

# just BEVERLEY

FLEMINGATE  
CLOCKS GO BACK

FREE

ISSUE 9

NEWS, EVENTS, HEALTH, ENTERTAINMENT, SPORT, PUZZLES, PHOTOS

WIN BCHICHY PRIZES

FEATURE

HITTING THE TARGET

Yorkshire's Premier Shooting Club

FEATURE

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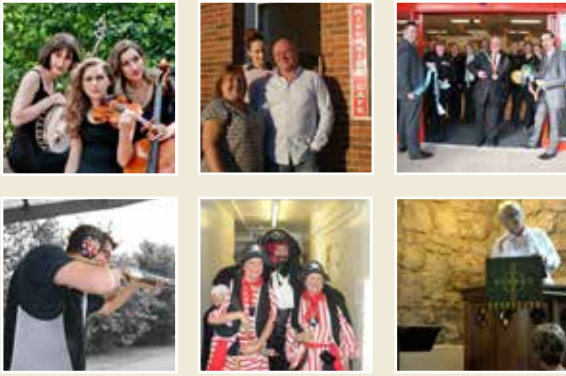
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### CONTRIBUTORS

Julian Minshall, Linda Johnson, Jayne Dale, Stephen Parnaby, John Fewings, Mark Wilson



### Letter from the editors



Autumn is upon us and we are on the run up to Christmas - a reminder of how time flies. Talking of time, do not forget to put your clocks back on Sunday 25th October, read our article on page 28 as to why the clocks go back.

Over the summer, Beverley has seen a major move with the East Riding College relocating at Flemingate and opening its doors to a new influx of students. It is well worth a look round! Students are fortunate to have such great facilities and surroundings to study in.

The next exciting phase in Beverley's development will be on 27th October when the Flemingate Shopping Centre opens, adding another dimension to this beautiful historic market town of ours. The whole of the business community is working hard to ensure that the old and new work as one.

Just Beverley will do its utmost to keep you in tune with what is happening in and around the town, so please help us to help you by sending in your photos, news and stories.

Have a great October!

**Julian Minshall**



As we go to print, harvest festivals are taking place in schools and churches, celebrating the abundance of nature in the quantity and quality of food the earth produces. There is also an abundance of activities going on in Beverley and its surroundings as you can see from our 'What's On' pages. We are absolutely delighted that so many of you are sending in your events, concerts and happenings, which are not only

printed in the magazine but also put onto the website. The number of visitors to the website is growing month-on-month, mainly to find out what is going on in Beverley and the surrounding villages. But those visitors are also looking at other pages and even downloading the whole magazine to read it, which is great as that means Just Beverley is increased interest and advertisers are getting wider coverage.

We would like to make Just Beverley the 'go-to' place for 'What's On' so keep sending those events in to [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk)

**Linda Johnson**

### Get in touch with us:

**Website:** [justbeverley.co.uk](http://justbeverley.co.uk)

**Email:** [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk)

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### You can pick up the magazine from:

Beverley Tourist Information Centre, Beverley Library/Treasure House, Browns café, Beverley News, Boyes, Asda, Tesco café, Morrisons, Colette and Tyson Garden Centre, Beverley Garden Centre, Cherry Tree Garden Centre, Mace News in Saturday Market and Lincoln Way, Tickton News, Costcutter in Walkington, Molescroft News, Leconfield Post Office, East Riding Community Hospital, health centres, cafés, hairdressers and barber shops and more!

# Comment

**Councillor Stephen Parnaby OBE explains how the East Riding of Yorkshire Council encourages engagement with local residents to help it set its annual budget.**

At East Riding of Yorkshire Council we have an excellent track record of financial management and successful forward planning to mitigate the effects of the economic downturn and continued austerity measures.

Of course we have had to make changes to services as, since 2010, we have had to make £94.7million of savings and we have a further £74million of savings to find in the next four years. We do this in a very planned way, with no knee-jerk reactions, and we aim to achieve savings wherever possible with as little pain as possible, for example by better use of technology to be more efficient.

However, we still have tough choices to make when it comes to setting our annual budget and every year we invite residents and businesses to get involved by having their say on how we can make savings and which services to prioritise.

We do this through budget priorities workshops and over the years they have proved very popular with the people attending, who are able to give their opinions, understand more about the budget process and influence the council's spending.

It's easy for people to criticise their local authority from the side-lines and I strongly believe that the people who attend our budget events benefit from the insight they provide into the tough choices we face.

So I would encourage everyone to consider getting involved and having their say, either by coming along to a budget workshop event or taking part in an online budget survey.

There is a budget event at 10am on Thursday, 26 November at East Riding Leisure Beverley at which people can meet myself, other politicians and also senior officers to discuss our spending priorities and tell us what you think.



It's very important to us to hear your views because, in these tough financial times, everyone is feeling the squeeze and there are hard decisions to make which affect residents.

The top priorities of people attending last year were preventative measures to help adults and older people maintain their independence and highway repairs and maintenance, and funding was allocated accordingly.

Feedback from last year was very positive, with 83% of attendees describing the workshop discussion as "constructive" and 96% finding a question and answer session "useful" or "very useful".

By coming to the budget event or taking part in the online survey, you can be

involved in how public money is spent in the East Riding.

One thing is for sure, the council will continue to do all it can – despite the huge financial pressure and ever-tightening budget – to deliver top-quality services.

If I've persuaded you to get involved, you can register your interest in attending the budget event by visiting [www.eastriding.gov.uk/budgetform](http://www.eastriding.gov.uk/budgetform), emailing [budget.event@eastriding.gov.uk](mailto:budget.event@eastriding.gov.uk) or telephoning **(01482) 394200**.

Places will be allocated on a first come, first served basis.

The online survey will be launched on the council website in October.

# East Riding College Opens



East Riding College's new £14m Beverley campus has opened with high praise from staff, students and the public as to the wonderful working and teaching environment, which has passed all expectations.

Featuring facilities to engage the college with the business community and local people, more information about courses, learning opportunities and ways to get involved visit [www.eastridingcollege.ac.uk](http://www.eastridingcollege.ac.uk) or call **0345 120 0044**.

## Beverley Arms' New Lease of Life



At the eleventh hour, a white knight has stepped in to save the Beverley Arms from going into liquidation, ensuring former owner and General Manager, Mark Coubrough and his staff keep their jobs and all hotel bookings and events will go ahead as planned.

Mark has invested a quarter of a million pounds in refurbishing the hotel since taking over 3 years ago but current losses have made the business untenable, despite increasing occupancy rates and footfall.

Now, with further investment, this beautiful former 18th century coaching inn at the heart of the Georgian Quarter, will extend the unique appeal which people visiting Beverley love to stay at.

## Beverley welcomes a New Business!

### **Melwood Animal and Pet Supplies**

After 36 years in Hull, Melwood Animal and Pet Supplies is moving to Woodmansey.

Proprietor Stephen Ostler considers his move a new venture as he has more space to increase his stock-holding and to offer more and better services to animal owners.

For example, he now has 20+ types of feed just for horses! He is also well set-up for dog grooming.

Even if you are not an animal owner, Melwood supplies wild bird food at competitive prices.

Visit Melwood at 189a, Hull Road, Woodmansey HU17 0TR or call **01482 855170**.





