

just

ISSUE 91

BEVERLEY

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JUMP IN

THE EXCITEMENT HAS JUST GONE UP A LEVEL

NEWS, WHAT'S ON, LIFESTYLE, FEATURES, PUZZLES, PHOTOS & MORE

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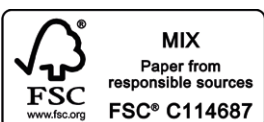
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Illustration for Bev n Ley by Jasmine Stephenson.

REMEMBER! If you see examples of anti-social behaviour or other types of low-level crime, do report it to the appropriate authorities. **POLICE - Emergency 999, Non-urgent 101. ANTI-SOCIAL BEHAVIOUR (East Riding of Yorkshire Council) - 01482 393939.**

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Disclaimer - All the information provided was correct at the time of going to print.



Please pass your Just Beverley on or recycle it responsibly.
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AUGUST LETTER FROM THE EDITORS



The Summer holidays are here, it is time for people to get out and about and enjoy themselves. Get involved and perhaps take the opportunity to try something new.

As we have recently experienced very high temperatures, just be mindful to stay safe with sunscreen and stay hydrated drinking water frequently. If you have pets, do not forget they feel the heat as well, so keep them hydrated and in the shade.

Share your holiday experiences, lift people's spirits, so send in your holiday stories and amusing pictures.

I hope everyone enjoyed the Queens Baton Relay and look forward to watching the Commonwealth Games.

Have a great time this holiday season.
Julian.



Happy August Readers!

The summer holidays are well and truly here so I hope everyone has some sort of sunshine time allocated this month.

There's plenty to celebrate in August other than the glorious sun, like Yorkshire Day on 1st August.

Why not embrace our rich history here in Beverley by planning a family day out in Beverley's historic market town?

As always, stay safe and enjoy the issue.
Olivia.

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Shortlisted Nominee
2017 & 2018



REYTA
'Remarkable East Yorkshire'
Award Nominee 2016
'Best Newcomer'

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DOG-WALK LEADS TO ITALIAN FOOTBALLER SIGNING FOR BEVERLEY TOWN FC

The football season is about to begin, the rush to sign new players in the summer transfer window is always hectic.

The big clubs in the Premiership are always on the lookout for big names and big money transfers. At the lower level it is just the same, but on a much much smaller scale. The principle is still the same.

At the lower level, everyone keeps their eyes and ears open to grab an opportunity, so when Beverley Town's Chairman was out walking his dog, signing an Italian International was not on his radar - but dreams can come true.

Beverley Town FC are making great steps on and off the football pitch, having secured their place in Northern Counties East Football League Division One. Now chairman Mark Smith has grabbed an

opportunity for what could be considered the biggest signing in their history.

Daniele Mannini has played in Serie A alongside and against some of the biggest names of European football over the past 20 years recently, and following that initial chance meeting with Mark, he decided to come out of retirement and in July 2022 and signed papers to play for Beverley Town FC.

Mark Smith said, "I was out walking my dog when I got chatting to another dog walker. During the conversation he mentioned he played a bit of football in the past, the conversations continued and I suggested he should get down to pre-season training.

"I had no idea he had such a fantastic playing



career with over 200 Serie A appearances".

The Club manager, Dave Ricardo, praised Daniele's attitude saying, "his training and dedication has been first class."

The new season starts against Athersley on Tuesday 30th August. Pop down and give Daniele and the team your support.

Photo Credit: Paul Adamson.

LIONS BONFIRE AND FIREWORKS TO RETURN IN 2022

After missing out since 2019, the two Lions Clubs are combining to deliver this much loved annual event.

Set for Saturday 5th November as is tradition, the Lions bonfire and fireworks will return to Beverley Westwood this year. It is hoped the two years break will not affect its popularity.

Despite the fact that we are becoming a virtual Cashless society, the Clubs hope to raise enough funds on the night to be able to continue this family event. It is intended to set up a Just Giving

page for people to be able to donate and the Lions are also flagging up well in advance for people to bring cash on the night to make the event sustainable.

We are asking the generous public attendees to bear this in mind to make sure the spectacular display on the Westwood pastures can continue in years to come.

For more information how you can help or donate, contact Duncan Jack on **01482 862894** or email: **grocerjack@grocerjack.karoo.co.uk**



MILESTONE BIRTHDAY IS A DOGS DELIGHT

Robert Clark of Beverley, celebrated his milestone 60th Birthday in July with a Party at The Grosvenor Club in Beverley. Robert wanted to do something a little different and keep up with tradition. Instead of birthday gifts or drinks he asked members of the Club and friends to give him Tesco Vouchers.

His late mother used to get her dogs from the Hull Dog Rescue Centre, he knows how much his mum loved the dogs and what a difference they made to her life.

As a way of thank you and in memory of his mum, he has bought with the vouchers, Dog and Cat food to donate to the Hull Dog Rescue centre.

Robert said "I did something similar for my 50th and as I do not need anything I thought it would be good to keep up with tradition and do the same again for my 60th. Thank you to everyone who bought a Tesco Voucher, it does make a difference".



David Cooper the store manager at Tesco said, "It has been great to help Robert, I have known him for 20 years, being a dog lover myself, I know how much the food donation will be needed and what a difference it will make to the Hull Dog Centre".



LUNCH WITH A LEGEND -----GEORDAN MURPHY-----

Enjoy Lunch with British Lions, Irish and Leicester Tigers Legend Geordan Murphy. The former Irish and Tigers rugby union player, joins us to talk about his illustrious career, the 2023 Six Nations, World Cup and all things Rugby!

Friday 30th September 2022

3 Course Lunch

With Comedian and Compare Pete Emmett

£40.00 per person

Arrival from 12, Lunch served at 1pm

Book early to avoid disappointment.
To book your place or table please email events@beverleyrufc.co.uk



BEVERLEY RUFC

ABOUT BEVERLEY

I run costumed guided walking tours of Beverley - you might have seen me at the Market Cross on Tuesdays and Fridays (I'm the one in 17th century costume). I used to be a tour guide with the National Trust, and now I enjoy showing people around the town where I was born.

In this regular column I explore Beverley's history, month by month.

For August, there was now a new Governor of Hull after Sir John Hotham had changed sides and got himself arrested and imprisoned in the Tower of London. Lord Fairfax was now 'it'. And his son, Sir Thomas Fairfax, was in charge of the Parliamentarian troops stationed in Beverley.

In August 1643, the Royalist Earl of Newcastle (with 12,000 foot soldiers and 4,000 cavalry) was heading for Beverley. Sir Thomas asked his Dad if he could retreat. His Dad said no.

Sir Thomas, knowing he was facing certain defeat, took his troops to Westwood to await the inevitable. At the first sight of the Royalist army the following morning, he ordered his foot soldiers to withdraw to Hull and his cavalry to withdraw into Beverley itself. And by 4 in the afternoon, after some fighting in the streets, they were all on their way back to Hull - with the Earl of Newcastle at their heels.

The Earl of Newcastle and his army then returned to Beverley to take revenge on the town for sheltering the Parliamentarians. £20,000 worth of damage was done, and, it's said, the women were even crueller than the men.

Walk with me through 1,300 years of history. Tours run Tuesdays and Fridays at 11am and 2pm from April to October. In July and August there'll be evening tours as well - book online and meet me at the Market Cross at 6pm.

For more information, and to book, visit aboutbeverley.co.uk or call 07775 173755.



HOW ONE TO ONE TUITION CAN HELP BOOST YOUR CHILD'S GRADES AT SCHOOL

Are some students naturally resilient and able to achieve good grades at school despite the disruptions caused by Covid 19, or are there ways that all children can reach their maximum learning potential?

You may be concerned that your child's recent test results are lower than expected or there may be tension during homework times.

They may be lacking in confidence in their abilities in Maths and English and believe that they'll never catch up with their learning.

The good news is that I am a locally based teacher, having taught in most of the local schools. I am also a caring and dedicated tutor, who works with parents to deliver student centred learning

programmes. I offer tuition to children from Year 1 to 11, either in person at the local Parish Centre or online using Zoom.

I can offer consistency and continuity with the aim of rebuilding your child's confidence and recapturing their love of learning. As children become more active, independent learners, this can also heal any stressful homework moments! As well as feeling proud of your child's progress at school, you will feel proud of yourself for helping to make a difference to their life chances.

For more information about the tuition service I provide and request a free online assessment in English or Maths, go to www.topclasstuition.co.uk, or call me, Tina Richmond, for a brief chat on 01482 872271.



BEVERLEY'S HISTORIC RAILWAY BRIDGE GETS A FRESHEN UP

Local Artist Emma Garness was commissioned by Network Rail to work on a number of bridges up and down the country, one of the bridges being the Railway Bridge adjacent to The Flemingate Centre.

Emma has a good relationship with local groups and got in touch with the Cherry Tree Centre, spoke to Fiona Rainforth with an idea. Emma wanted to bring the bridge alive with a feel from the local area, but also invite people from the local area to get involved.

Emma said, "So I decided to use inspiration from the Becksides, a theme from the water surface, the

kingfishers, minnows sticklebacks, and the local landscape. I wanted to get local people involved so they could have ownership and feel proud of the result".



Fiona, working with local groups from the Cherry Tree Centre along with the Hub, was delighted to hear of Emma's ideas and knew straight away the local children from the Swinemoor estate would be pleased to help.

Fiona mentioned, "It was an opportunity for the local children to do something positive and help change an old bridge into something bright and fresh, as soon as I mentioned it to them, they were all up for getting involved, as one of the children

said, it would be our bridge."

Emma and Fiona along with the children spent around one week, painting the inside of the bridge white to create a canvas, then working on the design before painting and bringing the bridge alive.

