy, Julie and Dianne, with big smiles said "It's all part of the day, friendly people, a good film and a cuppa. We come every Thursday, we don't miss it, all for less than a £5."

Sue and Linda, said "Staff are so friendly, we watch films we wouldn't usually watch and sometimes we win a prize as well."



Stuart and Carrie commented, "It's great that we will have a choice of three films to watch, but Parkway unlike other cinemas are friendly. The staff look after you and the host makes you feel really welcome, she even tells a joke!! It's togetherness, you feel like you belong here, they just look after you."



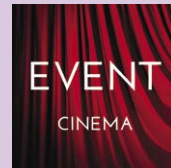
Prue, Dennis, Elspeth and Graham meet on a Thursday and enjoy a catch up. Graham said "Since finishing work we enjoy catching up with friends, having a laugh and watching a film together. Parkway is part of the community."



The Chatty Table: Noreen, Tom, Deirdre and Linda come every Thursday, feel part of the Cinema, part of the community. "It's a great place for people to meet and the Chatty Table is set up so people do not feel alone. Togetherness, the Parkway Way."

Lesley said to Marie "I enjoy coming whether I am on my own or with a friend, when I get here we are all friends, it's the Parkway Community. And I can watch new films, it's great."

Parkway Cinema welcomes people to Senior Screen on Thursdays from 10am when the doors open to be part of the Senior Screen community and if it's your lucky day you may win a prize as well.



Event cinema offers something a little different to mainstream films. Live and pre-recorded shows beamed in via satellite from all over the world. Here are the latest live streams that you can enjoy on the big screen at Parkway Beverley.

**Wednesday 15th March, 7pm &
Sunday 19th March, 2pm -**

Anything Goes - The Musical

When the S.S. American heads out to sea, etiquette and convention head out the portholes as two unlikely pairs set off on the course to true love... proving that sometimes destiny needs a little help from a crew of singing sailors, a comical disguise and some good old-fashioned blackmail.

Saturday 18th March, 4pm -

Met Opera: Lohengrin

Wagner's Lohengrin returns to the Met stage after an absence of 17 years with this atmospheric new staging by Francois Girard.

Wednesday 22nd March, 7.15pm -

Royal Opera: Turandot

Puccini's score is rich in musical marvels (featuring 'Nessun dorma'), while Andrei Serban's production draws on Chinese theatrical tradition to evoke a colourful fantasy tableau of ancient Peking.

Thursday 30th March, 7pm -

NT Live: Life of Pi

Puppetry, magic and storytelling combine in a unique, Olivier Award-winning stage adaptation of the best-selling novel.

Saturday 1st April, 5.30pm -

Met Opera: Falstaff

Baritone Michael Volle stars as the caddish knight Falstaff, gleefully tormented by a trio of clever women who deliver his comeuppance, in Verdi's glorious Shakespearean.

Wednesday 12th April, 7.15pm -

Royal Ballet: Cinderella

A creative team steeped in the magic of theatre, film, dance and opera brings new atmosphere to Cinderella's ethereal world of fairy godmothers, pumpkin carriages, handsome princes and finding true love.

SPRING IS ON THE WAY

Every day gets a little bit brighter, there's a bit more warmth in the air and some stunning sunrises and sunsets over the Westwood.

Spring is on the way and with it, the opportunity to get out and about and see all the delights of spring as the snowdrops and crocuses begin to poke their heads above the soil and the daffodils will be following shortly. Young animals are seen in the fields and there's the scent of spring in the air.

To quote Billy Connolly, "There's no such thing as bad weather - only the wrong clothes"... and it's possibly the best time of the year to get wrapped up and take a walk, raising the endorphin and serotonin levels and getting out in the daylight raising the levels of vitamin D and consequently supporting the immune system.

It's also an ideal time of the year to take a few moments and really be in the "now" and practice a little mindfulness as you walk out into the town. Do you ever stop on your walk across the Westwood or sit on a bench along Toll Gavel and just allow your senses to take in what's happening in each moment with open awareness - noticing what you can smell, hear, see (look up at the buildings) or feel the ground under your feet and the sense of connection?

It can be interesting to notice what we miss as we rush around with a list of actions to be ticked off. Maybe focus on one sense such as smell as you move from the shops and coffee bars, go for a wander though St Mary's Church and then walk up onto the Westwood and notice how the scents of each environment change as you pause to notice.

Astronomical Spring begins on the day of the vernal Equinox around 20th/21st March and this year falls on Monday 20th March 2023 and signals the return of sunshine and warmer temperatures in the Northern Hemisphere. This is both an astronomical event and one marked by the ancients as the time when, in theory, the sun's rays are shared equally in the northern and southern hemispheres and night and day are roughly the same length. Early civilisations found these heavenly happenings a reliable way of keeping track of the seasons.

As we move into the light it becomes more tempting to get outdoors into the sunshine and appreciate not only the health-giving benefits of exercise and fresh air but the opportunity to connect with others which can come from the simplest of gestures - a smile, a compliment or spending time in a café really savouring your favourite drink and watching the world pass by.

It might be time to learn new skills so contact your local Adult Education Centre and see what courses are available, whether it be vocational (such as improving IT skills) or cookery. You may have ambitions to set up your own group in the community - did you know that East Riding Council are opening welcoming places to offer warm social spaces with a range of refreshments and activities: www.eastriding.gov.uk/cost-of-living-help-for-households/helping-communities/

If you've got time to spare you might check out what charities are looking for help and working in the outdoors might be just what you're looking for as the days get warmer with organisations such as Beverley Community Orchard. As you wake up in the morning, it's worth remembering, no matter



what the day brings, the birds always start the day with a song and below is one of my favourite ditties...



*I wish I was a glow worm,
A glow worm's never glum.*

*'Cos how can you be grumpy
When The sun shines out your bum!*

Please don't hesitate to contact me if you're curious about mindfulness. Every Monday evening I run an online mindfulness session free of charge which offers a wonderful opportunity to take time out for yourself. If you'd like to join, drop me a message/e-mail or give me a call and I'll send the zoom link to you. For more information and details on further techniques including hypnotherapy, visit www.francesdunning.com or contact me, Fran Dunning on **07973 819867**.

Tc Patisserie

We are now no longer a café, but still make our own patisseries and Tc Patisserie is now a French food shop to compliment our own products.

We have a daily selection of freshly made croissants, breads and patisseries.

We make reheat at home meals which can be bought over the counter or pre ordered, via our mailing list or messenger.

We can cater for any occasion, buffets, dessert tables or full 3 course meals can be arranged.

We are open Tuesday-Saturday 9am - 4pm.



10 Lairgate, Beverley, HU17 8EE
Tel: 01482 860884

All About You Hypnotherapy

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I've been helping people of all ages increase their levels of confidence and improve their life for over 20 years using hypnotherapy.

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Victoria Dock, Hull

Mobile: 07973 819867

e-mail: info@francesdunning.com

website: www.francesdunning.com

NORTHMEN SPIRIT - TRY SOMETHING DIFFERENT

Whilst many people still start the year with Dry January there has been a developing trend over the last few years for people to do "Tryanuary", taking the opportunity to try something different that they wouldn't normally drink, and now as we continue into 2023 we at NorthmenSpirit are going to keep trying!

At NorthmenSpirit we're always on the lookout for new breweries and distilleries from Yorkshire and the North as we love finding something new and then introducing it to others.

