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ISSUE 76

BEVERLEY

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MKM BEVERLEY SPRING INTO ACTION

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6/7 MKM BEVERLEY - SPRING INTO ACTION



4 ART & SOUL REOPENS



5 PARKWAY CINEMA



15 THE TIGER INN



16/17 BEVERLEY WALK



18 WHITE RABBIT



30 EARLY MUSIC FESTIVAL

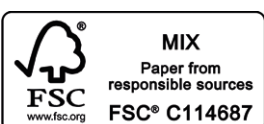


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REMEMBER! If you see examples of anti-social behaviour or other types of low-level crime, do report it to the appropriate authorities. **POLICE** - Emergency 999, Non-urgent 101. **ANTI-SOCIAL BEHAVIOUR** (East Riding of Yorkshire Council) - 01482 393939.

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LETTER FROM THE EDITORS



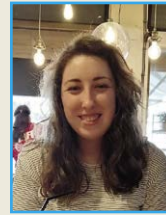
This year as lockdown eases and we look to get back to normality, it is good to see people enjoying the fresh air and enjoying seeing one another again.

If you have any stories to tell, changes you've made in lockdown, good news stories, or any positives to come out of your time away from the office, let us know.

As the days grow longer and warmer, you may be planning a holiday in the UK or abroad and want to look leaner after the lockdown, so what plan of action do you have in mind?

At the time of going to print I managed to get over 300 miles on my bike, but did I achieve the 500 miles? Check our website for details and if you can donate to the DFER ride please do. Remember small changes, BIG impact. Send in your good news and pictures; we love to hear from you! Have a great May.

Julian.



Happy May readers, and what a glorious month ahead. I love it when May arrives; it means we get to enjoy the beauty of nature changing with all sorts of colours before our very eyes, the nights are still getting lighter and lighter, and the full heat of summer is just

round the corner!

This month we're looking at life for some Beverley businesses post-lockdown, and how we can all look to make the most of the outdoors throughout spring, not to mention the two May Bank Holidays. Let's hope the good weather stays.

While the past year has had a lot of ups and downs, one thing that has been so nice to see is the impact of and reliance on nature. Something as simple and non-strenuous as a short walk in the park or a stroll with a seaside view has left many people feeling happier and recharged. The benefits we have all felt from being around nature this last year will be remembered and encouraged for years to come. Enjoy the issue.

Olivia.



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ART AND SOUL REOPENS AFTER LOCKDOWN

Art and Soul, an affordable platform for UK artists, makers and creatives to sell their work, has reopened their shop in Flemingate now that lockdown restrictions have been lifted.

The store has been operating in an online capacity over the past year, which has allowed Art & Soul to keep trading throughout the pandemic.

It is continuing to offer a Click & Collect service within its opening hours, along with local deliveries for purchases of over £20.

Reopening the shop in Flemingate every day with the help of 108 artists, the store has a huge selection of unique art and gifts to suit every budget.

Product collections are grouped into 6 categories; Arts, Cards & Stationery, Gifts, Homeware & Furniture, Jewellery & Accessories, and Photography.



Jane Berriman, founder of Art & Soul, said: "We are delighted to reopen with 108 artists. We have lots of gorgeous Beverley inspired products featuring all the major landmarks, including Beverley Minster, Black Mill, North



Bar, The Westwood etc!"



If you are interested in taking a creative space at Art & Soul, send an email to artandsoulbeverley@outlook.com with your name, company name, contact details, a description of your products and price ranges, links to social media and websites which feature the products, and up to six high resolution images of your work.



CHRISTIAN AID WEEK - 10TH-16TH MAY

Christian Aid Week 2021 will be May 10-16. For quite a number of years Beverley and the surrounding area has participated in the annual house-to-house collection with the exception of 2020 cancelled because of coronavirus.

This year other plans will be in place with a number of Churches distributing envelopes for their congregations to donate to Christian Aid's vital work.

To help raise funds to support Christian Aid challenges to walk 300,000 steps during the month of May.

If walking such a distance is not appropriate for you then you can organise your own challenge appropriate to your abilities and interests.

John Turner has organised his own challenge. This year Christian Aid is 75 years old.

So John has set himself a target to cycle 75 miles every week during May at the age of 75.

This will be the same distance he cycled in 2012 from London to Paris which was another Christian Aid challenge.

If anyone would like to sponsor John you can give on his Justgiving page which can be located at www.justgiving.com/fundraising/John-Turner75

Toll Gavel Church will host a coin collection in their church drive on Saturday morning May 15 from 9am.

This will help to bring a focus on to Christian Aid and its support for vulnerable communities in the developing world as well as its important campaign work on climate change.

COVID LOCKDOWN ROADMAP: WHAT'S CHANGING ON MAY 17?

From May 17, the UK will enter into Step 3 of the Prime Minister's four-step exit plan from the latest lockdown, so what can we expect?

As of April 12, pubs, restaurants, hairdressers, gyms, and non-essential shops have been allowed to reopen, and from May 17, groups of up to six people and two households will be allowed to meet indoors, meaning people will be able to enter each other's homes from then.

Following the introduction of Step 3, some of the main changes we can expect are hotels, B&Bs, indoor sports, gym classes, cinemas and theatres reopening with new rules depending on the size of venue.

Pubs and restaurants can also open indoors from May 17, but must be operating with table service. Normal outdoor and indoor events will be allowed to open with special limits.

Outdoor events can cater for up to 4,000 people or 50 per cent of the venue's capacity, and indoor events can open for 1,000 people or 50 per cent capacity, both depending on which is lower. Huge outdoor seated venues such as Wembley Stadium have a special limit of up to 10,000 attendees or 25 per cent capacity, whichever is lower. Four reviews have been commissioned for the Government's roadmap, with Step 4 changes coming into force from June 21.



PARKWAY CINEMA... COMING SOON



Awaiting final confirmation of the government permitting the reopening of indoor entertainment, the team at the Parkway Cinema and Theatre, Beverley is working hard in the background to have a safe, clean environment ready for all customers to enjoy the return of some great entertainment.



If all goes well, a full programme will be released shortly.

Keep an eye on the website www.parkwaycinemas.co.uk and their Facebook page [@ParkwayBeverley](https://www.facebook.com/ParkwayBeverley) for more news soon.

VACANCY FOR A COUNCILLOR - WOODMANSEY PARISH COUNCIL

Woodmansey Parish Council have three vacancies for councillors caused by the resignations of Councillors Andrew Jolley, Clive Waddington and Geoff Donkin.

A by-election to fill the vacancy will be held if 10 electors of the parish write to the Chief Executive of the East Riding of Yorkshire Council at **County Hall, Beverley, East Yorkshire, HU17 9BA** by Thursday, 13 May 2021 claiming an election.

If the Chief Executive does not receive such a request, the Parish Council will be informed that it may fill the vacancies by co-option, which means the council members will elect a new member from those who have expressed an interest in joining the council.

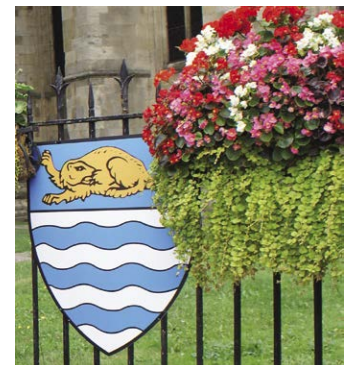
If you wish to discuss the role of Town/Parish Councillor, please contact the clerk of the Parish Council:

Mr Andrew Crabbe, c/o 27 Willowgarth, Eastington, DN14 7QP.
Telephone: 01430 410383.
Email: woodmanseyparishclerk@yahoo.com

BEVERLEY IN BLOOM REQUIRES HELP

Linda Freeman, Chair of Beverley in Bloom, would like people to join the Beverley in Bloom group.

As we look forward to the start of a new planting season, they need to recruit more people to help with the planting, watering and general looking after of all their containers throughout the town.



After the period of lockdown, it would be good for people to get out in the fresh air and help improve their mental health and well-being and build on the community spirit which has developed during the epidemic.