## Leconfield Community Choir celebrates its 5th birthday with a concert in aid of the Alzheimer's Society

The ethos of this choir is to have fun whilst raising money for charity – Help for Heroes, Beverley Community Life, Cherry Tree Centre and others have all benefited from their concerts. They also sing in residential homes and have been sponsored by BBC Radio Humberside's Phil White to appear on Children in Need!

It is a real community of voices; the choir is open to anyone who enjoys singing. Current members range in age from 18-80+.

There is no audition to join and weekly practices, held at Leconfield Village Hall, are full of fun and laughter!

Always eager to welcome new members and discover hidden talent, Musical Director Fiona Ives invites enquiries on **07984 657071**.

The concert will be on Saturday 3rd October, starting at 7:30pm. Tickets cost £7 and this includes a pie and pea supper.

## It's Jack and the Beanstalk – Oh, yes it is!

Beverley Musical Theatre (BMT) will be putting on their famous annual pantomime at Beverley Memorial Hall from 2nd to 6th December.

Tickets are now available from Beverley music centre Norwood Beverley **881584**. If you fancy getting involved in musical theatre, here is your chance! The production team is always needing expertise backstage with costumes, scenery and music.

If you are over 16 and would like to audition there might just be a space for you in this year's panto, but BMT would particularly like to recruit a new choreographer and also a rehearsal pianist.

Go to [www.beverlymusicaltheatre.co.uk](http://www.beverlymusicaltheatre.co.uk) or email [info@beverlymusicaltheatre.co.uk](mailto:info@beverlymusicaltheatre.co.uk) giving your details and interests and BMT will get back to you very soon.



### Beverley Literature Festival

This year's speakers include one of the UK's best-loved actors, Brian Blessed, one of the UK's best-loved play-wrights, John Godber, one of the UK's favourite historians, David Starkey and two of the UK's best-selling authors, Monica Lewycka and Joanne Harris.

With 10 days of festival events for all ages from 1st - 10th October, there is something for everyone. Tickets for performances from East Riding Theatre (the festival's new home), for children's events from Beverley Library and East Riding Theatre or from [www.bevlit.org](http://www.bevlit.org)

### Beverley Real Ale Festival

Ale and cider-lovers can once again sample some of the finest local produce at this year's Real Ale Festival, which is being held in the Memorial Hall from October 2nd-4th. In its 4th year, there are more beers, more ciders, more pies, more for everybody!

Opening Friday afternoon, the festival also offers live music over its 3 days. Sessions for beer-drinkers are ticketed, but include a Festival Glass. A ticket from Friday or Saturday night allows free entry to any afternoon session. Non-drinkers get in free on the afternoons! For more details visit [www.beverley.realalefestivals.co.uk](http://www.beverley.realalefestivals.co.uk)

### Beverley Blues Festival

From Friday 23rd to Sunday 25th October, Beverley blues fans are treated to the best in the genre.

This year's only ticketed event stars Catfish Keith, world-renown and Blues Hall of Fame inductee, playing at ERT.

Other free performances from local and national blues bands and solo artists are at The Sun Inn with a charity collection in aid of Nordoff Robbins.



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# Agincourt and St John of Beverley

***On the 25th October, England celebrates the 600th anniversary of King Henry V's victory against a numerically-superior French army at Agincourt.***

This win was attributed to the blessings afforded on the English army by St John of Beverley, whose banner was used to rally the troops, and whose Feast of Translation is celebrated on October 25th.

St John was born in Harpham. He trained as a priest in Canterbury, becoming Bishop of Hexham in 687 and then York in 705. He was also a member of the Whitby community and some sources say he ordained his friend, Bede, as deacon and priest. He founded Beverley by building the first structure here, a monastery, on the site which is now occupied by Beverley Minster. John was a popular teacher, caring to his many pupils and the wider community. John spent his last days 'in a manner pleasing to God' at the monastery. He died in 7th May 721 and was buried in the monastery chapel. He was canonized in 1037.

John was not only renowned for his miracles of healing but also for his reputation of granting victory in battle. In 937, King Athelstan visited St John's tomb in Beverley to ask for his prayers in his forthcoming battle against the Scots, which was won. In thanksgiving, the King bestowed collegiate status on the monastery which meant the Canons were expected to go out to preach and teach in the neighbourhood (which made the church into a Minster), he gave the Canons land to support the Minster and he gave it the right of Sanctuary. The prosperity of Beverley owes much to St John!



In 1138, St John's banner was one of the banners which was used to inspire the Yorkshiremen fighting the invading Scots at The Battle of the Standard near Northallerton. From that time on, levies for Yorkshire armies would be nullified as long as a man was sent with the banner. Edward I, Edward II, Edward III and Henry IV as well as Henry V used the banner in their campaigns.

John was canonized in 1037 when he became St John of Beverley. After St John's death, the Minster building was redeveloped until eventually it became the building we know and love today.

His remains were 'translated'—that is moved to his current tomb on October 25th 1307.

On the day of the Battle of Agincourt in 1415, it is said that blood and oil were seen running from the tomb. Henry V visited Beverley in 1420, made St John a patron of the royal family and decreed that St John's feast-day should be celebrated throughout England. On May 7th, or the Sunday closest to May 7th, St John is celebrated by the Minster with well-decoration and services. But on October 25th 2015, his memory will be celebrated in King Henry V's great victory at Agincourt.



# Time to 'Fall Back' into Autumn and Winter!

**The last Sunday in October is the date when we 'put the clocks back' – yes, British Summer Time (BST) ends at 2am on Sunday 25th October and we look forward to colder, darker nights and cooler, shorter days as winter approaches.**

Since October 1995, BST or Daylight Saving Time (DST) or GMT + 1 hour, has always ended on the last Sunday in October, which is when we revert back to Greenwich Mean Time (GMT) which is now also known as Co-ordinated Universal Time or UTC.

We aren't the only country in the world which alter our clocks in spring and summer. Since 1995, the start and ending of DST is aligned across the whole of the EU, although our European neighbours call it Central European Summer Time as they are 1 hour ahead of the UK. The change in time is governed by an EU Directive – The Ninth European Parliament and Council Directive on Summer Time Arrangements.

The reason for BST – or more correctly, DST – is to make the most value of natural light and to save energy. Although it has been in use for about 100 years, it isn't a modern idea! We know that Roman water clocks used different scales for different months of the year making their summer 'hours' longer than

their winter 'hours'. Other civilisations adjusted their lifestyles to suit the length of time the sun was above the horizon and indeed, unequal hours are still used by Jews (as many Jewish observances are performed at specific times during the day) and in some Greek Orthodox Monasteries.

But in the UK, DST has been the norm since 1916, in one way or another. It was proposed by William Willett in 1905, who noted how many people missed much of a summer's day as they were still asleep at sun-up and how irritating it was to be unable to finish a round of golf after work due to dusk coming in so early. Instead of suggesting people set their alarm clocks an hour earlier (as Benjamin Franklin did in a letter to the Parisians – which did not go down too well!),

William proposed moving the clocks one hour forward. This idea was adopted by Member of Parliament, Robert Pearce, who proposed a Daylight Savings Bill to the House of Commons. Pearce's Bill and several subsequent Bills were rejected, but eventually adopted after William had died; he never saw his idea become law. The first country to adopt DST as an energy-saving measure was Germany, quickly followed by Austria-Hungary, several other European countries involved in WW1 and Britain; Russia joined in 1917 and America in 1918. Britain kept DST after the war, although many countries did not.

