

## BEVERLEY FOLK FESTIVAL

- MORE THAN JUST FOLK



**CINEMA TICKETS**  
**BURTON AGNES**  
**JAZZ & BLUES**  
**TICKETS**



**TALES FROM THE RACE COURSE**  
**THE MAN BEHIND THE SCENES**

**UNIQUE PÂTISSERIE VALERIE OFFER**

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# just BEVERLEY



## Letter from the Editors



It's that time of the year when the sun starts to shine. People get their summer clothes on; there is the smell of suntan lotion on pale skin as people try to stop getting sunburnt; there is the sound of willow on leather on the cricket field, or the 'plunk' of tennis balls on grass courts - and this year there is the general craziness as we support England's football team in EURO 2016.

June will see the start of UEFA EURO 2016 in France. The first match is on 10th June. This year England, Northern Ireland, Wales and the Republic of Ireland have qualified! The important matches are:

Friday 10th June 8pm - France v Romania opening match  
 England play 11th June, 16th June\* and 20th June  
 Northern Ireland play 12th June, 16th June and 21st June  
 Republic of Ireland play 13th June, 18th June and 22nd June  
 Wales play 11th June, 16th June\* and 20th June.  
 \*England v Wales Thursday 16th @ 2pm.

Wimbledon begins the last week of June with Tickton's Kyle Edmund looking to improve his rankings. Let's all get behind him as he begins his title bid! You never know with Wimbledon as to what will happen!

The Racecourse hosts 3 race days in June, too, including the extra special Laurent Perrier Evening of the Horse on June 14th. We at Just Beverley are partial to a glass of champagne every now and again.

If you're not into sport, there is so much going on in Beverley and beyond over the next month. Do have a look at our What's On pages - and remember to send us your events for inclusion on the website as well as the magazine.

Keep sending in your stories and pictures, too; we wouldn't exist without you! Julian.



As we go to publication, Beverley's own Early Music Festival will be getting underway with some of the finest musicians ever to play ancient, medieval and baroque compositions on original instruments. The twelfth century Minster and St Mary's Church are apt settings for these concerts, along with more modern buildings, such as Toll Gavel Church which is a mere 125 years old! This Festival is such a treat that even a trip to Wembley to watch Hull City gain promotion back into the Premiership gets kicked into touch in my book.

I'm really looking forward to the new Teenage Market which is coming to Flemingate on Sunday, June 5th, too. It will allow young entrepreneurs, craftsmen (and women) and artists to show their skills. As a new concept, it's so forward-thinking that you wonder why this hasn't been done before! As Flemingate is a new concept for Beverley, it's the perfect place to host this Market. It should be a great day of fun and bargains and Just Beverley will be there supporting the stall-holders and artists and taking lots of photos. Don't forget to check out our Facebook page and website for photos which will be posted on June 6th.

The new-look Beverley Folk Festival happens on the Racecourse between 17th and 19th of June. If you are a music fan, then there really is something for everyone - it's not just finger-in-the-ear traditional folk music! There's free parking on the Westwood - the car-park is manned - so if you have never been, do go down to the Racecourse and check out the Festival village to experience all the things which are going on. Or, even better, buy yourself a ticket to access the concerts. You will love it!

Not forgetting Beverley's theatre offerings, too! A new John Godber play, starring his wife and daughter, 'The Empty Nester's Club' at East Riding Theatre and Beverley Musical Theatre with '9-to-5, The Musical' are both in my calendar. It's going to be a fabulously-entertaining month.

Have fun!  
Linda.

Get in touch with us:

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If you would like copies for your business to distribute to staff and customers, call Just Beverley on 01482 679947!

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### Errata

Gremlins got into our system last month for which we apologise. We are happy to notify readers of the following:

- The telephone number of Folly Lake Café is **07860 255981**.
- Pauline Quirke** is spelt with an 'e'.
- Kristian Sims** won a pair of cinema tickets.
- GBK** stands for Gourmet Burger Kitchen.

### Competition Terms and Conditions

Competition answers should be emailed to [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk) before the closing date with the competition title in the subject field. Include your name, address and daytime contact telephone number along with your answer. Winners will be notified within 1 week of the closing date and MUST be available for publicity purposes for Just Beverley magazine, website and Facebook page and the prize provider. The judge's decision is final. No cash alternative is offered. Details may be used for marketing purposes by Just Beverley and the prize provider and for website analytics by Just Beverley.

### CONTRIBUTORS

Julian Minshall, Linda Johnson, Alice Thomson, John Fewings, Jane Dale, Richard Manville, Paul and Anne Fox, Sham Alom, Rachael Smith.

### You can pick up the magazine from:

Beverley Parkway Cinema, Beverley Tourist Information Centre, Beverley Library/Treasure House, Tesco, Morrisons, Browns café, Beverley News, Boyes, Tesco café, Colette and Tyson Garden Centre, Beverley Garden Centre, Cherry Tree Garden Centre, Mace News in Saturday Market and Lincoln Way, Tickton News, Costcutter in Walkington, Molescroft News, Grovehill Convenience Store, The Game Bird, Maple News, Leconfield PO, Poundland, Halfords, East Riding Community Hospital, Bishop Burton PO, The Altisidora, Cherry Burton PO, Health Centres, cafés, hairdressers and more!

## Congratulations to The Garnett Family!

*Many of us were excited to see local All For One Choirmaster Helen Garnett and her daughters, who are regularly seen busking in Beverley, 'wow' the judges on Britain's Got Talent (BGT) with their near-perfect harmonies. We will also know, by now, whether The Garnett Family have progressed beyond the live semi-finals.*

Helen told Just Beverley: "The experience has been fabulous; we are really very excited! The girls were going to sing together as 'The Garnett Sisters', as in the pre-selection, but when the organisers found out that they sang Gospel with their Mum, that's when I got roped in! I'd gone as a chaperone as Abigail and Anna are only 17 and Helen is just 20. The audition really was the first time we had sung together as 'The Garnett Family.'"



Helen runs seven All For One Choirs in the locality, including two in Beverley, so support has been extensive. She is also Musical Director of Hot Gospel Choir, which is currently in hiatus.

The prize for the winner of BGT is £250,000 with the opportunity to sing for The Queen and could mean touring, recording and fame.

Helen said: "We are having to stop and pinch ourselves to come back to reality. Lorraine Kelly has already asked us to go back onto her ITV morning show after our appearance after the first round - but she was so lovely, it was just like having a chat with your best friend. BGT has already influenced our lives and, if we won, it would be even more so. We would love to get to the finals, so wish us luck!" We do, Helen, we do!

## The plastic 5p bag charge benefits us all!

**Tesco and Groundwork are inviting applications from organisations and charities involved in local environmental and greenspace projects who could use money raised from the Government's 5p plastic bag charge.**

The second tranche of grants of £12,000, £10,000 and £8,000 are soon to be awarded.

The first grants were awarded to Grovehill Area Action Group's Heritage Trail and Wildlife Project; St Mary's CE Primary School outdoor classroom project and Beverley in Bloom's Community Garden.

Applications close June 3rd.



## Think Galapagos/ Think Peru expands

*Bishop Burton-based travel specialists, Rachel Dex and Santiago Bejerano have expanded their team to meet the demand for the increasing numbers of people who wish to visit Peru, Ecuador and The Galapagos Islands.*

During April/May there were almost 100 guests enjoying tailor-made holidays organised by Think Galapagos or Think Peru.

Think Galapagos launched in 2004 with Think Peru following in 2013. Rachel said: "I think a lot of our success is down to our very personal approach and word-of-mouth recommendations. Our team has decades of experience of living and working in Latin America so they know the qualities which our guests demand when going on this holiday of a lifetime.

"At the same time, we can design each tour to suit individual budgets and time-frames. Whether it's wildlife or ancient civilisations, we can plan the perfect holiday."

For inspiration visit [www.thinkperu.co.uk](http://www.thinkperu.co.uk) or [www.thinkgalapagos.co.uk](http://www.thinkgalapagos.co.uk) or call **01964 552292** for an informal chat.



## Orange Grove Fostercare moves premises

*The local foster care agency, Orange Grove, is moving to larger premises on Annie Reed Road as it expands to accommodate the needs of the local population.*

Orange Grove places children up to the age of 18 as locally as possible, depending on individual circumstances. Children might need care for a whole variety of reasons which is why suitable foster carers are always being sought. Children are ideally placed with family members, but that isn't always possible.



Senior Social Worker, Kim Gibson-Gibbs, told Just Beverley that the ideal foster carer has a spare room; can drive and has their own transport; has patience; is a good listener; is resilient and has a nurturing personality. She added: "Anyone can be a foster carer if they wish to be as long as they are over 21. There is no requirement to having been a parent. Age is not a barrier - health, well-being and outlook is more important. Everyone is assessed on their own merits."

Foster carer Lynne Moody said: "Orange Grove is so supportive. The training and encouragement is second to none. Sometimes the kids can be challenging - they are confused, they don't want to go into care and they might have to be parted from their siblings - but Orange Grove help is available 24/7."

Along with new foster carers, Orange Grove also welcomes carers who have worked with other agencies but might wish to be involved with a more local company. Enquiries are always welcome by email [kingibson-gibbs@orangegrovefostercare.co.uk](mailto:kingibson-gibbs@orangegrovefostercare.co.uk), tel: **07496 940825**.

## Amy Johnson Festival - A Moth for Amy - July 1st - September 6th



**July 1st (which is the date when Edition 18 of Just Beverley is due to be published) will be a day of surprises.**

That's the day when decorated moths start appearing on the sides of buildings to commemorate the 75th anniversary of the death of local hero, Amy Johnson CBE.

Amy was the first woman to fly from the UK (Croydon Airport) to Darwin, Australia, in a second-hand Gypsy Moth called Jason.

It took her 19 days, during which she battled storms and plane damage and had to travel up to 8 hours a day in the open air - the plane did not have any protection.

So the tribute to her will be open-air moths, sited everywhere from Croydon Airport to Herne Bay (where she died) to her home town of Hull, and Beverley.

As we go to press, the actual sites where the moths will be displayed is embargoed - but watch our website for more information as the big day approaches!

Check out [www.amyjohnsonfestival.co.uk](http://www.amyjohnsonfestival.co.uk) for more information about Wonderful Amy!



## Plans for the 7th Beverley Puppet Festival get underway

**Held every other year, the 2016 Beverley Puppet Festival will be the best yet with over 30 companies, including 3 from overseas, working their artistic magic through puppetry to thrill and amaze audiences of all ages. Beverley's Puppet Festival is probably the biggest in the world - another record for our wonderful market town!**

Anna Ingleby, Artistic Director, told Just Beverley: "The Festival Hub will be in its traditional home of The Friary, where there will be an exhibition, a book stall, a bar, food, face painting, music and more. But we now have the additional resources of Parkway Cinema and East Riding Theatre as well as the Masonic Hall and Beverley's ancient and new streets for our acts. There will be parades through the town, a Punch and Judy in Angel Square, shows for children and families, shows for teenagers and even shows just for adults. There are free shows as well as priced events with discounts for groups and multiple bookings.

"We are so grateful to our sponsors, funders and volunteers without whom this wouldn't happen. What we do know is that there is something for everyone!" Tickets are available from [www.beverleypuppetfestival.com](http://www.beverleypuppetfestival.com) - 01482 391672 or 07855 328552.



## Local poultry producer wins national award

**T. Soanes and Sons of Church Hill Farm, Middleton-on-the-Wolds have been awarded Poultry Processor of the Year at the Pig and Poultry Marketing Awards.**

General Manager, Nigel Upson and Sales Manager Tom Kingston were presented with the prize at the prestigious London Marriott County Hall. Organised by Grove House Publishing, the awards recognise the expertise of breeding, processing, branding, marketing and retail in the supply chain in the pig and poultry industries, which brings nutritious food to our tables.



Nigel was delighted to receive the award on behalf of the team at Soanes and said: "We are delighted and honoured to receive this prestigious industry award. It is the culmination of three years' investment and consolidation and a real credit to the whole team who have worked tirelessly to get Soanes where it is today."



Soanes Poultry has been rearing poultry on their own farms in the Yorkshire Wolds for over 65 years. Their traditional values ensure that the phrase 'from farm to fork' gets the emphasis it deserves. Soanes grow their own wheat to feed to their high-welfare chickens as they grow and have their own dedicated chilled transport to ensure poultry products are delivered directly to their customers so it is as fresh as it possibly can be.

In the Just Beverley area, it is very likely that chicken, turkey, duck, goose, rabbit, hare, pheasant, guinea fowl and partridge that you buy from your butchers or farm shop or eat in a restaurant has come from Soanes, so it's great that they have been recognised nationally. Congratulations!



**EVERY THURSDAY AT 10.30am**  
(doors open 9.45am)

Join us for a free brew and a natter and enjoy some great films on Beverley Parkway's Big Screen. Only £4 with drink and biscuits included. Aimed at 55s and over! (All films are subject to change).