People can contact Linda on **01482 862275** or by email linda@grandmamuffin1.karoo.co.uk

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GET YOUR GARDEN READY FOR SUMMER WITH MKM BEVERLEY



Brighter days are coming. With summer nearly upon us and restrictions starting to ease across the country, there's never been a better time to get your garden ready for visitors again.

MKM Building Supplies Beverley, based on Swinemoor Lane, has everything you need to get your garden ready for summer. Open to both trade and public, the branch has a landscaping display so visitors can browse the range of paving, decking, fencing, artificial grass and other landscaping materials available.

Not sure what materials you need? That's no problem, the branch has dedicated specialists on hand to advise on products and how much you will need for your space. Plus, there's free local delivery on all orders.

Latest Garden Trends

If you're a regular user of social media you might have already seen some of latest garden trends such as porcelain paving, composite decking or wooden entertainment areas. These products give a stylish look whilst keeping maintenance low so you can focus on making up lost time with friends and family.

Porcelain paving

A hot landscaping trend for the past few years' porcelain paving is clean, simple, slip resistant and easy to keep clean. MKM has a huge range of colours and textures available to create a modern patio that works for the whole family. Visit MKM Beverley to browse the range of options or visit the MKM website at mkmb.co.uk.

Composite decking

If you're adverse to the labour and upkeep that traditional wood decking brings, then composite decking is your answer - a long-lasting alternative to wood, which mimics the appearance of timber without any of the maintenance. With options in grey, black or natural timber there's sure to be something to suit your taste at MKM Beverley.

Artificial Grass

Artificial grass can take the flack of constant use without compromising on appearance. Artificial grass gives you the freedom to use your lawn area in any weather the British Summer sees fit to throw at us, as it won't hold onto water the same way real grass would.



To find out more information visit the branch on **Swinemoor Lane, HU17 0JX**.

The branch is open 7:30am - 5:30pm
Monday to Friday and 7:30am - 12pm
Saturdays.

Alternatively, you can call the branch on **01482 880 088** or visit **mkmb.co.uk**.

Garden Furniture

You perhaps wouldn't think of a builders' merchant as a place to purchase garden furniture but MKM Beverley sell a wide range of wooden outdoor living products including pergolas, gazebos and garden furniture to create an outdoor entertainment you love.

There's also a new range of Plaswood garden furniture made from recycled plastic. Outdoor living products can be ordered from the branch.



I'VE BEEN THINKING... SAYS COLIN RAYNOR

So, we're into the month of May and looking forward to even more opportunities to do what we want to do without having to think twice if it is permissible.

Let us listen to someone other than a group of politicians, theologians or 'expert' media people and hear the words of a young child who, it may surprise some people, often see things with a clarity of thought beyond their years.

I claim no original thinking for what follows but am assured by a friend who told me that this incident did really happen outside a local supermarket.

A little girl of about six years old was leaving the supermarket with her mum and a trolley full of food. They stopped at the exit and realised it was raining hard. It was pouring down. The kind of rain that gushes over the top of gutters at such a rate it doesn't have time to flow down the spout.

Soon there was a group of people at the door. Some very obviously impatient to 'get on', whilst others appeared mesmerised by the rainfall. A little voice suddenly rose above the sound of the rain.

"Mum. Let's run through the rain."

"What did you say?" mum asked.

"Let's run through the rain," the child said again.

"No dear. We'll wait until it slows down a bit at least," mum replied, "We'll get soaked to the skin in this rain."

"No we won't mum. That's not what you said this morning," the little girl said, tugging at her mum's arm.

"This morning? When did I say we could run through rain and not get wet?"

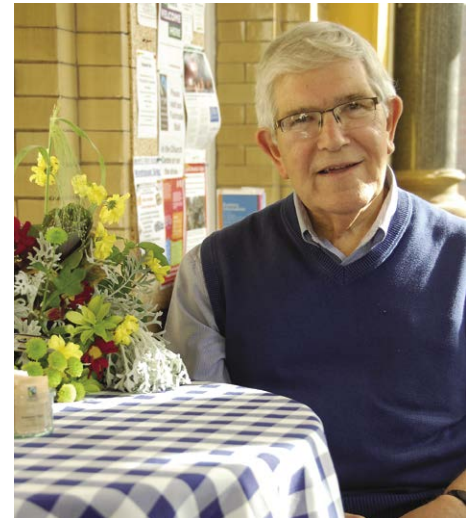
"Don't you remember? When you were telling me how poorly and sick dad was. You said if God can get us through this he can get us through anything."

Nobody moved. Everyone stood. No one spoke. Nobody came to go in to the store and no one tried to leave. The only sound was the rain still pouring as hard as ever.

The mother looked around obviously wondering what to do. No doubt everyone there had their own idea what she should do but it was her decision and her little girl was looking up at her and waiting for her to speak, trusting her mum to make a decision. Such innocent trust should be valued.

"You are right," said mum, "Let's run through the rain. If God lets us get wet, well, maybe we just needed a good wash."

Then they pushed their trolley into the car park and out into the pouring rain. Everyone stood



watching the mother and daughter dodging the puddles until they got to their car.

Soon they were followed by the rest of the shoppers, some with shopping bags over their heads laughing and screaming, nobody caring if they got soaked.

My friend who told me this story admitted that she too rushed out into the rain and got wet. She also told me this all happened a long time ago but she has never forgotten it.

This reminds me of some words by the American poet Mary Angelou: "People may forget what you said, forget what you did, but people will never forget how you made them feel".



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BROOK TAVERNER - THE RETURN TO NORMALITY

We at 35 Toll Gavel are immersed in the optimism and freshness of spring.

We've taken great pride in being able to open up our store again, and have relished the opportunity to engage face-to-face (socially distanced, of course) with our loyal customers. Hearing tales of outdoor dining and al fresco gatherings, it's almost as if things are beginning to resemble normality again!

Doors may only have been open for a matter of weeks, but there are certainly some early favourites in store as we welcomed in the early April sun. The striking piece of the season is our new Coxwold print jacket. Its floral designs embody the colours of spring and is the ideal statement piece for garden parties and dining experiences alike.

It's well-paired with the Hidcote denim jeans; a staple for any man's casual wardrobe. And much like our customers, they simply get better with age. We in the office, like many at home, are now raring for the next milestone in the loosening



of COVID-19 restrictions. The 17th May marks the change from outdoor to indoor dining, and socialising within homes! You'll need to make sure you're stocked up on formalwear to help you dress to the nines for all forthcoming soirees and gatherings.



The Constable is a beautifully cut suit that looks just as good at the end of the day as it does when you first put it on, thanks to its linen-wool blend with a hint of polyester. This makes it ideal for all-day events like weddings, with sitting, standing and dancing for hours on end! It pairs beautifully with our formal shirts, and allows you to steal



the show should you so wish. Elegant jackets are our forte. We've been designing and crafting them with care for well over a hundred years, and there's never been a better time to wear one! Simply worn over a T-shirt with jeans, they elevate any casual ensemble. Or, they make an ideal easy upgrade from casual to formal, dressed up with trousers and a shirt - ideal for a spontaneous restaurant outing on a warm summer's eve.

Try the Scotney Textured Weave Jacket on for size. It oozes effortless sophistication, and its cotton-rich composition makes it a pleasure to wear. It's the meticulous detailing that screams quality and craftsmanship, and the understated pale rose colouring that makes it a unique favourite.

Make sure to drop in at 35 Toll Gavel to see our friendly staff, who will be more than happy to assist you with all your sartorial requirements, no matter what. Happy shopping!

Warmest regards,
The Brook Taverner Team.

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LEWIS NORTHEN FUNERAL DIRECTORS - TAKING CARE OF YOUR FAMILY

Throughout the pandemic, Lewis Northen have been offering a comprehensive range of funeral's, including looking after many clients who have wished to prearrange their own funeral services.

Based on Lincoln Way in Beverley, Lewis Northen Funeral Directors is an independent family business giving the personal touch to funeral services in Beverley and the surrounding areas.



By pre-arranging their own funeral, people can ensure their wishes are documented, fully planned and tailored to their own personal wishes and beliefs. It also saves them money as they guarantee their funeral plans at today's prices.

