



**just**  
ISSUE 83



# BEVERLEY

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**FREE**



## ALADDIN DISCOVERS A WHOLE NEW WORLD AT PARKWAY

NEWS, WHAT'S ON, LIFESTYLE, FEATURES, PUZZLES, PHOTOS & MORE





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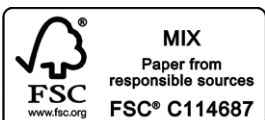


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**REMEMBER!** If you see examples of anti-social behaviour or other types of low-level crime, do report it to the appropriate authorities. **POLICE** - Emergency 999, Non-urgent 101. **ANTI-SOCIAL BEHAVIOUR** (East Riding of Yorkshire Council) - 01482 393939.

Magazine available from outlets in Beverley and surrounding areas.



Please pass your Just Beverley on or recycle it responsibly. Printed by: Jadan Press.

## DECEMBER LETTER FROM THE EDITORS



"It's starting to feel a bit like Christmas". December is here, it's starting to get colder and Christmas feels all around us.

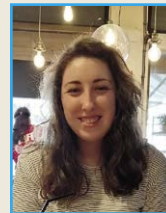
We hope you enjoyed the Christmas lights switch on, and that you are now well into your Christmas shopping and celebrations.

The question is always the same "What do I get...?" and I am no different. I think back to gifts which have been my favourite in the past or what my wife or children have said their favourite was, and they are not necessarily the most expensive presents.

It is not unheard of to see children take the toy out of the box, only to then play in the box or with the box itself. So gifts that get people being creative could be the best gift for this Christmas.

Have a merry, happy and healthy Christmas and look forward to a great 2022.

**Just Beverley** - It's Your Magazine.  
**Julian.**



Hello readers! We're now into December and another year has flown by, but you know what that means... Spring will be upon us soon! Not to wish away the fun and magic of Christmas, but I am absolutely already counting down the days until the skies are no

longer dark before 4pm.

I'm planning on having a relaxed build up to Christmas this year; going with the flow, watching lots of Christmas films, and turning the volume up to max whenever a Christmas song comes on the radio.

I'll also be indulging in as many Christmas meals as I get offered. I'm talking a crawling Geraldine Granger level of full - minus a brussel sprouts competition. Yuck!

However you're planning on spending your Christmas, I hope it's filled with many smiles, much laughter and lots of love. Merry Christmas!

As always, stay safe and enjoy the issue.  
**Olivia.**

## GET IN TOUCH WITH US:

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If you would like copies for your business to distribute to staff and customers, call **Just Beverley** on **01482 679947**.

# THE TEC PARTNERSHIP RECEIVES ROYAL RECOGNITION

*It is with great honour that we announce that the TEC Partnership has received a prestigious Queen's Anniversary Prize. The announcement was made today by the Royal Anniversary Trust, at a reception at St James's Palace in London.*

The TEC Partnership is a national leader in digital innovation in the education sector and has received the award for its innovative use of digital technology for education, work, and life. The Queen's Anniversary Prizes recognise the work carried out by UK universities and colleges, which showcases quality and innovation, and delivers real benefit to the wider world through education and training.

The Prizes are the highest national honour that a further and higher educational institution in the UK can receive, and are granted by Her Majesty The Queen every two years.

Gill Alton OBE, TEC Partnership CEO said: "We are truly honoured to be receiving the Queen's Anniversary Prize. To be recognised as a leader in digital innovation in the education sector is something we are extremely proud of. Our track



record in the development of digital learning and digital curriculum innovation is unparalleled; at Grimsby Institute we have a National reputation as an EdTech Demonstrator college which has involved working with over 80 schools and colleges.

"This award is a wonderful tribute to our staff and the exceptional work taking place here at the TEC Partnership."

# MEMBERS REQUIRED FOR THE BEVERLEY CLUSTER CAG

**Community Advisory Groups (CAGs) are a way for our diverse communities to work with the police to help improve our service delivery on matters that are important to you and us.**

CAGs help the police to build insight into the needs, wants and assets of the groups who are under-represented in our normal decision-making processes. CAGs enable the police to create a genuine partnership with our communities and act as both a "key contact" and 'critical friend' to the force

Advice provided by CAGs help to develop and improve plans and policies which shape the way the community is served with the intent of improving the quality of policing services.

The Beverley Cluster Cag are keen to attract members to their CAG which meets once every three months. Members are not expected to be a spokesperson but should have a passion about their community and the policing of it.

Membership seeks to be reflective of the protective characteristics held within the Equality Act 2010.

Interested parties are encouraged to contact [carl.osler@humberside.pnn.police.uk](mailto:carl.osler@humberside.pnn.police.uk)



# GET READY FOR THE BEVERLEY FOLK FESTIVAL 2022

**In short, since 'the big meeting' in a packed-out Sun Inn the day after we lost the Folk Festival in 2018, it's something the Fringe team - and our wider local supporters and musicians - have always suggested and strived to do: bring back the festival!**



There has been plenty of confusion since we started; whether it be the harmless colloquial use of 'the Folk Festival' amongst locals, or performing musicians understandably calling it 'the Folk Festival'. As we've been presenting a folk festival every year since 2018, the change made even more sense.

Folk music is a genre, but it's most importantly a tradition. Tradition changes with time, and though we endeavour to programme and retain the 'folk' roots of the festival, we've always strived to challenge, and present other genres - including for the first time in 2022, comedy. The Fringe Festival always was, and will continue to be in its new name, a festival for the people of our fine town.

We must stress that other than avid supporters, previous volunteers and/or participants, we are unrelated to the original Folk Festival team - and a further reason for waiting a while before the name change was to reflect this. The old festival sadly came to a difficult end and we still feel there is a bit of negativity towards the old event. We hope to change that, and are forever grateful to Chris and the original founders of the hugely successful festival as we knew it which graced our town almost every year since 1983, and which in many ways put Beverley on the map. Onwards and upwards - and as always, the festival is grateful for your support. 2022 is going to be an amazing year.

# COMPETITION - WIN "WILLIAM LIKES TO BOUNCE!"

**Local author Marion Gamble is a retired Early Years Professional. Marion is passionate about children having access to quality books and stories.**

Marion, through all her books, likes to engage with pre-school children and early readers to encourage good communication and imagination. Marion's stories help children create and develop their own stories. Children develop and grow through regular exercise, and Marion has used the experience of watching her own grandchildren develop and exercise as the inspiration behind "William Likes to Bounce!". Regular physical exercise is an important part of child development and most children jump and bounce around quite naturally. Bouncing strengthens muscles and builds healthy bones, heart and lungs, whereas landing helps with coordination and balance.

For your chance to win a copy of "William Likes to Bounce!", email your answer to the following question:

**What does William like to do?**

Send your answer by email to [competition@justbeverley.co.uk](mailto:competition@justbeverley.co.uk) with 'Bounce' in the subject box along with your answer, name, address and daytime telephone number in the body of the email.

The closing date is Friday 17th December and the winner will be chosen at random and informed as soon as possible.



# A CHRISTMAS MESSAGE FROM COUNCILLOR LINDA JOHNSON, THE MAYOR OF BEVERLEY

*The last 18 months or so have been so challenging that anything which brings some kind of normality to our lives, like Christmas, is a bonus! Who would ever have imagined that the whole world would close down in this day and age - and that we are still facing the reality of living with this deadly coronavirus?*

We all know of people who have sadly died from Covid-19 or are suffering from the after-effects, but I know that the wonderful people of Beverley are there for the bereaved and the sick and anyone else who needs a helping hand.

Indeed, we celebrated some of these wonderful people in our recent 'Mayor of Beverley Awards Night', held at our own East Riding Theatre, when 8 'Good Neighbours' and a 'Special Award' given to the organisers and volunteers of Beverley Mutual Aid, recognised some of the people who have gone the extra mile to help those in need.

You can find some of the pictures from that event in this publication.

It was also wonderful to be able to hold a civic event on Remembrance Sunday. Even though it was on a smaller scale than in years gone by, we were able, led by the Lord Lieutenant, Jim Dick, to lay our commemorative poppy wreaths in Hengate Gardens and show our respects to all those who have served, and the many who have made the ultimate sacrifice to ensure our country's freedom. Singing 'Abide with me' always brings a tear to my eye, but the singing and accompanying

Beverley Brass Band sounded wonderful and made a fitting tribute in the beautiful sunshine.

I love a good parade with marching bands and I hope you will all support the Mayor of Beverley's Civic Service Parade on Sunday March 20th - details will be in the press and on the Town Council website nearer the date.

Talking about events, the Mayor's Charities this year are Scope and HER Breast Friends. The 'Mayor of Beverley's Treasure Hunt' held during the summer was so popular that there will be a 'Mayor of Beverley's Christmas Treasure Hunt' during the month of December, with all proceeds, again, going to Scope.

I'll also be holding a 'Party in Pink' to support HER Breast Friends at the Memorial Hall on January 28th - tickets will be available very soon from the Town Council and other outlets.

The night will be hosted by Alex from Beverley FM and include pink pig racing, 'pink' pong, spot prizes, musical entertainment, food and everyone attending will be invited to wear something pink or be 'fined'!

Talking of clothing, I know that Christmas involves someone dressed in red who is far more important than any Mayor could be - Father Christmas!

I hope he visits each and every one of you on that special night when we also celebrate the arrival into our lives of Jesus of Nazareth. As we enter



the season of Advent, I am looking forward to being able to celebrate Christmas with my friends and family and attend as many carol services as I possibly can to make up for last year, whilst buying presents from our local businesses.

Who needs to go out of Beverley? Beverley really does have it all and I am so blessed and honoured to have been elected as Mayor of Beverley No 418. Thank you.

It leaves me to wish you all a Safe, Healthy and Happy Christmas and a Prosperous New Year.  
**Cllr Linda Johnson**

## BEVERLEY MINSTER CHRISTMAS TREE FESTIVAL 2021

**Beverley Minster sends greetings and best wishes to you and your families this festive season. They are delighted to be able to put on the Christmas Tree Festival to add cheer to everyone's festive season.**

2021 is a special year for us all to enjoy the Christmas spirit and festivities, and the Christmas Tree Festival is not to be missed. This year you will find more trees in the Minster for advent, along with more days, including evenings, for carols!

