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ISSUE 74

BEVERLEY

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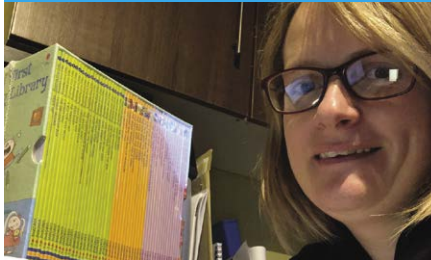
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REMEMBER! If you see examples of anti-social behaviour or other types of low-level crime, do report it to the appropriate authorities. **POLICE - Emergency 999, Non-urgent 101. ANTI-SOCIAL BEHAVIOUR (East Riding of Yorkshire Council) - 01482 393939.**

Magazine available from outlets in Beverley and surrounding areas.



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Printed by: Jadan Press.

LETTER FROM THE EDITORS



I believe the expression is "Spring is in the air". We look forward to the clocks going forward - "Spring Forward" - for the younger people, Spring out of bed (one hour less in bed), so you need to get up and enjoy the day ahead.

We continue with the theme Small Change BIG Impact. The clock moves forward 1 hour, we get to enjoy more daylight, which puts smiles on people's faces and the message that Summer is on the way.

Let's continue to pull together, support each other and follow the guidelines.

Stay Safe and have a good month.
Julian.



The nights are getting lighter by the day and Spring is on its way... what's not to love about March? This month, we're all about encouraging mindfulness and making the most of the outdoors.

As I've grown older, I've come to love being outside. So much so that I can overlook my fear of certain bugs and creepy crawlies - or just tactically avoid them!

I love when the sun breaks through the clouds, I love when grass is dry enough to lay on but doesn't leave bright green stains on my clothes, and I love when trees start to fill with beautiful pink cherry blossoms. What little things do you love about the outdoors?

As we enter into March 2021, it becomes a milestone and a big chance to reflect. Soon we will reach one full year since the country first went into a national lockdown, and the moment feels very cyclical.

While so much has happened, Covid vaccinations are just around the corner and we should all continue to look ahead as we take one step closer to normality together. As always, stay safe.
Olivia.



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FINDING OPPORTUNITY IN ADVERSITY

As we begin to see the green shoots of spring it fills me with optimism for the future, after a very challenging year for the travel industry.

As I reflect on the challenges of the last 11 months I am proud of the level of service and support I have offered my customers. This started with emergency repatriations of clients across the globe as countries closed their borders, and overseas entry requirements changing whilst people were on route to their destination.

Following this was a myriad of amendments and rebooks as lockdowns started and finished, and travel corridors and entry requirements changed, and this situation continues to this day and beyond. What has been a constant, however, is the importance of providing personal service for my customers in Beverley and beyond, and the



fact that every client has been looked after and every booking fully financially protected. Despite ongoing travel restrictions, the pandemic has given me the opportunity to develop my business to include the UK domestic market, and I've seen a significant increase in staycation enquiries over the last few weeks, with customers telling me they're craving something to look forward to and the chance to spend quality time with family and friends again.

Whilst I have 30 years experience in the travel industry, there is always the opportunity to learn something new, and whilst departures were down I was able to use some of my time to develop my product knowledge. Like many other businesses during the pandemic, I have been able to source new customers through existing clients that have spoken of how well they've been looked after during this time. It is wonderful to see a gradual increase in new bookings for overseas travel for the latter part of 2021, and for 2022. Certain cruise lines are on sale for 2023 too.

It seems likely that with many clients amending their bookings from 2021 to 2022, that next year will see a huge demand for overseas holidays, so planning ahead is advisable. The majority of our suppliers now offer more flexible conditions so



that customers are able to amend without penalty, which is so important and reassuring whilst the future is uncertain. So rather than focus on what's gone before, I choose to focus on the positives, and as each new day dawns I know my customers are one step closer to their dream holiday, wherever and whenever that may be, and I will be with them every step of the way.

Amanda McConnell, Travel Counsellors.

CHOOSE TO CHALLENGE: INTERNATIONAL WOMEN'S DAY

International Women's Day (IWD) is an important date in the calendar around the world as it celebrates the social, economic, cultural and political achievements of women.

Every year, countries all over the world enjoy specific activities that celebrate women's achievements, rally for women's equality, and encourage communities to commit to taking action against gender bias and work towards greater inclusion. The way IWD has been celebrated might have grown and developed since it was first recognised in the early 1900s, but it remains to be one of the most important days on the calendar.



The day itself has been documented and celebrated for over a century, but the first record of International Women's Day being honoured was at Copenhagen in Denmark in 1911. During a time of great turbulence and expansion in the industrial revolution, more than one million people attended IWD rallies campaigning for women's rights to work, vote, be trained, to hold public office and end discrimination.

IWD is an important day for many charities, with entire communities holding fundraising events to raise awareness of women's struggles that are still ongoing in this day and age. The theme of this year's campaign is #ChooseToChallenge. The campaign is putting focus on us as individuals, and how everyone has their own responsibility over our daily thoughts and actions, but in order to create an alert and challenged world that moves forward together, we must exercise the very power to challenge, and call out gender bias and inequality.

This way we are collectively choosing to celebrate women's achievements and create an inclusive world. While there has been progress in education and representation regarding gender equality, the movement is still necessary today. According to the World Economic Forum, sadly none of us will see gender parity in our lifetimes, and nor likely will many of our children. In fact, it is said gender parity will not be attained for almost a century.

So do you choose to challenge? Join in the movement, show your support and solidarity, and enter the online conversation by posting to your social media a photo raising your hand high to show that you commit to choose to challenge and call out inequality.

LIVING WITH DEMENTIA

Want to find out more about your diagnosis of dementia?

A free dementia course FOR people recently diagnosed with dementia created and delivered BY people living with dementia in the East Riding. It will give you the opportunity to:

- 1) Find out more about my dementia.
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 - 4) Find out what and who is out there for me in East Riding.
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Course Dates:

Thursday 18th March, Thursday 25th March, Thursday 1st April, Thursday 8th April, Thursday 15th April, Thursday 22nd April, Thursday 29th April.

Course Times:

10.30am every Thursday morning. All sessions will be via Zoom and last about 1 hour and 15 minutes. We can provide support to help you get connected. To enrol, simply contact Damian, email: damian@myid.org.uk, tel: 07927 405 854 or Melissa, email: melissadalby@nhs.net



The Wildlife Photographer of the Year exhibition at Sewerby Hall and Gardens has been postponed until 2022.



WORLD BOOK DAY, THURSDAY 4TH MARCH

Every year, schools nationwide celebrate books and encourage reading for fun by celebrating World Book Day, and even with Covid-19, this year is no different. This year, World Book Day is on March 4 - don't forget to (book)mark it in your calendars!

This year, the charity has a brand new and exclusive £1 book line-up, which includes books from Tom Fletcher & Greg Abbott, Julia Donaldson & Lydia Monks, Joseph Coelho & Fiona Lumbers, Zaniib Mian & Nasaya Mafaridik and many more.

World Book Day can still be celebrated at home this year, so encourage your children to get creative and dress up in their favourite costumes.

Are you trying to encourage your children to take a break from their consoles and games? When lockdown ends, why not rekindle their love of reading yet again and take them to discover a new bookshop to support a local business. You could even take them to your local library.

Parents with children at home will experience a different World Book Day this year. The first World Book Day event was held in 1997 and it has gone from strength to strength. Traditionally children would dress up as their favourite character from a story and go to school, have fun with friends and attend various events throughout the day.

This year it is going to be more challenging. Sally-Ann Rena, a local Usborne Organiser, wants the day to be about fun, reading and some amazing free events. Usborne is in its 40th year providing amazing children's books to parents and children all over the world. Sally-Ann joined Usborne in June after her business closed at the start of the

Pandemic. Not being one to sit still and having young children herself, Usborne has been the lifeline that Sally-Ann needed after the business she loved for 12 years closed its doors for good.

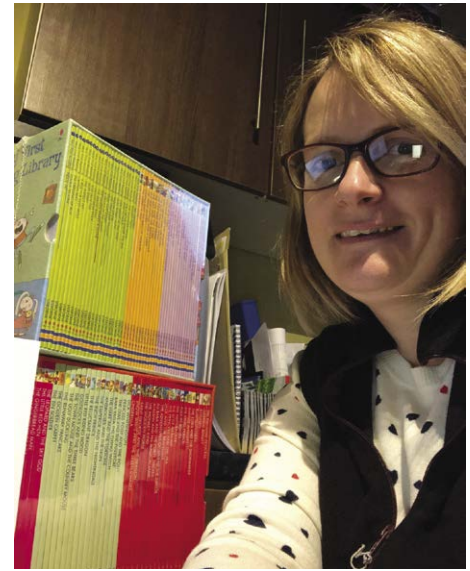
Taking the opportunity to open a new Cafe at Ings Lane Garden Centre in July, which has now had to close temporarily with the recent Lockdowns, put a lot more emphasis on the importance of the books. As a business and as a release for children's education and creative minds.