However, Britain has since experimented with time. During the Second World War, Britain's Summer Time was set at GMT+2 hours (double summer time) and winter became GMT+1. After the war, Britain returned to GMT during the winter and GMT+1 during the summer, until 1968 when clocks were advanced 1 hour to GMT+1 and stayed there until 1971; Britain's time was permanently summer! This was confusingly called British Standard Time!

However, the outcome of the British Standard Time experiment was undecided and the current system of GMT during the winter and DST during the summer returned.

It isn't just Britain which has experimented with the optimum use of daylight in its country by moving its time around, which is why the European Community felt it necessary to begin issuing Directives, which eventually brought the whole of Europe into line, improving transport and communications co-ordination.

Which is why, when we jet off for some winter sun in southern Europe, we know what time we are going to get there relative to GMT.

So on October 25th when the clocks go back, raise a glass to William Willett who has had such an effect on our time-keeping and lifestyles, but is someone you have probably never heard of!





## Yorkshire's Premier Shooting Ground is in Beverley!

Ian Patterson is the Managing Director of Beverley Clay Target Centre (CTC) shooting ground. He is passionate about his sport – and has the pedigree to go with it; he has represented Great Britain at the highest level, winning Silver in the UK Championships, Bronze in the European Championships and Silver in the world championships all in 2012.

Beverley CTC, located at Bygott Wood, is a Clay Pigeon Shooting Association (CPSA) Premier ground, offering world-class facilities for both competition and practice. All the major disciplines are offered, from Olympic Trap to Sporting, with both covered and open layouts.

It is a beautiful location with a very relaxed atmosphere where shooting can be enjoyed whatever the weather.



The ground has a long history, having been used for shooting since 1954. Ian took over in 2007 when he formed Beverley CTC. Because of its fabulous facilities, it has had some notable visitors, including 2015 Great Britain Commonwealth Team member Dave Simplin, Chris Tait (who has represented GB and England on many occasions), Alan Poskitt and Olympic Gold-medallist Peter Wilson. Beverley CTC is regularly used as a GB training camp.

But Beverley CTC doesn't only cater for the elite of the sport! They are eager to seek out new talent and offer beginner's sessions, training with a CPSA-qualified coach for those who wish to develop their talents, and Talent Identification days for those who have the aptitude to become world-class shooters in the Olympic disciplines. The beginner's sessions are perfect for groups or corporate entertainment, too.

So if you are aged 8 or upwards and fancy trying a new sport, Ian and his team would love to hear from you. Or if you just fancy going to see what it's all about by watching their shooters in action or spectating at an event, give Beverley CTC a call – you will be made most welcome!

Ian can be contacted on **07970 449954** or check out the website **[www.beverleyctc.co.uk](http://www.beverleyctc.co.uk)**

Alternately, ring the Clubhouse on **01964 551134**.



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# Poundland opens in Beverley

On Saturday 19th September at 9.30am The Mayor Peter Astell cut the ribbon for the official opening of Poundland off Victoria Road.

The Mayor mentioned, "It is good that a major brand like Poundland has come to Beverley giving shoppers more choice".

Paul Curry Poundland Store Manger said, "He is proud to be the Manager of this new store, people will be surprised with the variety of good products that the sell".

The staff welcomed new shoppers the first 50 receiving a £5 voucher, a DJ was on hand to provide the entertainment gifts were given out all day.



## Rumi's is now open!

Beverley has been buzzing since the opening of Rumi's Indian and Bengali Restaurant at the end of August. Rumi's offers authentic food in a modern spacious restaurant, serves Indian cocktails (including their signature cocktail, Rumi's Sunset) and has an extensive wine menu to enhance the delicious tastes of the dishes. What's more, if beer is your tittle of choice, there is their own beer – Rumi's Gold – only available in Rumi's restaurant.

Being situated on New Walkergate in Agricultural House, there is a real surprise for diners, especially at night. Rumi's has fabulous view of St Mary's Church, which looks especially beautiful when it is lit up. The food is so popular that Rumi's now offers takeaways, so you can pop in on your way home from work if you fancy a curry in front of the fire.

Orders and bookings can all be made via the website  
[www.rumisrestaurant.co.uk](http://www.rumisrestaurant.co.uk)

Unsurprisingly, Rumi's is already taking bookings for Christmas. There is also the opportunity to hire the restaurant for tea-parties, weddings and other celebrations.

You can find Rumi's on Facebook, Twitter and Instagram – Rumi's encourages social interaction as it becomes an integral part of Beverley's social scene.

Rumi's is open Mon-Thurs 5.30pm – 11.30pm; Fri and Sat 5.30pm – 12midnight; Sun 3.50pm – 11pm



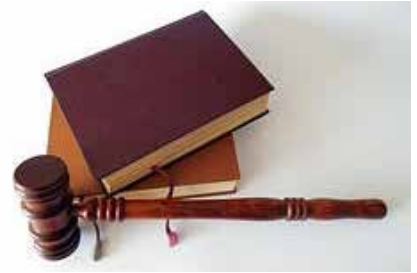
# Your Questions Answered

## Power required?

**Q.** My mother is 86 and her husband (my father) is suffering from Alzheimer's. Everything they have, including the house and bank accounts, is in joint names.

She has been advised to seek a power of attorney over his affairs. Is this necessary, or should they leave things as they are?

**A.** If your mother has access to the household finances there may be no need to create a power of attorney. In any case if her husband has lost mental capacity it may be too late – he may be in no position to grant a power of attorney, in which case your mother would have to apply to the Court of Protection to manage his affairs. If necessary you should discuss this with a solicitor.



## Reclaiming garden strip

**Q.** Before I bought my house the neighbour moved the fence and took a 4 foot strip of what is now my garden.

This was about 19 years ago when an elderly woman was renting the property.

Am I entitled to claim this land back, since it is still on my title deeds?

**A.** This is complicated because of a change in the law in 2003. Since the neighbour didn't have 12 years' unopposed use of your land prior to that date he will now only be able to claim the land if your property isn't registered at the Land Registry.

Your title deeds may show where the original boundary ran, and if so you could politely ask your neighbour if you can move the fence back. I would recommend you discuss this with a solicitor first.



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## Minecraft Club comes to St Nicholas CP School

**Beverley St Nicholas Primary School invited The Mayor of Beverley, Peter Astell to officially open their Minecraft Club, where the use of the popular game is supporting in-lesson learning. A specially designed area in the game was created for the launch, allowing the Mayor to see an in-game version of himself and connecting pupils with the design of the Edwardian school building.**

Thanks to the funding from the Friends of the School, St Nicholas Community Primary School is the first in the area to have MinecraftEdu, the teaching version of Minecraft, in the classroom. The school will be working with Hull University who are researching teaching with MinecraftEdu in the classroom. Minecraft is a video game with many educational benefits. The school uses a specially modified version of the game, MinecraftEdu which has been designed by teachers for use in the classroom. It provides a safe and secure learning environment to explore and expand on many of the curriculum subjects. The after school club is heavily over-subscribed, even with the addition of a second lunchtime club.