Over the last few months we've been on a journey around the region to discover new products and bring them to Beverley for you all to enjoy too.



There are always a number of drinks trends that emerge every year and this year is no exception, we're definitely seeing a move towards quality over quantity with customers preferring to spend their money on fewer drinks but upgrading the quality of what they do buy.



Our Tip for March

Whilst we haven't quite seen Rum sales overtake Gin (yet) the continued rise of Rum over the last few years has seen annual sales reach over £1 Billion.



We're lucky in East Yorkshire to have a rum distillery that produces some very fine Rum indeed, Twisted Roots Distillery is based near Bridlington and their Rum is very highly recommended.

Their hand-built copper pot still stands ten feet tall and holds a thousand litres of the most delicious spirit.

Website: www.northmenspirit.co.uk
Instagram: @northmenspirit
Facebook: @NorthmenSpirit

Botterill & Co

Chartered Certified Accountants

We are a modern and professional accountancy practice ideally located to serve businesses in Beverley and the surrounding area.

We utilise modern accounting technology to provide you with a cost effective, professional service.

Our services:

- Annual Accounts
- Tax Planning
- Management Accounts
- Tax Returns
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I'VE BEEN THINKING... SAYS COLIN RAYNOR

As we March into the third month of the year it seems as though everybody is talking about money, so I thought maybe this column should join the throng and put our 'ten pennorth' in.

Sorry about that pun; there may be more to come! If I was to give this column a title I would call it 'What have you done with our pocket money'?

Money is a very serious subject and I applaud those who ask the difficult questions of all the financial institutions, including our local banks; 'just what do they do with all the money we place in their coffers'? I think we all accept that the banks use the money placed with them in a variety of ways, some of which we may not agree with.

That is not however the theme of this column. I suggest that many folks may be worried on a more fundamental level. In order to further my point I want you to think about the words related to money. Safe is one word that comes to mind. Gone are the days when folks put their money under the mattress of their bed. People of a certain age may think I am making that up, because obviously that is not a sensible thing to do, but I'm sure it happened more often than people were willing to admit to.

So banks came about assuring people that their money would be safer in a bank and they could go at any time and take out what they needed. The banks then told folks that if they were interested they could have their money back,

and more, because it had invested their money and made money for both the bank and the saver. The word interest is paramount in banking terms and if you are really interested 'the world is your oyster' as the saying goes..

The phrase I wrote above about 'pocket money' may also be lost to a younger generation. In principle it was money (coins mainly) given to children of the family after they had done certain tasks to help around the house for instance or gone to the shops to help with the family shopping. The fact that people of all ages can still have money in their pockets, loose change as it is sometimes called, is a great comfort to many people and of equal worry to many these days who do not 'have two pennies to rub together.'

There is no doubt that over the years the banks have helped the great British public, in the main, to attain a standard of living that our forefathers would never have believed possible. It does seem however that in 2023 changes may be taking place that are confusing to many and even sad to some people.

The crux of this change seems to centre around the ability of a person wishing to avail themselves of the banks services by talking to a human being and not having to deal with the complexities of a machine. With fewer banks to be found on the high street, and the reduction of their opening hours, the ingenuity of people is going to be tested but the important thing is not to let it get you down.



So I close this month with a little something to put a smile on your face. It used to be the practice before meals to give thanks for the food to be eaten. This was known as saying the Grace and would begin with the words 'for what we are about to receive...'

A different version was discovered when a 17th century public house was been renovated in the Yorkshire dales and it goes like this:

"Give us Lord a bit of sun, a bit of work and a bit of fun.

and grant us in life's struggle and splutter our daily bread

...and a bit of butter". Amen.

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HOW IMPORTANT IS TAX IN FINANCIAL PLANNING?

At the end of every tax year, there's a flurry of activity as people scramble to make the most of their tax reliefs and allowances. But you shouldn't just have your eye on 5 April when you're thinking about tax - it should be woven through the fabric of your entire financial plan, at every stage of your life.

We call this taking a holistic view of your finances. It means looking at the big picture, both your current financial circumstances and what you want your future to look like. As well as incorporating any variables that are unique to you, your financial plan will, to some extent, take into account what's happening in financial markets and the wider world.

What do we mean by tax planning?

Tax planning isn't always a 'visible' part of wider financial planning; however, tax matters cut across most aspects of your personal finances and are therefore vital for your financial wellbeing. And how important is tax in financial planning? It's an integral part of any plan. A financial adviser starts by getting to know you, your goals and aspirations. Then they work with you to create a plan that can help you achieve your goals by helping you to save money, making the most of tax efficiencies, investing in the future and protecting your wealth. In this way your adviser puts all the pieces of the puzzle together to form a coherent blueprint for the future.

Determining what products or tax wrappers will work best for you is really the final step, every financial activity that you plan will have tax already included and thought about. Where a lot of people

come unstuck is that they look at the products first. They think, 'What can I do for tax? I'll stick some money in my pension or my ISA.' But if you're able to think like an adviser would, start with 'What's my plan?' and then use that armoury of tax-efficient allowances and reliefs. We can build an advice picture and guide you in the best way to achieve your objectives, plugging in the products for whatever you need at the right time. That's a holistic approach.

Avoid the last-minute panic

The Autumn Budget revealed a raft of changes to tax rates, thresholds and allowances, and this is where a financial adviser can really prove their worth. Not only is it their job to keep on top of these changes and what they mean for you, but they'll also look at those allowances not in isolation, but as part of your broader, tailored plan.

Taking a proactive rather than a reactive approach, they'll look at tax as a whole collection of allowances and reliefs, rather than focusing on just one aspect. For instance, many more people are at risk of being caught in the 60% tax trap, which means those earning £100,000 to £125,140 will effectively pay 60% tax because of a tapering of the personal allowance for those earning above £100,000. Effective tax and financial planning can manage income so someone can keep as much as possible of their personal allowance, for example, through pension contributions, salary sacrifice or careful management of a bonus to reduce taxable income.

When should I think about tax planning?

Tax planning should be considered all year round,

not solely in the final days or weeks leading to tax year-end. It's understandable that you have a busy life, and it can be tough to find the time to think much about your aims for the future, much less about tax. That's why sitting down with an adviser and talking it through is a useful exercise.

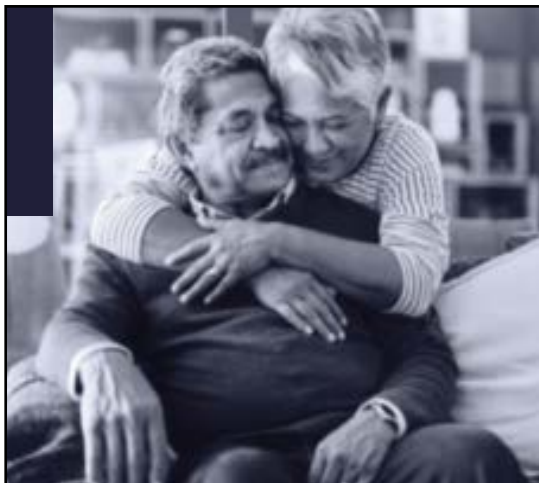
Even if your goal is something vague, such as "I want a comfortable retirement", that can give your adviser something to work with as they plan the best use of tax reliefs and begin to build that into your pension contributions, for example. For some people, having a plan may take a bit of a change in mindset, but it does remove that sense of urgency and panic at the end of the tax year.