When you walk over the bridge, enjoy the creative spirit and take in the beautiful work Emma, Fiona and the team have created.



Jump Inc first took over the existing inflatable park at Flemingate, Beverley in September 2021. Since the rebrand to become Jump Inc, they have been working hard behind the scenes renovating the neighbouring unit to transform this empty space into a huge trampoline park and neon assault course.

Jump Inc's mission is to squeeze as much joy into every corner of their park, offering as many activities as possible under one roof for all their customers to explore. This week they have taken the first step towards the successful launch of the next door unit. Jump Inc are now happy to announce the trampolines, zip lines, tumble tracks and jump tower are now open!

SUMMER OFFERS

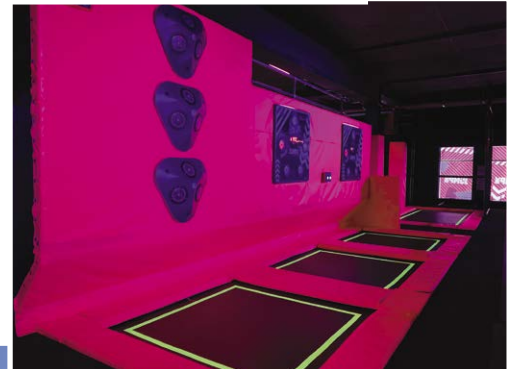
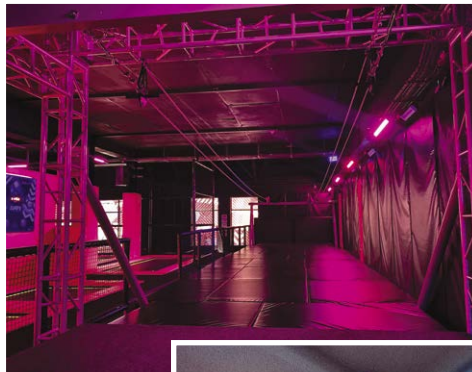
This summer, if you're looking for an activity for multiple age groups to enjoy, Jump Inc's group deals available for families or friends of four, five and six to grab a discount on open jump tickets, more is always merrier!

Plus, 'Eat, Drink & Jump' until the kids return to school in September; for just £13 you can bounce for 1 hour, slurp on a soda and refuel with a huge slice of pizza after your jump.

Children and families can now get early access to all the new features, for no extra cost. These new and exciting activities will be available as one park ticket price, meaning for one admission fee your kids, great grandchildren, nieces, and nephews can burn off that extra energy on the huge inflatables, slides, and now trampolines and zip lines in a one hour open jump!

So, for any upcoming parties or school leavers planning a trip at Jump Inc Beverley over the next few weeks there's one bouncy bonus to your booking. Customers can simply head up the stairs adjacent to reception and discover the upstairs neon playground now open as an addition to the existing inflatable park.

Jump Inc Beverley will eventually become one big unit, with an adjoining inflatable tunnel to take customers through to the newly refurbished ninja assault course, which is situated downstairs but still in progress. It will hopefully be completed in time for the end of the summer holidays. The wait will be worth it!



GROWING TO BECOME AND BOUNCIER!

JUMP INC



PARTIES

Jump Inc host awesome parties for groups of 10+ guests, all party-goers receive the ultimate VIP treatment with a designated party host to look after them during their time at Jump Inc. Plus, the birthday boy or girl receives a free return bounce and all party guests get a 50% off voucher to go back and enjoy a discounted open jump session!

If you're interested in booking a party at Jump Inc - parties start from just £14.95* and include:

- Meet & greet with your own party host.
- Your own dedicated party room/area.*
- Jump socks for all members of your party.
- A party safety briefing - where you'll be given some handy tips on how to stay safe on the trampolines and inflatables.
- A full hour on the park with your party host, who will be on hand to look after you, give tips and play games with your party guests.
- Delicious party food – pizzas, sandwiches, crisps and ice cream. Thirsty jumpers will be topped up with UNLIMITED JUICE throughout the party.
- 50% off voucher for every party guest.
- Free return bounce for birthday boy/girl.
- Free regular slush for the birthday boy/girl.
- Free tea/coffee for the organisers (mum & dad).

*Prices subject to change.

*Images shown from Jump Inc Sheffield.



NOW OPEN

ONE PARK, ONE PRICE, MORE FUN!

TRAMPOLINES // TUMBLE TRACKS //
REACTION WALLS // AIRBAG //
ZIP LINES //

COMING SOON

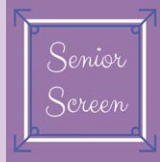
NEON ASSAULT COURSE // DROP SLIDES //
NEON BALL POOL //

JUMP INC

URBAN PLAYGROUNDS



JUMP-INC.UK



EVERY THURSDAY

(Doors open 10am)

Join us for a free brew and enjoy some great films on Beverley Parkway's Big Screen. Only £4.50 with drink and biscuits included. Aimed at 55s & over. Films subject to change.

Thursday 4th August -

Downton Abbey - A New Era (PG) - 10.30am

Starring: Hugh Bonneville, Maggie Smith, Jim Carter, Michelle Dockery, Penelope Wilton and Elizabeth McGovern.

Thursday 11th August -

Downton Abbey - A New Era (PG) - 10.45am

Starring: Hugh Bonneville, Maggie Smith, Jim Carter, Michelle Dockery, Penelope Wilton and Elizabeth McGovern.

Good Luck to you Leo Grande (15) - 10.30am

Starring: Emma Thompson, Daryl McCormack and Isabella Laughland.

Thursday 18th August -

Good Luck to you Leo Grande (15) - 10.45am

Starring: Emma Thompson, Daryl McCormack and Isabella Laughland.

Top Gun Maverick (12a) - 10.30am

Starring: Tom Cruise, Miles Teller, Jennifer Connelly, Jon Hamm, Ed Harris and Val Kilmer.

Thursday 25th August -

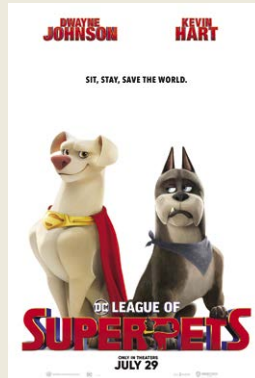
Top Gun Maverick (12a) - 10.45am

Starring: Tom Cruise, Miles Teller, Jennifer Connelly, Jon Hamm, Ed Harris and Val Kilmer.

Brian & Charles (PG) - 10.30am

Starring: David Earl, Chris Hayward and Louise Brealey.

These are the films scheduled to open in July / August - all are subject to change. Check out up-to-date cinema listings at www.justbeverley.co.uk/cinema-times



29th July



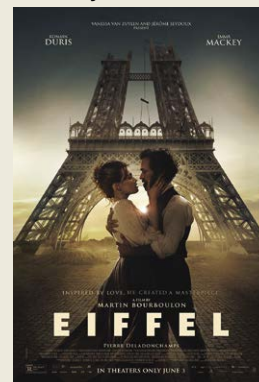
29th July



3rd August



12th August



12th August



12th August



19th August



19th August



26th August



COMPETITION WINNER

Congratulations to Gill Lound (on the left of this picture) who was the winner of a pair of tickets to watch the Upbeat Beatles at Parkway Cinema.

YOUR LOCAL INDEPENDENT CINEMA



JOIN US FOR SOME GREAT FILMS AND BIG EVENTS THIS SUMMER

DC LEAGUE OF SUPER PETS

When a genetically enhanced Guinea pig threatens the lives of the Justice League, Krypto the Superdog, Superman's loyal pet, teams up with a group of shelter animals.

Starring: Dwayne Johnson, Kevin Hart and Kate McKinnon.



BULLET TRAIN

Trained killer Ladybug wants to give up the life but is pulled back in by his handler Maria Beetle in order to collect a briefcase on a bullet train heading from Tokyo to Kyoto.

Onboard the train, he and other competing assassins discover their objectives are all connected.

Starring: Brad Pitt and Joey King.



WESTLIFE: LIVE FROM WEMBLEY STADIUM

The UK's biggest-selling album group of the 21st century, Westlife will be broadcasting their first ever show from Wembley Stadium, live to cinemas on Saturday 6 August. In front of a sell-out crowd of 90,000 fans, this spectacular show is going to be their biggest yet!

With 20 years of hits, a staggering 14 number one UK singles and selling over 55 million records worldwide, Westlife will deliver an unmissable night for fans.

Performing all of their hits from their highly anticipated Wild Dreams tour, including 'Uptown Girl', 'Flying Without Wings', 'You Raise Me Up' and 'If I Let You Go'.



COMPETITION WINNER

Congratulations to the Fernandes Family who won four tickets to watch the fabulous adaptation of The Queen's Knickers at Parkway Cinema.



Event cinema offers something a little different to mainstream films. Live and pre-recorded shows beamed in via satellite from all over the world. Here are the latest live streams that you can enjoy on the big screen at Parkway Beverley.

Monday 1st August, 7.30pm -

National Theatre Live: Prima Facie (15)
Jodie Comer makes her West End debut in the UK premiere of Suzie Miller's award-winning play.

**Saturday 6th August, 8.30pm &
Sunday 7th August, 3pm -**

Westlife: Live from Wembley Stadium
The UK's biggest-selling album group of the 21st century, Westlife will be broadcasting their first ever show from Wembley Stadium.

**Saturday 27th August, 7pm &
Sunday 28th August, 2pm -**

Andre Rieu's 2022 Maastricht Concert
The wait is over! After 2 long years, maestro Andre Rieu is performing from his hometown of Maastricht once again!

Thursday 8th September, 7pm -

NT Live: Much Ado About Nothing (12a)
Katherine Parkinson (The IT Crowd) leads the cast in Shakespeare's romcom of sun, sea and mistaken identity.