"It is an inventive and engaging way to help children connect with the concepts taught in class and it's great to see the children are so enthusiastic to be part of it." Shellie Horst, who runs the club, said. "Because the children are familiar with the game, they forget they are applying skills learned in a classroom, such as literacy, maths, computer programming and history. Instead they just play to reach a planned goal."

Joel Mills, Winner of Learning Technologist of the Year 2015, works in Hull University's Technology Enhanced Learning department and provides extra insight into the gaming potential. He commented 'It has been my privilege and pleasure to work with Shellie and St Nicholas Primary School on bringing Minecraft to the school. Shellie had this great idea to set up a Minecraft Club as a way of engaging the children at the school with a variety of different topics from problem solving, to maths skills and storytelling.

I was invited to join her to provide some support on the technical side, regarding how Minecraft works in the classroom, as we were using MinecraftEDU, a specialist version of Minecraft designed for School use. Together we built maps, created puzzles and worked with the children in the club. Judging by the noise and creativity we saw, the children were certainly engaged!

Our shared vision is to bring Minecraft to schools across Beverley and to be able to support those teachers who wish to engage their students using game-based learning. MinecraftEDU has been installed in every school in Northern Ireland as a massive pilot project and we hope that the rest of the UK will follow in the next few years. By bringing MinecraftEDU to Beverley schools, we are starting that journey today!



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# Just Beverley welcomes new contributors

**We are delighted to announce 2 new regular contributors to Just Beverley.**

**John Fewings** is well known to Beverley FM listeners as their regular poet hosting their poetry programme 'Better or Verse' and, along with Barbara Lawrence, hosting 'Beverley People, Beverley Lives'.

He is a solo performance poet and a member of Argy-Bargy Poets and he is now Just Beverley's Poet in Residence.

You can find out more about John on his website [www.johnfewings.zone](http://www.johnfewings.zone)



**Mark Wilson** of Lion Fitness joins our Lifestyle section with advice on getting fit and healthy through regular exercise.

As a personal trainer, Mark sees clients on a 1-2-1 basis in Beverley and beyond to help them achieve their fitness goals with work-outs tailored specifically to them.

Mark will be helping us all get fit by teaching simple moves and exercises which can be done at home or at work, as well as in a gym.

You can find out more about Mark at [www.lionfitness.co.uk](http://www.lionfitness.co.uk)



**Jane Dale** of Designed Gardens has vast experience in horticulture, having grown up on a farm with a vegetable-farming father and flower-growing mother.

She has been in the gardening industry since 1986 and runs her own garden design and garden advice business.

We are delighted she is going to share some of her knowledge with us in her new monthly column. Jane can be contacted on **07983 392411** or [jane.dale@live.co.uk](mailto:jane.dale@live.co.uk)





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# Cycle Race



# Rumi's



# Poundland opening







## Food Festival



## Game Bird Charity Golf



# A Night at the Flicks - with Beverley Film Society



**Once upon a time, Beverley had 3 cinemas. The Marble Arch, which was a purpose-built cinema and stood where Marks and Spencer on Butcher Row is now located; the Regal, which stood on the corner of Norwood and Manor Road and The Picture Playhouse, which is now Brown's department store.**

Sadly, the Marble Arch showed its last film in 1964, the Regal closed in 1968 and the Picture Playhouse shut in 2003, so without Beverley Film Society, the people of Beverley would have nowhere to view films outside of their own homes, without travelling to a multiplex cinema in Hull.

But as film fans know, the multiplexes tend to show only the mass appeal 'block-buster' films which are picked up by the large distributors and have a huge marketing budget behind

them. This means there is a plethora of lower-budget films, foreign-language films and specialist films which, without groups such as the Beverley Film Society, would not be seen by the general public. And they would certainly not be seen within a social context with fellow viewers, with an interval (and an ice-cream) and the opportunity to discuss what has been seen afterwards.

Beverley Film Society was formed in 2006 as members of the British Federation of Film Societies (now known as Cinema for All), which also incorporates the Yorkshire Federation of Film Societies. It meets in the Masonic Hall in Trinity Lane, which has a high ceiling acoustics which complement the society's high-end, portable projection equipment with surround sound. It also has a subsidised bar!

So how does Beverley Film Society decide which films to show? Toni (short for Antonio) Mündel, the current Chairman, described the process. First of all the committee meet to discuss the programme for the next year, championing films they think will meet their brief of the best of world cinema. Next, they need to license the chosen films from the distributors.

Fortunately, Yorkshire Federation buys licenses in bulk as well as supplying films on DVD, as the license for an independently-sourced film can cost over £100! This means that the cost of seeing a film can be kept as low as possible so as many people as possible can access the films.

Toni is particularly proud of this year's programme as it includes comedy, drama, documentary, romance and Oscar and BAFTA winners. Although most films are foreign-language with subtitles, this year also includes a British film. Subtitles on English films are sometimes included for the hard of hearing as the Society aims to be as inclusive as possible.

The society has built relationships with other organisations in the town. It shows films at Beverley Folk Festival and this year is hosting a Beverley Literature Festival event, which Toni is very excited about. On 8th October, 7.30pm at the Masonic Hall, Film Historian Dr Amy Davis, a lecturer in Film and Television Studies at Hull University will compare Jane Austen's Emma with the way it has been interpreted in 4 different film versions.

This area has a rich history of film-making, which is why Toni is keen to encourage younger people to join the society and influence the programme going forward. He is keen to ensure the practice of viewing films as an event is maintained and that younger people come to recognise the benefit of conviviality and post-film conversation.

Membership of the Society is just £30 for the year (£3/film) although visitors and guests are very welcome at £4.50/screening.

For more details about the Society, please contact Membership Secretary Cally Barker on **870751** or e-mail [callybarker@barker05.karoo.co.uk](mailto:callybarker@barker05.karoo.co.uk)



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# Beverley Chef's Magnificent Seven Years



***Beverley restaurateur John Robinson certainly has the recipe for success.***

His restaurant, Whites, in North Bar Without, is celebrating its seventh anniversary by once again being included in one of the country's top food guides.

It is the only one in the town included in the 2016 Good Food Guide and marks seven successive years of being highlighted as one of the best in the whole of East Yorkshire.

John has his sights firmly set on achieving even greater acclaim. "I would love to gain a Michelin star, which would be another first for Beverley," he said. "We're already listed in the Michelin guide for the quality of our food, so to gain a Michelin star would be the absolute pinnacle."

Whites opened in September 2008, the restaurant has gone on to win a host of awards and is the current Yorkshire Life Restaurant of the Year.

His restaurant specialises in tasting menus (either four or nine courses) and with its intimate setting for up to 20 people delivers exceptional personal service.

Dishes mentioned included hand-dived scallop ceviche with cider jelly and slow-cooked ox cheek with a blue cheese foam.

Customers continue to come from far and wide to experience John's acclaimed food.

\* Whites, is at 12A North Bar Without, Beverley, and is open Tuesday to Saturday evening and Saturday lunchtimes.

For more information call **(01482) 866121** or visit **[www.whitesrestaurant.co.uk](http://www.whitesrestaurant.co.uk)**

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# Bchicy Competition

Bchicy in Landress Lane really is one of those shops where you never know what you will find on its shelves! The ground floor is devoted to an extensive range of affordable, quality products for the home along with great gift ideas. Up on the second floor is an Aladdin's cave of new and up-cycled furniture.