The festival is open from Friday 3 December to Sunday 12 December, Monday to Saturday 10am to 4pm. It is open on Sunday from 12pm to 4pm. Special sessions of 'quiet time' are available on Wednesday 8th December and Friday 10th December between 9am and 10am.

The festival is entry by programme for adults: £4, and accompanied children (under 16) enter for free.

Cash or contactless payment is accepted at the door, and tickets are not available to buy online. Entrance to the Minster is by the north transept door to the left of the main entrance and will be signed.

For the benefit of all it may be necessary to control the number of people inside the Minster at any one time.

Due to Covid restrictions the Minster are unable to provide refreshments, and the wearing of masks is kindly requested.

There will be Carols by Candlelight Concerts on December 10 at 6.30pm and 8pm, and on December

11 at 5pm and 6.30pm by Beverley Minster Choir.  
<https://beverleyminster.org.uk/christmas-tree-festival-2021/>

Look out for the **Just Beverley** Christmas Tree.



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# THE PANTO IS BACK AT P



**With a big stage waiting and the audience getting ready, Panto returns to Parkway with TaleGate Theatre's production of Aladdin.**

Join TaleGate Theatre Productions this Christmas for the pantomime you wished for! Follow hero Aladdin and his troublesome Mum, Widow Twankey, beat the evil Abanazar to the magic lamp and win the hand of Princess Jasmine.

'Aladdin' is guaranteed to be full of eastern promise. It will be their funniest and most spectacular pantomime ever! Packed with songs, slapstick, silliness, audience participation and all the fairytale magic of traditional pantomime! This fun-filled extravaganza is guaranteed to delight the whole family. **Just Beverley** sneaked into rehearsals and listened in to the conversation - build up to Christmas.

Jasmine asks Aladdin:

**1. What's your favourite part of Christmas?**

**Aladdin:** Family getting together. I love spending Christmas Day at home with my mum, Widow Twankey... Apart from when she eats Brussel Sprouts.

**Widow Twankey:** Cheeky thing!

Aladdin turns to everyone and asks:

**2. Does everyone like Christmas?**

**Abanazar:** Bah Humbug!

**Everyone else:** Love it!

**Jasmine:** It's the most wonderful time of the year.

**3. Abanazar, poses the question, Christmas, its all about gifts, getting as much as you can, why can't you see that Aladdin?**

**Twankey:** Oh yes! I love presents! Gimme gimme gimme!

**Aladdin:** No, it's about festive spirit!

**Spirit:** Make mine a double (she laughs).

**4. The Spirit of the Ring - it's my magic that makes it special transporting people to another place, what do you think?**

**Aladdin:** The most magical magic carpet ride ever.

**Jasmine:** It's a whole new world.

**Spirit of the Ring:** But you'll have to book tickets to see it for yourselves boys and girls.

**5. The Genie locked away in his thoughts asks if you all had 3 wishes at Christmas what would they be?**

**Abanazar:** Money, world domination and ultimate power.

**Twankey:** Money, money, money.

**Aladdin:** Isn't that a Abba Song!

**Spirit:** Mamma Mia.

**Abanazar:** Here we go again.

**6. Widow Twankey listens intently before wailing 'I Wish It Could be Christmas Everyday'**

**Jasmine:** Me too!

**7. Spirit of the Ring says it loves the freedom and asks if things feel different now after lock down?**

**Twankey:** Things in the theatre are safer than ever with full cleaning regimes - my laundrette has never been so clean!

**Aladdin:** But it is still the fun filled pantomime Beverley is used to!

**8. Jasmine - reveals her three wishes and ask Aladdin if his are the same.**

**Jasmine:** My three wishes - Health, Happiness and Love.

**Twankey:** Oh , I feel sick.

# PARKWAY - "OH YES IT IS"

**Aladdin:** MUM! Same for me - a happy future with my princess, Jasmine, is all I ask for.

**9. Aladdin starts to dream and asks Abanzar - Why don't you change and make people happy?**

**Abanzar:** I do make people happy - myself!

**10. Spirit of the Ring, asks what is the best place to have Christmas?**

**All:** Parkway Beverley obviously. What better way to celebrate Christmas than with a fabulous Pantomime.

**11. Genie poses what is the best Christmas ever - Suggest getting off the bottle was his?**

**Spirit:** Off the bottle?

**Genie:** Out of my lamp!

**Spirit:** Oh yes, I'd love a drink.

**Genie:** How about a rum?

**Spirit:** A rum makes me glum.

**Genie:** What would you like instead?

**Spirit:** A Brandy (she laughs).

**12. Widow Twankey asks - what drives you nuts at Christmas?**

**Abanzar:** Michael Bubl 's Christmas album

**Jasmine:** Me too!

**13. Jasmine still on cloud 9 asks - are people more in love at Christmas?**

**Spirit of the Ring:** I think everyone has to watch 'Love Actually' to answer that.

**Genie:** Or Hallmark movies. Love them.

**14. Aladdin poses - what is your favourite getaway film at Christmas?**

**Jasmine:** The Holiday!

**Spirit of the Ring:** Frosty the Snowman.

**Abanzar:** A Nightmare Before Christmas. Mwahaha!

**15. Genie then asks what everyone's favourite all time song and Christmas song is?**

**Twankey:** 12 days of Christmas. FIVE GOLD RINGS.

**Abanzar:** All I want for Christmas is my Two Front Teeth.

**16. Spirit of the Ring now puts calm on the whole situation and reveals his best time and asks is panto real or just a dream?**

**Aladdin:** It's a dream to be in Panto at Parkway!

**17. Jasmine asks the Widow Twankey - Whats is your wish for 2022?**

**Twankey:** That all my laundry gets done in time. I've got a little behind.

**Aladdin:** Oh, No you haven't!

**18. Jasmine asks Aladdin the same.**

**Aladdin:** Go to a whole new world with you Jasmine.

**19. Aladdin asks - Why is Parkway so special at Christmas?**

**Jasmine:** Festive fun with the comfiest seats in town!

**Genie:** And popcorn!

**20. Genie asks - what is everyone most thankful for this Christmas?**

**Spirit of the Ring:** That we are back entertaining the boys and girls of Beverley.

**21. Aladdin asks what would make you the happiest ever?**

**All:** For everyone to book tickets to see the most magical panto there is!



# THE HISTORY BEHIND THE PERFECT CHRISTMAS PUDDING

*Originating in England in the 14th century, Christmas pudding is traditionally a dark, sticky, dense sponge usually soaked with brandy or other alcohol. Its history goes back centuries and is steeped in tradition.*

For many British households, Christmas dinner would not be complete without a Christmas pudding. Back when it originated as a sort of porridge 6 centuries ago, it was made with hulled wheat, boiled in milk, seasoned with cinnamon and coloured with saffron. People would serve it as a plain dish and was associated with meatless days, lent and advent.

Changes to the recipe began to take effect in the 17th century, and it was thickened with the addition of eggs, breadcrumbs, dried fruit and beer or spirits. While it now resembled more of a sweet pudding, it wasn't until the Victorians fine tuned the recipe to make it the Christmas pudding it is today. There is a popular myth that a Christmas pudding has 13 ingredients to represent Jesus and the 12 disciples, and that the flaming brandy represents the passion of Christ.

Some people add coins to the middle of the pudding as a fun Christmas tradition, the idea being that whoever finds the coin will have good luck for the next year. This tradition could date back to as early as the 1300s when several small



items such as dried peas and chicken wishbones were added to the pudding mixture. While Christmas pudding is predominantly a British tradition, it is eaten in various countries worldwide, including Australia and South Africa. Canadians also have their own version which is similar but includes potatoes alongside the carrots.

If you're having Christmas pudding this festive season, the number of ingredients that go into making the perfect pudding might seem daunting, but if they are prepped and planned ahead of time the recipe will come together easily.

# MAKE YOUR CHRISTMAS LONGER AND MERRIER THAN JUST 24 HOURS

*It almost seems a shame that Christmas, a holiday filled with special religious meaning, love and kindness, and celebrations, only lasts for 24 hours on the 25th. Some people wait around all year for Christmas only for it to pass in the blink of an eye, but why confine the festivities to Christmas Day? Here are some ways you can prolong the festivities and celebrate all month.*

## **Make the first week count**

As soon as December 1 strikes, start filling your home with decorations inside and out, and you can even get your family and friends involved by making it a fun decorating party. Half of the fun at this time of year is reopening your boxes of decorations after a whole year and seeing your home transform into a magical space. Get the Christmas carols playing and you have an ideal build up to Christmas beginning.

## **Drive around to take in the Christmas lights**

This is something people of all ages love to do, but will be particularly magical for young children to experience. Get your Christmas jumpers on, put the Christmas carols on the radio and have a drive around to find the brightest, most decorated house in Beverley. If you have multiple children you can turn it into a game and assign each child one side of the road, then get them to count how many lights they see on the drive.

## **Celebrate the 12 days of Christmas**

Much like the excitement that comes from the opening of advent calendars, celebrating the 12 days of Christmas keeps the excitement of Christmas around a little longer. The 12 days of Christmas are between December 25 and



January 6, which allows lots of time to chill out, plan fun activities for the family and spread out the celebration. Use this time to remember what Christmas is truly about, and focus on spending time with people you love.

## **Attend a Christmas performance or service**

At this time of year, there are plenty of local churches, choirs and theatre groups that hold Christmas themed performances for you to enjoy. Support local theatre and get into the festive spirit with ERT who are presenting the world-premiere production of Frost Hollow Hall, which runs from December 9 to January 2. If you prefer a more sporty performance, ask for a Boxing Day football match as a present and go with family or friends.

## **Have fun in the snow**

If we have a white Christmas this year, have some outdoor fun and spend time in nature by making use of the hills in the Westwood. They make for the perfect place to take your family and friends sledging or tubing. If you have people staying with you from outside Beverley, it's a great opportunity to show them the local area and work off any cabin fever you are feeling.