LIVEshows

Sunday 11th September, 7pm -

Kinda Queen & The Highway to Hull
With a high paced setlist guaranteed to get you singing and dancing, they will leave you wanting more.

Sunday 25th September, 7pm -

Greatest Songs From the Movies
The show promises an unforgettable mix of famous film themes and songs from 'Lawrence of Arabia' to 'Star Wars', 'James Bond', 'Jurassic Park' and 'Harry Potter' plus many more favourites.

Monday 24th October, 12pm & 3pm -

The Panto Zone
When you watch this panto you move into another dimension. A dimension of laughter, a dimension of song, a dimension of silliness, you've just crossed over into, The Panto Zone. This spooktacular halloween panto is sure to trick and treat all the family.

LOCAL ARTISTS MAKE THE MOST OF THE GALLERY CAFE AT THE FERGUSON FAWSITT

Allen Slinger, owner of the Ferguson Fawsitt in Walkington has been looking for unique ways to attract new customers to the Public House and make the venue more versatile as a community hub.

Since the Ferguson Fawsitt opened earlier in the year, Allen has kept his eyes and ears open to attract new customers to make the most of the unique hospitality venue, welcoming business meetings, network meetings, birthdays and celebration parties and many more along the way.

and a change in personal circumstances that he decided to take the plunge and become a freelance photographer. As well as the usual variety of commercial contracts and commissions, including wedding and portrait work, he has a passion for landscapes and travel and published his own travel photography book in 2021.

Andrew is keen for others to enjoy the same pleasure that he gets from photography and shares his passion by running photographic holidays in France and Italy and is also



Having recently completed The Gallery Cafe, Allen contacted local photographer Andrew Chandler and Artist Linda King-Stocker to display their pictures around the Ferguson Fawsitt, to showcase the local talent in the area and to add to the ambience of the recently refurbished Public House.

Andrew Chandler, a well established local photographer said, "It is a pleasure to work with Allen, the Ferguson Fawsitt is an ideal place to display his pictures and looks forward to adding more of his work to the collection".

Andrew recalls that from his early attempts to capture images as a child with his first camera, through spending countless hours in a darkroom developing black and white prints while studying at university, to the present day - photography has always fascinated him.

But it was only after a career in marketing



Linda followed up with Allen, took a keen interest in the Cafe displaying her works of art and also took the opportunity to realise the potential of the Event Space.

It soon emerged that Linda was looking for a suitable venue to run her art classes.



The Art classes/group now hold monthly events every Monday evening, 7pm - 9pm in the Ferguson Fawsitt Event Space.

The group encourages people of all abilities to come along and follow the monthly programme to help develop and nurture individual talent following instruction, or you

secretary of a successful photography club in East Yorkshire. If you are interested in learning more do not hesitate to get in touch with him. www.andrewchandler.co.uk



can do your own thing which may include a catch up on previously started paintings.

With group membership set at only £12 per month it is an ideal opportunity to meet and collaborate with other like minded artists.

The Gallery Cafe is now open having been refurbished and presents itself as a cosy space to enjoy extensive and varied dining opportunities, a cafe for afternoon teas, and dog friendly areas so even your best friend can enjoy a drink.

The Cafe menu is available Wednesday to Saturday from 8.30am - 12pm for customers to relax and enjoy a full English breakfast, coffee and cakes, sandwiches and much more, to eat in or take away.

Afternoon Tea is then available Wednesday to Saturday from 12pm - 5pm.

So pop in and see what's on the menu. If you are looking for a venue to entertain or celebrate then give the team a call or pop in to the Ferguson Fawsitt.

The Gallery Cafe open Wed - Sat from 8.30am.

Telephone: **01482 526317**
Email: **info@fergusonfawsitt.co.uk**
Twitter: **@fergiefawsitt**
Instagram: **@fergiefawsitt**
Facebook: **@FergieFawsitt**



The
Ferguson
Fawsitt



Afternoon Tea

A SELECTION OF SANDWICHES, SAVOURIES AND DESSERTS,
A CHOICE OF TEAS AVAILABLE...



£13.50 EACH, 2 FOR £24, 3 FOR £32, 4 FOR £40

MAKE YOUR AFTERNOON TEA FIZZ, ADD A BOTTLE OF PROSECCO FOR £15.00

VEGAN AND GLUTEN FREE OPTIONS AVAILABLE

AVAILABLE WEDNESDAY – SATURDAY 12 – 5PM
24 HOURS NOTICE REQUIRED, MUST BE PRE ORDERED



Bev 'N' Ley - Hide and Seek



"Eight, Nine, Ten! Coming, ready or not!" Ley shouts, peeking out from behind the water pump with its fresh coat of paint. Ley prefers hiding because Bev is too good at this game. Searching for a direction to start, Ley spies Bev sneaking past a window in The Beverley Arms.

"Hah!" Ley thinks gleefully. "It's not so easy hiding with orange fur."

But inside the hotel, there were still lots of places Bev could be hiding. The bar was quiet and the tables were clean. Upstairs, Ley explores the

empty guest rooms. A grand four-poster bed distracts Ley and after a cheeky glance to the hall, Ley laughs and bounces on the bed. "Stand and deliver!" Bev declares, springing from behind the curtain. The beaver takes up a fighting pose. "Give me all your pillows!"

"Hey!" Ley splutters, frightened by Bev's sudden appearance. "Oh! That's where you were hiding." Bev moves to tickle Ley.

"Wait! Time Out!" Ley says. "What do you mean, stand and deliver? Deliver what?" "Oh Ley," Bev says, ruffling the other beaver's fur. "A famous

highway man stayed here. They would rob people in their horse-drawn carriages."

Imagining the highwayman in action, Ley copies Bev's stance, "Stand and Deliver!" Bev surrenders, and the timid beaver acts scared. "Very frightening, Ley. Even a highwayman would give you all their coins."

"Good!" Ley looks pleased. "Because I feel very important here." Ley says, sitting down. "It has very high windows."

Bev smiles a bit. "High Windows is a book by a famous poet who visited here a lot."

"Oh?...!" Bev waited for Ley to finish the question, but Ley raced into the hall. "My turn to hide. No peeking!"

Bev searches the courtyard, then the kitchen, and under the tables. "How did I miss that?" Bev mutters seeing a what looked like a door near the restaurant. Ley is pretending to be an ornament in front of the fireplace. "Found you, Ley," Bev says.

"No fair," Ley pouts. "It's supposed to be a secret room." "Well, I nearly missed it, so it's secret enough for me." Bev replies. "Mary Wollstonecraft liked to come here to visit her friend."

"I don't know who Mary Wollstonecraft is." Ley says, still frustrated. "She was a writer, and a very important person." Bev explains, taking Ley

outside. "I bet you can't find where she lived in town?" Ley dashes off, but Bev could tell the excitable beaver has been distracted again when Ley wasn't outside the writer's home.

Inside the library, Ley was surrounded by colourful poetry books. The beaver pointed to a sign advertising a poetry class for the Festival of Words.

"Can I write a poem?"

"Yes." Bev agrees, but then has a big idea.

"Shall we have a library sleep over, and our own Festival of Words?"

"YES! I want to build a book fort!" Ley jumps up excitedly, and before Bev can warn Ley, the blue beaver is collecting books.

"I think we'll need a lot more than that, Ley," Bev says, carefully stacking the first row of books.

Together they build a fort in the shape of a castle. They make a cosy corner to read in and settle inside to write a poem about the day's adventure.

Storyline: Michelle Horst. Concept by Julian Minshall. Illustration: Jasmine Stephenson.



Tc Patisserie

We are now no longer a café, but still make our own patisseries and Tc Patisserie is now a French food shop to compliment our own products.

We have a daily selection of freshly made croissants, breads and patisseries.

We make reheat at home meals which can be bought over the counter or pre ordered, via our mailing list or messenger.

We can cater for any occasion, buffets, dessert tables or full 3 course meals can be arranged.

We are open Tuesday-Saturday 9am - 4pm.



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The Kitchen Factory, The Courtyard,
Tokenspire Business Park, Beverley
HU17 0TB

Monday to Friday 9am - 5pm | Saturday 9am - 1pm

What's New in 2022

Roses Kitchens grown in Beverley for over 20 years



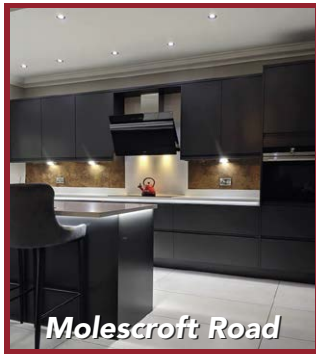
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I'VE BEEN THINKING... SAYS COLIN RAYNOR

I make no excuse for returning to a subject I have written about before. The pleasure of reading and how big a part it can play in our lives, given the opportunity.

I recently (perhaps rather foolishly) told a friend I thought I would buy a T-shirt and have the following words printed on the front: "I do hope there is a library in heaven".

Reading is one of the great joys of my life and the possibility of being able to carry on with this simple pastime in the afterlife, just seemed an obvious choice.

One of the thrills of parenthood, I suggest, is when you realise your child is starting to enjoy books. Having to read the same story time and



time again can be frustrating to a parent but all it really means is that the child is beginning to understand the meaning of what they are hearing and making their own choice, if they like it or not. Surely that is what we adults do every time we choose a book or look for our favourite authors.

In later years at school, or in College, the choice of what they read will be made for them and inevitably some of these books will not be to their liking.

One can only hope that over the years they have met with a teacher who has helped them to learn how to comprehend what at first might not appeal to them at all, even though it may be considered to be a great classic. Sometimes the choice of set books in higher education these days seems baffling also to the older generation. Perhaps as Dylan sings 'For the times they are a-changin'.