**Thursday 2nd June -**  
**My Big Fat Greek Wedding 2 (12a)**  
**London Has Fallen (15)**

**Thursday 9th June -**  
**The Man Who Knew Infinity (12a)**  
**My Big Fat Greek Wedding 2 (12a)**

**Thursday 16th June -**  
**Eye In The Sky (15)**  
**The Man Who Knew Infinity (12a)**

**Thursday 23rd June -**  
**Eddie The Eagle (PG)**  
**Eye In The Sky (15)**

**Thursday 30th June -**  
**Bastille Day (15)**  
**Eddie The Eagle (PG)**

**MONDAYS @ 8.15pm**

More 'what is it' than 'whodunnit'

Fancy a film but not sure what you want to see? Then try our Mystery Movie Monday! You won't know what it is until it starts! It could be a classic you love or a gem you have never seen; perhaps even the first screening of an upcoming film.

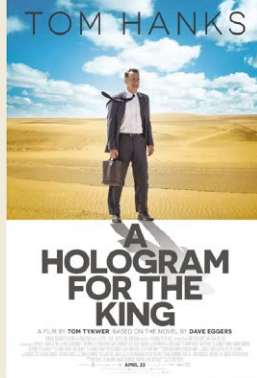
The fun is in the discovery and it's only £4 per person. Look out for clues on our Facebook page and on Twitter @parkwaybeverley

Most screenings will be 15 and over only. However, and this is a big clue, some will be over 18 only due to content.



*These are the films that will open in June (subject to confirmation):*

**3rd June**



**3rd June**



**3rd June**



**3rd June**



**10th June**



**10th June**



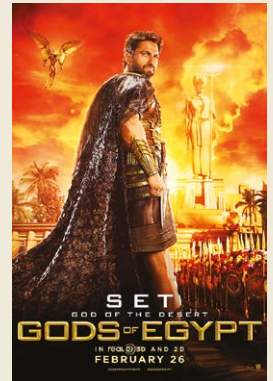
**10th June**



**17th June**



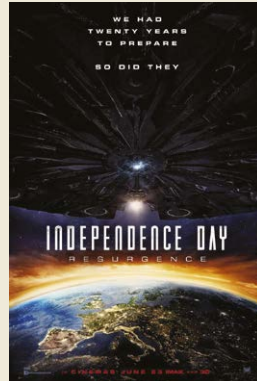
**17th June**



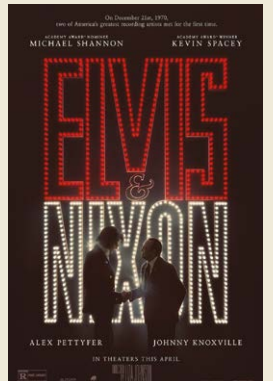
**24th June**



**24th June**



**24th June**



# YOUR NEW INDEPENDENT CINEMA



Classic films digitally remastered and on the big screen again. Thursday at 8pm.  
Admission £5.

Thursday 16th June - **Jaws (12a)**

Thursday 23rd June - **Ferris Bueller's Day Off (12a)**

Thursday 30th June - **Dirty Dancing (12a)**

**Jaws (12A) - 1975**

Director: Steven Spielberg.

Cast: Richard Dreyfuss, Roy Scheider, Robert Shaw.

When a young woman is killed by a shark while skinny-dipping near the New England tourist town of Amity Island, police chief Martin Brody wants to close the beaches, but Mayor Larry Vaughn overrules him, fearing that the loss of tourist revenue will cripple the town. Ichthyologist Matt Hooper and grizzled ship captain Quint offer to help Brody capture the killer beast, and the trio engage in an epic battle of man vs. nature.

**Ferris Bueller's Day Off (12a) - 1986**

Director: John Hughes.

Cast: Matthew Broderick, Alan Ruck, Mia Sara.

A high school wise guy is determined to have a day off from school, despite what the principal thinks of that.

**Dirty Dancing (12a) - 1987**

Director: Emile Ardolino.

Cast: Jennifer Grey, Patrick Swayze.

Baby is one listless summer away from the Peace Corps. Hoping to enjoy her youth while it lasts, she's disappointed when her summer plans deposit her at a sleepy resort in the Catskills with her parents. Her luck turns around, however, when the resort's dance instructor, Johnny, enlists Baby as his new partner, and the two fall in love. Baby's father forbids her from seeing Johnny, but she's determined to help him perform the last big dance of the summer.

## Competition



This month's main prize is a mystery - but you will still get a pair of tickets to any film of your choice to accompany it! And there are also 4 pairs of tickets for runner-up prizes.

Being lovers of science fiction at Just Beverley, we are looking forwards to this sequel, which is destined to be the must-see film of the summer! So, to win our prize, **which film has a 'resurgence' in June?**

Send your answer to [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk) by June 16th. You must include a daytime telephone number, your address and be available for publicity for Just Beverley and Parkway Cinema. Usual Just Beverley terms and conditions apply (see page 3).

**Last month's Parkway Cinema competition winners -**

The lucky winner of the film posters was **Antony Green** from Beverley. He also won a pair of cinema tickets to a film of his choice. Runners-up who won a pair of tickets each were **L. Austin, Marian Cox, Angela Shingler and Tony Barker**. Congratulations to you all!



Event cinema offers something a little different to mainstream films. Live and pre-recorded shows beamed in via satellite from all over the world. Here are the latest live streams that you can enjoy on the big screen at Parkway Beverley.

TICKETS NOW ON SALE

Wed 8th June at 19:00 -

**RSC LIVE: HAMLET (12a)**

Thurs 9th June at 19:00 -

**NT LIVE (encore): THE AUDIENCE (PG)**

Mon 13th June at 19:30 -

**GLOBE ON SCREEN: The MERCHANT OF VENICE (PG)**

Thurs 16th June at 18:00 -

**LEONARDO DA VINCI: THE GENIUS IN MILAN (TBC)**

Sunday 19th June at 14:00 -

**THE RAILWAY CHILDREN (Encore) (PG)**

Tues 21st June at 18:30 -

**GLYNDEBOURNE- THE BARBER OF SEVILLE (TBC)**

Mon 27th June at 19:30 -

**ROH: WERTHER (TBC)**

Tuesday 28th June at 19:30 -

**GLOBE ON SCREEN: RICHARD II (PG)**

Wednesday 29th June at 18.30 -

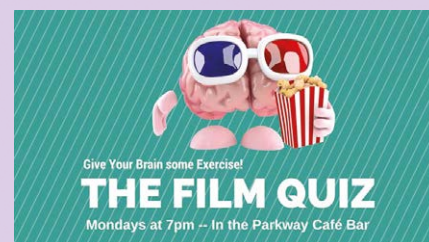
**THE IMPORTANCE OF BEING ERNEST (encore) (12A)**

Mon 4th July at 18:00 -

**ST PETERS AND THE PAPAL BASILICAS OF ROME (TBC)**

Thu 7th July at 19:15 -

**BRANAGH THEATRE LIVE: ROMEO & JULIET (TBC)**



Why not test your film knowledge at 7pm before the Mystery Movie Monday?

There are free film tickets for the winners!

# Riva Lounge now open

**Lounge bars are a relatively new concept in the UK so what better location for Beverley's own Riva Lounge than in the happening new destination which is Flemingate.**

Located in a highly-desirable position overlooking the green, leisure area opposite the cinema, the large windows make the interior light and airy whilst the outside seating under awnings and umbrellas gives the European feel which is going to make Riva Lounge the place to be!

Riva Lounge is a large space which has been cleverly decorated to give a different 'feel' to different areas. There's rustic wood, Italian stone, beautiful Chesterfield sofas, a log-burning stove, large paintings and a beautiful bar with a selection of beers, coffee and gelato.

The menu features locally-sourced ingredients with European tastes. There is a brunch menu served from 9am-2pm with the main menu served from 12noon; there really is something for everyone!

Shaun Thompson, MD of Edenslife Ltd, who have created the Riva Lounge concept, told Just Beverley: "We are really happy to be here in Flemingate, creating this new concept for Beverley. We have a refined yet informal lounge designed to attract everyone. There are no barriers. Whether you want a coffee, a snack, a drink or a meal, by yourself, as a couple, with family or friends, Riva Lounge is here. We look forward to welcoming you."



## Flemingate installs Beverley's first electric car charging points

**Always aiming for innovation, Flemingate has installed the first electric car-charging points in the town. Hull-based Genelec, an electrical contractor specialising in renewable projects, has installed WallPod EV (Electric Vehicle) Commercial Charging Points for free use by shoppers and visitors to the centre.**

The points charge 60% faster than a 13amp domestic socket and power up a typical electric car in approximately two and a half hours. Graham Tait, Flemingate Centre Manager, said: "Drivers are more environmentally conscious than ever before, with electric vehicles becoming increasingly popular. These are the first public electric car-charging points in Beverley and we're sure drivers of green cars will find them very convenient."

Installed in partnership with local Nissan dealer, Trenton (Hull) Ltd, the launch of the electric car-charging points will showcase the world's best-selling electric vehicle, the Nissan LEAF.

With over 65,000 sold globally, the LEAF is Nissan's latest generation of all-electric cars, capable of a range of 155 miles.

Ian Tattersall, Electric Vehicle (Innovation) Specialist at Trenton (Hull) Ltd, said: "Trenton is delighted to help any business that is contributing to the infrastructure for electric vehicles in the area. One of the issues that holds people back from committing to green-powered vehicles is the availability of public charging points. This service fills the void in Beverley and at an ideal location. We're delighted to have contributed to the installation of these fast-charging points and to be working with Flemingate to promote the benefits of fuel-free driving."

The electric car-charging points are situated on the third floor of Flemingate's multi-storey car park and are free for customers paying to use the car park. With parking at Flemingate costing just £1 for 3 hours, that's more than enough time for drivers to charge their cars whilst they wander round the

shops, have a bit to eat or see a film at Parkway Cinema. Flemingate has recently achieved the coveted Park Mark® Safer Parking Award for delivering a safe and crime-free parking experience, which will give drivers extra confidence that their cars are safe whilst enjoying the attractions of Flemingate. In addition, the car park has been measured for the Disabled Drivers Association-recommended car park award, which it also passed.



## Baytree Interiors Opens

**The twelfth Baytree Interiors shop opened in Flemingate, Beverley.**

Most of its stores are located in bigger cities, such as Leeds and Manchester, but Managing Director, Nick Hill said: "Flemingate marks the next step in our expansion strategy and we are thrilled to open here. We are positioned in a great location which has been reflected by a strong opening weekend of trading."

Graham Tait, Centre Manager at Flemingate added: "The growing number of high quality brands at Flemingate continues to reinforce its status as a key retail and leisure destination for the region."

This exciting opening adds depth to our offer, which will continue to evolve in 2016 with Riva Lounge and Café Bar and GBK, as well as some exciting retail announcements later this year."

## Flemingate's Developers - Wykeland Group

**Wykeland is a local developer whose brand statement 'Regeneration for the next generation' reflects the company's long-term view and commitment to sustainable, environmentally-friendly development.**

It has the area's long-term economic growth at the core of its business and currently has £300m development pipeline reflecting the trust both private and public sectors have in the company.

The Flemingate scheme cost £120m, including the 65,000ft East Riding College campus, housing, cinema and retail space. It is built on their ethos that physical, social and cultural regeneration are inextricably linked and that developments should deliver enduring community benefits.

Wykeland's experience of bringing vacant and derelict land to life has created a unique destination for Beverley which is developing month-on-month.

## Teenage Market comes to Flemingate on Sunday June 5th

**Don't forget this new innovation being held at Flemingate which gives young people a free platform to showcase their creative talents!**

Kick-starting this year's Humber Business Week is this fresh, inspiring event, show-casing local, creative young people and talented performers. Young traders or performers aged 12-29 years are encouraged to be part of this market, which is being hosted by the Federation of Small Businesses (fsb) and East Riding College. There are 15 trader spaces and 10 performer spaces and will run from 10am - 4pm.

Traders booked so far include Nickyandme; 1994; Merryhide; KT Creations; The Furry Dogmother; Little Lost Soul and Sweets and Treats. Performers include Swave; Mina Budworth; Rachel Makena Hodgson and Leonora Brooks. The day will have a festival feel and be a great day out for the family.





# LOVINGLY HANDMADE CAKES



This voucher entitles you to

# 20% OFF

your total bill when you buy instore

\* excludes wedding cakes and special offers/current promotions - valid until 15th June 2016

This voucher must be presented at the time of purchase, no photocopies are allowed, single use only.

