

# just BEVERLEY



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**FESTIVE RECIPES**  
**CHRISTMAS HINTS & TIPS**

**FREE**

ISSUE 1

**FOOD & DRINK, HOME & PROPERTY, HEALTH & BEAUTY, TECHNOLOGY, EVENTS**

**FEATURE**

## PERFECT PARTY PREPARATIONS

Get glamorous for Christmas!  
Pages 30 & 31

**EVENTS**

## WHAT'S ON IN BEVERLEY

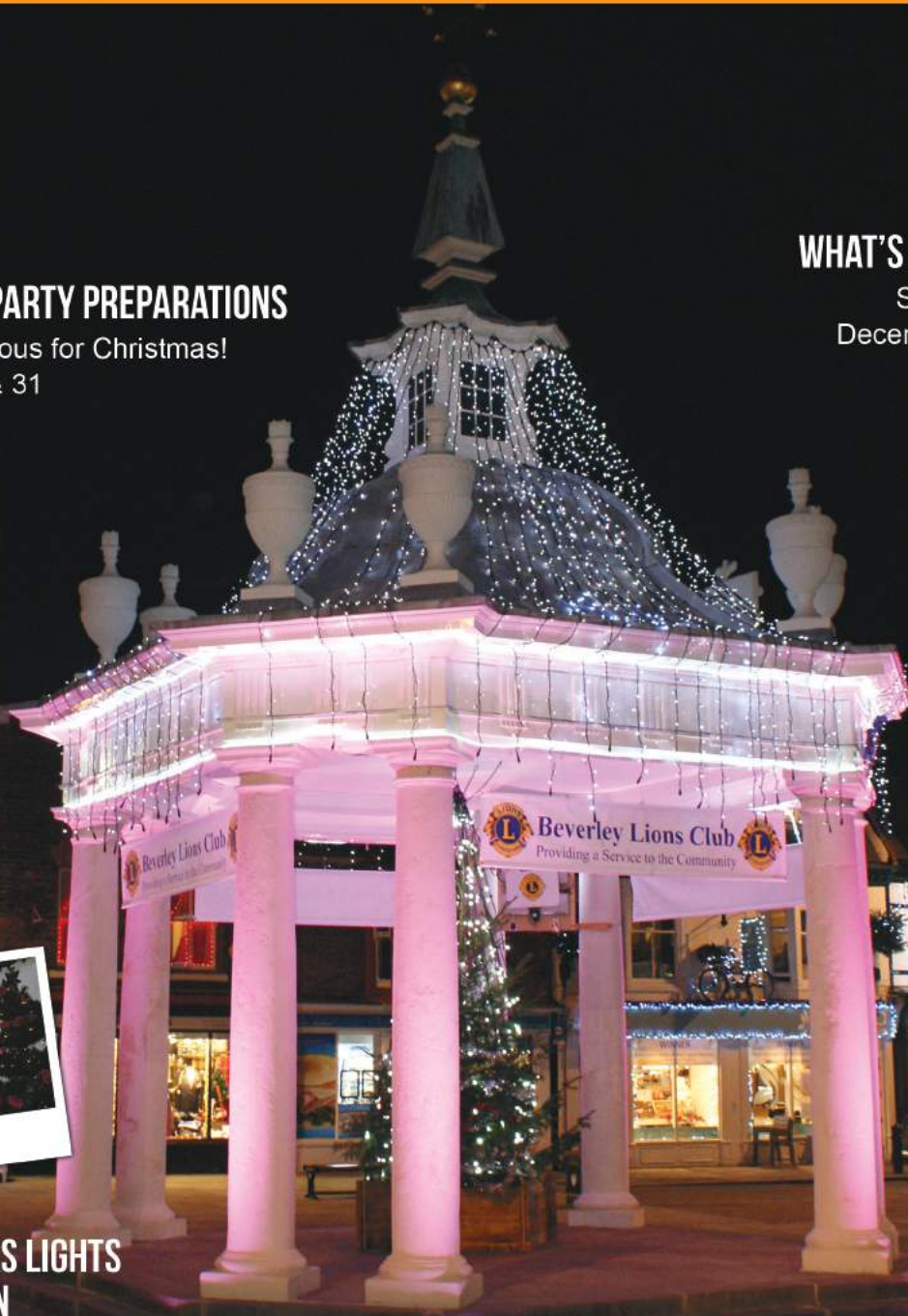
See our listings for  
December and January  
Page 37



**PHOTOS**

## CHRISTMAS LIGHTS SWITCH ON

Pages 28 & 29



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# Make a wish

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## CONTENTS

### Around Beverley

News	Pages 5-9
Beautiful Beverley	Pages 10-11
Past, Present, Future	Pages 12-13
Launchpad	Page 14

### Food & Drink

Christmas Festival of Food and Drink	Pages 16-17
Cocktail Recipes	Page 19
Under the Spotlight	Pages 20-21
Competition	Page 21
Festive Recipes	Page 22

### Home and Property

Decorating your home for Christmas	Pages 24-25
Christmas gift wrapping ideas	Pages 26-27
Christmas lights switch-on photo spread	Pages 28-29

### Health & Beauty

Perfect party preparations	Page 30-31
----------------------------	------------

### Motoring

Tips from the Top	Page 33
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### Entertainment

Puzzles	Page 36
Events listings	Page 37
In the Frame	Page 38

**Managing Director:** Julian Minshall

Contributors: Catherine Goble, Stuart Hancock, Barbara English, Joy Jack, Marie-Louise Robinson, Helen Watson, Ian Partridge

### Message from the Managing Director



Living and working in Beverley, I wanted something which would give me truly local news and information about what is going on in this wonderful market town. That is where Just Beverley comes in.

With the success of the Just Beverley website ([justbeverley.co.uk](http://justbeverley.co.uk)), we wanted to enhance its message with a magazine. We are proud to be launching Just Beverley magazine. We hope you like it. If there is anything you would like to see in future editions, please let us know.

### Julian Minshall



Welcome to the very first edition of Just Beverley magazine. Our accompanying website [justbeverley.co.uk](http://justbeverley.co.uk) went live in May, with the aim of raising Beverley's profile as a thriving hub for businesses, jobs and events. This magazine has the same aim, offering high-quality content with a local flavour.

But we can only do it with your help. If you have any good local business news or are planning an event in Beverley, let us know, and we will feature it on these pages and on the website.

This edition offers hints and tips for wrapping Christmas gifts, Christmas decorations and getting ready for the Christmas party, as well as the Christmas Festival of Food and Drink, and some festive recipes.

Plus, there are puzzles, a competition to win a hamper of goodies from G Jack & Son, and what's on listings for the month.

Businesses – want to do your bit? We have a free local business directory on the website, purely for Beverley-based businesses, and we would love you to give us your details so we can promote you to your potential customers.