Sally-Ann says, "The books just amaze me every day with their quality and vast range of subjects they cover along with a fantastic range of fiction for ages 5 to Adults - I have just finished reading the Usborne title "Pieces of Ourselves" by Maggie Harcourt. The books speak for themselves and over the months I have been promoting them, every customer has come back for more".

Sally-Ann has a website where you can access a wonderful array of books to purchase online and delivered directly to your door. Alternatively delivered locally for free if you order directly by emailing Sally-Ann or via her Facebook page.

The Facebook page and group Sally-Ann runs has competitions, auctions, events and also weekly offers and discounts. The website is home to a huge amount of FREE learning and resources for parents and teachers and World Book Day is no exception with a dedicated page to the event it has authors and activities you can enjoy throughout the day .

All of the content, activities, play and learn resources and teacher resources are absolutely free. If you have any World Book Day tokens Sally-



Ann will accept them if you order directly with her. With the knowledge she has gained over the last 6 months, she is now helping other organisers inviting them to join her team and sell these wonderful books.

https://usborne.com/gb/organiser/sallyanns_books

Digital Catalogue:
https://issuu.com/usbornebooksathome/docs/issuu_usbah_online_catalogue_2021_usborne?ff

Facebook: **Sallyanns_books**
Tel: **07855 830685**
Email: sallyannrena@gmail.com

Visit www.worldbookday.com on March 4 and share a story.

WORLD WILDLIFE DAY

Celebrated every year on March 3rd, World Wildlife Day aims to highlight the issue of wildlife conservation by celebrating the huge diversity of wildlife we have today, and there are many ways you can honour Wildlife Day regardless of where you are.

World Wildlife Day itself is usually observed by many people, groups and authorities who find creative and encouraging ways to spread their passion of and be in support of animals, plants and forestry across the world.

It was proclaimed as an international day by the United Nations General Assembly in 2013 to raise awareness of the world's wild fauna and flora.

This year, global celebrations have turned virtual with a Wildlife Day Film Showcase to raise awareness of humanity's essential relationship with forests.

It will help illustrate this year's theme "Forests and livelihoods: sustaining people and planet". You can celebrate the wonder of nature on World Wildlife

Day in your own way at home this year, even if it is simply by taking an active interest in World Wildlife Day's events and teaching your children about how they can support wildlife species.

Turn the learning into a game, create a fun quiz or take them on an outdoor adventure where they can learn about some of the wildlife species local to them, their livelihoods and the threats they face.

Use your voice on social media by joining in with the hashtags for this year's celebration of World Wildlife Day. Have a look at the posts on the **#WorldWildlifeDay** and **#WWD2021** hashtags and share a photo of how your family is celebrating.

You can also make plans for life after the pandemic by looking at zoos to visit, taking a walk in a local park encouraging your children to be



mindful of the wildlife species living there, visit a botanical garden, take part in an effort to clean your local beach, or plan a family day out to The Deep aquarium. Just make sure to have fun and encourage wildlife protection and conservation.

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ASK THE EXPERT WITH WHITE RABBIT CHOCOLATIERS- WHAT MAKES AN EASTER EGG SPECIAL?

Eggs are a pre-historic symbol of life & rebirth dating back 60,000 years with the discovery of decorated Ostrich eggs in Africa, making the traditions behind Easter some of the oldest we still observe.

From Ancient Egypt to Judaism to Christianity, through the middle-ages and into modern day celebrations, Easter is steeped in history, but today with our cheap chocolate and mass-produced eggs it is at risk of becoming bland and generic and perhaps the least festive holiday on the Calendar. So I ask, why should we care about Easter, and what makes an Easter Egg special?

Easter is a true blend of traditions, for Christians based around the egg as a symbol of both the egg-shaped stone that was rolled away from the entrance of Jesus' tomb, and the re-birth itself, but beyond that it is a celebration of Spring, after the cold winter, that everyone can enjoy. Eggs began their tenure as the symbol of life in ancient history; in the early cultures of Mesopotamia and Crete, as well as Egyptian and Sumerian culture, decorated Ostrich eggs were commonly placed in graves.

It is believed the mixing of cultures through time spread this tradition far and wide, with white eggs being part of the Jewish Passover tradition, and Christianity spreading it through Greece and even into Russia, the birthplace of the fantastically decorated Fabergé eggs. It seems that the egg has



always been a muse for humanity, making birth, death and rebirth a common theme throughout history.

For Christians, the Easter egg holds a special status beyond that of other cultures as it marks the end of lent; a fast for 40 days

and nights that comes from Jesus's temptation by the devil in the desert. Although a true fast may have once been observed, it is common for us to abstain from a guilty pleasure for the duration of lent, the idea being this abstinence brings us

closer to God and Jesus' trials. The use of an egg as a gift may have come from the middle ages when eggs were prohibited over the lent period, so it was common for children to go door-to-door begging for eggs before the fast began. As chocolate became



more commonplace and cheaper for the average citizen to afford, it cemented its status as an affordable luxury and so this became a popular choice for abstinence over lent.

As anyone addicted to the brown stuff knows, putting down a chocolate bar can be particularly difficult, so after 40 days and 40 nights without this irresistible treat a giant chocolate egg is just what we need! This egg symbolises so much; often decorated or foiled it borrows from the egg decorating traditions of ancient history, it is a direct metaphor for the stone at Jesus' tomb, the obvious inspiration of chickens and birds as they couple in the spring, but importantly it is end of lent and a time to reflect on hardship and indulge in the special things in life again.

Nowadays chocolate eggs are mainly made in factories, stacked high and sold cheap by the biggest supermarkets and smallest petrol stations alike, so one could argue that the magic of abstinence, and finally cracking into something special, is fading away. Easter is now often dubbed one of the most commercialised holidays and its significance mainly lost, so how can we bring back some of that old magic and tradition?



In 2021, with the world in the state that it is, I think we have all given up enough, for too long. In many ways we have been living in a prolonged lent that started in lock down and ends who-knows-when. This spring, with the promise of an easing of restrictions, Easter may come

to symbolise a new re-birth, the re-birth of our society and back to an old normal. So in my opinion we should rekindle some festivities and celebrate by doing something truly special this Easter.

This year, more than ever, don't go for a factory made egg, one that you can pick up for £3 whilst convenient, but something handmade that can come to symbolise our re-birth at this time as we near the end of lockdown. Something wonderfully thoughtful and decorated or packaged to make a special treat that makes the received stop and reflect for a second on the trials and rewards of life.

Up and down the country, chocolatiers are hand-mixing, pouring, spinning and layering chocolate eggs using sustainable and ethical chocolate to deliver an inspiring treat that really encapsulates what this ancient tradition is all about. We are fighting against the flatness the mass-produced market has created, and fighting to uphold the traditions and significance of the holidays we partake in, to keep Easter a unique date in the year.

White Rabbit will be making a range of Easter egg boxes, each handmade and boxed to make a delightful treat for each member of the family, as will chocolate artists up and down the country. Let's celebrate our hard workers and hand-makers and continue to add to the symbology of the ancient egg as we observe this incredibly old, but uniquely beautiful, holiday.

Ed Hawkes, White Rabbit Chocolatiers.



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ONE STEP CLOSER TO NORMALITY - POSITIVE EXPERIENCES FROM BEVERLEY RACECOURSE'S COVID-19 VACCINE ROLLOUT



Having opened as a Covid-19 vaccination centre in January, Beverley Racecourse is being praised for its effective and efficient delivery of the vaccine rollout.

Opened to residents in the Beverley and Market Weighton catchment area on January 6, the town has seen communities come together to help the most vulnerable and those most at risk of Covid-19 complications get their injections.

It brings those local to the Beverley area one step closer to returning back to normality, and means we can start looking to the future beyond Covid-19.

Following a successful trial run after accommodating a quick turnaround at the facility, to having a fully operational vaccination centre and the official vaccination rollout beginning, the racecourse is being praised by residents for the effective manner in which it has been delivering the vaccinations.

Its efficient procedure means thousands of people are being protected within the local community,

Many residents have been in touch with the racecourse to report their positive experience in receiving the Covid-19 vaccine, including Colin Stamford of Beverley, who was delighted to get the call last month for the first of his Covid jabs.

He said: "I went off to Beverley racecourse early morning not quite knowing what to expect, but the whole process was very well organised, from driving into the car park and being directed to the relevant entrance".

From there, he says he was instructed to go to the main vaccination building where he was greeted at the desk and was asked for his details.

Colin was then given an information leaflet and vaccination card before being directed to one of the cubicles.

Colin said: "After a few medical questions the nurse gave me the first of my injections, all painlessly done and with a smile! The whole process had taken only 20 mins.