Creating that adviser's way of thinking, long term, takes the worry out of it because tax is already planned in, and you haven't got to think about it. You don't have to get to February or March and then rush to top up your ISAs because it's already taken care of.

Is tax planning necessary?

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HOW DO YOU CHOOSE A FACIAL AESTHETICS PRACTITIONER?

Aesthetic services are becoming more and more popular and in principle are designed to help patients appreciate their natural looks.

The popularity of aesthetic treatments such as botulinum toxin, lip fillers, nose reshaping and thread lifts is growing rapidly in the UK. Driven by social media, the ease of accessing these treatments mean that some people see them as akin to having a haircut or their nails done.

As the many stories of botched treatments reported in the press demonstrate however, the consequences of going to the wrong practitioner for these treatments can be life changing, both physically and mentally.



Injectable aesthetics treatments can be extremely beneficial. If performed well and after proper assessment they can slow the signs of ageing and greatly help with our confidence and self esteem. If performed badly however, or complications not treated quickly, the results can be disastrous.

Dr Gower has been a consultant anaesthetist at CHH and HRI for more than 25 years. He has considerable experience of working in ICU and anaesthetics.

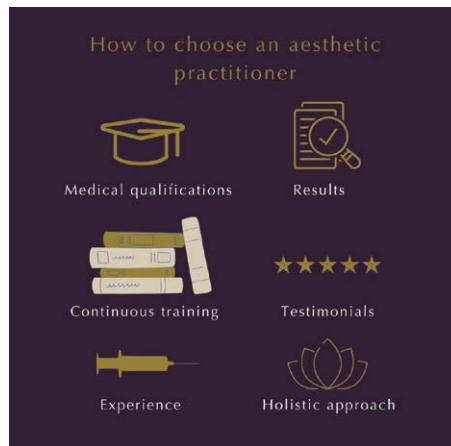
For the past 7 years he has also been practicing medical and cosmetic aesthetics, becoming a specialist in this area. He currently works from his home based CQC regulated clinic "Look Natural Aesthetics" near Beverley with his wife Zoe who worked as a staff nurse until she became a full-time mum.

Dr Gower said, "The concern is that the UK is the ONLY country in the world that has absolutely no legislation or laws covering this area for non-medics. Literally anyone can purchase dermal

filler online and treat someone else with little or no training. They don't need a criminal record check or any insurance; it is completely legal, and they can even start teaching and training others, Reputable Pharmacies can only dispense their injectable products to medical staff (doctors and some nurses) and although these are expensive, they last much longer and guarantee the product is good quality, safe (regulated by the MHRA) and sterile".

Dr Gower went on to say, "Procedures such as the non-surgical PDO thread face lift (a rather invasive procedure which requires antibiotic cover and specialist medical training) are also being performed without any regulations.

"For medical staff to perform this procedure they need to undergo specific medical training and their clinic would need to be regulated by the Care Quality Commission (CQC - the body which governs hospitals, care homes and GPs for example).



The same rules apply for medical aesthetic procedures such as treatment of hyperhidrosis (excessive sweating) platelet rich plasma injections, jaw clenching or migraine and that is the key message.

"Only qualified medical staff are governed by legislation and required to have insurance. Only they can purchase quality products from pharmacies. If medical staff don't adhere to strict rules by their professional bodies, then they can face severe consequences or even be struck off".

It is commonly known that complications are always possible with any treatments. An experienced medical practitioner is far more likely to recognise them and give appropriate treatment.

If you have a medical concern, you go and see your GP, an eye problem and you find an optician, but for aesthetic treatments there is a culture of seeking out the cheapest deal, trusting anyone with a needle, and agreeing to treatments without questioning qualifications, experience or product.

Before you agree to a treatment, follow these guidelines.



Top tips to safer treatment:

- **Always have a preliminary consultation. Never feel pressured to have treatment on the day or pay up front. A good practitioner will always provide you with a full assessment and give you treatment options and a cooling off period.**
- **Just as anyone can inject, anyone can train an injector, and give a certificate after a day's training. So do your research. Check what experience and qualifications your practitioner has?**
- **What products will you be treated with? Check what is being injected into your face and where it is purchased from.**

If you are thinking about aesthetic treatments, get in touch with Look Natural Aesthetics near Beverley. Dr Gower and his wife Zoe will be delighted to hear from you and give you the confidence you are looking for. Pre and post treatment.

Look Natural Aesthetics, 179 Hull Rd, Woodmansey, Beverley, HU17 0TR.

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INTERNATIONAL WOMEN'S DAY - WEDNESDAY 8TH MARCH

In 2023 we are celebrating International Women's Day on Wednesday 8th March, where we celebrate women's achievements.

IWD belongs to everyone, everywhere. This year's theme is "DigitALL: Innovation and technology for gender equality".

IWD as observed by The United Nations, recognizes and celebrates the women and girls who are championing the advancement of transformative technology and digital education.

IWD 2023 has a theme to go forward and understand what impact the digital gender gap is having on widening economic and social inequalities.

IWD 2023 will raise the importance of protecting the rights of women and girls in digital spaces and addressing online and ICT-facilitated gender-based violence.

Bringing women into technology allows for more creative solutions that meet women's needs and promote gender equality.



MOTHERS DAY - SUNDAY 19TH MARCH

Households around the country will be asking "when is Mother's Day"?

It is not surprising as Mother's Day changes its date every year so it can be quite hard to remember.

Mother's Day is a significant occasion in the calendar, being a day to celebrate the strong, caring and kind maternal figures in your life. It is also known as Mothering Sunday in the UK and this year we will celebrate it on 19th March.

Mothering Sunday began as a church tradition, three weeks before Easter on the fourth Sunday of the Christian festival of Lent.

Perhaps the reason why we ask the question and the reason that Mother's Day changes each year is due to these origins.

All you need to remember is Sunday 19th March, celebrate the influence, love and care that Mothers have in the world.

Have a great Mothering Sunday.





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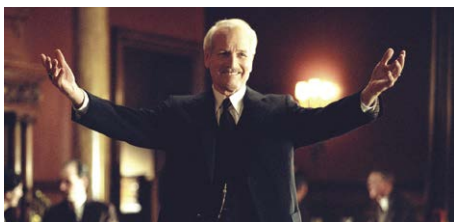


FANTASTIC FILMS AND WHERE TO FIND THEM

The good folks at Just Beverley have invited me back to share some of my thoughts on some great films that are available on streaming services. Especially the underrated ones that you might pass by while browsing such a large choice.

March sees the culmination of the awards corridor. The season begins in December with critics and associations giving their picks of the best films of the year and culminating with the Academy Awards. Oscar winners are being announced on 13th March. As well as praising the fine work of those behind and in front of the camera, the awards season plays an important role in getting films spoken about and hopefully encouraging more folk to see them.

Hopefully, you are finding this year's award nominees in the cinema but the theme of this month's musings are the films of previous years that might have been forgotten as they were worthy nominees but not the winner.



"Sons are put on this earth to trouble their fathers."

Tom Hanks is one of the darlings of the Oscars and a two-time winner but recently, during an interview, he mentioned that he was surprised that one film in his credits was not mentioned when discussing his career. Perhaps it is because **Road to Perdition** (available on Amazon Prime and Disney+) sees him cast against type as a ruthless and feared mob enforcer, Michael Sullivan, in 1930s Illinois. He loves his family, even if he appears distant and mysterious to his sons, and is fiercely loyal to the mob boss, John Rooney (played by Paul Newman in his last performance). However, the consequences of an incident involving Rooney's jealous son (a pre-Bond Daniel Craig) and Sullivan's eldest, force the hitman and boy to flee. A cat-and-mouse road trip ensues where the son finds the real mettle of his father.