With over 10 years of funeral experience, Lewis Northen are able to deal with any request you may have, whether it be for a particular denominational service, a non-religious service or the provision of an environmentally friendly funeral.

Memorial jewellery is proving to be a popular choice for families, and many families are finding great comfort by having a small part of their loved ones ashes made into jewellery or even their loved ones fingerprint or hair made into jewellery.

You can contact Lewis Northen Funeral Directors on:
01482 888 658.



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COUNTRYSIDE MATTERS WITH SAM WALTON

Having recently mentioned binders and moving to combines, which was a massive step in agriculture, the industry, not only here but in most of the modern countries, has moved on again and in fact is constantly on the move to the extent that it is not easy to keep up with it all.



As the industry moved on, we began to get lots of red tape which seems to increase almost by the day.

I know safety is of paramount importance, but some of the pernicky things we have to cope with, the inspections we get, the ridiculous questions we are asked, makes farming a much more difficult industry to cope with.



One thing the powers that be do not seem to realise is that farmers will not do anything wrong to either animals or crops which will cost them money, so genuinely we look for the best for everything we do as we are all a bit tight! The environment is changing we know and modern living no doubt has a lot to do with it.

Yes, we put fertiliser on the fields, and yes, we put sprays on the crops, but with modern technology and by using satellite technology, it automatically reduces the amount we put on from our sprayers and fertiliser spreaders as it recognises the soil type. Don't ask me how, but it does.



I suppose we now use a lot bigger and heavier machinery than we used to do and no doubt it compacts the ground, but we have cultivation machinery to loosen it again.

We do care.

Technology moves on in most industries with a view to being more efficient. The weather plays a big part in what we can and can't do, and I guess at times we probably do make a bit of a mess in the odd field but that is not our objective.



When the first combines came out, they would probably cut two acres in an hour and would stop when it became dark as they did not have lights on.

The modern combine I guess would do over 100 acres in a normal



day given the right weather, the right field size and can go until late at night.

I remember sitting alongside the contractor who does my work here and the combine was registering that he was combining 100 tons per hour.

Of course, he would not do that all the time as there is turning at the field ends, moving to other fields and not all crops are good enough to do that etc., but it just shows what modern machinery can do.

Burning straw and stubbles was banned years ago, more the pity because by doing that we would kill all the weed seeds and always have clean crops. Now we have to use sprays and we have a preponderance of black grass, a real curse of a weed.

We had never heard of it years ago, so we have to use sprays to get rid of it, but it is very persistent and literally spreads like wildfire. Now we have left the EU, I do wonder what will change? Will we have more or less red tape?



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DOES SOMEONE YOU LOVE LIVE WITH DEMENTIA? HERE, WE SHARE SOME TOP TIPS TO MAKE COMMUNICATION THAT BIT EASIER

When we think about communication, our first thoughts land on speech. Although we rely on talking on a daily basis, communication actually consists of more than just verbal conversation.

For example, there's facial expression, gestures and body language too. When communicating with someone with dementia, as with many other situations in life, talking isn't always the most effective method of exchanging information.



So, here we present some helpful ideas to give you a head start:

- Acknowledge what the person has said. Even if the person you're communicating with doesn't directly answer your question, let them know that you've heard them. Perhaps encourage them to say more; this might give you more clues about what they're trying to tell you.



- Use gestures, movement and facial expressions. Physical signs and body language can all convey meaning and can help you get your message across. This is especially important when speaking becomes more challenging for the person living with dementia. Interpreting gestures and facial expressions could help you understand how the person is feeling too.

- Use Humour. Laughing can help to bring you closer together and may relieve some pressure. Living with

dementia can be hard on everyone, so lightening the load a little can only be a positive thing, and a smile does wonders.

- Become an active listener. Listening is an essential aspect of any conversation, but perhaps more so when engaging with someone with dementia. Perhaps particular words elude them, or they say a similar or related word instead. Read between the lines and look for non-verbal cues such as facial expressions and body language too. Use all the information you have.

- Let the person express their feelings. If the person feels sad, don't immediately try to cheer them up or persuade them otherwise. Showing you care by just listening is sometimes the best method of communicating.

- Use physical contact to provide reassurance. Holding, stroking or patting the person's hand, or putting your arm around them might be all that they need. It lets them know that you're there for them.

JULIAN'S CYCLING FOR DFER CHALLENGE

Over the course of April, Julian Minshall, Editor of Just Beverley, challenged himself to cycle a minimum of 300 miles in 30 days to raise money for Dementia Friendly East Riding (DFER). Here's how he got on...



When he started the challenge, all in aid of supporting DFER who have faced many problems over the past year of lockdowns with finding ways to raise money, Julian had only cycled 60 miles this year.

One month later and he has beaten his target of 300 miles, going on to raise in excess of £1374.00 and reach 475 miles, (at the time of going to print), which he is adamant would not have been achievable without the support of everyone behind him. All it takes is for a glance down the donations page and comments to see how the Beverley community has rallied to support Julian, which gave him the extra motivation to dig deeper and aim to cycle 500 miles.

Julian said: "I can't express enough how much more difficult this challenge would have been to do alone. Having a great team of people behind you gives you that extra push and makes you accountable. I want to thank everyone for the encouragement, support and community spirit I have received."

"I strongly believe that anyone can achieve anything with a supportive team behind them. The comments and donations I have received alone are testament to the incredible Beverley community".

As people have been isolated due to the pandemic over the last year, many jumped into action to support and motivate Julian by accompanying him for numerous miles of his journey, pushing him right until the end.

Mandy Aitken, said: "On behalf of Dementia Friendly East Riding I'd like to thank Julian and everyone who supported his fundraising ride. It's been a challenging year for us as many of our usual activities have not been able to carry on. Now as communities start to re-open, we intend to get back to our projects which aim to support those living with dementia, and raise awareness of the challenges dementia brings to people living with it, as well as their families."

"Some of our previous projects have been the reminisce gardens at Castle Hill and Sewerby Hall, and support of the dementia friendly screenings



at The Parkway Cinema. Upcoming projects include a Memory Walk through Beverley Town Centre and COVID permitting, a visit from the Virtual Dementia Tour bus".

You can see the breakdown of Julian's mileage and perhaps a few familiar faces who joined in along the way here: www.justgiving.com/fundraising/julian-minshall

MENTAL HEALTH AWARENESS WEEK

Following a year of lockdowns, restrictions and social distancing, the effects of the Coronavirus on mental health has been a widely discussed topic, and there has never been a better time to engage in important conversations about mental health than during Mental Health Awareness Week.

This year, Mental Health Awareness Week runs from May 10 - 16, with aims of raising awareness and providing support to those who need it.

During the pandemic, millions of people have experienced a mental health problem.

Whether you are experiencing mental health problems for the first time, or your existing mental health problems have taken a plummet, or maybe it is a loved one who is struggling, it is important to have a strong support network around you.

Mental Health Awareness Week was first coined by the Mental Health Foundation, originally the Mental Health Research Fund, which was started by Derek Richter in 1949 following the Second World War. The idea was to address the clear imbalance between physical and mental health funding.

The Mental Health Foundation launched Mental Health Awareness Week in 2001 with its first theme of 'Friendship and Mental Health'. It has grown into the biggest annual mental health campaign in the world ever since.

In 2015, the Mental Health Foundation began focusing on prevention as the best reasonable

answer to helping scale the challenge of dealing with mental health.

Statistics from the Mental Health Foundation show that 50% of mental health problems are established before the age of 14, which is why it is so important to have open discussions with your family and friends and show each other support.

Talk to someone

If you feel comfortable doing so, talk openly about your own experiences and how you dealt with them as you never know who is going through a similar thing. Or, if you are struggling with your mental health, you could talk about your own current feelings.

Talking freely can help you cope with problems you've been carrying or going over in your head alone. Simply being listened to can help you feel supported and less isolated, but it also might encourage other people going through similar issues to open up too.

Keep active

There are many benefits to regular exercise, and many that positively affect your mental health and well-being. Exercise and living an active lifestyle can boost your mood, sharpen your memory, improve your sleep, give you more energy and release endorphins in the brain that help you deal with anxiety, depression, stress, PTSD, and much more.