# PATISSERIE VALERIE

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Est. 1926

Follow Us:   

# Meet the Mayor!

**Beverley's new Mayor is Rob Begnett, an Independent Councillor who has only been a member of the Town Council since last year. However, Rob, who works as a Senior Associate in Reckitt Benckiser's Consumer Safety Department, is known locally as someone who rolls up his sleeves and gets on with what needs to be done, which is how he got involved as a Councillor.**

Rob told Just Beverley: "I remember standing in a bar a little over a year ago, discussing the state of Beverley with some friends. It was the usual stuff, kids roaming the streets at night, parking problems, rapid housing development. And I realised that I could either continue moaning or do something about it. So I stood for both Beverley Town Council and ERYC in St Mary's East on The Beverley Party ticket and was elected for the Town Council."

Rob, who lives in Molescroft pointed out that anyone can stand for a neighbouring ward as long as they live within a certain radius. But he really didn't expect to be Mayor of Beverley!

Being Deputy Mayor for a year has meant his steep learning curve has been somewhat tempered, but even so, his first Council meeting, which was on May 16th, was an interesting experience. Beverley's Council is very evenly-balanced in terms of political attachment, which can sometimes mean there is impasse on proposals, so this is something which Rob wants to avoid.

He was therefore really pleased when two of his proposals were accepted by Council and will be taken forwards. He is confident that this is a sign that there is a real willingness to work together for the benefit of the Town.

Rob's key objective is to enable more people to get involved in community projects and community decision-making, particularly younger people, and to get best value from the money the Town Council has to spend. During his year as Deputy Mayor, he was able to visit other small councils and has been impressed by Pocklington, Driffild and Goole Town Councils with their community projects and youth engagement.

Rob said: "Sometimes the words 'Community Centre' and 'Youth Forum' trigger negative thinking and anxiety. But there is no real community focal point in Beverley, just fragmented services which may or may



not be suitable for everyone's needs. A Community Centre can be used for all kinds of things - including maybe a more suitable home for Beverley Town Council than its current premises, a possible cost-saving in itself.

"There is also no forum where young people can make their own decisions as to what they need as

members of the community. I'm a 47-year-old bloke and shouldn't really be telling a 16-year-old what they want. A Youth Forum could include representatives from schools, youth groups, local police, council and sports clubs; we could give them the infrastructure and support to allow them to be a real voice. It would be great if local organisations could seed-fund youth activities and services like this. It's not just about youth either. There's a significant proportion of elderly people in Beverley who could benefit from better services, places to meet, activities to get involved with. Any Community Centre would be able to accommodate that."

"So one of the proposals which got the nod from the Council is to conduct a feasibility study into resources and reserves available to the Council, look at the buildings and infrastructure available to turn into a Community Centre and, if there was such a place, what it should look like and what should be in it. Part of this will also be canvassing the people of Beverley about what they want - it's their money after all!"

The other proposal which was accepted was the initiative to try to increase community engagement with the Council, particularly with younger people, by using the Council's Facebook, Twitter and webpages more extensively.

Making the Council more accessible and removing barriers to engagement will, hopes Rob, demystify what goes on at Council level and increase the number of people prepared to get involved - in the same way as he has.

Going forward, Just Beverley is sure Rob has lots more ideas up his Mayoral sleeve and we look forwards with interest as to what they might be. We do know that Mayor Begnett will be making the most of his Mayoral Year and that Beverley will see the benefit of having this mover and shaker at the helm.

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# Who 'wood' have thought it?

**On Dog Kennel Lane there is a large wooden gate. Beside this gate are some wood carvings with a notice saying 'Wooden It Be Nice Chainsaw Art' and another advertising logs, kindling and beams from Beaverwood Products. But behind the gate is a group of complementary companies which have grown over the past 38 years into something quite unique!**

Martin Gray is the owner of Ashfield Farm on Dog Kennel Lane. He has a background in turning his hand to anything, including selling a few logs! As the wood-selling side expanded, he has enlarged the size of the farm from 176 acres to 25 acres; bought a herd of South Devon cattle and some hens; built himself a house to replace the caravan he and his wife lived in for 5 years and welcomed his brother into the business.

Said Martin: "When I first moved here there were only a dozen or so cars passing the gate, now there must be a thousand cars every day. And the demand for wood for burning or turning has increased exponentially. All our wood is locally-sourced. It's cut into beams for fireplaces, posts for fences, planks for playhouses or even turned into platters for weddings! That which is to be burnt is turned into logs or kindling, air-dried or kiln-dried,

with the sawdust bagged up and used for domestic pets or pig transporters!"

"Kiln-dried logs burn quicker as there is no moisture in them, but it means they are perfect for smokeless areas.. There is nothing wasted. We have a biomass boiler for off-cuts which heats the house, the farm and the log drier."

Martin can be contacted on **01964 550217** or **01964 552112**. [www.beaverwoodproducts.co.uk](http://www.beaverwoodproducts.co.uk)



Martin invited John Pattison, The Man from Skidby, to join Ashfield Farm to make and sell his 3D wood carvings from the wood-yard using logs which come in, to create additional foot-fall.



These are carvings which will make you smile - anything from an oversize Gromit to an owl or an angel or a tango-ing couple - for indoors or out.

John is becoming nationally famous for his carvings and can now be seen at The Lincolnshire and Driffeld Shows demonstrating his art! Have a look on John's website: [www.themanfromskidby.co.uk](http://www.themanfromskidby.co.uk) or call him on **07870 747764**.



## JUST BEVERLEY WELCOMES NEW BUSINESSES

### CrossFit Barbaric

**Beverley has seen nothing like this before! CrossFit™ is the fitness programme created and founded by Greg Glassman and Lauren Jenai in America in 2000, which has taken the world by storm. Why? Because CrossFit is designed to improve capability over every physical domain regardless of age\* or athletic ability.**

CrossFit Barbaric is now open at Tokenspire Business Park, next door to the TASR indoor skate park. The premises have been taken over by Brian Gell and Jon Marlow, who intend to improve and enhance the skate park, whilst offering CrossFit training and a gym, too.

Jon has a background in bodybuilding and Strongman. He entered Strongman competitions in 2002 but he now wants to improve his all-round fitness - and will be using CrossFit to achieve his goal. Brian also has a fitness background; he will be ensuring Jon reaches his fitness aims and objectives!

Jon and Brian told Just Beverley: "CrossFit certainly delivers results. People wanting to take it up have to take a 2-part Fundamentals Course before they can book into a CrossFit class to learn the basics. There are gymnastic, weightlifting elements and bodyweight elements to CrossFit and we need to ensure that people can complete the moves safely."

There are various membership packages available including a special introductory offer of the Fundamentals Course, 2 weeks unlimited CrossFit classes and open gym use for £25.

For more information, contact Manager Simon Murray or speak to Head Coach Steve Vaughan on **07980 100569**. [www.crossfitbarbaric.com](http://www.crossfitbarbaric.com)  
**CrossFit Barbaric, Unit 4A Tokenspire Business Park, Beverley, HU17 0TB**



\*CrossFit is for over 16s only.

[www.justbeverley.co.uk](http://www.justbeverley.co.uk)

### Yorkshire Soap expands into East Yorkshire via Beverley

**This proudly independent, proudly Yorkshire business was established in 2004 by Warren Booth and Marcus Doyle and has been trading for the last 12 years through outlets in York, Leeds and Hebden Bridge.**

It was therefore a logical step to open the fourth shop in East Yorkshire. But where? A Facebook poll put Beverley high up on the list of preferred locations, and a site search quickly identified the perfect shop to settle in. So Beverley is now proud to boast our own beautiful, luxury Yorkshire Soap shop in Butcher Row.



Marcus and Warren told Just Beverley: "We have always loved Beverley as a shopping destination. It's an amazing town full of great shops, businesses and has a real sense of community spirit. The amazing mix of large stores and smaller independents really appealed to us and as regular visitors, we felt it would be the ideal place for our next shop.

"It is really important for us to love the towns and cities we establish our shops in and for us, Beverley is just perfect! We can't wait to serve all the lovely people of Beverley and beyond once our shop opens in June."

Yorkshire Soap prides itself of making handmade, affordable products which are gift-wrapped to perfection; it prides itself on exceptional levels of customer care and retail presentation. All products are suitable for vegetarians and never tested on animals.

Yorkshire Soap additionally has a website with all products available for purchase and next-day delivery. [www.yorkshiresoap.co.uk](http://www.yorkshiresoap.co.uk)

## Taking The Soft Option

**New into Beverley, providing service for businesses and home-holders alike, Greens Water Systems provides technology and expertise to improve the quality of your water.**



We live in a hard water area which means there is a high concentration of calcium and magnesium salts in it. These are essential to health, but they can have a drying effect on the skin, may mean you need to use more washing products to get your pots and clothes clean and cause a build-up of lime scale around taps, in sinks, dishwashers and washing machines.

Some of the most enthusiastic endorsements for water softeners are from owners who have previously suffered from skin irritation, rashes and eczema.

Removing excess calcium and magnesium means the water becomes 'softer'; it also means you need less soap which makes rinsing more effective and you may not even need to use a fabric conditioner. That's soap and rinsing for your clothes, your pots and you! You really can have a bath with bubbles and dry yourself in beautifully soft towels.

The University of Nottingham has tested the theory that hard water contributes to cases of eczema and found that it was 44% more common in primary school children living in hard water areas. This has been backed up by studies from Japan and Spain.

As well as protecting your skin, softened water also protects your plumbing and appliances by preventing lime scale build-up.

Heat exchangers, such as immersion heaters, last longer and operate more efficiently with fewer repairs and replacements required. A water softener can be one of your most cost-effective investments!

For more advice and information, call Dave Parry at Greens Water Systems on **01482 351769** or call in at 647, Anlaby Road, Hull, HU3 6SX (please phone to check opening hours).  
**d.parry@water-systems.co.uk. www.water-systems.co.uk**



## Wheelchair Users are Spoilt for Choice!

**Perhaps you have been using a wheelchair for years - or maybe decided that now is the time to kit yourself out with one. Either way, you will be amazed at the choices available!**

There are a considerable number of different types and styles to ensure the wheelchair is comfortable and practical for both the user and, if not self-propelled, the person pushing. There are different sizes, too, as an incorrectly-fitted chair could contribute to health problems.

Comfort can be increased with tailored-to-fit cushions made of memory foam with vinyl, fleece or even jacquard velvet coverings. There are a range of coral fleece additions which include a belt cover, calf support, foot plate covers, seat pad and armrests, all of which contribute to the well-being of the user.

There are an increasing number of functional and even funky accessories for all wheelchair users. Shopping bags, crutch holders, rucksacks (in Day-Glo colours with bespoke embroidery), security bags, phone holders, umbrellas (to protect from the rain and the sun) and even flags are all available.

There is no need for anyone who needs to use a wheelchair to miss out on the fun of making this vital piece of equipment reflect their own style!

In the Aladdin's Cave which is allmobility on Walkergate in Beverley you will find all of these products and more. Why not pop in and have a chat to Paul or Anne Fox, or give them a call on **01482 887799?**

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# Time to celebrate Fathers!

**Father's Day is traditionally celebrated on the third Sunday in June, which this year falls on June 19th.**

It's a day when we honour father-figures - the male members of our families or societies who perform masculine roles as a complement to the women-folk. Many people make a special effort to visit their fathers or father-figures or send a card or gift.

The challenge is, what is a suitable gift?

A great idea is a photograph of the special man either on his own or in a family or social group. La Lumière Photoshoots take place at their warm and friendly studio in Beverley or as an alternative, in the home or at a location of choice. After the photoshoot, you are welcome to choose from a beautiful range of designer wall portraits or digital images.

There is a choice of collections of the most popular products, which gives better value than purchasing the products à la carte.

You can claim a free photoshoot by logging onto La Lumière's website [www.la-lumiere.co.uk/familyportraits](http://www.la-lumiere.co.uk/familyportraits). There are also gift vouchers available. La Lumiere is located at **22 Trinity Lane, Beverley, HU17 ODY**, telephone **01482 867455**.

Most men love curries, so why not treat him to a meal at Beverley's own Asian-curry award-nominated restaurant, Rumi's? Make it extra special by accompanying your meal with an Indian cocktail! Rumi's is on **New Walkergate, Beverley HU17 9EP**, telephone **01482 428642**. Any fathers eating there on Father's Day will get a surprise gift, too!



Chocolate always goes down well with the men in the Just Beverley office! The destination-of-choice is without doubt White Rabbit on Dyer Lane, where Master Chocolatier Sally Hawkes, creates chocolate heaven, whether for eating or drinking. Their ethically-produced, preservative and additive-free chocolate is a delight for the eye as well as the taste-buds. [www.whiterabbitchocolatiers.co.uk](http://www.whiterabbitchocolatiers.co.uk). Telephone **01482 679325**.