# DO YOU DO RESOLUTIONS OR MAKE CHANGES TO LAST? WHAT'S THE SECRET TO KEEPING THEM?

*It's the age old argument of whether it is effective to make New Years resolutions or not. Do we limit ourselves and our potential by committing ourselves to goals we expect instant gratification from, and do we overlook goals that are actually achievable?*

While the turn of the New Year symbolises new beginnings, every year people all over the UK set themselves targets and resolutions that may be doomed before they have even begun.

Some research on the accountability of New Year's resolutions has found that only 12% of people will ever meet their resolution goals. The main reason being typically people treat a marathon like a sprint when it comes to goal setting.

Most people fail because of the way they set out to achieve their goals, setting goals that are too demanding and too unachievable in the short term to experience quick gratification.

However, it's not the resolutions that are the problem. It's the expectations. Ensure you meet your New Year's resolutions by setting small, short term goals that are achievable and will keep you engaged enough to stay on track for the big picture.



For example, if your resolution is to shake your bad habits you can't expect them to disappear overnight. You need to find enjoyable ways of staying on track.

There are very few who could stay consistently motivated while doing something they hate, which is why enjoying the process is an important factor in achieving goals.

Make sure to keep track of your progress to hold yourself accountable, as well as stay motivated when you see yourself reaching the targets.

If you know anyone who shares your goals, offering mutual support for each other will also help keep you on track.

If there's no one physically there to support you, join online communities and support groups where you will find like-minded people to inspire and motivate you on the days you are struggling.





# ALADDIN



THE PANTO YOU WISHED FOR

**PARKWAY BEVERLEY**  
(FLEMINGATE, HU17 OPW)

**SAT 11TH DEC - TUES 28TH DEC 2021**

**WWW.PARKWAYCINEMAS.CO.UK**



## EVERY THURSDAY

(Doors open 10am)

Join us for a free brew and enjoy some great films on Beverley Parkway's Big Screen. Only £4.50 with drink and biscuits included. Aimed at 55s & over. Films subject to change.

**Thursday 2nd December -**

**From The Vine (12a) - 10.45am**

Starring: Joe Pantoliano, Paula Brancati

**The Last Duel (18) - 10.30am**

Starring: Matt Damon, Adam Driver, Jodie Comer

**Thursday 9th December -**

**The Last Duel (18) - 10.45am**

Starring: Matt Damon, Adam Driver, Jodie Comer

**The French Dispatch (15) - 10.30am**

Starring: Bill Murray, Timothée Chalamet, Tilda Swinton

**Thursday 16th December -**

**The French Dispatch (15) - 10.45am**

Starring: Bill Murray, Timothée Chalamet, Tilda Swinton

**It's A Wonderful Life (U) - 10.30am**

Starring: James Stewart, Donna Reed, Lionel Barrymore

**Thursday 23rd December -**

**It's A Wonderful Life (U) - 10.45am**

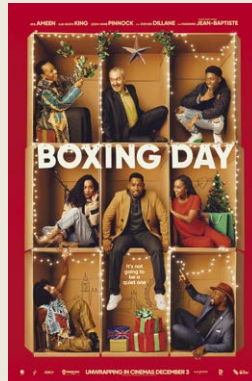
Starring: James Stewart, Donna Reed, Lionel Barrymore

**A Christmas Carol (PG) - 10.30am**

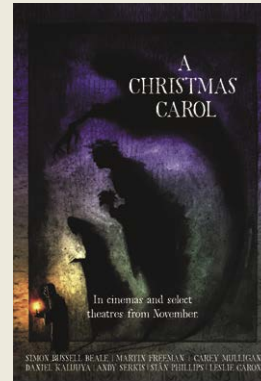
Starring: Simon Russell Beale, Carey Mulligan, Martin Freeman

Senior Screen will be taking a short festive break on Thursday 30th December but will be back on 6th January 2022. Merry Christmas and a Happy New Year!

These are the films scheduled to open in December - all are subject to change. Check out up-to-date cinema listings at [www.justbeverley.co.uk/cinema-times](http://www.justbeverley.co.uk/cinema-times)



3rd December



3rd December



10th December



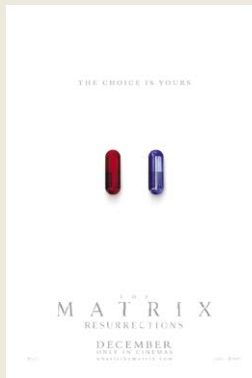
10th December



15th December



22nd December



22nd December



Coming Soon



Coming Soon

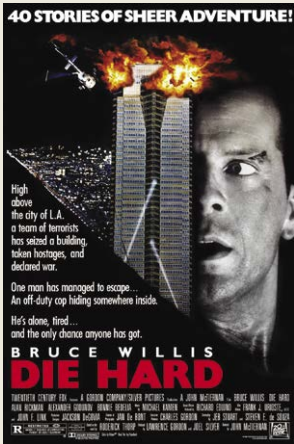
MERRY  
CHRISTMAS  
AND HAPPY NEW YEAR

# YOUR LOCAL INDEPENDENT CINEMA



## JOIN US FOR SOME CLASSIC CHRISTMAS FILMS

We have special Presentations of classic Christmas films:



Monday 6th December



Tuesday 7th December



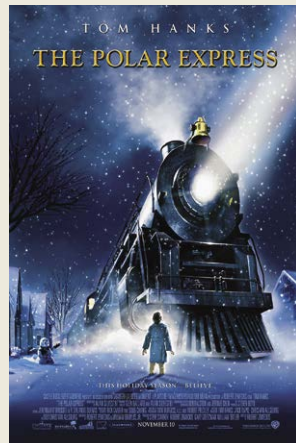
Monday 13th December



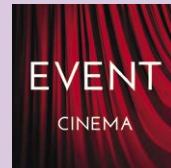
Tuesday 14th December



Monday 20th December



Thursday 23rd December



Event cinema offers something a little different to mainstream films. Live and pre-recorded shows beamed in via satellite from all over the world. Here are the latest live streams that you can enjoy on the big screen at Parkway Beverley.

**Saturday 4th December, 7.15pm & Sunday 5th December, 2.30pm - Andre Rieu: Christmas with Andre**

**Thursday 9th December, 7.15pm - Royal Opera House: The Nutcracker**

**Wednesday 15th December, 7.15pm - Royal Opera House: Tosca**

**Sunday 19th December, 3pm - Bolshoi Ballet: The Nutcracker**

**Sunday 23rd January 2022, 3pm - Bolshoi Ballet: Jewels**

**Thursday 27th January 2022, 7pm - National Theatre Live: Leopoldstadt**

**Wednesday 2nd February 2022, 7.30pm - Bill Murray's New Worlds**

**Monday 14th February 2022, 7.15pm - Royal Opera House - Romeo & Juliet**

**Thursday 17th February 2022, 7pm - NT Live: The Book of Dust**



# BROOK TAVERNER - CHRISTMAS IS ALMOST HERE!

*We've been as busy as ever this month here in Beverley, with things certainly beginning to look a lot like Christmas!*

With shelves merrily stocked to the nines with gifts for yourself and for others, there's never been a better time to come in and say hello whether you're a newcomer or a seasoned shopper! If you're certain about what to get for that special someone or need more of a helping hand, we're here to help you along the way with a gift list of winter favourites to see you through the colder season in style!



In need of a winter warmer? Look no further. Our Aspen Winter White Fairisle Button Through Cardigan could be the answer! Equipped with a characterful shawl collar and timelessly appealing Fairisle pattern, this chunky cardigan will keep you insulated in style when the frost sets in! Picture it now: your feet up by the fire, mulled wine in hand and a handsome knit to see you through from autumn to spring!

Alternatively, our Whistler Fairisle Crew Neck Jumpers offer a touch of festive colour to your

ensemble, available in blue and red to score extra seasonal style points this Christmas. A substantial cotton and merino wool mix will regulate temperature to prevent discomfort, with an indulgently soft handle to avoid irritation throughout December and beyond!



As a menswear retailer, we know the importance of heavy-duty legwear that avoids bulkiness while maintaining warmth throughout the day. Our Finningley Cord Trousers follow this brief to a dapper tee, designed in a tailored fit that tapers in on the leg for an elegant silhouette. In navy, port, amber and grape, these wintry go-to's encompass the colours of the season for optimum versatility.

The Finningley collection has a refinement to it thanks to the narrow wale of its cord composition, giving it a plain appearance from afar with a subtle texture upon closer inspection!

One of our most extensive collections yet, our winter shirts offer an eclectic mix of printed, striped, checked and plain shirts to cater to every taste this season! Heading into winter doesn't mean you have to sacrifice colour and fun... you can embrace something different with our Velvet

Touch Needle Cord Printed Shirts. Perfect for trying something different or buying for the one who has everything, these unique staples will keep you toasty warm and stylish with tones that emulate the richness of winter.

Alongside our cord shirts comes our limited-edition Christmas print shirts, a light-hearted collection to warm you up for the events to come! The Alpine Chalet Print and Polar Bears with Santa Hat shirts are the pinnacle of Christmas style, allowing you to get into the festive spirit in 100% breathable cotton.

We at Brook Taverner will pull out all the stops to get you comfortably and stylishly equipped for everything winter has to throw at you. If you're browsing for someone who is particularly difficult to buy for, you can pick up a Brook Taverner gift voucher for them to use instead. Come in and visit our store manager Lee and our friendly team in the run up to the big day! Stay safe and we'll see you soon!

**Many thanks, Lee and The Brook Taverner Team.**



## Winter Collection Available In Store Now

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## BROOK TAVERNER

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# THE FRATERNITY... A PILLAR IN THE LOCAL COMMUNITY

*The Fraternity, a barbershop in Beverley that prides itself on redefining brotherhood and creating a space where everybody feels like brothers with real people looking after real people, has won the Best New Barbers award at the Yorkshire Retail Business Awards 2021.*

The barber shop, which opened in Wednesday Market in February 2019, was nominated for the award by the general public through the England Business Awards over the last 12 months.

Upon being nominated, the awards company instigated a mystery shopper process that ran for a few months unbeknownst to The Fraternity team, as well as judging the company on its online and social media presence.



The shop's reviews across Google, Facebook & Booksy, the online booking system and app the barber operates on, were also judged.

