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#### **Competition Terms and Conditions**

Competition answers should be emailed to **info@justbeverley.co.uk** before the closing date with the competition title in the subject field. Include your name, address and daytime contact telephone number along with your answer. Winners will be notified within 1 week of the closing date and MUST be available for publicity purposes for **Just Beverley** magazine, website and Facebook page and the prize provider. Photographs are usually taken the weekend after the prize-winners have been notified. The judge's decision is final. No cash alternative is offered. Details may be used for marketing purposes by **Just Beverley** and the prize provider and for website analytics by **Just Beverley**.

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#### You can pick up the magazine from:

Parkway Cinema, Flemingate, Beverley Tourist Information, Beverley Library/Treasure House, Tesco, Morrisons, East Riding Leisure Beverley, East Riding Theatre, Browns café, Beverley News, Boyes, Tesco café, Colette and Tyson Garden Centre, Beverley Garden Centre, Cherry Tree Garden Centre, Mace News in Saturday Market and Lincoln Way, Tickton News, Costcutter in Walkington, Molescroft News, Grovehill Convenience Store, Maple News, Leconfield PO, Willerby News, Poundland, Halfords, East Riding Community Hospital, Bishop Burton PO, Leven PO, The Altisidora, Cherry Burton PO, Barkers of Cottingham, Middleton-on-the-Wolds PO, Light Dragoon at Etton, Gnu at North Newbald, Monks Walk, Hayride, Sally's Deli, New Inn at Tickton, Ferguson Fawcett at Walkington, Health Centres, Churches, cafés, hairdressers and more!

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#### LETTER FROM THE EDITORS



February is one of my favourite months. How I love pancakes!!! I just get into my exercise routine, start losing weight and then Pancake Day comes along. At least this year I'll get the opportunity to run with my pancake in the Big Beverley Charity Pancake Race on Sunday 11th.

Then it's Valentine's Day! Romance, flowers and chocolates!! I buy Mrs M flowers, but she buys me chocolates. At least the Tour de Yorkshire and the days getting longer are incentivising me to get back on my bike! See page 27 for Nathan Wilson's tips on getting fit by cycling and be inspired by Les Tobbell who went into the fitness industry at the age of 49 (page 26).

Whether you are getting into a new fitness regime or planning a new wardrobe (Verb will help you with that see page 17), spring is definitely on its way. Remember to let us know what you are up to - send in your stories, your good news, your photos! You can contact us on **01482 679947** or email: **info@justbeverley.co.uk**. Follow us on **Facebook** and **Twitter** and keep tabs on local news and events on the website. **Just Beverley** is your magazine!



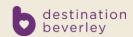
Lent starts this year on Valentine's Day, which is bad planning for those of us wishing to give up milk chocolate. But never fear! White Rabbit, amongst its other treats, sells pure chocolate - no added milk - so you don't have to give up your chocolate indulgence.

You might not wish to give up Chinese food for Lent either as the Chinese Year of the Dog begins on February 16th, so Happy New Chinese Year! See page 5 for more information on people who are born in the Year of the Dog.

The World Association of Girl Guides and Girl Scouts' World Thinking Day is on Thursday 22nd. This year it is celebrating the impact the movement has had on the lives of girls and women all over the world. From Rainbows, through Brownies, Guides, Rangers and Trefoil Guild, girls and women together can bring about positive change in their lives and the lives of people in their communities. That's lots of good news to think about!

Be happy, Linda.







#### **GET IN TOUCH WITH US:**

Facebook: facebook.com/justbeverley

If you would like copies for your business to distribute to staff and customers, call Just Beverley on 01482 679947.



### **BEVERLEY DRUM CIRCLE KEEPS BEATING AWAY**

Get into the groove and forget that stress! Join Gareth Winstone and his partner Lynne Walker for an hour and a half of rhythmic drumming and percussion-playing once a month and feel totally refreshed.

Inspired by a drum camp in Dorset, Gareth held a Drum Circle for his 40th birthday and realised that what he experienced and felt was so relaxing that he introduced the concept into Beverley just over one year ago.

Now there is a Drum Circle in Bridlington, too! Gareth told **Just Beverley**: "You don't need to be a musician or be able to play drums as we will teach you how to play djembe (hand drum) and percussion. All you need to do is concentrate on the groove and listen to other people around you and away you go.

"We meet at the Friends Meeting House, Quaker Lane in Beverley - next meeting February 7th 8pm to 9.30pm - or at Bridlington Contemporary Gallery, West Street.

"Check out our **Facebook page** for more details or visit **www.boombangabangdrums.co.uk**"





# WHAT ARE THE CHANCES? THE 500-MILE CAMERA!

On the 1st September 2017 William Etherton and his sister Poppy went to Thornwick Bay with their Nanna Sharon and her partner Barry. The tide was out and they were having lots of fun in the rock pools looking for creatures. William had taken his SJCAM4000 action camera in its waterproof case. He recorded himself and his sister playing and searching. He placed the camera on a rock but unfortunately forgot it was there. The tide came in and washed the camera out to sea. The camera continued to record whilst the waves approached.

William thought the camera was lost. Although it was a present from his Great Grandad Alan the camera wasn't expensive and he never got around to replacing it. But a little over two months later William's Mum received a message from her friend - she had seen a link to a video from the camera posted online. 'Is this your William?' she asked. William's Mum and Dad viewed the footage and couldn't believe it - it was William and Poppy at Thornwick Bay!



The camera had been found almost two months to the day on the remote German island of Hallig Suderoog. The family who live there had been searching for the owner for a week or so. William's Dad, Mark, found their Facebook page and messaged them. They were so excited they had found the owner and suggested it would be fantastic if he could collect the SJCAM4000 in person. Unlike the camera, which was predicted to have floated for 500 miles, the Ethertons chose to fly and then get a hire car from Hamburg and a ferry to the neighbouring island of Pellworm.

Before the journey just after the New Year, the family went on Look North and William did two live radio shows. A German TV channel ZDF got in touch, too - they wanted to film a re-enactment for their Sunday night show Terra Xpress. The Ethertons met the TV crew on the morning of the 6th January with a guide who was to take them on the 7km walk from Pellworm Island to Hallig Suderoog. The tide was out so there was no other way to get there. To their surprise there was another TV crew and four journalists joining them - by all accounts, the story had gone viral in Germany!

The day was filled with TV interviews, photographs and meeting the family on the island. What a fantastic place Nele and Holger live with their baby daughter! Their house is over 200 years old, they have sheep, pigs, turkeys, ducks and Highland Cattle living with them. After an exhausting day and the tide now in, the Ethertons expected they were going back to Pellworm on a small boat. But just then, the German Coast Guard arrived in one of their rescue boats! An amazing end to the day was a high-powered ride across the water - and William reunited with his camera.

# MOLESCROFT PRIMARY SCHOOL AWARDED THE INTERNATIONAL ECO SCHOOL GREEN FLAG AGAIN!

Molescroft's Green Team leads the way in biodiversity, energy, litter, waste, water, school grounds, healthy living, transport and citizenship.

Children at Molescroft are not only learning about sustainable practices which will ensure we have a planet to live on in the future, but are putting them into practice! Led by members of Year 6, but with representatives from each class and some very supportive members of staff, the Green Team

produced an Environmental Review with an Action Plan to maintain or increase good practice, with frequent monitoring and evaluation of the Plan's effectiveness. The plan was linked to the curriculum and they produced an Eco Code for the school (children, staff and visitors) to abide by.

The Green Flag is the highest award made by the International Eco School - **Just Beverley** would like to pass on our congratulations and say how proud we are that our Beverley schools are leading the way in looking after the world so diligently. Molescroft School is also a Fair-Trade School and involved in the International School Award which rewards schools with a global element in their curriculum.



### **NEWS FROM THE TOWN COUNCIL - IT'S ALL GOOD!**

Councillors met in January to finalise the budget. We are happy to inform residents that the budget has been maintained as of last year at the cost of £267,469.00, this means that there is no increase in expenditure and we will be maintaining all the services and events we did last year. There are no major changes planned, but there are some very exciting new developments in the offing.

It sure looks to be a full calendar for 2018 so far! We kick off with the Big Beverley Pancake Race on February 11th (see details on page 5) and planning has started for the Food Festivals - the stall-holders' documentation will be available on the website by 28th February. The NGS Open Gardens Day and Scarecrow Festival on Queensgate allotments is all signed up in the NGS Yellow Book. We have a new community allotment at Queensgate - please get in touch if you are interested in getting involved. We are also preparing for planting with the Beverley in Bloom group for our Yorkshire in Bloom Campaign; we were overall Yorkshire town winners last year so there is a lot to live up to in 2018. We are looking forward to a good year of growing, both the community and our lovely planted areas within the town.

As you all know, this year is a special year when we celebrate the 100th anniversary of the end of the First World War and the centenary of the RAF. Did you know that Beverley had its own airfield during the WW1? Number 47 Squadron was formed on the Hurn on 1st April 1916, a fighter squadron to protect the Humber region. There will be a Town Council subgroup meeting to set commemoration plans in place. Beverley Town Council will also be one of the sponsors of the SSAFA Flower Festival from the 9-12th August. Any ideas from members of the public are most welcome regarding the commemorations, please email: clerk@beverley.gov.uk and let us know your ideas. For further information, please contact Beverley Town Council on 01482 874096, email: clerk@beverley.gov.uk or visit www.beverley.gov.uk



# WELCOME TO MIKE WELSH - EAST RIDING COLLEGE'S NEW PRINCIPAL AND CHIEF EXECUTIVE

Educator, leader and musician Mike (who once performed in Beverley Minster!) has joined East Riding College to build on the legacy of former principal Derek Branton. East Riding College is Outstanding (Ofsted self-assessment), No 1 for employer satisfaction in Yorkshire and No 15 nationally. Yet Mike has a desire to make things even better! Just Beverley managed to catch up with this enthusiastic, driven individual to find out how.

Mike was previously Deputy Principal at the College of North West London which has 3 campuses - same as East Riding College - and has almost the same number of 16-18-year-olds studying there.

There you would think the similarities end, in that Brent has one of the most diverse populations in the country. But not a bit of it!

Mike's ethos is to change lives through education - so it matters not whether you are a young person from anywhere in the world looking for a vocation or an adult wishing to learn more skills to enhance career opportunities, you are a possible student.

At the moment, East Riding College provides technical, vocational and academic training which will lead to sustainable careers and personal development - some of the training delivered is at the highest level - and therefore Mike also sees himself as an Ambassador.

We will be finding out more about Mike, his background and family in next month's **Just Beverley**. Do remember to watch out for March edition published on March 2nd!



## BEVERLEY TOWN COUNCIL NEEDS YOU!

Calling all local volunteers especially the wonderful City of Culture volunteers, who have done tremendous work throughout the year.

Beverley Town Council would like to gather a talented team of volunteers together to help with events such as Christmas Lights, Food Festivals, NGS Open Allotments Day, Beverley in Bloom and other town events and activities. We are looking at getting together some local ambassadors to come and help with our local events and help us make things happen to the benefit of our community! Together we can help make Beverley the best of everything. Please get in touch with ClIr Duncan Jack or Helen Watson, the Town Clerk for further information on **01482 874096**, email: **clerk@beverley.gov.uk** or visit **www.beverley.gov.uk** 

# CHINESE NEW YEAR OF THE DOG - FRIDAY 16TH FEBRUARY - IS THE 11TH YEAR IN THE CHINESE CYCLE

The Dog is considered an auspicious animal and as man's best friend, it can understand humans and obey its master. If a dog comes into your house, it symbolises the coming of good fortune. You are a 'Dog' if born in 1922, 1934, 1946, 1958, 1970, 1982, 1994, 2006, 2018.

Famous people born in the Year of the Dog include Donald Trump, Bill Clinton, George W. Bush, Benjamin Franklin, Winston Churchill, The Duke and Duchess of Cambridge, Justin Bieber, David Bowie, Elvis Presley, Michael Jackson, Prince, Madonna, Dolly Parton, Andrea Bocelli, Sophia Loren, Judi Dench, Alec Baldwin, Alan Rickman, Andi MacDowell, Timothy Dalton, Stephen Spielberg, Mother Theresa.

Different years give rise to different 'dog' characteristics but essentially if you are a 'dog' you are loyal and honest, hardworking, sincere and ready to help others. You can be considered stubborn, though! Your lucky numbers are 3, 4 and 9, lucky colours red, green and purple and lucky flowers are roses and orchide.

# CAN YOU HELP BEVERLEY MUSICAL THEATRE WITH THEIR PRODUCTION OF LEGALLY BLONDE?

The cast is in place, but the stage is not set! This production of Legally Blonde the musical has a cast of 45, professional sets, costumes and a 12-piece professional band (plus 2 gorgeous dogs!) BUT help is needed back-stage.

How would you like to be involved in this feel-good production? BMT is appealing for people who are not afraid of hard work to be involved in building and moving stage sets, making and altering stage costumes and all other aspects of a major theatre production.

Visit the website **www.beverleymusicaltheatre.co.uk** or email: **jonwhiteyes@hotmail.com** to find out morel

# THE BIG BEVERLEY PANCAKE RACE IS BACK!

Once upon a time in the past, Beverley held an annual pancake race. Unfortunately, it had to be abandoned due to the lack of people who would volunteer to be pancake tossers.

Why this happened, no-one knows. Perhaps Beverley people decided that being a pancake tosser was not something to shout about; maybe it didn't look good on one's CV; perhaps it was uncool; maybe in this age of no-fat and low-fat diets, no-one had a frying pan or knew how to make pancakes anymore. But all that has changed!

Today, you can be a pancake tosser whilst holding your head high - being a pancake tosser is something to aspire to, is considered a fine art and is in demand! All you have to do is find 3 fellow, preferably practiced, pancake tossers and sign up for the new, re-invigorated Beverley Pancake Race being held on Sunday, February 11th at 11am, starting in Wednesday Market.