If he's a sportsman, then how about treating him to a round of golf, a session with the Golf Pro or time in the Golf Studio at Beverley and District Golf Club? Give Stewart Fraser a call on **01482 869519** to arrange a surprise visit. The food at the Club is delicious so you can all enjoy your Sunday lunch there too! [www.beverleygolfclub.co.uk](http://www.beverleygolfclub.co.uk)

Golf not his bag? Then how about Clay Target Shooting at Yorkshire's premier shooting ground which is located between Leconfield and Cherry Burton? For just £35 the man/men in your life could be shooting 25 targets with full instruction. You never know who is likely to be at Beverley CTC, as it is a practice location for Britain's Olympic shooting team. Give the Club a call on **01964 551124** to book. [www.beverleyctc.co.uk](http://www.beverleyctc.co.uk)

Father's Day nearly always coincides with Beverley Folk Festival at Beverley Racecourse. Treat him to a pint of real Wold Top Ale in the Festival Village or even better, a ticket to experience the wide range of music, film, poetry, comedy and workshops. Go along with him - you will have a great time! Tickets are always available on the door if you haven't got one in advance. [www.beverleyfestival.com](http://www.beverleyfestival.com)

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# One World Travel - Spotlight Croatia

**With over three-thousand miles of stunning coast along the turquoise waters of the Adriatic, Croatia is becoming increasingly popular as a beach holiday destination.**

However spending a few days in one of its historic cities - such as Dubrovnik, Split or Pula - is a must. Located in the Northern part of the country, and just over a three hour ferry from Venice, the city of Pula features a stunning Roman amphitheatre - similar to that of the Rome coliseum.

Dubrovnik has become increasingly popular on Mediterranean cruise itineraries over the past few years, and it's easy to see why - the stunning Venetian architecture of the old town sits within the castle walls of this renowned UNESCO World Heritage site.

In Split, the UNESCO-protected Diocletian's Palace features a labyrinth of cobbled streets and indoor markets perfect for the urban explorer. Split does however offer visitors a much more cosmopolitan experience - live music spills from the bars and restaurants that line the harbour in the evenings, with shopping and nightlife equal to that of many more popular European city destinations.

Only an hour's drive from the city centre are the stunning waterfalls of the Krka National

Park, an ideal spot for a swim in the heat of the summer sun. Those who watch the popular television series Game Of Thrones may find the scenery of both Split and Dubrovnik familiar, with many location scenes for the series filmed here.



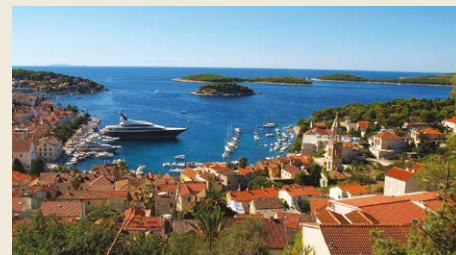
There are a variety of walking tours available in both cities that guide visitors around some of the remarkable locations used. Along the coast sit a vast array of stunning islands - such as Hvar Island - only an hour's ferry from Split. Here, fields of lavender cover the scenic countryside, and the main town of Hvar boasts a stunning historic centre and some of the best bars and restaurants in the country.

Fresh fish and seafood feature heavily on the menus of the town's tavernas, along with local wine and cheese. On an evening, the

sun sets behind the Pakleni islands - a small archipelago with some of the best beaches in the country.

Water taxis to the islands run all day, cost very little and take ten minutes.

Alternatively, you can hire a boat for the day and explore these islands yourself - explore the coves along their rugged coast, or take a picnic and set-up camp on your own private beach.



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## LIFESTYLE

# Sometimes the world is too much with us...

**Do you ever feel that it is impossible to find time to relax? And when you do have that precious few minutes, you just can't switch off? Do you get into bed at night and find that sleep just won't come, despite the fact you are just so tired?**

Humans need relaxation and we need sleep. They are part of the same continuum. From a state of heightened awareness, down through normal conscious being, down to a chilled state to sleep, brain activity correlates directly to stress hormone release. If your brain is working overtime, then so is your body; turn down those brain waves, reduce the body's stress response and sleep will come so much easier.

Relaxation is the opposite of stress. When you are relaxed it means that your body is not releasing excessive amounts of the stress hormones cortisol, adrenaline and nor-adrenaline. They are the 'flight, fright or freeze' hormones which keep you safe when danger threatens.

Imagine a dangerous dog attacking you. Your body automatically releases the stress hormones, allowing your body to respond so that you can run away from the dog, stand and fight it, or freeze so it doesn't see you. When the dog has gone, then the stress response dies down and your body returns to normal - known as homeostasis.

The stress response happens whenever our subconscious minds think we are in danger. There is an area in the brain, the amygdala, which interprets signals coming in. When we were cavemen, the dangers would all be physical

dangers - a sabre-toothed tiger, perhaps. Nowadays, though, the stress response is most frequently initiated by psychological stressors rather than physiological stressors - finding enough money to pay the mortgage; getting that pile of ironing done; meeting a deadline at work.

Today, those stressors are constant - the mortgage always needs paying, there is always ironing to be done, there are constant deadlines needing to be met at work - so there is a constant release of stress hormones; we never relax.

So how can we relax? How can we switch off those stress hormones? Using positive mind management techniques is a large part of the answer. Turning negatives round into positives, accepting the situation as it is by practicing mindfulness and meditating or going into trance mode for just 20-60 minutes every day can make all the difference. Switching off the stress hormones, allowing the body to return to homeostasis, can 'reset' both the mind and the stress response so that you can think clearly and address the situation appropriately.

Additionally, eating well (removing refined foods, wheat and sugar from your diet), exercising for 25 minutes every day, developing resilience (more of that next time) and keeping a learning diary to note your stressors and how you have dealt with them, are all key ways of keeping stress at bay.

I have made a Relaxation CD which lasts for just 26 minutes which allows listeners to relax. It uses specially-written music to calm the brain and lots of imagery to allow you to switch off.



It is available as a CD for £12.49 through my website, but for Just Beverley readers, it is available for £7.50 post free. Or if you prefer, as a download for £4.99, just email me and I will get it to you in whichever format you prefer.

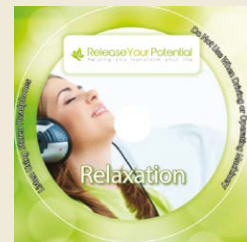
Until next time,

Linda

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# Charity Champions

Just Beverley loves to celebrate good news! We know there are many un-sung heroes in Beverley who do so much to help others, so here's your chance to let us know about your efforts. Email [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk) or call 01482 679947.

## Queensgate Pre-school Children raise money at MegaFun

**Queensgate Pre-School's buildings are in need of replacement. The raising of funds to purchase a new Portacabin is involving the children, their families and the local community.**

A recent fundraising effort was held at MegaFun in Beverley. The children were challenged to complete as many slides as they possibly could in an hour, for which they raised sponsorship. An immense amount of fun was had climbing up through all the soft play obstacles, over the rope bridges to get to the top of the big blue slides.

16 children were able to take part in the afternoon, and Queensgate are hugely grateful to MegaFun for allowing the pre-schoolers to hold their sponsored slide at their soft play centre.



Amazingly between the children they managed an incredible 436 slides down the slide - with a couple of the children managing more than 50 turns on the slide each! We at Just Beverley are impressed with their energy levels!

Queensgate Pre-school Committee is appealing for any local businesses who are able to make a donation matching the number of slides the children completed. Please contact the pre-school on **862879** or [queensgate\\_enquiries@hotmail.com](mailto:queensgate_enquiries@hotmail.com) if you are able to help.

## Stipendia staff run the Beverley 10k in aid of Go Kids Go!

**Working hard to do the best for their clients is echoed by Stipendia Payroll Solution's fund-raising for their adopted charity, Go Kids Go!**

Four members of staff completed the Beverley 10k in challenging conditions to raise around £800. Director Lynn Auton, who completed the course in 1 hour 3 minutes, said: "People were passing out, being sick and giving up. But we know how important our fundraising is to this amazing charity which gives training to disabled kids who need to use a wheelchair - and creates awareness of the restrictions disabled people sometimes have to put up with. So we kept running!"

Her fellow runners were Jonathan Parkin, who ran the course in 1 hour 12 mins, Callum Cockerill (50mins, not pictured) and Anna Green (1 hour 16 mins). Congratulations to you all!



## Meet our New Contributor - Colin Stamford

**Frequenters of Beverley Racecourse will know Colin. He's been working there for 47 years, having got the racing bug when his sister first took him to the races at just 6 years of age.**

At the time, he had no idea he would end up working there for most of his life and having now retired from his job as painter and decorator, probably had no idea he would end up contributing to Just Beverley magazine!

Colin is still very much involved at the Racecourse, though. He is the Declarations Clerk, working in the Weighing Room with the jockeys, checking their medical books to confirm they are fit to ride, and passing on information such as non-runners, colour changes or jockey changes.

'Declarations' close 45 minutes before the off time of each race, after which, Colin has to pass all the information to the starter, course announcer, race commentator, the press and the Satellite Information Service (SIS). With 6 or 7 races at each meeting, race-days can be hectic.

Colin's knowledge of the Racecourse is extensive - as is his fund of anecdotes about the people who have worked or attended there and the changes which have occurred over the years.

Just Beverley is delighted that Colin will be sharing some of this history with us over the coming months!

You can read his first 'Tales from the Racecourse' on **page 28**.



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# First in East Riding to achieve new careers advice award

**East Riding College has become the first school or college in the area to secure a challenging new accreditation for advice and guidance.**

The College has been awarded the Humber Gold Standard for Careers Education, Information, Advice and Guidance (CEIAG), which is jointly funded by Deflog VQ and the Humber LEP.

The standard has been designed for 11 to 19 schools, academies, colleges and training providers in the Humber to ensure that young people have access to "good and realistic" information and guidance about the full range of career pathways available to them.

East Riding College is one of the first three achievers of this Gold award in the Humber region and the first in the East Riding.

It has also held the national Matrix Standard for advice and guidance for a number of years.

Helen Wooldridge, director of learner services, planning and diversity at East Riding College, said: "We are fully committed to ensuring that young people and adults are provided with high quality information, advice and guidance that enables them to make well-informed decisions about their future. I am delighted that our highly experienced guidance team has passed the very rigorous assessment process and secured the Gold Standard once again for East Riding College. This achievement comes only weeks after the College was rated outstanding by Ofsted for students' personal development, which includes the information, advice and guidance provided to them."

To achieve the award, the College was assessed against eight criteria which together ensure the highest standards of impartial careers guidance to young people.

The Humber Gold Standard meets employer requirements and is aligned with national CEIAG guidelines and policy. The project was developed following information received that regional careers advice was inconsistent.

Employers reported that potential future employees were not aware of the range of career choices available locally and that young people

had often taken the wrong pathway in their skills and education developments, leading to a lack of funding when they eventually found the right pathway for them.

Andy Crossland, of the Humber LEP's Employment and Skills Board, said: "Information, advice and guidance (IAG) is essential in helping young people choose appropriate courses that lead to fulfilling careers. The Humber LEP congratulates East Riding College on gaining the prestigious Gold Standard, which signifies their commitment to delivering impartial and high quality IAG services."

A group of approximately 15 students of various ages posing for a group photo in front of the East Riding College building. The building has large glass windows and the college's name is visible on the facade. The students are dressed in casual attire, and some are sitting on a wooden bench in the foreground.

**OUTSTANDING**  
for adult courses, personal development, behaviour and welfare - Ofsted

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# Remember the Alfasud?

*Hello there and welcome to my new column devoted to cars - fast cars, slow cars, well-known cars and some not so well known. I hope you enjoy it.*

This edition I'm focusing on the Alfasud. A lot of you may well be racking your brains trying to remember the last time you saw one on the road! Well, there is a good reason for this - and it can be summed up in one word - RUST!

Unfortunately, the 1970s and Italian cars didn't go well together in terms of rust protection.

And rumour has it that unfinished Alfasud bodyshells were moved from building to building during construction, often being left outside exposed to the elements. This resulted in rust taking a hold even before the first owner collected it from the dealer.

The car featured here is an Alfasud ti Series 1, with a 1200 c.c. engine, costing £2499 new back in 1977.

Contemporary road tests were favourable, with Car Magazine summing it up as "So good to drive".

The car featured has 5 gears, disc brakes all round and has been resprayed in the original silver as well as having a lot of care and attention lavished on it.

Maintenance expenditure includes work on the engine, electricals and brakes, as is to be expected with a vehicle of this age. But if a car can be said to have character, this one possesses what the Italians call "Brio", which roughly translated means vivacity of style or performance!



All told, Alfa Romeo made over 893,000 Suds, in Italy, Malaysia and South Africa; a significant number indeed.

So if you are fortunate enough to see one, give the driver a cheery wave, safe in the knowledge that the driver is enjoying a journey "con brio".

Carfan

## Aaron Gilpin of La Lumière Photography offers professional tips to help us take better photographs. This month: Understanding Shutter Speed - A Beginners Guide

Shutter Speed is one of three important factors of photography, the other two being ISO and Aperture (we talked about Aperture last month). Shutter speed is responsible for creating dramatic effects by either freezing action or blurring motion.