However, exercise doesn't have to be rigorous or time consuming, and no matter your fitness level it can be worked effectively into your day.



For example, making a habit of going for a short walk or having a dance in your bedroom for 5 - 10 minutes will start to build up your stamina and slowly start to add minutes to your fitness activity.

Donate or fundraise

There are various ways you can donate or fundraise in your local community for mental health charities which helps protect, support and save lives. Your efforts don't have to be sports related such as running a marathon, and you can help raise funds by walking or baking.

Why not have a look online during Mental Health Awareness Week to see ways how you can raise money to help mental health organisations bring about meaningful change regarding mental health in the UK.

There are many online resources available to help you join conversations and help tackle the stigma around mental health.

SAFELY DOES IT AT THE TIGER INN

During lockdown, Allen Slinger has been busy planning changes to The Tiger Inn to ensure customer safety and confidence is high as he looks to open the doors later this month and allow customers back inside the historic pub.



Customers are already enjoying the new outside area, where they sit and enjoy drinks and food from the new menus, all delivered with table service for your convenience and confidence.

The Tiger Inn will open its doors on May 18th, a date the team are looking forward to as hospitality starts to return to normal.

To enjoy food or drinks inside or out, then get in touch with the Tiger via the website or Facebook page. They will be delighted to hear from you and enjoy your company.





THE TIGER INN

OPEN FRIDAY, SATURDAY AND SUNDAY UNTIL 16TH MAY

•

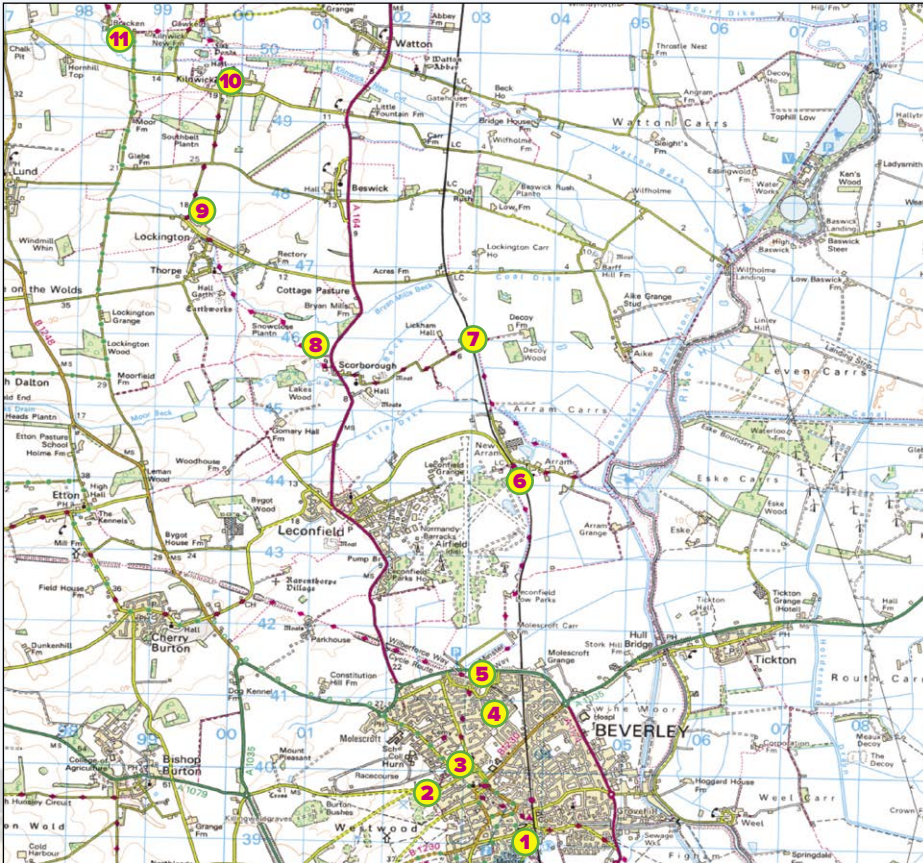
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WALKING THE MINSTER WAY - 50 MILES



STAGE 1: BEVERLEY MINSTER TO BAINTON CHURCH - 13 MILES.

Many people, myself included, regard the Minster churches at Beverley and York as the two finest buildings in Yorkshire.

This 50 mile trek through tranquil East Riding countryside, links them by footpaths. The route was devised by Hull-based rambler Ray Wallis in 1980. Incredibly, some intrepid souls have walked the whole of it in just 1 day.

I intend to complete it in 4 fairly easy slices, providing **Just Beverley** readers with an article on each route over the summer months. All the linear routes can, with a little planning, be accessed by public transport. Even for the non-religious the Way has the aura of a pilgrimage, running between 2 such ecclesiastical titans, and it passes an incredible series of splendid churches. Fittingly, stage 1 ends at Bainton church, often dubbed 'the Cathedral of the Wolds.'

Minster North Door - our starting point.

1 This walk should begin by touching the fine doors in the north transept of Beverley Minster. Due to the building work, these are currently being used as the entrance. I then suggest walking clockwise around this majestic building to help build an affinity with it for the journey ahead.

You may also be fortunate to see or hear the thrilling peregrine falcons that nest on the south tower. Passing the west front and stunningly carved north porch, head up Highgate into the town centre.

Our route, through and out of town, is very clear and arrow-straight, heading through Wednesday Market, down Toll Gavel and Butcher Row.

Of course most of us know very well the sights on route, all of us will also no doubt take great pleasure in experiencing the town reopening after lockdown.

Walk down the west (left) side of Saturday Market and go straight ahead to pass our other stellar church, St. Mary's. We now pass through splendid North Bar on the west side to access the pelican crossing.

Go up North Bar Without and lovely New Walk. It is best to cross safely over to the east side to enjoy the wide path flanked by fine horse-chestnut trees and a series of beautiful properties.

2 As you reach the cemetery, turn right down the Bleach Yard, bordered with venerable brick walls. Keep straight ahead through a series of alleyways that bring you out on Woodhall Way.

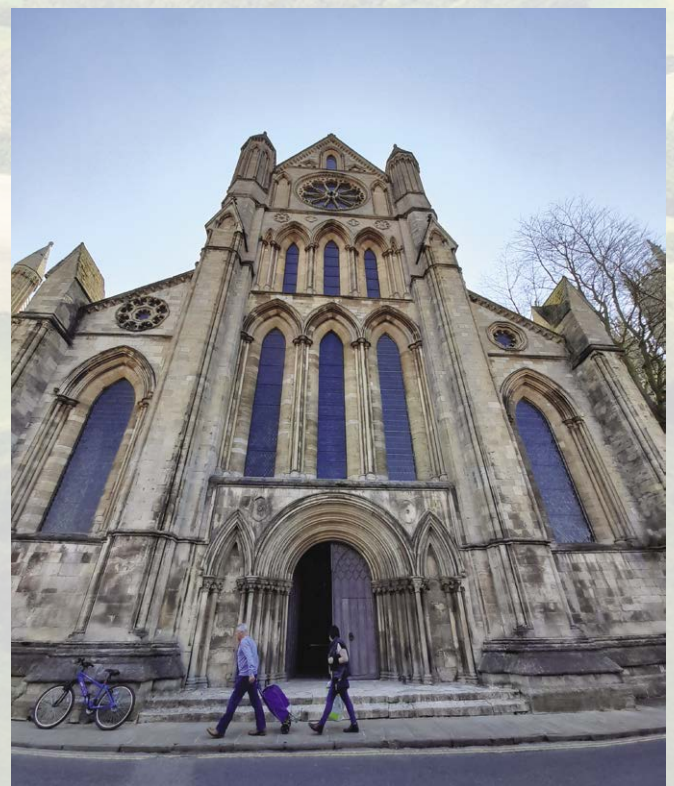
3 Cross with care, then turn left, walk for some 300 yards to Scrubwood Lane, and here you will see the first of the wooden way-marks for the Minster Way.