Just Beverley, just for you.

### Catherine Goble

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# 2014

## News in Brief...

### Ceramic Tile Merchants named best in UK

Ceramic Tile Merchants has won a national award for “Excellence in Independent Retailing” in a UK Tile Association competition fiercely contested by businesses across the UK.

During the last year, Ceramic Tile Merchants put the finishing touches to their new spacious showroom facility which now has over 300 tile displays, in addition to purchasing a new 7500sq ft warehouse close by, which is now fully operational. There was also a big investment in building their online presence and social media.

Garry Cammidge, Ceramic Tile Merchants’ managing director said, “We are absolutely delighted to be recognised by this award. It recognises the quality of what we do for our customers. Despite the continuing sluggish market conditions, we have continued to invest time and resources, in creating a wider awareness and recognition across the region of our commitment to excellence, so we are well prepared to take advantage of an improving market.”



### Georgian Quarter Given Grant

East Riding of Yorkshire Council has approved two Beverley-based applications made to its High Street Fund, paving the way for further investment and activities to support the area’s high streets and market places.

The North Bar Traders’ Association is intending to organise a series of specialist markets and the Beverley Christmas Lights Committee is proposing new decorative lighting for Saturday Market.

David Bird (pictured with Councillor Jane Evison), chairman of the North Bar Traders’ Association, said: “We are delighted that East Riding of Yorkshire Council has given us the opportunity to build on the success of the Georgian Quarter. Our themed markets next year will once again fill the quarter with a unique offering in this most special part of Beverley.”

Grants of between £2,000 and £5,000 are available for single group applicants whilst joint group applications can apply for up to £10,000. Enquiries can be made to Helen Hoults, renaissance programme manager, on 01405 767654 or email [helen.hoults@eastriding.gov.uk](mailto:helen.hoults@eastriding.gov.uk).





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**Wishing you a Merry Christmas!**

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## Minster awarded Certificate of Excellence

Beverley Minster has been paid the ultimate TripAdvisor accolade after being awarded a 2014 Certificate of Excellence.

Of the 255 TripAdvisor reviewers who posted feedback, 248 said their visit had been very good or excellent, with praise being given to the building, the roof tours, the shop and the general welcome.

Paul from Hastings said: "Give York Minster, Westminster Abbey and St Paul's a miss....all packed and over-priced. This is THE Minster to visit. Set in a quiet part of the old town. Wonderful genuinely spiritual atmosphere which helps you imagine what it might have been like soon after it was built...and with some interesting tombs. Just wander round, sit down, savour and think."

The church, which is the town's most-visited tourist attraction and number one in the ranking for Beverley, has been given the certificate for consistently earning outstanding feedback.



## Stipendia Payroll Solutions on a Christmas Mission

Beverley payroll firm Stipendia Payroll Solutions has teamed up with local charity Cash For Kids by registering as a drop-off location for their Mission Christmas Campaign. The firm hopes to help the Christmas campaign by allowing generous individuals to bring their donated gifts to their offices, where they will be stored ready to take to the Cash For Kids headquarters on 17 December.

The Mission Christmas campaign aims to give local disabled and disadvantaged children a helping hand over the Christmas period by providing gift donations given by supporters. This year, the campaign is looking to help improve the festive period for over 17,000 local children, which will be an increase of 3,000 from last year - and Stipendia, conveniently located in Swaby's Yard, Walkergate, is looking to help.

Mission Christmas is a campaign fuelled by extremely dedicated charity workers and the involvement of local businesses. Cash For Kids' charity manager Charlotte Pickering said: "We are delighted Stipendia have come on board to support this year's Mission Christmas. We couldn't deliver the appeal without the help of local businesses working hard fundraising, spreading the word and volunteering their time."

Stipendia is experienced in making sure wages and payslips reach the right people at the right time and, as an official drop off point, the business hopes to transfer these skills and make sure local children receive their gifts in time for Christmas. Stipendia Payroll Solutions is an established Beverley firm that enjoys providing professional payroll services to Beverley businesses and is always looking for new opportunities, both in business and the community.

Stipendia is not the only registered drop-off point in Beverley. Finnies Accountants, Wilkos, Educare Nursery and Beverley Garden Centre are just a few more of the local businesses that have put themselves forward as drop-off points.



## Hemingway Bailey in top 100 apprentice employers

Hemingway Bailey Ltd has been recognised in the prestigious Top 100 Apprenticeship Employers list, which is compiled annually by the National Apprenticeship Service in partnership with City & Guilds, and recognises excellence in businesses that employ apprentices.

Hemingway Bailey recognises the importance of giving young people opportunities to develop, and currently employs two apprentices. The chartered management accountancy practice places great emphasis on the training of its team and apprentices gain responsibility quickly, being exposed to such business situations as presentations and networking from early in their training.

Commenting on the company's entry in the Top 100 Apprenticeship Employer's list, Hemingway Bailey director Alan Hemingway said: "We are delighted to receive this accolade as a company but we are even more pleased to know that our apprentices are developing into future business leaders and business owners after being given the opportunity to reach their full potential whilst being invaluable members of our team.

"One of our 12 points of culture is helping young people to achieve, and it is really pleasing to become one of the Top 100 Apprenticeship Employers in recognition of this."



Evie Molloy, an apprentice at Hemingway Bailey, was named Apprentice of the Year for the Yorkshire and the Humber region at the National Apprenticeship Awards ceremony in Leeds in September. Evie has set up her own company – MixEd – which aims to use the skills and knowledge from her apprenticeship to help others of similar ages.

Evie said: "I know that I am a valued member of the team at Hemingway Bailey and that has given my confidence a massive boost. I have achieved so much more than I could have ever imagined during my apprenticeship and I hope that my learning journey will continue in the same way."



## Worried about your tax return?

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## Beverley named 44th best place to live in UK

The Sunday Times guide to the best 101 places to live in Britain has been revealed, with Beverley coming in a very respectable 44th.

The guide combines data like crime rates, house prices and school performance with local knowledge, and the winning places were selected for offering the best quality of life to the widest number of people, and combining community spirit, good local shops and services and attractive outdoor spaces.

Beverley offers a thriving market town containing a variety of independent shops and eateries, as well as having the pastures of Beverley Westwood (pictured) just minutes from the town centre.

It also provides world-class entertainment in the form of the Beverley Folk Festival, Beverley Puppet Festival and Beverley Food Festival, with Beverley Minster being a focal tourist attraction for the town.



## Beverley runner-up in Great Town Award

Beverley was named runner-up for a prestigious 'Great Town' Award by the London-based Academy of Urbanism. The academy uses its annual awards to identify and promote places that have positively improved their economic, social and physical environment, particularly over the past 10-20 years.