The Fraternity currently holds the most and best reviews on the Booksy app across all of East Yorkshire, with sights set on achieving the whole of Yorkshire in the near future. A few weeks ago, the barber then received written confirmation that they had made



it down to the final 30 businesses from over 500 nominees across all of Yorkshire.

The team attended the awards night at the Marriott Hotel in Leeds on the evening of Wednesday November 3 and won Best New Barbers. After winning the Best New Barbers award, The Fraternity has been automatically put forward for the national awards next spring. The shop could go on to win best new barbers in England.

Ash Curtis, owner of The Fraternity, said: "To say the last 18 months has been a struggle for most of us is an understatement, and to go on to not only thrive after COVID is one hell of an achievement but to then be recognised for all our hard work and dedication is a dream come true for us."

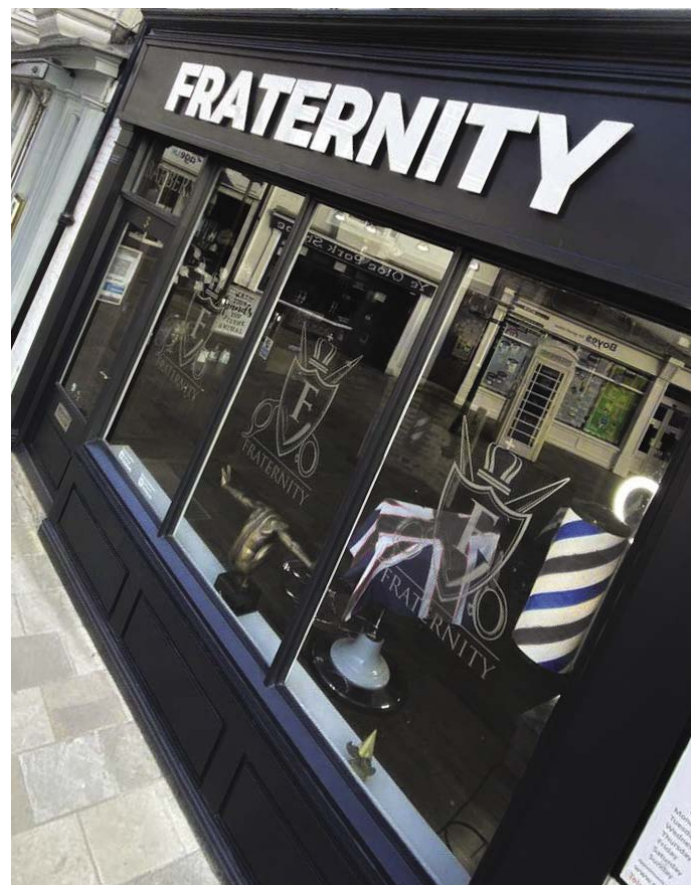
"Needless to say The Fraternity would not live up to its name without the help of my family, friends, staff and not forgetting our loyal and endlessly supportive customers. We are truly grateful for each and every person involved in the Fraternity in every way shape and

form". The barber shop is now focusing its efforts on its move to a new premises and into a bigger shop to accommodate the need for expansion in barbers. The new shop is located opposite St Mary's Church, Northbar Within, just near the newly refurbished and extremely popular Beverley Arms.

Having been established for almost 3 years and proving to be the busiest and most popular barber shop in the area, the team needed a bigger space to work in as their aim to expand in the new year with a second shop in the East Riding to grow The Fraternity brand continues to develop and thrive. The Fraternity will be opening in the new Beverley store on or before January 8, 2022.

Ash said: "We look forward to welcoming our clients and friends alike into the new bigger and better store where we will be introducing new and longer opening hours to accommodate the demand".

The barber shop is currently open 7 days a week with appointments and walk-ins available. Call **01482 886329** or download the Booksy app to book in.



# ANATOLIA IS OFFICIALLY OPEN

**Anatolia, a new Turkish Meze and Grill restaurant, has opened in Wednesday Market. Bringing the East to East Yorkshire.**

Anatolia, which in Turkish is Anadolu, and also called Asia Minor, is the peninsula of land that today constitutes the Asian portion of Turkey.

The doors to the new Turkish restaurant were open and food was being served in Wednesday Market, when the Mayor of Beverley declared Wednesday Market as the Turkish delight of Beverley.

The continued vision for Beverley to deliver these cultural experiences in our beautiful Market Town continues to enhance the delights and offerings for visitors far and wide.



Ali Tekce and his business partner Ramazan wanted to do nothing more than bring the delights of Turkish Cuisine to Beverley, delivering not just food, but an experience that will encourage you to go back time and time again.



He is building on his experience of Cosmos Bar and Grill in 2015, two years later when he introduced the Brazilian Rodizian experience to the diners of Beverley at Chamas, and two years after that when he introduced Mirage, an 'Al Fresco' experience which provided live music, delicious food, and more entertainment in Wednesday Market.

Not satisfied with his achievements and not resting on his laurels, Ali wanted to bring the area alive again, and set out to bring Pizza Rodizio to Wednesday Market.

He soon learnt that the general public enjoyed something a little different, and with Ali being from Turkey he decided to go back

to his roots and has now delivered Anatolia. He aims to introduce a new experience and complement the existing restaurant and entertainment in Wednesday Market.



Ali and Ramazan have now finished the transformation, and say it has never been just about going somewhere nice to eat and having a nice meal.

It has always been about delivering the whole experience in Beverley to the highest standards.



Ali said: "Now we are in Wednesday Market, we are proud to be able to provide an atmosphere and experience that attracts business people, shoppers, and visitors to the town throughout the day and into the night. We have truly delivered something for everyone".

*Photography: Will Harris.*

*Email: [twistedrootproductions@outlook.com](mailto:twistedrootproductions@outlook.com)*





## FOOD FOR THE SOUL



# TRADITIONAL TURKISH DINING

*comes to the heart of Beverley*

**Anatolia Meze & Grill has arrived to Beverley's food scene.**

Situated in Wednesday Market, our signature menu incorporates some deliciously authentic Turkish cuisine; one of the most varied and richest flavours of the world, while at the same time introducing popular Mediterranean cuisine.

At Anatolia, all BBQ dishes are cooked on an open fire charcoal grill by our experienced Turkish chefs. From succulent kebabs and a huge array of meat dishes to a wide selection of authentic appetisers (meze's), freshly prepared salads, seafood

and vegetarian dishes which are all complemented by a delightful range of traditional desserts and drinks - you'll find everything at Anatolia is carefully sourced and deliciously prepared to our exacting standards.

The welcoming décor has been made to feel distinctly more Middle Eastern by the addition of Turkish fittings including handmade Turkish mosaic lighting and beautiful wall pictures of classic Turkish scenes.

Anatolia is committed to bringing you the best of Turkish cuisine and we are confident that you will love the food and service along with the freshness, quality and restaurant atmosphere! We look forward to welcoming you.

*Anatolia*

TURKISH MEZE & GRILL

/AnatoliaBeverley anatoliabeverley/

# NATHAN COMPETES AGAINST THE WORLD'S BEST

Sometimes in life you have to take opportunities when they present themselves, and Nathan Wilson, joint-owner of Wilson Wheels in Beverley, always looks to seek out these opportunities.

Nathan has been riding at a top level throughout his career, and in the Senior 19-40 age group bracket in Cyclo-Cross he is currently 1st in the Yorkshire series / league and ranked 18th in the UK for elite / senior category.

This year he will be challenging himself even further by competing in the Worlds Masters Cyclo-Cross 2021 event held in Ipswich, Suffolk.

Usually this event is held in Europe or further afield, so when it was announced in England, Nathan decided to register and put his name in to compete against the best in the game. Almost a once in a lifetime opportunity, Nathan is hoping to achieve a lifetime goal of wearing the famous rainbow jersey.



As he is used to competing in the Yorkshire league cycling events, Nathan's cycling training has now changed from the road race season to concentrate on specific Cyclo-Cross sessions which require a completely different mindset, attitude and skill set.

50% of his time is now spent off-road riding to master the technical handling and bike craft, and developing and improving his core strength to give himself the best opportunity to be on the podium.

Having recently completed the Coast 2 Coast in under 12 hours, he now sets his sights on the 1 hour bike race, only here weather conditions will play a part. However, the wetter and more technical the course, the more this suits Nathan.

Lookout and support Nathan on December 4 when he will be competing with the best in the World Masters Cyclo-Cross.

If you are having any problems with your own bike, take it to the experts at Wilson Wheels where you know you are in safe hands to get bike advice.

Visit [www.wilsonswheels.co.uk](http://www.wilsonswheels.co.uk) for more information.

Take a leaf out of Nathan's book - whilst you are out on the bike, stay bright, hi-viz and lights are a must for winter cycling. **Be Seen and Be Safe.**

Photo Credit: Bernard Marsden.



## WILSONS WHEELS

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## CHRISTMAS TREASURE HUNT TO RAISE FUNDS FOR SCOPE

Following the success of the Mayor's Summer Treasure Hunt, which raised £168 for Scope, one of her Mayoral charities, there will be a Christmas Treasure Hunt! Participants will be able to pick up a route map and clues to solve from Scope in early December. Entries will again cost £1, with all proceeds going to Scope.

The Mayor of Beverley, Councillor Linda Johnson said: "So many people said how much they had enjoyed the summer Treasure Hunt, learning about Beverley and enjoying the fresh air on a safe route around the town. When the idea of a Christmas version was suggested, I jumped at the chance! But this time, instead of turning right out of Scope, the route will take you in the opposite direction!

"There are so many interesting things to find in Beverley that many people don't know about that researching another Treasure Hunt is a joy.

"The last one was put together with the Town Council Officers' valuable help. The Acting Town Clerk is great at creating cryptic clues and the Admin Officer excellent at ensuring the route is accessible and safe for everyone taking part. Last time the Treasure was Bertie Beaver himself - but I wonder what the Treasure will be this time? Do join in and find out - and hopefully we can raise even more than £168 this time!"