This was Brit Sam Mendes' second film, who went on to become a prolific director whose credits now include Skyfall, 1917 and this year's Empire of Light. He enlisted the services of veteran cinematographer Conrad L Hall to photograph the film. The result is a beautiful-looking film despite its relatively sombre subject matter and Hall posthumously won the Oscar for his work. That was the film's only win despite five nominations in a year where Chicago took Best Picture. Only one of those nominations was in the acting categories (for Newman) despite stellar performances that draw you into the story of great intensity with occasional chinks of light.

A little side note. It has been twenty years since the child actor, Tyler Hoechlin, played the pivotal role of Tom Hanks' son. The beginning of a career that now sees him playing Superman in Supergirl and Superman & Lois.

"Hank, do you ever feel evil? I do."

In 1998, Sam Rami was the director of joyously over-the-top and unique genre hits such as The Evil Dead trilogy, Darkman, and The Quick & the Dead. So he was a surprising choice for a small-

scale thriller. However, somebody saw the dude had range and asked him to helm **A Simple Plan** (BBC iPlayer), a film that garnered two Academy Award nominations.



Like Fargo a couple of years earlier, the setting is rural America in the midst of a snowy winter and deals with working-class (blue collar as the Americans say) characters whose fortunes have not followed the American dream. The premise is straightforward where two brothers and a friend discover a crashed plane on an isolated nature reserve. Inside they find a dead pilot and a bag containing millions of dollars. Since there are no crash reports, they decide to keep the money and sit on it to see if anybody mentions it. Of course, time breeds mistrust and, as seemingly sensible decisions are made, unintended consequences heap pressure and increasingly drastic resolutions for the trio.

The late Bill Paxton excels as the educated Hank who believes that he can keep everything under control while Billy Bob Thornton received an Oscar nomination as Jacob, his dim brother who surprisingly has a stronger moral conscience. A small cast of character actors (including Bridget Fonda, Brent Briscoe, Jack Walsh, and Gary Cole) keep the film grounded and Raimi reigns in previous excesses to channel Hitchcock in a tightly plotted (and also award-nominated) screenplay.

"I'm sorry, if you were right, I would agree with you."

Robert De Niro has two acting Oscars and six other nominations. One of those nominations was for his heart-wrenching portrayal of Leonard Lowe in **Awakenings** (1991 - Netflix) and it is known that the Oscars like to praise performances based on disability. However, the extraordinary nature of the performance is the stages his character undergoes.



The film is a fictionalised account of the work of Dr Oliver Saks and is based on his non-fiction book. For such a gregarious personality, Robin Williams could play thoughtful introverts and he excels as Dr Sayer, a clinician who prefers research as, although compassionate, he has difficulty connecting with people but ends up employed in 1969 at a hospital in New York's Bronx. Many patients are in a catatonic state but Sayer discovers they all have a reflex. Driven by intellectual curiosity and humanity, but against the wishes of his jaded colleagues, he experiments with new medication on Leonard who has been in this state for over twenty years. Leonard awakens from his 20-year-old state to a changed world.



Now, I try to refrain from spoilers in this column but De Niro has to portray a character whose journey goes from discovery to tragedy and his performance is heart-breaking and rightly got the nomination. However, although not nominated (he was nominated in 1988,89 and 91 and eventually won for Good Will Hunting) Robin Williams imbues the film with humanity along with Julie Kavner, who is known better as the voice of Marge Simpson, as the first nurse to believe in the doctor's work. With a nominated screenplay by Steve Zallian, this is one of the lesser discussed works from the late director Penny Marshall (Big, A League of Their Own) but Awakenings is a powerful film which is humorous yet sad but in the end, has a very life-affirming message.

"If I could eat rocks, I'd stay in the volcanoes and never come down."

I am thinking the fourth film is becoming the wildcard slot (or to use another analogy the mystery house in "Escape to the Country") and this month I go against my theme but highlight a film that hopes to win an Oscar this year. Nominated for this year's Best Documentary Feature, **Fire of Love** (now available on Disney+) explores the world of Katia and Maurice Krafft, married scientists obsessed with a ferocious element of nature that we rarely see on film, Volcanoes.



This is no spoiler as the film starts by mentioning their demise at an eruption in Japan in 1991 and looks at what they left behind after their deaths. Both were incredible photographers. Katia catalogued still life while Maurice filmed. Both of them captured extraordinary images throughout their lives. The film delves into the couple's archive and gives us ninety minutes of stunningly beautiful visuals that only their daring could capture. All while detailing these lovers' lives and their work as celebrated volcanologists which leads to a greater understanding of the most fearsome power of the natural world.

At the time of writing, I wish all award nominees success and hope that you enjoy some of the great films out there.

Cliff Baillie.

IN MY VIEW...THERE ARE GREAT FOCAL POINTS EVERYWHERE

Hello all, as if it is March already! Before we know it we will be into the Spring and our corner of the world will be bursting with new colour. Bringing with it warmer weather, longer days and great photo opportunities.

This issue I am going to focus on street photography. It is one my favourites because there are literally opportunities everywhere. People going about their day, street art, street performance, window displays, animals. The list goes on.

Not all photos need to be of a beautiful setting. Some of my favourite pictures over the years have been of really random things, because they really capture the essence of wherever I found myself at the time.

I believe that street photography really teaches us to look beyond the obvious, and hone in on the obscure, or overlooked. Take in your surroundings and try to see everything as an interesting photo opportunity. There is no such thing as taking too many pictures, and it is amazing how looking through your shots later on can really unearth some gems.



Look out for reflections in puddles or windows. This can really enhance the image and create an interesting perspective. Much the same as shadows casting varied shapes across your path, or the light creating silhouettes of passers by.



Before you know it you will be seeing the world around you through new eyes, wanting to capture as much of it as you possibly can. So, grab your camera and get out there. Explore, enjoy and above all - see!

I'm going to round up by letting you know that this is my last article in Just Beverley magazine. I have had a blast contributing to this great publication over the last year, and hope that I have helped to kick start a new hobby, inspire a day out or encourage you to dust your camera off and get back out there. Whatever the case may be, I hope you have enjoyed my article each issue, and thank you, so much for reading.

I will still always be out and about with my camera so, if you see me, do say hello. Happy snapping, everyone.



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EXPLORING THE UPPER REACHES OF THE HULL VALLEY

Most of us probably regard our local river, the Hull, as largely a muddy, sluggish affair, slowly winding its way south of Beverley Beck, to its confluence with the Humber in the city that shares its name.

There is far more to it than that, its upper reaches hold nationally important sites of special scientific interest: its crystal clear waters being the most northerly chalk streams in Europe.

I have long been intrigued by the source of this 20 mile long river, and over recent months have been determined to find it. That was not easy, as access to the Upper Hull valley is patchy and limited, but here I guide you to the many, often thrilling, places, you can visit and walk.

The story that emerges is quite complex, as the river does not have one source, but many, and also bewilderingly frequent changes of name.

The most widely accepted place for the source of the Hull, lies with a series of beautiful chalk springs - 2 miles west of Driffield at Elmswell. Sadly, the site is normally open for public access to this exquisite spot for just one day each year.

I first went to see the fine old hall, and the adjacent springs, on the last open day in April 2022.