Beverley Town Council has joined forces with Rotary Club of Beverley with support from Lakeland on Butcher Row to re-establish this fun event. Teams of four (aged 16 or over) in (optional) fancy dress need to register with Beverley Town Council (email: clerk@beverley.gov.uk) and be at the starting line, frying pans in hand, ready to run and toss ready-made pancakes in this exciting relay race.

Pancake Umpires will ensure fair play by all participants - no egg, salt and pancake battering allowed - and tossing within the pancake tossing zone. There will be prizes for the winners and the best-dressed team!

Pancake facts: Aldo Zilli set the record for the world's highest pancake toss at 329cm in 2005; the largest number of tosses in the shortest amount of time was 349 tosses in 2 minutes set by Dean Gould of Felixstowe on 14th January 1995; pancakes were first mentioned in cookery manuscripts in 1430; every culture eats of form of pancake.



# FAIR TRADE FORTNIGHT BEGINS MONDAY 26TH FEBRUARY

Show your support for the farmers and workers who grow our food in developing countries - people who were once just poorly-paid help but who are now considered to be entrepreneurs, paid appropriately for the job they do! Watch out for the Fair Trade logo and for events in and around Beverley!





# PARKWAY BEVERLEY



#### **EVERY THURSDAY AT 10.30am**

#### (doors open 9.45am)

Join us for a free brew and a natter and enjoy some great films on Beverley Parkway's Big Screen. Only £4.20 with drink and biscuits included. Aimed at 55s and over. Films subject to change.

#### Thursday 1st February -

#### The Mountain Between Us -

Director: Hany Abu-Assad Starring: Idris Elba, Kate Winslet

Only the Brave -Director: Joseph Kosinski

Starring: Josh Brolin, Miles Teller, Jeff Bridges

#### Thursday 8th February -

#### Film Stars Don't Die in Liverpool -

Director: Paul McGuigan

Starring: Annette Bening, Julie Walters

#### The Mountain Between Us -

Director: Hany Abu-Assad Starring: Idris Elba, Kate Winslet

#### Thursday 15th February -

#### Battle of the Sexes

Directors: Jonathan Dayton, Valerie Faris Starring: Emma Stone, Steve Carell Film Stars Don't Die in Liverpool -

Director: Paul McGuigan

Starring: Annette Bening, Julie Walters

#### Thursday 22nd February -

#### Wonder

Director: Stephen Chbosky

Starring: Jacob Tremblay, Owen Wilson

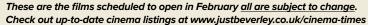
Battle of the Sexes -

Directors: Jonathan Dayton, Valerie Faris Starring: Emma Stone, Steve Carell

#### COMPETITION WINNER

Congratulations to last month's Parkway competition winner, Julie Anne Goodman. She takes home four tickets for February's







2nd February



2nd February



9th February



9th February



9th February



12th February



16th February



16th February



23rd February

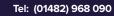


23rd February



23rd February





www.parkwaycinemas.co.uk

# YOUR NEW INDEPENDENT CINEMA



### CATCH THE OSCAR-NOMINATED FILMS AT PARKWAY!

The most exciting awards ceremony is always the Oscars. Of the 9 films nominated for Best Picture, every one of them has played or will be playing at Parkway Cinema (awaiting confirmation for 'Lady Bird'). You could hold your own Oscar-party (posh frocks and dinner jackets essential!) and see if you can second-guess the winners.

The first Oscars were awarded in 1929, with a 1927 silent film, 'Wings' winning Best Film. It starred Clara Bow and Gary Cooper. The Academy started awarding film honours for films made in that year in 1935, it's 7th Awards) when 'It Happened One Night' won Best Picture along with Clark Gable for Best Actor and Claudine Colbert for Best Actress. It also won Best Music, Best Director (Frank Capra) and Outstanding Production. The films which have won the most Oscars are 'Ben Hur', which won 11 out of 12 nominations in 1959; 'Titanic' won 11 out of 14 nominations in 1997 and 'Lord of the Rings - Return of the King' won 11 out of 11 nominations in 2003. They have gone down in Oscar history, along with last year's faux pas when the wrong film was announced as winner! The winner was 'Moonlight' but 'La La Land' was mistakenly announced due to a mix-up in envelopes.

It's a well-known fact that the Academy do sometimes get it wrong! How could 'Kramer vs Kramer' win over 'Apocalyse Now!'? 'Back to the Future' was so much better than 'Out of Africa'; 'Field of Dreams' (who doesn't know the quote 'If you build it, he will come'?) was much more deserving than the quirky 'Driving Miss Daisy'; 'The Sixth Sense' definitely trumped 'American Beauty'; 'Brokeback Mountain' was head-and-shoulders above 'Crash' and even last year, who was astounded that 'La La Land' didn't win Best Picture? Awards are so subjective, but that's what makes them fun!

There are, of course, some great, innovative or thought-provoking films that have won Best Picture - 'The Artist' was a silent movie which won in 2011 (a silent movie in 2011 - well, why not?!); 'Schindler's List', 'Goodfellas', 'Lawrence of Arabia' or 'Marty' - and those great entertainers 'My Fair Lady', 'The Sound of Music' and 'Oliver!'.

Cliff Baillie, Manager at Parkway's bet this yea<mark>r is on 'Three Billbo</mark>ards outside Ebbing, Missouri', but, as he says, 'the competition is very high and 'The Shape of Water' could pip it at the post'. Just remember to tune in to the 90th Academy Awards on March 4th and remember where you saw the films first!

Best Picture nominations are: 'Call Me by your Name'; 'Darkest Hour'; 'Dunkirk'; 'Get Out'; Lady Bird'; 'Phantom Thread'; 'The Post'; 'The Shape of Water'; 'Three Billboards Outside Ebbing, Missouri'.

### COMPETITION - WIN A PAIR OF TICKETS TO SEE FIVE STAR SWING LIVE ON MARCH 11TH AT 7PM

At Parkway Cinema, Beverley, Screen 6 turns magically into a live theatre for shows, comedy and bands - and what a great band is scheduled to appear on March 11th!

The unique Five Star Swing Band has played with more artists and been involved with more projects than they can (almost) remember. Their vast experience as musicians has seen them featured at London's Leicester Square Theatre, accompany Dame Vera Lynn and other famous stars, play at Blackpool's famous Tower Ballroom, appear on TV and be invited to corporate and public events, weddings and parties. Their music is 1920's to 1960's, specialising in swing, big band, jazz and even Blues Brothers and Motown. They were chosen to play for the reunion party of the original cast of 'Dad's Army', which was a joy as the band features Chris Smith (Jnr) who is the composer and arranger for the BBC Radio Big Band and the Herb Miller Big Band (Glenn Miller's brother).

They have already graced the stage at Parkway Cinema to rapturous acclaim - hence the invitation to come back to entertain Beverley again. Once again, Simone Smith with be dazzling us with her virtuoso sax and vocals on swing and jazz standards we all know and love. No matter your age you can't fail to love this band and their music! Tickets cost £15 (£14 for concessions) from Parkway Cinema 01482 968090 or http://beverley.parkwaycinemas.co.uk/Ticketing or you could enter our competition to win a pair of tickets.

To be in with a chance of winning, all you have to do is answer the following question:

Five Star Swing features Chris Smith who composes and arranges music for two Big Bands - one is the BBC Radio Big Band, what is the other?

Send your answers by email to **competition@justbeverley.co.uk** by February 17th 2018. Put **FIVE STAR SWING** in the subject box with your answer, name, address and daytime telephone number in the body of the email. The winner will be chosen at random after the closing date. The winner MUST be available for publicity for **Just Beverley** and **Parkway Cinema**.



Event cinema offers something a little different to mainstream films. Live and prerecorded shows beamed in via satellite from all over the world. Here are the latest live streams that you can enjoy on the big screen at Parkway Beverley.

TICKETS NOW ON SALE: Sunday 4th February at 3pm -BOLSHOI - LADY OF THE CAMELLIAS

Wednesday 7th February at 7.15pm - ROH: TOSCA

Wednesday 14th February at 7pm - RSC: TWELFTH NIGHT (12a)

Thursday 22nd February at 7pm - NT LIVE: CAT ON A HOT TIN ROOF (15)

Wednesday 28th February at 7.15pm - ROH: A WINTER'S TALE

Sunday 4th March at 3pm - BOLSHOI - FLAMES OF PARIS

Tuesday 6th March at 6.45pm - ROH: CARMEN

Thursday 8th March at 6.30pm - BOMBSHELL PLUS LIVE Q&A

Tuesday 20th March at 6pm -EOS: VINCENT VAN GOGH - A NEW WAY OF SEEING

Tuesday 20th March at 7.15pm - OWSL: LADY WINDERMERE'S FAN (12a)

Thursday 22nd March at 7pm - NT LIVE: JULIUS CAESAR (12a)

Tuesday 27th March at 7.15pm - ROH: BERSTEIN CENTENARY

For full programme of the Event Cinema, please visit www.parkwaycinemas.co.uk



Twitter: @ParkwayBeverley



















### Destination Beverley - promoting our town as a great place to visit and enjoy!



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jaunt through Beverley's ancient and bloody past.

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ghatagingdhergtaistsofathdehTeautlessYsoktaleinse cycle race in May, and the long-awaited reopening of the historic Beverley Drasas dio éra a tant tore to a tant de la la company de l dantartheadetourratitieninaraute which atabas oldelle philist; ledge sale; Male Prase analt Molly Browns, Fleur de

Mbis Fire Pit Smokehouse the Mark Bizza and Chamas.

The events have been extend **EQ. (In Capital of East Yorkshire** again, with news the event will now stretch over

Beverley has put down a marker as both the place to visit and to be the Food James takes up to 25 people on the everley successful years in the women's Fault for four days from Thursday May area can rightly claim to be the Food James takes up to 25 people on the everley successful years in the women's Fault for four the town now boasting more highly-rated Ghost Adventure, which takes place on Yorkshire doubling in size from one to two days and the transported of the persona of the persona of the control of the persona of the

Thanks to a controles if re-mother desing try is enses to bis by the seapested restaurant gridasfolinde indues ejauents fransicationally i camawned food critics, to adies from a boden the. UK are now discovering the delights to be found in Beverley.

Highlights of the festival are many and various Sunday Times topic houting Marinan d'Long d'in vecents waxed lyrical about lames Alegel's Risk & Whistle sescribing it as "this terrific little restauraptrownischesbanaidwanighedewitaging love Id of Italian fiaschletteria Spanish tapas bar and French bistro".

For the full stories and much more, go to our website ails on all these stories and much more, go to o

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# THE TIGER INN LAIRGATE AT THE HEART OF THE COMMUNITY

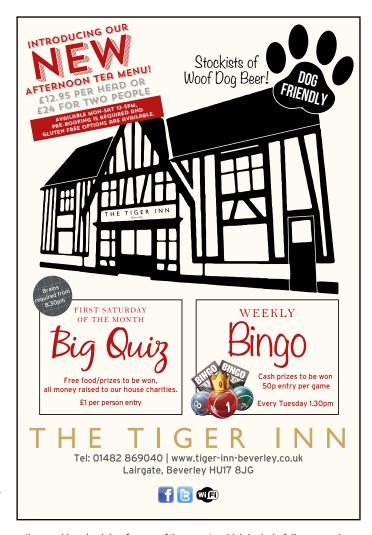
Allen Slinger took over tenancy of the Punch Taverns pub after a major refurbishment about 8 months ago to find that life at the Tiger is buzzing!

It is fair to say that Allen could not have scripted his favourable welcome at the Tiger. The community groups which have traditionally used the Tiger wished to stay there, especially after they saw the new décor and seating and more have inquired about using the premises since he arrived; Christmas and New Year were amazing and the 'summer' menu has been so popular that Allen decided to keep it for a while longer...

But Allen is dedicated to making the business even better, so there is now a new menu being launched, there are now cocktails to go with the beer, wines and spirits and there's a monthly afternoon quiz as well as the monthly

Saturday Big Quiz, Tuesday night quiz and weekly Tuesday lunchtime bingo.

The building in which the Tiger is housed was built in the 18th century and is Grade II listed. The layout is hardly unchanged from the original when it was called the Black Bull. It became the Tiger when a famous pub of that name was closed in North Bar Within. However, it has disabled access, a large car-park with adjacent on-street parking, 2 dog-friendly rooms and an outside seating area which has fabulous flower displays which also adorn the front of the pub in summer.



If you have a look at the Tiger's website, **www.tigerinnbeverley.co.uk** you can see the weekly schedule of some of the events which include folk, open mic, darts and dog-walking! Missing from this are the Subtle Flame Poetry Group sessions on the first Thursday of the month, the Weekly Gin Specials (Ginny Hendrix and Whitely Houston were two which made an appearance recently!), the two Breakfast Business Networking Groups and meetings of the MG Club, The Morris Minor Club and the North Humberside Motorcycle Club. But there is room for more!

Allen said: "There are opportunities for other groups to meet. We love to welcome cyclists, bikers and walkers (especially walkers with dogs!) and we are now serving afternoon teas (pre-booking requested). There is a function room as well as the Corner Room where people can eat with their dogs present, although dogs are not allowed in the restaurant. We open two mornings for Breakfast Networking Groups which means other mornings are available. Perhaps a social group would like to meet for morning coffee? Do give us a call! Our function room can be booked for private events; it holds 50 standing or 30 seated. Other rooms are also available and last summer we erected a marquee in the car park above the decking for a variety of events. We love dogs at the Tiger! Our dog-station is very popular - it will be back outside once the weather improves - but our canine visitors always have drinking water and treats available. We support various charities including Guide Dogs for the Blind and Jerry Green Dog Rescue. Our other charities this year are Beverley Community Lift and Dove House Hospice. But, if someone has a favourite charity which is in need of support, let me know and that could be Charity No 5."