# RAYMAC

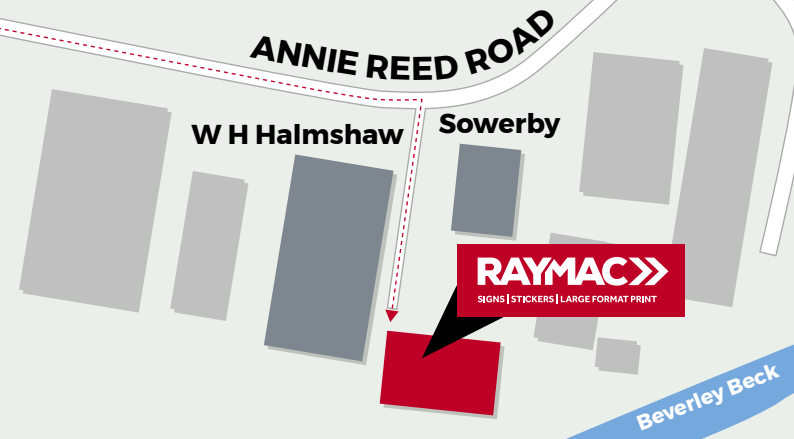
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# CHRISTMAS: FROM YORK TO HULL VIA BEVERLEY

*Christmas is on the horizon, and after a particularly testing year for many of us I wanted to share some feel-good news because, after all, we all deserve some positivity at this time of year!*

Last year was almost entirely online, which was a challenge in and of itself, but now my packing room has turned back into a café we have been preparing all year for a Christmas like no other.

Although much of our online trade has been retained, there has been a slight drop-off, and so we have worked harder than ever to make sure our products are in front of customers this Advent. Some of this has included collaboration with other businesses. Take Abraham Moon on Stonegate in York, for example.

To help get people through the door and boost marketing they have turned a traditional tailors into a miniature department store, stocking a range of local but quality brands (including White Rabbit!), becoming a one-stop-shop for all your stocking fillers this year! This is great for them, and gives White Rabbit





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their first foot in the door in a city which dubs itself the capitol of Chocolate.

Here in Beverley, White Rabbit will be tempting you in with all their regular treats, as well as a Christmas special menu in the café, featuring smoked duck from Staal, and a stuffing and cranberry pie from Cryer & Stott.



We have our regular stall on the Festival of Christmas market (Dec. 12), and will be getting a temporary licence to serve boozy hot chocolates & Irish coffees(!) for the following week whilst further festive activities happen in town.

Over in Hull, we have our new Patisserie kitchen cooking up Christmas pastries and fancy treats, finally making our unit down Paragon Arcade something we are truly proud of.


We have also received an exciting first order from Hammonds of Hull, opening their artisan Food Hall at the beginning of December which should be packed full of local independent traders (including a vinyl bar by Beverley's own Bug Vinyl!).

There is much to be excited for this season, so I join other traders in saying we hope we have done enough to tempt you out for a treat!




**Ed Hawkes, White Rabbit Chocolatiers.**

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DECEMBER 10AM-2PM

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LIVE ENTERTAINMENT  
SUNDAY 12TH DECEMBER

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GARLAND DANCERS**  
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**CHURCH LADS & GIRLS  
BRIGADE**  
1.30PM - 2.30PM

**ALL FOR ONE CHOIR**  
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**SATURDAY 18TH DECEMBER**

**SPIDERMAN**  
10AM - 1PM

**FATHER CHRISTMAS**  
11AM - 2PM



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# TALK MONEY WEEK 2021

*We're all aware of the need to think about mental and physical wellbeing, but what about your financial wellbeing? From the stresses of paying bills to whether you're putting enough away for the future, money worries can take a serious toll on our mood and our overall health.*

So, to mark this year's Talk Money Week, which runs from 8-12 November, we've put together this essential reading list to help get you talking about your finances and tackling the issues that matter to you.

## Get pension savvy

Whether you've just started work or are approaching retirement, planning for the future begins with understanding what you have saved and whether you're getting the best from it. And this can be complicated when you've accumulated a number of different pension pots. That's why we've pulled together a handy guide to the different types of pensions.

But retirement planning isn't just about pensions, ISAs can provide a valuable shield from tax in retirement too and the income they deliver can work well alongside pensions. And when you're thinking about your income, don't forget to consider the impact of inflation. Don't forget to speak to your financial adviser too. They can help you work through any burning issues or questions you may have - such as whether you should access your pension now or wait a while. And they can help you understand the role that assets like property can play in your wider investment portfolio. They'll also help you manage your retirement priorities, which will invariably change over time - as will your attitude to investment. If you find it hard to think ahead to life after work, you're not alone. But it can pay to get in the habit. Check out the science behind visualisation - it really could help you achieve your long-term retirement goals.

## Family finance

We don't just worry about our own finances; we worry about our loved ones' financial wellbeing too. And it's important to talk to children throughout their lives and help them on their savings journeys.

For daughters and granddaughters, in particular, this means having those all-important conversations early and making them aware of the unique obstacles they face, in a world where a stark gender pensions gap remains. More importantly, it means giving them the tools and confidence they need to take control of their financial futures. Care can be a financial burden for many families too - whether it's your parents who need looking after in their old age, or another loved one with changing care needs. Find out more about the care funding options available.

With so much of the family spending time online, meanwhile, it's important to talk about cybercrime and the risk of fraud too. We might all think we're too savvy to fall for a scam, but by making your home a space where these things can be discussed, there's less risk anyone in the family will ever be caught out.

## Time to talk tax

Another essential building block is sensible tax planning. It's not as exciting as investing in the next hot stock, granted, but it has the potential to make you more money over time. It's worth making sure that at the very least you have an annual tax review with your Financial Adviser, they'll make sure you aren't leaving it to the last minute to take advantage of the year's tax allowances. Try and keep the conversation up year-round if you can, though. That small talk, about a family wedding for example, could alert you to some valuable tax planning plays. If you're feeling baffled about all things tax, speak to your adviser or contact us for our tax jargon buster.

## Women and money

We've already highlighted how women face different money challenges to men, with motherhood and other caring responsibilities making it harder to save. It's even more daunting if you're self-employed, with a fluctuating income and no workplace pension. There are, however, plenty of steps women can take to help their savings not to lag.

Whether you're worried you've turned 40 and still don't have a pension, are looking to protect your income, or want to start investing, your Financial Adviser can assist. It's not just about preparing for retirement, it's about enabling the life you want to live as you get older. Whether that's kickstarting your career or doing something entirely different, many women are starting a new chapter once they enter their 50s. Of course, we understand that finding the time to squeeze in appointments with an adviser can be tough. But as we all embrace the ease and convenience of video calling, it's never been easier to get some face-time with a trusted source of financial advice.



## Making your money a force for good

The COP26 Climate Change Conference overlaps with Talk Money Week 2021, and provides the perfect excuse to think about how we can use our money for good. We recently spoke with Marga Hoek, global speaker and author of *The Trillion Dollar Shift*, about why she thinks shareholders have shifted the dial on sustainability this year - and why we need more of such activism. Investors often underestimate the impact their pension or ISA contributions can have on the world's biggest companies - your investments could, in fact, be a powerful weapon against climate change.

## Money and your mental health

One issue that's been brought into sharp relief by the pandemic is the clear link between money and mental health. If you ever find that your financial plans and general wellbeing have taken a knock, there's always help at hand - in the form of Navigation Wealth Management.

To receive a complimentary guide covering wealth management, retirement planning or Inheritance Tax planning, contact Navigation Wealth Management on **01482 379504** or email [navigationwm@sjpp.co.uk](mailto:navigationwm@sjpp.co.uk)

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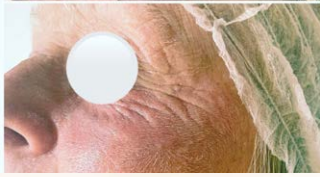


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## LET'S TAKE A TRIP TO - BARTON UPON HUMBER

*Although this diminutive Lincolnshire town is almost on our doorstep, it invariably feels much further away than it actually is from East Yorkshire.*

It also often seems to be much more old fashioned and less frantic than most of England. It has a fascinating waterside with 3 distinct attractions that the town makes good use of. It has 2 fine ancient churches within touching distance of each other, and Saxon St. Peter's is architecturally of national importance.

There are many interesting independent shops, good pubs and cafes, which make all the ingredients for a nice trip out by car or bus via Hull or Hessle. The intrepid may even cycle there over the Humber Bridge, or use the train to Hessle and walk across - the views are of course wonderful.

Unquestionably, the most distinctive attraction here is the tremendous Wilderspin School Museum; it brings out the child in everyone. Some of the attractions, such as Wilderspin, are currently only open at weekends. You can check details on the excellent [barton-upon-humber.org.uk](http://barton-upon-humber.org.uk) site.



### Tile Yard

Let's start our visit with the 3 waterside venues, each blessed with fine view over the Humber. Firstly, Waters Edge is a delight for nature lovers, with adjacent ponds and live recordings of the wildlife. The cafe with outdoor seating is excellent, and the information area sells nice gifts. To the

west just beyond the bridge lies the Old Tile Yard, a huge historic tile and brick-making complex. It has now largely given over to retail and a splendid restaurant. Further still is the wetland area of Far Ings, a delight for serious bird watchers. All are easily reachable on foot from the town centre. Heading back to town you might well see the distinctive Ropewalk, now a thriving arts venue.

### St. Peter's

Many of the town streets, notably Fleetgate, High Street and Priestgate are a joy to wander with much Georgian architecture. St Mary's is usually open to visitors and is a fine medieval building. St. Peter's, with its stunning Saxon tower, is run by English Heritage.



Check their website for current opening times and prices.

Baysgarth Park is excellent for children and has an interesting museum collection at the Hall. The Wilderspin Museum, with its original Victorian classrooms, school yard, games and activities, always thrills children and brings back memories for older folk. The cafe here is particularly good and is sometimes open when the museum itself is closed.



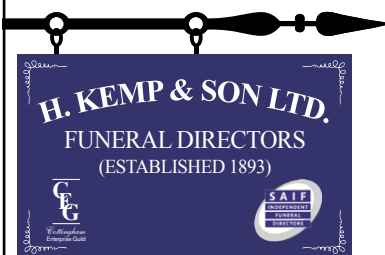
I still recall with relish the home-cooked meat and potato pie I had there just before the pandemic.

Barton was once a major port and a ferry crossing point to Hull, and while its commercial importance has now perhaps declined, it still maintains an individual and proud identity. It often surprises me how few Bevelonians

know Barton and its environs, so perhaps head there soon for some festive shopping and be pleasantly surprised by what you discover!