### 1) What is a Camera Shutter?

A camera's shutter is a curtain in front of the camera sensor that stays closed until the camera fires. When the camera fires, the shutter opens and fully exposes the camera sensor to the light that passes through the lens. When the sensor is done collecting the light, the shutter closes, stopping the light from hitting the sensor. The button that fires the camera is also called "shutter" or "shutter button", because it triggers the shutter to open and close.

### 2) What is Shutter Speed?

Shutter speed, also known as "exposure time", stands for the amount of time the camera's shutter is open to expose light into the sensor. If the shutter speed is fast, it can help to freeze action completely. If the shutter speed is slow, it can create an effect called "motion blur", where moving objects appear blurred along the direction of the motion. A slow shutter speed is often used by landscape photographers to create silky smooth water and clouds in their images.



### 3) How shutter speed is measured




Shutter speeds are typically measured in fractions of a second, when they are under a second. For example 1/4 means a quarter of a second, while 1/1000 means one-one-thousandth of a second. Most modern DSLRs can handle shutter speeds of up to 1/4000th of a second, while some can handle much higher speeds of 1/8000th of a second and faster. The longest shutter speed on most DSLRs is typically 30 seconds

### 4) How to set shutter speed

Cameras can handle shutter speeds automatically, when the camera is set to "Auto" mode, ISO, shutter speed and aperture are automatically selected by the camera. When you shoot in "Aperture Priority" mode, YOU set the lens aperture while the camera automatically sets the shutter speed. There are two ways to manually set the shutter speed, by setting the camera to "Shutter Priority" mode, where YOU set the shutter speed and the camera automatically selects the aperture. Or if you prefer to have full control you can use Manual Mode, where you set shutter speed and aperture manually as well as ISO.

In next month's issue we will complete the exposure triangle by tackling ISO. **La Lumière Photography 22 Trinity Lane, Beverley, HU17 0DY, East Riding of Yorkshire.**

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# In the garden...

**Well, flaming June is here!**

At last we should be able to look forward to some warm sunny days. The days are the longest of the year in June, giving us the opportunity to 'potter' in the garden in the evenings and start to relax and enjoy the garden. Even the most reluctant amongst should be able to get outside and enjoy some time in the garden, albeit it may be sitting on the patio with a long cold drink.

There are no urgent jobs to attend to in the garden this month. However, you will need to...

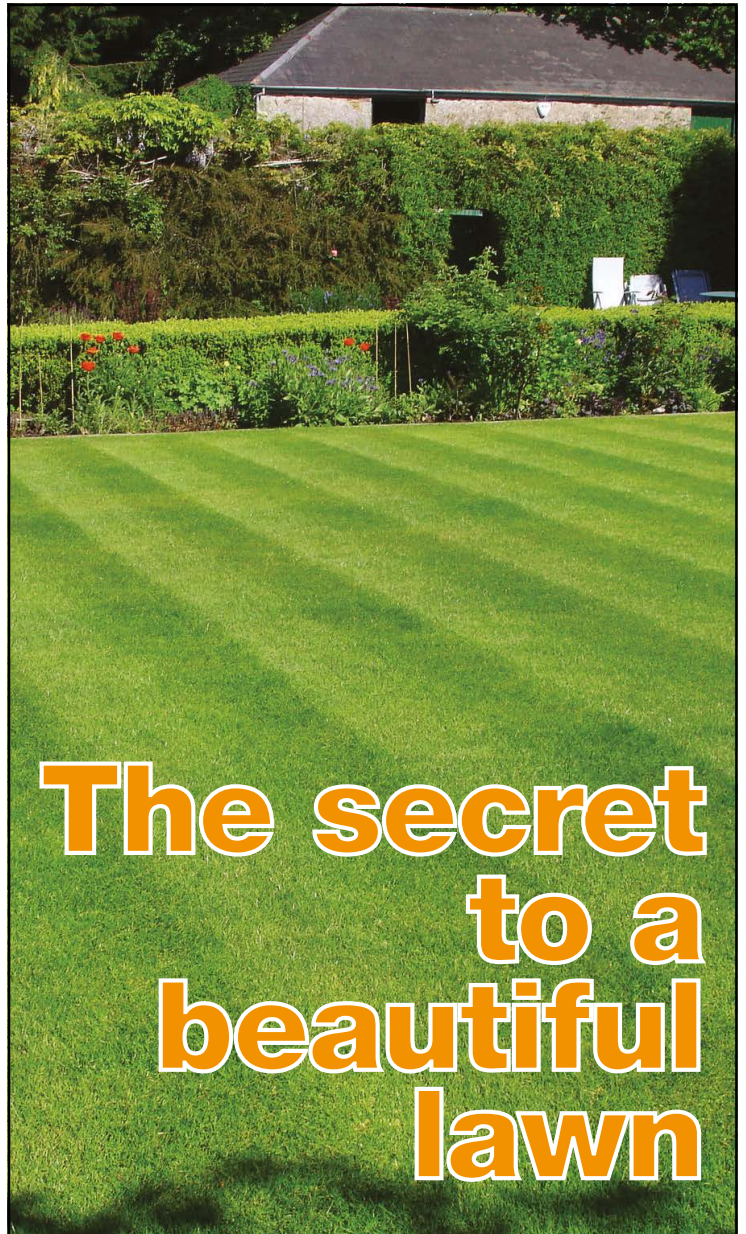
- Mow the lawn - don't cut it too short, if we have a really dry spell the lawn will go brown if you do.
- Keep a look out for pest, particularly on roses and lush green shoots.
- Keep on top of weeds.
- Tidy up/lift any remaining spring flowering bulbs.
- WATERING PLANTS - due to a combination of longer days, generally drier/sunnier days and the rate at which plants 'drink' water, you will probably need to water the garden. Newly planted plants, young vegetables and plants in containers will need watering most. Watering should be done thoroughly - ideally either early in the morning or in the evening. Hanging baskets and small containers should be watered daily and fed with a liquid feed once a week. If you have large areas in the garden to water don't try and water the whole area by splashing a bit of water on daily, split the garden into areas and give each a 'good soak' which should last up to a week. Don't be fooled by heavy thundery downpours - often most of the rain 'runs off' and doesn't enter the soil.
- DEADHEADING (removing flowers as they fade) - this is an important task which needs doing regularly. Deadheading will extend the flowering period, by diverting the plants' energy from producing seeds into new growth and flowers. To deadhead cut back to just above a bud lower down the stem of the plant using secateurs or garden snips.

In June the garden is full of flowers and fragrance from some of my favourites: roses, clematis and honeysuckle. Perennial borders will be approaching their peak and we should be able to harvest early summer vegetables and some soft fruit.

So until next month... CHEERS as I'll certainly be enjoying my patch with a long cold drink.

## Happy gardening, J.

Jane Dale of 'Designed Gardens'  
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# Legal Q's and A's

Every month Just Beverley invites a local team of legal experts to answer a question to which we don't know the answer. This month concerns building boundaries.

## HUNG OVER...

**Q.** My neighbour had an extension built up to our boundary. I objected because I feared that the eaves would overhang my property, but I was unsuccessful and now the gutters are leaking on to my property. Is there anything I can do?

Coles the solicitors have provided the following response.

**A.** The projection of the eaves over your land and the water being discharged on to your land from the leaking guttering present an unreasonable intrusion. Your neighbour has no right to do this and it is likely to constitute a "nuisance", which is actionable in the County Court. This means that you could ask your neighbour to take the roof back to the boundary. If you point out the legal position, your neighbour is likely to fix the guttering urgently, in which case you could avoid going to court.

If you have legal questions which you need to know the answer to, why not give Coles a call?

They are based at 22, Lairgate, Beverley HU17 8EP, telephone **01482 231300**.

Check out their website [www.coles-law.co.uk](http://www.coles-law.co.uk)

## Rumi's Chawal Pudding



- ½ cup black glutinous rice
- 2 cups water
- ½ piece fresh root ginger, peeled and crushed
- ⅓ cup dark brown sugar
- ¼ cup granulated sugar
- Coconut cream

### Method:

Put the rice in a sieve and rinse well, drain and put into a pan with the water. Bring to the boil, stir well to prevent the rice from sticking and settling, cover and cook for about 30mins.

Add the ginger, the dark brown sugar and granulated sugar. Cook for a further 15mins, adding a little more water if necessary until the rice is cooked porridge-style. Serve while warm in individual dishes, topped with coconut cream.

Delicious!

## Competition Winners



Left: Congratulations to Chris Longhorn who won the tickets to the Beverley Folk Festival; we know you will have a great time!

Below: Many congratulations to Suzanne Farnaby of Scarborough who won the King's Head competition to spend time with Jack Arksey making cocktails. Suzanne is here pictured with Jack receiving her prize!



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# The Vauxhall Mokka Has Room For All of Life's Essentials

**Motorists in and around Beverley are transporting up to 15 'tools for life' in their car as they go about their daily school runs, commute to work or run essential life errands, according to a recent survey by Vauxhall and local retailer, Evans Halshaw, which revealed that it's not just the car itself that's an essential tool for getting through life.**

Drivers in Beverley are always ready to face a change in the weather or a medical crisis, with sunglasses, de-icer, a first aid kit and a torch among the top ten things found in their car.

Whilst the top ten items found in a man's car are made up of typical motoring essentials including a breakdown kit, women appear to carry extra necessities in their vehicle that are important for life's "real" emergencies.

Whether you need spare change for parking, a change of shoes, a gym kit or even a top up of nail varnish, you are far more likely to find it in the car of your female friends, according to the latest findings. In addition, ladies are also more likely to keep snacks, deodorant and even secret shopping purchases that they haven't yet confessed to their partner.

However, it seems that our ideas of life's essentials change once we become a parent in Beverley with both male and female parents adding baby wipes and toys to keep everyone occupied to the list of things they can't go on a car journey without.

It's clear then that the average motorist needs enough room in their car for all of life's necessities.

So with the latest Vauxhall Mokka models available from Evans Halshaw Beverley you can be prepared for every eventuality with a 356-litre boot.

And while you're busy dealing with life's challenges, the Vauxhall Mokka will ensure that everything else runs smoothly with its well thought through features such as Adaptive Forward Lighting AFL+, ergonomic seats and Navigation IntelliLink voice-control infotainment system, compatible with both iPhone and Android devices.

Aron Brown, Dealer Principal at Evans Halshaw Beverley explains: "The Vauxhall Mokka really is a vehicle for life's daily needs. With comprehensive

safety features, bags of room and optional extras to make life easier such as the Adaptive Forward Lighting System and All-wheel Drive Transmission, the Mokka is perfect for anyone who needs a vehicle that will assist them through whatever life throws at them."

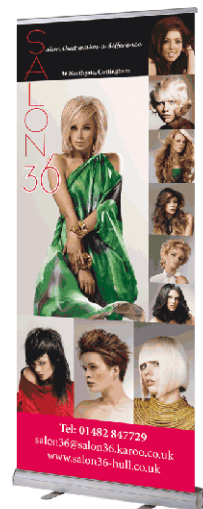
The Mokka is available in four trims: Exclusiv, Tech Line, SE and Limited Edition, with prices starting from £16,789 on-the-road.

To book a test drive of the Vauxhall Mokka or to find out about the range of finance options available, please visit [www.evanshalshaw.com/vauxhall](http://www.evanshalshaw.com/vauxhall) to find your closest retailer.



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# MAPS (If only they made sat-navs for the countryside) by John Fewings

You don't have to wrestle with Tom-Toms

As I've struggled with maps through the years

Folding the blessed things back into shape

As the wind whips them up round your ears

And then when you've got them all folded

Your hands all frozen with cold

You try to track down your location

But you find that you're just on the fold

You're either just here by the forest

Or maybe just there by the dam

Or just on the edge of this mayonnaise splodge

Or this patch of old strawberry jam

And then when you think that you know where you are

(A remarkably rare situation)

You suddenly realise the map's upside down

And you're filled with an air of frustration

What you thought was a track is a river  
That railway's the stream that we crossed

That windmill's a turbine, that castle's a pub

I'll confess it - we're totally lost!

What I need when I walk is a Tom-Tom  
With a voice that is soothing and calm

To guarantee geographic safety

To prevent me committing self-harm!

"Take a left turn down by the river."

"Cross the bridge, cross the field, climb the stile."

"There's a place you can stop for a picnic  
In a little over a mile"

With a satellite tracking my movements

I'll know just where I am to the metre

I never will be bewildered again

My ramblings will be that much sweeter

I'll never need scramble down loose banks of scree

Or climb up near-vertical faces  
I'll never discover the shady wee nooks  
Or those off-the-beaten-track places

But where is the sense of adventure in that?

Is a Tom-Tom too cosy perhaps?  
It's so much more fun when you haven't a clue

I'll maybe just stick with my maps.