It is staggeringly beautiful, numerous bubbling springs spout in all directions, to form a wide watercourse that flows down to Little Driffield.

I can find no date yet for the access day in 2023, don't miss it if you are able to go. You can walk a nice stretch of this flow from the



Kitkburn

Millennium Green in the King's Mill area of Driffield, crossing a bridge by the mill race.

wet periods these gush out of the ground in spouts.

My neighbour, John Seaman, pointed out there is another contender to be seen as a source of the Hull, at Kirkburn. This is also largely unknown, yet rather magical place. Thankfully, there are fewer access restrictions here.

If you park by the splendid Norman church, which is always open, you can view the springs, by using the gate at the back of the churchyard. Here a mini-gorge, full of lovely trees, is also full of springs.



Harpham

I was informed by a kind villager, that during

The spring water quickly forms quite a wide river course, which flows towards Driffield, first as Kirkburn Beck, then quickly changing to Eastburn, then Southburn Beck, which the railway passes over.

By the time it reaches Bell Mills, the waters of the streams flowing down from Elmswell, have added to the flow - many maps now label it the Hull, most locals call it West Beck!

If you go right down the path behind the church, you reach the village street. Follow it down past the former pub and you reach a village green, a lovely wild spot with the stream gushing under a bridge. There is a picnic table - perfect for warmer days ahead.

It would be wonderful if the footpaths that run alongside these becks could be joined up to form a circular waterside walk - sadly this is unlikely.

I would recommend the following spots to really enjoy this special river environment, where you can stroll by the water.



Lowthorpe

Firstly at Foston, the beck being a main feeder of the bigger river, Foston Mill is a lovely location. From here you can walk a mile up the beck and return to the village across pleasant fields.

Further up, this classic chalk stream changes name to Lowthorpe Beck, paths out of the lovely village of Harpham allow walkers to enjoy it.

By parking at Wansford Bridge on the Skerne Road, walkers can access 2 fine reaches of the river that run along the western banks. Here, the river has become wide and powerful; full of trout, and if you are lucky, sightings of kingfishers and otters.

I had to check with my old A Level Geography teacher, Martin Brayne, how geographers judge the true source of a river - it's the feeder stream that is furthest from the mouth of a river.

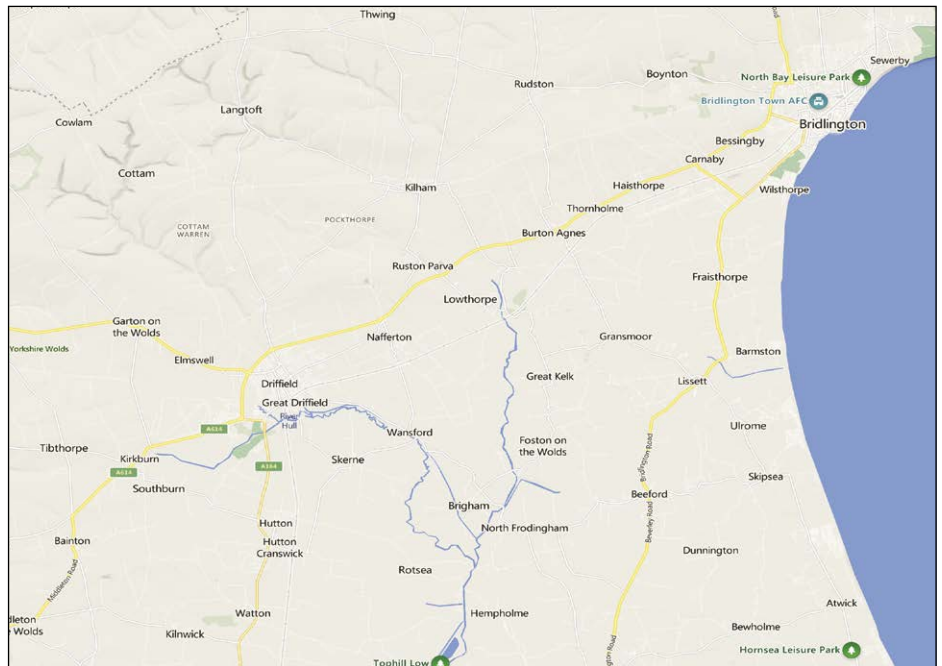
By this definition, the true source of the Hull is not either of those usually cited. It is in fact higher on the Wolds at Kilham, where springs form the beck that flows down through Harpham, Lowthorpe and Foston, joining with Frodingham Beck, then West Beck, downstream from Brigham.

At this last confluence, which can be walked and accessed by a fine bridge, the true River Hull begins its journey to Beverley and the city.

It might not be a journey of discovery to compare with seeking the source of the Nile, but it is our own little adventure on the doorstep, and a delightful way to spend a few hours exploring this spring.

To fully appreciate the area, I suggest you use a detailed OS map, these can be found for free on [bingmaps.com](https://www.bingmaps.com).

Ian Richardson - 11/2/23.



FOX MOBILITY SPRING INTO ACTION

Spring is the time of year when nature wakes up, we look forward to the months ahead as the world becomes a brighter, warmer and fresher place. Time for people to get out and about and explore.

At Fox Mobility preparing for Spring and Summer is key to ensure customers are kept up to date with what's new in the mobility world, making sure customers' scooters are up to spec and ready for the months ahead. Paul and Anne enjoy keeping customers active and mobile.

If you are looking to get out and about Paul and Anne can you show you what is new and demonstrate a scooter to meet your needs, even if you are short of space, then the new look "Smarti" - a remote controlled folding 'suitcase' with a scooter in it could be the answer.

As the days get longer and the weather warms up, plan a visit to Fox Mobility and have a look at the vast range of stock they have, from



fold away scooters to the UK's lightest and in between, they will guide you with what is the best fit for you.

Remember everyone is a different size and shape and people's needs vary, Fox Mobility will be there to guide you along the way.



If you want to hire a scooter and see how you get on, hiring by the hour, day, week or month to suit your needs.

Fox Mobility can help you get out and about whether that be a scooter, or you need scooter accessories, a walking stick or any other mobility equipment or advice, Paul and Anne at Fox Mobility can help.

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CLINT WASTLING - EXTRACTS FROM QUIET FLOWS THE HULL

RECEIVER OF WRECK

Lowest tides reveal
the boiler - back broken,
a reef of rust for barnacles,
substrate for a new ecosystem,
high pressure steam long forgotten.

Looking through the eyelet,
the ghost of a propeller
drives this schooner back
to a November fog
and funnel belching smoke.

Take a sounding!
Twenty five fathoms, sir!

Sand parted accommodating the hull
and The Laura turned from vessel
to vassal beneath cliffs of Speeton Clay.
Tug lines snagged, snapped.
Receiver of Wreck informed.

The cargo of coke salvaged.
The vessel salvaged except
the boilers - back broken,



skeletal ribs, eyelet
where the propeller once turned.

This iron beast rendered by tides
into a parody of pipes,
exposed to the sea
from which a skeleton
is slowly lost to the living.

If you walk from Reighton Gap as the tide is going out, it's possible you'll see the remains of The Laura stranded on the beach.

Even if you don't there are superlative views of Bempton Cliffs and Filey.

DOOR, WHARRAM-LE-STREET

The year Edward the Confessor's head
first appeared on coins,
stones were quarried, carried,
dressed or carved,
set one upon another
to make this doorway.