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# NEW HORIZONS WITH ACKLAMs

**New Horizons Travel at the East Riding College in Beverley have partnered with Acklams to promote and deliver Acklams holidays for 2022 whilst students gain unrivalled experience in promotion.**

On Friday 19th November, Flemingate had its annual Christmas lights switch on, which attracted thousands of people.

For the travel industry and all other outlets, it was a night filled with opportunities to attract and promote business.

New Horizons Travel Manager, Katrina Diamantra, said: "It is fantastic to have a relationship with Acklams as it gives students the opportunity to transfer the skills they learn from the course and



put them into practice. It boosts the students' confidence whilst promoting Acklams Holidays under the guidance of Sarah Hamilton from the college and India, the Travel Representative from Acklams".

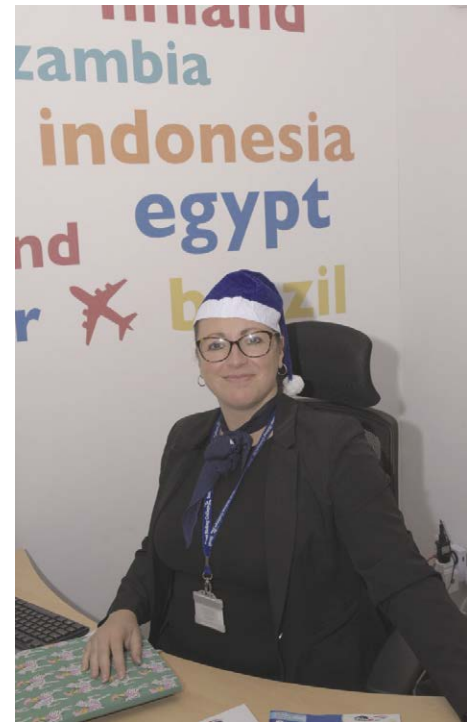
Sarah Hamilton, Course Tutor from East Riding College, said: "Nights like tonight are an ideal opportunity to gain valued experience and knowledge, working with Acklams, and, under the watchful eye of India, learn from the experts and put in practice the knowledge from the course".

India mentioned: "Acklams are always keen to let people know what holidays are coming up, what is on the horizon and to get the message out about what people can look forward to booking in 2022. Working with the college is a win-win situation as we promote what Acklams are working towards and give invaluable experience to the students at the same time".

Students Harry Dodwell and Jenna Greaves, commented: "Having the opportunity to put theory into practice is really good and will look great on our CVs to help us gain further experience. Working with such a great company as Acklams can only benefit us."

Promotion of the brand and the offering is key to the success of any business, so whilst working with the college is an ideal opportunity for growth, it is also an opportunity to further education.

Flemingate's switch on provided the ideal opportunity for everyone to win, whilst also being



entertained along the way.

In 2022, if you are looking to explore a new horizon, you know where to go, New Horizon situated at the entrance to East Riding College has a fully functioning travel agency open to the public and to book the holidays of your dreams and reach new destinations.

Here you can discover your "New Horizons".

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# LA-MAI MASSAGE AND SPA NOW OPEN

*La-Mai Spa, a new massage spa offering a range of relaxing treatments, has opened in Beverley.*

Located on Railway Street, the new massage spa is just a short walk from Wednesday Market and boasts highly experienced masseuses who offer Thai Sports Massages, Traditional Thai Massages, Thai Hot Oil Massages, Aromatherapy Massages, Swedish Oil Massages and more.

Sugunya Chupol and her partner named La-Mai Spa after Sugunya's mother, and are encouraging people to book an appointment to relax and enjoy a full range of treatments by their professional and fully qualified therapists.

The spa has 3 single and 1 double treatment rooms that create a tranquil atmosphere where people can relax in total peace and comfort.

The massages offer customers many health benefits, from lowering stress to relieving muscular tension and promoting relaxation, a sense of well-being and healing.



Most massages can be booked in 30 minute, 60 minute or 90 minute slots.

Other treatments include Herbal Compress Massage, Deep Tissue Massage, Hot Oil Massage, Head Massage, Foot Aromatherapy Massage and Back and Shoulder Massage, which have 30 minute or 60 minute slots available.

Parking is available at a reasonable rate just off Trinity Lane and is a 5 minute walk to La-Mai Spa, and to avoid disappointment they advise booking an appointment in advance.

To book a massage call **01482 526160**, email [laimaispa@outlook.com](mailto:laimaispa@outlook.com), or visit [www.laimaispa.co.uk](http://www.laimaispa.co.uk).



## WHAT'S ON YOUR BUCKET LIST FOR 2022?

**After the past two years of lockdowns and uncertainty, many people have been waiting a long time to to travel safely, go on holiday, and make up for lost time with exciting adventures. With everyone looking forward to the new year to plan trips away, everyone has been making bucket lists and you should too.**

A bucket list is a collection of goals, dreams and aspirations that we have always dreamed of doing or aim to experience in our lifetime. Ideas for bucket lists may fall into categories or themes depending on age, budget, and the type of goals you have, for example some people's goals may be travel-oriented and others more family-oriented.

Your bucket list could include anything, but with people of all ages recently reconsidering what it means to live life to the full, the nature of bucket lists are changing.

The making of bucket lists have been growing because the pandemic has shown many people how precious and short life is.

People of all ages are appreciating how important living life to its fullest while you can is, because as the pandemic has shown tomorrow is promised.

For some, retirement had previously offered the time and freedom to finally start living after a lifetime of 9-5, but the pandemic had other ideas and cut the future short for thousands.

Now people are not wanting to waste another minute, with Google search results increasing for goals associated with a sense of accomplishment, as well as financially rewarding goals.

There is also a new attitude towards "just say 'yes'", with positive thinking being projected onto the new year. There are predictions that people will prefer a vacation where they stay flexible and go with the flow of things rather than having a fully planned itinerary of activities.

With attitudes throughout lockdown being focused on having a positive mindset and looking after our mental health, for some it has become essential to create a bucket list to have something to always be working towards and enjoy.

Bucket lists encourage people to branch out, do something different and do more of what brings them joy. Something as easy as transferring the bucket list in your head to paper by writing down your aspirations increases the chances of you achieving them as you have added committed.



You may also want to create a bucket list to give you something to aim for and keep you grounded to what you really want from life. It can create feelings of fulfilment if you are searching for something that is missing.

Why not sit down and have a long think about what makes you happy, and what you really wish you could do or see. Think about things you have always wanted to learn, places you've always wanted to visit, courses you've always wanted to take, or certain foods you've always wanted to try. You can be as adventurous as you like. The world is your oyster!

# ANNUAL CHRISTMAS MEMORIAL SERVICE

Lewis Northern Funeral Directors will be holding the Annual Christmas Memorial Service on Wednesday 15th December 2021, at 6.30pm at Beverley Minster.

The Memorial Service will be an uplifting service to commemorate the lives of those who have passed away during recent times. The service will cover both religious and non-religious aspects, which is hoped to provide some comfort during the festive period as we mourn the loss of loved ones no longer with us. There will be some Christmas carols to sing, special moments of reflection, and also light candles in memory of loved ones who are in Heaven.

All are welcome to attend, make sure to give Lewis Northern Funeral Directors a call or a message to let them know you wish to attend the memorial



service so they have an idea of numbers. There will also be a Christmas tree in the Minster from the annual Christmas tree festival where you can write a message to a loved one and place on the tree in their memory.

The Christmas tree festival will be held on Friday 3rd December - Sunday 12th December at Beverley Minster. You can visit the tree and leave a message to a loved one on the tags provided.

For your safety, hand sanitiser will be available throughout the building. The wearing of face coverings is left up to individuals. Following the service, complimentary refreshments will be available, and everyone is welcome to stay.

# MOLESCROFT WW1 MEMORIAL DISPLAY

Molescroft Parish Council has completed its display of WW1 information about many members of the military from the local area.

The original Roll of Honour, inside a frame carved by James Ewell, has been completely renovated and two military figures have been recently added to complete the display.



The photo shows David Boynton, ERYC Councillor, Councillor Jackie Heffer.

Second from the left is Kloskk Tyrer from East Riding Museums who designed the display with research assistance provided by her colleagues in East Riding Archives.



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# SHORT STORY BY MALCOLM BROOKS - CRUISING SOLO



"She never has!"

"Yes, she's gone on a cruise on her own."

"Why on earth did she do that? She'll hate it!"

"Rumour has it that her kids sent her. Paid all of it for her."

"What, they sent her away at Christmas? She'll miss the Grandkids opening their presents."

"I think her daughter just wanted her out of the way. She's probably fed up of going to her house for Christmas. It's a long way to Beverley with three children."

"She did say that she wasn't a very good cook. Last year she told me she forgot to defrost the sprouts and she left the giblets in the turkey in a plastic bag! Cooked the lot! Poor thing."

"Why didn't she go to her daughter's house?"

"Not enough bedrooms, I guess."

"She's had a really rough time since Harry died, but the fact the kids want rid of her at Christmas must be hard to take."

"Poor thing must have been desperate for her to agree to going on a cruise on her own."

"Do they cater for old people like her going on her own?"

"Yes. I think they do, but she is not the sort of person to enjoy that."

"No, I suppose not. She's a bit of a wallflower. She'll really hate it, poor thing."

"Maybe she can try and dance some nights. I hear they have male host dancers."

"You have to be joking! She can't dance, she has two left feet!"

Pearl walked into the ship's lounge feeling a million dollars. She was wearing the dress she had bought in town but she never believed that she would wear it. It was very glam and yes, just a little bit sexy.

To think she had only come on the cruise because the children had insisted that she needed a holiday and that they would pay for everything. She really didn't want to go because she enjoyed Christmas with the grandchildren even if Christmas dinner wasn't always perfect. Then she saw him on the far side. He was her blue-eyed, arctic fox with his undyed, white hair, looking like something out of a Bond film in a dinner suit and bow tie.

How lucky she had been to meet him. She had decided to go to 'Beginners Bridge' classes and he was allocated as her partner. She had been told lots of times how rubbish she was at Bridge but he had been so kind and considerate and didn't seem to mind all the mistakes she made.