Beverley was nominated for the way it has adapted to change and managed housing growth whilst retaining its character and heritage and developing a vibrant town centre with independent retailers and assets, such as the racecourse and its churches, market squares and commons.



The assessors visited a number of locations in and around the town centre and met representatives from Beverley Renaissance Partnership, East Riding of Yorkshire Council, Beverley Town Council, developers, traders and cultural and community groups. They saw how areas such as Becksie and Eastgate have been transformed from industrial sites into attractive housing developments that enhance historical gems, such as Beverley Minster and Beverley Friary.

Councillor Jane Evison, East Riding of Yorkshire Council's Portfolio Holder for Economy, Investment and Inequalities, said: "We are really pleased with this nomination and welcome the academy's assessors to Beverley. It is important to recognise just how much Beverley has changed, but still feels familiar and loved by residents and visitors. By working proactively with developers, we have achieved high-quality developments which have added to Beverley's character."

John Bird, chair of Beverley Renaissance Partnership, said: "We know that Beverley is a great place to live and visit, but getting further recognition is always welcome. The partnership will be able to show the benefits of having a town plan, which is shaping the town's future, and how events, such as September's Georgian Festival, honour its rich history. These things only happen by working together and partnership working has been the key to success."

**Read more news at [justbeverley.co.uk](http://justbeverley.co.uk). Please send your Beverley news articles to [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk) or telephone 01482 679947, for inclusion on the website and in the magazine.**

# Beautiful Beverley

By Professor Barbara English

**Looking for beautiful Beverley? – it is all around us, whatever the season or weather. As 2014 comes to an end, let us have one more look at our glorious Market Cross, for many centuries at the trading heart of the town. This year, the Beverley Georgian Festival celebrated the 300th anniversary of the Cross, with grants from the Heritage Lottery Fund, Beverley Town Council, and others.**

In the early 1700s, the old Cross, which was large enough to drive a carriage through, and which seems to have stood further north than the present one, was damaged (perhaps by an oversize cart or carriage trying to get through to park). The Town Council decided to build a splendid new classical building, maybe wanting to keep up with Hull, where a new cross had recently been built.

The Council asked the town's two MPs, Sir Charles Hotham and Sir Michael Warton, for contributions, and also collected money around town. A West Riding architect, Theophilus Shelton, was chosen to design and manage the building of the new Cross. Shelton had already designed the Wakefield Cross and had worked in Beverley. Shelton measured out the land, made contracts with the builders, stone and wood were bought, and before 1 August 1714 the Cross was finished.

It has been restored many times since, repainted often and some of the original wood has been replaced. It survived being hit by a car in 1959. It has been 'restored' three times in the last three years, but the paint is still causing problems, and we hope this too will be fixed in 2015.



The Cross has eight stone pillars on an octagonal base, raised by three steps from the ground. The pillars support a wooden upper part, mostly covered with lead. On the roof over the columns are eight limestone urns, with carved flames coming from their tops. Higher up, there is a mock lantern tower (the windows are only painted) and finally a metal cross.

On the south side of the cross, facing towards the Minster, there are coats of arms of the two MPs, Hotham and Warton, who contributed to the costs of the building. Between them are the arms of Queen Anne (who died 1 August 1714) and the town arms, the beaver of Beverley above blue and silver lines representing water, because the Latin name for Beverley is Beverlacum, the beaver lake. Above the coats of arms is an interesting cartouche, made of brass, which

records the building and restoration of the cross. It is surrounded by carved weapons, cannon, cannon balls, muskets, swords, drums, trumpets and flags, and at the top a man's head. This cartouche is worth a close look, and has been very well restored this year.

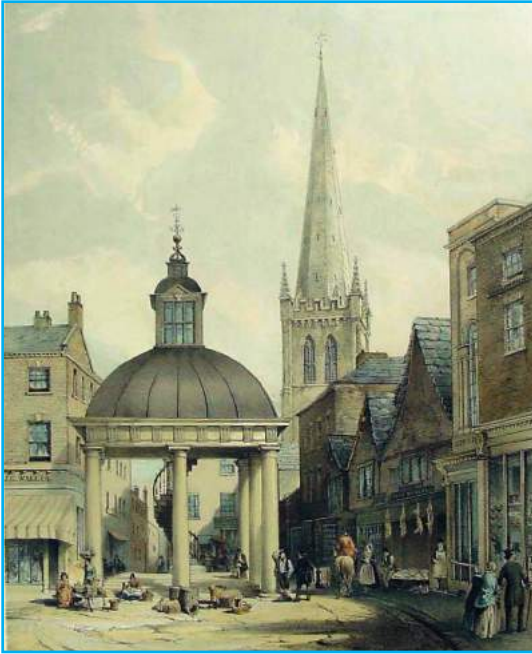
The Cross has for centuries been the place for civic occasions. Kings and Queens are proclaimed here, soldiers mustered, fairs announced, jubilees and the end of wars; it marks the centre of town life. It was also where things were sold in the market, and is sometimes called the Butter Cross, and the nearest row of shops the Butter Dings.

Beverley has many famous views, from the Beck, from the Commons, from High Hunsley. One of the most spectacular is the view from North Bar, looking south past the beautiful Cross to the Minster Towers. It never fails to give pleasure. Long, long may it remain at the centre of our beautiful town.

*"A longer history and description of the Cross is contained in a new book, Cabbages & Kings: Saturday Market, Beverley, by Barbara English, Ann Bennett and Susan Neave. Costing £6, it is available from John W. Adams, Guest & Philips, the King's Head and the Tourist Information Centre."*

Beautiful Beverley





- 1: Wakefield's Market Cross by Shelton
- 2: The Market and Cross in the 19th century
- 3: Restoring the brass cartouche 2014
- 4: The Market Cross 2014
- 5: Reading the Riot Act of 1714: Margaret Pinder between the Mayor of Beverley and William Hotham, whose ancestor paid for the Cross.
- 6: The Cross damaged 1959



# Beverley Community Lift



In 1970, a group of caring people created a Neighbourhood Watch type scheme, in which they helped each other out with odd jobs. Their aim was to promote independence within Beverley's community. They called the scheme Beverley Community Care Association. Anyone who needed help with something would put a picture of a hand in their window, and one of the group would knock on the door and offer their services for things like shopping, gardening and transport.

The scheme was run from one of the members' front rooms until 1982. It soon became evident that there was a great demand for drivers to make trips with the clients down to the Post Office, shops, doctors etc. So the Voluntary Car Scheme was born. Later, a minibus was purchased to extend the service to groups, and an office at Norwood was opened.



store the buses. This also allows them to operate services out of Pocklington and the Wolds Way area.