4 It is a little complicated to get safely out of town, through the housing estate, from here and into the open country. After some 200 yards you will see a way-marked path on your left leading pleasantly through trees to the disused railway.

When you reach the track, go left until you soon reach the road, go right for 100 yards and then turn left at the mini roundabout to reach the busy road of Grange Way.

5 Turn left along the wide path, just before you reach the Hayride pub, and you will see a stile on the right across the road that leads out of town over fields - cross with special care. You can relax now as the Way is signposted and easy to follow for the 3 miles to Arram.

At a junction of lanes, by the dog-walking



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field, you should discover an exceptionally well-preserved Second World War pillbox; it is chastening to think the prospect of German panzers passing along these lanes in 1940 was taken so seriously. After a farm lane at Low Parks, head right to pass alongside the railway line and the Leconfield base, with a growing sense of leaving the traffic and busy town behind.

Here, I met a fox stalking ducks, the first of many wildlife encounters en route.

Pillbox at Carr Road

6 Just before Arram Station, which is one of the least used in the entire country, the Way heads over the line, where you should then turn left through this pleasant hamlet. The route towards Scarborough is especially nice, running alongside a series of becks. The path reaches the lane at the rail crossing.



7 Go left down this very quiet lane into Scarborough, you pass another good WW2 pillbox. The church and beck at Scarborough are a good place to take in the views and have a rest, for you have completed the first 5 miles of the journey.

8 Cross the busy A164 with care and follow the way-marks across a most pleasant mile to the beautiful village of Lockington. The path towards the church alongside Bryan Mills Beck, is very scenic, and the remains of a motte-and-bailey castle can be seen in trees across the stream.

I had the particular pleasure of seeing two deer emerge from a hedge here right in front of me. The church environs are well worth exploring and

you might be lucky and find it open. From the church, head to the centre of the village with its lovely cottages lining the stream.

Lockington

9 Go left along the main street and take the first lane on your right to Kilnwick. Although the route to the next lovely village is on public roads, they are very quiet and a pleasure to walk as the terrain gradually rises as we approach the Wolds.

At the junction, go right a little way, then quickly left to pass alongside the plantation where the lane heads for Kilnwick. This is one of my favourite East Riding villages, incredibly tranquil and surrounded by fine footpaths.

10 Pass the church and on the bend you take the path on your left that crosses fields and a stream on its lovely route over to Cawkeld.

The vigilant should discover a surprising lake through the trees at Cawkeld Sinks, a lovely spot. Follow the way-marks around the wood, along the lane to the signed path on your right.

Cawkeld

11 The route now leads us around the tiny settlement of Bracken, let's hope the new glamping pods at Bracken Burrows are a success.

Clearly marked paths head north west across huge open fields, full of hurtling hares when I passed by, to Oldfield Lane above Bainton - which you follow down into the village. Walk briefly alongside the main roads to reach the pleasant centre on your right, with splendid St. Andrew's



Church. Do enter if open, it has a wonderful medieval atmosphere. So, the first 13 miles are done. You will either need a kind person with a car to take you home, or check the EYMS and Acklams schedules as Bainton does have limited bus services.

Bainton Church

The Minster Way is reasonably well-signed, and once out of Beverley, walkers should find these and my directions sufficient.

I would strongly advise, however, that you carry an up to date OS map and perhaps purchase the fine guide to the route by Ray Wallis, available via The Ramblers' website.

**Ian Richardson,
April 22nd 2021.**



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ASK THE EXPERT WITH WHITE RABBIT CHOCOLATIERS - WHAT'S THE FUSS ABOUT AFTERNOON TEA?

Afternoon tea has been around for a long time, but it seems that over recent years it has gained popularity. What was once an afternoon activity for exclusively aristocracy is now a favoured pastime for foodies and socialites alike.

Nowadays the pressure is on for every venue to create and serve their own version of an Afternoon Tea, which has become a hyper competitive market and even spawned websites dedicated to this fancy day-time treat.

Which leads me to ask, what actually is the fuss about Afternoon Tea? Afternoon Tea is a relatively recent phenomenon, appearing in the mid-19th Century.

So the story goes it was Anna, the Seventh Duchess of Bedford, who had a hard time getting through the long hours between lunch and dinner and began requesting tea, sandwiches and cake to be brought to her room at around 4pm each day.

She started inviting friends and guests who loved this little get-together and this activity moved into the drawing room, and eventually into the routine of all aristocratic ladies.

This privilege would originally, of course, be reserved only for high society as the rest would still be at work, so it makes sense that almost 200 years later, in a world with a bit more free time, this has become a popular activity for anyone with an afternoon

off. Since Afternoon Tea started from such rich settings it has not lost its connection to luxury and decadence, and pomp and ceremony are all part of the authentic Afternoon Tea experience.

It isn't just sandwiches and tea in the afternoon but it is a time to relax and get looked after, to socialise with friends, and something to make you feel like a true aristocrat yourself.

So, although most eateries now offer some kind of Afternoon Tea, to find a really special one still takes some searching.



White Rabbit have just re-designed their Afternoon Tea to try and offer something unique in a now crowded market.

Maintaining the reverence surrounding this experience they make everything fresh from scratch especially for the occasion, using premium and local ingredients where we can, and of course adding our handmade chocolate flourish wherever we can.

They offer this to take-away, or to sit-in once normality returns, so you can have your opportunity to eat like an aristocrat, an experience to transport you away from the here-and-now and into a world of fantasy and tradition.

Ed Hawkes, White Rabbit Chocolatiers.





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NATIONAL DAYS TO CELEBRATE IN MAY

May is a month with a lot to celebrate, whether it's due to the two bank holidays or because the evenings are light and the weather is finally getting warmer, there's a lot to enjoy. What better way to have some extra fun by recognising and celebrating some of May's more unique holidays?

May 4 - Star Wars Day

May the 4th be with you! Is there any wonder May 4 came to be celebrated worldwide as Star Wars Day with a pun like that, it was destiny.



Even if you aren't a Star Wars fan, there's no way you can go all day without hearing those words.

However, while Star Wars Day started as a joke, it has come to represent much more than a film quote. It is a day that brings people together from all corners of the globe, no matter their background, and there is something really special to celebrate about that.

May 9 - Lost Sock Memorial Day

One of life's biggest mysteries and a problem empathised by many; tumble drying pairs of socks but only one returning after the other disappears into the abyss, never to be seen again. Where do all these missing socks go?!



Well, Lost Sock Memorial Day offers the unique chance to think about the final destination of the world's missing socks. Why not show some extra love to your own ever-growing pile of single socks?

May 11 - 16 - Coeliac Awareness Week

Coeliac disease is an autoimmune disorder caused by a reaction to gluten found in wheat, barley and rye, and affects one in 100 people.

However, only 30% of people in the UK who have the condition have been diagnosed, meaning there are nearly half a million people who don't know they have it and are struggling with unexplained symptoms.

Help raise awareness during Coeliac Awareness

Week by connecting with friends and family who may or may not have coeliac disease and share gluten free recipes and experiences.



May 20 - World Bee Day

There are over 200 species of bee that can be found in the UK, would you believe it? Unfortunately, many pollinators such as bees are facing threats, including loss of habitat, so the idea of World Bee Day is to raise awareness of and acknowledge the importance of the role bees play in the ecosystem.

There are many ways you can take action to save the bees, for example, sponsoring a hive or planting a bee garden.

May 31 - National Smile Day

Smiling is an infectious and powerful tool. Isn't it wonderful how one smile from a stranger can lift someone's mood and brighten their day?

If your spirits are high and you feel like spreading happiness, you could celebrate National Smile Day by sharing your smile.

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SHORT STORY BY CLINT WASTLING - WELCOME TO FILEY!



The candy striped beach hut had a large sign outside advertising tarot readings and crystal ball gazing. Inside it was crammed with deep coloured damasks draped over the table and tacked onto the walls.

"Hello, Andrew, you are here for your reading."

"Yes, please. I thought I'd get in before the tourist hordes return. I've always wanted my fortune told but never dared."