Even the dancing with him had been so exciting. She'd only trodden on him five times to her knowledge, but he had been so understanding of her lack of dance skills. It had just given her the excuse to get even closer to him.

"You look beautiful." He said as she approached him. She hadn't heard those words since Harry had died. He had often said it.

He rose and kissed her gently on her left cheek, then on the right. Her heart seemed to throw in a couple of extra beats for each kiss. He offered her a glass of something bubbly and she smiled.

"I'm not a mouse anymore." She whispered to herself. "This is a new chapter of my life, so bring it on!"

**Malcolm Brooks lives in Beverley and is the author of the Eva Trilogy and the novels 'Waiting in Line' and 'Living with Certainty'.**

# POEM BY CLINT WASTLING - EPHEMERA

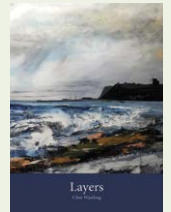


*A wooden case resides  
in a dusty recess of mum's loft.  
I oil the hinges, lock and hasp  
enabling rusted parts to open*

*revealing paper bags  
stuffed full of cards:  
Christmas 1966 and a Happy New Year.  
Delving further through packages  
reveals Happy Christening cards,  
my own - all blue.  
First Birthday Baby, love Great Gran;  
get well soon from Auntie Fran.  
Writers of these cards -  
relatives long since passed away  
leaving hugs and kisses preserved in ink.  
Kind Regards, advice from Great Aunt Gertie  
remember to be good and say your prayers.  
I've realised no one ever hears.*

*What to do with cards so old,  
ephemeral and worthless?  
Preserving sentiments the sender meant  
and read once more before recycling.  
A pang of conscience stays my hand,  
returns them to the case whence they were found.*

**Clint's collection Layers is published by Maytree Press and his fantasy novel Tyrants Rex is available from Stairwell Books.**



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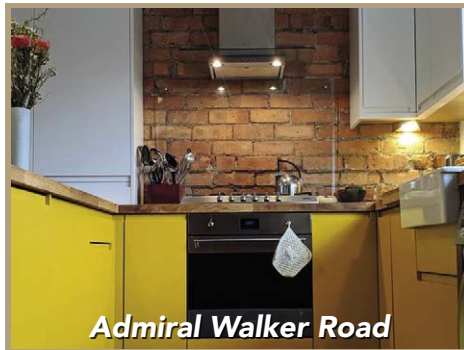
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# I'VE BEEN THINKING... SAYS COLIN RAYNOR

*I think district nurses are the unsung heroes of the NHS. I know that because my wife was one and this could have been her story.*

The water went off, just as District Nurse Bellows arrived to give the old lady a wash. "Water's gone off," said grandad to the nurse, muttering to himself, "It couldn't have happened at a worse time. First snow of winter last night and now this. Good job I made a cuppa when I got up".

Grandad's news did prompt the nurse to think about how she could help the old lady keep warm, so she persuaded grandma to go downstairs to feel the benefit of the electric fire in the front room.

Wrapping the old lady in a large towel, she sat her on the couch and went to tell grandad of her change of plan. She was determined to do her best for the old lady, and maybe grandad could help. Standing at the kitchen table the nurse looked the old man in the eye and said to him, "Do you know where your stopcock is?"

Grandad just stared back at the nurse, and then with a slight tremble to his voice, said "Now then just a minute young lady," he said, "I don't think you should be asking me about such things. It's not right."

Nurse Bellows, not wishing to upset him further, asked him again. "They tell us to check the stopcock when the water is off. Is yours under the sink?"

"Under the sink. That is one place I do not go" replied grandad. "Our lass has so much stuff

under there if we took it out we'd never get it back again. I'll just go and get my paper out o' room whilst you're sorting out the water". He began moving towards the front room door.

"No, no. You just stay right where you are," she told him. "I haven't started grandma's wash yet".

"Well, you're taking your time aren't you?"

"Yes, but it's the water..." Oh, never mind she thought, and went back in to see to grandma, leaving grandad looking a little bemused.

With the curtains drawn the electric fire had warmed the room and the old lady looked comfortable under the towel.

"Come now love, we'll have to do the best we can today," said Nurse Bellows. She later reflected that was the point when she realised grandma would not be needing a wash anymore. Grandma's little towelled body was lying silently at rest on the couch and the nurse knew the old lady had breathed her last.

"Have you managed?" asked grandad from the kitchen, and his question made her aware what she had to do next. What could she say to him? How could she tell him that his life's partner had just gone from this world without a word of goodbye to him? He was going to be devastated.

Back in the kitchen she began, "Mr Grimes," she had never used his name before and perhaps that alerted him that something was not right. "Mr Grimes, I'm sorry to have to tell you we won't need that water for the wash".



She felt tears pricking her eyes. The old man stood up and walked around the table to the side of the nurse. With a kindly look on his face he put a gentle arm around her.

"You know lass, you will have to learn how to stop softening the blow. Come on. Just tell me straight. She's gone hasn't she?"

"Yes, but how did you...?"

"Never you mind that now. Just you get on that phone and make what calls you need to make when this kind of thing happens. I'll just go in and read the paper to my wife. She likes to keep up with the news".

As grandad closed the front room door behind him Nurse Bellows heard the first gurgle of the water through the pipes as the water came back on.

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# CARFAN - LOTS. OF. TROUBLE. USUALLY. SERIOUS.

*This is the acronym that follows every Lotus owner like a lead weight as the make does not have a terribly good reputation for reliability, especially the older models.*

There are always exceptions to the rule and the model featured, an Excel S.E., has proved to be a reliable steed, with the AA only needed once in 23 years ownership when the fuel pump blocked.

To be fair, the current owner has done a lot of work on it: replacing the leather interior and steering wheel, new steering rack, new stainless steel exhaust system and replacing the headlining. The latter is a weak spot on this model as the headlining often falls off the plastic that it is stuck onto.

Another major plus point with this car is that it was purchased from a Lotus dealer that had previously returned the car



to Lotus for a respray and an engine rebuild. There isn't a spot of rust on the bodywork but this should come as no surprise to those in the know as the car is made of glass fibre.

Putting 30,000 miles on a replacement clock and bringing it up to about 130,000, one might think this car was past its best but no, it can still accelerate with the best of them as Carfan can attest, having been treated to a quick (in both ways) test drive. Expect to pay up to £12,000 for a good example.

Parts are still readily available and relatively inexpensive, helped by the fact that Lotus used some parts from other models - the door handles, for example, come from a Morris Marina and if you own one of those now rare beasts, please let the editor know, and should you happen to see an Excel, don't forget that cheery Carfan wave!

## BEVERLEY MOTOR WORKS: DRIVING HOME FOR CHRISTMAS SAFELY



*Whether you're making your final trip home from work for the Christmas break or you're spending Christmas on a getaway with the family, it's worth taking extra precautions to ensure your safety on the roads this winter.*

### Give yourself extra time

In the build up to Christmas, traffic volume sees an inevitable increase as the usual commuter traffic is joined by those doing last minute Christmas shopping and those travelling to their holiday destination for the break. Make sure to plan ahead and adjust your drive to cater for delays and other factors.

### Check the conditions

The weather around this time of year can be particularly unpredictable, and while many people will be hoping for a snowy Christmas, for drivers this means driving in poor conditions. Snow, hailstone and ice can present dangerous driving conditions as the road surface becomes slippery, along with the dark nights and rain that can cause visibility issues. Before you set off for a long trip, ensure you know the weather forecast and change your departure time.

### Take care of your car

Throughout the Christmas break, you may not be using your car much compared to normal. Leaving your car sitting on the road or driveway exposed to the cold conditions can bring the risk of your car not starting when you need it. It's a good idea every couple of days to start your engine for a few minutes to keep things running smoothly.

If you're preparing for the winter months, take advantage of our free seasonal vehicle check to ensure your vehicle won't let you down this Christmas. Visit [www.beverleymotorworks.co.uk](http://www.beverleymotorworks.co.uk) to book.



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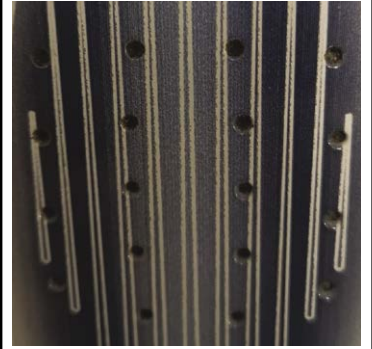
## WHERE IN BEVERLEY?

Where in Beverley can you find this landmark?  
 Answer on Page 36.



## WHAT IS IT?

Can you identify what item this is?  
 Answer on Page 36.



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# BEVERLEY'S SIBLING BOXING CHAMPIONS

*It is not often that sporting champions are raised from the same family and become champions at the same time. Beverley have just the couple in brother and sister duo Rocco Pulling, England Boxing National Schools Champion, and sister Tallulah Pulling, England Boxing National Junior Champion.*

Beverley's track and fitness coaches Adam Wallis and Jonathon Thorne, both Level 2 English Boxing Coaches, look to inspire youngsters from as young as 5 to adults to get into boxing, get fit and stay healthy whilst promoting boxing in the local area.



The club has developed a great local community atmosphere who all support and help each other through the ups and downs.

Track and Fitness moved to the Annie Reed Road after being set up a few years ago, and looks to continue to grow through the popularity of boxing fitness. Rocco Pulling enjoys rugby, and wanted to develop his fitness by using training methods that would benefit his all round health and development in sport.

Having a very competitive mindset, he just wanted to improve, and boxing sessions for overall fitness helped him develop both physically and mentally.



Under the watchful eye of the coaches Rocco took the opportunity when it was available to box competitively as he had the physical and mental capacity to manage himself in the ring.

It wasn't long before his older sister, having watched Rocco's development with boxing training, decided to get involved with the training sessions. Before long, Tallulah was making her own way in the sport and started boxing competitively.



Keen to develop boxing in the area, the coaches helped to organise and run the Beverley Boxing Home Show at the leisure centre, which gave both Rocco and Tallulah the chance to shine through their credentials and push even further in the sport.