"All staff at the centre were helpful, kind and caring, and I felt very fortunate that I had been given the vaccine. I look forward to the next one, for which I already have an



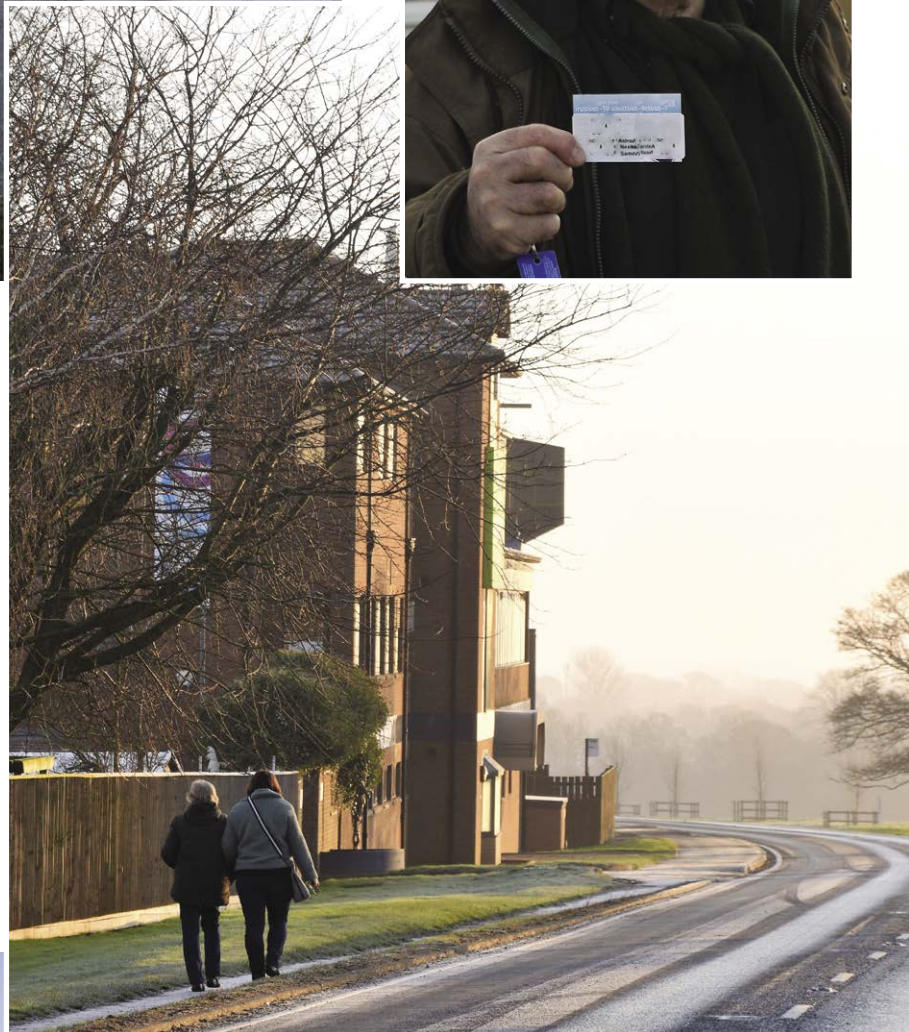
appointment. I would like to thank everyone for what they have done”.

Initially the racecourse was anticipated to be operational as a vaccination centre for around 12 weeks, but from the speedy transformation and efficient delivery of the vaccinations to residents, the duration could be extended depending on how the vaccination rollout continues.

The racecourse vaccination process is being operated directly by the NHS, and you will be notified by the NHS when it is time for you to get your vaccination.

Residents in Beverley and Market Weighton are being prioritised according to medical information, so please do not contact your local surgery to enquire about your vaccination. The surgery is unlikely to have any information.

Until you get your vaccination date, ensure you keep to the guidelines to protect the NHS and save lives.



AN 'ODE' - ARLINE TO COVID 19



I really am so fed up
now, to you Covid, I
take a bow, you are so clever at what you do,

my hat, I take it off to you, but even though
you are so tough, we're all tired now, and had
enough,

time for change, you've had your day, pack your
bags, be on your way, we want you gone, do not
return, before we all, crash and burn,

we mustn't lose hope, but learn to cope, will the
vaccine do the trick, let's hope so, and make it
quick! And as all fears, slowly depart mending
and healing, then can start!!!

Arline Croft.



I'VE BEEN THINKING... SAYS COLIN RAYNOR

As I write this in February with the rain pouring down I am aware that you will read it in early March when, with just a few more weeks to go it will officially be summer time.

Yes, I know, I can hear a little maternal voice in my head telling me "it's wrong to wish your time away".

This reminds me of some verses that many will know that begin 'there is a time for everything and a season for every activity under the heavens'. These words are from the book of Ecclesiastes in the Old Testament, but there are many others variations on the same theme.

I thought about the words 'a time for everything...' recently when I was reading about the life of the Lutheran pastor Dietrich Bonhoeffer.

Born in Poland in 1906, he spent the last years of his life in a German concentration camp after many years of being part of the resistance to Nazi Germany whilst, at the same time, appearing to work for the Third Reich.

In March 1940, when Bonhoeffer was the Principal of a Protestant seminary, he went with a student to a café in Prussia. Whilst

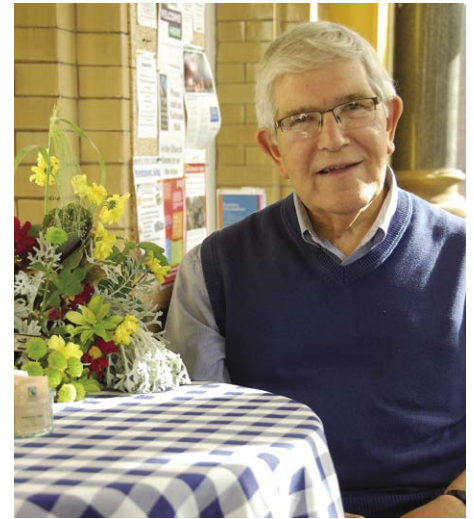
they were sitting in the garden of the café news came over the radio that Paris had fallen. At this point all the German officers in the café stood up, raised their right arms in the Nazi salute and started singing the German national anthem.

Knowing the way Bonhoeffer felt strongly against the Germans, and their obvious intention to dominate the whole of Europe, the student was astonished see Bonhoeffer stand up and also raise his arm in the Nazi salute and join in the singing. Bonhoeffer whispered to the student "Put up your arm. This salute isn't worth dying for right now".

However, Dietrich Bonhoeffer did die, five years later, at the age of 41 when he was executed by the Germans in a concentration camp where he had been taken after being part of a plot to assassinate Hitler.

He probably knew five years earlier, in that very café, how his life would end, but he also knew he had much to do before that time came.

In truth, he became heavily involved in the resistance movement and many think of him as one of the great Christian martyrs of the 20th century. His writings concerning the role of Christians in the secular world are still widely read.



As this year rolls on and we strive to resume our lives back to some sense of normality, there will be many folks who reflect on the past year and wonder how on earth they can pick up the pieces with so many challenges facing them.

I do not make a comparison between such personal overwhelming problems and what Bonhoeffer knew what was in front of him, save in one respect.

Choose to deal with the one thing in your life that you know will give you the best chance to go on and make you confident of dealing with the rest of the problems, and take your time.



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BEHIND THE SCENES AT BROOK TAVERNER

Despite approaching the one-year mark since the country was first plunged into Lockdown, things behind the scenes at Brook Taverner haven't altered too drastically. Of course, Lee and the team at 35 Toll Gavel are desperate to return to their beloved store and welcome back much-missed familiar faces... as soon as this is possible in a way that is deemed safe, we can't imagine him ever leaving again!

As a company, we are fortunate to be breaking the trends of retail. The past two years has seen the number of Brook Taverner stores more than double its numbers - in fact, since our Beverley opening became our first store in England, adding to our three Scottish locations in June 2019, we have since welcomed customers to our brand-new stores in Northallerton, Cirencester, and most recently Stamford.

The plan isn't to stop there. As restrictions lift you can expect to hear news of new store openings across the country as we reiterate our commitment to the high street. We are adamant that in the right location, with the right people involved, there is plenty of life in the high street



just yet - as has been proven a thousand times over by the wonderful people of Beverley.

In some ways, we are operating in the reverse order to many retailers in the current climate. Our mail order business (found at brooktaverner.co.uk) has been operating for over 15 years meaning that we haven't had the need to suddenly upheave our business online as lockdown struck - we were already there. Instead, our time was focused on improving what we already had, as well as putting together a plan for our stores post-lockdown, and creating our own 'roadmap for the future'.



We have also been deep in the process of putting together future collections... there's no rest for the wicked! In truth, this is the reason that behind the scenes, things haven't changed all too drastically. An unknown fact about retail is the long lead times in which it takes for collections to go from concept to reality.

It may be hard for many to believe, but our buying team first sat down together in May 2019 to start putting together colour palates, designs, fabrics and styles in preparation for our recently-launched



Spring 2021 collection. The process starts off with colours. Looking at trends at the time and predicting where these trends will end up in the future.