The fortune teller gestured for him to sit then warmed her hands before placing them over the crystal ball. She made a few muttering sounds before sitting bolt upright, eyes wide open. She remained like that for some time. "It has returned!" She exclaimed whilst wiping her brow with a lace edged handkerchief. "You'll be famous but not until a couple of years after you die when the truth comes out!"

"What has returned?" asked Andrew

The fortune teller refused to say. "I'd stay away from the Brigg, if I were you," she warned as he reached the door. Andrew shrugged his shoulders. Filey Brigg was a place he loved. If the tide was right he'd walk his bulldog Bernie there most days.

The following morning, after a disturbed night, he got out early despite the foggy dawn. When he reached the sea he heard the plaintive foghorn and saw the lights of returning fishing boats eclipsed by the rising sun. After checking the tide times on his mobile he began his walk along the Brigg, pleased that at this hour he would have the place to himself. A deep guttural bark startled both man and dog. A large seal slipped into the sea, honking noisily, obviously angry at being disturbed. Andrew felt his heart rate calm.

He loved this place; to be able to walk a mile out to sea when it was calm always gave him great satisfaction. Without warning a huge shadow loomed over Andrew, which emerged as a long slender neck, head, baleful eyes and sharp teeth. A sea monster! He hurriedly followed his dog to higher ground. Andrew couldn't believe his eyes; he could hardly breathe but managed to video the strange creature. The last sighting had been reported in the 1930's by a coastguard.

Later that morning, the body of a man was found on the Brigg. Forensic Investigator Ruth Edwards took a deep breath and pulled back the tarpaulin. Her gloved hands unpeeled the victim's fingers to release his mobile phone. She unlocked it then watched Andrew's video. She was captivated by the shape emerging from the mist, it's long neck, small head and sharp teeth quickly turning on its victim, she needed to turn the volume to suppress Andrew's screams. Checking nobody was watching her she copied the evidence to her phone.

Despite the tragedy, Ruth took a moment to admire the Brigg. It all seemed so beautiful: the rust coloured cliffs, blue sky breaking through the mist, the wheeling gulls with their plaintive screech. No wonder it was a popular tourist attraction.

Her thoughts were soon interrupted by her senior officer. "Another one? Time to get the body off here. I trust you have destroyed any evidence?"

Ruth nodded. "It must have been a propeller. He slipped on the Brigg and fell in, a local fishing boat must have... Well it doesn't bear thinking about."

"Quite right!" The chief inspector responded conspiratorially. "Filey has a summer season to consider and after a year of lockdown the last thing they need is a hungry sea monster!"

Clint Wastling is the author of *Tyrants Rex*, a fantasy story (Stairwell Books). His poetry collection, *Layers*, is available from Maytree Press.



POEM BY SUE LOZYSKYJ - FROM THE CHIMNEY



I'm watching that man down there.
he's using the tips of his wings
like claws.

He is balancing his whole meal
on one palm, and grasping
chips from the paper
Then filling his beak with them
over and over again.

Not for him the swoop
and squabble for one scrap
of dirty bread gulped down
before the neighbours snatch it.

I'm on the air, circle him.
his wing sweeps back then flaps up,
a chip leaves his fingers
and arcs to where I will be
when my beak grips it.

Sue Lozynskyj's work explores motives and celebrates connections between people and their environments. A retired Midwife, she's working on her first collection.

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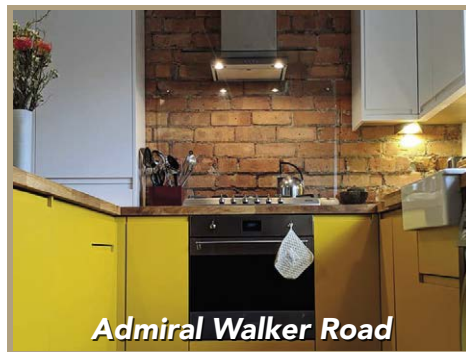
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MAKING THE MOST OF THE MAY BANK HOLIDAYS

May is one of the most loved months of the year, and that's down to the fact it has not one, but two bank holidays. The first, Early May bank holiday, usually takes place on the first Monday in May, and the second is celebrated at the end of the month. This year, those two dates are May 3 and May 31, so how can we make the most of them as Covid restrictions change?

As of April 12, several restrictions across the UK were lifted including the ban on overnight stays. Provided you remain within your household or support bubble, this is now allowed, and now that Covid-19 vaccines are continuously being rolled out, the thought of a summer holiday is looking even more promising.



With Step 3 of the Government's Covid Lockdown Roadmap coming into place from May 17, people in the UK have been told they can 'start to think' about summer holidays by the transport secretary. Now the heat of summer weather is approaching, many seaside towns and countryside areas will be looking to open up. A long weekend trip or even a day trip to the coast or countryside for a spring time break away could be just the quality time you need with your family.

Are your family fans of the outdoors and do they want to embrace being out in nature? Camping or glamping for a long weekend could be the perfect holiday for you. There are many destinations that cater for short getaways of this style with nature reserves, parks, or wildlife trails nearby, and pub gardens to enjoy a drink in afterwards.

Alternatively, staying closer to home might be the break you need, and there are plenty of pubs and restaurants looking to open their doors in and around Beverley, so you don't have to travel far.

Even if there isn't anywhere you want to go or you don't feel comfortable going anywhere during the bank holidays in May, you can always use the time off to look ahead and book something for the summer instead. It will give you and your family something extra nice to look forward to, and is a great way of getting the kids involved and keeping them busy thinking of destinations.



Is your usual schedule busy and always requiring you to be out and about? You may need a different way of enjoying your time such as doing nothing but relaxing at home. Why not binge watch that tv show you've been meaning to watch for months but haven't found the time?

If the last year has taught us anything, it's how important it is to rest and take time for ourselves and keep on top of our mental health, so no matter how you want to spend the bank holidays in May, they are an ideal opportunity to rest and take time away from any routines you have found yourself in due to the Coronavirus.

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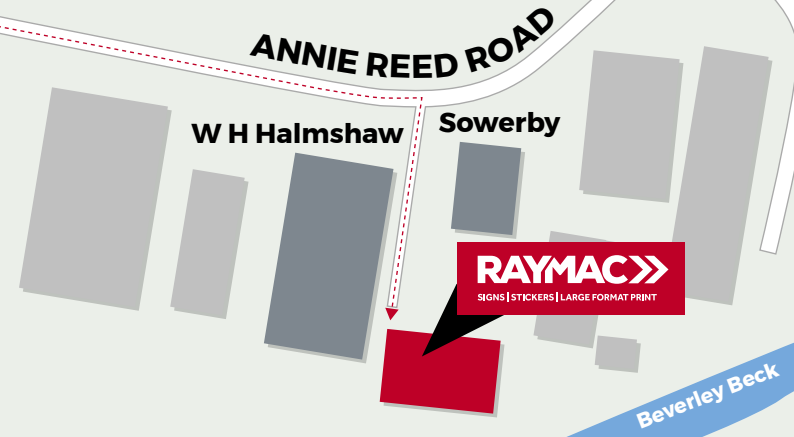
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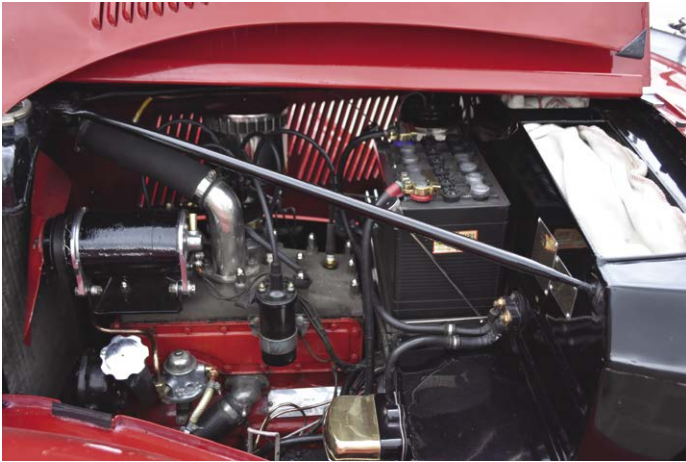
CARFAN - TIP TOP TIPS

As we are coming out of lockdown, here is a list of hints and tips to ensure that vehicles that become cherished are kept in tip-top condition, ready for the first drive out after a long hibernation perhaps.