Bchicy is a small family business which personally hand selects its products so it knows the items are well-made. Many of the articles are artisan-produced, ethically-sourced or organic ensuring the quality is always of the highest standard. Bchicy ensures that their customers are always fully satisfied with their products and will do their best to solve any problems straight away. Having been in business for just a year, Bchicy is already gaining an excellent reputation for its bespoke advice and customer service.

As autumn approaches, people think about cosying up in front of the fire with candles dotted around the room to create a warm, relaxing atmosphere. Bchicy have in store a whole range of candles to help you create this mood.

New in are coloured candles including candles in candy-cane stripes of different sizes, which will look wonderful around the home as the temperature drops. They also have garden candles and organic Celtic candles, which melt into pure oil which can be used for massage.

Especially, Bchicy stocks Marmalade of London products which are hand-made in the UK from ingredients sourced in the UK; along with beautifully scented candles are room-sprays and diffusers.

Candles need to be placed within candleholders to reduce the fire risk so Bchicy has many different options. You can see some of their stock pictured on their Facebook page. Bchicy has given you the chance to win a stylish metal tea-light holder this month.

All you have to do is answer the following question:

**How many years has Bchicy been in business?**

Answers should be e-mailed to [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk) by Monday 12th October.

*The Editor's decision is final. No cash alternative is offered. Details may be used for marketing purposes by Bchicy and Just Beverley and for data collection and website analytics by Just Beverley. The winner will be notified as soon as possible after the closing date and must be prepared to participate in publicity for the magazine and website.*



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## The Game Bird - Creating a real local community spirit

The Game Bird is Lincolnshire-based family-brewery Bateman's first public house in East Yorkshire; they were attracted to Beverley because of the warmth of the people and to this pub in particular because of its situation in the heart of the Grovehill community. Bateman's ethos is to be accepted as an integral part of community – providing a meeting hub as well as being recognised for great beer, good food and a welcoming, friendly atmosphere. Martin and Tina, the management team at The Game Bird, have achieved all this and more in just 6 months!

The welcoming atmosphere has been generated by refurbishing and remodelling the building - extending the bar, adding a porch, knocking through from the restaurant into the bar and creating a 'wine wall'. The friendliness has been created by Martin and Tina who are always on hand – Martin as front-of-house and Tina managing the kitchen and looking after the guests in their 5 beautifully-appointed, immaculate B&B rooms, which are currently enjoying more than 80% occupancy.



The community spirit has been enhanced by the locals basing sporting teams there – football, men's and women's darts and a Golf Society – and taking part in quizzes and supporting other entertainment, such as live music and themed nights. This has encouraged Martin and Tina to such an extent that they are starting Poker Nights on Thursdays (played with a £5 limit) and are looking for a 5's and 3's Dominoes Team. The next planned theme night is a Michael Bubl  tribute night. Tina is keen to explore the idea of opening earlier and holding breakfast parties or coffee mornings to enhance their offering to young families or the more mature locals who might prefer to call in to read the papers.

The Game Bird Golf Society is only 2-month's old but it already has 30 members; however, Captain Darren Winters would like to double the membership! Players of all abilities, who share a love of golf, get together three-weekly and play various courses whilst wearing Game Bird-sponsored blue shirts. The winner of a recent competition was Jordan Day, a local young man who not only has a good eye for golf but has won a scholarship to train as a football coach in America. An honorary member of the Golf Society is Pieta Le Roux, who is the World's No 1 partially-sited golfer – disability is no barrier to enjoying sport or indeed, any of the delights which The Game Bird has to offer.

### Opening hours are:

**Monday – Saturday 11am – 12 midnight**

**Sunday 12noon – 12midnight**

**Food service is Monday – Saturday 12noon – 9pm;**

**Sunday 12noon – 7pm**



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**E - gamebird@bateman.co.uk**

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## Beverley Food Festival celebrates its 10th Anniversary

Beverley's annual food festival is 10 years old this year and celebrates with a family day of food, festivities and fun!

With 110 stalls selling local produce, the very popular food marquee with cookery demonstrations, street entertainment, competitions and much more.

Put it in your diary! **October 4th, 10.00am to 4.00pm.**





# Riverside Café - the café that delivers more!

*Donna Jenney of Riverside café is a life-saver! Not only has she actually rescued a man who fell from his boat into the River Hull but her delivery service of home-cooked meals three times a day, seven days a week, helps those who find it difficult to prepare their own meals on a daily or weekly basis. Most cafes expect you to go to them; in the case of Riverside Café, it can come to you!*

The motivation for this unique offering was Donna's own family circumstances. Sadly, Donna's mother developed Alzheimer's disease and her father became her Mum's carer. As Donna was working full time at the café, she had little time to offer practical help – not that her father wanted to accept help being an independent Yorkshireman! Then Donna realised that delivering meals prepared in the café several times a week to her parents was a positive way of helping ease her father's load.

Donna realised that there must be many more people in similar circumstances to her parents; people who are unable to find the time not only to source ingredients but to cook good



nutritious meals; people who are unable to prepare meals due to disability; people who feel that cooking for one is expensive or not worthwhile; people who need a break from

their chores but are not able to go out to eat. Which is why she offers this service. She says it is mainly the elderly who enjoy her meals but there is an increasing number of families and also younger, single people who are ordering from her. Cooked breakfasts start at £3.50; lunches and evening meals from £3.25 depending on portion size. Sunday lunch, with a choice of 3 meats or vegetarian option, 3 vegetables, potatoes and gravy (served separately) and a pudding from a choice of 3 homemade desserts costs £5.00 for pensioners, including delivery. Special diets are catered for, too.

Riverside café itself has been in business for 18 years, 12 with Donna at the helm. It has a high reputation amongst its customers, many from the local area but some from a little further afield who drive there to enjoy Donna's good, home-cooked fare in her spacious, comfortable seating area, have her delicious food delivered to their door or even take meals away with them. If you would like to know more about Riverside café's services, please give Donna a call on **679764**.

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# East Riding Leisure Beverley - So much more than just a gym!

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We are a key partner with Public Health delivering nationally recognised health improvement programmes including Exercise Referral, Cardiac Rehabilitation and Live Well. We also offer free NHS Health Checks for 40-74 year olds.

The award winning East Riding Leisure Beverley benefits from a new 90 station Tone Zone (opened April 2015) providing over 100 classes a week through its new spin studio and

group X exercise studio.

Many sites have undergone refurbishment and improvements including East Riding Leisure Haltemprice which now includes a customer service centre, library and doctor's surgery.

With East Riding Leisure Bridlington (Opening Summer 2016) and investment across other sites, East Riding Leisure aims to provide the best facilities and services for its customers, competing with exclusive private brands, at an affordable price.

We also offer a hall sports programme including Badminton and Squash.

We are the premier provider of swimming lessons in the area, teaching over 5,500 children a week.

And why not relax and unwind in our Café Vibe outlets? Available at several sites, café vibe serves fresh bean coffee, snacks and light meals. So much more than just a gym - so why not find out more by contacting us today!