It was Aristotle who said "give me a child until he is seven and I will show you a man". Perhaps now is the time that we look at the time spent reading alongside the distraction therapy of a child watching TV or playing computer games, how this relates to how children communicate with each other hiding behind an electronic device.



You often see families or friends having a night out and instead of talking to each other they are on a device in another world!

Back in the day, I cannot imagine breaking off from conversation with friends to say "I am just going to the phone box to contact John, Jack, Mary or another", it would be considered rude, not accepted.

Reading is a pleasure and encourages imagination, thoughts and conversation, perhaps "It's time for a change"!!

IN MY VIEW... IT'S ALL HAPPENING HERE IN BEVERLEY!

Welcome to August everyone! What a summer it is proving to be. One of the things I love about the summer months is the rich variety of arts events taking place in and around Beverley.

As a theatre and events photographer, this provides me with ample opportunity to get out and about and capture some of the wonderful cultural activity our beautiful town has to offer.

We all know and love East Riding Theatre, and I am fortunate enough to get to work with them on a regular basis.



I particularly loved being involved with their recent production of *The Hound of the Baskervilles*. It was so much fun and the cast and crew were delightful. The image on the left is of the wonderful Annie Kirkman as Dr Watson, striking her pose on her way 'to the Moors!'.

There's loads more to come at ERT in the coming months so be sure to grab yourself a copy of the new season brochure and see what amazing shows are in store. You may also see

another of my images in there... Working with ERT has also led to a lovely collaboration with the brilliant and talented She Productions.

This tireless company not only produces and presents entertaining and fun productions for all ages but also works extensively in the community with a mission to engage, inspire and empower.



Many of you may recently have enjoyed (and possibly even sung along to!) their uplifting and very funny musical revue *Beverley Does Broadway*. Being involved with this, and wowed by the company's fantastic vocals, was such a joy.

Definitely keep an eye on what they have coming up.

Soon after, the entire town became a stage for the much-anticipated return of Beverley Puppet Festival, and the range of breathtaking shows and spectacles taking place afforded many opportunities to get out and about with my camera.

This is a photograph I took of the magical *The*

Hare and the Moon by Eye of Newt - a personal favourite. That coupled with seeing the legendary Ronnie Le Drew and Zippy!



I think it is fair to say that we live in a place that is alive with arts and culture. There is always so much going on, meaning you'll never be short of opportunity to get out and about taking photos and enjoying something new.

I hope you all continue to have a good summer and, remember, I would love to see what you take.

Happy snapping everyone!

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OVERCOMING ANXIETY

I love my job as I get to help people overcome all sorts of challenges and improve their physical and mental wellbeing on a daily basis.

Over the last year or so, following the global pandemic, I've been helping an increasing number of people overcome anxiety which has ranged from general feelings of worry to specific circumstances such as a fear of flying or travelling abroad or even a dread of leaving the house.

Of course, during the height of the pandemic, we were told to stay home and stay safe so it's not at all surprising that sometimes our minds can take on these messages even when the danger has passed.

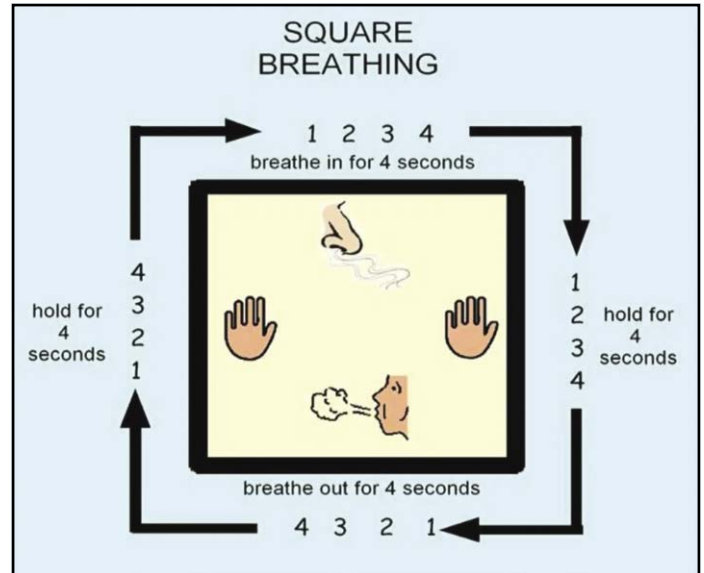
A few weeks ago I was confronted by a situation when a lovely gentleman arrived for a hypnotherapy session to overcome his general anxiety but it became immediately clear that he was about to go into a full-blown panic attack - which can be both scary for the person experiencing the panic attack and those around.

As the gentleman perched on the edge of the chair, looking very anxious and shallow-breathing, I asked him to breathe with me and I taught him a simple breathing technique called box or square breathing.

Within a minute or two, he reported that "Oooh! I'm feeling much better" which was no surprise to me and I told him that this was one of many tools that he would learn in the session to pop in his (imaginary) rucksack to help him in the future.

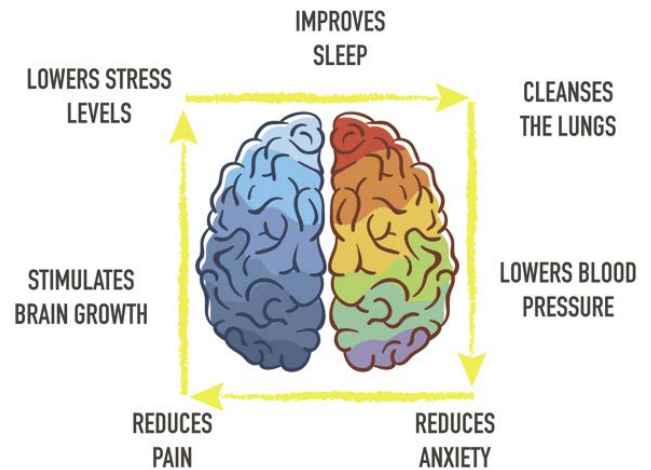
The technique is really simple... breathe in for four seconds, hold for four seconds, breathe out for four seconds and hold for four seconds... and repeat. The diagram on the top right shows how you can imagine a square as you're practising the technique.

The biggest benefit of box breathing is relaxation, especially in times of stress. Studies show that regulating your breath can lower levels of the stress hormone cortisol and maybe even help lower blood pressure.



The breathing technique activates the parasympathetic nervous system - in times of stress, your sympathetic nervous system is on high alert so breathing in this way returns the body to a state of calm.

I wrote out the square breathing method for my client and suggested he practice it several times each day as not only would he have the technique to hand in all circumstances, it also offers the benefits listed in the diagram below.



Following a relaxing hypnotherapy session and armed with a personalised recording to listen to, to embed the work that had been done, my client left looking very sprightly and very much more relaxed.

Mindfulness can help with anxiety and if you're curious about mindfulness, every Monday evening I run an online mindfulness session free of charge which offers a wonderful opportunity to take time out for yourself. If you'd like to join, drop me a message/e-mail or give me a call and I'll send the zoom link to you.

For more information and details on further techniques including hypnotherapy, visit www.francesdunning.com or contact me, Fran Dunning on **07973 819867**.

I can support you to change your thinking and be that friend to talk to.



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LET THERE BE LIGHT

Let there be Light / Let the lights shine / At evening time it shall be light / (the 3rd is the epitaph of the man who first lit a London street).

We think we have the oldest surviving gas lampposts in the world. Still standing in the streets of Beverley, the dates cast on their bases proclaim 1824, 1825 or 1826. Yes, there were older ones in London (the first city in the world to have gas lamps) and other British cities, but they have been scrapped now. Not here. Georgian lampposts, they are individually recorded by Historic England as 'Grade II listed buildings.'

The lamps were cast at Thorncliffe near Sheffield, and designed by John Malam, pioneer of gas engineering. His design has a base with a lion's face and olive branches, a Roman column of bound sticks called fasces (from which the word Fascism came) and an upper column decorated with two collars of palm leaves, referring to the 'Egyptian' craze in 1820s London. Often the



crossbars to support the lamplighters' ladders survive. Many of the lanterns, made at 59 Saturday Market, have been replaced by replicas.

In the summer of 1824 Malam found a site and built the gasworks in Figham Road, laid the gas pipes, restored the paved streets, had the lamps cast, shipped to Beverley and installed - and the lights blazed out before Christmas, changing the lives of the townspeople for ever. They were not changed to electricity until the later 1940s. The gasworks have gone, but the grand arched entrance is still where Malam built it.

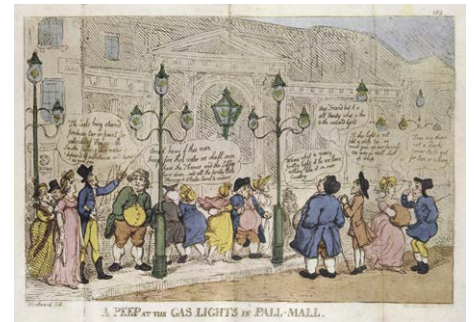
Malam left Beverley in 1826 and went to Hull to try to sort out their street lamps which were running on whale oil and not gas. Beverley gas was left in the charge of William Dimbleby, ancestor of our media Dimbleby family. Additional lampposts were made by William Crosskill at his iron works in Mill Lane Beverley, we think from about 1827 but unfortunately, although he copied much of the design, he did not date them. These too are listed buildings, so altogether we have 39 historical lampposts.

Nearly 200 years later, East Riding of Yorkshire Council, Beverley Town Council and the Beverley Civic Society have combined to renovate the lamps and repaint them in Beverley Green, Pompeian red and gold. Many people (including this writer) have lived alongside the lampposts for years and never really looked at them.

Take a moment to admire these astounding survivals, celebrated in this year's September Heritage Open Days festival.