As we're sure you can appreciate, deciding what will be deemed stylish 18 months ahead of time is a somewhat difficult challenge. These colour palates then extend into patterns and designs with a particular focus on marrying concepts together across particular ranges. It is no coincidence that our casual shirts feature dashes of our knitwear colourways... all categories are held together through core concepts.

Of course, many questions remain unanswered and are very much at the forefront of our minds - not least the primary query of when we can welcome customers back to our stores once again.

Whilst we can't wait to throw our doors open once again, for the meantime our complete range can be found online. With the cold snap finally moving further eastward, there feels to be a spring-feel in the air and with it, some optimism that maybe we can have a somewhat 'normal' spring - so here's hoping we can buy with optimism!

www.brooktaverner.co.uk



BROOK TAVERNER

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DAYS TO CELEBRATE IN MARCH

March is the month that paves the transition of winter into spring, but it's not only the lighter nights we have to look forward to.

March is the month of Mother's Day, St Patricks Day, and International Women's Day, all events that would, in normal circumstances, be celebrated far and wide around the globe, however, this year the ways we celebrate these days will have to change.

Here are some ideas of how you can make them days to remember:



Mother's Day - Sunday 14th March:

One thing Covid-19 has taught us is to enjoy the little things, for the little moments are so precious. So in the age of social media communication and new life of video calls throughout the pandemic, why not write your mum a letter or leave a special note to add that personal touch to your Mother's Day wishes? It will be something she cherishes for years to come, and in the future will make for a reminder of the time we got through that pandemic!

You can also order your mum's favourite flowers online and have them delivered with chocolates and a note. If you live with your mum, you could also take on chore duties for the day so she can rest and put her feet up, or if you are the mum, you could insist on a chore-less day for yourself and relax.

St Patrick's Day - Wednesday 17th March:

If you're used to going out to parties or parades to celebrate St Paddy's Day, this year will yet again be shaping up differently, so why not rally the troops and throw a virtual party instead?

To make things fun or distinctive than your usual video calls, you could insist the party has a dress code such as the colours in the Irish flag. It will certainly be memorable but will ensure that you can still celebrate St Patrick's Day from the comfort of your home.



International Women's Day - Monday 8th March:

Every year since it was originally founded in 1911, International Women's Day has celebrated the social, economic, cultural and political achievements of women. It is usually celebrated around the world with marches, fundraisers and campaigns, and while mass marching might not be an option this year, there's nothing stopping you organising a virtual event with your friends.

Gather with some of the women in your life over brunch, and why not open the discussion up to issues that affect you as women. You can still play your part if you don't identify as a woman - tell the women in your life how much you appreciate them and make an effort to learn about the struggles women experience.

ERT GETS AN ELWELL AND NEW POSTERS

East Riding Theatre have just installed a reproduction of an Elwell painting on their wall.

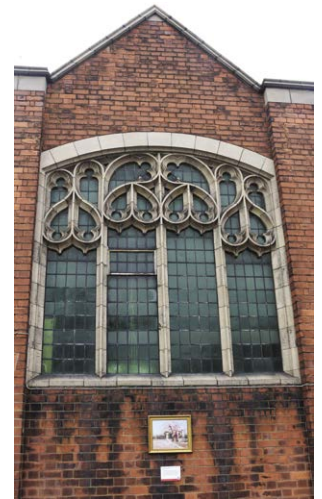
ERT are proud to announce they now have an Elwell on their wall.

So the next time you walk down Lord Roberts road, pop around the side of the theatre to see a reproduction of Beverley-born artist Frederick Elwell's 1907 painting titled Orchard.

As you can see from the image, the painting is more impressionistic than Elwell's other paintings on display in Beverley. ERT are delighted and absolutely love it!

ERT cannot thank Beverley Civic Society and Mr. and Mrs. R.D. O'Callaghan enough for kindly organising and sponsoring its installation.

On your walk around Beverley, exercise and education combine, take a look at the new installation.



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ONE STOP FILLING THE GAP

Since One Stop convenience store opened at Beverley's Flemingate centre, located next to the Premier Inn hotel, the shop has been a big hit with the local community.



Selling groceries, toiletries and other daily essentials, they provide a valuable service and fill a gap that has been needed by the local community.

The store, which is open seven days a week has been a boost, creating 10 much-needed local jobs and gives reassurance to the local community with the closing of the Co-op convenience store in nearby Hull Road, Beverley, due to close in April.



WINNING POEMS IN EAST RIDING FESTIVAL OF WORDS POETRY COMPETITION PUBLISHED ONLINE

The winning entries in the East Riding Festival of Words Poetry Competition 2020 have now been published online. They can be read on the Festival's website at www.festivalofwords.co.uk

The winning entries in each category of the competition are shown on the website and reflect the high standard of the entries received, and the range of the poetry submitted in the various age groups.



The theme of the competition was 'My Companion, My Best Friend'. Entries were judged by a panel consisting of Matthew Hedley Stoppard and Wendy Pratt, and James Booth of the Philip Larkin Society, and led by James Nash, local writer and poet, who shares his time between Leeds and Bridlington.

Poems were submitted anonymously, so that each was judged purely on its merits.

Prizes on offer for the winning entries included the £500 CollectionHQ prize (CollectionHQ are the leading collection performance improvement solution for public libraries); the £250 Philip Larkin Society Prize (the Society was founded in 1995 to spread appreciation of his work, and to promote poetry); and the East Riding Gold Prize of £200 and the East Riding Silver Prize of £150.

EAST RIDING COLLEGE STUDENTS CELEBRATE GCSE SUCCESS

Amidst the third lockdown, over 100 East Riding College students celebrated success in their English and Maths exams.

The results were released for exams sat in November, the first opportunity to take GCSE examinations after all exams were cancelled in the summer of 2020.

Amy Goodall, aged 18 from Beverley, re-sat her GCSE English to gain a better grade and give her more options when she leaves College. She achieved a grade 5. Amy said, "I wasn't very confident, English was my worst subject and I hated it. As I progressed with my learning

and with the support from the tutor I realised I could achieve my goal. I was delighted to get a grade 5. I am now considering university or looking for employment and having achieved the qualification, more options are now open to me".

Janet Simpson from Brandesburton took her GCSE English to boost her self-esteem, after leaving school at 14.

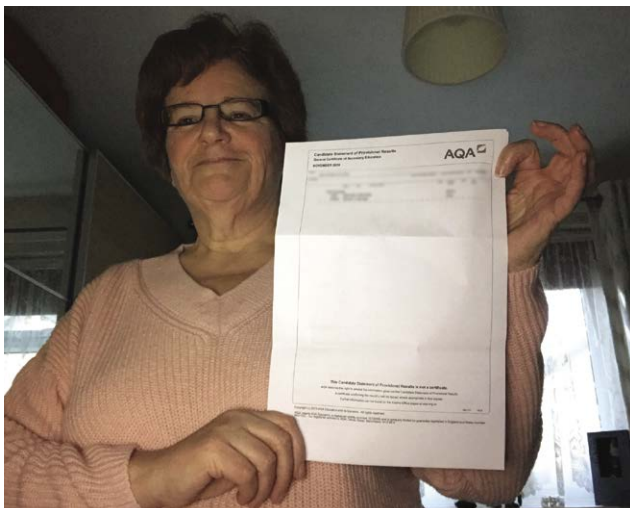
She said, "My tutor was so brilliant, she gave me full support and I was sad to not be in her class once I had passed the GCSE English. I was not nervous at all, I was so looking forward to the challenge and just did my best. I never imagined I would pass aged 58, but I did it. I was shocked when I was told and wanted to cry! I was so happy and could not wait to tell my family. I am loving taking on the challenges of other subjects, including GCSE Maths".

Head of Higher Education, English and Maths at East Riding College Teresa George said, "Our students worked hard to prepare for their exams and our English and Maths team who have continued to deliver excellent



teaching, learning and assessment throughout this challenging time are very proud of their results. For some students, this is a very satisfying end of a long journey.

"I am proud of every one of our learners, who work hard to get the results they want in their English and Maths GCSEs, often alongside their main programmes of study".



PREPARE TO PUT A SPRING IN YOUR STEP

The combination of initially very wet, then latterly very cold weather and with lockdown restrictions, has made this winter seem endless.

Spring is approaching though, as I write, in mid- February, the mercury is approaching double figures! So more of us will be planning to take more walks, perhaps ever-longer ones in more distant locations, as the pandemic eases.

So here are a few pointers on how best to get out and about on foot this spring; what you might purchase now to enhance the pleasures and how to plan interesting routes around Beverley, the East Riding and even into the wilder landscapes of North Yorkshire.

After so much rain and snow, all our wonderful common pastures are likely to remain sodden for weeks, so good footwear is essential. To explore the fabulous flood plain of Swine Moor, teeming with birds, Wellingtons are essential.