### ANDY'S 25 YEARS AT HUBY DOMESTIC APPLIANCES KEEPS THE FAMILY COMPANY ETHOS

Andy Holroyd - Field Service Engineer for Huby Domestic Appliances is celebrating 25 years in employment with the company. He started work as an apprentice on the 18th January 1993, taken on by Jason's father Brian.

Andy started his apprenticeship in the workshop in Anlaby, where Huby's business consisted of a retail outlet and a service sector which covered Hull, Grimsby, Scunthorpe, York and Scarborough. When additional hands were required out in the field Andy was always available to assist which gave him fantastic experience to complete his apprenticeship.

In the last 25 years, there has been a shift from mechanical domestic appliances to more computer- controlled devices; as the business changed so the staff have had to develop new skills, something which Andy has taken in his stride. Huby Domestic Appliances moved to Beverley in 1999 to focus on the service side of the business, serving the East Riding of Yorkshire.

Their work includes contracting for a network of insurance companies along with a vibrant private customer base, including a number of long-standing clients.

Whilst Andy is celebrating 25 years with Huby's, MD Jason Huby was happy to mention that there are three more members of staff who have worked for the company for many years with 21 years and 18 years of service coming up! Away from work, Andy is a keen motor cyclist. Having gained his Advance Riding Licence, he covers 1000's of miles on his Honda Pan European 1300cc motorbike, frequently touring around Europe. If he is not out on the bike, he is to be found in the garage rebuilding a Yamaha RD350.

**Just Beverley** has just celebrated 3 years of publication - we hope we will be here in 22 years' time to celebrate our 25th year! We would like to recognise Huby's support of the magazine and wish the company continuing success, which, as its long-serving members of staff and client base

attest, is clearly a great company to work for and deal with. Huby Domestic Appliances encourage customers to book online at **www.hubys.co.uk** to save money on their repairs.

Otherwise, give them a call on 01482 240511.



# I'VE BEEN THINKING... BY COLIN RAYNOR

I've been thinking in this month of February it would be right to offer you something a little different, like a love story. I'm sure this will bring back memories... read on.

He saw her every morning at the bus stop; there was just something about her. It was always the same crowd because they were all going to the same school, but she was different, somehow. He knew her name was Maureen and they were about the same height. One day she had some glasses on. Oh, she was amazing with glasses on! He had to wear glasses all the time. He often wondered if they would get in the way when they kissed. Would that ever happen? He did hope so she spoke to him last Thursday.

"You've dropped your book Brian." She picked it up and gave it to him. Did he say anything to her? He couldn't remember, probably something limp and meaningless - but they had spoken to each other. She knew his name! That was amazing wasn't it? He would remember her words forever. She'd looked at him with those lovely brown eyes and he just looked. He had brown eyes but hers were... oh boy. And her lips just opened and closed in such a wonderful way. He had never noticed how smooth lips could be. Perhaps he would be getting closer to them someday.

He tried one morning to sit by her on the bus, but her mates got there first. He felt sure she had saved him the seat and he just knew she was disappointed. So he sat behind her just gazing at her long dark hair that cascaded down her back.

"Did you watch footie last night mate. I only saw the first half because..." His pal Dave was going on as usual about football, but he only heard half of what Dave said to him. What was happening to him? Football was all he ever thought about, or so his family had told him. He wondered if Maureen liked football. Some girls did. She was talking to her friends and he could hear her voice and her laughter. She was bit of a giggler. Not sure about that. His sister was a giggler and he had made up his mind that when he had a girlfriend she would not be a giggler. He would make an exception for Maureen. He would make certain that when they talked he would make her giggle. He managed to get off the bus at the same time and he was not sure how it happened, but their hands touched briefly, and she turned and smiled.

"Oh man, you've got it bad." It was his pal Dave again. "What are you on about mate?" "That girl, what's her name? Maureen. I suppose she's alright but not my type. But you look as though you've just scored a hat trick. She has a brother in the top class. He plays centre forward for the school team."

Everything Dave talked about had reference to his world of football. That was his world also, wasn't it? Well, yes, he could never give up his football. But thinking about Maureen was different. So, she did have a brother! That could be a bit difficult. Now Dave had mentioned it he could picture the lad. Oh heck, he was a big chap! Better not upset him! Why am I thinking like that? I'm not going to upset him. Just ask his sister out. Is that really what I am going to do and just how am I going to do that?

The English teacher loomed over his desk. "Are you going to join us Campbell or are you just

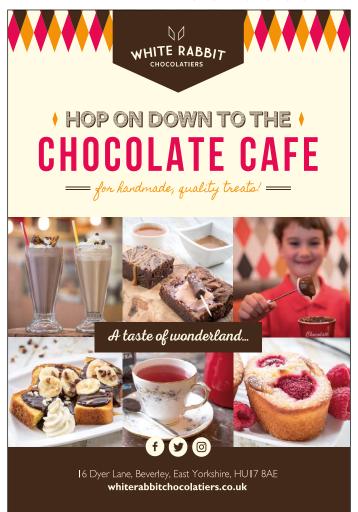


going to stare in to space like the love-sick swain you obviously are intent on becoming if it isn't too late already." "No sir, I am listening." "Are you indeed. Then tell me. What have I just asked the class to do?"

Mr Anderson his English teacher was expecting an answer and he had not got a clue what to say. There was a penetrating noise announcing the end of the class and the class rose as one and made for the door. "Sit down until I tell you to move" Mr Anderson's voice rose above the noise and everyone froze.

'Saved by the bell, Campbell, but I expect you to place on my desk in the morning a full sheet of paper telling me why we call some of our most famous poets 'romantics'. Should be no trouble at all for you at all."

Those were the days my friends...



# WHITE RABBIT CHOCOLATIERS SOLVE ALL YOUR VALENTINE'S DAY WISHES!

Every couple wants to celebrate Valentine's Day and everyone loves chocolate. This year, White Rabbit's innovative events means you can surprise your loved one in a very indulgent manner...

Award-winning, Beverley-based chocolatiers, White Rabbit, constantly surprise and delight chocolate-lovers. From their delicious chocolates and truffles to coffee and cake in their fabulous café, the unlimited imagination of Sally Hawkes and son Ed and daughter Amy makes White Rabbit a chocolate-lovers' paradise.

In the lead-up to Valentine's Day, is an Innovation Taster Evening on February 2nd to experience chocolates and truffles especially designed for the special day. It will be a 'try-before-you-buy' event to ensure that gift for your Valentine is going to be ultra-special.

Or why not make a Valentine's Gift for them yourself, in secret, in chocolate? On February 10th the chocolate workshop will have a definite Valentine's Day theme. The workshop including the gift you make costs  $\pounds 30$  - this will be a truly unique experience.

On the day itself, White Rabbit will transform into a pop-up restaurant where couples will be treated to a 3-course dining experience with every course featuring - what else? - chocolate! The menu on the day will be a surprise, but possibilities include smoked salmon, avocado and grapefruit salad with White Rabbit's signature vinaigrette chocolate sauce followed by a main course of Mexican Chocolate Mole with tortillas and traditional accompaniments and then a Chocolate Smash Cake for sweet which will be full of surprise treats. This is sure to be a popular event so book early to avoid disappointment. If your chocolate indulgences have not been fulfilled after all of this, the following Saturday there is a Couples Chocolate Workshop.

Want to find out more - look for details on White Rabbit's advert, check out their website: www.whiterabbitchocolatiers.co.uk or give them a call on 01482 679325

Telephone: 01482 869111 sales@rosesofbeverley.karoo.co.uk



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### SCHOOL'S OUT FOR SCIENCE AND SLIME AT FLEMINGATE

An award-winning science entertainment company is bringing fun, interactive science workshops to Beverley's Flemingate centre next month. The workshops during the half-term school holiday aim to inspire children to learn about science and engineering using exciting handson experimentation in a safe and controlled environment.

The company behind the workshops is Yorkshire and Humber-based Lab Rascals. With a team of fully-qualified scientists, Lab Rascals have wowed thousands of children with the wonders of science and engineering since launching in 2012.

Hosting hundreds of workshops, science clubs and children's parties every year, Lab Rascals show children that learning about science is enjoyable and fun and not just about reading from textbooks.

Katie Norman, founder of Lab Rascals, said: "Our Lab Rascals Workshops demonstrate to children that learning about science, technology, engineering and maths can be really interesting and a lot of fun. The workshops are a great mix of hands-on science experimentation and fun learning techniques.

such as learning how to make slime - that's a firm favourite! We haven't held any workshops in Beverley for a while so it's great to be back in the area. Flemingate is perfect for our workshops and we've got some really fun activities lined up for Monday, February 12th."

Jo Bridgeman, Events Organiser at Flemingate, said: "We're thrilled Lab Rascals are joining us at Flemingate for the first day of the half-term break. The workshops are entertaining and educational and introduce children to the wonders of science in a fun and hands-on way."

The workshops will include making slime and jelly worms to demonstrate how polymers are made and how crosslinking polymers can change materials. The Lab Rascals workshops and parties are led by highly-trained scientists with a minimum of a Master's degree in chemistry, biology, physics or engineering. All team members are fully screened and authorised to work with children. The Lab Rascal workshops are on Monday, February 12, from 10am-11am and 11.30am-12.30pm, in a unit between Outfit and Baytree Interiors. An afternoon workshop may be added, depending on demand.



Workshops are for 5-14 year olds (children under 7 require parental supervision). Classes will cost £6 per child. Parking in the 500-space car park at Flemingate is £1 for three hours.

For more information or to book a place on the workshops please visit: www.labrascals.co.uk/science-events-information.html. Follow Lab Rascals on Facebook and Twitter at @LabRascals

# SHORT STORY - THE WORKOUT BY CLINT WASTLING

It was that depressing time of year when George realised he was a couple of kilos heavier and flesh was creeping over his belt.

"Not bad for fifty," he said to his reflection in the mirror. All those New Year Resolutions seemed like yesterday, not weeks ago. Wendy was also feeling the influence of long winter nights and reminded George several times they'd agreed to try the gym. "Ok," said George grumpily, "I'll sort it tomorrow."

"Tomorrow never comes." Wendy said and took the iPad. George flicked on the TV but couldn't concentrate. Later, whilst his wife was on the phone, George googled local gyms. They all looked very nice. Eventually, he decided on one in Beverley - and that's how George found himself sitting in a comfortable office with an attractive instructor. "Right Mr. King, we just need to do a few tests and find out how fit you are." The young lady took his resting pulse rate and his blood pressure. "Blow into this. It measures your lung capacity." George took three goes. The

"Well the good news is you're alive!" The girl's cheeks flushed a little at her joke. "Seriously," she continued, "you need to start very gently, you're not in the best condition. Let's go through to the gym now and I'll sort you a programme.

instructor weighed him and took his height before tapping figures into a calculator.

At the end of the next hour George wasn't certain how alive he was. Sweat poured off him and his face glowed beetroot red. He couldn't imagine subjecting his body to this twice a week. "Can I have my money back?" George half jested. The instructor laughed. "You are a tease. By-the-way, I've booked your wife's assessment in for next Monday." George sat in the café area and admired the gorgeous young things that came and went. He felt rather proud of himself and couldn't wait to get home and tell Wendy all about his adventure.

When he got home, he was surprised to see a sports car on the drive. Its owner stepped nimbly from his front door and waved to Wendy. The car drove off leaving George to park up. "Who was that?" George asked. "Nobody." Wendy lied. She flicked on the TV but even its light couldn't hide her glowing cheeks. The instructor guided George through his next fitness session. She took no prisoners and insisted on exactly the right number of sit ups, pull downs and curls, not to mention the twenty minutes of CV!

When George got back home, the handsome young guy in a track suit was just leaving. He didn't look suitably dressed for a cold February. George decided to follow him. They drove through the streets of Beverley until they reached an old warehouse by the River Hull. George chuckled to himself as he saw the man enter the gym.

The next day both Wendy and George woke up in agony. With difficulty George walked stiffly to the bathroom cabinet. He presented Wendy with the analgesic spray. "Do my back and shoulders love?" "Gladly, if you'll do mine first." "Yours?" George asked. "Mine! You see I wanted to get fit and what with you sloping off..."

"I was organising your rather late New Year's Resolution!" George said, "I've got you a health assessment and induction at the gym." "Oh! My god! I employed this personal trainer! He looks like an angel but he doesn't let up on the exercises!" "Mine's the same!" George agreed.

Wendy put her arm around her husband and kissed him. "What about buying a dog?" "A dog?" "Yes, George, walking over The Westwood. It wouldn't be just twice a week but twice a day." "In all weathers..." "In all weathers but it would do us the world of good and re-home a rescue dog." George thought about this and smiled. "I've always wanted a dog." Wendy handed over the iPad, "well, I've made a shortlist!"



# IS PEGGY THE EAST RIDING'S OLDEST RESIDENT? **SHE'S 108 AND GOING STRONG!**

Peagy Featherstone, christened Margaret after both of her Grandmothers, was born in Hessle, ON Barrow Lane, on December 28th 1909. Edward VII was on the throne so she has lived through the reigns of George V, Edward VIII (abdicated) and George VI. Needless-to-say, she is a big fan of our current Queen Elizabeth II. having received 8 cards from her since her 100th birthday! Just Beverley spent a very enjoyable morning in Peggy's company learning more about her.

Peggy was the middle child of 3 girls, who grew up on Swanland Road. Her older sister, Doris, was a very talented seamstress who became a PA at Reckitts (now Reckitt-Benckiser) as well as teaching sewing. whilst younger sister Mary became a respected Senior Nurse at Charing Cross Hospital, London. None of the women married, so Peggy has no close family - but she does have many friends and enjoys events and activities with fellow residents at Abbeyfield's Langholme Assisted Housing where she has lived for the past 30 years or so.