Below is a cartoon of 1809 by Thomas Rowlandson, of early reactions to gas street lights in London.

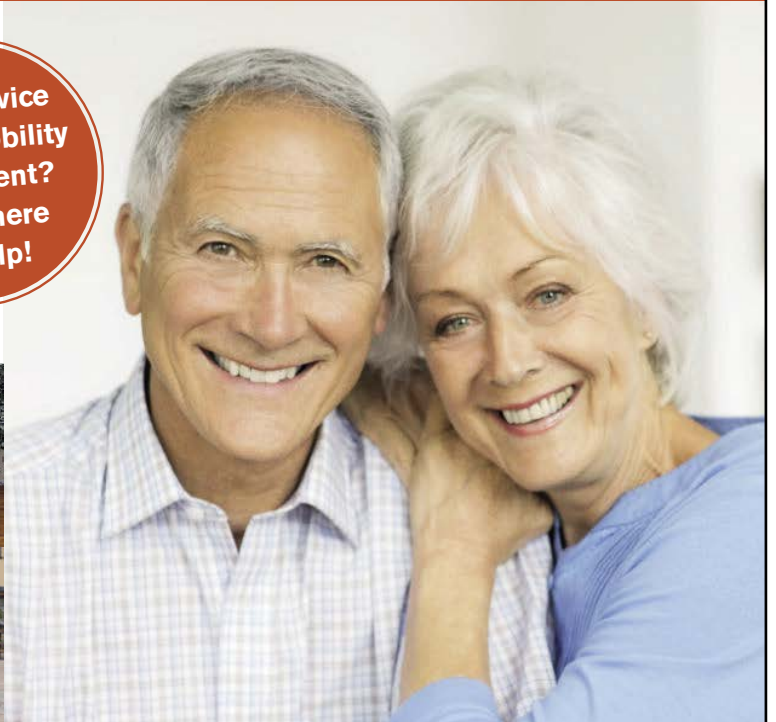


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'WALKING ON THE BEACHES' - 3 OF THE BEST NEAR BEVERLEY

We are very lucky to have such a fine coastline on our doorstep. Let's hope this August brings plenty more fine weather for us to enjoy them.

Here, I explore 3 of the best, each within a 45 minute drive from Beverley, and each quite easily reached by train and/or bus. All three offer fine sands and bathing prospects, all have refreshments and toilets close at hand. They are also perfect for short strolls, to really get a feel for the coastal landscape.

Our nearest beaches are less than 15 miles away at Hornsea and Mablethorpe. They are pleasant enough, the former, a medium-sized resort, with amusements, lots of pubs, shops and cafes.

2 miles south, Mablethorpe is much quieter, but very popular with locals. This may not be a

view shared by all, but I think we have to head a few miles north to find our region's best beaches. Let's start at Bridlington North Bay, blessed by panoramic views of the soaring chalk cliffs towards Flamborough Head. This is the favourite of my wife and younger daughter, as it is excellent for swimming. Not for me, I once caught a chill from the North Sea, so now it's just a case of modest paddling! The promenade area up to the splendid Expanse Hotel, has good cafes and takeaways, with public toilets at the corner of Limekiln Lane.

The popular Land Train that will whisk you up to Sewerby Hall, adds to the jaunty seaside atmosphere. For those who like to stretch their legs, a stroll north towards the chalk cliffs along the increasingly rocky shoreline, is a real tonic.

Flamborough Head can claim 6 accessible beaches, each of which are well worth a visit.



South Landing is smashing, but lacks toilets and refreshments. So all in all, I feel North Landing offers the best option, with good car parking, and even an open top bus ride to and from Bridlington. The coastal scenery hereabouts is truly stunning with easy strolls in both directions. Just to the north of the fine sandy cove, used in the recent film of Dads Army; there is even a hidden waterfall, the only one in the East Riding. The cafe and bar, with boat trips to see the caves and sealife, make this a fantastic day out.



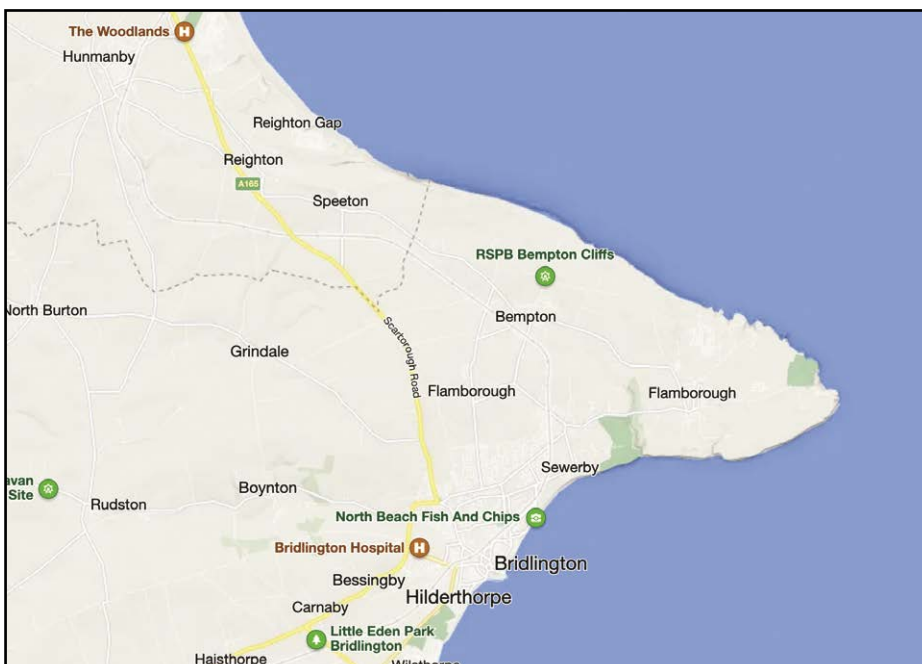
Our final local beach, takes us just over the county boundary into North Yorkshire. You can walk the 1.5 miles from Hunmanby train station to the glorious beaches at Hunmanby Gap, and there is paid parking on the adjacent cliff.

The cafe, perched above the sea is deservedly popular. The sands and views here are really exceptional, amongst the very best in the UK, with sweeping views towards Filey and south to Bempton. Walking here is a joy, towards Reighton the sands take on a tropical island quality, and you might even enjoy a spot of fossil-hunting.



So this August, unless the weather takes a downturn, head to the seaside, perhaps humming the Strangler's tune "Walking on the Beaches".

Ian Richardson.



SPECSAVERS WALKINGTON 10K AND FUN RUN SUCCESS!

Beverley AC's hugely popular race, the Specsavers Walkington 10k and fun run took place on the evening of Friday 8th July and was deemed a huge success.

This year's event took place on a lovely, warm evening with a field of around 550 runners. Starting on Little Weighton Road, the course takes runners through Bluestones to head up to Rowley crossroads and then back to Little Weighton.



The first 3 females in the 10k were Demi Lidster (Beverley AC), Venika Moverley (East Hull Harriers & AC) and Naomi Drakeford (Barnsley AC) and first 3 males were Oliver Donkin (Barton & District AC), Matthew Snow (City of Hull AC) and Paul Lyons (City of Hull AC). Robert Main was the only Beverley Junior participating in the race and was the 2nd U19 to finish.



The now famous Beverley AC cake stall at the finish made a welcome return to the event to greet the finishers with a fabulous selection of cakes, raising an amazing £404 for Dove House Hospice. Thanks to all the bakers and to Jayne Dale for organizing!



Dove House is the Club's nominated charity and representatives were in attendance at the event. More funds have also been raised through donations on entries and through those opting out of a T-shirt in lieu of a donation and the final total raised is yet to be confirmed.

Many thanks go to our sponsor, Specsavers Beverley, whose director, Jeremy Beesley and colleague, rode the lead bikes, for their

continued support of the event. Thanks also are expressed to the marshals who cheered and supported runners also the course and to the people of Little Weighton and Walkington, many of whom were out cheering the runners along the course.



Lucas Meagor, Race Director, added: "Once again, a fabulous club effort! Lots of positive feedback, happy runners, and great support from the area! Runners enjoyed a great evening, reflected by the generous and positive feedback that we received. Our thanks to the residents of Walkington and Little Weighton for their support and hospitality".



If you are interested in becoming a member of the club, details on how to join can be found on the Club's website - www.beverleyathleticclub.co.uk.



NAVIGATION WEALTH MANAGEMENT - HOW LATE IS TOO LATE TO START SAVING FOR RETIREMENT?

With life expectancy much higher than it used to be, it's vital to put a savings plan in place for your future - no matter what your age.

When you're considering your future and what to do with your money, it's vital to ensure your financial security will continue into later life, when you're no longer earning an income. But is it ever too late to start saving?

The answer is no, and this isn't just a Pollyanna response from a pensions expert.

Why you should save money for retirement

Retirement has changed substantially from what it was for previous generations. It used to be the norm to spend a 30-year career in one profession, often with one or two employers, and for people to stop working entirely once they reached retirement age, which was usually around 60 to 65 years old.

For previous generations, retirement was often seen as the beginning of one's twilight years, and people expected to spend the rest of their lives winding down. But nowadays, age 60 is not 'old', given that many people who are currently in the workforce can expect to live much longer.

The life expectancy calculator from the Office for National Statistics predicts that a man aged 50 today will live to an average age of 84 years

old - and they have a one-in-four chance of living to 93. Around one in ten of this cohort reach the age of 97.¹

Life expectancy rises sharply for younger people. A woman aged 30 today has an average life expectancy of 88 and a one-in-ten chance of reaching their 100th birthday.²

With so many years ahead of you, it's important to work out how you will fund them.

Although some people dream of leaving their job behind and sitting in the sun for the rest of their lives, many people don't want a 'hard stop' to their working life. Instead, 'retirement' has become the point when they start phasing out work and incorporating other goals or interests into their lives.