In order to generate extra income, Beverley Community Lift also runs some school contract services for the council, as well as a medibus - a dial-a-ride service for medical appointments. The car service is a more personal helping hand, as it offers individual assistance and the driver will stay with you as you wait for an appointment or do your shopping.

Shopper buses are run to Aldi and Morrisons. Often, people see this as a social occasion

as it is the only time some of them get out of the house. They might get together and have a coffee in the cafe then, when they return home, the driver will take their shopping to their door and put it in the hallway for them.



In 1976, the BCCA became a Registered Charity and, in 2003, the name was changed to Beverley Community Lift. In September 2012 they moved to their present offices on Corporation Road, from which they currently run eight vehicles.

The organisation has grown, with a car service operating throughout Beverley and the surrounding villages.

They have 30 volunteer car

drivers, with 1600 individual journeys being undertaken in 2013-14. The bus service incorporates seven minibuses and a wheelchair-adapted car.

Without a depot for their vehicles, they rely on the kindness of other organisations, such as The Hayride pub, Beverley Minster, Market Weighton Town Council and Burnby Hall, to

**Beverley Community Lift also runs a social club, with outings to places such as Burnby Hall and Bakewell market. These are extremely popular, providing the opportunity for people who are ordinarily stuck indoors to get out and about in a social setting.**

The organisation is completely reliant on volunteers, currently having in the region of 100 in total. But that isn't just drivers, with passenger assistants also being an important part of

the service. They may take somebody out in a wheelchair or help partially-sighted passengers with their shopping. Plus there are volunteers who run fundraising activity or concentrate on admin, as well as the charity's trustees.





Beverley Community Lift is going from strength to strength from its early beginnings, but chief executive officer Jan Stainforth has plans for the future, wanting it to be fully financially sustainable.

She said: "We offer a service to those who are elderly, disabled or rurally isolated, who cannot easily access other forms of transport. There are pockets in the East Riding which don't have this provision, such as Cottingham and Hessle, and we hope to expand to meet their needs.

"We want everybody who could need us to know about us and be able to use us. We are a very friendly organisation and we pride ourselves on our reputation. We make a difference to people's lives, and they tell us that."

People volunteer for Beverley Community Lift for a number of different reasons, and get a lot out of it. They may be recently retired, lonely and lost their sense of purpose - volunteering can help them get that back. It also helps with employability skills and confidence.

**If you would be interested in volunteering with Beverley Community Lift, contact 01482 868082.**



**Read more at [justbeverley.co.uk](http://justbeverley.co.uk). If you would like to be featured in next month's issue, and on the website, email [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk) or telephone 01482 679947.**

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**Covering Beverley & surrounding villages**



# Zenhouse



Zenhouse is the brainchild of Beverley couple Emily Cox and Liam van Rijn. It offers a furniture upcycling and selling service.

There are two parts to the business, with customers either providing their own furniture to be upcycled or painted, if it doesn't suit their room or needs a bit of TLC, or buying pre-upcycled items which have been selected by Emily and Liam at auctions etc.

"When we were looking for furniture, we were surprised by how many people just wanted to get rid. Why are people doing that when they can change or adapt it to suit their needs? Our services and furniture aren't expensive, and provide a real alternative," Emily said.

Liam already runs an audio-visual company, which he has been doing since he was about 13 years old, which gave Emily the confidence to be able to set up in business. Liam deals with the business side of things, invoicing and contacting customers etc, which leaves Emily to let loose her creativity.

"It was a hobby," Emily admitted. "I went into our loft space when my brother moved out and wanted to change it and paint everything and make it look more homely. I did art at school and this was a different way of being creative.

"There's a lot more pressure when you are doing somebody else's furniture though. I like really bold colours, but I have noticed that isn't what sells and that people often prefer neutral shabby chic, which has sold really well."

Working to a client's brief is all part of the service, as far as Emily is concerned. But often she has to coax out of people what it is they really want, and offers advice on what she thinks would work. Often people say they want 'shabby chic', which means distressing an item or waxing it in a certain way, which often isn't actually the effect the customer wants. It is a learning curve for both sides.

Zenhouse offers a restoration service which allows them to replace table tops and table legs, or sand back to the bare minimum before redoing an item. But, they don't profess

to be antique furniture restorers yet. Although they do hope to expand when they get more training.

"We did sand back an old pub table, which was quite sticky. But we use paints and products that help us to save time but still look great. Items can take from a day to a week to complete," Emily said.

If you have any questions about whether Emily and Liam can help with your furniture, you can contact them through their website [www.zenhouseuk.com](http://www.zenhouseuk.com).



Read more at [justbeverley.co.uk](http://justbeverley.co.uk). If you would like to be featured in next month's issue, and on the website, email [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk) or telephone 01482 679947.





# TICKTON GRANGE



## Welcome to Tickton Grange Hotel

Good food is at the heart of everything we do. Everything local, everything artisan, everything prepared by hand in the time honoured way.

Join us for a wonderful meal in our restaurant HIDE, or come and sit by our roaring fires and share a festive afternoon tea - with a glass of Taittinger Champagne or mulled wine, if you really feel like celebrating!

The smells of Christmas are filling our kitchens now as our chefs and bakers prepare wonderful food for our hampers and gifts. Why don't you treat someone?

We look forward to welcoming you to our home!



# Christmas Festival of Food & Drink

## Supporting Local Producers

**The Beverley Christmas Festival of Food & Drink which took place on Saturday 29 November, is going from strength to strength.**

Held inside the glorious gothic setting of Beverley Minster, this winter festival attracts the finest local food and drink producers from across East Yorkshire. The event, now in its third year, was free to attend, and featured over 70 stallholders offering a great variety of local produce to residents and visitors to the town.

From beers and liqueurs, to hand raised pork pies and Christmas puddings, there was a whole host of produce on offer, all made with locally-sourced ingredients and created by local producers.



Entertainment was provided by York Waits playing medieval-style music on traditional instruments and the Beverley Ukulele Group brought a festive feel with Christmas songs and carols.

There was a full day of half-hourly festival demonstrations, showing a variety of skills, including: how to make stollen with Side Oven Bakery; how to create sweet treats with Shepcote Ltd, and children got involved with decorating



Christmas cupcakes and cookies with Ginger Kittens and Lakeland. There was also a festive floral theme, with Broken Blossom, and Kevin Hara showing how to make Christmas arrangements and centrepieces.

Speaking about the event, Vicar of Beverley Minster, Reverend Jeremy Fletcher said: "This was the biggest indoor food festival that the Minster has seen. We work in partnership with Beverley Town Council to hold this







prestigious event, which is going from strength to strength every year. It helps us to showcase the Minster in all its glory and bring in many residents and visitors to enjoy the festival day and see this magnificent building for themselves. It's an important event which helps to raise funds for the future of the Minster."