Peggy may be 108 - and age which she herself can hardly believe - but she still has a twinkle and a great sense of fun. She said: "I went to Hessle Village School but left when I was 14 - I never liked school, unlike Doris and Mary. My sister, Doris, was in charge of the work room at Thornton Barley in Hull at that time and she got me an apprenticeship there. But it was long days. Even though I got the train from Hessle train station into Hull, my GP said it was too much for me and I had to leave. But then I was asked to look after a little girl with 'sugar' diabetes (now known as Type 1 Diabetes) who lived in a large house on Swanland Hill. The Felwall family were very well-off! They employed a cook, housemaid, parlour maid, groundsmen and chauffeur as well as me. The chauffeur would take Shirley to school and back with

me in tow. She used to say; "I do love you, Peggy" and I loved her. She had a beautiful nursery but died at a very young age and I had to return home to help my mother, Sarah Ann, look after my father and sisters. My father, Walter, developed heart trouble and my sister Doris had to work twice as hard to keep us so I had to make sure that there was a meal on the table when she came in from Reckitts and her clothes were washed and pressed as she had to teach at sewing classes most evenings."

Father Walter had been Head Gardener for a family at Brough where her mother was a Nursery Nurse, which was how they met. Peggy remembers all her friends telling her how good-looking her father was! She and Walter loved walking and would walk miles on a Sunday. She recalls walking all the way from Hessle to Woodgates Maternity Hospital in North Ferriby once in the snow and her GP, Dr Herman, who was visiting one of his patients who had given birth, giving her a lift home. She also remembers Dr Herman taking out her sister Mary's tonsils on the

Peggy remembers her childhood as being a very happy time. She would go to All Saints Church in Hessle on Sundays with Doris and at one time did have a boyfriend, but Father did not approve so Peggy remained a spinster. She not only had lots of friends of her own age, but their parents liked her, too, and she go invited in for lots of cups of tea.

Peggy's only desire in life was to have a bicycle when she was growing up. All her friends had cycles and eventually, at the age of 14, Walter presented her with her pride and joy. Officially, she wasn't allowed to bike further than Kirkella or Westella but Peggy was a bit of a free spirit and on this occasion, ignored him! She went to Ferribly, Brough, Anlaby, Raywell and



Willerby but, heeding her father's instructions, never any further.

Peggy believes her long life is due to always being happy and content with her lot. She always made sure the people she associated with were bright and cheerful and she never feels lonely because everyone who comes in to see her always has a smile on their face. She has all her faculties and especially keeps up with the local news, getting the Hull Daily Mail every day and Just Beverley every month. She has a TV, too. At 108, she does have carers coming in to Abbeyfield to help her get up and ready for bed in the evening, but her little flat has its own kitchen so she can make a cup of coffee when she wants one. As she says, she really doesn't feel any different today as she did yesterday and she will just carry on in the same way, with a smile on her face and a twinkle in her eye and more positive memories than most of us could ever hope for!

### **BOUTIQUE BEVERLEY - CHASING THE WINTER BLUES AWAY**

Now that Christmas is but a distant memory, I am finding the lack of pounds in my purse as depressing as the vast number of excess pounds that have recently found their way around my waistband. It can be difficult in mid-winter to find ways to lift the spirits that won't add to the worry about the pounds - of either sort.

Taking a brisk lunchtime stroll through the drizzle, I noted that retailers have some amazing bargains, many advertising massive discounts on everything from jeans to scarves even in February! I found a lovely cashmere-blend scarf recently at Browns Department Store with a hefty reduction. A little part of me thought 'ooh, do I really need a new scarf?' Then I remembered that we're facing a good 2 months more of winter weather, unless we are very lucky! But then great basics never go out of style. Reader, I bought it! And that little purchase cheered me up enormously.

After the feasting and festivities of December lunchtimes in the New Year can seem particularly grim. A salad - however virtuous - just doesn't fuel me through a busy winter afternoon. However, I have recently discovered a tiny Boutique Beverley gem; the heavenly Saints & Sinners café which is tucked away on Swabys Yard. They offer delicious homemade soups along with baguettes which are delicious and very budget friendly and make a perfect winter lunch.

If you need a weekend treat why not head to The Pig & Whistle, Sow Hill Road, for Sunday brunch. You can settle down in Beverley's local pint-sized bistro, read the papers and while away the hours over the best scrambled eggs and Bloody Mary I've ever tasted. If you have abandoned the booze recently they also

serve an alcohol-free version -the excellently titled Bloody Shame, A glass full of ruby red vitamins and spice is a great way to banish the winter blues. Pop into The Modern Draper where there are vouchers for The Pig & Whistle which offer a very generous 10% off - not just off your bill, but a second 10% off for a friend too.

Pampering treats are usually off my agenda when money is tight, but a friend recently suggested that I try the Inspire Hair & Beauty Salon at East Riding College, Flemingate. I admit, I was slightly apprehensive about being a model for a trainee! Nevertheless, I went along with an open mind. The salon is beautifully equipped, and I was allocated two perfectly turned-out and absolutely charming young beauty therapists who gave me a hand massage and hydrating manicure followed by a relaxing facial using Dermalogica products which are normally only found in the fanciest of spas and salons. I came out feeling a million dollars - all for the bargain price of £13.50. I urge you to book an appointment. Not only will you feel fantastic, but you will be giving these young people an opportunity to practice their skills and achieve their ambitions.

It can be difficult to get off the sofa when the long winter nights are cold, especially if you are avoiding typical 'night out' scenarios. The Beverley Ghost Adventure is the perfect alternative evening out. Meeting every Wednesday at 7.30pm outside The Mountain Warehouse on Toll Gavel, you will be accompanied through the streets of Beverley by the sinister but lovable Dr Smalls. Dr Smalls makes the stories about our ancient market town come alive! The walk is meticulously researched but more importantly it's a brilliant mixture of history, spooky tales and engaging, camp fun. It's a two-hour trip



with lots of stops so wrap up warm, grab some comfy shoes with some toasty-warm socks (The Modern Draper has a great selection) and be prepared for tales of ghostly goings on, laughter, shouting, gore and ghastly doings. If you book online at www.  $\textbf{beverleyghostadventures.com} \text{ it's $\pounds 6$ per person ($\pounds 4)}$ for under 14s) and is an absolute bargain. You'll go home with a smile on your face!

Still feeling sluggish? There's one ideal way to banish the blues and it's absolutely free, available to all of us and on our doorstep... The Westwood. People have been strolling around Beverley Westwood since 1380 so grab your wellies, follow a formal walk or just roam. It won't cost you a penny (unless you stop for a takeout coffee at one of our excellent local coffee shops or a restorative pint at the historic Woolpack pub on the way) but you'll feel fitter and livelier after even just a short walk. And if you look carefully, you might catch a sign that Spring is just around the corner. Lisa Brown.





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### WHAT TYPE OF FUNERAL WOULD YOU **LIKE? ASKS FIONA KEMP**

Everyone experiences bereavement at some time in their lives. However, we seem reluctant to talk about death and the funeral service that follows. Most of us when we do broach the subject talk in hushed tones and try to use the right words so as not to offend or upset someone recently bereaved. Quite often bereaved family members tell us that it is not uncommon for people to avoid them after losing a loved one for fear of doing or saying the wrong thing, which is very sad.

I am not suggesting we talk about death all the time or stop being sensitive when talking to someone who is bereaved, but an open and honest conversation with family and friends about what you would like to happen at your funeral can actually help them at a very difficult time.

A carefully-timed conversation with your friends and family, perhaps following a television programme featuring a funeral service or after you yourself have attended a one, can provide you with the opportunity to express your likes and dislikes and wishes for the type of service you would like when the time comes. Quite often families are not sure the type of flowers their loved one preferred, choices in music or if they would like a religious or non-religious service - and this can make them worry that they may not arrange exactly what you would have liked to take place at your funeral service. Those families who have already discussed their loved one's wishes are more confident in their choices and take comfort in knowing they are fulfilling those requests.

If you are not comfortable talking to your loved ones, then writing down your wishes can prove invaluable to them. You don't need to purchase a Funeral Plan to do this, just write them down and give a copy to your family or keep it with your personal documents. If you would like a more formal record most Funeral Directors will be happy to record the information for you and keep it on file until your family need it. It is not a legally-binding document and doesn't obligate you to use the services of that Funeral Director if your family wish to use a different one. For more information or advice please feel free to contact us tel: 01482 844695 or email: hkempandsonltd@ gmail.com

### DO YOU OR A LOVED ONE NEED TO GO INTO **CARE? CHOOSE WISELY!**

Choosing a care home can be a difficult decision for everyone involved, but finding the right home can relieve worry, knowing that you have found the best possible care for you or a family member. At Barchester Healthcare we provide an individualised approach to care for all of our residents.

Lindum House is a modern, purpose-built care home just a mile and a half from the market town of Beverley, with the famous Beverley Racecourse just one mile away. Our home provides personalised care and nursing support for older people, those living with disabilities and people with long-term conditions. All our bedrooms have en-suite facilities and residents are encouraged to personalise their rooms. The home is surrounded by beautiful grounds, and features welcoming communal spaces for entertainment and activities, and quieter, private spaces for those who enjoy a calmer environment. Lindum House's highly-qualified and attentive staff are passionate about independence, dignity and choice for all of their residents. Our well-trained care staff focus on the individual needs of each resident, developing a tailored care plan for each and every person. Following significant investment, Lindum House now has a brand new look! The appearance of our home has been carefully considered down to the little

details, and designed with the people we care for in mind. Our bright new reception area is the perfect spot for socialising or taking part in our many daily activities, and our beautiful new dining room is a wonderful place to enjoy freshly prepared meals, and our newly designed bedrooms are comfortable and tastefully decorated.



Credit: Barchester Healthcare

Looking for care can be a daunting process, and we'll do all we can to provide you with the guidance and support you need, and answer questions you may have. For more information about the services available at Lindum House please visit our website: www.barchester.com/lindum

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# Are you thinking about care for a loved one this winter?

This time of year is full of joyous occasions, but can also be a time for reflection – the realisation that an older person close to you may be struggling to cope at home.

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# CREATE YOUR OWN STYLE WITH LEE WARDELL FROM VERB

We really are in a transition period for high street retailing in the UK, the majority of the high street is still on SALE, with a real consumers market, as shops clear the WINTER 17 stock in readiness for the arrival of SPRING/SUMMER 18... and yet, as i quoted last month we could still be in for some of the coldest months of the year!

The fashion houses/high street will always push for 'new' stock to be bought as early as possible, to then encourage more repeat business.

Not at VERB!... Spring/Summer will start 1st MARCH with Easter landing at the end of that month. (Let's hope the weather falls in line too!)

In the meantime, outfitting for both MEN and WOMEN is available, at reduced prices. The pictures here highlight the great co-ordinated outfits available on both floors at VERB.

Winter blues? For MEN, NAVY will always be a default colour in any wardrobe to turn to anytime of the year; we have some great offers on all shades of blue.

Winter whites? For WOMEN, WINTER WHITE has been really popular - a few late-season bargains can still be had.

The high street fashion outlets may be pushing you in to the next season. But here at VERB, we encourage you to FASHION YOUR OWN STYLE with stylish, classics for both MEN and WOMEN to add to your wardrobe and build on it for months/years to come.

VERB is located at **Flemingate Shopping Centre** is open 7 days a week and can be followed on **Twitter/Instagram/Facebook** and on our website: **www.verbfashion.co.uk**.

Look out for our new website launching in March 2018!

Enjoy the end of the season, and look forward positively to a great Spring/Summer 2018!



#### COMPETITION

Here's the chance to win a stylish, regular-fit 100% cotton BROOK TAVERNER shirt, with a semi cut away collar, collar bone inserts, and single cuff - an essential for all men's wardrobes.

The shirt comes complete with a GIBSON knitted TIE to co-ordinate, in a choice of colours and sizes.
GENTLEMEN - this would be a great prize for you to win for yourself whilst LADIES will love to win this for a man in their life!

To be in with a chance of winning this fantastic prize, all you have to do is answer the following question:

What date will Spring/Summer start at VERB, according to Lee at VERB?

Email your answer to **competition@ justbeverley.co.uk** by February 17th. Put **'VERB COMP'** in the subject box with your answer, name, address and daytime telephone number in the body of the email.

The winner will be chosen at random after the closing date. The winner must be available for publicity for **Just Beverley** and **VERB**. Good luck!

>>>>>>>>>





# **AROUND BEVERLEY**

















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# IN THE GARDEN... FEBRUARY

February is a month of contradictions; on the one hand the days are getting longer and some spring flowering bulbs are well out of the ground, and flower buds on shrubs such as Camellias are starting to swell - so you may be tempted to think spring is on its way. On the other hand some of winters worst weather can be in February, so don't be fooled

#### Tasks for February...

When the weather permits there are a number of things you can do in the garden:

- Apply organic-based fertiliser to beds and borders i.e. bonemeal; blood, fish and bone; pelleted chicken manure.
- Top dress any containers that have shrubs in them.
- Prune winter flowering shrubs that have finished flowering.
- Prune summer flowering shrubs and climbers.
- Clear any 'old' foliage and seed heads from perennial plants.
- If the weather is mild you may need to cut the lawn just a light trim to tidy it up.
- Trim hedges and overgrown shrubs before the end of the month this shouldn't be carried out during the bird nesting season (March 1st - July 31st) under the Wildlife and Countryside Act 1981.
- Prune apple and pear trees ideally the pruned tree should take the form
  of a wine glass i.e. no branches in the middle of the tree. This will
  provide even sunlight to every part of the tree.
- Prune wisteria shorten side shoots to two or three buds from the main stems. By pruning now you can see what you are doing, it also encourages flower buds to form.