For example:

- 'Retiring' from their career, taking time off to travel and relax, and then returning to work on a part-time basis.
- Retiring fully from their career and starting a business.
- Choosing not to retire but to keep working and accumulating wealth, passing some on to the next generation.

Culturally, there's increasing recognition that work provides benefits other than income - for example,



social interaction, routine, challenge, intellectual fulfilment or the ability to pass on skills and knowledge. There's also financial expediency.

Saving enough money to last someone for 30 or 40 years is a bigger challenge than when retirement lasted for ten or twenty years, as with previous generations.

How much should you have in savings before retiring?

It's difficult to say how much money you need before you stop work, because it really depends on what you want to do. Many people fund their retirement from a range of sources, including property, Cash ISA savings, Stocks & Shares ISAs, earnings, state pension and private pension pots.

This can be beneficial, because money can be withdrawn from each of these in different ways;



Plan your next big *adventure*

These days, retirement is less about slowing down and more about regaining time - to enjoy the hobbies and adventures you've been dreaming about for so long. But with the shift to financial self-reliance, making the right retirement decisions means you need advice that's personal to you.

That's where we come in. We can give you a local, friendly service backed by the strength and security of a FTSE 100 company, St. James's Place Wealth Management. We can help you manage your income and savings, while guiding you through the complexities of tax.

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for example, ISA savings can often be withdrawn tax free on demand (depending on the type of ISA), pensions allow people to withdraw a tax-free lump sum at retirement age, while income from a rental property may be monthly.

This is also useful because people tend to spend different amounts during different phases of their retirement - for example, a year spent travelling the world is likely to cost more than a year spent working part-time. You may also find your spending falls as you get older.

Why planning is important

It's not enough to have savings, you also need a plan - and that's why it's a good idea to seek financial advice. It's best to meet with your financial adviser regularly so they can look holistically at your situation and help you gauge:

- At what age could you retire? What kind of lifestyle can you expect to have?
- If you increase your saving, how will that improve your retirement prospects?
- What do you dream of doing? What adjustments could you make to ensure you can achieve them?
- Could you go part-time? Could you take a year off?

Reaching retirement age is not an ending, it's the start of a new chapter in life. Putting the right plan in place will help ensure you can enjoy the future you want.

It's never too late to plan for retirement!

To receive a complimentary guide covering wealth management, retirement planning or Inheritance Tax planning, contact Navigation Wealth Management on **01482 379504** or email navigationwm@spp.co.uk

Sources:

^{1,2} Life Expectancy Calculator, Office for National Statistics, accessed 6 July 2022.



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SHORT STORY BY PAULINE KIRK - ACROSS THE BARRIER



The train was packed. A mother with a toddler and a boy of about ten looked up as Tina sat at the table. Then the boy returned to his computer game.

The toddler began to grizzle. Sighing, his mother tried to quieten him. "He's tired," she apologised. Tina nodded sympathetically. Pretending to hide behind her fingers, she made him laugh.

"How old is he?" she asked.

"Two."

"So's my grandson," Tina replied. "I'm going to Melbourne to meet him." She couldn't help sounding excited. "I planned to go when he was born, then the pandemic hit. I'm Tina by the way."

"We're going to Mumbai," the young woman replied. "My name's Sunita, and this is Ramesh. Sanjay's the one glued to his tablet."

After that conversation was easy. The combination of a broad Yorkshire accent and sari charmed Tina. "Why are you going?" she asked.

"To see my Grandmother. She brought me up but went back to India when I married. My husband booked us via Schiphol so we can have a break. He couldn't leave the business."

"I'm changing at Schiphol!" Tina said in surprise. "We'll be on the same flight." The battery on Sanjay's tablet suddenly died. In frustration he demanded the charger, but that was in the case. His mother sighed. "Now we're in trouble," she whispered.

"Bet you can't play 'Hang Man!'" Tina challenged him.

"What's that?"

"A game you play with old-fashioned paper. It doesn't need batteries." They played 'Hang Man' and noughts and crosses in her notebook for the rest of the journey. By the time they piled off it seemed natural to push their luggage together.

It took three hours to get through Baggage check-in and Security, Their flight was being called as they headed for their gate. "Thank you for helping with the children," Sunita said breathlessly.

In relief they reached their gate in time. Tina had printed her vaccination status and boarding pass. Both had worked so far. Sunita and the children got through the automatic barrier but to Tina's horror it refused to accept her pass. She tried several times, a mutter of annoyance growing behind her. A steward appeared. "You'll have to go back and get a boarding pass," she instructed. "But that's miles away," Tina protested. "I'll miss my flight." The official shrugged. "Hurry up. You're delaying others."

Furiously Tina prepared to run back. She could feel tears stinging her eyes. Then she heard a boy's voice, "What's the matter Tina?" Sanjay had returned. Shouting over the gate Tina explained. "Your printer's not good enough," he said knowledgeably. "Is your ticket on your mobile?"

"I don't know how to open the attachment."

"Pass it to me." Urgently she passed the mobile to Sanjay.

"Go back!" the official insisted, "or I'll call the airport police." With a few swipes, the boy found the airline's email and opened the ticket. "Hold that against the reader," he said, returning the mobile.

Within seconds Tina was through, shaking with relief. "Thank you," she called.

But Sanjay had disappeared into the crowd.

Pauline is a published poet and novelist who writes detective stories under the name P J Quinn with her daughter. There are 4 four DI Ambrose Mysteries to date, available from Stairwell Books.

POEM BY CLINT WASTLING - THE ADRIATIC



If this is the sea
I do not recognise its mood-
it is a mirror reflecting ancient gods
who roamed these shores.

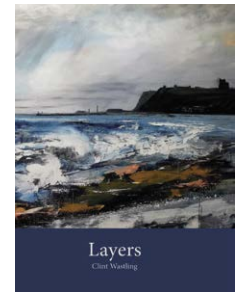
What was land is sea,
what was sea is land -
changes over millions of years;
now summits struggle for breath
above the Adriatic.

I am bound to the land
and bound by the sea-
this salty lake I swim in;
a mere residue of the Mediterranean,
will close to become mountains.

Plate tectonics, inexorable.
Disbelieved - an act of god to some.
When the earth quakes,
which god is angry?

Put your faith in the Earth,
the here and now of all we witness;
standing above Dugi Otok's Cliffs
and their view toward forgotten empires.

Clint Wastling is the author of Tyrants Rex, a fantasy story (Stairwell Books). His poetry collection Layers is available from Maytree Press.





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BEST YOUNG RIDERS TO COMPETE AT BISHOP BURTON COLLEGE

Bishop Burton College will open its doors to hundreds of talented young riders and spectators next week, as it hosts the British Eventing International Youth Championships.

The riders, all of which are under 18, have been selected as the best in their region to compete in a range of dressing, showjumping and cross country classes from Thursday 4th August to Sunday 7th August.

Catherine Sykes, Equine Event Coordinator at Bishop Burton College, said: "We're delighted to be hosting the International Youth Championships for the second year, especially as this year we can welcome spectators without COVID-19 restrictions.

"Our course designer, Joe Weller, has done a spectacular job at transforming our parkland ready for the event. The cross country competition on Saturday 6th August is sure to be a highlight.

"We're especially excited that one of our own students - Lucy Proctor-Copeland - has been chosen to represent the north!"

An exciting opening ceremony, exclusively for riders and their family, will kickstart the competition on Wednesday 3rd August. The ceremony will feature professional student rider Katharine Pickering, who has featured in productions such as Victoria and Wonder Woman 1984, as well as performing at events such as the Horse of the Year Show and Great Yorkshire Show.

Katharine's performance will include liberty, where the horse has no tack, classical dressage with Grand Prix rider Edward Creamer, dare devil trick riding and even some fire.

Katharine said: "I am so excited to be back at Bishop Burton! I've experienced so many firsts here and been involved with the displays

and demonstrations; it just feels like coming back to where it all started for me.

"It's great to be performing inside Bishop Burton College's incredible indoor arena, which makes a huge difference to us and our horses. The facilities at are top class, and this allows us to perform at our best."

Admission to the championships is free and spectators will be able to treat themselves with a number of trade stands. Sponsors of the event include Baileys Horse Feeds, NFU Mutual, Visit East Yorkshire, Bedmax Shavings and Lindum.

More details can be found at Bishop Burton International Youth Championships: www.bishopburton.ac.uk/facilities-and-services/equine-centre/bishop-burton-international-youth-championships



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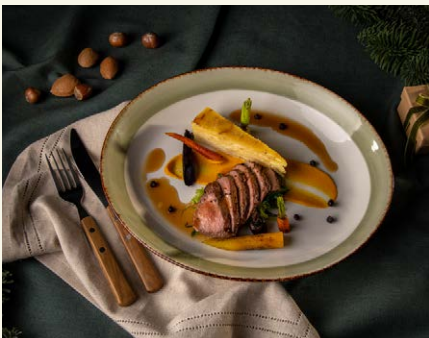
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CYCLING WITH WILSON WHEELS

School holidays are here again, it's time to take the opportunity to enjoy the fresh air and discover new things to do. So for the next 6 weeks set out an activity plan.

Families like to do different things, if you are not careful the costs mount up, but they do not need to. With careful planning and using 2 wheels, timeout can be fun and inexpensive.

With your holiday plan in hand, why not make cycling part of the family experience and enjoy some of the cycleways in the area. Make up a small picnic with drinks and snacks and set off for an exploration. It may only be upto the Westwood, or part of the many cycle ways, but take time to rest and enjoy the area.



Exercise for young and old is key to keeping a fresh mind active. Or plan a cycle ride to a friends house, have the afternoon with them and look forward to the ride home.