John Fewings is a member of the Argy-Bargy Poets and a presenter on Beverley FM. Find out more about John on his website - [www.johnfewings.zone](http://www.johnfewings.zone)



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# Golf with Stewart Fraser

*This month, Stewart Fraser, Beverley and East Riding Golf Club's Golf Professional, begins a series helping golfers and non-golfers alike, learn more about the techniques of playing the game. His first article starts with the basics of holding a club.*

Often overlooked, learning to hold the golf club correctly is one of the most important things you can do to play golf successfully. It is not a complicated thing to do but the basics need to be correct.

A poor grip can result in a lack of power, it can cause faults in the swing and more obviously cause your ball to fly in the wrong direction.

There are 3 different types of hold that are widely used, these are:

**Baseball:** This is where the hands are placed side by side with no link. If you struggle to generate power or have hand injuries give this a go!

**Overlapping:** This is where the little finger of the bottom hand sits between the index finger and the middle finger of the top hand.

**Interlocking:** This is where the index finger of the top hand is linked to the little finger of the bottom hand.

Basically there is no right and wrong, all 3 have their benefits. The most important aspects of the hold are the positioning of the hands on the club and the pressure of the hold. Always start your hold with the top hand. We are going to place the hands on the grip as close as possible to the image below.



At this point make sure that when you look down at the back of the hand 3 knuckles. The bottom hand is started the same as the top, creating a cradle with the fingers and sitting the club in them. I like to make sure I can see a 'V' between my thumb and index finger that points just right of my chin. Now you have the perfect hold the final piece of the puzzle is to ensure that the pressure of the hold stays soft throughout the swing.

A little practice with your new grip will result in the most accurate, powerful shots you have ever hit!

Stewart can be contacted on **01482 869519**. If you would like to start playing golf or improve your game, why not give Stewart a call?

Or pop into the Golf Club on the Westwood - you will be given a warm welcome!



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# Tales from the Racecourse

*I've been working at Beverley Racecourse since the age of 22, when I set up my own painting and decorating business and won a contract to work there. At the time I had £70 in the bank, so I cautiously invested £30 in a Morris Minor to get all my equipment around.*

Between January and April, everything would be painted in green ready for the start of the racing season. There were some big jobs to do, too! One of them was painting the Tattershall ('Tatts') Stand and all the steelwork on the roof.

I was also asked if I would work on race days, painting the boards on the paddock and the Hurn. The job was to hand-paint all the jockey's names onto boards with their race number and also to put up the results of each race. These were displayed on the weighing room roof, which, in those days, had a flat roof. There was also a large TV dish up there.

It wasn't unusual for the jockeys to come up onto the roof to speak to me. On one occasion, a visiting jockey asked me what purpose the TV dish served. I told him it sent all the pictures of the races to the betting shops.

"So what would happen if you switched it off?," he said. "It would shut down the pictures of the races.," I replied.

Later that day, the jockey stuck a wad of notes in my hand and asked me to switch it off for 30 seconds. He was wanting to 'fix' the race by pulling the favourite so he could win at 33/1.

"I can't do that", I said, and sent him packing. The favourite went on to win the race.

One of my roles at the racecourse is acting as 'Beat the Bookie'. I prepare a Tipster's Board with all the tips from the newspapers plus my own 'Beat the Bookie' favourite. I have had my fair share of winners (and losers) over the years, but I always try to give the punters a big price winner.



This reminds me of the day I was presented to The Queen. She inquired as to my job and when I told her, asked if I had a winner for her. I told her my tip of the day - which unfortunately came in third; I hope she didn't put too much on it!

I also remember the first time I went to the Racecourse with my sister and put all my pocket money, sixpence, on a grey because I liked its colour. It finished nowhere; I never bet on grey horses now!

If you're at the Racecourse, have a look at the Tipster's Board for 'Beat the Bookie' - you may get a winner!  
Colin Stamford.





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# Creating Thrills And Skills For Life

**The Pauline Quirke Academy is a weekend performing arts school, offering tuition for 4-18 year olds for 3 hours every Saturday morning - the latest branch opened in Beverley at the Grammar School on Saturday 7th May.**

PQA was started by actress Pauline Quirke and her producer husband Steve Sheen in 2007 with an Academy in their local town, Beaconsfield. This proved to be a very successful venture and led to further openings over the years. There are now 112 Pauline Quirke Academies in 82 locations nationwide!



Students spend three hours at the Academy, rotating through hour long sessions - Comedy & Drama, Musical Theatre and Film & Television. Students are split into groups according to their age and are taught by specialist, experienced teachers.

As well as many in-house productions and showcases there are two stand-out highlights for all PQA students. The first is the chance to see their short film projects on the big screen of their local cinema, where they get to walk down the red-carpet just like the Hollywood stars.

Some of these films even get selected for the Empire Cinemas / PQA Film Festival, where winning films are shown on the big screen at the Empire Leicester Square in a glamorous event students and parents will never forget! The second is the chance to take part in one of the annual PQA shows in the West End.

Every year different academies join together to create a spectacular show at Her Majesty's Theatre - home of The Phantom of the Opera. PQA believe in rewarding and inspiring their students, so along with regular reports to monitor their progress, all students are offered group exams through Trinity College London - at no additional charge to parents.



PQA students have the chance to join an exclusive PQA agency for professional work - Quirky Kidz Creative Management Agency. QK have plenty of success stories to boast about.

The BBC's hit drama Peaky Blinders features Alfie Evans-Meese from PQA Wolverhampton and other students have appeared in Casualty, EastEnders, Doctors and Les Miserables, as well as countless pop videos for groups including One Direction.

QK clients have also had success on the stage, including students in Charlie and the Chocolate Factory in the West End, and there has been a stream of clients who have won parts in commercials.



James Aconley, Principal of PQA Beverley told Just Beverley: "I am delighted to provide young people in the area with such a unique performing arts experience. We teach a comprehensive range of skills, which are useful for everyday life, not just a career in the performing arts. I am so excited to see what the future brings and want to thank everyone for their support!"

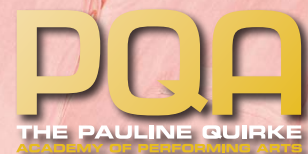
PQA Beverley is enrolling now. Classes run on Saturdays from 9.45am-1pm. Find us at **Beverley Grammar School, Queensgate, Beverley, East Riding of Yorkshire, HU17 8NF**. For more information or to book a free taster session call **0800 531 6282** or visit [www.pqacademy.com](http://www.pqacademy.com).

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# PUZZLE PAGE

It's a thought...  
FATHER'S DAY

## Sudoku

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.

5	3			7				
6			1	9	5			
	9	8						6
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
				8			7	9

## Wordsearch

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 V G O L F E Y Z O V H R Y O M  
 S L A V I T S E F C G T F R P  
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ACOUSTIC  
 CAMPING  
 COUNTRY  
 DANCING  
 FESTIVALS

FOLK  
 JAZZ  
 POP  
 TENTS  
 WELLIES

Being a great Dad is:  
 Pretending that socks  
 are the best gift ever!

A father and his  
 car keys are soon  
 separated.

What is the toughest  
 Job in the world?  
 Being a parent.

Money isn't  
 everything!  
 Try telling that to  
 the kids.



Let me out!!!

Do you have any  
 amusing stories,  
 quotes or pictures?  
 Send them to  
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# Rhoda Baxter - the scientist who writes romantic fiction

**Rhoda Baxter is the pen name of a Beverley lady who has a PhD in microbiology from Oxford University and who works part-time at Hull University in technology transfer; she is therefore the last person you would expect to be writing her 5th romantic novel!**

As with most people, Rhoda was torn between her options when she was at school. Her father encouraged her to study science rather than English, even though he knew she was already showing talent as a writer, saying that she could always write in her spare time. So that's what she does! Every night between 9pm and 10pm when her 2 children are tucked up in bed, she is to be found typing away as her stories come to life!

Rhoda describes herself as a writer of fast-paced, jokey romances and serious domestic drama. She is currently writing a book a year - a self-imposed discipline rather than her publisher's demands, although Rhoda says there is a certain expectation that books will be delivered at regular intervals! There have been 4 books to date with a 4th imminent.

• 'Patently in Love' was published originally in 2011 and was relaunched in 2014 as 'Girl on the Run'. It's set within a firm of patent attorneys and, unlike other books set within law firms such as 'The Constant Gardener', is romantic fiction. A group of patent attorneys did review the book for her and found it highly amusing - high praise, indeed!

• 'Having a Ball' which originally came out in 2012 is due to be rereleased as 'Girl having a Ball' later this year.

• 'Dr January' was published 2014

• 'Please Release Me' was published in 2015. It is a paranormal romance, set in a hospice and about a long-term carer whose life becomes so intertwined with the hospice that when the people she has been caring for dies, she does not know how to reintegrate into society at large. Rhoda visited Martin House Hospice and was so impressed with its work, that half of her royalties from this book are being donated to it.

• 'Girl in Trouble' is due to be published at the end of this year.

Rhoda's publisher is Choc Lit - a fiction specialist where readers on a 'tasting panel' give feedback before the book is published. 5 out of 6 readers have to like what they read or Choc Lit doesn't publish it! That means that there is a wide range of fiction, much of which cannot be compartmentalised into the usual descriptors of 'chick lit' or 'romance'. Choc Lit also publish books as e-books, hard- and paperback and audio. 'Please Release Me' is in softback and e-book and will be in audiobook next year. All are available on Amazon with hard- and soft-copies also available from bookshops.

As a member of the Romantic Novelists Association (RNA) and the Society of Authors, Rhoda is very keen to support other writers by organising events and reviewing manuscripts. It was the RNA who suggested she allow her comic voice to come to the fore so she would encourage other would-be writers to access their training scheme.

As well as writing, Rhoda herself is an avid reader. So what sort of books does she like to read in her all-be-it-limited spare time?

Rhoda said: "I am a great fan of the late Terry Pratchett. I am currently rereading 'Nation' which I think is his greatest book. I am also reading the Harry Potter books to my daughters; but this time discovering the clues which JK Rowling cleverly seeded in the earlier books! I also like Mary Stewart and for a Yorkshire 'voice', Millie Johnson; she's very talented!"

You can find out more about Rhoda Baxter on her website [www.rhodabaxter.com](http://www.rhodabaxter.com). Follow her on Twitter and Facebook and read her blog.

Check out Good Reads and Amazon for reviews of her books - they are all impressively high! Her Dad was right - this lady CAN write!



## Baby & Toddler Groups and Classes in Beverley and Beyond

*I'm a mum to a 5 and 2 year old so have been to my fair share of baby and toddler groups over the last few years. When I first became a mum I had no idea what there was to do in Beverley with little ones. It turned out there is actually loads going on and we're spoiled for choice! These groups and classes were a saviour for me to get out and about, meet new mums and let my children play and learn with other children. I wanted to share a few of my favourites...*

The first class I ever tried was Music with Mummy, a music class for babies and pre-schoolers. I really enjoyed this and did it with both my children and have now been going for 4 years!

The first class, Jolly Babies, is for 0-12 months and in it we sing some well-known rhymes, some unique ones and use simple instruments. As babies grow, we moved to Music with Mummy, for 12 months to 3 years. Here the songs are based around themes each term with catchy actions to learn, and even more instruments to use. I often find my toddler at home singing the songs and doing the actions and I find myself singing them on car journeys with all of the family joining in. The classes are very structured and this has helped my children listen and concentrate more (well, as much as a toddler can!). The Beverley classes are run by local mum of two, Kelly. She's a great teacher and the kids all love her. Her classes are at Molescroft Pavilion and Beverley Racecourse and are definitely worth checking out.

The other groups I'd recommend are the playgroups run by Cathy Beynon at Kings Church, just off Swinemoor Lane near Aldi. Pitter Patter is for babies under 1 and Gems is for all pre-schoolers. You get great refreshments at both groups too. Cathy is really welcoming and the groups are a great way to meet other mums. Cathy is also Children's and Family Worker at Toll Gavel United Church so watch out for even more initiatives suitable for young children. For example, the toddler's events at New Paths Music were so popular! All of the playgroups and classes in and around Beverley are on the Hull & East Riding Mumbler website, [www.hullandeastridingmumbler.com](http://www.hullandeastridingmumbler.com). It's by area and by day so look in What's On, pick East Riding and search by day on the left. Happy Music-making!



Rachel

Hull & East Riding **mumbler.com**

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## ARTS

# Burton Agnes Jazz & Blues Festival - 1st 2nd and 3rd July

*Possibly the most enjoyable jazz concert I've ever attended' said 'The Independent'; and now in its 10th year, you can understand why!*

The Festival is set in the award-winning grounds and Great Hall of the beautiful Burton Agnes Elizabethan stately home, surrounded by views across the surrounding Yorkshire Wolds. It really is the most relaxed festival you could ever imagine, as you soak up the sounds of the hottest jazz and blues acts.