The same is true of the fabulous Westwood woodlands, near town at Newbegin Pits and at the western extremity in fantastic and wild,



Water everywhere - Swine Moor.

Burton Bushes. Mud is a constant companion, so at the very least you need sturdy walking boots. A trek pole also gives extra purchase on muddy ground.

To venture further afield good maps are essential and they do not come better than OS

ones. A paper or digital copy of OS Explorer 293 (Kingston upon Hull and Beverley) is an essential purchase if you want to really discover local paths and plan your own routes.

I also warmly endorse the OS online map subscription service at ordnancesurvey.co.uk. I recently signed up, it is fantastic value and covers the whole of the UK in great detail.

Mention should also be made of the excellent free service of routes available on the free to access ERYC site walkingtheriding.eastriding.gov.uk.

A smart phone will access these and be a great way of capturing good quality photos, I now rarely feel the need to take a separate camera.

Binoculars are of course a wonderful window into watching wildlife.

Let me conclude on an optimistic note and assume that soon we will be able to strike out for walks on the Moors, in the Dales, or along our spectacular coast.

If you follow the above advice, you will be ready for any amount of walking adventures across God's Own Country in the months to come.

Ian Richardson.



The Dales - hopefully await us.

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GETTING AROUND BEVERLEY: LET THE OUTDOORS ENHANCE YOUR HEALTH AND WELLBEING THIS SPRING

It is safe to say it has been quite the year - from lockdown to lockdown to lockdown, it is important that everyone takes control of their health and wellbeing as we enter into a new season with lighter nights. As the weather starts to get warmer, there is no better time to embrace the outdoors.

There are plenty of ways you can stay safe while getting fresh air and enjoying the outdoors this spring, including staying local to Beverley as you make the most of what the area has to offer.



Nature Walks - With spring on the way, there is no better time to get out in the fresh air and take in all the beauty and nature walks Beverley has to offer. Recently, the Elwell trail around historic Beverley has been extended, so now is the

perfect time to continue setting any fitness and wellbeing goals you have, setting more achievable targets as we move towards the spring and summer.

It is worth exploring that area when you have plenty of time to enjoy the scenery without a rush, but there are alternate walking options if your time outdoors is limited, such as the Beverley Beck. This will take you on a gentle stroll along the banks of Beverley's historic waterway. Or there's the Westwood, which has everything you and the family could need. Quite literally.

On one side there is the new Covid Vaccination Centre and on the other side there is acres of land to wander through, where



you can practice mindfulness and embrace the fresh air with beautiful views. Even walking for just 10 minutes every day will get your heart pumping, improve your mood and lower the risk of serious health conditions. This in effect lowers the risks associated with Covid-19, as health conditions such as type 2 diabetes and heart disease are at high risk of complications.

Enjoy the Market Town - Cobble streets, a quaint high street and a town centre rich in charming history, Beverley Market Town has

a lot to offer during life post-lockdown. There are benefits for everyone who lives locally, as Beverley Market is currently operating as a food only market every Saturday until lockdown ends, and encourages a different kind of experience to the high street. It is also a great way to support local traders and other local businesses during the pandemic.

With an adapted market layout designed to observe social distancing, the market is a great opportunity to go outdoors, enjoy the fresh air as you have a look around, and engage with how friendly the locals are. If anything, it serves as a great reminder of people coming together to boost community spirit. Beverley Market is only a short distance away from Beverley Minster and is easily accessible on foot.

Increase your communication - How long has it been since you last spoke to your best friend? Or neighbour? Or family members? It is important for our mental health and wellbeing to stay



connected with others during times of isolation such as lockdown.

Reaching out to a friend through video calls, social media or doing fun activities together online reinforces that natural face-to-face contact that many people have missed over the past year. Increasing your communication will help you to keep distracted and boost your mood through the difficult times.

BEVERLEY'S CHANGING SEASONS...



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PREPARING FOR EASTER

This year, Easter Sunday falls on April 4th, over a week earlier than it was last year when Easter holidays and plans were massively affected by the outbreak of the Coronavirus.

As the date of Easter changes each year, it has a habit of quickly sneaking up on you, so make sure you have activities in store for when it falls this time round. While we find ourselves in a similar scenario to last year, there is still a lot of preparation that can be done this month in the build up to Easter to ensure the whole family has fun.

Here are some Easter themed ideas to plan for to keep children entertained.

Plan your own Easter egg hunt:

You can easily create your own personalised Easter egg hunt from the comfort of your home or in the garden.



All you'll need are some eggs to scatter, a series of clues that lead the children around the scavenger trail, baskets to collect the eggs, and a prize!

You can find cheap baskets at supermarkets or online in craft stores, and could even turn this into a fun Easter activity itself by getting arts and crafts supplies for your children to decorate the baskets.

If you are struggling for time leading up to Easter, planning your Easter egg hunt can be made easier by searching online for downloadable sheets and ideas for clues on how to set it up.

Organise a virtual celebration:

If you are used to celebrating Easter with a party or at a community event, invite friends, family and neighbours to a virtual celebration instead.

You can coordinate with the other parents and attendees on what activities you will be including in the virtual party, and run through any technical issues that some people may struggle with ahead of the Easter celebration.

You could also plan a virtual Easter egg hunt by having all hosts play at the same time, having hidden all eggs in similar places inside every participant's house.

For example; everyone hides an egg on the stairs, or an egg on the mantelpiece, or in an indoor plant. Virtual plans will ensure you can encourage fun ways to keep spirits up during the Easter holidays at home.



Plan a delicious Easter themed dinner:

Perhaps on a normal Easter weekend you would have made plans to eat out at a restaurant. Why not make this Easter extra memorable with an Easter themed menu at home?

You can keep children engaged by asking them to help you prepare the food or by baking Easter buns.

Keep the games flowing:

From egg and spoon races to board games to a bunny hop sack race, there are many creative games you can play at home this Easter, and with spring on the way it may even be warm enough to take things outside in your garden.

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Keen to ensure that families have an opportunity to remember the loved one in a special way, working with a local seamstress, families can have keepsakes such as teddies made with patchwork of your loved ones clothing, or pillows made with an item of their clothing.



Of course not everyone is cremated, so in this situation they would recommend fingerprint jewellery or a lock of hair in a keepsake.

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LOCKDOWN THOUGHTS FROM THE KINGS HEAD, PART 2

Things had started to calm down. The Eat Our To Help Out Scheme had come and gone and after the craziness of that, the team felt like we could deal with anything. All the new Covid systems and routines had become second nature, and the business had adapted well to the new regulations and was operating smoothly.

By and large, the public had been great. The feedback was very supportive with regards to how safe they felt in the premises and how well the staff had adapted to the "new normal" ways of working.



There were still a few guests that were not prepared to accept the new ways. Some flatly refused to give any details upon entry and others refused to either use the new Track and Trace app that had been launched by the government. Some even refused to allow us to "check them in" on the app using our equipment. Unfortunately these people were told that they couldn't come in. This sometimes sparked unbelievable reactions and resulted in the staff being shouted and sworn at. These people were certainly in the minority, but they steadfastly refused to believe that there was even a pandemic occurring!

The hotel side of the business was extremely busy with people taking full advantage of the lifting of the travel curfew, coupled with the fact that foreign holidays were but a distant dream and guests were forced to take "staycations".

It was remarkable how many people had always planned on coming to Beverley having passed through it years before and had always said "We must go and stay there sometime". Well now was the perfect time, and during those 3 months Beverley was amassed with hundreds of new guests loving the town and its fabulous amenities. I wasn't surprised to find that many of the residents were also visiting to purchase a new home here.

The lockdown had given a lot of people time to think and reassess, and with working from home becoming the new normal, many had decided that they would not only be able to, but like to relocate to somewhere as beautiful as Beverley.



The hospitality business starts planning Christmas in January. We review the festive period that's just happened and start working on the next Christmas menus in the summer. By September, bookings are in full swing and we are already filled out on Christmas Day.

Party bookings, however, had been massively affected as the "rule of six" had pretty much killed off the traditional company Christmas shindigs. So when it was announced in October that we were being forced to close again, it looked like Christmas was going to be cancelled completely. The news was not unexpected. The R number was at a higher rate than back in April.

Once again we had to 'moth ball' the business. Thankfully we'd had more notice this time and were able to cancel food and beer orders which certainly helped reduce heartbreaking waste of stock like in the March

lockdown. Christmas came and went. It felt like a surreal time. The whole of December is normally just crazy. The team working extra long days for the whole month. I remember going for a 5 mile walk with the family on Christmas Eve and thinking we would be 3 deep at the bar right now with the festive songs blaring out and the bar filled with regulars and revellers having a great time.

It was the first Christmas I've had off in the last 20 years, and as relaxing as it was, I just didn't feel like I had earned the presents this year. The one major benefit was getting to spend time with my wife and children. I normally celebrate on Boxing Day as I'm working the rest, so to have the whole of December and New Year off was a (hopefully) once in a lifetime thing.