Mayor of Beverley Councillor Paul McGrath said: "Beverley Town Council welcomed residents and visitors to this festive and seasonal local produce event. It promoted the best of Beverley and showcased the high quality of local food and drink on offer in our area."

Local producers make up an important part of the economic future of Beverley. With Christmas around the corner, now is the ideal time to visit one of these food and drink suppliers and stock up on fresh, and often unusual, delights for the dinner table, whilst showing your support for local businesses.

For information on the local producers present, please see the Beverley Town Council Website – [www.beverley.gov.uk](http://www.beverley.gov.uk).

Photos credit: Beverley Town Council





# What's On In December

## Christmas Meals

Serving now until 24th Dec  
Book your Christmas meal with us now

3 Course Meal - £12.99

Including tea or coffee

2 Course Meal - £9.99

Including tea or coffee

## Santa's Grotto

Open every day until 23rd Dec  
11 am - 4 pm

Come and meet Santa at his  
Christmas Grotto  
in the garden centre



## Tea with Santa

11th & 18th December

4:00-5:00pm & 6:00-7:00pm

Come and have tea with Santa.

Get a picnic, colour your own  
Bauble, with a visit to

Santa's Grotto and a Christmas gift  
£9.99 per child - Booking Required

## Late Night Thursdays

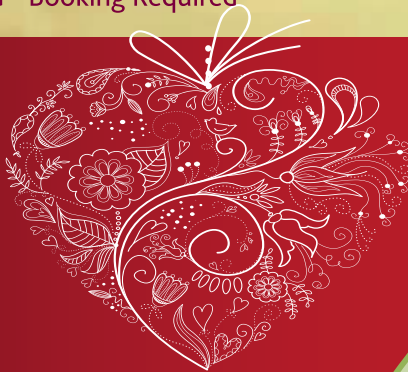
11th & 18th December

4:00pm - 8:00pm

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On arrival plus exclusive  
offers on the night

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# Christmas Cocktails

## Christmas Eve - Stay up Late

2 measures gin, ½ measure brandy, ½ measure lemon juice, ½ measure soda water, Pinch of caster sugar

Mix all the ingredients together with ice and serve in a tall glass with a slice of lemon.

This recipe, with its invitation to misbehave, is perfect for Christmas Eve. Credited to the hat-check girl at the Stork Club in Manhattan in the mid 1940s.

## Christmas afternoon - Camel's Coffee

¾ measure Kahlua, ½ measure brandy, ½ measure white rum, ½ measure Strega (Italian herbal liqueur), 1 measure lukewarm black coffee

Shake with ice and pour into a tumbler filled with ice cubes. Add a couple of coffee beans for decoration. When struggling to stay awake after your Christmas feast, this coffee-based cocktail will help keep you going.



## Christmas morning - Bucks Fizz

2 measures of orange juice, Chilled Champagne to top up

Add the orange juice, followed by the Champagne, to a Champagne flute or wine glass. Once the height of sophistication, this light fruity drink is often drunk on Christmas morning. Can be enjoyed with sparkling wine, instead of Champagne.



## Boxing Day - Royal Turkey

1 measure Wild Turkey 101 bourbon, 1 measure sloe gin, 1 measure apricot brandy, 2 measures pineapple juice, 3 measures Sprite

Shake the first four ingredients with ice and strain into a glass half-filled with broken ice. Add the Sprite and drink through a straw. If you haven't had enough of turkey by Boxing Day, then this cocktail is light enough to drink throughout the day, but heavy enough to help you survive visits from the relatives.

## With Christmas Lunch - Cranberry Punch (24 servings)

1 Bottle of Champagne, 25cl Crème de Cassis, 5cl lime juice, 4tbsp clear honey, 1 litre cranberry juice, 50cl sparkling mineral water

Dissolve the honey in the cranberry juice with ice in a punchbowl and then mix in all the other ingredients and garnish with slices of lime. A fairly innocuous cocktail, making it ideal to have with your Christmas lunch.

## Christmas Day evening - Hi Ho!

2 measures gin, 1 measure white port, 1tsp orange bitter

Shake with ice and strain into a cocktail glass. Garnish with a twist of lemon peel. An ideal drink with which to end the evening's festivities, whilst sitting in your favourite chair.

## New Year's Eve - Emerald Star

1 measure white rum, 1 measure Midori, ½ measure apricot brandy, ½ measure lime juice, 1 measure passion fruit juice

Shake with ice and strain into a large goblet. Add a slice of lime. This fruity concoction is great for drinking whilst getting ready to go out on New Year's Eve.



## Boxing Day morning Virgin Mary

1tsp Worcestershire sauce, 1tsp lemon juice, 4 dashes Tabasco, Pinch of celery seasoning, 4 twists of black pepper, Tomato juice to top up

Stir everything together in a mixing jug with ice and strain into a tall glass half-filled with crushed ice. Add half a slice of lemon and a stick of celery. A great hangover cure and perfect for drinking on Boxing Day, after the excesses the day before.



# G Jack & Son

In case you have ever wondered, the G in G Jack & Son stands for George. The delicatessen has been a Beverley business since the turn of the 20th Century, which has been handed down the generations to where it lies now, with Duncan Jack, George's grandson.

George married into the Care family, who had a grocer's in Saturday Market, and set up a wholesale business on Eastgate, which supplied corner shops. But, in the 1950s, the property was knocked down to make way for the Armstrong's factory and offices.

So, 53 years ago, G Jack & Son moved into Wednesday Market. Ironically, the workers of Armstrong's were their main customers, purchasing sandwiches from them when they left work. Cigarettes were very fashionable at that time too.

By this time, the Son of the title had joined the business, with David working there for many years. They still get gentlemen coming into the shop who remember being errand boys for David, using the type of Granville bike which is proudly displayed outside the shop now.

This all changed with the arrival of supermarkets in the 1960s, and David decided he needed another string to his grocery bow, so he started stocking health foods and home



brew kits, which were just getting popular. Duncan joined the business in 1985, as his father David neared retirement. He eased Duncan into it but then left him alone to make his own mistakes, and the business is still thriving under the management of the third generation of Jacks.

Health foods and home brew were falling by the wayside, with Holland & Barrett and Boots now capturing the market,



so Duncan decided to do away with them and knock through into the store rooms at the back, to make more room on the shop floor for speciality foods and canned goods.

By 1995, they were concentrating on making sandwiches again. It was at this point that Duncan's wife Joy decided to help in the shop for what started as a few hours a week, but now sees her working there full time.

Duncan's mother was part of the Conway family who had a butcher's shop on Flemingate, so making and serving meat pies was an obvious step for the delicatessen to take. They bought the premises on Flemingate and took over the bakehouse, allowing them to do a lot more of their own baking.