Behind this tall narrow door
the mystery of
ceremonies held in half-light
for half-believers,
be they Saxon or Viking,
living a fragile peace.

A sandstone doorway
which welcomed all
until the squire wanted a porch.
The original walled up.
Behold! The new entrance
with its aspirations.

We are still divided,
half believers in equality
living a fragile peace.
All doors now barred,
the year Elizabeth the second's head
last appeared on a coin.

Wharram-le-Street is just over the border now in North Yorkshire, an ancient village with a church still largely Saxon in date, particularly the tower. It's worth a stop, if you are passing. The circular walk to Wharram Percy is nearby, as are some Yorkshire Wildlife Trust places.

PORT MULGRAVE

Disconnected, inaccessible,
this hamlet of flotsam and jetsam,
formed partly from sea's gifts,
the remainder descended precipitous cliffs.

Steps fly on visiting air,
bent iron frames might dare me to descend
but January's storm ripped half away,
now only fishermen brave the climb.

Shale juxtaposed against a wild fantastic sea
where seals breed, whales become beached.
A crack! Before a tumbling melange
of cliff threatens to bury these shacks.

People imagine merfolk
copulating on the strand amongst our waste.
A nereid's birth howls swept away by the storm,
colostrum rich in microplastic from their diet of fish.

I long to visit such rugged places,
to search between myth and legend.
Port Mulgrave is a memory, inaccessible
as the tropical oceans which laid down these
rocks.



Port Mulgrave is the village at the cliff top and the shanty fishing village on the beach. I haven't been able to get down to the bay itself since the coastal path was washed away but people do!

Be warned you need to be fit and have the right gear! Port Mulgrave has been an iron ore terminal. The tunnel and rail line were destroyed before the Second World War.

IN MEMORY OF CLINT



Clint sadly passed away on Tuesday 14th February 2023.

He had been diagnosed with pancreatic cancer late in 2022 but despite the illness Clint continued writing as he has always done and kept a positive frame of mind. Clint's first contribution to Just Beverley was 5 years ago, February 2018, Issue 37: A Short Story - "The Workout". Clint provided our readers on a monthly basis with either a Short Story or a Poem. As a creative writer, his humour always kept you with him until the very last word.

From Just Beverley and our thousands of regular readers, Clint, "Thank you for everything, God Bless may you rest in peace and may you continue to read your stories and poems to a new audience".

Quiet Flows the Hull

Clint's poetry uses geology, landscape and family history to weave together an emotional response to the places he knows and loves in the East Riding and North Yorkshire.

Walking the coastline is a cathartic experience. Here you'll explore beautiful places with hidden histories and legends, find wrecks on the beach or catch a glimpse of student life as a geologist. Published for the first time are sequences of poems about the River Hull and four generations responding to the lockdowns we endured.

Clint is passionate about the environment and improving our access to the countryside; these themes reoccur throughout the collection.

Quiet Flows the Hull



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SHANE "THE FISH AND CHIP MAN", ANSWERS 23 QUESTIONS

Each month Just Beverley asks people who live and work around Beverley 23 questions. This month we put the questions to Shane Cooper, Lincoln Way's Fish and Chip Man, celebrating his 3rd Anniversary at Lincoln Way.

Shane has been in the business of frying Fish and Chips for over 23 years and has enjoyed managing the Stuarts of Driffield Fish and Chip shop on Lincoln Way for the last 3 years.

Shane considers himself fortunate in having a good mix of customers, where banter as well as batter is the key to his success. Anyone popping down to Lincoln Way will notice something special about the fish and chips - Shane's secret batter recipe and his experience in frying to ensure it is consistent week after week. Using Maris Piper potatoes to make the perfect fish and chip combo cooked in Shane's unique way, produces great fish and chips time after time.

Shane said, "Consistency is what my customers are looking for, using the same ingredients, experience and my own batter recipe, we manage to keep the customers happy, with the added sprinkle of banter".

1. Do you go fishing?

I don't go fishing actually, but a lot of my customers do ask me that. I can't sit still for that long.

2. What's the craziest thing you've ever done?

I once booked to go on a family holiday to Florida just a couple of months before going. The wife was initially shocked, but she soon came around!

3. When was your biggest adrenaline rush?

Getting to the top of Ben Lomond and seeing the stunning views.

4. Do you cook at home - what is your signature dish?

I actually love cooking at home. I'm famous for my delicious home-made gravy, to go with my signature favourite - the Sunday roast!

5. Who are you closest to now and when you were growing up?

I love my wife, kids and grand kids and also my son-in-law Ben. When I was younger, my best mate was a lad called Sean.

6. Have you always had a passion for the Fish and Chip business?

When I was young, my mum worked in a fish shop and I told the owner I'd own a chip shop one day. Well, I'm half way there!

7. What are you most thankful for?

I'm thankful for my wonderful family.

8. What's on your bucket list for 2023?

To get my man cave at the bottom of the garden finished.

9. If a genie granted 3 wishes, what would you wish for?

For my loved ones to live long and healthy lives. To be happy. To have a free holiday to Florida (and free entry to the parks) every year.

10. What is your perfect holiday?

Nice weather, good food, great company.

11. What do you think about when you are by yourself?

Funny things I have seen on TV. Then I usually laugh to myself too.

12. Do you judge a book by its cover?

Never. The customer is always right!

13. What's your favourite all-time movie and why?

It would be Goonies or Stand By Me as they remind me of being young and carefree.

14. What would you do differently if you had your time again?

Pass my driving test, something I never got around to.

15. What would you change in Beverley and why?

Beverley needs to explore what it can do for its youth. The clubs have all but disappeared and there is nothing much for young people to do anymore.

16. What was your most memorable birthday?

I have a lucky birthday. My wife and daughter both passed their driving tests on my birthday ten years apart from each other.

17. What's your favourite drink, alcoholic or non-alcoholic?

It is definitely non-alcoholic as I am tee-total! Probably Iron Bru; original recipe though!

18. What's your biggest achievement - sporting, hobby or past-time?

I built a garage at the bottom of my garden. My father-in-law (who sadly passed away this year) taught me the basics and I even put a roof on it myself!

19. How would you describe yourself in one sentence?

The best fish fryer in town!

20. Favourite meal (apart from fish and chips), and which do you prefer, brown sauce or red sauce?

Sunday Roast. Definitely brown sauce is better.

21. Check the door is locked once or go back and check again?

It's a self-locker, so once is enough!

22. Favourite band and best concert you have been to?

Radiohead. I saw Elton John open the KC Stadium in 2003, he was brilliant.

23. Your favourite chair, slippers and shoes - past or present and why?

I have my own special chair at home that nobody is allowed to sit on! Except the grandkids I suppose. The wife gets me new slippers every year, you can't beat a sheepskin slipper especially in the cold weather. My favourite shoes are probably my Dr Martins.



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| Thu | 11:30am - 1:30pm | 4:30pm - 8:00pm |
| Fri | 11:30am - 2:00pm | 4:30pm - 8:00pm |
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WORDSEARCH

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 I G R I S G D D N A Z U E G N
 V G E A O S S I R S H N W S Z
 N N E V X R E C H P K T O N R
 O A G X E B H P K I O R L V S
 F R E H L W R E U I F Y F H D
 J R T L E I F I K B S S G W M
 C O E M C F B W G R K I Y H F
 M W G S M G U O X W C D W F I
 M P K H H P N S A X O E V S V
 H U H Y W A P I W E L K M U J
 X O F Z E D I L R Q C D T G J
 S M I L E S E R J P W D L I M
 R H C P J G F Y M U S X I W F

CLOCKS
 COUNTRYSIDE
 FLOWERS
 FRESHAIR
 MARCH

MOTHERSDAY
 OPTIMISM
 SMILES
 SPRINGCLEAN
 WELLBEING

WHERE IN BEVERLEY?