Now into February 2021 and no sign of things changing, I can count myself very lucky indeed to have a lovely wife and two children for company, a roof above my head, and a company who has supported all its employees through these unprecedented times.

I know that when we do get to reopen, we will be ready. I also hope that we all (at least for a short while) are grateful for the right to visit our local pub for a pint with friends. This industry of ours has taken a massive hit over the last 12 months, but I'm confident that it will bounce back even stronger than before.

WHEN WILL THE NIGHTS GET LIGHTER AND WHY DO THEY?

This month across the UK, households will change their clocks for the first time this year by moving them forwards one hour on March 28th at 1am. This means lighter nights are on the way.

Currently, the clock operates on Greenwich Mean Time (GMT) as the clocks were put backwards in October last year, but this will change to British Summer Time (BST) at the end of the month.

The period we are about to enter when the clocks are one hour ahead is also referred to as Daylight Saving Time. If you are wondering why we are now moving them forwards again, here's BST explained.

BST starts on the last Sunday in March when the clocks go forward by one hour in the spring, and it is a notion created to allow the country to make the most of increased summer daylight hours in the northern hemisphere. BST therefore ends when the clocks get put backwards again on the last Sunday in October in autumn.



While the length of day remains the same whether the clocks are forward or backwards, the time of sunrise and sunset becomes an hour later in the summer.

Around 70 countries worldwide have adopted some form of daylight saving, but it is mainly across Europe and North America as countries closer to the equator would see little extension to the length of daylight by changing the clocks.

The benefits of BST have been debated since the initial introduction of Daylight Saving Time in Germany in 1916, with some campaigners in the current day and age seeking to introduce a permanent British Summer Time to save energy and increase the light nights in the evenings. Perhaps now more than ever is the time that this should be given more consideration.

SHORT STORY BY CLINT WASTLING - LOCKDOWN TRIO



It was one of those lockdown Zoom suggestions which seemed like a good idea at the time. "Let's all learn a musical instrument." Sophie had proposed enthusiastically during the meeting. Sophie was a typical WI Chairperson; forthright, well organised and bordering on the bossy.

"My daughter left her pink ukulele before going back to university," Ruth sounded keen.

"My son left his uke too! Don't think he ever really played it, although he was eager to get it at the time. I'm in!" Debra added.

Sophie tried not to sound too controlling. "Well that's settled then, you can download a free app to tune your ukulele and there's bound to be lessons somewhere on the internet."

"What are you going to learn to play, or will you just be organising us?" Ruth was being more direct than usual.

"I'm going to play the uke as well! It must have been a good Christmas for the music shop that year. I remember Trixie learning Camptown Races; her first tune. Well she practised the chords. Let's start with that and have a ukulele trio. We could be famous!" A week later and the three ladies were back on Zoom having a virtual cheese and wine evening. Ruth brought out her instrument first. "I needed help with tuning but I think I've got the hang of it now."

"I can play the three chords needed, C, G7 and F. If I use share-screen, we could all see the music and play together." Debra had grown in confidence. Sophie felt very uncomfortable. She was surprised they'd taken up her idea with such enthusiasm whereas she hadn't done much practising at all. "Ok," Sophie responded half-heartedly. The ladies finished their wine.

"You be in charge, Sophie after all it was your idea." said Ruth.

Sophie counted them all in. They were only in unison for the first chord because Sophie struggled to change from C to G7 (a simple transition) and her strumming was out of time.

"Well, let's pour another glass of wine and start again." Ruth smiled enjoying Sophie's discomfort. After several attempts the tune was just about recognisable and the three fell about laughing on their sofas.

"I think we should continue with the lessons and definitely the practising, don't you Sophie?" Debra suggested pointedly. "But let's ensure we learn the same version. I'll put some links in chat and this time next week we should be much improved."

"Top of the Pops!" Ruth joked. "That finished years ago! We could record it and upload a video!" Sophie suggested.

"No Way!" The others replied emphatically. "Not until I've had my hair done. It's been over two months." Debra continued.

"Yes, and I need to dress the part. I've lived in tee shirts and sloppy jumpers since Christmas." Ruth confided

"Ok," said Sophie, trying to take control. "Next week, let's give Sweet Home Alabama a try."

"I suggest we concentrate on getting Camptown Races right, first." Ruth said with a gleam in her eye. "Oh! There's just one minute left - time for Goodbyes!" They all saluted with a glass of wine before the screen went blank. Sophie finished her drink, then reached for the ukulele. She was determined not to show herself up again.



Clint Wastling is the author of *Tyrants Rex*, a fantasy story (Stairwell Books). His poetry collection *Layers* is available from Maytree Press.

POEM BY VAL HORNER - SOCIAL DISTANCE BLUES

Words are how we greet each other
words are there to say goodbye
words can give us song and laughter
words will sometimes cheat and lie.

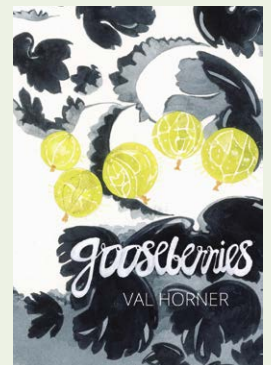
Words link this whole wide world together
words may drive us far apart
words can be both harsh and tender
make you happy, break your heart.

Words echo long into the darkness
words simply get us through the day.
But sometimes I just want to hold you
and words get in the way.

Yes, sometimes I just want to hug you
and that's not allowed today.

Val Horner's poetry has been widely published.

Her most recent collection was Gooseberries, published by Stairwell Books.



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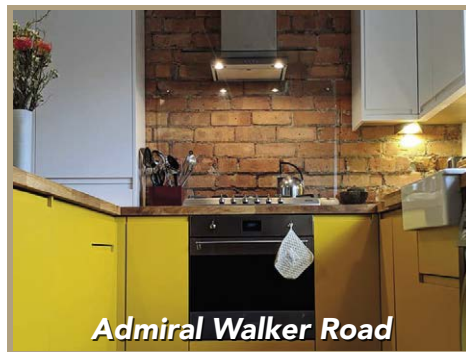
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BOOK WRITTEN FOR HULL CITY AFC LEGEND CHRIS CHILTON APPEAL

John Forth, born and bred in Beverley, has written a nostalgic book about Hull City AFC, The Tigers, with profits going to the Chris Chilton Appeal.

Hull City legend Ken Wagstaff has praised the new book, written by a lifelong fan of the Tigers, that will help to support another of the club's heroes, Chris Chilton, who suffers from dementia and Alzheimer's.

Ardent supporter and author John Forth has turned back the clock to the "best year" of Hull City, with his nostalgic look at the Tigers' 1965 to 1966 season.

John, who is originally from Beverley and now living in North Yorkshire, discovered that his brother, Shane, a fellow Tigers fan, had kept every programme from 1965 to 1966.

"He said he had all these programmes going back almost 60 years, he gave me a box full of them that he'd kept in the loft," said John.

"Shane is ten years younger than me; we used to go and watch Hull City play in the 60s.

"When I started looking through all these programmes I thought, I can do something with these. I thought it would bring back great memories of that time - that season was the best, a lot of people will tell you that, with two of the greatest players for Hull, Waggy and Chillo."



John and Shane continue to follow the fortunes of the Tigers, although they don't manage to get to as many games these days.

"It's always the first result I want to know," said John. "Me and my brother will be texting each other about how we think they got on."

Ken, 78, said: "I think it's an interesting book, I enjoyed reading it, and not just because it's Hull City but because of all the stories. I thought it would bring back great memories of that time - that season was the best,

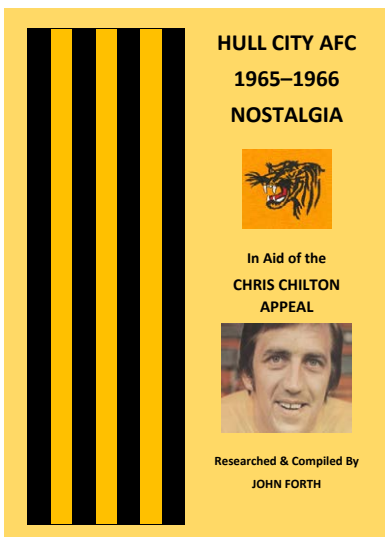
a lot of people will tell you that, with two of the greatest players for Hull, Waggy and Chillo. I just hope the book will evoke some memories and that the profits will go to help one of our Hull City heroes."

Ken said: "I spent an evening reading John's book. It was nice to look back on the good old days, it's how it all happened."

Copies of the fully illustrated book, Hull City AFC 1965-1966 Nostalgia are available direct from John Forth.

The book costs £20, plus P&P, with profits being donated to the Chris Chilton Appeal.

Contact John by emailing: john.forth9@gmail.com or by calling **07741 253 521**.