The products are still freshly made at the Flemingate site now and transported to the shop in Wednesday Market to be sold. And pies are probably their best-seller, so it was a valuable business decision.

But it isn't just the retail shop you can see on Wednesday Market that forms G Jack & Son, with outside catering still being a part of their business. They provide finger buffets for working lunches, parties, funerals, as well as things like pies and peas for events.



The supply of hampers is also something which has become sought after, especially at Christmas. This came from an idea from Nicky Kelly, who runs the shop in the Jacks' absence, and she has a real flair for them; making them attractive as well as good value. People can walk around the shop and choose what they want to put in them, or have a ready-made version.

The success of G Jack & Son's can be attributed to the friendly service. The staff stay for a long time - David was still doing the books for the family business well into his eighties, carrying on the tradition which saw George still working there in his nineties - and get to know their customers.

The older generation are used to being served and having meats hand-carved in front of them, rather than putting things into a basket, and they still go to Jack's for this personal treatment, and for a chat. The younger generation tend to pop in for a lunchtime sandwich.

Whatever it is you want from your delicatessen, G Jack & Son is a family business for people from all walks of life. Situated in the heart of Beverley, it has Beverley at its heart.



Read more at [justbeverley.co.uk](http://justbeverley.co.uk). If you would like to be featured in next month's issue, and on the website, email [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk) or telephone 01482 679947.

# WIN A HAMPER WORTH £50

Fancy winning a hamper of delicious treats from G Jack & Son to enjoy in the New Year, and stock up the cupboards after Christmas? Of course you do!

Enter our competition by logging onto [justbeverley.co.uk](http://justbeverley.co.uk) and filling in the entry form.

Answer the question: 'What does Beverley mean to you?' in 20 words or less, and we will pick our favourite response to win the prize.

It's as simple as that! A selection of answers will also be printed in next month's edition.

Closing date for entries is Friday 2 January.



Judges' decision is final. No cash alternative is offered. Details will not be used for marketing purposes, but may be used for data collection and website analytics. The winner will be notified within one week of the closing date and must be prepared to participate in publicity within the magazine and website.

# Festive Recipes,

courtesy of Joy Jack of G Jack & Son



## Butter Shortbread (makes 20 to 24)

*“180g/6oz plain flour, 55g/2oz caster sugar, plus extra to finish, 125g/4oz butter, softened”*

Heat the oven to 190C/375F/Gas Mark 5. Beat the butter and sugar until smooth. Stir in the flour to get a smooth paste. Turn onto work surface and gently roll out to 1cm or ½ inch thick. Cut into rounds or fingers, place on baking tray lined with parchment. Sprinkle with caster sugar and chill in fridge for 20 minutes. Bake for 15 to 20 minutes, or until pale golden brown. Cool on wire rack.



## Chocolate and Ginger Refrigerator Squares (makes 32)

*“300g/11oz ginger nut biscuits, roughly crushed, 140g/5oz crystallised stem ginger, finely chopped, 300g/11oz plain chocolate, 100g/4oz butter, diced, 100g/4oz golden syrup”*

Line a 20x30cm baking tin with baking parchment. Mix the biscuits with most of the ginger, then set aside. Melt the chocolate, butter and golden syrup in a bowl set over a pan of simmering water, stirring occasionally until smooth and glossy. Pour over the biscuit and ginger mixture and mix together well. Tip the mixture into the prepared tin and sprinkle over the reserved ginger, then gently flatten the top – it doesn’t need to be completely smooth. Chill for at least two hours or overnight before cutting into small squares. Will freeze, or will keep in an airtight container for a week.



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# Christmas decoration ideas



Deck the halls with boughs of holly...  
and mistletoe...and ribbons...and baubles...  
and bells.

**If you have a pendant light fitting over your Christmas table, or even just in the middle of the living room, hang some baubles and glittery snowflakes from it, to give a properly festive feel to the room. Or, place a selection of baubles into glass vases and have them scattered about the room for a really simple but effective decoration. It isn't all about the tree.**

Don't want to use baubles? Then vases of cranberries or satsumas can make a room feel festive. Then add some greenery such as holly, mistletoe, poinsettia or pine branches around the base, for a great centrepiece.

A fun idea for placecards at Christmas dinner is to use Scrabble letters to spell out each person's name. You could then re-use them after lunch to actually play a game of Scrabble. After all, the whole family enjoys a good board game at Christmas.

For decorations around the house, and to create a welcoming atmosphere as soon as you come through the front door, wrap ribbons and/or tinsel around the bannister and balustrade to inject some fun into the hallway.

Use some twine and some wooden clothes pegs, on which to hang your Christmas cards, and fit it all along the walls. This will stop them all falling off the mantelpiece or window ledge as soon as somebody walks past, and creates a ready-made Christmas decoration in any room of the house.

Add some jingle bells to the front door handle so you get that instant Christmassy feel whenever you open it. Plus, if you are having a party, you will always know when new guests are arriving.







Use a selection of coloured balls of wool or twine in different sizes to make your own Christmas wreath, which can be hung inside or outside. Or, why not try using some herbs for a wreath, such as sage and rosemary, and adding sticks of cinnamon to create the smells of Christmas?

Want to hide the base of your plastic tree with something a bit more ornamental? Then cut a hole in the base of a wicker basket and fit the base through that. You could even decorate the basket with some pine cones or mistletoe to add a rustic feel.

Make your own snowglobes with old jam jars. Stick some cardboard characters or children's toys to the lid, or go upmarket with a homemade snowy scene of trees and some deer. Fill it with water, a spoonful of glycerin and some glitter. Then turn it upside down for an instant winter wonderland.

Whether you are going for bright and colourful, sophisticated and subdued or rustic and wintry, there's something on this page to light up everyone's home this festive season.





# Christmas gift wrapping ideas

As if Christmas wasn't special enough, we give you some inspiration for gift wrapping to make each present even more special.

Don't just use any old wrapping paper. Why not recycle old maps or sheet music, and give your presents a completely unique feel? You could even go further and use buttons and string to wrap up your packages.

Brown paper always gives parcels a very smart look, when done properly, and this can be accented with bows, ribbons and tags to give them a bit of colour.



For a truly personal touch, get the kids to help you design your own wrapping paper, by using Christmassy stencils or stamps and making your own. You could make each design individual to the person receiving the gift.

Once your gift is wrapped, embellish it with different coloured tapes to look like ribbon. Or, we've all made those snowflakes by folding a piece of paper in half and cutting shapes out of it. Go one step further, and adorn all your gifts with paper snowflakes for a proper Christmas feeling.

Children always seem to shake presents to guess what is inside them. Don't let them spoil the surprise, by tying a collection of small jingle bells to the package using string or ribbon.