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# The Spirit of Halloween

On the 30th October our streets come alive with a combination of fun, laughter and a spooky spirit. The magic of the pumpkin and Halloween.

Grown in fields and allotments around the world it seems that the humble pumpkin can deliver more than great soup and nutrition, but is the focus behind our celebrations, that brings out our artistic talents. Many artists now get



commissions to create fantastic images in the flesh of this versatile vegetable. In recent years, children and adults seemed to have captured the spirit of Halloween with Trick or Treat and the mischief that accompanies the night. The decoration and creation of the spooky pumpkin is what adds the finishing touches to the chilling aura of Halloween. So on this Halloween night allow your creative spirit and culinary skills to come alive to create a night to remember.



## Pumpkin Soup

As Halloween draws to a close and the pumpkins are still perfectly good to use, a great and simple dish to cook is pumpkin soup. This creamy, silky soup is a great meal for this time of year with the colder months settling in.



**1)** Heat 2 tbsp olive oil in a large saucepan, then gently cook 2 finely chopped onions for 5 mins, until soft but not coloured. Add 1kg peeled, deseeded and chopped pumpkin to the pan, then carry on cooking for 8-10 mins, stirring occasionally until it starts to soften and turn golden.

**2)** Pour 700ml vegetable stock into the pan, then season with salt and pepper. Bring to the boil, then simmer for 10 mins until the pumpkin is very soft. Pour the 142ml pot of double cream into the pan, bring back to the boil, then purée with a hand blender.

**3)** While the soup is cooking, slice the crusts from 4 slices of wholemeal seed bread, then cut the bread into small croutons. Heat the remaining 2 tbsp olive oil in a frying pan, then fry the bread until it starts to become crisp. Add the pumpkin seeds to the pan, then cook for a few mins more until they are toasted. Taste for seasoning, then serve scattered with croutons and seeds.

### What you will need:

- 1kg pumpkins or squash (try kabocha), peeled, deseeded and chopped into chunks
- 2 onions, finely chopped
- 4 tbsp olive oil
- 4 slices wholemeal seeded bread
- 5g pumpkin seed
- 142ml pot double cream
- 700ml vegetable stock or chicken stock





## Why meditation is so good for you!

I am a bio-medical scientist by training so you may wonder why I encourage people to learn and practice meditation. Isn't meditation all a bit New Age? Isn't it influenced by Eastern spirituality practices? Well, perhaps I could explain what meditation is and why it is such a positive life-skill to have.

Meditation, particularly mindfulness meditation, which is what I teach, is all about focussing the mind and concentrating on one positive thought or feeling to remove negativity, be in the present moment and allow the future to happen without worry. If you aren't worrying about the future, neither are you worrying about the past; the past is history and the future is a mystery, but the present is a gift and you can live that moment whilst in a meditative state, stress- and carefree.

One of the wonderfully positive things about mindfulness meditation is that the brain becomes quieted. Brain activity can be measured scientifically and meditation has been shown to significantly slow the speed at which the brain works. At the same time as brain waves slow, so stress hormone release is reduced. Many of us live very stressful lives – worrying about this, anxious about that, concerned about the other – which increases brain activity, so releasing high levels of stress hormone.

Although stress hormone release is good for you when your life is threatened physically and you need to remove yourself from that danger, if you are chased by a mad dog, perhaps, constant stress hormone release for psychological reasons is not a good thing! Stress has been linked to heart attack, stroke and Type 2 Diabetes.

Stress can make you fat, too, as the body thinks it needs extra energy to run away from danger as the body cannot distinguish between a physical danger and a psychological danger, so it makes you crave sugar. Have you ever felt you just HAD to eat something sweet when facing a deadline or a heavy workload? Have you ever been tempted to 'comfort eat' your way through a pile of ironing or indulged in a box of chocolates when demands from family and friends get on top of you? That's stress! So any way we can de-stress is a good thing! Mindfulness meditation can reverse the effects of stress and yes, can help you become thin. Which is why I always teach my weight-loss clients how to become mindful and meditate.

Another benefit of meditation is it increases your happiness level. Despite what life throws at us, meditation can help us deal with it and be happier. So if you could learn one new skill this autumn, why not learn to meditate! Until next time, be happy!

Linda

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## Something is better than nothing!

I often hear family and friends saying they don't have enough time to fit exercise into their busy lives....and whilst it's true that our lives do seem to be busier than ever, we do still need to make time to work on our health and wellness.

Training sessions don't have to last for hours to be effective – in fact, if you are in a gym for more than 60 minutes I would question the effectiveness of your training methods! A quick circuit of just 60 seconds warm-up with a handful of bodyweight exercises which don't require any equipment, such as squats, lunges and press ups and a few stretches to cool down, can give you a great little work-out.

But there are other opportunities throughout your day which can contribute to improving your fitness levels. Taking a walk at lunch-time (just 25minutes walking 5 days a week has been shown to improve longevity), climbing the stairs instead of using a lift or escalator, dropping a few squats whilst waiting for the kettle to boil – small things can lead to big improvements.

It's a matter of forming new habits, becoming more active and doing a little bit every day. You will feel so much more energised for it.

Email: [mark@lionfitness.co.uk](mailto:mark@lionfitness.co.uk)  
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Mark



# In The Garden

**October** is a mixed bag as far as the weather is concerned bringing rain, wind (yes, I can remember THAT October!) and cloud, we can also experience still, crisp days bringing our first frosts of the winter – autumn is well and truly here.

As a result everything in the garden starts to slow down and lose the vibrancy of summer, which is not to say there is no colour in the garden, consider the rich hues of foliage displayed on shrubs and trees especially maples, or acers and parthenocissus, a self-clinging climber, and not forgetting fruits and berries.

Although things in the garden are slowing down it does not mean there is no work to be done; we just have less time to complete the tasks. Evenings are shorter and so for most people the work has to be squeezed into the weekends. Most of the tasks are associated with harvesting the final crops from summer, generally tidying up and getting prepared for the winter and next year.

**Harvesting** – harvest carrots, potatoes and other root crops. Ensure they are clean and dry before you store them. Pumpkins and squashes can be left in the sun for a few days to harden the skin and dry off the stalks.

Tomatoes need to be picked before the plant becomes diseased; either ripen 'on the vine' or individually. Making green tomato chutney is the other alternative!

**Tidying** – Rake up fallen leaves and tidy borders; leaves left on lawns will kill the grass and if left to lie around the garden they encourage slugs and snails as they provide a perfect environment for breeding and raising their 'little ones'. Give evergreen topiary plants and hedges one last haircut before the winter.

**Getting Prepared** – Plant spring flowering bulbs in the garden e.g. Daffodils, Tulips and Crocus. Plant up your containers with bulbs and winter bedding - I normally include some small evergreen plants too. Put glue bands on fruit trees and dig over any bare soil in the garden, but don't attempt this if the ground is wet and sticky. Digging over in the autumn allows the winter weather to 'open up' the soil for next spring.

Oh, and before you forget, check that the greenhouse heater is in good working order.