Through determination and hard work, both Rocco and Tallulah aimed high. They were supported by their family and friends and soon achieved their first goal. Proud Mum, Jo, said: "Whilst it's great to see how healthy they are and how determined they are, I still get

nervous each time they step in the ring. I am immensely proud of what they have achieved as brother and sister English Boxing Champions".

Rocco Pulling is the England Boxing National Schools Champion Class A Male 65kg and Tallulah Pulling is the England Boxing National Junior Champion Division A Female 60 - 65 kg.

Whilst both Rocco and Tallulah are still young, it is great that the local boxing coaches are available to help young people in Beverley develop their health and fitness through boxing and encourage them to achieve their goals.

For more information take a look at Facebook: **track fitness and boxing club** or Twitter **@trackboxing**.



## BEVERLEY PHOTOGRAPHIC CLUB

**Why not join us at one of our events. No commitments just come along and meet us and see what we are about.**

**6pm on Tuesday 7 December** - meet at the Market Cross for a Beverley lights/winter nights themed photo walk.

**7.30pm on Tuesday 14 December** - meet at the Rose and Crown for a club Christmas social. A small buffet, a Christmas quiz and a showing of the Beverley lights/winter nights images.

Closed until the 11 January which is a Zoom session starting at 7.30pm of our images reviewed by Mike Barnard.

Beverley Photographic Club wishes everyone a Merry Christmas and a prosperous New Year.

For more information and Zoom joining instructions from **billbevephoto@gmail.com**.

# WHY IS PILATES GOOD FOR YOU?

**Control, centering, concentration, flexibility, posture and relaxation. These are just some of the reasons why Pilates is good for you.**

Since 1920, people have been using Pilates as a way to strengthen core muscles, fix posture and increase flexibility. It's also said to improve your mental health as well as your physical health which is always a bonus.

## What is Pilates?

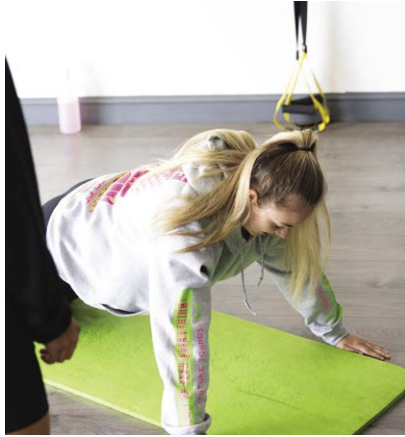
Pilates is a series of low impact exercises designed to help strengthen the core, increase flexibility and improve posture and alignment. It was originally designed for athletes, dancers and soldiers. However Pilates today has been modified to be accessible to pretty much anyone.

Pilates can be described as holistic as it focuses on the connection between the body, mind and breath. They're usually repetitive exercises done on a mat, floor or other equipment and promote strength, stability and flexibility.

It's safe to do every day and it's good to get into a rhythm of doing it as often as you can. It's not a sport and there's no competition involved.

The idea is that it's an exercise that lets you go at your own pace, helping you to relax, develop and strengthen your body. There's two different types of Pilates you can commonly get involved in; mat based Pilates and equipment based Pilates.


Mat based Pilates is all done on the floor, using gravity and your weight as resistance, and equipment based Pilates uses specific equipment to increase resistance.



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# COUNTRYSIDE MATTERS WITH SAM WALTON

**Thailand Part 2...** Like most countries, Thailand has good, moderate and bad areas in most of the agricultural sector. In complete contrast to the way pigs are kept on small family holdings, there are also some exceptionally good ones.



One such development I saw each year for three years was an absolute opposite of the ones shown last month. A very forward-looking farmer, who already had three hundred sows on a relatively modern system, had decided to become a multiplier of breeding stock for an English breeding company to sell to the many farmers who were considering

going modern with updated genetics. It was an enormous undertaking on a five-acre plot, which he built a high concrete wall around for security, with a drive-through disinfectant pool for lorries entering the unit. He already had a huge pond in which he had been keeping fish. He emptied that out to be able to use it as a slurry pond and enable him to use it as fertiliser for his cropping land.

The actual construction did take a long time, well over two years, as all the holes for the supporting pillars were dug by hand. The sows, litters and growing pigs were all kept on a slatted, raised floor to allow the air flow to keep them cool. This also enabled the dung and urine to drop through to a sloping concrete reception area underneath, where that was then flushed along a channel and into the former fishpond.



The older finisher pigs were on a floor level building with sloping floors and their dung and urine was flushed each day into a channel again pumped into the slurry pond.



A sloping ramp had been built up to the floor level for the sows to enter and leave at the end of their time and for the growing pigs to reach their finishing accommodation on floor level. This also allowed entry for the staff. As well as that there was a connecting walkway from one side to the other, which allowed the piglets to

enter their growing area and provided access for the stock persons to attend to the pigs.

In addition to all this, the farmer had built a row of small accommodation rooms for the staff so they were well looked after. Some of the staff came from Myanmar as the farm was near the border and they were cheaper than Thai labour. I have to say, it was the most impressive set up I saw in the whole of Thailand.

**WHAT IS IT?**  
Did you guess?  
It was of course, an iron!

**WHERE IN BEVERLEY?**  
On the stairs up to the T.I.C.  
in the Treasure House.

# IN THE GARDEN... DECEMBER

*December is undoubtedly the quietest month in the gardening calendar - days are short and most of us retreat indoors as there is very little 'to do' in the garden. However, if you want to blow a few cobwebs away there are tasks that can be completed...*

- Dig over any bare patches of soil and clear away any remaining old crops.
- Clear any leaves that have gathered in nooks and crannies.
- Give an occasional liquid feed to pots and containers with seasonal bedding in them.
- If we get ice and snow - keep an area of your pond 'ice free' and shake heavy snow from large shrubs and trees (where sensible!!)

Colour in the garden is found from any remaining berries, a few flowers, bark, and evergreens. The evergreens come into their own at this time of the year as they are no longer a backdrop to the bright colours of spring and summer, they also play a significant part in the traditions of Christmas and the Winter Solstice.

**Winter Solstice** - this signals the beginning of the coldest season in the northern hemisphere (midwinter). Evergreens have long been revered as symbols of nature's hardiness because they retain their leaves through the coldest weather. Decorating our homes with evergreens is nothing new either, the origins of this tradition can be found in Celtic and Norse pagan beliefs. Originally discouraged by early Christians, they now symbolise aspects of a Christian Christmas.

Evergreens were hung in homes to ward off evil spirits, bring about fertility, good luck, and signal rebirth. All the evergreens we view as symbols of Christmas (Holly, Ivy, Mistletoe and Pine Trees) have mythical meanings and traditions built around them. An evergreen circle (door wreath) encircles your hopes and dreams for the coming year and if used indoors and laid flat with candles, the candles represent the return of the sun.

**Christmas Trees** - Celtic druids decorated evergreen trees with fruits, nuts, and coins during the onset of winter to ensure a fruitful coming year. The first evidence of evergreen trees being brought indoors was during the Renaissance period in Germany, workers would bring an evergreen tree indoors, decorating it with sweets, fruit, and nuts to be enjoyed by the apprentices and workers children. This tradition was taken to the North American continent by German immigrants and deemed a pagan ritual by the American puritans. It became fashionable for the European nobility in the 19th century to have a decorated Christmas tree and we have Prince Albert to thank for introducing us all to this Christmas tradition

*That's all for 2021, thanks for continuing to read my column, J.*

Jane Dale of 'Designed Gardens'. Tel: **07983 392 411**.



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# THE MOST MAGICAL TIME OF THE YEAR!

*I am very lucky that my vocation in life is building amazing itineraries for many different places across the globe.*

For me, nothing beats that feeling when you can hear the sheer excitement in your client's voice as they are about to embark on their adventure... except perhaps when they return and I find out just how amazing their holiday was. Creating memories that will last a lifetime.

Of all the words to describe the many different holidays I arrange for clients, I would say the only places that get 'magical' are either Disney or one of our arctic adventures to Lapland.

Particularly popular in December with our young family members is that iconic meeting with Father Christmas. It is such a breathtakingly beautiful destination and if you wish to experience even more, the opportunity is there for you.

A very unique experience would be to stay in an Aurora cabin with an igloo domed roof, allowing you the privilege of watching the stars sparkle in



the night sky from the warmth and comfort of your own bed. If you are very lucky, the Northern Lights may come out to dance the night away.

You could also choose to set off in search of the Northern Lights by either minibus, snowmobile or in a sleigh pulled by huskies. Perhaps you would love to ride a sleigh through the forest pulled by reindeers.



Those wanting lots of activity could try cross-country skiing or snow-shoeing through the national park, ice fishing or tobogganing. You could just have the most exhilarating fun playing in the snow all toggged up in your thermal suits.

All of these activities are wonderful and special, and so many of my clients will soon be enjoying this for themselves - many of whom have had to wait an extra year for reasons we all know too well - and I am sure it will be worth the wait.

Talking of waiting, it is not too long now until Christmas is upon us again. As I sign off my last article of 2021 I wanted to take this opportunity to wish you all a truly wonderful Christmas and my very best wishes for 2022.



I look forward to supporting you with your travel plans for 2022 and beyond.

**Amanda McConnell, Travel Counsellors.**  
**T: 01482 770540**  
**E: amanda.mcconnell@travelcounsellors.com**  
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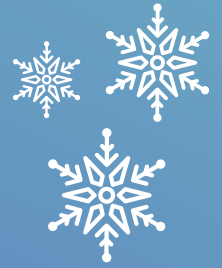
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# Give the perfect gift this festive season

Protect your loved ones by getting your **COVID-19, booster and flu jabs**, if and when you can.

## Follow our six simple tips...



- Ventilate or wrap up warm and meet outside
- Continue to wash your hands regularly with soap and water
- Wear a face covering in busy or enclosed spaces (unless exempt)
- Do a rapid lateral flow test twice a week
- Be kind and respect personal choice
- Know your risk and be socially responsible if visiting the vulnerable or elderly.



If you do have symptoms or feel unwell, stay at home and order a PCR test by visiting [gov.uk/get-coronavirus-test](https://www.gov.uk/get-coronavirus-test) or calling 119.

Let's keep life moving and make this winter one to remember for all the right reasons...