Want to give three presents in one? Then wrap your gift in a shirt, and hold it all together with a brooch. Not only is this something completely different, which is bound to wow your friends, but it is also a really simple idea that is easy to achieve. For smaller presents, try using handkerchiefs.



Got a present that is a difficult shape and not sure how you are going to wrap it? Don't worry. Wrap a box in festive paper and then place the gift into that. The recipient then gets a jolly box to keep too!

To avoid confusion under the tree, use a photo of each person as their 'tag'. Then everybody knows at a glance which present is theirs. Or, use baby photos and ask the other guests to guess whose is whose.



If you are sending presents to friends or family in the post, forget the Styrofoam or polystyrene beads to stop your gifts moving around in the packaging. Fill the boxes with hard-boiled sweets or candy canes, for an extra surprise!



Want to save on excess paper and packaging. Then make some gingerbread stars and use those as a tag by piping the recipient's name on it and attaching it to the parcel. That will also give each person something to nibble on and keep them quiet until the Christmas lunch is served. Even the children.



## East Riding Engraving



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# Christmas Lights Switch On









# Perfect party preparations



There's no better opportunity to embrace glitz and glamour than at a Christmas Party. Sophie from Sessions Spa gives us the lowdown on necessities and extra luxuries in which to indulge to ensure you look and feel your best...

Having a good manicure and pedicure can work wonders for your confidence, especially if you are wearing open-toed shoes. Using a gel lacquer rather than a more standard polish, means your nails will stay looking good for longer – however many parties you go to over the festive season. A gelish manicure or pedicure can last for 2-3 weeks, and costs £41 each for the luxury version. Rich reds, silvers and dark blues are popular at this time of year – go bold!

It may not be the season for bare legs, but when you are putting on that party dress, waxing could be all-important. Sessions Spa offers a wide range of waxing treatments from half and full leg, to eyebrows, lip and chin, and underarms, as well as Brazilian and Hollywood, from £12-£30.

Feeling a bit pasty in the cold, wintry weather? Then get a spray tan (£27) to give you a glow and perk you up a bit. Or, have your party make-up professionally applied (£35) for an extra indulgent treat. Sessions offers make-up lessons, so you can be taught how to do it yourself, as well as get advice on what suits your skin tone.

Then, sit down with one of our stylists and have your hair cut and finished, washed and blow dried, or go all out with colour or extensions. A complimentary consultation is available, to allow you to make the most of your look and get advice on what suits you as an individual.

If the stresses and strains of Christmas are getting you down, a lovely relaxing



massage and facial can put you back in the mood to party. Christmas Eve is a great time to unwind, before the family invades.

Whether you want a deep tissue massage to relieve the tension, or a heavenly aromatherapy full body massage, Sessions Spa has got it covered, even offering hot stone versions for added pampering. Facials include cleansing, exfoliation, extraction, mask and an intensive serum, to give you that pre-party glow.

Once Christmas is all over and you have indulged in all that festive food, a detox body wrap (£65, great in the cold weather), body brushing or salt and oil scrub is the ideal way to start the new year on the right track, eliminating all those toxins and purifying the body, as well as cleansing the skin, all ready for 2015.





Spa packages (from £128) include use of the steam room, a Westwood Restaurant lunch served in the relaxation area (so you don't even need to get dressed!), and a selection of treatments to choose from. A spa day is perfect for a group of friends, hen party or some valuable mother and daughter time over Christmas. Or, get the spa effect at home and give one of Sessions' gift boxes of products. Gift vouchers are also available. Treat yourself and your loved ones this Christmas with Sessions Spa.

For more information about the treatments on offer, visit [www.sessionspa.co.uk](http://www.sessionspa.co.uk), telephone 01482 873000 or drop in to Sessions Spa on New Walk in Beverley, next to The Westwood Restaurant.



## Christmas Nail Art from De Lacy Spa

The newest craze sweeping through the salon industry has seen nails take on some Christmas festivity for themselves.

Preparing for Christmas can often be a nightmare; maybe you've selected a new hairstyle or new make-up? Well, now it's time to spruce up your nails and make them full of festive cheer.

These interesting and creative nail designs are full of fun and are all the rage at salons across Beverley; especially De Lacy Hair & Salon where a team of expert stylists are on hand (no pun intended) to deliver a fantastic choice of nail art.

If you fancy some DIY, you can use different nail polish colours, but most characteristic for Christmas are red, green, white and blue. You can also use the glitter polish – there are amazing Christmas nail designs to be had with glitters.

And, if you don't have any idea what you would like to be your Christmas nail design, call **De Lacy Hair & Beauty** on 01482 887069, and they can help you find your style for the holiday season.



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# Tips from the Top

Richard Hayes,  
Beverley Motorworks

With the return of the cold weather and the onset of winter, it is important to look after your car so you don't break down.

Check the following on your car every week to ensure safe motoring throughout the winter months.

- **Antifreeze** – check coolant level regularly and, if required, top-up with a mixture of the correct type of antifreeze. Your garage should check concentration to ensure adequate cold temperature protection.
- **Battery** – the most common cause of winter breakdowns. A battery more than five years old may struggle in the cold - get it checked and replaced if necessary to avoid the inconvenience of an unplanned failure.
- **Fuel** – keep at least a quarter of a tank in case of unexpected delay.
- **Lights** – check and clean all lights regularly to make sure you can see and be seen clearly. Carry spare bulbs.
- **Tyres** – should have at least 3mm of tread for winter motoring. Consider winter tyres for improved safety. Check pressures at least every fortnight.
- **Windscreen** – reduce dazzle from the low sun by keeping the screen clean inside and out. Now is a good time to renew worn wiper blades.
- **Screen wash** – use a 50% mix of a good quality screen wash to reduce the chance of freezing in frosty weather.
- **Locks and door seals** – stop doors freezing shut with a thin coat of polish or Vaseline on rubber door seals. A squirt of water dispersant (WD-40) in locks will help stop them freezing.



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I	F	M	M	I	S	T	L	E	T	O	E	L	H	Z

Angel	Nativity
Cards	Presents
Carols	Pudding
Christmas	Santa Claus
Decorations	Tinsel
Holly	Turkey
Jingle Bells	Wreath
Mistletoe	

Sudoku Puzzle

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accomodates the digits 1-9, without repeating any.

				9			3	
	2	4	3		8			5
	5	6			4		9	2
		5	9			2		8
8		9	6	5	2			3
2						9		
5	9		1			4	7	
6			8	4				1
	1			7			8	

Christmas Song Titles

Using the letters given as the first letters of each word, work out the 19 Christmas song titles.