#### In a cold spell remember to:

- Feed the birds and make sure there is water available.
- Make an air hole in frozen ponds.
- · Protect tender plants and blossom on fruit trees.

#### And whatever the weather:

- Start 'chitting' seed potatoes
- Force rhubarb (cover it) you can buy bell shaped terracotta rhubarb forcers, but if your budget won't extend to purchasing one, then you can use a large upturned plastic planter.
- Get ahead by checking that you have all you are going to need for the coming season e.g. compost, canes, pots and seed trays, and perhaps spend a little time thinking about what plants you may want in your summer containers.

On the subject of forcing rhubarb, a terracotta rhubarb forcer is no longer on my 'wish list' - Santa delivered!

#### Here are a few facts about rhubarb:

- The ONLY edible rhubarb (Rheum x hybridum) is a member of the Rheum family and related to the Docks and Sorrels, originating in central Asia western China. It was introduced into Britain in the early 19th century.
- Rhubarb gets its name from 'rha-barbarian', meaning the plant from the barbarian lands beyond the River Rha (now the Volga).
- The root has been used for centuries to purge the digestive system bugs and all.
- DO NOT EAT the LEAVES, they contain oxalis acid which can kill. So the only part I'll be using will be those tender pink stalks in a crumble, and on that note I'll speak to you in March.

Happy Gardening, J.

Jane Dale of 'Designed Gardens'

Tel: **07983 392 411** 



# COUNTRYSIDE MATTERS WITH SAM WALTON

A bevy of beauty - and the pigs look good too! It's not often you come across a farming enterprise run by mother and two daughters, particularly where pigs are concerned!



The pig industry will remember the late Graham Jackson who founded Kirncroft Engineering; he imported hundreds of plastic feed bins from Deva in Belgium along with a unique slatted flooring. But he is probably better known for developing the Trickle Feed System for dry sows, which revolutionised the way dry sows are fed. To say that Graham was gifted or clever, would be an understatement - he had one of the keenest brains I ever came across and was always thinking ahead.

Unfortunately, we lost Graham several years ago, but his legacy lives on in the form of his widow, Barbara and their two brilliant daughters, Benna and Lucy. They are like three bundles of fizz, now farming 500 acres on their own at Keyingham Grange. Their farm was part of the larger arable acreage which Graham formerly farmed with his brother. The farm stead has five excellent straw yards which used to have cattle in when their Grandfather was farming so what better use to put them to than bed and breakfast pigs? What are 'bed and breakfast pigs', I hear you ask?

Well, this is a growing trend in our pig industry where some breeders rent accommodation away from their own farms, whilst still supplying the feed and veterinary requirements. The b&b host supplies the straw, water and labour for which he is paid a sum per pig. Each of the five yards on the Jackson farm now holds 250 pigs from 40 to 120 kilos for lan Mosey. Having the pigs, utilises the buildings and brings in revenue as well as creating an interest for the Jackson women. As all pigs do not grow at the same rate, it means that it often takes three different loading periods to get all the pigs away to market to attain the same weight.

The Jacksons' enthusiasm has to be seen to be believed! They have met all the challenges of pig b&b-ing and, when I visited, I could not fault one thing they are doing. Something the Jacksons are exceptionally keen on is thoroughly washing and disinfecting each yard between batches, but all the pigs were exceptionally well cared-for. An interesting and entertaining visit and I did wonder how many more ladies we will see do similar things. No reason why we shouldn't!





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# PAYROLL ISSUES THAT WILL CAUSE ISSUES DURING 2018

2018 will be a busy and complicated year for employers and it is vital that you keep ahead of these changes to allow the necessary action to be taken.

#### 1. GDPR

The General Data Protection Regulation (GDPR) will come into effect May 25th, 2018 replacing the current data protection framework under the EU Data Protection Directive. New rules will come into force that will have a significant impact on businesses and will likely cause payroll issues. As employers you will be required to be aware, review and document systems, we will be running a separate article on this in the coming months.

#### 2. New Tax Year

Increases in personal allowances, PAYE and National Insurance contributions bandings are the obvious and automatic changes that will come into effect from your payroll software. Other changes include increases in the National Living Wage from £7.50 to £7.83 (over 25 year olds) and the National Minimum Wage from £7.05 to £7.38 (21 to 24 year olds). Rates for 18-20 year olds increase to £5.90 and 16-17 year olds to £4.20.

#### 3. Auto-Enrolment Increase in Contributions

This was covered in last month's issue - minimum employee contributions increase to 3% from 1% of qualifying earnings and employer contributions to 2% from 1%.

#### 4. Payroll Data Security

It's well known that cybercrime is on the rise. Cyber-attack warnings and news features are becoming more and more frequent. This is a significant and growing issue for businesses and their IT and payroll departments.

Payroll data security is essential due to the sensitive nature of the data. Having the appropriate and up-to-date IT systems, policies and procedures in place is imperative to ensure payroll data security and confidentiality while also ensuring continuity of the payroll function. The sensitive nature of payroll data and its significant importance to a business and its employees means that it is crucial that the correct structures are in place.

#### 5. Brexit

The uncertainty remains and we will keep you updated on any legislative changes that may cause issues in operating your payroll as the negotiations continue.

Stipendia can help guide your business through these challenges. We offer services alongside our tailored payroll solutions for your employees, including help with compliance, employee communications and consultancy.

Talk to us on **0845 308 2288** or visit our website: **www.stipendia.org.uk**.

Our team of payroll specialists are on hand to guide through the processes of wage compliance, payroll, auto enrolment and more.







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# **COBBLED TOGETHER BY JOHN FEWINGS**

A charm of finches, a gaggle of geese, A litter of pigs, we all know; A muster of peacocks, a shoal of fish. Ah, but who says that it's so?

So, with the aim of enhancing the language

And increasing your perspectives, I've assembled together for future use This cobble of collectives.

A chatter of mums, a giggle of girls, A mutter of dads, a confusion of curls, A choke of smokers, a bashful of boys A groan of jokers, a floorful of toys.

A gurgle of babies, a wail of nippers, A murmur of nuns, an eyeful of strippers, A whatever of teens, a busy of cops, A tutting of middle-aged ladies in shops.

A prance of gays, a powder of judges, An autumn of leaves, a chirrup of budgies,

A chase of dogs, an explosion of sparks, An arrogance of cats, a compliance of clerks.

A moaning of dieters, a slouch of hoodies,

A snoop of wardens, a snitch of goodies, A complaint of the elderly, a scurry of mice,

An absence of waiters, a headful of lice.

A tumble of gymnasts, a rustle of dancers.

A panic of cooks, a swotful of answers, A pinhead of angels, a slur of drinkers, A fraud of MPs, a ponder of thinkers. A spring of bulbs, a fountain of flowers, A passing of minutes, a drag of hours, A tedium of anglers, a splash of puddles, A swelter of blankets, a comfort of

A barcode of zebras, a stand of flamingos,

A playful of puppies, a chorus of "Bingos!"

A fluffy of cygnets, a ballet of swans, A prickle of hedgehogs, a study of dons.

This is some challenge, for sure, and I know it's

Enough to keep busy a whole rhyme of poets.

So many collectives - but I'll not be vexed:

I'm going to start working on similes next!

John Fewings is **Just Beverley's** Poet-in-Residence as well as being a member of the Argy-Bargy Poets. He writes poetry for people who don't like poetry!

Check out www.johnfewings.zone



# RECIPE BY THE FOOD RHINO - ASPARAGUS AND SQUASH PAELLA

#### SERVES 4

Ingredients:

- · 300g squash, cubed
- 3 x spring onions, sliced
- 1 x Chopped red pepper
- 400g Tin butterbeans drained and rinsed
- 10 x Tenderstem broccoli
- 10 x Chopped asparagus
- · 8 x Chopped garlic cloves
- 3 x Rosemary sprigs
- 3 x Tbsp paprika
- 3 x Tsp nutritional yeast (optional)
- 2 x Tsp turmeric
- · 2 x Veg stock cubes
- 1 x Litre water
- 500g Arborio rice (risotto rice)
- Salt & pepper to season
- · Sunflower oil for frying





- Sweat (fry) the spring onion, red pepper and garlic for a few minutes until
- softened
- Add the squash, paprika, turmeric, nutritional yeast, rosemary springs, stock cubes and a few tbsps. of water.
- Simmer for a minute so the stock and spices cook out and then add the rice with enough water to cover the rice.
- Simmer until the water has been absorbed.
- Repeat the process until you have about 200ml of water left. The rice should be nearly cooked.
- Add the butterbeans, asparagus, broccoli and the rest of the water and cook further.
- If the rice is still undercooked add a little more water. Once the rice is cooked, remove the rosemary springs, season and serve.

# LIGHTING & LIVING OF BEVERLEY







Our years of passion for property development and interior design has led us to create an inspiring home store in the heart of Beverley's beautiful Georgian quarter.

David and Sara were frustrated to find the pieces they needed to light, furnish and accessorise their apartment in the heart of Beverley. Fortunately, on a trip to the Netherlands, they discovered Dutch brand, Lighting and Living, which has become their inspiration; Lighting and Living's pieces now take pride of place.

Lighting and Living also stock Weaver Green's rugs and textiles which are made from recycled plastic bottles and Pacific Lifestyle's furniture, lighting and accessories.

Sara said: "Lighting and Living is very much in keeping with North Bar Within - exclusive, high quality and aspirational. We have sole access to the brands we stock and we will continue to look for suppliers with our own ethos of contemporary design with old-fashioned service. We will deliver pieces free-of-charge and source an electrician for you if you need one (fee payable by customer)."

Sara and David and their little dog, Chalky, are literally on-hand as they live above the shop!



LIGHTING AND LIVING - 41 North Bar Within, Beverley, East Riding of Yorkshire, HU17 8DG. Call: 01482 880626 Email: sales@lightingandliving.net Web: www.lightingandliving.net



# FLL I NEVER... HELEN WATSO

residents who contribute to the character of the region, going well beyond the confines of their 'job-spec' to make this area unique. Just Beverley is keen to know what makes these people tick! But we didn't want to ask them the usual twenty questions - so here's nineteen questions which we hope will reveal something about them which will surprise you!

This month we put our Town Clerk, Helen Watson in the spotlight. Helen grew up in Beverley. She has worked in retail and management and as a Senior Lecturer in Business Studies before moving to work at the Town Council with then Town Clerk, Helen Ball, in 2000. After serving as Deputy Town Clerk, Helen became Town Clerk in 2009 when Helen Ball moved to Shrewsbury. The Town Clerk serves the 14 Councillors elected to the 4 Wards of Beverley for a 4-year term of office. A Mayor and Deputy Mayor is elected from their midst each year. Helen has worked with 18 Mayors! The Town Clerk's role is to provide independent, objective and professional management, advice and support. Clerks must stay updated on all legal and financial aspects of Council work and ensure the Council conducts its business properly. The job entails studying for professional qualifications. Helen is a Fellow of the Society of Local Council Clerks and is Chair of the East Yorks and North East Lincs Branch, which provides support for her and networking. Beverley Town Council also belongs the National Association of Local Councils which extends networking opportunities.

It should be noted that the Town Council is a statutory body and the most local level of government. It has a vital role in promoting Beverley, representing its interests, working with East Riding of Yorkshire Council and supporting the work of different groups in the community. As Councillors are volunteers, they and other volunteers should be recognised for the time, energy, expertise and motivation they give to make things happen in Beverley.

Here's Helen's answers to the Almost 20 Questions. It was Question 2 which had us saying 'well I never...'

#### 1. Do you consider an yourself introvert or an extrovert?

I am told that I'm an introverted extrovert, but who knows, I think I'm just me!

#### 2. What's the craziest thing you have ever done? Would you do it again?

Probably a few in my time! Recently I would have to say climbing to the top of Sigiriya, Lion Rock, and yes, I would love to do it again. The 360° view on the top of the rock is just amazing and is the best reward for the climb.

#### 3. When was your biggest adrenaline rush?

Gosh, what a question! Probably getting back down Sigiriya Lion Rock. Professionally it would have to be representing Beverley Town Council along with the Mayor and Beverley in Bloom volunteers at Yorkshire in Bloom Awards and the Countryside Alliance Awards last year, when Beverley won tourism and bloom awards.

#### 4. Is what you are doing now what you always wanted to do when you were growing up?

I moved to the town as a child and grew up in Beverley. I have always loved the town, so I'm very honoured to be the Town Clerk; it is a very diverse,

challenging and interesting profession. However, I never expected to work within the public sector. Growing up, I always wanted to work in retail and achieved this ambition by being a partner in a successful retail business for many years.

#### 5. Who were you closest to when you were arowina up?

I'm fortunate to have a great Mum and Dad, and big brothers too. My Grandparents were also lovely. I was close to them all. I adored my Grandparents and was particularly close to my Grandma - she was a very special, strong, wonderful lady.

#### 6. Who is the one person you can talk to about anything?

This depends on the subject matter! It's a mixture of family, my grown-up children and friends. I also keep a strong faith.

#### 7. What are you most thankful for?

My life, my health and my loved ones. I'm thankful for many things in life too numerous to mention.



#### 8. What's on your bucket list for this year? I hope to do more travelling; I have a few places in mind to see! Professionally there are some exciting plans for the town to get involved in.

#### 9. If a genie granted 3 wishes, what would you wish for?

Good health for my loved ones and me, happiness and maybe a pot of wishes to share out!

#### 10. What's your idea of a perfect vacation?

Turquoise or blue, warm, clear, sea, beaches, sea life, nature, plant life and trees, with a bit of peace, harmony and lovely fresh food thrown in for good measure. This could be the Antrim coastline (on a warm day) to a tropical Island. When am I going?