Where in Beverley can you find this landmark? Answer on Page 34.



WHAT IS IT?

Can you identify what this may be? Answer on Page 34.



Magicians usually have the same pets. Labracadabrador's!

COMEDY CORNER

Things that make you laugh!

I spotted a cow outside Parkway Cinema. It said "I love the moo-vies"!

The world's tongue-twister champion was arrested? He got a tough sentence!

I heard a scarecrow got an award. It was outstanding in its field!



WORTH A THOUGHT

When you enjoy what you do, it isn't work.

- M**arch sees the start to Spring
- A**llows us to celebrate our mothers
- R**emind us that the clocks go forward
- C**elebrate the new beginnings of life and nature
- H**opefully giving us a new spring to our step



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COUNTRYSIDE MATTERS WITH SAM WALTON FARMERS AND PIGEONS!!

That farming these days is a challenge, there is no doubt. Apart from all the rules and regulations we have or red tape as I call it, the climate seems to be altering also.



There are more floods and droughts around the World now than ever before. On top of that, we seem to be seeing different diseases or growing conditions, all of which need to be dealt with. Fortunately, there are wonderful research centres which scrutinise everything you can think of in their many trials for weeds, disease and pests and then come up with recommendations to help us control them.



Rape Seed as it should be.

So, as we can understand the results and the management required, most farmers these days have regular crop inspections by individual independent crop consultants who keep us up to date with what is required and when.

One pest for which there does not seem

to be any easy cure, is the way in which pigeons eat the heart out of crops such as Oil Seed Rape.

I gave that up two years ago, or thought I had, but in a weak moment last autumn, because of higher prices, I relented and drilled 20 acres behind the farm. It came out well and looked green and made quick growth. Then suddenly it was invaded by hundreds of pigeons, the results were devastating.

Yes, we can control them in a way by having various bangers going off or having someone prepared to sit in the field during daylight hours and shoot them but that means someone almost being in the field continually.



What happens when pigeons start to eat it.

There are types of gas driven bangers and we can hang cartridges on a rope which you light at the bottom, and it slowly burns its way up to each cartridge which then bangs loudly. There are mock windmill types with flags shaped like hawks on and other deterrents.

However, being a Farm next to a

Village, those loud bangs are not welcomed, particularly early in the morning and I have had two expensive bang guns stolen. Despite all the preventions we try our best but several areas in the crop are devastated. At least we live on to see another day.

"Pesky Pigeons"!!!

INSPIRATIONAL JOURNEYS - CREATING MEMORIES TO LAST A LIFETIME

Every holiday is very much desired, and very often needed, in order to recharge and reset and allow us time to detach ourselves from the daily pressures of life.



It allows us to experience the wonders of a new destination, or enjoy the comfort of returning to your favourite corner of the world. Creating these moments and building these itineraries, and hearing the excitement and joy in my clients conversations, is the most pleasurable part of the work that I do. Getting to know my clients and recommending the right hotels and experiences so that they have the most amazing time is so important to me.

I particularly enjoy, and find new inspiration for my own journeys, when I work on significant "bucket list/significant birthday or anniversary or honeymoon" itineraries which have been on their aspirational list for some time and it is a pleasure to see it unfold into reality. With this in mind I thought I would provide you with a suggested Top 10 for you to consider, only to find that there are far too many wonderful places in this world. So the closest I could do after trying to be very ruthless is a Top 12!

I am very aware that everyone is different, and some may find they have other ideas and others may think this list is just right - although perhaps the order may be different depending on your interests. I was born on a Thursday and as my mother always used to say - "Thursday's Child has far to go" - and I certainly would have lots of fun travelling to these places. To be honest some of these I have been fortunate enough to have enjoyed already, and others are still pending, and I am sure more entries will follow.

1) Experience an African safari and get up close to the "Big Five" and/ or witness the migration across the Serengeti or trek with Gorillas in Rwanda.



2) Marvel at the scenery in the Canadian Rockies - perhaps taking in the iconic "Rocky Mountaineer" rail journey which could end with an Alaskan cruise.

3) Explore Australia - from the magnificent Uluru to snorkelling on the Great Barrier Reef to exploring Sydney, and to be fair being a continent in itself worthy of several visits to different territories to do this incredible destination justice. Perhaps if cricket is your passion take the opportunity to watch the Ashes.

4) Feel like royalty on board the Orient Express.

5) Enjoy the huge diversity India has to offer from the Tigers in the Ranthambore National Park to the wonders of the Taj Mahal and take the train up to Shimla.

6) Be amazed at Machu Picchu - an absolute jaw dropper and such an achievement too.

7) Immerse yourself in the history, culture and fabulous beaches on a Vietnam and Cambodia twin centre.

8) Fly high in a hot-air balloon in Cappadocia.

9) Enjoy the cherry blossoms in Japan.

10) See the wonder of the Aurora Borealis.



11) Sail around the Galapagos Islands - a unique wildlife rich archipelago.

12) Traverse New Zealand - enjoy the geothermal springs and beaches of the North Island to the sounds and glaciers of the South Island.

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NEW GOLF CLUB CAPTAINS LOOKING FORWARD TO THE YEAR AHEAD

Beverley and East Riding Golf Club elected new captains for 2023 at its February AGM. Ben Gardiner has taken over from Pat Howdle as Men's Captain, and Sue Collins has replaced Barbara Hawley as Lady Captain.

Ben is relatively new to club golf. He has played occasionally throughout his life,



but hadn't been a member anywhere until he joined Beverley in 2019.

Ben said "It's a great honour to be Captain of this club and to see my name added to a list of illustrious names which goes back all the way to 1889.

"Pat will be a hard act to follow, and I'd like to thank him for all the effort he put into the club during his year. As a result, I'm privileged to take over at a time when the membership is buoyant, the facilities are excellent and the course has never been better.

"I'm looking forward to representing the club at our neighbouring courses and hosting several events during the year. And I'll be raising much-needed funds for my chosen charity, PAUL For Brain."

Sue has a longer history at the club, having joined in 2017.

Sue said "I'm privileged to be taking over from Barbara, who did a great job as captain in 2022. The Ladies' section is smaller than the men's, but that means



we're a close knit group, and I look forward to plenty of good golf with them this year.

"I think the club provides excellent value for its members and we have managed to keep subscription fee increases below inflation.

"We hope to welcome more new members to the club and, at present, do not charge a joining fee."

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Beverley and East Riding Golf Club

WILSON WHEELS - PREPARING FOR SPRING

Make it happen, Spring into action as the clocks go forward, more light at night and the weather gets a little warmer. The perfect time to get back on the bike after those cold winter months.



Make it happen this Spring, get out your bike or buy a bike and start to explore. We are fortunate in Beverley and the Wolds with great cycle paths, cycle tracks and a beautiful countryside to appreciate and enjoy all that nature has to offer. Make sure your bike is fit for purpose before you head out, drop it in to Wilson Wheels for the professional bike check and service.



Set your goals, time wise or mileage or areas to explore and March into Spring and Summer, start feeling great, fitter and healthier who knows where the bike will take you. If you want to save a few pounds and shed a few pounds, use the bike for work, "Win, Win".