Some of the bands are like old friends - **Mad Dog Jones and the Sophisticats** open the Festival with their charismatic style, playing well loved jazz classics with an infectious enthusiasm to set the tone for this great weekend. Then the jazz/funk fusion of the 9-piece **Bugalu Foundation**, which originated in the mid-90's Latin soul scene and has recently rejuvenated itself with some new blood, entertains – and how! It doesn't finish there, though! The Wold Top Beer tent will host late-night sessions on Friday and Saturday - and might even attract some of the acts appearing on the Main Stage.

Saturday afternoon finds the innovative **Manjula** with their haunting ambience of Indian vocal training combined with jazz improvise. Then to **Dudley Nesbitt**, an exceptional and unflagging advocate of the art and culture of the steel pan with his contemporary take on Latin American beats (calypso, cha cha, soul, samba, bossa nova, rumba and jazz) which is bound to have you swaying in your seat if not up on your feet. The **Blind Monk Trio** round off the afternoon session with a fresh spin on the sax/bass/drums format and some surprising interpretations of jazz standards.

Saturday evening brings two ladies who will deliver an unforgettable experience. One of the greatest British jazz voices, **Elaine Delmar** accompanied by a stellar group of musicians, performs Gershwin, Porter and more. Then, 60's legend, **PP Arnold** takes to the stage! She really will have you dancing! She promises to sing her classic hits 'Angel of the Morning', '(If you think you're) Groovy' and 'The First Cut is the Deepest' along with gospel, soul, Northern soul, folk and newer self-penned compositions. Backed by The Ray Russell Band do catch **PP Arnold** - it's a unique opportunity!

Sunday afternoon sees gypsy jazz and swing violinist **Matt Holborn**. Then **Lindsay Hannon and her Band** take us on a journey from raucous barrel house blues to thoughtful, spacious ballads across a variety of grooves - it will be an electric atmosphere! Then **Graeme Wilson** appears with his infusion of driving jazz, Latin rhythms, folk, rock and swing. Wow! The finale sees Festival organiser, **Simon Cunliffe-Lister** joining **Ben Beattie's After Midnight** playing original compositions and songs we all know and love. The Festival also features performances in the Great Hall - which does have seating. Otherwise, bring your own chairs and umbrellas - to keep off the sun, of course!

There is food available, a Tea Tent (with the most delicious home-made cakes), ice-cream and camping is available with hot showers. The grounds are open to Festival visitors, along with the shops and café, walled garden, giant games and free parking. Tickets are on sale now, email [office@burtonagnes.com](mailto:office@burtonagnes.com) or at the gate. [www.burtonagnes.com/Jazz\\_Festival.html](http://www.burtonagnes.com/Jazz_Festival.html)



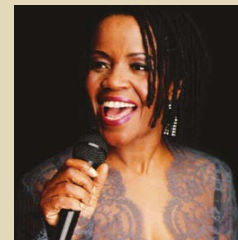
## Competition



*Burton Agnes have generously given a pair of tickets giving access to the whole weekend of the Jazz and Blues Festival (worth £160!) to the winner of our competition.*

All you need to do is answer the following question:

**Burton Agnes Jazz and Blues Festival headliner PP Arnold had a hit with a Cat Steven's song in 1967. What was that song?**



Send your answers by e-mail to [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk) by June 16th. You must include your daytime telephone number, full address and be available for promotional purposes for Just Beverley and Burton Agnes Jazz and Blues. Full competition details are printed on Page 3.

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# Beverley Folk Festival - bursting with music and more

## The Main Stage

The biggest line-up ever welcomes Yorkshire songstress Kate Rusby to the Main Stage on Friday evening. Four-time winner of the BBC Radio 2 Folk Awards and with 20 albums to her credit, Kate will be supported by Tim Edey and Anthony John Clarke. Tim Edey was himself awarded Musician of the Year at the 2012 BBC Radio 2 Folk Awards. He's rated by many to be one of the world's finest melodeon and guitar players on the folk and contemporary music scene. Meanwhile, Anthony John Clarke has twelve albums to his name, three singles and two songbooks. He's played in hundreds of clubs and at many festivals throughout the world and has an instantly recognisable voice.

On Saturday afternoon, The Young'uns with their irrepressible humour, harmony singing and passion for storytelling appear with Gilmore and Roberts, Steve Tilston and Friends, Maia, Roger Davies and Emma King. What a great afternoon that promises to be!

Saturday evening brings something very special - Tyne Treasures featuring The Lindisfarne Story Band, The Animals and Friends and Jez Lowe. The Lindisfarne Story Band features former Lindisfarne members Billy Mitchell

and Ray Laidlaw performing 'Fog on the Tyne' in its entirety. The Animals and Friends include original Animals Mick Gallagher and John Steel performing classic Animals hits and more!

Sunday afternoon sees a very exciting Americana concert featuring Wild Ponies from USA, local lady Carrie Martin (who is mentored by none other than Gordon Giltrap), Dan Webster, Flats and Sharps, Chloe Chadwick and The Goat Roper Rodeo Band.

The final concert on Sunday Evening is a night to remember. The legendary folk-rockers Steeleye Span and equally-legendary prog-folk band, The Acoustic Strawbs are ably supported by The Churchfitters. Will anyone allow them to leave the stage?



## The Big Top

This new venue features Gilmore and Roberts, Sam Carter and Maia on Friday evening. Gilmore and Roberts are known for their dynamic live show as well as their prize-winning songs. Sam Carter, Best Newcomer at the 2010 BBC Radio 2 Folk Awards and TV star (he appeared on Later...with Jools Holland) has been 'wowing' audiences world-wide and Maia are local favourites, back by popular demand with their self-proclaimed Sci-fi folk disco rock.

New this year is 'Bop in the Big Top' on Friday and Saturday evenings from 11:15pm until late! Friday features Billy Lee and the Swamp Critters, Saturday you can cook up a storm with The Buffalo Girls Stampede.

Saturday afternoon you can catch Tim Edey and Anthony John Clarke again, along with The Grand Old Uke of York, traditional folk musicians Jim Boyle & Dave Gray and King Courgette. King Courgette are a five-piece, self-styled 'vegetable string band' described by Americana UK

magazine as "one of the finest purveyors of that junk band, depression-era, old-time drinking music."

Saturday evening brings The Young'uns back as headliners with Flats and Sharps and Joe Broughton's Conservatoire Folk Ensemble. Joe's band has been together for 19 years playing everything from folk to funk, classical to ska, reggae to jazz with hip-hop and anything else you can think of thrown in for good measure.

Sunday afternoon Jez Lowe headlines with Maddison's Thread, Mestisa, Mitchell & Vincent and The Churchfitters. Jez is a Sony award-winning songwriter and double Folk Award nominee from County Durham who will also appear with The Tyne Treasures Concert on Saturday evening on the Main Stage.

Sunday evening is Party Night in the Big Top! If you think you've danced on Friday and Saturday nights then think again! Merry Hell, Celtarabia, Roisin Ban and Buffalo Gals Stampede will have your feet moving like never before.

## The Attractions Room

The newly-refurbished Attractions Restaurant is home to a new inside venue with a programme full of surprises! On Saturday afternoon, The Lindisfarne Story Band take us through the history of Lindisfarne with some acoustic versions of their well-known hits accompanied by archive footage and stills. Then The Buffalo Girls Stampede entertain with dancing and music from the Appalachians. But don't go away - The Comedy Club then presents The Jake Thackray Experience.

Jake was one of the funniest song-writers this country has ever produced - and this tribute will have you rolling in the aisles! If you want to know more about Jake, The Film Club presents 'Jake Thackray - Live at the Unicorn' later that evening. Not to be missed!



Sunday and the Film Club is back screening the original 1973 version of 'The Wicker Man' at 10am. There is lunchtime jazz and blues with The Roamin' Jasmine, who explore New Orleans jazz, American blues, Calypso and country all set to traditional jazz instrumentation with original arrangements and then the opportunity to meet The Acoustic Strawbs! Dave Lambert, Dave Cousins and Chas Cronk are original members of The Strawbs so this is a treat for any prog-folk fan. Kate Fox and Union Jill take to the stage at 3:15pm to 'Let off Steam' and the afternoon rounds off with the very funny Les Barker at The Comedy Club.

The final presentation from The Film Club is 'The Way of the Morris'. A 2011 film which has been described as 'A heartfelt ode to agrarian roots and rural brotherhood'.

Free Car  
Parking on the  
Westwood



## Camping

Come and camp on The Hurn! Lots of space for tents, caravans and camper vans! Toilets and showers. There are always impromptu music sessions on the camp-site, too!

# BEVERLEY FOLK FESTIVAL

## The Wold Top Marquee

Sponsored by Wold Top Brewery, this is the venue for The Moonbeams Sessions, The Area 2 Youth Programme and The Late Night Festival Club.

Every evening, the Area 2 Youth Programme gets into swing from 7pm. Hosted by Sam Pirt (of The Hut People) and multi-instrumentalist Jim Molyneux, be prepared to be blown away by the stars of tomorrow.

After the Big Top and Main Stage main concerts have ended, it's time for the Late Night Festival Club, hosted by Moonbeam's Leila Slater. If there are any impromptu collaborations between artists during the festival, they are likely to happen here! It's also possible that the headliners from the Main Stage and Big Top will appear - or even unscheduled artists. Expect the unexpected!

During the afternoon, there is a gentler vibe as the Moonbeams Sessions present some of our finest local (and not so local) musicians as you relax in a comfy chair or on a hay bale with a welcome drink. On Sunday morning at 10am, The Wold Top becomes the venue for an act of Christian worship lead by St Nicholas Church.

## The Touch Above Bar

This venue is the home of The New Folk Club with each session hosted by a different Folk Club. So Friday evening Keyingham Folk Club are the hosts, followed by Cottingham Folk Club early Saturday pm and Minerva Sessions late Saturday afternoon and Grimsby Folk Club Sunday 2pm and Beggars Folk Club later Sunday afternoon.

Saturday 11am also finds Beverley Community Choir hosting a singing workshop. Make sure you are in good voice for the Touch Above Bar!

## Westwood Room 1 - Words on the Westwood

This is the home of Literature, Poetry and Performance. You will find The Argy Bargy Poets here, Ian Clayton, John Brien, Louise Beech & Cassandra Parkin and Penny Grubb.

## Westwood Room 5 - Workshops

Workshops this year include a ukulele workshop with The Grand Old Uke of York; a 'Step up and Play' Jake Thackray session; a 'Learning by ear' workshop with Speldosa and a Harmony Singing Workshop with Will Finn and Rosie Calvert, all in Westwood Room 5.

## 1690 Bar - The Home of the Westwood Sessions

An open platform exclusively for under 25s to showcase, share, record and learn. Make contact before the Festival at [thewestwoodsessions@gmail.com](mailto:thewestwoodsessions@gmail.com)

## The Village Green Stage

An open-air stage featuring dance, including Maypole dancing, music, performance and a surprise or two! Pray for good weather!

## The Den

Located in the Festival Village, here are special activities for the under 12's. Story-telling, face-painting, crafts, games, music and more and it's all FREE (donations welcome).

## Festival Village

The hub of the Festival is always the Village with its food and craft stalls, meeting places and Festival vibe!

# What's On IN BEVERLEY

**Tuesday 1st March - Monday 11th July**

• **Trades. Exhibition of Crafts and Trades in the East Riding**

Skidby Windmill and Museum of East Riding Rural Life. 10am-5pm Saturday - Thursday. Friday 10am-4.30pm. 01482 848405.

**Friday 27th May**

• **Beverley Early Music Festival - Consone Quartet: Mozart & Mendelssohn**

Toll Gavel United Church. 2pm. £12/£10/£5. [www.ncem.co.uk/bemf](http://www.ncem.co.uk/bemf)

• **Beverley Early Music Festival - The Age Old Story**

Beverley Grammar School. 5pm. £3. [www.ncem.co.uk/bemf](http://www.ncem.co.uk/bemf)

• **Beverley Early Music Festival - Florilegium: The Bach Family Entertains**

St Mary's Church. 7.30pm. £25/£20/£5 [www.ncem.co.uk/bemf](http://www.ncem.co.uk/bemf)

**Friday 27th May - Sunday 29th May**

• **Springboard Festival, Cottingham**

£3/free. Various venues. [www.springboardfestival.org](http://www.springboardfestival.org)

**Saturday 28th May**

• **Beverley Early Music Festival - Trio-Sonata Workshop Day**

St Mary's Parish Hall. 10.00am. £18/£6 (observers £6) [www.ncem.co.uk/bemf](http://www.ncem.co.uk/bemf)

• **A Very British Raceday**

Beverley Racecourse. Gates open 11.30, first race 1.50pm. £20/£13/£5. Dress in red, white and blue to enter the best-themed British outfit competition; cheer on the donkeys in the Donkey Derby, try your hand at the side stalls and join in a rousing 'Last Night of the Proms' singalong after the racing at about 5.45pm.