### 11. What do you think about when you are by

All sorts, depends what I'm working on and what I'm doing next. I think a lot!

### 12. Do you judge a book by its cover?

#### 13. What's your favourite all time movie and why?

I like lots of movies. I prefer something that makes me smile, rather than terrifies me. I'm a sucker for the American Christmas movies. I also like old movies - they are relaxing.



#### 14. What would you do differently if you had your time again?

I'm happy as I am thanks. You can't change the past but you can make a difference to your own future; it's your destiny to do with what you will, or what you won't. Every day is a blessing.

### 15. What would you change in Beverley and

Beverley is beautiful; you can never tire of looking at different aspects of our wonderful town - The Minster, St Marys, the Westwood and pastures are stunning. We have a wealth of history, culture and stunning architecture. I love Beverley. Along with this we also have great volunteers and personalities about the town, from many groups, organisations and businesses that really make a difference to life in Beverley. I would promote and encourage those with vested interests in the town to all work together more to make Beverley an even better place. I would also love to see more made of the Beverley Beckside area as this is a beautiful much underrated part of the town with a wealth of heritage, culture and nature. It would be great to see an extension of the Town Guilds Trail or Heritage or Nature trail.

#### 16. What was your most memorable birthday?

Thank fully, most of them have been memorable for one reason or another! However, the last year has certainly been memorable and full of surprises along the way and I have another one due imminently, so this could be the year!

#### 17. Favourite drink - alcohol or non-alcoholic?

Depends on my mood at the time. Non alcoholic is Chai or coconut water, and alcoholic would be a good G and T or a good pint of porter.

#### 18. Biggest achievement - sporting, hobby or nast-time?

I am the proud Mum of two beautiful children; I have certainly passed many happy times with them and I love them dearly. As an achievement, I did learn to dance from scratch a few years ago. It was something I had wanted to do since I was a child. I really enjoyed it, but there were so many different steps and moves to remember. The biggest sporting achievement at present is learning to like the gym so I can get fit again!

#### 19. How would you describe yourself in one sentence?

Motivated, dedicated, caring, creative, interested, resilient and a fun-loving individual.



# THERE COMES A TIME WHEN IT'S TIME TO CHANGE CAREER - DESPITE BEING 49!



Les Tobbell had served 23 years in the military and then worked in Security Management when he decided that his love of helping people to get fit was something he wanted to do full-time. Now he's a Personal Trainer at Anytime Fitness and couldn't be happier!

Les has had the kind of military career that many people only read about in books. He spent 6 years training Elite Forces, served in several operational tours in many countries, including protecting high profile clients and performing armed security manoeuvres whilst in the Indian Ocean, before retiring as a Warrant Officer. He also worked as a Personal Training Instructor running gyms and taking a variety of lessons.

Back in Beverley, Les was delighted to find that Anytime Fitness had opened a gym - he applied for a job and, with his background and skills, was snapped up! His personal mantra of 'train hard - fight easy' translates well into the ethos of Anytime Fitness, of getting their members to a healthier place. Les takes an immense pride in everything he does, including his own personal fitness; his military training has contributed to maintaining this goal and that's the kind of motivational level he can bring to people training at Anytime Fitness' gym. Additionally, Les holds a Boxing Coach License. He boxed in the Army and is looking forward to bringing Boxing Circuits, Bootcamps and other boxing-related activities to Anytime Fitness. As he says, boxing can bring great results to fitness levels for clientele and although classes can be hard work, are great fun!

Les has only every worked with highly-professional and competent companies, full of people with drive and determination who only want the best for their clients and staff. Such an attitude enhances everyone's performance, confidence and self-esteem. Everyone has to start somewhere and Les is as determined for his clients as he is for himself. If you need encouragement and motivation to get fit, Les is your man; if you need a trainer with the skills to help you reach that unattainable goal then why not drop in to Anytime Fitness to see Les? Les could be that special person who increases your performance, confidence and self-esteem to reach the seemingly impossible! Anytime Fitness is located at **Flemingate**, is open 24/7 and looks forward to welcoming you!

# FINNIES DEMONSTRATE FLARE FOR FUNDRAISING

Beverley-based businesses Finnies Accountants Ltd and subsidiary Stipendia Payroll Solutions Ltd have proved themselves true philanthropists over the past few years, all for the benefit of local and national charities.

The charities they have helped include Go Kids Go (the leading provider of wheelchair skills for children and boasting Ade Adepitan MBE, wheelchair basketball champion and Paralympic ambassador as one of its patrons); Jacob's Well Appeal; Marie Curie UK; Beverley Community Lift; Beverley Barge Preservation Society; Viking FM's Cash for Kids; Beverley Community Lift; N.U.R.S.E and Digital Art Hull. They also sponsor Beverley Town Panthers U11's football team and Motivation, which provides wheel-chair accessible transport around East Yorkshire. Finnies Office Manager, Anthony Green said: "We are very excited about the coming year in which both Finnies and Stipendia will continue to champion a variety of chosen charities. We believe it is very important for businesses to put something back into the local community, especially when it involves everyone in the company working together. It's great when having a good time translates into helping someone less fortunate than yourselves."





#### Support

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#### Convenience

24 hour access to the club to fit in workouts around your lifestyle

#### **Tools and Training**

With a fully equipped state of the art facility we offer all the tools to help you succeed with your health and fitness goals. The gym it boasts a multitude of cardio equipment along with resistance machines, free weights area and a functional training rig.

We also run classes throughout the week which are included in all memberships with virtual classes available if you're unable to make the scheduled ones. We have our personal training staff on hand to provide you with the right tools to reach your goals.

#### Community

You're not just joining a gym; you're joining a supportive community of like-minded people who are here to give you the encouragement you need.

### **ANYTIME FITNESS**

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# LYNNE'S NEW SKILL - OLYMPIC WEIGHTLIFTING

Lynne Auton has always worked out, having attended a gym for the past 25 years, but mainly for cardio to accompany the weekly ballet and tap classes. When she realised that she wasn't becoming as lean and fit as she wished to be she knew she needed to try something different - so she tried weightlifting. Now she's entering her first competition...

Lynne is often to be seen around Beverley where she is Managing Director for Stipendia Payroll Solutions based in Swaby's Yard. She has always been keen on keeping as fit and healthy, flexible and strong as possible. When she heard about Sam Young, personal trainer and qualified British Weightlifting Club Coach who works from David Lloyd and runs his own company Strong for Life, she became curious and enrolled on a basic weightlifting course. That was in November 2016! Now she attends a group 'squad' session every week, to help and encourage other members, wearing the 'Strong for Life' uniform. The sessions are not restricted to age or ability but desire to improve.

Lynne told **Just Beverley**: "The aim is not to bulk up or to lift massive weights, but to ensure the technique is correct and lift to the individual's ability, whether that is 15kg or 70kg. We work on snatch, clean and jerk and squats. It really wasn't my aim to enter competitions, but I have - the Northern Masters, which is a competition for the over 35's. Competition categories are based on age and weight. Some lifters are in their 70's and have entered competitions when they were young, including British, Commonwealth Games and even Olympics. I've even been to Atlas Gym Warehouse in Alfreton, Derbyshire, with Sam to get some extra coaching from Cyril Martin who is part of the British weight lifting coaching staff. I really am hooked!" Just Beverley is delighted to learn that Lynne has now qualified for the British Masters coming first in her weight/age category at qualifying. Congratulations!





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# CYCLING WITH WILSONS WHEELS - SETTING GOALS

Goals and targets are what motivate us to go out and train that little bit harder, or in some cases, to just get yourself out the house and doing exercise. Goals and targets can be especially beneficial at this time of the year, with the cold days and dark nights, they give us something to aim for and to look forward to.

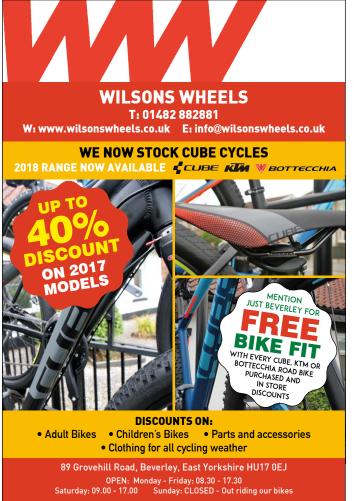
A goal could be, for example, to lose a certain amount of weight for a sporting event or even just for a social occasion, where you want to look your best. I got married last year and in the months leading up to the Wedding my Mum kept saving "I need to lose weight so I can get into my dress!"

It could also be to reach a certain level of fitness, where you know you will meet a specific target, like a set time in a running race or a gold standard in a cycle sportive. If that goal is there, the motivation is there, which will always help you to achieve your target. My personal goal over the last two years has been to win the Beverley Town Centre cycle race. I have come pretty close, managing to finish 2nd in each of the last 2 years. This event is one of the biggest cycle events in our area and I know for a fact it is a goal of many of our race team members at Wilsons Wheels Race Team! We want to do our absolute best and if possible, win! Unfortunately, at the moment, this event might not go ahead due to the current organiser stepping down, which is a real shame.

An example of training for a cycling goal, which can also be transferred into many other sports, is to build up training, gradually getting the base fitness first, or base miles as we call them and basically building up your fitness and stamina. When you then get closer to your targeted event, say a month before, start working on speed, involving more high intensity work outs, while doing less endurance or base miles. Getting towards a week to the event, you will then look to taper your exercise and really wind down, so that you are fully recovered and fresh for the event.

One of my good friends from Beverley has entered a 24-hour mountain bike race at the end of January, up in the North of Scotland, called the Strathpuffer. This week he is tapering and eating lots of food, essentially carbo-loading for the event as it will require him to burn tens of thousands of calories. He's therefore allowed to eat as much food as he can within reason, which I am sure he is thoroughly enjoying! For shorter events, though, you wouldn't need to carbo-load! **Nathan Wilson.** 





# MEET DOUG HYDE AT TRENT GALLERIES

As Spring approaches, why not light up your life with a visit to Trent Galleries in Beverley where acclaimed artist Doug Hyde will visit on the Friday 9th March.

The gallery is offering a warm invitation to meet Doug Hyde and view his latest collections "Head over Heals" and the "Masters of Disguise" sculptures.

There will also be rare and sold out editions along with original sketches and pastels when the whole of the gallery will be dedicated to showcasing Doug's work.

Doug Hyde's work features a delightful cast of characters, including familiar faces and new friends. From eccentric dogs to electric smiles, this event will show a whole range of different sides to this versatile artist.

Often described as the UK's most popular living artist, Doug Hyde holds a special place in the international art world, with his heart-warming images and engaging sculptures captivating a generation of art-lovers.

Doug puts a huge amount of work into every collection with many months of preparation and sketching.

Doug said: "I create each piece of artwork because I want to - sometimes for a serious reason, sometimes simply for fun. I believe you should love what you do and be proud of it." His visit to Trent Galleries, in Beverley is the first artist event for this gallery, although he has visited

our sister gallery in Newark over the last five years. Gallery Manager Frances Hird and the Trent Galleries team is excited and proud to welcome old and new clients to the gallery.

Doug has always proved popular in our other galleries as he loves engaging with people as he talks about what inspires him and what is important to him.

The gallery visit is on Friday 9th March from 6.15pm to 8.15pm and gives art-lovers the opportunity to have pieces signed and dedicated by Doug Hyde.



Frances said that contacting the gallery beforehand to pre-order a favourite piece together with details of a dedication would help ensure everything goes smoothly on what will certainly be a busy night.

As Doug Hyde's reputation has grown, his artwork has become increasingly sought after.



Original artwork, including sketches and original pastels, will also be available on the night.

The Trent Galleries event is an exciting opportunity to acquire new and previously released pieces by Doug Hyde.

Places are strictly limited, so contact the gallery on **01482 874621** or email: **beverley.trentgalleries@ gmail.com** to secure your invitation and join Doug Hyde and the Trent Galleries team.

We personally invite you to meet

Doug Hyde

Dong Knode

AT: Trent Galleries, Beverley ON: Friday 9th March 6.16pm - 8.15pm

Join us as we celebrate live, love and creative brilliance with the nation's best loved and most popular contemporary artist.

Places are strictly limited so please get in touch promptly to ensure your place on the guest list for this exclusive event.

RSVP Trent Galleries.





9 Butcher Row, Beverley, HU17 0AA 01482 874621 beverley@trentgalleries.co.uk

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www.trentgalleries.co.uk



### **NEAL EDLIN IS MAX BIALYSTOCK IN HESSLE** THEATRE COMPANY'S 'THE PRODUCERS

Leven's Neal Edlin has played some famous parts in the past - Uncle Max in 'The Sound of Music', Curtis in 'Sister Act' and 'Aimable Castagnet in 'The Baker's Wife' for example - but Max Bialystock is perhaps the most iconic, having been created and played by Nathan Lane in the film and on-stage. 'The Producers' is perhaps one of the most challenging musicals the company has ever staged, but that's the beauty of the challenge.

Neal is totally immersing himself in 'The Producers' - reading the script, singing the songs, visualising the staging - but definitely not watching the Mel Brooks original film where Zero Mostel played Max Bialystock or the second version with Nathan Lane! For anyone who doesn't know the play, it's irreverent, satirical, gross, tasteless and very funny! If you don't have a broad sense of humour and don't like strong languauge, don't go - but if you do,

Hessle Theatre Company are amateur in name only. Their productions are professional in every sense of the word with many of the cast members having professional training; they just aren't getting paid. Each member of the ensemble has an individual character - which makes rehearsals hard work - but the sound, the dancing, the costumes and the staging are second-to-

We here at Just Beverley thought that 'Springtime for Hitler' might be Neal's favourite song, but we were wrong! His favourite is 'Along Came Bialy' at the end of Act 1 when there is a troupe of little old ladies dancing with Zimmer frames. No, the Company haven't gone out to tempt more senior ladies to get involved - half of the little old ladies are male cast members dressed up as little old ladies. We said it was irreverent!