FIRST CAR WITH CARFAN - THE OTHER SIDE OF THE DATSUN CHERRY PART 2

Continuing our new theme of "firsts", this issue features the first car of a local author and poet who has very fond memories indeed of his Datsun Cherry.

Manufactured in 1978 which was the last year of four that this second generation model was produced, it must have looked resplendent with its vinyl roof and bold gold paint of which its owner was particularly proud.

With its tiny one litre, four cylinder engine, this was the smallest of the range which also included 1.2 and 1.4 litres and with the option of two, three or four doors, it wouldn't have won many traffic-light grand prix, but then that wasn't what purchasers were really looking for. With its push-button radio and vinyl seats, Datsun (later to be known as Nissan) went on to become a major player in the worldwide car market as a viable and reliable alternative to home-grown cars.



It will probably come as no surprise to owners of Japanese cars that this particular Cherry never let its owner down over 5 years of ownership, various overseas trips and going "around the clock", but sadly, in common with most cars of that era, rust gradually took hold and the car was sold and it is quite telling that no photographs were taken of its replacement, such was the place in the owner's heart that this particular car made.

There are currently more Bugattis for sale than second generation Cherries in the UK, so if you fancy one, twelve thousand pounds will buy you a 1975 recreation, with original versions perhaps available abroad, although you will probably have to travel to Japan to purchase one.

Last but not least, should you happen to see one of the rare examples left in this country, don't forget that cheery Carfan wave!

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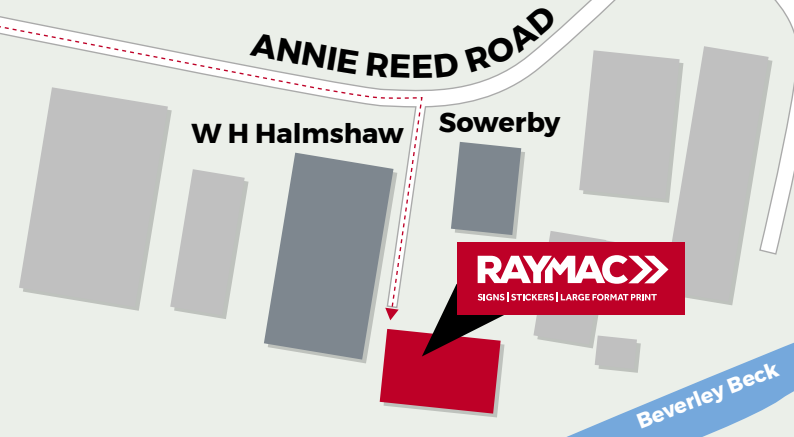
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PUZZLE PAGE

WORDSEARCH

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 R O D E Q Q X T A G W H X L S
 F R X S G S F D W E E E E B M
 M S B V K N S R T S R B N K H
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 H C R A M L S I K U C H C M J
 B N J H K H I O K C X J V E W

CHANGE
 CLOCKS
 EXERCISE
 FLOWERS
 FRESHAIR
 GIFTS
 MARCH
 MOTHERSDAY
 NATURE
 SPRING

WHERE IN BEVERLEY?

Where in Beverley can you find this landmark?
 Answer on Page 27.



KNOW YOUR NUMBERS

Each row adds up to the total on the right.

Each column adds up to the total at the bottom.

The diagonals add up to the totals top and bottom.

X	X	X	X	?
2	7	?	9	19
?	?	6	2	?
3	2	8	?	18
8	?	3	1	16
17	18	?	17	?

Answers on Page 27.

Do you have any amusing stories, quotes or pictures? Send them to info@justbeverley.co.uk

QUOTE OF THE MONTH

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CYCLING WITH WILSONS WHEELS

Spring is coming, health, wellbeing and exercise are high on the agenda, it is time to think about getting out and about as the weather permits.



A family bike ride is a great time out, helping the younger members to learn how to balance on two wheels and perhaps removing those stabilisers for the first time or giving the children the confidence to step on board a bike for the first time.

We all know that there will be a few dramas thrown in along the way, it's a memorable experience for everyone involved, especially the children! This year as we come out of lockdown again, start thinking about those outings, what fun they will be and how just a simple task can be such a life changing

experience. Being prepared is key to success and Wilson Wheels will help you and your children have a positive experience buying right from the start and hopefully have a long cycling life ahead of them. From the start a helmet for your child is a must, to give them added confidence and protection. It is a good habit to get into right from the start even for the shortest of bike rides. You may have smaller children who are sitting on your bike and not riding on their own.

Any good helmet will be fully adjustable, designed to fit the child's head snugly and safely and should not be free to move around. The Kali brand helmet is great as it comes with a crash replacement guarantee.



Make the most of the months ahead, prepare for the ride and have great family time getting out and about fresh air and exercise, great for the mind and your health. Stay Safe, Stay Bright and enjoy your cycling.



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Photo credit : Kevin Greene Photography.

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BEVERLEY AC - SUPPORTING AND MOTIVATING IT'S MEMBERS

As we all continue to be challenged both mentally and physically in the COVID lockdown environment, Beverley AC members are finding support and motivation through the Club. Despite lockdowns throughout last year, Club membership increased, with 23 new members registering during the year.

Some participants from the Couch to 5kms (C25K) programme which ran virtually during the year became members, testament to the 2020 cohort as they really had their mettle tested, because of the stop/start nature of this year's programme, however many of them are still running and we have had a couple of one on one graduation runs too.



Fiona Oakes and Patrick Marshall, Beverley AC coaches and C25K organisers, are now planning the next programme. Keep an eye on the Beverley AC website for news of when this will start and details of how to join up! The Club held its first ever virtual Annual General Meeting on Wednesday 24th February; despite the odd year there is still a constitution to uphold and a club to organise! Competitively, there was very little to report with almost every race in 2020 cancelled or run virtually.

The East Yorkshire Cross Country League was cancelled but that did not deter members from enjoying a few socially distanced Cross Country runs in groups of 6, or in pairs, in accordance with the lockdown guidance on exercise.

One of the popular aspects of the Clubs calendar is the opportunity to take part in away nights, exploring some of the beautiful trails and running routes in the local area, followed by much welcomed refreshments. Due to lockdown, these could not take place and were replaced by the 5kms Improvement Leagues.



Andy Johnson, the Clubs renowned Routemaster, commented, "Hopefully, in the near future, we will be able to return to regular running routes in groups. As always, I will continue to explore new routes for our members and welcome new members with a shorter option to help them gradually build up their confidence and their mileage. In the meantime, I look forward to announcing the winners of the Leagues at the Awards Night."

Lewis Holloway, the Juniors' Coach, was pleased that we'd been able to keep up with some activities when we were able to: "Since the first lockdown in March 2020, activity for the juniors has been extremely limited, and racing almost non-existent, although there was a small number

of track events over the summer. We have closely followed England Athletics guidelines which have allowed us to do some training in a 'COVID secure' environment, for some periods of the year.

"The coaches have also offered virtual support through some short videos over the summer, posting training ideas and offering individual support and advice on training to juniors on request. We have been limited to smaller groups of juniors when actually training but have been able to run suitable sessions for different age groups at different times.

"Most of the training has been on either the Westwood or Cherry Burton playing fields, this has also meant we've focused just on running rather than the wider range of athletics activities. Despite all of this, we have actually taken on some new starters during the year, we now have a good waiting list, and during lockdown have had regular enquiries from parents about joining the club, so we are optimistic that when we can, we will be able to get back to training and racing, and hopefully be able to invite more new starters to join."

The next event on the Club's virtual calendar is the Annual Club Awards Evening on Friday 12th March, when members will virtually celebrate the successes and achievements of our members during 2020. Despite the lack of events, the Club has still found much to celebrate with many alternative categories being awarded this year! More details to follow next month!

We all look forward to a time when events can be scheduled but until then, the club continues to support its members through these different challenges. Whatever your age or ability, you will receive a warm welcome at Beverley AC.

If you would like more information and details on how to join, please visit the Club website on www.beverleyathleticclub.co.uk for further details.



WHERE IN BEVERLEY?



The weathervane on top of Beverley Golf Club roof

'KNOW YOUR NUMBERS' ANSWER

Missing numbers in yellow

X	X	X	X	25
2	7	1	9	19
4	5	6	2	17
3	2	8	5	18
8	4	3	1	16
17	18	18	17	16

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BURTON ELECTRICAL SOLUTIONS - THE BEAUTY OF GARDEN LIGHTS

Spring is coming and the clocks go forward. We can look ahead to the opportunity (and better weather!) to spend some time in our gardens.

Whilst we will be found pottering with the plants or having a family get together as guidelines permit in the near future, we prepare so we can have friends around and enjoy a few drinks and a barbecue. The garden is such a great place to spend time and relax.

As we move towards summer and look to spend more time in the garden perhaps we will still be out late into the night, relishing the last rays of sunlight! Garden lights are a fabulous way to enhance your garden, and they're functional too.

Start thinking now about the wonderful opportunity to personalise your outdoor space, whether it's a large laid lawn or small garden with pots of flowering plants.