If you are going on a staycation they plan to take your bikes, if you need them checking over or they need upgrading at Wilson Wheels, all makes and models of bikes can be prepared for the summer excitement.

Safe cycling is key, so make sure you are aware of the new highway code rules, both as a driver and as a cyclist. It is better to be safe than sorry.

To get the most from your bike it may need a simple check over or service, even small changes on the seat height could make all the difference between an uncomfortable bike ride and an exciting exploration bike ride.

Small change BIG impact on your holiday fun.

CARFAN - OPEL MANTA GT/E

If the subject of this issue was built today it would probably be called a Vauxhall, but it wasn't and it isn't, it's an Opel Manta GT/E

Formed way back in 1862 before being taken over by General Motors and now Stellantis, Opel originally launched the "A" version in 1970 before replacing it with the "B" in 1975 and the latter is featured here, being produced in 1985.



Lovers of the German language will appreciate that when discussing cars the E in GT/E stands for Einspritz which means injection, indicating that the car has no carburetors. To complete

the language lesson, it is generally accepted that GT (in Italian) stands for Gran Turismo or Grand Tourer in English. The current owner has had the car for 26 years and has spent ten thousand pounds on it and it certainly shows.

A lot of that went on a re-spray, not to mention new full chassis rails, floorpan and a re-built petrol tank. The Opel Owners Club is the best place to get parts, as is so often with cars that are becoming quite rare, largely due to the old enemy of vehicles that don't spend their lives cocooned in heated and de-humidified garages - rust.

This version is known as an Irmscher and has optional extra headlamps together with beautiful Recaro seats which certainly lift the interior to another level. It has done 98,000 miles and a B.M.W. getrag 5 speed gearbox makes touring just that little bit easier with its 2 litre engine.

Should you fancy a GT/E on your drive, good luck finding one as a cursory search found just one on a well-known car sale site for £15,000 with similar mileage to the one featured, albeit totally restored.

And don't forget, should you come across this teutonic beauty on your travels, don't forget that cheery Carfan wave!

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PUZZLE PAGE

WORDSEARCH

J O E Y L C Q H R H A E S W A
 F I V R H R O T K C M E U N F
 R X D X O L D O A F D G S V J
 I L X K I L A D V E N T U R E
 E D Y D B B P F C I Y P P A H
 N D A Q Y K E X L A B R B U U
 D Y E O K S Z C E J M J Y U M
 S P V S T K Y X R O A P Y Q U
 Y L F I N C N Z L A G T I X Q
 Q B V X O U T R F U N M M N G
 Q A Y A X V M Q V D I P C X G
 L U X U F K B X S B K K O Q G
 R J X H T S T F O K L T E K V
 R F F V T U E L D Q A I J A L
 N O I T A X A L E R W Y Z Q H

ADVENTURE
 CAMPING
 CYCLING
 EXPLORE
 FESTIVAL

FRIENDS
 HAPPY
 HOLIDAYS
 RELAXATION

WHERE IN BEVERLEY?

Where in Beverley can you find this item?
 Answer on Page 34.



WHAT IS IT?

Can you identify what this may be?
 Answer on Page 34.



COMEDY CORNER!

Things that make you laugh!

I mentioned to my wife,
 "I saw a deer on the way to work this morning".
 She said "How did you know it was going to work"!!

I said "NO" to the gym –
 That's my resistance training.

I told my daughter she had drawn her eyebrows too high.
 She looked surprised.

I am bad at electrics –
 which shocks people.



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 quotes or pictures? Send them to
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**FOLLOWING
 GOVERNMENT
 GUIDELINES**

A TICKET TO RIDE TO REMEMBER

I have recently had the pleasure of experiencing a wonderful day out travelling in style, aboard the beautiful "Northern Belle" which is regarded by some as the most luxurious train in Britain.

It certainly puts rail travel at its best with exquisitely decorated carriages, sumptuous cuisine and liveried stewards giving a regal ambience and a sense of occasion to your journey. It really is such a fabulous way to mark a milestone birthday, an anniversary, a unique place for the ultimate proposal of marriage, or really just a treat for yourself to take a day away from the pressures of daily life, to be wined and dined whilst observing the beautiful scenery as you chug along the tracks to your destination.

We started our journey at 0710 from Hull Paragon Station for our journey to Winchester which was scheduled to arrive at 1335. We were escorted to our beautiful table and sat in our sumptuous seats. We were quickly off on our way with a delicious fresh peach Bellini to start our day. We raised



a toast as this trip was to mark the very special birthday of our friend and colleague. The time flew by with the beautiful scenery, the attentive staff, the delicious food and beverages. Breakfast was amazing - a twice baked cheddar soufflé with a hot smoked salmon fillet and tomato caviar and a chive cream sauce. Plenty of warm breads and pastries and unlimited teas and coffees were served, and in what seemed like no time at all we had arrived at Winchester.



We had about three hours to explore the city, its wonderful cathedral and lovely park, take in river walks and quaint streets and independent shops. Before we knew it we were back at the station to board our train for the journey home.

Our evening commenced with a glass of champagne and a wonderful three course meal consisting of a mackerel pate, followed by Scottish salt beef on horseradish mash and baby carrots in a delicious jus, and finishing with a very impressive cheeseboard. The complimentary bottle of wine which accompanied our meal was much appreciated. Yet again it seemed to be moments rather than hours we were back in Hull for 2215,

which enabled us to get the less glamorous but very efficient local train back to Beverley.

I have also been fortunate to have experienced the British Pullman - a Belmont train - ultimate luxury and elegance and certainly a wonderful experience. Trains are a convenient, beautiful, and sometimes luxurious way to travel and can enable you to build a multi-centre itinerary to explore different parts of a destination. I have recently built a bespoke itinerary for clients on the Bernina Express linking Switzerland to Italy and the scenery here is incredible. The journey I have booked the most is the Rocky Mountaineer in Canada. If you want elegance and luxury in a destination where you can combine many experiences you could consider the Maharaja Express in India, the Blue Train or Rovos Rail in South Africa. Perhaps the most iconic train of all and my ultimate dream would be the Orient Express!

Writing this article within hours of disembarking the Northern Belle, I find myself already looking forward to my next rail encounter. If you would like to know more about any of these experiences please get in touch.

Amanda McConnell, Travel Counsellors.

T: 01482 770540

E: amanda.mcconnell@travelcounsellors.com

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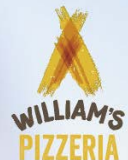
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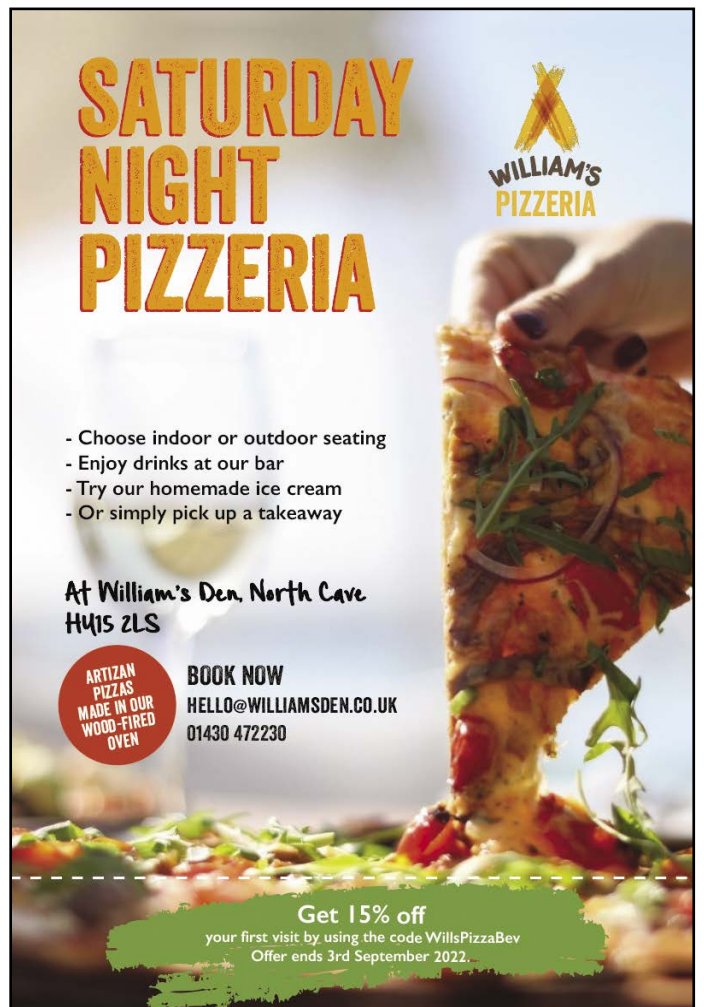
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COUNTRYSIDE MATTERS WITH SAM WALTON

Having mentioned Waratah Farms in New Zealand last time and their dairy herd, they also have 1200 breeding sows from which they supply replacement gilts the length and breadth of New Zealand.



The piggeries there are pretty much the same as they are here, but they have to cope with extremes of weather greater than we do.



The farm is an excellent set up for getting the best out of the grass as not only do cows graze grass all the year round, but there is also a really excellent set up for the slurry from the pig unit too.

There the slurry pit is completely covered over

with plastic sheets for two reasons, one to avoid any smells and secondly to prevent the heavy rain they get from diluting the slurry and taking up storage space.



The pigs are either on solid flooring with scrape through dung passages or are on plastic slats, where the slurry drops through the slats into a sort of sump underneath, from where the slurry is then pumped into the slurry lagoon to be spread on the grass, which the cows have grazed which helps to fertilise the grass for the next grazing.

Some of the grass is too hilly for a tractor to travel on but they have several hundred acres where they can spread.

Some of the higher ground can be fertilised from the air but I hasten to add, none of that is slurry!