'The Producers' plays every evening at Hull New Theatre from March 20th to 24th with a matinee on the 24th. Tickets are from £10 and can be booked by phone on 01482 300306 or online at www.hulltheatres.co.uk/events/ producers

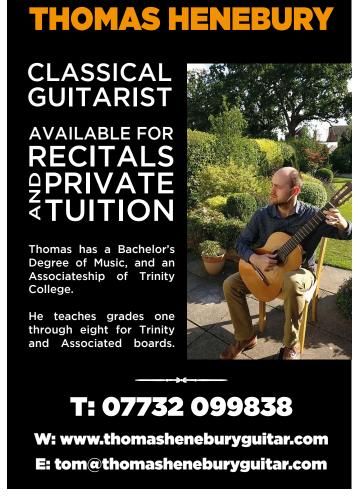
# **BOSTON COMES TO BEVERLEY - ADRIAN RAWLINS DIRECTS 'GOOD PEOPLE' AT ERT**

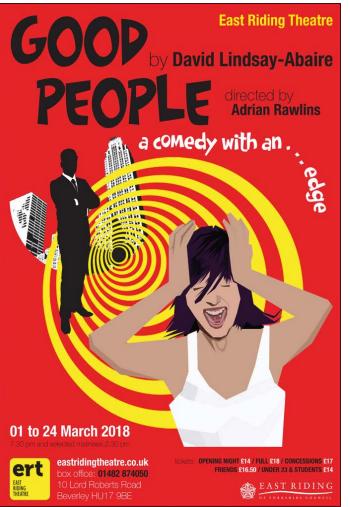
Following his tremendous directorial debut last year with 'The Night Season', ERT's artistic director Adrian Rawlins (currently on our TV screens in 'Girlfriends' and 'Hard Sun') is donning his director's hat again for the next in-house production 'Good People'.

Written by Pulitzer prize winning playwright David Lindsay-Abaire and awarded the 2011 New York Drama Critics Circle Award for Best Play, it is set in South Boston, USA. The story follows fiery middle-aged, single-mother Margie Walsh who is down on her luck. Fired from her job at the dollar store, under threat of being kicked out by her landlady, Margie's only hope seems to be a good win at the Bingo. Hearing that a high school boyfriend has made good as a doctor and is back in town, Margie takes her chance to see if he can throw her a lifeline. Speaking of his choice of play, director Rawlins says: "I was particularly drawn to Good People because of Lindsay-Abaire's brilliant and often hilarious writing and the complexity of character

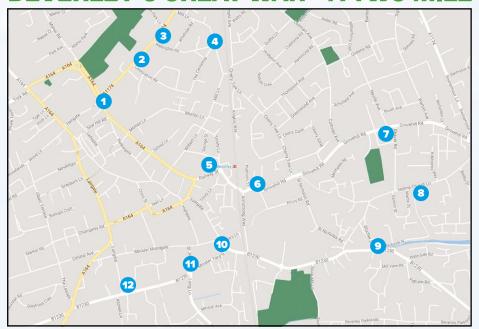
"Unlike George Bailey in our Christmas production of It's a Wonderful Life, Margie Walsh is not the classic hero. Though you root for her to get the break she so desperately needs, at times she seems to cross the line of what we might consider acceptable and so our sympathy may waver. In other words, she is a flawed human being. She keeps us guessing." Yorkshire-born actress Joy Brook (Emmerdale, The Railway Children, The Bill) will take on the role of sharp-tongued Margie. Janet Prince - who thrilled audiences at ERT as the iconic Miss Havisham in Great Expectations - plays raucous landlady Dottie. Completing the cast, Nada Sharp plays Margie's best friend Jean - the 'Mouthie from Southie', Michael Kinsey plays Bingo-loving Stevie, and Rory Murray is Mike, the old flame who has moved to a more affluent area of Boston with his younger wife Kate, played by Misha Duncan-Barry.

Rawlins says: "It's a fabulous collection of characters who we constantly reappraise throughout the play. Old wounds are opened, and secrets revealed. Will they find the resolve and resourcefulness to pull through? Or, is life like a game of Bingo - down to pure luck? You'll just have to come and see Good People to find out!" Good People runs from 1st to 24th March 2018 at ERT. Tickets: www.eastridingtheatre.co.uk or Box Office: 01482 874050. Emma Brown.





# BEVERLEY'S GREAT WAR - A TWO MILE TRAIL OF TRAGEDY



This stroll from the town centre to the outskirts and back, focuses on sites that feature in the tragic history of the Great War and Beverley. We visit five of the distinctive Street Shrines, ending at the beautiful Hengate Memorial Gardens. Britain declared war on Germany at 11pm on Tuesday August 4th. It was next morning from the newspapers that most Bevelonians learned this - it may amaze younger readers that there was no internet, TV nor even radio. Most people were optimistic that Britain and France would soon teach the Germans a lesson and the war would "be over by Christmas". The two Beverley weekly papers reported patriotic scenes as men enlisted at Victoria Barracks near the present Morrisons.

1 Start on Norwood at the Cornerhouse pub. For this walk its previous name: the 'Valiant Soldier', would be more apt.

2 Walking away from town, in 300 yards, along Norwood on a gable at number 76, is the first of our Street Shrines. Street Shrines were established by local people determined to recognise all who were serving; many were to die but the Rolls of Honour rightly included all who served. There are 186 names here - perhaps you can spot your family name? When deaths occurred, they became a focus for mourning, flowers and photos. This grass roots movement to ensure that ordinary, brave men were not forgotten was to a degree nationwide, but it should be a source of pride that the biggest concentrations of street shrines were in Hull, with over 150, with 6 in Beverley, plus one at Molescroft. A fatality from this area was Lance Corporal Harry Bruce, who lived at 56 Norwood



3 Soon, turn right into Wellington Lane, walking to Mill Lane.

4 Turn right here. Soon Mill Lane becomes Wilbert Lane, then go left into Trinity Lane and immediate right into George Street. Here is, just as it was in 1914, a Church Lads Brigade centre. Inside is a Roll of Honour of their many members who served in the Great War.

5 Go left onto Wilbert Grove, then to the railway station, where sadly many servicemen did not return.

6 Go over the crossing and left into Grovehill Road. Here too was a Street Shrine, particularly to those who worked at Hodgson's tannery. This is no longer in place and apparently lost. Walk along Grovehill Road for 600 yards.

7 Turn right at Sainsburys, walking along Beaver Road to Holme Church Lane. At number 57, lived Private Herbert Adkins, killed in France in 1916. Go left here; over the road is another Roll of Honour, on the wall of the church building.





3 At adjacent Jack Taylor Lane, walk to the Beckside. Here was the first local Shrine, established in October 1916, recreated in 2014. It now lies on Crane Hill Wharf across the water, so you need to walk round the Beck. My namesake TW Richardson of the RFA (Royal Field Artillery) is recorded; he seems to have survived the war.



9 Head for Beckside, then Flemingate, going over the crossing. This area around St Andrew St. had a Shrine, recreated in 2014, high on the wall, to the left of the pub sign. Significantly most of the Shrines served the working-class terraces ofindustrial east Beverley.



10 Go left at the Minster, reflecting on the huge service of thanksgiving when peace finally came. Almost 1,000,000 British and Empire serviceman had died, nearly 500 from Beverley. Go inside the Minster to experience the war memorials.

11 Walk another 300 yards along Keldgate. At the old Grammar School is the most distinctive of all the Shrines: a fine brass plaque and probably original. Near here lived another killed in action, Private Herbert Mitchell.



12 Go right at Lairgate, towards town. At St. Mary's church head into Hengate and the lovely Memorial Gardens, opened in 1921 to commemorate the local victims of the war, including women nurses. A perfect place to end and reflect in the twentieth century on those who did not grow old.



There was a further Shrine at Molescroft, with 20 names from what was then a tiny community. I understand this is currently being restored, hopefully in time for the centenary of the peace this November.

To learn much more about this time, read the incredible book Known unto God by the exemplary local historian Barrie Barnes. Thanks to the Town Council and Civic Society for their sterling work on the Rolls and for their help with this labour of love.

lan Richardson ricojosh@msn.com

Next Month - Back to the Country.

## **WEDDING WOOFERS MEANS YOUR DOG CAN JOIN YOU ON YOUR SPECIAL DAY**

Man's best friend is said to be his dog - but what happens when so many wedding venues will not allow your pooch to be present? Adrienne Hodgson-Hoy had exactly that problem when she married fiancé Mike. How could they ensure their adorable spaniel Millie would be as big a part of their Wedding Day as she is every other day? Adrienne's journey led her to setting up Wedding Woofers. Here's her story.

When Mike proposed to Adrienne - they had been together for 10 years! - it was only natural that Millie would be there. But when Adrienne set about finding a venue which would allow Millie to be present, she drew a blank! Eventually, Mike and Adrienne tied the knot at Danby Castle in North Yorkshire, with ring-bearer Millie sat between them as they took their vows. Although they would have liked to have gotten married in the East Riding, the local council will not allow dogs in their Registry Offices and although the couple weren't looking to have a religious ceremony, Adrienne found that many churches also banned dogs.

Along with Adrienne and Mike's outfits, they also wanted Millie to look her best and to find a photographer who would be sympathetic towards her and make sure she was included in the photographs as a key guest. Which is why Wedding Woofers was born! Having done her extensive research.



Adrienne realised she could be sharing her expertise with other dog-owners and offering more besides, such as dog-boarding, training, taking the dog to and from a venue, looking after it during the reception or even during the ceremony if not the kind of dog which would just sit nicely. Wedding Woofers offers three bespoke packages as to the services required.

You can find out more about Wedding Woofers at www.weddingwoofers.net or **07437 596547**.

### CELEBRATE VALENTINE'S DAY AT CHAMAS

Beverley's favourite local restaurant - it's No 1 on TripAdvisor - is promising a Valentine's night to remember. With rose petals, balloons, chocolates and a 'Valentine's Sharing Platter' for sweet, Chamas Rodizio Bar and Grill will ensure everything is perfect for you and your Valentine.

February 14th is special and deserves to be celebrated in style. With a glass of prosecco on arrival, full Rodizio dining and the delicious dessert platter, accompanied by attention-to-detail which is second-to-none and the wonderful atmosphere, Chamas is the place to be to enjoy Valentine's Day with your love interest. You can visit between 12noon and 5pm at £24.95/ head or between 5pm and 10pm at £37.95/head. Book on **01482 867897**.

There is a competition running on Chamas Beverley's Facebook page to win a Valentine's Meal for 2 - send a selfie of you and your Valentine doing something crazy by February 10th and you could be in with a chance of winning! Go to the Chamas Beverley Facebook page for details! Remember to 'like' them if you haven't already!

Why has Chamas earned its No 1 ranking on TripAdvisor? Its main claim to fame is its unique South American offering of prime meats cooked on a Rodizio Grill! A Rodizio Grill is the authentic preparing of meats in the same style as the Brazilian Gauchos. Gauchos build a wood-burning fire and cook the meat on skewers once the fire turns into glowing embers, serving the meat in slices (churrasco) cut directly from the skewers. At Chamas, the Brazilian chef cooks the meat over a similar grill and Passadores (waiters) bring the skewers of meat to your table to serve you with churrasco so the meat is just to your taste. Along with the fantastic range of accompanying hot and cold dishes and salads available on the serve-yourself buffet, the dining experience is one to savour. If you are pescatarian, vegetarian or vegan there are plenty of options for you, too! Everyone at Chamas has the best experience.

Chamas' feel-good atmosphere makes it a great place to visit with family and friends. If you have a birthday, there's a complimentary Caipirinha (Brazilian cocktail) or soft drink and a resounding chorus of 'Happy Birthday' sung in Brazilian and English! There's nowhere quite like Chamas!

Chamas is located in the heart of Beverley, 9-10 Wednesday Market, HU17 ODG. Check out www.chamasbeverley.co.uk.



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## CLASSIC CARS WITH CARFAN -THE LAND ROVER SWB

The owner of this edition's subject, a 1972 series 2 Land Rover Short Wheel Base pickup describes it as "Slow and harsh but great fun". This pretty-well sums up Land Rovers in general - they are basic and utilitarian, but they just keep going!

Originally first built after the Second World War, Land Rovers had aluminium bodies as steel was in short supply, permanently engaged fourwheel drive and leaf-spring suspension.

Land Rovers have found homes in every country in the world bar North Korea, which is their loss as the "Landy's" capabilities just have to be witnessed. It doesn't matter whether you want to traverse



a muddy field or the Darien Gap, this car will do it with ease. Winston Churchill had one, the Queen was regularly photographed driving one and anyone seeking street cred will get why as soon as they start the engine, such is the esteem still held for this car.

The model featured is in Marine blue. It has a 2250cc petrol engine and a fourspeed gearbox, as well as low and high transfer boxes, which makes it quite versatile. Its owner may well have to undertake the usual maintenance repairs - replacing the rotted steel in the chassis and bulkhead - but these are relatively easy to carry out.

All good things come to an end though and the last Land Rover, a Defender, rolled off the production line after 67 years in 2016. Plans are afoot for a replacement, but we will have to wait until 2019, so watch this space.

In conclusion, the next time you happen to be walking through the countryside in your wellies and a Land Rover is in the next field making mincemeat of the muddy terrain, don't forget the cheery Carfan wave!

### PRACTICAL MOTORING WITH RICH HAYES -5 TIPS FOR LOOKING AFTER YOUR CAR IN THE COLD

We're all guilty of taking our cars for granted, and it's easy to forget that when the cold wintery months eventually roll around, your car can struggle to cope.