Just think about the ambience and atmosphere garden lights could add to the garden space and you'll be able to see the splendour of your plants late into the night!



So if you think outdoor lights would make a beautiful and functional addition to your garden, contact Burton Electrical Solutions on **01964 552769** or see www.burtonelectricalsolutions.co.uk.

IN THE GARDEN... MARCH

March for me is the month when the garden starts to come alive with colour and the promise of things to follow - we have spring flowering bulbs; the bright yellow of Forsythia and the jewel like flowers of Chaenomeles (flowering Quince).

But, the 'Belle of the Ball' is the Camellia producing peony like flowers of mainly white, pink through to crimson set against glossy evergreen leaves. To thrive Camellias need an acid soil, so probably in our area are best grown in containers filled with ericaceous compost and fed with an ericaceous feed to combat the effects of the lime in our water which affects their uptake of nutrients.

Also, did you know that the Camellia and the tea leaves in your morning cuppa are from the same botanical family (Theaceae) with tea being called Camellia sinensis - you never know this information may be useful in a 'pub quiz' (oh, those were the days!)

The list of tasks for March has suddenly grown from last month so, with the lengthening of days; the clocks going forward on the 28th and hopefully if the weather is favourable, plenty of gardening can be achieved during March.

Tasks for March...

- Apply plant foods to established borders i.e. pelleted chicken manure.
- Mulch bare soil.
- Continue to prune overgrown and late-flowering shrubs and roses - these plants flower on new wood - so pruning will produce strong growth and extra flowers.
- Cut back perennials and grasses that were left over winter.
- Divide overgrown clumps of perennials.
- Start putting supports around perennials - this is so much easier to do than when they have grown and you struggle to contain them!
- Dead-head daffodils and other spring flowering bulbs as the flowers fade, cut them just below the flower head, leaving the foliage until it dies back.
- Plant summer-flowering bulbs.
- Sow hardy annuals out of doors.
- Protect fruit blossom from late frosts.
- Treat moss on lawns.
- Re-seed bare patches on lawns (towards the end of the month) and mow the lawn if necessary - set the blades high.
- Check pond pumps and get them running.
- Make sure the birds have plenty of food and fresh water.
- You may even need to start weeding - if we get any reasonable weather!
- And if it is warm keep an eye out for slugs and snails.

So until April, happy gardening!

Jane Dale of 'Designed Gardens'. Tel: **07983 392 411**.

J. x.



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COUNTRYSIDE MATTERS WITH SAM WALTON: A LOOK BACK TO THE FUTURE



I have been lucky in how much I was able to work with Shire horses before the appearance of tractors.

The first tractors I remember were the Case models, those which came over from America during the war. Then in the late forties and early fifties, there was the introduction of the little Grey Ferguson, David Brown various Ford models, the PopPop Field Marshall and of course Nuffield.

During this period hydraulics were introduced to machinery, which in itself was a revolution. Farm machinery was then able to have mounted implements such as ploughs and harrows, corn drills, mowing machines and buck rakes.



Introducing hydraulics to machines allowed them to perform similar actions to those of a horse sweep for gathering up hay.

Being located on the back of the tractor had many benefits, such as allowing the tractor to reverse along a cut swathe of cut grass to get a load of grass on board and to carry back to a silage clamp. At the clamp, they would then drop the grass off and either go up and out at the other end of the clamp, or reverse up with the load to dump it down. Either way meant they also compacted the grass to make it airtight in the clamp, essential to make good quality silage.

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Having a hydraulically operated muck loader did away with having to load horse carts by hand when cleaning out cattle yards. Not long afterwards came the introduction of mounted sprayers for weed control and so farming moved into a new era.

Binders disappeared gradually as combine harvesters appeared, firstly for bagging up cereals, which were then taken back to the farm and stored in a granary. The combines had bulk tanks on them to hold the grain, which was then discharged out of that tank straight into a tipping trailer (a benefit of hydraulics) and was then taken back to the farm.

A number of farms or those farmers who looked to the future had installed a corn drier with a reception pit for the grain, which was then elevated into the drier itself. The farmers now required either silos into which to store the grain, or buildings where the grain could be stored on the floor.

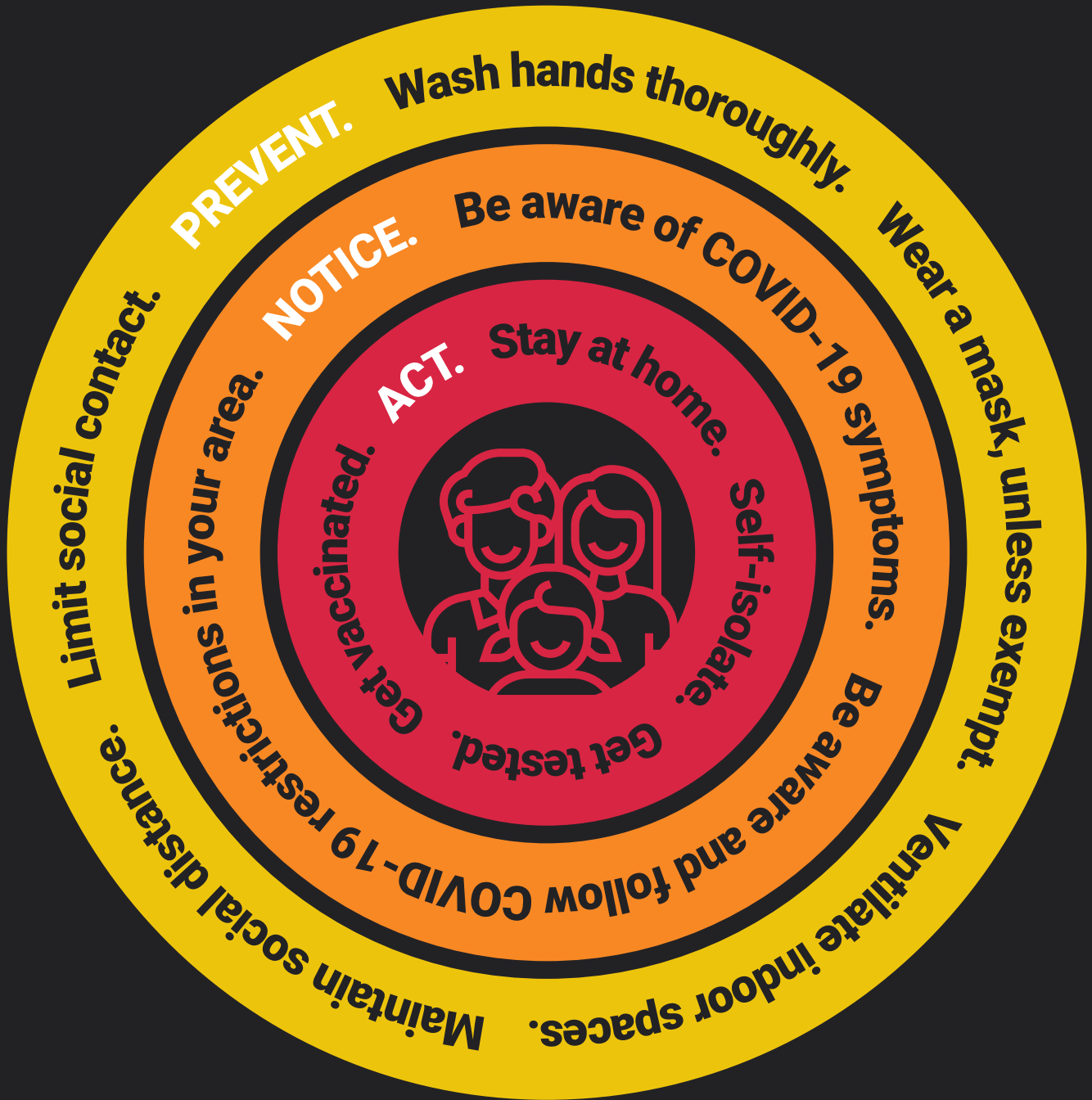


Some farms actually had buildings with drying facilities where warm, dry air was blown through a series of ducts on the floor, but all this took time and did not happen overnight. This style of farming took a while to change over completely.

With all the investment and looking to the future instead of having one man per 100 acres, it became possible with the modern machinery and a bit of casual help at harvest, to have one man for almost 1,000 acres! Progress.

COVID-19

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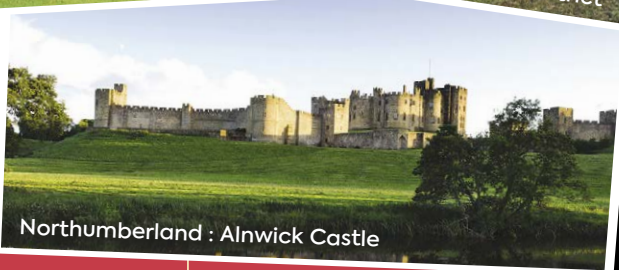
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