• **Beverley Early Music Festival - Elizabeth Kenny and Elin Manahan Thomas**

Toll Gavel United Church. 1pm. £15/£13/£5 [www.ncem.co.uk/bemf](http://www.ncem.co.uk/bemf)

• **Beverley Early Music Festival - A Talk on The Restoration of St James' Church, Warton**

St John of Beverley RC Church. 4.30pm. £7.50 [www.ncem.co.uk/bemf](http://www.ncem.co.uk/bemf)

• **Beverley Early Music Festival Concert by Candlelight - The Cardinal's Musick**

Beverley Minster. 7.30pm. £25/£20/£15/£13/£5. [www.ncem.co.uk/bemf](http://www.ncem.co.uk/bemf)

**Sunday 29th May**

• **Beverley Early Music Festival - Choral Workshop led by Andrew Carwood**

Hexagon Music Centre. 10.30am - 4.30pm £18/£6 (observers £6). [www.ncem.co.uk/bemf](http://www.ncem.co.uk/bemf)

• **Beverley Early Music Festival - Lucie Skeaping 'Singing Simpkin and other Bawdy Jigs'**

St Mary's Parish Hall. 2.30pm. £7.50 [www.ncem.co.uk/bemf](http://www.ncem.co.uk/bemf)

• **Beverley Early Music Festival - Fitzwilliam String Quartet play Beethoven**

St James' Church, Warton. 7.30pm. £20/£18/£5 [www.ncem.co.uk/bemf](http://www.ncem.co.uk/bemf)

• **NSPCC Big Board Game Day**

Armstrong Social Club. 12noon. £1 entry plus a donation to play tournaments, games and challenge Scrabble Champion Andy Goodwin at Speed Scrabble. Win prizes, including a star prize! Board games wanted! [www.armstrongsocial.co.uk](http://www.armstrongsocial.co.uk) Tel: 01482 882999

**Monday 30th May**

• **Beverley Early Music Festival - The Flautadors Recorder Quartet**

St Mary's Church. 1pm. £15/£13/£5. [www.ncem.co.uk/bemf](http://www.ncem.co.uk/bemf)

• **Beverley Early Music Festival Concert by Candlelight - University of York Chamber Choir and Baroque Ensemble and Compagnia d'Istrumenti with guest musicians**

Beverley Minster. 7.30pm. £20/£15/£12/£10/£8/£5 [www.ncem.co.uk/bemf](http://www.ncem.co.uk/bemf)

**Thursday 2nd June**

• **Subtle Flame Poetry Group**

Tiger Inn, Lairgate. 8.30pm. £2.00. Competition topic - Medium. Poems after the break on any topic. [www.facebook.com/subtlepoets](http://www.facebook.com/subtlepoets)

**Friday 3rd June**

• **Beverley and District Chamber of Trade: Graham Stuart MP 'Understanding the Ins and Outs of the Referendum on Europe'**

Parkway Cinema, Beverley. 5pm. Free. Refreshments available.

• **Creating Space for God**

Meet in the schoolroom behind Norwood Church at 6.30pm for refreshments before an hour of worship with a difference in Norwood Chapel from 7pm.

• **Corinne West**

House Café, East Riding Theatre. 7.30pm £10. Californian singer/songwriter entertains. [www.eastridingtheatre.co.uk](http://www.eastridingtheatre.co.uk)

**Saturday 4th June**

• **Afternoon G & Tea in aid of the Daisy Appeal**

Everingham Hall, YO42 4JA. 2pm, £25. Up to 6 people per table. Welcome drink on arrival with afternoon tea served on vintage china crockery, entertainment and raffle all in a luxury Sperry Tent.

Tell us about your event!

E-mail [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk)

Telephone **01482 679947**

For more events visit [justbeverley.co.uk/events](http://justbeverley.co.uk/events)

Contact [jane@daisypappeal.org](mailto:jane@daisypappeal.org) 01482 461909

• **Jeni and Billy - Appalachian Folk**

St Mary's Parish Hall, Beverley. 7.30pm, £10. Tickets from Beverley Tourist Information or on the door.

**Sunday 5th June**

• **Teenage Market**

Flemingate. 10am - 4pm. Free. Giving young people a free platform to showcase their creative talents. [www.theteenagemarket.co.uk](http://www.theteenagemarket.co.uk)

• **Open Organic Farm and Bakery Day**

Carr House Farm, Foston on the Wolds, YO25 8BS. 10am-3pm. Free. Farm walks, nature trail, skills demonstrations. Parking and disability access. Hot and cold refreshments, organic fruit and cocktails and ice cream. 01262 488376 or email [bakery@sideoven.com](mailto:bakery@sideoven.com)

• **Open Garden for NGS**

23 Molescroft Road, Beverley. 12noon - 5pm. £3/free. Suburban SW-facing garden. Home-made teas.

**Monday 6th June**

• **Vintage Tea-party to celebrate the Queen's 90th birthday**

Toll Gavel United Church Hall. 3.45pm- 5.45pm. Free. Red, white and blue theme. Activities, vintage games, party food. All ages welcome. Donations welcome. Details 07913 378148.

• **Stitch in Time - Melanie Gall Knitting Cabaret**  
ERT House Café. 7.30pm. £12. A scintillating evening of the lost knitting songs of WWI and WWII from Canada, Britain, America and France. Feel free to bring your knitting (or crochet) and stitch along to these funny, poignant, toe-tapping, needle-clicking tunes.

**Tuesday 7th June - Sunday 12th June**

• **Zippo's Circus presents 'Celebration'**

Big Top, Beverley Garden Centre, Hull Road, Woodmansey, HU17 0RS. Twice-daily. £9/£7.50. All the circus favourites from this 30-year-old travelling circus with ringmaster Norman Barrett MBE.

**Wednesday 8th June**

• **Zippo's Circus Open House**

Big Top, Beverley Garden Centre. 11am. Free, booking required. Find out all about the circus! Register at [www.zippos.co.uk](http://www.zippos.co.uk)

**• Afternoon Racing**

Big Top, Beverley Garden Centre. 11am. Free, booking required. Find out

**Thursday 9th June**

**• Portrait Drawing Course**

East Riding House Café. 11am. £65 for 6-week course. Everybody welcome, from absolute beginners to practicing artists as tuition and demonstrations will be provided.

**Friday 10th June**

**• James Veitch - Dot Con**

East Riding Café. 7.30pm. £12/£13. Quirky, fast-paced and relatable, it's theatre for the modern world, a show for anyone with a dream... and an email account.

**Saturday 11th June**

**• Half Deaf Clatch**

East Riding Theatre. 7.30pm £12.50/£10. Drawing from his obsession with pre-war country blues, Half Deaf Clatch (aka Andrew McLatchie), he has been nominated in the finals of the British Blues Awards eight times in the last three years.

**Monday 13th June**

**• Norwood Nites Presents**

Community cinema in the Schoolroom behind Norwood Church. 7pm. Free. Refreshments and raffle. Call Beverley Community Lift on 01482 868082 if you require transport. A young widow discovers that her late husband has left her 10 messages intended to help ease her pain and start a new life. Starring Hilary Swank, Gerard Butler and Harry Connick Jr.

**Monday 13th June - Saturday 25th June**

**• The Empty Nesters Club by John Godber**

East Riding Theatre, Beverley. £11-£15. Play performed by Jane Thornton and Martha Godber.

**Tuesday 14th June**

**• Laurent-Perrier Evening of the Horse**

Beverley Racecourse. Gates open 4.30pm, first race 6.40pm. various prices. The first of the summer's evening meetings with racing, live stunt shows from Atkinson Action Horses and a performing Shetland pony, the Laurent-Perrier Polo Challenge and magnums of Laurent-Perrier. [www.beverley-racecourse.co.uk](http://www.beverley-racecourse.co.uk)



**Tuesday 14th June - Saturday 18th June**

**• Beverley Musical Theatre presents '9-to-5 The Musical'**

Memorial Hall, Beverley. Nightly 7.30pm, Saturday matinee 2.30pm. £10. Tickets from Beverley Music Centre, Norwood, 01482 881584.

**Friday 17th - Sunday 19th June**

**• Tickton CE Primary School Open Garden for NGS**

HU17 9RG. 10am-3pm. £2.50/free. Light refreshments.

**• Beverley Folk Festival**

Beverley Racecourse. Festival village opens 4pm Friday. Over 80 acts, workshops, children's programme, youth events, comedy, film, dance, literature and more. Various ticket options. [www.beverleyfestival.com](http://www.beverleyfestival.com)

**Monday 20th June**

**• Wild Ponies Radiant in the UK Tour, supported by Carrie Martin**

Deli No 1, Flemingate. 7.30pm. £10. Tickets from Beverley Tourist Information or on the door.

**Tuesday 21st June**

**• Afternoon Racing**

Beverley Racecourse. First race 2pm. Various prices. [www.beverley-racecourse.co.uk](http://www.beverley-racecourse.co.uk)

**Friday 24th June**

**• Abertilly Orpheus Male Voice Choir and Beverley Male Voice Choir Joint Concert**

Toll Gavel United Church. 7.30pm. £7. Tickets from Beverley Tourist Information or on the door.

**Saturday 25th June**

**• Beverley Chamber Choir - Kodály: Missa Brevis, Martin: Mass for Double Choir**

St Mary's Church. 7.30pm. Tickets from Beverley Tourist Information 01482 391672 or [www.beverleychamberchoir.org](http://www.beverleychamberchoir.org)

**• Proms Spectacular in aid of Alzheimer's Research UK**

Longcroft School, Beverley. 7.30pm £7. Tickets from Wickes in Beverley. Beverley Church Lads and Girl's Brigades and Driffield Silver Band play Proms favourites.

**Sunday 26th June**

**• East Yorkshire Motor Services Brass band**

East Riding Theatre. 7.30pm. £12/£10.50/£10. One of the most entertaining brass bands in the country.

**Wednesday 29th June - Thursday 30th June**

**• Proteus Theatre Company presents 'Becoming Hattie'**

East Riding Theatre. 7.30pm. £15/£14. Thoughtful, funny, warm and nostalgic, this one-woman show takes an affectionate look at the life and career of a remarkable woman, Hattie Jacques.

**Thursday 30th June**

**• Beverley Theatre Company presents 'An Evening of Light and Shade'**

Armstrong Social Club. 7.30pm. £7/£6 or a family ticket for 2 adults and 2 children at £18.50 from Beverley Tourist Information or [www.beverleytheatrecompany.com](http://www.beverleytheatrecompany.com) Four one-act plays to stir the emotions!

**Friday 1st July - Sunday 3rd July**

**• Burton Agnes Jazz and Blues Festival**

Burton Agnes Hall YO25 4NB. £80/£50/£40 (advanced discounts available before June 1st). [www.burtonagnes.com](http://www.burtonagnes.com). Tel: 01262 490324.

**Friday 1st July**

**• Friends of Molescroft School present 'Funky Family Fun Night'**

Molescroft School Marquee. 6.30pm - 11.30pm. £9/free for an accompanying child/£5 additional children. All under 16s must be accompanied. School children and their families, 'old' pupils and the local community all welcome! Rubix Cube Tribute Band, disco, food, raffle, bouncy castles,

fairground stalls, balloon sculptor, sweet stall. Bring a picnic and own drinks - and your own gazebo! 80's fancy dress optional. Security and First Aid on site. TICKETS CANNOT BE BOUGHT AT THE GATE - booking essential via Molescroft School Office 8.30am - 4.00pm Monday to Friday 01482 861762.

**Sunday 3rd July**

**• Ladies Night Out in aid of Yorkshire Cancer Research**

Parkway Cinema, Flemingate, Beverley. 6.30pm. £20. Screening of the new 'Absolutely Fabulous' film, performance by The Ruby Red Performers (as seen on BGT), glass of fizz on arrival, canapes and nibbles served by 'buff' waiters. Bookings and enquiries 01482 679333 on BGT, glass of fizz on arrival, canapes and nibbles served by 'buff' waiters. Bookings and enquiries 01482 679333.

The Friends of Molescroft School present... **80's Funky Family Fun Night** Friday 1st July 2016 6.30pm to 11pm (Gates open at 6pm) Tickets available from the school office

Adults (16 & over) - £9  
Children under 16 - Free (one free child per paying adult)  
Additional children under 16 - £5  
Please Note: All children must be accompanied by an adult

Live music from 80's tribute band 'Makin' Cubes' | Hot food and drinks (non alcoholic) available | Bring your own snacks, chairs & drinks | Buy George & Adam Hat? ...fancy dress optional | Bonny games, slides & fun fair games | Puzzling Paul the Elf! Walket & Balloon Modelling!

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JOE BROUGHTON'S CONSERVATOIRE FOLK ENSEMBLE - THE GOAT ROPER RODEO BAND - ROGER DAVIES  
BILLY LEE AND THE SWAMP CRITTERS (USA) - BUFFALO GALS STAMPEDE - ANTHONY JOHN CLARKE  
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