#### Park wisely

Avoid the risk your car might not start in the morning by choosing where to park wisely. If possible it's always best to park under cover where it's dry and warm, like under a carport or in a garage. If you don't have either of these then parking in the lee of your house is a good idea, or beside a tall hedge. Both will help to protect your car from the weather, and you'll spend less time ice-scraping in the morning before

#### Keep it clean

When driving conditions are wet and cold, lots of people think there's little point keeping the outside of their car clean; after all, it's only going to be filthy after a trip on the motorway anyway, right? Wrong! Keeping your car clear of wintry muck will help you to avoid corrosion and rust. If you don't fancy digging the bucket and sponge out yourself, take it to a hand carwash - there's plenty to choose from in Beverley.

#### · Clear out the interior

With journeys taking a little longer in wintry conditions, it's best to make sure your car is as comfortable as possible. That means regularly clearing out litter, and wiping down the windows and door sills, along with keeping the dashboard clean. Again, if you don't fancy doing it yourself, lots of the car washes offer a reasonably priced valeting service to save you the job.

#### · Pack an emergency kit

Anyone who's ever broken down in winter will agree that the wait for that tow truck can feel like forever, so make sure you have some essentials in your vehicle in case you do break down or get stranded in traffic. You'll thank yourself for packing the likes of a blanket, a big bottle of water, some emergency snacks, a first aid kit, book and charged power bank to recharge your mobile phone.

#### • Claim your free winter vehicle check

Here at Beverley Motor Works we understand the importance of keeping your car in top working order all year round,

which is why every year we offer free vehicle checks for both new and existing customers.

There's no catch - simply book online at www.beverlevmotorworks.co.uk or call 01482 881128 - and our team will carry out a thorough check of your vehicle and advise of anything you need to address. And remember, drive safely this winter!







# PUZZLE PAGE

### WORDSEARCH

Ν N C Т F Ε  $\mathbf{E}$ B Τ S Y Η Ρ Е G C В Η R S Τ V L Ι A Μ A  $\mathbf{E}$ U Η C 0 0 M U X Y K C G W Μ C X K S K D U  $\mathbf{E}$ C Q H U N 0 Ρ V H Y R R C V L E N Т Ε E J K C Y C F K G В D W N D H N K Μ Z R D Z P M D A R C N

> **CARDS LOVERS CHOCOLATES** MYSTERY **FLOWERS PANCAKES HEARTS** RESTAURANTS **HUGS** VALENTINE

Do you have any amusing stories, quotes or pictures? Send them to info@justbeverley.co.uk

Where in Beverley would you find these landmarks? Find out on Page 34.







### COMPETITION - VALENTINE'S DAY FLOWERS

Win a delightful Aqua Pack Box of Flowers for you or a special person in your life courtesy Beverley Flower Company.

The Beverley Flower Company have recently moved to 10, Well Lane, Beverley HU17 9BL to better display their beautiful flowers and provide more space to make up their fabulous

creations. To celebrate their move, they are offering a lucky winner a stunning Aqua Box of seasonal flowers. All you have to do to win this prize which is sure to brighten anyone's day, is to answer the following question:

#### Where is the Beverley Flower Company located?

Send your answer by email to **competition@justbeverley.co.uk** before February 12th when the winner will be chosen at random. The winner must be available on Tuesday February 13th to pick up their flowers and for publicity purposes for Just Beverley and the **Beverley Flower Company**. Good luck!

 $\diamond$ 

Problems are indicators for solutions to be found

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**FEBRUARY** 



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#### **Until 17th February**

#### Humber Estuary Changing Views

Beverley Art Gallery. Free. Funded by Humber Museums Partnership.

#### Friday 2nd and Saturday 3rd February

• Hurricane Michael "Good Af-ter-noon to You"

East Riding Theatre. 7.30pm £13/£12. This funny and light-hearted show about Michael Fish and the storm he failed to spot will blow you away!

#### Friday 2nd February

• Jazz at the Lairgate with the Jazzmakers Collective feat. Tom Sharp (trumpet/vocals)

Lairgate Hotel, Beverley. 8.30pm. Free. Book at table for food on 01482 882141.

#### **Sunday 4th February**

• Candlelight Sessions with Dan Webster

East Riding Theatre. 7.30pm. £8 in advance, £10 on the door. English singer-songwriter.

#### Monday 5th February

• Processed Pea presents Pavey Ark with Beckwater Bushwackers in support

The Light Dragoon, Etton. 7pm for 7.30pm start. £5. Tickets from 01430 810669 or www.wegottickets.com/ location/8156

• White Horse Folk Club presents 'One-man Folk Industry' Pete Coe

Conservative Club, Wylies Road, Beverley. 8.30pm £7.

#### **Tuesday 6th February**

· Beverley Gardeners Club presents Gardening at the Front

St Mary's Parish Hall. 7.45pm. £4/free. Membership £15/annum. How to create a front garden to be proud of! Contact 01482 865432.

#### Wednesday 7th February

Writing Day School

East Riding Theatre. 10.30am. 10.30am-3.30pm £28. Includes refreshments and all materials.

#### **Thursday 8th February**

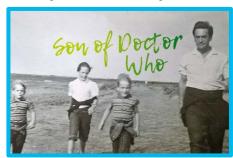
• Beverley Civic Society talk 'The Knights Templar, Fact and Fiction' by Dr John Walker

St Mary's Parish Hall, 7.30pm. Non-members £3, members free. www.beverleycivicsociety.co.uk

#### Friday 9th February

· Son of Dr Who

Latimer Congregational Church, Grovehill Road. Beverley. 7.30pm. Free. Refreshments available. Meet Mark Troughton, Pastor at York Evangelical Church



• The Mile Roses plus support from The Farmers **Daughters and Dave Southall** 

Lund Village Hall. 7.30pm. £8.50/£6. Contemporary British Folk. Tickets 01377 219598.

Mark Atkinson Action Horses

Toll Gavel United Church. 7.30pm. £3. Refreshments available. Mark trains the horses for 'Poldark'. 'Victoria' etc.

#### Saturday 10th February

 Winter Wildlife Walks with Yorkshire Wildlife Trust Carr House Farm, Foston on the Wolds, Driffield. 10.30am and 1.30pm. Free. Nature rambles at 10am

and 3pm. Side Oven Bakery open for refreshments and purchases. For details contact 01262 488376.

• The Stephen Frost Improv Allstars East Riding Theatre. 7.30pm. £15/£14. Fast, funny and furious!

#### **Sunday 11th February**

• The Big Beverley Charity Pancake Race

Wednesday Market/Toll Gavel/Butcher Row. 11am. £10/ team. Teams of 4 to enter by 6th February. Details from clerk@beverley.gov.uk

#### Monday 12th February

Norwood Nites Community Cinema

Norwood Church Schoolroom, Beverley. 7pm. Free. Refreshments and raffle..

• White Horse Folk Club Singers and Musicians Theme Night to commemorate the 50th anniversary of the Hull Triple Trawler Disaster

Conservative Club, Wylies Road, Beverley. £2. 8.30pm. Performers and audience welcome.

#### Tuesday 13th February

Pancake Party

Toll Gavel Church Hall. Free (donations welcome). 4pm - 6pm. Yummy pancakes with fillings and activities for children.

#### Wednesday 14th February

· Stage 4 presents Ian McMillan and Luke Carver-Goss

East Riding Theatre. 7.30pm. £13.50/£12 Details at www.stage4beverley.com.

#### Thursday 15th February

 Stage 4 presents John Tams and Barry Coope East Riding Theatre. 7.30pm. £16/£14 Details from www.stage4beverley.com.

· Lyrical Cello with Miriam Roycroft (cello) and Lance Coburn (piano)

Toll Gavel United Church. 7.30pm. £15/£13/free/£5. Former Opera North cellist performs Martinu, Prokofiev, Manuell de Falla and Beethoven.

#### Friday 16th February

· Hull Macular Society talk with Nick Woodford on low vision aids and equipment

HERIB, Beverley Road, Hull. 10.30am. For people living with sight loss. Ring Clive Skinner on 01482 656714 for details.

 The Secret Science of Superheroes with Prof. Mark Lorch of Hull University

Lund Village Hall. £3/£3.50. 7pm for 7.30pm. Refreshments available. Find out how superpowers work and discover your own! Tickets from Beverley Tourist Information or 01377 217776

• Stage 4 presents Richard Digance plus support East Riding Theatre. 7.30pm. £13.50/£12. Details from www.stage4beverley.com.

 Jazz at the Lairgate with the JazzMakers Collective feat. Nicki Allen (Vocals/piano)

Lairgate Hotel, Beverley. 8.30pm. Free. Book a table for food on 01482 882141.

Stage 4 Late Night Festival Club

East Riding Theatre House Café. 10.30pm. £4. Details as above.

#### Saturday 17th February

• Stage 4 presents Mark Billingham & My Darling Clementine 'The Other Half'; Informal Lunchtime Sessions; The Carrivick Sisters and Granny's Attic; Chris Difford and Kathryn Williams and Late Night Festival Club

#### Tell us about your event!

E-mail info@justbeverley.co.uk

Telephone 01482 679947

For more events visit justbeverley.co.uk/events

East Riding Theatre, various prices. From 12noon.

 Stage 4 presents an Informal Night of Songs and Music

Monks Walk. 8pm. £4.

#### **Sunday 18th February**

 Stage 4 presents The Westwood Quartet plus special guest; Informal Lunchtime Session; The Claire Martin Trio plus support; Holy Moly and the Crackers plus support; Late Night Festival Club East Riding Theatre. Various prices. From 11am.

#### Monday 19th February

· White Horse Folk Club presents The Trials of Cato Conservative Club, Wylies Road, Beverley. 8.30pm. £7.

#### Monday 26th February

White Horse Folk Club Singers and Musicians Night

Catholic Church Hall (next to Rose and Crown), Beverley. £2. 8.30pm. Bring own drinks and glasses.

#### Friday 2nd March

• G & T (Gin and Tunes) Taster Evening in aid of Yorkshire Air Ambulance

The Mile-Farm Shop, The Mile, Pockington YO42 1TW. £10. 7pm - 10pm. Tickets from the shop or 01759 305420 or the milefarmshop@btinternet.com.

#### Saturday 3rd March

Wedding Fair

Beverley Minster. 11am - 3pm. Free entry. East Yorkshires largest wedding fair.

• Gonzo Moose Theatre Company presents 'The Thing that came from Over There

Lund Village Hall. 7.30pm. Phone 01377 217776 for tickets and prices. Inspired by old horror movies.

#### Monday 5th March

• Processed Pea presents Jessica Lawson and Phil

The Light Dragoon, Etton. 7.30pm. £7.50.

• White Horse Folk Club Singers and Musicians Night The White Horse Folk Club at Beverley Conservative Club, Wylies Road. 8.30pm. Performers and audience welcome, £2.

#### 'JUST FOR FUN' ANSWERS

a) Leisure Centre Bike Shelter b) Town Council Wall c) East Riding College





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where you visit and when you do things.

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Liverpool: £75pp

Sundays 3 June & 26 August: 2 days

Manchester: £75pp

Harrogate: £79pp

Newcastle: £75pp

Sunday 24 June: 2 days away

Cardiff: £185pp

Lincoln: £75pp Friday 17 August: 2 days

Sunday 16 September: 2 days

Sunday 14 October: 2 days

Birmingham: £85pp

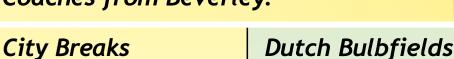
upon Avon: £75pp

Saturday 16 June: 2 days

Sunday 15 July: 2 days

Friday 3 August : 3 days

breakfast included.



#### Price Includes:

- Three nights' dinner, bed and breakfast.
- Return overnight ferry crossing with evening meal & breakfast.

Thursday 5 April: 6 days from £499

- Visit to Keukenhof Flower Festival.
- Excursion to the Kinderdijk windmills.
- Free time in Breda & Amsterdam.

Hotel: 4-Star Apollo Hotel, Breda City Centre.



## **Hampton Court** Flower Show

Thursday 5 July: 3 days from £219

#### Price Includes:

- Two nights' dinner, bed and breakfast.
- Admission to the RHS Hampton Court Palace Flower Show.
- Visit to Burghley House & Gardens.
- Free time in Royal Leamington Spa.

Hotel: Holiday Inn, London Heathrow.



# Durham & Northumberland

Friday 3 August: 4 days from £269

#### **Price Includes:**

- Three nights' dinner, bed and breakfast.
- Free time in Durham.
- Excursion to Bishop Auckland.
- Visit to Alnwick & Holy Island.
- Free time in Harrogate.

Hotel: 4-Star Radisson Blu, Durham.

# Pick of the Peaks

Thursday 30 August : 5 days from £399

#### **Price Includes:**

Days away

Days by coach

by co

- Four nights' dinner, bed and breakfast.
- Guided tour of Cromford Mills & Cromford narrowboat journey.
- Visit to the Crich Tramway Village.
- Visit the National Brewery Centre Museum.
- Admission to Kedleston Hall.
- Entry to Chatsworth House.

Hotel: 4-Star Hallmark, Derby Midland.



# Lakeland Splendour

Tuesday 11 September: 3 days from £189

#### Price Includes:

- Two nights' dinner, bed and breakfast.
- Free time in Bowness-on-Windermere.
- Excursions to Coniston, Grasmere and Hawkshead.
- Visits to Settle and Skipton.

Hotel: Newby Bridge, Ulverston.

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### Remembering Diana

Friday 21 September: 2 days from £180

#### Price Includes:

- One night dinner, bed and breakfast.
- Admission to Kensington Palace & Diana: Her Fashion Story.
- Entrance to Buckingham Palace.
- Free time in London.

Hotel: Holiday Inn, Kensington High Street.







Stratford



Single supplements may apply to some tours, contact us for details.

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