## Happy Gardening, J

### POEM FOR OCTOBER THOUGHTS OF AN ORDINARY BLOKE by John Fewings



*When bullfrogs die do they finally croak?*

*Does an arsonist's dream go up in smoke?*

*When your car won't start does it make you choke?*

*Have you ever poked a pig in a poke?*

*When you go to a wake, is anyone awake?*

*If an acorn's OK is it oakey-doke?*

*Are the Spinners and Furies just ordinary folk?*

*Does a stroke help at all when you're having a stroke?*

*Does a drug addict drink a Coke with his coke?*

*Would an artist choke on an artichoke?*

*What's a cloakroom for if you don't wear a cloak?*

*Who was it said that a bicycle spoke?*

*Is a drunk in a bath an old soak in soak?*

*How broke must you be if your piggy-bank's broke?*

*What is it you've took when you've taken a toke?*

*Are they building up fires in Stoke?*

*If your job's a comedian – is that just a joke?*

*Are these just the thoughts of an ordinary bloke?*



## Chapter and Verse - there's a new show in town!



***Two of Beverley's best-known figures have launched a new project to promote the history of the town and the East Riding as well as offering a wider portfolio of cultural events.***

Barbara English, retired professor of history and stalwart of the local civic society who recently received the MBE for services to heritage, and Margaret Pinder, former Mayor of Beverley and a recent parliamentary candidate, have joined forces in a venture they are calling Chapters & Verse.

"We wanted a name that would capture the spirit of what we hope to achieve, and the town and the county which has inspired us. I'm Chapters and Margaret is Verse. It's a project we have talked about before, but never really taken seriously until, after the election when Margaret was free of her former council commitments, she said 'Right! Let's make this happen!'" Barbara told 'Just Beverley'.



The pair have already rolled out their first events. In August, Barbara applied her extensive knowledge of the history of the East Riding in a programme of three study tours – "Nine Glorious Churches" exploring churches across the county. This followed their launch in July with a lecture by Margaret on The Merchant of Venice linked to the live-streaming of the RSC production in local cinemas.

Initial feedback has been positive: "Marvellous!"... "It was a real treat to

be able to come out to something so thought-provoking on our doorstep."

"We have so many ideas for tours, lectures and courses," said Margaret, "it's tremendously exciting."

And the two have been as good as their word. Upcoming events include a day school on Wressle Castle on Saturday 26 September, a day trip to Saltire on Thursday 8 October, and a matinee performance of Northern Broadside's production of The Winter's Tale at the Stephen Joseph Theatre on Saturday 24 October with another talk by Margaret on this most enigmatic of Shakespeare's plays.

Anyone interested in further information on the current and future Chapters & Verse events should contact either Margaret on [margaret@chapters-and-verse.com](mailto:margaret@chapters-and-verse.com) or Barbara on [barbara@chapters-and-verse.com](mailto:barbara@chapters-and-verse.com) or via their website: [www.chapters-and-verse.com](http://www.chapters-and-verse.com)



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# PUZZLE PAGE

LAST MONTH'S ANSWERS ON [justbeverley.co.uk](http://justbeverley.co.uk)

## Sudoku

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.

			4	5				
		8			7	1		
	7		1		3		5	
	3	5				9		7
9								8
4		6				5	1	
	4		9		8		2	
		9	3			6		
				1	2			

## Wordsearch

M S W T S V T U Z I R U C S T  
 I D R H I E D F D H I W L K Y  
 N M O E K Y T I R A H C A C T  
 E T R R N L O E S U R K Y O Z  
 C N A V C N Z N A H H K F L F  
 R M W H H E I V B H P L V C F  
 A G P B S O N W E C E M F I X  
 F G D C D F W P Z A G Z H T L  
 T T J S K S G C A U Q F F D Z  
 K E X Y V E O J R P H F W F D  
 S K N Q D L N L H C Z H L Q N  
 G Z E V L Y G T K N B W T V H  
 Z C U E K W T I M E C F H U Q  
 S O G D M V T G K P C L F E L  
 K E S W F T V G A V J Q D V O

CHARITY  
 CLAY  
 CLOCKS  
 COLLEGE  
 DARK

MARKET  
 MINECRAFT  
 SHOT  
 TIME  
 WINNERS

### ADULTS CHOCOLATE MAKING WORKSHOPS

7th September, 11.30am & 13th October, 11.30am (1 ½ hours)

Want to know what it is like to work with chocolate?

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# What's On IN BEVERLEY

SEPTEMBER,  
OCTOBER &  
NOVEMBER

## SEPTEMBER & OCTOBER

**Weds 23rd - Saturday 26th Sept.**  
- **Beverley Chamber Music Festival.**  
St Mary's Church, Beverley

**Friday 25 - Sunday 27 Sept.**  
- **Cornucopia Festival.**  
Burton Constable Hall  
Starts 5pm Friday until late Sunday. Day tickets available.



Camping.  
See [www.cornucopiafestival.co.uk](http://www.cornucopiafestival.co.uk) for details and prices.  
Children free.

**Saturday 26 Sept.**  
- **Astrid Williamson.**  
East Riding Theatre, 7:30pm

- **Charity Concert in aid of Parkinson's with The Nick Rooke Band.** Walkington Village Hall, 8pm

- **Gruffalo Family Day - Superworm.**  
Beverley Minster, 10am. Another Gruffalo themed family day. Craft activities, refreshments, DVD and reading areas. Bring a picnic! Suitable for all ages. Free! Donations welcome.

**Tuesday 29 Sept.**  
- **Mixed-presentation skills.**  
East Riding College, 5.30pm

**Thursday 1 - Saturday 10 Oct.**  
- **Beverley Literature Festival.**  
Children's and adults programme of events, workshops and films at various venues.  
See website for details - [www.bevlit.org](http://www.bevlit.org)

**Friday 2 Oct.**  
- **Beverley Minster at Twilight.**  
Reflective tours, shop open, free photography, refreshments, displays and atmospheric ambience.  
Beverley Minster. 6pm

- **Creating Space For God.**  
Norwood Methodist Church, 6:30pm

**Friday 2 - Sunday 4 Oct.**  
- **Beverley Real-Ale Festival.**  
Memorial Hall. See [www.beverley.realalefestivals.co.uk](http://www.beverley.realalefestivals.co.uk) for details.

- **Viewfinder Photographic Society Annual Exhibition.**  
Skidby Village Hall. Opens 10am each day. Member's prints and cards on sale. Free entry, refreshments available.

**Sunday 3 Oct.**  
- **Leconfield Community Choir Annual Birthday Concert in aid of Alzheimer's Society.**  
Leconfield Village Hall. 7:30pm £7 including a pie and pea supper.



**Sunday 4 Oct.**  
- **Beverley Food Festival.**  
Saturday Market, 10am

**Monday 5 Oct.**  
- **The White Horse Folk Club - Chris Sherburn & Findlay Napier.**  
The Rose & Crown, 8:30pm. £7.

**Thursday 8 Oct.**  
- **Beverley Literature Festival.**  
Celebration of 200th Anniversary of Jane Austen's 'Many faces of Emma'. Masonic Hall, 7:30pm

- **National Poetry Day with The Argy-Bargy Poets in aid of St Mary's Restoration Fund.**  
For people who do and don't like poetry! Open mic sessions at 12noon with Soup and Sandwiches and 4pm with Tea and Cake. Performance at 7:30pm, £5. St Mary's Church. More information at [www.johnfewings.zone/npd](http://www.johnfewings.zone/npd)

**Friday 9 Oct.**  
- **Beverley Folk Club - Harpeth Rising & Guests.**  
Hodgsons, Flemingate, 8pm

**Saturday 10th - Sunday 11th Oct.**  
- **East Yorkshire Open Studios.**  
Visit East Yorkshire artists



**Monday 12 Oct.**  
- **Norwood Nites screen 'Local Hero'.**  
Norwood Church, 7pm

- **The White Horse Folk Club - Singers & Musicians Night.**  
The Rose & Crown, 8:30pm. £2.