A lot depends on just how long the car (or bike) is to be kept off the road, especially if it has been SORNed, which is a way of saving road tax by simply keeping it off the public thoroughfare.

To help prevent the brakes locking, if it is possible, leave the handbrake off. Take care with this and only do it if it is safe, and automatic cars left in park will usually remain motionless.

To help prevent a flat battery, a trickle charger is recommended, especially on more modern classics as they tend to have alarms and computers that can easily drain the battery.



If the car is SORNed, try to at least start the engine regularly, let it get up to temperature and if possible, move the car a quarter of a turn of the wheels so that flat spots on the tyres are minimised.

Also, a couple of extra pounds per square inch pressure won't go amiss, but don't forget to adjust back to the correct pressure before venturing out onto the road.

A good wash, dry and a car cover would also be of benefit.



This advice is all well and good but cars are built to be driven, and even in winter in the UK we still get days when the roads are dry and free of salt, so get out there and drive your pride and joy - it will thank you.

Don't forget, should you see Carfan's Aston Martin having a blast up to the Humber Bridge to get its fluids flowing, don't forget that cheery Carfan wave!

BEVERLEY MOTOR WORKS

The last thing you need going into the hotter months is for your air con to fail. Fortunately, if your air conditioning suddenly stops working and functioning as normal, the problem can usually be quickly and easily resolved with an air-con regas.



Air-con regassing is when the old refrigerant gas from your air conditioning system is removed and replaced with a new refrigerant to allow your air con can to run cold again and keep your interior cool.

However, problems with your vehicle's air conditioning system might not be sudden, as naturally without regular maintenance it can become more ineffective over time.



Air con regas should be the first thing you look into if your air-con system isn't blowing as cold as it should or doesn't feel any different to when your air con is turned off. The entire process is straightforward and should take our specialists no longer than an hour to repair, but if the issue is caused by something else we will be able to advise on the next steps. Having an ill-functioning air con system puts extra pressure on your engine, especially when it comes to demisting the windows in the winter.

Avoid using more fuel on your air con by getting it checked out by Beverley Motor Works today. Call **01482 881128** or book online.

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ACTIVITIES

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WALKS

WHERE IN BEVERLEY?

Where in Beverley
 can you find
 this landmark?
 Answer on Page 26.



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2	7	3	?	13
1	9	?	4	16
?	?	8	5	?
4	5	6	?	22
13	?	19	17	?

Answers on Page 26.

Do you have any amusing stories,
 quotes or pictures? Send them to
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QUOTE OF THE MONTH

Springtime reminds us how wonderful
 change can be.

THOUGHT FOR THE MONTH

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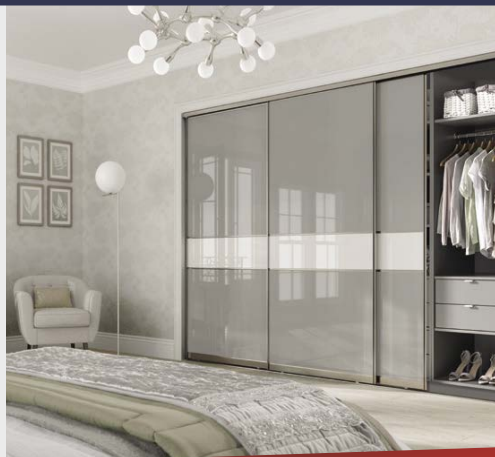
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FOLLOWING
 GOVERNMENT
 GUIDELINES

CYCLING WITH WILSONS WHEELS - FUELING UP

If you are intending to make the most of the lighter nights and get the miles in or ride longer distances at the weekend it is important to get the nutrition right. Fuel Up.

Coming out of lockdown, most people will be lacking the miles on the bike, so it is important to take things easy to start with and build the miles up. This helps both physically and mentally. The routine should start before you even sit on the bike.

Before you leave the house think about what you eat and drink. In the morning try poached eggs on toast, porridge or a rice-based dish or some prefer Pasta. Try to eat your breakfast at least a couple of hours before you start the ride or event then follow up with a high-sugar snack or a banana half hour before you start.



The idea is to ensure that the body has enough stored energy in the system to get you through the first 90 minutes of riding before you start on the energy gels or energy bars.

Typical food to take on a ride are energy gels or bars, bananas, rice cake or flapjacks, whichever suits your digestive system,

everyone is different.

Keeping hydrated is key to a good ride, do not leave it until you feel thirsty, little and often is the sensible suggestion. But what do you drink?

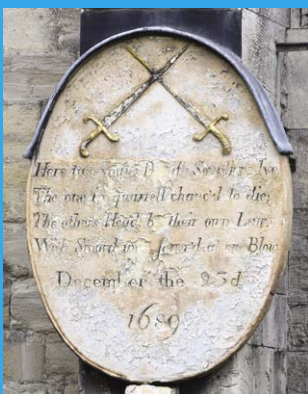
You can get energy drinks or alternatively cordial juice/squash, a pinch of salt and a teaspoon of sugar combined, will contain most of the ingredients found in some energy drinks and is quick and easy.

If you have planned your ride then drink plenty of water the day before this can help reduce cramps.

As we ease out of lockdown, move towards the summer months whatever you choose to eat and drink, always remember to stay well-fueled and hydrated, always be prepared!

WHERE IN BEVERLEY?

This month we are at the South Side of St Mary's Church.



'KNOW YOUR NUMBERS' ANSWER

Missing numbers in yellow

X	X	X	X	10
2	7	3	1	13
1	9	2	4	16
6	3	8	5	22
4	5	6	7	22
13	24	19	17	26

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• • • • •

It's Good to be Open Again!

Meanwhile... Stay Safe!

THE GREEN LIGHT TO TRAVEL

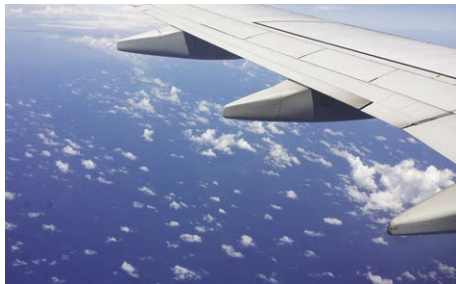
I am cautiously optimistic that finally the opportunity to travel overseas will soon be possible.

It has been so long since I have enjoyed that feeling of butterflies in your tummy when you are at the airport and the holiday is starting.

That wave of intense dry heat as you emerge from the aircraft to your destination, or perhaps a rush of biting cold fresh air when you head to colder climates. Either way it is truly wonderful.

I absolutely love my holidays and the opportunity to explore new destinations, and I am equally passionate about arranging wonderful holidays for my clients. So many people are speculating as to which countries will be on the green list.

We have to wait for the government announcement on this, however reports seem to suggest that it is likely that some Greek islands and some Caribbean islands will be given the go ahead. Early May we are expecting the government to publish a COVID-19 charter detailing consumer rights should a country change colour at short notice.



We are awaiting confirmation regarding the possibility that those of us that have received both doses of the vaccine may not need to quarantine on return from an amber country.

Now more than ever it is so important to understand that to travel abroad you now need to be very aware of the regulations pertaining to the destination you are visiting, and those to follow once back in the UK.

It would be possible for countries to come off a green list while you are away. This is where having the 24/7 support and guidance of a travel professional, such as Travel Counsellors, really comes to the fore.

Last summer we were able to arrange holidays abroad and when the traffic light listings changed we immediately got to work to amend clients' holidays accordingly. When our clients are overseas we have our 24/7 duty office so we always have your back, and you can relax, enjoy your holiday, and if there is anything that would impact your holiday we will be in touch immediately.

So I anticipate a busy summer with some amendments to existing bookings dependent on the "traffic light" lists, and many last minute bookings for those that are not already committed to a holiday and want to choose the holiday once they are clear on the government regulations.

So, with bated breath I wait and look forward to many new adventures this year, and know that as your local independent Travel Counsellor I am only a phone call away.