A very good unit from UK Genetics and of course you would expect no less!



IN THE GARDEN... AUGUST

Welcome to August and I hope we have enough pleasant weather for you to sit in the garden and enjoy the fruits of your labours earlier in the year. The vegetable plot will be bountiful in August and harvesting will be a daily task.

We will continue to have similar weather to July, although there can be a noticeable chill in the evenings and towards the end of the month, we will start to see the first signs of autumn, with flower colours becoming more muted and some leaves starting to turn brown.

Tasks for August...

- Lightly trim hedges and Lavender bushes once the flowers have finished (this is not essential, and finches love the seeds).
- Pick courgettes whilst they are still small and tender.
- Pinch out tomato side shoots and runner beans when they reach the top of the cane.
- Prune raspberries and gooseberries after fruiting.
- Mow the lawn before going on holiday - do not give it 'a short back and sides,' because if there is a dry spell while your away, you will return to a 'brown lawn'.
- Roses - stop feeding them as any lush new growth will not have time to ripen before the winter. Prune the long old stems of rambling roses when they have finished flowering, leave those that have not flowered this year to bloom next summer.
- If you have Camellias, Azaleas or Rhododendrons water them well in dry weather otherwise the flower buds for next year may not develop properly. To boost growth, feed them a liquid ericaceous feed.

Having just had the hottest two days on record, one task on every gardener's mind will be 'watering' whether you are away on holiday or staying put at home.

Firstly, established plants will need little or no watering as their root system will be developed and get moisture from deeper in the soil. However newly planted shrubs and containers will need watering.

- It is better to give plants a good soaking every few days rather than a splash every day.
- The best time to water is in the evening - the sun is not evaporating the water and soaks deeper into the soil. If you cannot manage an evening water, do it early in the morning.
- Minimise the amount of water you use by:
 - Not watering the lawn - yes, it will go brown, but grass is resilient and at the first decent rainfall we have it will 'green up'.
 - Ditch the hose for a watering can - yes it may seem like harder work, but you will be amazed at how much less water you use.
 - Long term mulch your borders with organic matter, this will help reduce evaporation and the organic matter also holds moisture.
 - Consider harvesting rainwater in water butts - it is free (well it is after the initial investment of the water butt).

- If you are going away place all your pots and containers in a shady spot, close together and get a kind neighbour/friend/relative to come and water for you - at least if they are all in the same spot they are not going to 'miss' one out.

And don't forget...

Spring flowering bulbs will start to be stocked in garden centres and nurseries. If you want hyacinths flowering in the house for Christmas, now is the time to buy your prepared hyacinth bulbs.

Prepared hyacinths have simply been conned into thinking they have had a 'winter' (by placing them in a cold store) so when you plant them up in bowls, they think it is spring and start growing - clever heh!

That's all for now – have a lovely time this August whether you are away or spending time at home, if you get chance maybe visit some gardens for inspiration in your own patch.

Until September...

Jane Dale of 'Designed Gardens'.
Tel: 07983 392 411.





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WHAT'S ON IN BEVERLEY

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Telephone **01482 679947**

For more events visit
justbeverley.co.uk/events

Saturday 30th July - Tuesday 9th August

• **Festival of Words**

The children's festival features a fabulous line up of fun authors, energetic storytelling and a barrel of laughs!

Monday 1st August - Saturday 6th August

• **East Riding Theatre Summer Lift Off**

Ages 7 - 11. Develop skills and improve their confidence in acting, movement, singing and even circus skills.

Monday 8th August - Saturday 13th August

• **East Riding Theatre Summer Lift Off**

Ages 11 - 14.

Monday 15th August - Saturday 20th August

• **East Riding Theatre Summer Lift Off**

Ages 14 - 19.

Wednesday 10th August

• **Beverley Races Ladies Day**

Gates Open 11am. Last race is 5.10pm.

Thursday 11th August

• **Beverley Races Afternoon Raceday**

Gates Open 11.35am. Last race is 4.30pm.

Sunday 14th August

• **EYTCC Wolds Run to Thornton le Dale**

9am - 5pm. Departs at 10am from School Lane

Car Park, Beverley, HU17 9LS.

Friday 19th - Sunday 21st August

• **Tribfest Sledmere, Driffield**

Featuring Kopycat Killers, Badness, The Phonics.
www.tribfest.co.uk/tickets

Thursday 25th - Sunday 28th August

• **Cottingham Folk Festival**

Featuring New Model Army, Seth Lakeman.
www.cottinghamfolkfestival.co.uk

Saturday 27th August

• **Beverley Races William Hill Beverley Bullet Raceday**

Gates Open 11.30am. Last race is 4.55pm.

Sunday 28th August

• **Beverley Races Circus Family Funday**

Gates Open 10.30am. Last race is 5.35pm.

Friday 9th September

• **Tony Lewis performs as Robbie Williams**

The C Club. Tickets £10. Call 01482 867968 for details.

until Saturday 10th September

• **Brick City**

The 'Brick City' Exhibition, created by Warren Elsmore, on display in Beverley Art Gallery.

NORWOOD NITES

Community Cinema
@ **Norwood Church**

We are back!! We warmly invite you to join us again or, for the first time to our monthly film night!

A new programme running from June - August (break from Summer in September) October - December 2022. Due to Copyright we are only allowed to display film titles on the Church premises. Films shown in the schoolroom to the rear of the Church. Refreshments and Raffle from 6.30pm.

Monday 8th August at 7pm

Jo March reflects back and forth on her life, telling the beloved story of the March sisters - four young women each determined to live life on their own terms. Little Women is based on the novel, Little Women.

Ring or message **07903 136996** for more film details. If you require transport to and from this event please contact Beverley Community Lift on Tel: **01482 868082**.

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BEVERLEY RUF.C

HOME FIXTURES BEVERLEY RUF.C 2022/2023
17th September - V Dinnington KO 3PM
15th October - V Huddersfield Laund Hill KO 3PM
22nd October - V Keighley KO 3PM
5th November - V Old Rishworthian KO 2.15PM
26th November - V West Leeds KO 2.15PM
3rd December - V Bradford Salerni KO 2.15PM
17th December - V Goole KO 2.15PM
14th January 2023 - V Hullensians KO 2.15PM
28th January 2023 - V Leodiansian KO 2.15PM
18th February 2023 - V Roundhegians KO 2.15PM
11th March 2023 - V Wetherby KO 3PM

BEVERLEY PHOTOGRAPHIC SOCIETY - AUGUST'S PROGRAM

Tuesday 2nd August - meet 7pm at the Rose and Crown, North Bar Without.

Tuesday 9th August - meet at 11am (TBC) at the Tythe Farm Gardens, Wansford.

Saturday 13th August - meet at 11am at the Trolley Bus Museum, Sandtoft, DN8 5SX for the Blues and Twos weekend.

Tuesday 23rd August - meet at 7pm at the Rose and Crown, North Bar Without.

Tuesday 30th August - meet 1pm (TBC) at Hornsea Mere.

Tuesday 6th September - meet at 7pm at the Rose and Crown for a Photoshop tutorial.

We meet every week throughout the year. Why not join us on one of our outings or at the Rose and Crown. Always something for everyone from the serious photographer to the beginner. We have welcomed quite a few new members have joined over the summer, why not join them.

We are members of the Yorkshire Photographic Union and affiliated to the Photographic Alliance of Great Britain. For more information contact billbevphoto@gmail.com

WHERE IN BEVERLEY?

A Puffin on the puffin trail, how many can you find?



WHAT IS IT?

Brick City exhibition at Beverley Art Gallery



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Michael Diamond's Magic Show WEDNESDAY 27TH JULY

You'll love top family magical entertainer Michael Diamond's shows. Loads of fun and amazement and there's free facepainting too.

10AM - 10.30AM
11.30AM - 12PM
1.30PM - 2PM
3PM - 3.30PM



WATCH
OUT FOR OUR
Juggling Stilt
Walker!

Circus Avago WEDNESDAY 3RD AUGUST

Ever thought of running away to join the Circus? Now you can! Drop in and try juggling, unicycle, plate spinning, diabolo and loads more.

11AM NON-STOP TO 3PM

Rae Rae's Hula Hooping Fun WEDNESDAY 10TH AUGUST

Watch Rae Rae's spinning tricks and then try hooping yourself, it's fun for all ages!

10AM - 10.30AM
11.30AM - 12PM
1.30PM - 2PM
3PM - 3.30PM

Punch and Judy, Plus Make a Puppet WEDNESDAY 24TH AUGUST

"That's the way to do it!"
Join in with naughty Mr Punch's ever popular entertainment. It's packed with fun and audience participation. Then have a go at making your own puppet to take home.

10AM - 10.30AM
11.30AM - 12PM
1.30PM - 2PM
3PM - 3.30PM

The Magic Circus WEDNESDAY 31ST AUGUST

When the artistes and elephants don't arrive for the show the Grumpy Ringmaster's planned extravaganza has to be left to the Clown and the audience! Brilliant children's theatre with magic, fun and joining in.

11AM - 11.30AM
1PM - 1.30PM
2.30PM - 3PM

Crazy Games WEDNESDAY 17TH AUGUST

Live game show for all... Crazy Fishing, Cartoon Character games, will your team win? A fun 30 minute show.

10AM - 10.30AM
11.30AM - 12PM
1.30PM - 2PM
3PM - 3.30PM

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Man!

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by JANE McLAUHLAN

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of enduring love in everyday life

Directed by MIKE FRIEND



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EAST RIDING THEATRE

10 Lord Roberts Road, Beverley. HU17 9BE
01482 874050 / eastridingtheatre.co.uk

Thur 29th Sept to Sat 22nd Oct
£18.50 / £17.50 Conc. (Over 65) / £14 Under 23