- I...S...M...K...S...C...
- J...B...
- I...D...O...A...W...C...
- R...T...R...N...R...
- C...R...O...A...O...F...
- A...I...A...M...
- F...T...S...
- W...I...T...A...
- O...C...A...Y...F...
- I...C...U...A...M...C...
- O...L...T...O...B...
- J...T...T...W...
- S...N...
- L...I...S...
- T...T...D...O...C...
- G...R...Y...M...G...
- H...T...H...A...S...
- O...I...R...D...C...
- W...W...Y...A...M...C...



# WHAT'S ON IN BEVERLEY



## DECEMBER & JANUARY

### Friday 12 December

Christmas Tree Festival, Beverley Minster, 10am-5pm.  
Beverley Film Society – Nebraska, Masonic Hall, 7.30pm  
Ancient Music for the Festive Season, St Mary's Church, 7.30pm

### Saturday 13 December

Christmas Tree Festival, Beverley Minster, 10am-5pm.  
Christmas Concert, Beverley Minster, 7pm

### Sunday 14 December

Festival of Christmas, Town Centre, 9am-4pm  
Craft Fair, Lairgate Hotel, 11am-4pm  
Christmas Tree Festival, Beverley Minster, 12pm-5pm.

### Tuesday 16 December

Anglo-French Society, Beverley Conservative Club, 7.30pm

### Wednesday 17 December

A Christmas Carol, East Riding Theatre, 7.30pm.  
Until 3 January.

### Thursday 18 December

Beverley U3A Meeting, Memorial Hall, 2pm  
Nine Lessons and Carols by Candlelight, St Mary's Church, 7.30pm-9pm

### Saturday 20 December

Carols and Mince Pies, St Mary's Church, 11am-1pm  
Beverley Chamber Choir and Orchestra, Beverley Minster, 7.30pm

### Sunday 21 December

Crib Service, St Mary's Church, 11.15am-12pm  
Longest Night Service, St Mary's Church, 4pm-4.45pm

### Wednesday 24 December

Crib Services for Young Children, Beverley Minster, 1.30pm and 3pm  
Mini Christingle, St Mary's Church, 2pm-2.45pm  
Christingle Service, St Mary's Church, 3pm-3.45pm  
Festival of Nine Lessons and Carols, Beverley Minster, 6.30pm  
Holy Communion, Beverley Minster, 11.30pm  
Midnight Communion, St Mary's Church, 11.30pm-12.30am

### Thursday 25 December

Holy Communion, Beverley Minster, 8am  
All age Holy Communion, Beverley Minster, 10.30am  
Christmas Celebration with Communion, St Mary's Church, 10am-11am

### Wednesday 31 December

Service of Reflection on the Year Past, Beverley Minster, 11pm

### Friday 9 January

Beverley Film Society – Like Father, Like Son, Masonic Hall, 7.30pm

### Thursday 22 January

Cameo Opera – The Topsy Turvy World of Gilbert and Sullivan, Toll Gavel United Church, 7.30pm

### Friday 23 January

Beverley U3A Coffee Morning, The Lairgate Hotel, 10am Thursday 29 January  
Ghost Walk, Royal Standard, 12am

**To find out more about any of these events, and to keep an eye on what else is coming up in Beverley next year, visit [justbeverley.co.uk/events](http://justbeverley.co.uk/events). To submit an event for inclusion on the website and in the magazine, email the details to [info@justbeverley.co.uk](mailto:info@justbeverley.co.uk) or telephone 01482 679947.**

# Nigel Walker, Creation Fine Arts



## 1. What is your background?

I am not trained in art, but I used to play truant from school to go to the Walker Art Gallery in Liverpool. And, when I go away anywhere, a gallery is the first thing I look for. I have always had a desire to see and buy artwork. But my background is as a social worker, working with people with learning disabilities, the elderly and the department of health. Setting up the gallery was a strange diversion for me, when I retired at 60. I had been well-paid and had a good pension and just sitting around all day was not appealing. I spent two and a half years travelling to visit and speak to people who ran galleries. Living in Beverley it frustrated me that there were no galleries worth noting. So it was a personal journey for me, and expensive vanity project. I have been here two years and my aim is to make it pay its way by the end of this year. It has been a long haul, but I am getting there now. It started in my head five years ago.

## 2. How do you attract people to the gallery?

Getting visitors to know about the gallery is very important. There is no shop front to draw people in. I am top on Trip Advisor for this area, which is very useful and worth hundreds of pounds to me in terms of marketing. I have evening functions in Autumn and Winter, with artists or people talking about artists. It is all about making connections. I like to think of Creation as a gallery without walls, and I am very keen on getting stuff out there for

people to see - for example, the Off the Wall event. People are often frightened and nervous about going into galleries and walk around in silence as if they are in church. I don't ignore them, I say hello, but I don't hassle them or follow them round. I am not trying to sell them anything. If they see something they love, they will buy it anyway. If they don't, then I won't be able to sell it to them.

## 3. Tell me about the building...

It is a very nice building and sympathetic to being an art gallery. I can divide the sections up into each room. It was built in 1520 as a timber framed building using handmade bricks. Then it was extended in the Georgian era. You can still see some of the original wood-pressed wallpaper from 1814 and the lime plaster walls, as well as floorboards which were probably re-used from ship timber from the Beck.

## 4. How would you describe the work that you do?

Most people who come in are just looking to see what's around. Some want something particular. But, often, they don't know how things are made. The complexity of the methods, how unique something is, the experience and skill that goes into it - all this can make something much more valuable. I like to be able to cater for everyone, whether they are looking for decoration for their homes or an investment. There is a good cross-section of mixed contemporary fine arts, which reflects the price range people are willing to pay, going from £10 to £1500.

## 5. How do you decide which items to put where?

I get everything out and look at it. I need to see all the work together. I have some red walls deliberately because paintings often look good on red walls. Then I look at the colour balance, the size, complementary aspects next to each other. It is trial and error. It can take a long time to get it right and it is different for every show. But having different exhibitions every five to six weeks means people come back. Every week there is something new. People can get visual blindness when walking round a gallery and will just look at something that catches their eye. It is impossible to look at everything. I like to change things round and keep it fresh. I have spare paintings in the attic, waiting to be displayed.

## 6. What is the most rewarding aspect of running the gallery?

Giving artists the opportunities to get their work seen. People like to support local artists and 35% of the work is from East Yorkshire, Hull and York. Around 40% is from nationally known artists, with 25% from international artists, with some from Cuba, Bulgaria and Romania. I try to make sure you wouldn't find the same artists that you find elsewhere in the area. I also like being able to help people find pieces that they fall in love with. It is a real joy for me to help them acquire it. Sometimes people will see something they like, then come back six months later and I no longer have it displayed. But I will do my best to retrieve it from other galleries. I will go to extreme lengths to secure it. I often see people in the town and they will tell me how good a piece that I sold them looks in their house. I would love it if everyone who comes in finds one thing they like. Not necessarily to buy it, but just to enjoy it.

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