Amanda McConnell, Travel Counsellors.



SWIMMING LESSONS WITH SPORTSABILITY

Thank you to all our lovely swimmers who have returned to lessons with a passion, and we also welcome all our new swimmers.

A lift in restrictions provided us with a fabulous stream of new enquires and saw a huge increase in lessons we were able to offer.

We have welcomed over 80 new swimmers to the programme, which is just fabulous and such a joy to see everyone enjoying themselves in the water again.

It has been exhausting but absolutely worth it to have lessons running every day now. Being based in a part of the country that is surrounded by water in the shape of rivers, lakes, ponds and drains, it is crucial that we all learn a few basic skills to keep ourselves safe.

Equally, water is an amazing form of relaxation and happiness, whether you are swimming, dipping your toes or enjoying water sports.




We've seen smiles, laughs and pure enjoyment all throughout this week, and we can rest easier knowing we are keeping our swimmers safe - it is so very good to be back.




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As we continue to enjoy the lovely hot weather and more time in the garden, having gone through a harsh winter, now is the time to get the electrical items tested.

Experience tells us that most electrical defects and safety risks can be found by visual examination, but some types of defects can only be found by thorough electrical testing. Early detection is key to ensure safe use through Spring and Summer.



Burton Electrical Solutions provide a full range of domestic, commercial electrical testing services and offer an emergency 24-hour call-out service for when you need a qualified, trustworthy electrician fast.

Services include electrical and testing for landlords, in which

case the landlord certificates need to be maintained.

Contact Burton Electrical on 01964 552769 or visit www.burtonelectricalsolutions.co.uk for more information on electrical testing this summer.

IN THE GARDEN... MAY

Well April has been and gone - on sunny days and out of the (northerly/easterly) wind you could be forgiven for thinking that it was June!

May is the month when we transition from late spring into early summer, greenery still has freshness and the exuberance of summer colour starts to unfold. Wherever you look vibrant colour is appearing, plants at their very best are Rhododendrons; Syringa (Lilacs); Peonies; Wisteria and Spirea to name a few.

By the end of May it will be time to 'change your bedding' - the plants in containers will start to look a bit tired, but don't be in too much of a rush, be prepared to protect them from frost if you are impatient and can't wait until the risk of frost has passed.

Tasks for May are set out below, but once again 'lockdown' has produced a lot of activity in the gardens of my neighbourhood with new fences, garden structures/seating areas and greenhouses constructed. I have even completed everything on my wish list - so all I have to do now is sit back and enjoy my garden.

Tasks for May...

- Be ready to protect plants against sudden frosts.
- Water all new plantings if weather is dry and windy.
- Trim spring-flowering perennials.
- Support soft stemmed or tall perennials - stake them from the early stages of growth.
- Finish pruning spring-flowering shrubs e.g. Forsythia and Kerria
- Tidy up the foliage of spring bulbs and mark where they are in the garden. Divide daffodil bulbs and replant if they are starting to produce less flowers, this is a sign they are becoming crowded.
- Plant up hanging baskets and patio pots with summer bedding, but harden off in a sheltered spot.
- Keep on top of pests and weeds - including slugs.
- Trim hedges and topiary and then feed them.
- Keep sowing vegetables out of doors.
- Continue to sow tender vegetables under cover.
- Check greenhouse ventilation and provide shading if necessary.
- Continue pruning trained plums and cherries.
- Mulch strawberries with straw or mulch mats.
- Cut lawns weekly and blitz lawn weeds.
- Remove duckweed and blanket weed from ponds.
- If you have an established pond divide aquatic plants.

During May I will be planting my runner beans, courgettes, beetroot and I must remember to straw up my strawberries this year.

So until June, enjoy your garden.

Jane Dale of 'Designed Gardens'. Tel: 07983 392 411.



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BEVERLEY & EAST RIDING EARLY MUSIC FESTIVAL '21



There is a new look to this year's Beverley Early Music Festivities. As the phases of easing lockdown unfold the National Centre for Early Music (NCEM) and the Beverley & East Riding Early Music Festival are delighted to bring you not one, but two, musical celebrations from this beautiful town.

Social distancing restrictions and the festival's commitment to accommodating all those who booked for last year's festival mean that currently a limited number of tickets are on sale for 'in person' concerts at the end of May. All the concerts will however be available to enjoy in a specially created digital festival Beverley '21 Online to be shared Saturday 5th & Sunday 6th June.

Beverley & East Riding Early Music Festival LIVE 28th - 30th May



The 2021 Festival celebrates the joy of music making with the people of Beverley. Concerts include:

Friday 28th - 7.30pm Beverley Minster

Stile Antico *Toward the Dawn*
The programme charts a course from twilight to sunrise, seductive and unsettling in

equal measure. Thrill to the spine-tingling sounds of Allegri's beloved *Miserere* and enter into the glorious sound world of Nico Muhly's *Gentle Sleep*, a haunting setting of words by Shakespeare, written especially for the twelve voices of Stile Antico.

Saturday 29th - 1.00pm St Mary's Church

Alva *Angels in the Architecture*
Vivien Ellis, Giles Lewin and Leah Stuttard perform songs and melodies spanning 1,000 years, revealing some of the stories hidden in the stones of the beautiful St Mary's Church.



Saturday 29th - 7.30pm Toll Gavel United Church

La Serenissima with **Tabea Debus** recorder *"The Italian Gang"*
Life-affirming music of 18th-century Venice, including music by Sammartini and Vivaldi.



Sunday 30th - 3.00pm Toll Gavel United Church

Kati Debretzeni violin *Through the Eye of a Lens*
A virtual tour of Europe through the "lens" of a violin performed by one of the world's leading exponents.

Sunday 30th - 6.30pm St John's RC Church, Beverley

Ex Corde *Heaven on Earth*
Reflections based on Thomas More's *Utopia* with vocal music by Robert Fayrfax and Josquin des Prez, plus the premiere of a commission by Christopher Fox inspired by Thomas More's vision.

Saturday & Sunday Beverley Ballad Walks

Also taking place over the weekend are the hugely popular Ballad Walks, led by Vivien Ellis, brimming with songs and stories from the streets.

The tales span 800 years of history and reveal Beverley's sometimes murky past as well as the fascinating tales of some of the inhabitants.

Beverley '21 Online Saturday 5th & Sunday 6th June

To ensure that the festival can be enjoyed by the widest possible audience, all five concerts will be filmed and available online, with an added bonus of many exclusive treats.

Historian David Neave will talk about the Pilgrims of the East Riding who left these shores in 1638 to set out for a new, and better, world in the US; Stile Antico share the music of the period through a specially commissioned film available to all ticket holders; and John Bryan, Emeritus Professor of Music at the University of Huddersfield, introduces the festival from the Rococo splendour of Beverley Guildhall.

There will also be opportunities to visit some of the Beverley's hidden gems in the company of guest curators Fiona Jenkinson and Dr Jennie England.

Further details of Beverley '21 Online will be available from 6 May.



Festival Director Dr Delma Tomlin MBE said: "We are delighted to be returning to Beverley and we've been working hard to ensure that our 2021 festival is available for everyone to enjoy. As well as producing a live festival, for the first time we are delighted to invite you to join our festival online which showcases the majesty of the glorious county town of Beverley.

"Beverley '21 Online is a specially commissioned digital version of the festival filmed around the town and audiences will be able to enjoy all the concerts from the weekend, plus talks and exclusive footage of some of Beverley's magnificent historic buildings. We hope you'll join us for this joyous celebration of wonderful music set against the backdrop of this beautiful Yorkshire town."

For full details, times and ticket prices, visit our website: www.ncem.co.uk/bemf

Tickets are on sale now, due to limited capacity some events may be sold out and we will be operating a waiting list via email boxoffice@ncem.co.uk.
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Kingsize 5' Was ~~£1399~~ **Now £799**

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- Getting vaccinated when it's your turn
- Accessing and undertaking home testing twice per week
- Self-isolating if you or someone in your household has symptoms of COVID-19 and getting tested

**Let's keep going so that together,
we can get back to normal sooner.**