As usual at Wilson Wheels the message is protect yourself - Stay

Safe, Stay Bright, "Day or Night". Protect yourself - wear suitable clothing, cycle helmet, jacket, trousers/shorts, shoes and gloves and glasses to guard against falling twigs, flies, bugs and particles which our eyes seem to attract.

Wilson Wheels keeping you safe.

MALTESE FILM, LUZZU, IS BEVERLEY FILM SOCIETY'S MARCH SCREENING

After screening the sixties classic Jules et Jim, in February, Beverley Film Society return to a more contemporary film with the 2021 release, Luzzu.

This breakout Maltese drama has an acclaimed central performance by actor Jesmark Scicluna. Scicluna plays a fisherman who risks everything when he enters Malta's black-market fishing industry in order to provide for his wife and newborn son. Luzzu will be screened at 7.30pm on Thursday 9th March at Parkway Cinema, Flemingate.

Reflecting on the 2022-23 season so far, the film society's chair, Pippa Nixon, said: "Beverley Film Society has had a very successful start to our current season. Alongside our loyal members who return year after year we have been very pleased to see many new members this year which has meant membership has almost doubled since September. If you wish to try us out or join, please come see us at the Beverley film society desk at our next film on 9th March. We look forward to meeting you!"

Those who are not already members can join for the remainder of the season for half-price, £7.50. With 3 more films until the end of the season, and a free members film planned for July, membership continues to be great value for money.

For more information about details of membership and the rest of the 2022/23 programme can be seen at <https://beverleyfilmsociety.org.uk/> or email info@beverleyfilmsociety.org.uk for further information.



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EAST RIDING THEATRE - WHAT'S ON IN MARCH

East Riding Theatre (ERT) has an exciting month ahead filled with theatre shows, play readings and music.

Starting us off on Friday 3rd and Saturday 4th is an award winning new writing 'Swell', which follows the story of siblings Ava and Josh caught in the purgatory of a fictional but analogous town set to be abandoned. This is based on the very real events of Fairbourne, Wales, who's residents have become Britain's first climate refugees, with their town set to be decommissioned and depopulated by 2054. 'Swell' asks the question: how are we able to understand our own selves when the places we call home crumble around us?

On Thursday 9th and Friday 10th as we emerge from winter Other Lives Productions are back! 'The Crazy English Weather' offers an entertainment



consisting of miscellaneous readings, semi-dramatisations and a little music, celebrating the crazy English weather as it progresses through the year from January to December. Come and watch Neil King, and ERT's Artistic Director Richard Avery, put on their best performance hats.



For two weeks The John Godber Company return with 'Living on Fresh Air' as part of a collaboration with Harrogate Theatre. John Godber and Jane Thornton star as newly retired couple Caroline and Dave who have everything they have ever wanted; a nice house, a hot tub, a small mortgage, a few savings and a new smart meter. But with Covid and the cost of living crisis things are changing. Their children have moved back home, their money is disappearing, the hot tub's gone, the lights are going out and the smart meter is stressful. No wonder they feel like starting again,



and with their new found hobby of walking it feels like they have.

If none of those take your fancy, why not come along to March's Candlelight Session on the 19th. Our guest artist this month is the incredible hot-club, latino-jazz, flamenco guitar duo Farino.





NEW COURSES STARTING IN 2023
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PILATES – Starts 25th March
SPIN – March
AQUA – May/June

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WHAT'S ON IN BEVERLEY

Tell us about your event!

E-mail info@justbeverley.co.uk

Telephone **01482 679947**

For more events visit
justbeverley.co.uk/events

Saturday 21st January to Saturday 18th March

• Walk This Way

Beverley Art Gallery. A celebration of 40 years of the Yorkshire Wolds Way National Trail through the work of resident artists Ian & Stef Mitchell.

Thursday 2nd March

• Filey Bay Whisky Tasting

Northmen Spirit. 7pm. More information at: www.northmenspirit.co.uk

Friday 3rd & Saturday 4th March

• Swell

East Riding Theatre, 7.30pm. Tickets: £15 Standard / £14 Conc. (Over 65 & Under 23). An award winning new writing which follows the story of siblings Ava and Josh caught in the purgatory of a fictional but analogous town set to be abandoned.

Saturday 4th March

• East Riding Concert Orchestra Spring Concert

St Mary's Church, Beverley. 7.30pm. More information at: www.eastridingconcertorchestra.com

Sunday 5th March

• The Crazy English Weather

7.30pm at The Village Hall Cherry Burton. Cherry Burton Arts launch an East Riding tour by Other Lives Productions. Richard Avery and Neil King will treat audiences to a collection of miscellaneous readings, semi-dramatisations and a little music celebrating the crazy English weather as it progresses through the year from January to December. Cherry Burton Arts organiser Martin Peirson added "We welcome back the cast for their latest outing - a lovely way to spend an evening. The audience can bring their own drinks and enjoy the 'story telling' for a while amongst friends". Refreshments are also available.



Tickets £10 for the Cherry Burton performances are available in advance online from www.wegotickets.com/cherryburtonarts. Also from Cherry Burton Village Shop. The tour continues to Etton (7th) Beverley (9th & 10th) Sancton (11th) Barton on Humber (14th), Gilling East (15th), Bishop Wilton (16th), Bishop Burton (18th) and North Dalton (19th). Telephone reservation /info email: martin@peirson.karoo.co.uk, tel: 07399 568834.

Wednesday 15th - Saturday 25th March

• Living On Fresh Air

East Riding Theatre, 7.30pm and selected matinees. Tickets: £20 Standard / £15 Student. A breathtaking comedy by John Godber.

Sunday 19th March

• Candlelight Sessions: Farino

East Riding Theatre, 7.30pm. Tickets: £10. The guest artist this month is the incredible hot-club, latino-jazz, flamenco duo Farino.

Thursday 23rd March

• Laurel Vines Wine Tasting Evening

Northmen Spirit, 2-3 Cross Street, Beverley. More details at: www.northmenspirit.co.uk/

Thursday 6th April

• Twisted Roots Rum Tasting

Northmen Spirit, 2-3 Cross Street, Beverley. More details at: www.northmenspirit.co.uk/

Time Well Spent

2023 Fixtures

| | |
|------------|---|
| WED 19 APR | Season Opener |
| THU 27 APR | Afternoon Raceday |
| MON 01 MAY | Family Funday |
| TUE 16 MAY | Afternoon Raceday |
| WED 31 MAY | Family Funday Ft. Hull Rugby League Takeover |
| SAT 10 JUN | Very British Raceday |
| SUN 11 JUN | Sky Bet Sunday Series |
| TUE 20 JUN | Evening Racing |
| TUE 27 JUN | Afternoon Raceday |
| FRI 07 JUL | 70's Bus Stop Disco |
| SAT 08 JUL | Coconut Cup Raceday |
| TUE 18 JUL | Afternoon Raceday |
| MON 24 JUL | Evening Racing |
| TUE 01 AUG | Family Day Ft. Westwoof |
| WED 16 AUG | Ladies Day presented by Porsche Centre Hull |
| THU 17 AUG | Afternoon Raceday |
| SUN 27 AUG | Circus Family Funday |
| SAT 02 SEP | William Hill Beverley Bullet |
| WED 20 SEP | Afternoon Raceday |
| TUE 26 SEP | Season Finale |

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