**Tuesday 13 Oct.**  
- **Adults Chocolate-making workshop.**  
White Rabbit Chocolatiers, Dyer Lane. 11.30am. £25.  
Booking essential - 01482 679325.  
[info@whiterabbitchocolatiers.co.uk](mailto:info@whiterabbitchocolatiers.co.uk)

**Friday 16 Oct.**  
- **Beverley Film Society screen 'Omar' (2013, Cert 15, Palestine Drama/Thriller).**  
Masonic Hall, Trinity Lane. 7.30pm. £6. Bar and post-film discussion.

**Friday 16 - Saturday 17 Oct.**  
- **Kepong Theatre Company present 'On the Edge'.**  
East Riding Theatre. 7.30pm.

**Saturday 17 Oct.**  
- **Everybody's Darling: The First World War Nurse.**  
Treasure House, 10am.



# OCTOBER & NOVEMBER



## Sunday 18 Oct.

- **Farm and Bakery Open Day.**  
Side Oven Bakery and Organic Carr House Farm, Foston on the Wolds 10am – 3pm  
Guided farm walks and mill tour. Apple tasting and demonstrations. Free.

## - Gentlemen of Few,

East Riding Theatre. 7.30pm.

## Monday 19 Oct.

- **The White Horse Folk Club - Singers & Musicians Night,**  
The Rose & Crown, 8:30pm. £2.

## Wednesday 21 Oct.

- **'Beryl, A Yorkshire Woman's Cycle through Life' by Maxine Peake,**  
West Yorkshire Playhouse Production. Longcroft School. 7pm. £6/£4.

## Friday 23 - Sunday 25 Oct.

- **Beverley Blues weekend,**  
The Sun Inn. Free. Donations to Nordoff Robbins.

## Saturday 24 Oct.

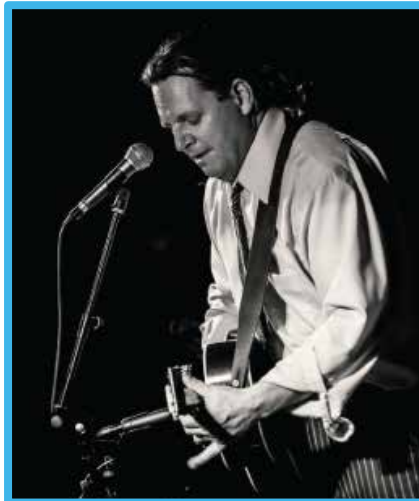
- **Beverley Blues - Catfish Keith,**  
East Riding Theatre. 7.30pm. £12.

- **Make a Spooky Tealight Holder,**  
Treasure House, 10am.

## Monday 26 Oct.

- **Beverley U3A Singers present 'A Song for all Seasons',**  
Toll Gavel Church. 2pm. £3.50.

- **The White Horse Folk Club - Bella Gaffney,**  
The Rose & Crown, 8:30pm. £7.



## Tuesday 27 Oct.

- **Mixed - Entrepreneurial Skills,**  
East Riding College, 5:30pm.

- **Defining The First World War Nurse: Professionals, VADs And Motorcyclists,**  
Treasure House, 6:30pm

## Wednesday 28 Oct.

- **Fashion Show in aid of Scope and Beverley Conservative Club Social Fund,**



Beverley Conservative Club. 7pm for 7:30pm. £5 includes a glass of wine. Raffle.

## Thursday 29 Oct.

- **Beverley Ghost Walk,**  
7:30pm. Booking essential through Beverley Tourist Information Tel 391672. £3.50.

## Saturday 31 Oct.

- **The Big Draw,**  
Beverley Art Gallery, 10am

## - SHE Productions Halloween Treat Night,

Follow the BanSHE's (mysterious fairies) through the streets of Beverley before returning to the East Riding Theatre for storytelling, mumymaking and more! For children 3+. 4.30pm. Children £6 with accompanying adult free.

## - Beverley Ghost Walk,

7.30pm. Booking essential through Beverley Tourist Information Tel 391672. £3.50.

## - Late Night Scarefest,

For ages 16+. 10.30pm. £10.

## Sunday 1 Nov.

- **Indigo Moon Theatre presents 'Alice and The White Rabbit,**

Shadow theatre for ages 4+ and over. East Riding Theatre. 2pm. £8/£7. Techniques workshop 3.15pm £5/£4

## Monday 2 Nov.

- **The White Horse Folk Club - Singers and Musician Night,**

The Rose & Crown, 8.30pm. £2.

## Thursday 5 Nov.

- **Beverley Lions Annual Bonfire and Firework Display,**  
Westwood. Free. Bucket collection in aid of Beverley Lions.

## Saturday 7 Nov.

- **Jacqui Dankworth & Charlie Wood,**  
East Riding Theatre, 7:30pm.

## Monday 9 Nov.

- **The White Horse Folk Club - Singers and Musician Night,**

The Rose & Crown, 8.30pm. £2.

## Sunday 15 - Saturday 21 Nov.

- **JS Bach Festival,**  
Various venues. See [www.beverleychamberchoir.org](http://www.beverleychamberchoir.org) for details.

## Monday 16 Nov.

- **The White Horse Folk Club Singers with Martyn Wyndham-Read,**  
The Rose and Crown, 8.30pm. £7.

## Thursday 26 Nov.

- **Beverley Ghost Walk,**  
7:30pm. Booking essential through Beverley Tourist Information Tel 391672. £3.50.

## Saturday 28 Nov.

- **Beverley Musical Theatre Annual Jumble Sale,**  
Memorial Hall, 12 Noon. Come and meet the Jack and the Beanstalk Pantomime Cast and see the scenery being set. 50p entry.

For more information visit  
[justbeverley.co.uk/events](http://justbeverley.co.uk/events)  
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# Competition Winner



Last month we offered readers the chance to win **2 tickets to Cornucopia Festival** on Sunday September 27th. Cornucopia runs from Friday 25th to Sunday 27th with an inspiring, magical and vibrant programme of music, theatre, comedy, spoken word, exhibitions, demonstrations, crafting, children's events, worship, star-gazing, walks, food, beer and more!

We asked you **where Cornucopia is being held**; the answer is **Burton Constable Hall**. Well done to everyone who answered correctly. The lucky winner is **Gill Jennison of Great Hatfield**, pictured here with Linda. She visits Beverley at least three times a week and especially looks out for her FREE copy of Just Beverley! She particularly likes the 'What's On' section, which is where she found out about Cornucopia, and the articles on the history of Beverley.

She commented 'This is a wonderful surprise as I never win anything! I am really looking forward to Cornucopia and will be taking my husband and some friends with me'.

This week you can win a stylish tea-light holder from Bchicy. **Turn to p25 for details of how to enter!**



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